

pup F t/m A

Sport- en Recreatiecentrum de Scheg - Deventer

12 February 2023

1. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	76 Morgan DeFreese	DPC	20	I	13.30		
2	8 Sanna van der Velde	DPA	18	I	13.36	PB	
3	14 Ties Groothuis	HPD	20	O	13.44	PB	
4	29 Mika Wesselink	HPB	19	O	13.46		
5	74 Eline Tuitert	DPC	17	I	13.62	PB	
6	46 Liam Makkinga	HPE	18	O	13.70	PB	
7	2 Emma van der Velde	DPC	17	O	13.71	PB	
8	73 Eva Mezzo	DPC	19	I	13.72		
	54 Jesse van Velde	HPD	15	I	13.72	PB	
10	68 Myrthe Cents	DPD	15	O	13.87	PB	
11	61 Elin Mak	DPE	16	O	14.19	PB	
	70 Minke Nijenhuis	DPB	14	I	14.19	PB	
13	64 Britt Nijland	DPC	16	I	14.21	PB	
14	34 Douwe Gildemacher	HPC	14	O	14.24	PB	
15	63 Femke Lingmont	DPB	12	I	14.36	PB	
16	67 Jildau ter Laak	DPD	12	O	14.47	PB	
17	52 Merle Markvoort	DPA	13	I	14.49	PB	
18	33 Pien Evers	DPD	10	O	14.63	PB	
19	60 Bastian Klomp	HPD	13	O	14.69	PB	
20	13 Blom Ooijman	DPA	9	O	14.71	PB	
21	43 Sanne Bruinsma	DPA	11	O	14.79	PB	
22	51 Sylvan Markvoort	HPC	9	I	15.02	PB	
23	58 Julie Saunier	DPC	1	I	15.09		
24	56 Anne van Duinen	DPC	8	O	15.11	PB	
25	26 Vayèn van der Weerd	DPE	7	I	15.24	PB	
26	65 Jill Isfordink	DPD	8	I	15.47	PB	
27	49 Fajah Lugtenberg	DPE	10	I	15.48		
28	35 Nick Peek	HPD	6	I	15.66	PB	
29	40 Thijmen Warmink	HPC	7	O	15.80		
30	18 Silke Verwijs	DPC	6	O	16.00		
31	75 Julian Tuitert	HPD	5	O	16.04	PB	
32	37 Milou Ruijtenberg	DPE	5	I	16.08	PB	
33	53 Feline van de Brandhof	DPB	11	I	16.95		
34	48 Lynn Lohuis	DPF	3	I	17.77		
35	41 Ruben Warmink	HPE	4	O	18.11		
36	50 Maud van Zeijst	DPF	3	O	18.26		
37	71 Fenne Nijenhuis	DPD	1	O	20.01		

Referee:

Assistant:

Starter:

From 2/12/2023 5:30:00 PM to 2/12/2023 5:43:20 PM

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		Name	Cat	PB	Time	Info
6	yw	35 Nick Peek	HPD	15.92	15.66	PB
	bl	18 Silke Verwijs	DPC	15.63	16.00	
		<u>Nick Peek</u>		<u>Silke Verwijs</u>		
		100m 15.66 (15.66)		100m 16.00 (16.00)		

		Name	Cat	PB	Time	Info
7	wt	26 Vayèn van der Weerd	DPE	15.43	15.24	PB
	rd	40 Thijmen Warmink	HPC	15.63	15.80	
		<u>Vayèn van der Weerd</u>		<u>Thijmen Warmink</u>		
		100m 15.24 (15.24)		100m 15.80 (15.80)		

		Name	Cat	PB	Time	Info
8	yw	65 Jill Isfordink	DPD	15.51	15.47	PB
	bl	56 Anne van Duinen	DPC	15.51	15.11	PB
		<u>Jill Isfordink</u>		<u>Anne van Duinen</u>		
		100m 15.47 (15.47)		100m 15.11 (15.11)		

		Name	Cat	PB	Time	Info
9	wt	51 Sylvan Markvoort	HPC	15.12	15.02	PB
	rd	13 Blom Ooijman	DPA	14.79	14.71	PB
		<u>Sylvan Markvoort</u>		<u>Blom Ooijman</u>		
		100m 15.02 (15.02)		100m 14.71 (14.71)		

		Name	Cat	PB	Time	Info
10	yw	49 Fajah Lugtenberg	DPE	15.42	15.48	
	bl	33 Pien Evers	DPD	14.89	14.63	PB
		<u>Fajah Lugtenberg</u>		<u>Pien Evers</u>		
		100m 15.48 (15.48)		100m 14.63 (14.63)		

		Name	Cat	PB	Time	Info
11	wt	53 Feline van de Brandhof	DPB	15.06	16.95	
	rd	43 Sanne Bruinsma	DPA	14.97	14.79	PB
		<u>Feline van de Brandhof</u>		<u>Sanne Bruinsma</u>		
		100m 16.95 (16.95)		100m 14.79 (14.79)		

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
12	yw	63 Femke Lingmont	DPB	14.85	14.36	PB
	bl	67 Jildau ter Laak	DPD	14.61	14.47	PB
		Femke Lingmont				
		100m	14.36	(14.36)		
		Jildau ter Laak				
		100m	14.47	(14.47)		

		Name	Cat	PB	Time	Info
13	wt	52 Merle Markvoort	DPA	14.50	14.49	PB
	rd	60 Bastian Klomp	HPD	14.78	14.69	PB
		Merle Markvoort				
		100m	14.49	(14.49)		
		Bastian Klomp				
		100m	14.69	(14.69)		

		Name	Cat	PB	Time	Info
14	yw	70 Minke Nijenhuis	DPB	14.33	14.19	PB
	bl	34 Douwe Gildemacher	HPC	14.69	14.24	PB
		Minke Nijenhuis				
		100m	14.19	(14.19)		
		Douwe Gildemacher				
		100m	14.24	(14.24)		

		Name	Cat	PB	Time	Info
15	wt	54 Jesse van Velde	HPD	14.15	13.72	PB
	rd	68 Myrthe Cents	DPD	13.97	13.87	PB
		Jesse van Velde				
		100m	13.72	(13.72)		
		Myrthe Cents				
		100m	13.87	(13.87)		

		Name	Cat	PB	Time	Info
16	yw	64 Britt Nijland	DPC	14.24	14.21	PB
	bl	61 Elin Mak	DPE	14.21	14.19	PB
		Britt Nijland				
		100m	14.21	(14.21)		
		Elin Mak				
		100m	14.19	(14.19)		

		Name	Cat	PB	Time	Info
17	wt	74 Eline Tuitert	DPC	13.84	13.62	PB
	rd	2 Emma van der Velde	DPC	13.81	13.71	PB
		Eline Tuitert				
		100m	13.62	(13.62)		
		Emma van der Velde				
		100m	13.71	(13.71)		

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		Name	Cat	PB	Time	Info
18	yw	8 Sanna van der Velde	DPA	13.61	13.36	PB
	bl	46 Liam Makkinga	HPE	13.92	13.70	PB
		<u>Sanna van der Velde</u>				
		100m	13.36	(13.36)		
		<u>Liam Makkinga</u>				
		100m	13.70	(13.70)		
<hr/>						
		Name	Cat	PB	Time	Info
19	wt	73 Eva Mezzo	DPC	13.44	13.72	
	rd	29 Mika Wesselink	HPB	13.31	13.46	
		<u>Eva Mezzo</u>				
		100m	13.72	(13.72)		
		<u>Mika Wesselink</u>				
		100m	13.46	(13.46)		
<hr/>						
		Name	Cat	PB	Time	Info
20	yw	76 Morgan DeFreese	DPC	12.77	13.30	
	bl	14 Ties Groothuis	HPD	13.71	13.44	PB
		<u>Morgan DeFreese</u>				
		100m	13.30	(13.30)		
		<u>Ties Groothuis</u>				
		100m	13.44	(13.44)		

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2. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	16 Noortje Kappers	DPB	35	I	48.30	
2	20 Lauren van den Brink	DPC	35	O	49.85	
3	27 Benthe Kamerling	DPB	36	I	49.92	
4	62 Herre Mak	HPA	34	O	50.38	PB
5	17 Caspian Alexander	HPB	33	I	50.82	
6	32 Veerle Zunnabeld	DPB	34	I	51.34	
7	6 Just Klunder	HPB	33	O	51.98	
8	25 Isa van der Weerd	DPB	31	I	53.15	
9	59 Bas Ellenbroek	HPA	32	O	53.19	
10	23 Melle ter Horst	HPB	29	O	53.56	PB
11	55 Justin van Velde	HPB	30	O	53.68	PB
12	45 Joëlle van Drimmelen	DPC	31	O	54.65	
13	5 Elin Varenbrink	DPA	32	I	55.44	
14	1 Noor Klunder	DPC	29	I	55.50	
15	15 Luuk Groothuis	HPC	26	O	55.77	PB
16	3 Olle Klunder	HPE	26	I	56.18	PB
17	4 Roan Varenbrink	HPC	30	I	56.27	
18	38 Silke van den Bos	DPA	27	I	56.64	PB
19	30 Dione Groot Jebbink	DPB	21	I	57.39	
20	69 Jill Krikken	DPD	25	I	58.17	PB
21	36 Yvonne van den Berg	DPA	28	O	58.19	
22	44 Naomi Potjes	DPC	23	I	58.57	PB
23	66 Fedde ter Laak	HPE	21	O	58.95	
24	19 Fabian Kruithof	HPC	24	O	1:00.13	PB
25	31 Florine Zunnabeld	DPC	27	O	1:00.28	
26	24 Danique Stout	DPC	28	I	1:00.66	
27	12 Lauren Wolters	DPD	24	I	1:01.29	PB
28	39 Alexander Warmink	HPA	25	O	1:02.14	PB
29	21 Jasmijn Smit	DPD	23	O	1:03.52	PB

Referee:

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Sport- en Recreatiecentrum de Scheg - Deventer

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2. Race Result 500 meter

		Name		Cat		PB		Time	Info
21	wt	30	Dione Groot Jebbink		DPB			57.39	
	rd	66	Fedde ter Laak		HPE			58.95	
		Dione Groot Jebbink			Fedde ter Laak				
		100m	14.49	(14.49)	100m	14.54	(14.54)		
		500m	57.39	(42.90)	500m	58.95	(44.41)		

		Name		Cat		PB		Time	Info
22	yw								
	bl								
		m			m				

		Name		Cat		PB		Time	Info
23	wt	44	Naomi Potjes		DPC	1:06.13		58.57	PB
	rd	21	Jasmijn Smit		DPD	1:04.67		1:03.52	PB
		Naomi Potjes			Jasmijn Smit				
		100m	14.05	(14.05)	100m	15.12	(15.12)		
		500m	58.57	(44.52)	500m	1:03.52	(48.40)		

		Name		Cat		PB		Time	Info
24	yw	12	Lauren Wolters		DPD	1:04.53		1:01.29	PB
	bl	19	Fabian Kruithof		HPC	1:04.34		1:00.13	PB
		Lauren Wolters			Fabian Kruithof				
		100m	14.35	(14.35)	100m	14.79	(14.79)		
		500m	1:01.29	(46.94)	500m	1:00.13	(45.34)		

		Name		Cat		PB		Time	Info
25	wt	69	Jill Krikken		DPD	1:04.15		58.17	PB
	rd	39	Alexander Warmink		HPA	1:03.30		1:02.14	PB
		Jill Krikken			Alexander Warmink				
		100m	13.91	(13.91)	100m	14.25	(14.25)		
		500m	58.17	(44.26)	500m	1:02.14	(47.89)		

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		Name			Cat			PB	Time	Info
26	yw	3	Olle Klunder		HPE			58.52	56.18	PB
	bl	15	Luuk Groothuis		HPC			59.49	55.77	PB
		Olle Klunder			Luuk Groothuis					
		100m	13.52	(13.52)	100m	13.89	(13.89)			
		500m	56.18	(42.66)	500m	55.77	(41.88)			
<hr/>										
		Name			Cat			PB	Time	Info
27	wt	38	Silke van den Bos		DPA			57.31	56.64	PB
	rd	31	Florine Zunnabeld		DPC			56.24	1:00.28	
		Silke van den Bos			Florine Zunnabeld					
		100m	14.06	(14.06)	100m	14.65	(14.65)			
		500m	56.64	(42.58)	500m	1:00.28	(45.63)			
<hr/>										
		Name			Cat			PB	Time	Info
28	yw	24	Danique Stout		DPC			57.76	1:00.66	
	bl	36	Yvonne van den Berg		DPA			56.79	58.19	
		Danique Stout			Yvonne van den Berg					
		100m	14.31	(14.31)	100m	14.46	(14.46)			
		500m	1:00.66	(46.35)	500m	58.19	(43.73)			
<hr/>										
		Name			Cat			PB	Time	Info
29	wt	1	Noor Klunder		DPC			54.89	55.50	
	rd	23	Melle ter Horst		HPB			54.99	53.56	PB
		Noor Klunder			Melle ter Horst					
		100m	13.60	(13.60)	100m	13.49	(13.49)			
		500m	55.50	(41.90)	500m	53.56	(40.07)			
<hr/>										
		Name			Cat			PB	Time	Info
30	yw	4	Roan Varenbrink		HPC			55.68	56.27	
	bl	55	Justin van Velde		HPB			54.73	53.68	PB
		Roan Varenbrink			Justin van Velde					
		100m	13.69	(13.69)	100m	13.26	(13.26)			
		500m	56.27	(42.58)	500m	53.68	(40.42)			

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		Name		Cat		PB		Time	Info
31	wt	25	Isa van der Weerd		DPB	53.09		53.15	
	rd	45	Joëlle van Drimmelen		DPC	53.62		54.65	
		Isa van der Weerd			Joëlle van Drimmelen				
		100m	13.84	(13.84)	100m	13.84	(13.84)		
		500m	53.15	(39.31)	500m	54.65	(40.81)		
<hr/>									
		Name		Cat		PB		Time	Info
32	yw	5	Elin Varenbrink		DPA	53.58		55.44	
	bl	59	Bas Ellenbroek		HPA	51.42		53.19	
		Elin Varenbrink			Bas Ellenbroek				
		100m	14.01	(14.01)	100m	13.34	(13.34)		
		500m	55.44	(41.43)	500m	53.19	(39.85)		
<hr/>									
		Name		Cat		PB		Time	Info
33	wt	17	Caspian Alexander		HPB	48.98		50.82	
	rd	6	Just Klunder		HPB	50.81		51.98	
		Caspian Alexander			Just Klunder				
		100m	12.66	(12.66)	100m	13.31	(13.31)		
		500m	50.82	(38.16)	500m	51.98	(38.67)		
<hr/>									
		Name		Cat		PB		Time	Info
34	yw	32	Veerle Zunnabeld		DPB	50.33		51.34	
	bl	62	Herre Mak		HPA	50.80		50.38	PB
		Veerle Zunnabeld			Herre Mak				
		100m	13.25	(13.25)	100m	13.28	(13.28)		
		500m	51.34	(38.09)	500m	50.38	(37.10)		
<hr/>									
		Name		Cat		PB		Time	Info
35	wt	16	Noortje Kappers		DPB	46.73		48.30	
	rd	20	Lauren van den Brink		DPC	48.52		49.85	
		Noortje Kappers			Lauren van den Brink				
		100m	12.74	(12.74)	100m	13.12	(13.12)		
		500m	48.30	(35.56)	500m	49.85	(36.73)		

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		Name	Cat	PB	Time	Info
36	yw bl	27 Benthe Kamerling	DPB	47.88	49.92	
		Benthe Kamerling				
		100m	12.82 (12.82)			m
		500m	49.92 (37.10)			

Referee:

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3. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	50 Maud van Zeijst	DPF	37	I	18.48	
2	71 Fenne Nijenhuis	DPD	38	O	18.63	PB
3	48 Lynn Lohuis	DPF	38	I	18.74	

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Sport- en Recreatiecentrum de Scheg - Deventer

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3. Race Result 100 meter

	Name	Cat	PB	Time	Info
37	wt rd	50 Maud van Zeijst	DPF	17.34	18.48

Maud van Zeijst

100m 18.48 (18.48)

m

	Name	Cat	PB	Time	Info
38	yw	48 Lynn Lohuis	DPF	17.43	18.74
	bl	71 Fenne Nijenhuis	DPD	19.58	18.63 PB

Lynn Lohuis

100m 18.74 (18.74)

Fenne Nijenhuis

100m 18.63 (18.63)

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Sport- en Recreatiecentrum de Scheg - Deventer

12 February 2023

4. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	76 Morgan DeFreese	DPC	55	O	32.91	
2	8 Sanna van der Velde	DPA	55	I	33.78 PB	
3	2 Emma van der Velde	DPC	56	I	34.30 PB	
4	73 Eva Mezzo	DPC	56	O	36.06	
5	74 Eline Tuitert	DPC	53	I	36.40 PB	
6	14 Ties Groothuis	HPD	54	I	36.62	
7	46 Liam Makkinga	HPE	54	O	36.77	
8	29 Mika Wesselink	HPB	53	O	36.91 PB	
9	52 Merle Markvoort	DPA	52	O	37.36 PB	
10	13 Blom Ooijman	DPA	50	O	37.64 PB	
11	54 Jesse van Velde	HPD	50	I	37.67 PB	
12	70 Minke Nijenhuis	DPB	51	I	37.73	
13	67 Jildau ter Laak	DPD	49	I	37.77 PB	
14	61 Elin Mak	DPE	52	I	37.83 PB	
15	64 Britt Nijland	DPC	49	O	38.29 PB	
16	68 Myrthe Cents	DPD	51	O	38.48	
17	56 Anne van Duinen	DPC	48	I	38.63 PB	
18	43 Sanne Bruinsma	DPA	48	O	39.29 PB	
19	33 Pien Evers	DPD	46	I	40.04 PB	
20	53 Feline van de Brandhof	DPB	47	O	40.11 PB	
21	34 Douwe Gildemacher	HPC	45	O	40.28 PB	
22	63 Femke Lingmont	DPB	45	I	40.41	
23	60 Bastian Klomp	HPD	47	I	40.44	
24	51 Sylvan Markvoort	HPC	46	O	41.49	
25	26 Vayèn van der Weerd	DPE	43	I	41.56 PB	
26	58 Julie Saunier	DPC	43	O	41.88 PB	
27	65 Jill Isfordink	DPD	44	I	42.50	
28	49 Fajah Lugtenberg	DPE	42	I	43.58 PB	
29	18 Silke Verwijs	DPC	44	O	43.82	
30	40 Thijmen Warmink	HPC	42	O	44.27 PB	
31	35 Nick Peek	HPD	41	O	44.72 PB	
32	75 Julian Tuitert	HPD	41	I	46.22	
33	37 Milou Ruijtenberg	DPE	40	I	46.82	
34	41 Ruben Warmink	HPE	40	O	49.94	
35	71 Fenne Nijenhuis	DPD	39	I	53.89 PB	

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4. Race Result 300 meter

		Name	Cat	PB	Time Info
39	wt rd	71 Fenne Nijenhuis	DPD	57.58	53.89 PB
		<u>Fenne Nijenhuis</u>			
		300m 53.89 (53.89)		m	

		Name	Cat	PB	Time Info
40	yw bl	37 Milou Ruijtenberg	DPE	46.25	46.82
		41 Ruben Warmink	HPE	48.27	49.94
		<u>Milou Ruijtenberg</u>			
		300m 46.82 (46.82)		<u>Ruben Warmink</u>	
				300m 49.94 (49.94)	

		Name	Cat	PB	Time Info
41	wt rd	75 Julian Tuitert	HPD	46.17	46.22
		35 Nick Peek	HPD	45.46	44.72 PB
		<u>Julian Tuitert</u>			
		300m 46.22 (46.22)		<u>Nick Peek</u>	
				300m 44.72 (44.72)	

		Name	Cat	PB	Time Info
42	yw bl	49 Fajah Lugtenberg	DPE	44.34	43.58 PB
		40 Thijmen Warmink	HPC	45.10	44.27 PB
		<u>Fajah Lugtenberg</u>			
		300m 43.58 (43.58)		<u>Thijmen Warmink</u>	
				300m 44.27 (44.27)	

		Name	Cat	PB	Time Info
43	wt rd	26 Vayèn van der Weerd	DPE	42.58	41.56 PB
		58 Julie Saunier	DPC	42.11	41.88 PB
		<u>Vayèn van der Weerd</u>			
		300m 41.56 (41.56)		<u>Julie Saunier</u>	
				300m 41.88 (41.88)	

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Sport- en Recreatiecentrum de Scheg - Deventer

12 February 2023

		Name	Cat	PB	Time	Info
44	yw	65 Jill Isfordink	DPD	42.11	42.50	
	bl	18 Silke Verwijs	DPC	43.02	43.82	
		<u>Jill Isfordink</u>		<u>Silke Verwijs</u>		
		300m 42.50 (42.50)		300m 43.82 (43.82)		

		Name	Cat	PB	Time	Info
45	wt	63 Femke Lingmont	DPB	40.19	40.41	
	rd	34 Douwe Gildemacher	HPC	40.67	40.28	PB
		<u>Femke Lingmont</u>		<u>Douwe Gildemacher</u>		
		300m 40.41 (40.41)		300m 40.28 (40.28)		

		Name	Cat	PB	Time	Info
46	yw	33 Pien Evers	DPD	40.55	40.04	PB
	bl	51 Sylvan Markvoort	HPC	40.60	41.49	
		<u>Pien Evers</u>		<u>Sylvan Markvoort</u>		
		300m 40.04 (40.04)		300m 41.49 (41.49)		

		Name	Cat	PB	Time	Info
47	wt	60 Bastian Klomp	HPD	39.87	40.44	
	rd	53 Feline van de Brandhof	DPB	40.17	40.11	PB
		<u>Bastian Klomp</u>		<u>Feline van de Brandhof</u>		
		300m 40.44 (40.44)		300m 40.11 (40.11)		

		Name	Cat	PB	Time	Info
48	yw	56 Anne van Duinen	DPC	40.05	38.63	PB
	bl	43 Sanne Bruinsma	DPA	39.82	39.29	PB
		<u>Anne van Duinen</u>		<u>Sanne Bruinsma</u>		
		300m 38.63 (38.63)		300m 39.29 (39.29)		

		Name	Cat	PB	Time	Info
49	wt	67 Jildau ter Laak	DPD	39.23	37.77	PB
	rd	64 Britt Nijland	DPC	38.59	38.29	PB
		<u>Jildau ter Laak</u>		<u>Britt Nijland</u>		
		300m 37.77 (37.77)		300m 38.29 (38.29)		

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
50	yw	54 Jesse van Velde	HPD	38.16	37.67	PB
	bl	13 Blom Ooijman	DPA	38.52	37.64	PB
		<u>Jesse van Velde</u>			<u>Blom Ooijman</u>	
		300m 37.67 (37.67)		300m 37.64 (37.64)		
<hr/>						
		Name	Cat	PB	Time	Info
51	wt	70 Minke Nijenhuis	DPB	37.33	37.73	
	rd	68 Myrthe Cents	DPD	37.70	38.48	
		<u>Minke Nijenhuis</u>			<u>Myrthe Cents</u>	
		300m 37.73 (37.73)		300m 38.48 (38.48)		
<hr/>						
		Name	Cat	PB	Time	Info
52	yw	61 Elin Mak	DPE	38.00	37.83	PB
	bl	52 Merle Markvoort	DPA	37.53	37.36	PB
		<u>Elin Mak</u>			<u>Merle Markvoort</u>	
		300m 37.83 (37.83)		300m 37.36 (37.36)		
<hr/>						
		Name	Cat	PB	Time	Info
53	wt	74 Eline Tuitert	DPC	36.85	36.40	PB
	rd	29 Mika Wesselink	HPB	37.29	36.91	PB
		<u>Eline Tuitert</u>			<u>Mika Wesselink</u>	
		300m 36.40 (36.40)		300m 36.91 (36.91)		
<hr/>						
		Name	Cat	PB	Time	Info
54	yw	14 Ties Groothuis	HPD	35.66	36.62	
	bl	46 Liam Makkinga	HPE	36.68	36.77	
		<u>Ties Groothuis</u>			<u>Liam Makkinga</u>	
		300m 36.62 (36.62)		300m 36.77 (36.77)		
<hr/>						
		Name	Cat	PB	Time	Info
55	wt	8 Sanna van der Velde	DPA	34.55	33.78	PB
	rd	76 Morgan DeFreese	DPC	31.89	32.91	
		<u>Sanna van der Velde</u>			<u>Morgan DeFreese</u>	
		300m 33.78 (33.78)		300m 32.91 (32.91)		

pup F t/m A

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
56	yw	2 Emma van der Velde	DPC	35.40	34.30	PB
	bl	73 Eva Mezzo	DPC	35.06	36.06	
		Emma van der Velde				
		300m	34.30 (34.30)			
		Eva Mezzo				
		300m	36.06 (36.06)			

Referee:

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Sport- en Recreatiecentrum de Scheg - Deventer

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5. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	59 Bas Ellenbroek	HPA	64	I	32.54		
2	45 Joëlle van Drimmelen	DPC	65	I	34.12		
3	69 Jill Krikken	DPD	63	I	34.83	PB	
4	38 Silke van den Bos	DPA	62	I	34.92	PB	
5	4 Roan Varenbrink	HPC	64	O	35.15		
6	5 Elin Varenbrink	DPA	65	O	35.22		
7	15 Luuk Groothuis	HPC	63	O	35.33		
8	3 Olle Klunder	HPE	62	O	35.53		
9	24 Danique Stout	DPC	60	I	35.89	PB	
10	44 Naomi Potjes	DPC	60	O	36.11	PB	
11	30 Dione Groot Jebbink	DPB	61	I	36.33		
12	12 Lauren Wolters	DPD	59	I	36.48	PB	
13	19 Fabian Kruithof	HPC	59	O	37.35	PB	
14	39 Alexander Warmink	HPA	58	I	37.72		
15	66 Fedde ter Laak	HPE	61	O	37.95		
16	21 Jasmijn Smit	DPD	58	O	39.38		
17	50 Maud van Zeijst	DPF	57	I	49.95		
18	48 Lynn Lohuis	DPF	57	O	50.03		

Referee:

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Sport- en Recreatiecentrum de Scheg - Deventer

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5. Race Result 300 meter

		Name	Cat	PB	Time	Info
57	wt	50 Maud van Zeijst	DPF	47.60	49.95	
	rd	48 Lynn Lohuis	DPF	47.59	50.03	
		Maud van Zeijst	Lynn Lohuis			
		300m 49.95 (49.95)	300m 50.03 (50.03)			

		Name	Cat	PB	Time	Info
58	yw	39 Alexander Warmink	HPA	37.21	37.72	
	bl	21 Jasmijn Smit	DPD	37.32	39.38	
		Alexander Warmink	Jasmijn Smit			
		300m 37.72 (37.72)	300m 39.38 (39.38)			

		Name	Cat	PB	Time	Info
59	wt	12 Lauren Wolters	DPD	37.65	36.48	PB
	rd	19 Fabian Kruithof	HPC	37.64	37.35	PB
		Lauren Wolters	Fabian Kruithof			
		300m 36.48 (36.48)	300m 37.35 (37.35)			

		Name	Cat	PB	Time	Info
60	yw	24 Danique Stout	DPC	36.14	35.89	PB
	bl	44 Naomi Potjes	DPC	37.01	36.11	PB
		Danique Stout	Naomi Potjes			
		300m 35.89 (35.89)	300m 36.11 (36.11)			

		Name	Cat	PB	Time	Info
61	wt	30 Dione Groot Jebbink	DPB	36.16	36.33	
	rd	66 Fedde ter Laak	HPE	37.18	37.95	
		Dione Groot Jebbink	Fedde ter Laak			
		300m 36.33 (36.33)	300m 37.95 (37.95)			

pup F t/m A

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
62	yw	38	Silke van den Bos		DPA		35.67	34.92	PB
	bl	3	Olle Klunder		HPE		35.49	35.53	
		Silke van den Bos			Olle Klunder				
		300m	34.92	(34.92)	300m	35.53	(35.53)		

		Name		Cat		PB		Time	Info
63	wt	69	Jill Krikken		DPD		34.84	34.83	PB
	rd	15	Luuk Groothuis		HPC		34.48	35.33	
		Jill Krikken			Luuk Groothuis				
		300m	34.83	(34.83)	300m	35.33	(35.33)		

		Name		Cat		PB		Time	Info
64	yw	59	Bas Ellenbroek		HPA		31.65	32.54	
	bl	4	Roan Varenbrink		HPC		33.97	35.15	
		Bas Ellenbroek			Roan Varenbrink				
		300m	32.54	(32.54)	300m	35.15	(35.15)		

		Name		Cat		PB		Time	Info
65	wt	45	Joëlle van Drimmelen		DPC		34.10	34.12	
	rd	5	Elin Varenbrink		DPA		33.51	35.22	
		Joëlle van Drimmelen			Elin Varenbrink				
		300m	34.12	(34.12)	300m	35.22	(35.22)		

pup F t/m A

Sport- en Recreatiecentrum de Scheg - Deventer

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6. Result 700 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	16 Noortje Kappers	DPB	74	O	1:05.68	PB	
2	20 Lauren van den Brink	DPC	73	I	1:07.69	PB	
3	27 Benthe Kamerling	DPB	74	I	1:08.24	PB	
4	32 Veerle Zunnebeld	DPB	71	O	1:10.99	PB	
5	62 Herre Mak	HPA	72	O	1:11.04	PB	
6	6 Just Klunder	HPB	72	I	1:12.79	PB	
7	25 Isa van der Weerd	DPB	70	I	1:13.47	PB	
8	17 Caspian Alexander	HPB	71	I	1:13.97		
9	23 Melle ter Horst	HPB	69	O	1:15.48	PB	
10	55 Justin van Velde	HPB	69	I	1:15.89	PB	
11	1 Noor Klunder	DPC	70	O	1:17.83		
12	36 Yvonne van den Berg	DPA	67	I	1:22.31	PB	
13	31 Florine Zunnebeld	DPC	67	O	1:23.85		

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Sport- en Recreatiecentrum de Scheg - Deventer

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6. Race Result 700 meter

		Name	Cat	PB	Time	Info
67	wt	36 Yvonne van den Berg	DPA	1:29.04	1:22.31	PB
	rd	31 Florine Zunnabeld	DPC	1:21.72	1:23.85	
		<u>Yvonne van den Berg</u>		<u>Florine Zunnabeld</u>		
		300m 36.52 (36.52)		300m 36.89 (36.89)		
		700m 1:22.31 (45.79)		700m 1:23.85 (46.96)		

		Name	Cat	PB	Time	Info
68	yw					
	bl					
		<u>m</u>		<u>m</u>		

		Name	Cat	PB	Time	Info
69	wt	55 Justin van Velde	HPB	1:17.06	1:15.89	PB
	rd	23 Melle ter Horst	HPB	1:19.77	1:15.48	PB
		<u>Justin van Velde</u>		<u>Melle ter Horst</u>		
		300m 33.53 (33.53)		300m 34.42 (34.42)		
		700m 1:15.89 (42.36)		700m 1:15.48 (41.06)		

		Name	Cat	PB	Time	Info
70	yw	25 Isa van der Weerd	DPB	1:15.54	1:13.47	PB
	bl	1 Noor Klunder	DPC	1:16.95	1:17.83	
		<u>Isa van der Weerd</u>		<u>Noor Klunder</u>		
		300m 33.26 (33.26)		300m 34.65 (34.65)		
		700m 1:13.47 (40.21)		700m 1:17.83 (43.18)		

		Name	Cat	PB	Time	Info
71	wt	17 Caspian Alexander	HPB	1:11.16	1:13.97	
	rd	32 Veerle Zunnabeld	DPB	1:11.63	1:10.99	PB
		<u>Caspian Alexander</u>		<u>Veerle Zunnabeld</u>		
		300m 32.29 (32.29)		300m 32.74 (32.74)		
		700m 1:13.97 (41.68)		700m 1:10.99 (38.25)		

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name			Cat			PB	Time	Info
72	yw	6	Just Klunder		HPB			1:14.67	1:12.79	PB
	bl	62	Herre Mak		HPA			1:12.99	1:11.04	PB
		Just Klunder			Herre Mak					
		300m	33.03	(33.03)	300m	33.01	(33.01)			
		700m	1:12.79	(39.76)	700m	1:11.04	(38.03)			

		Name			Cat			PB	Time	Info
73	wt	20	Lauren van den Brink		DPC			1:10.69	1:07.69	PB
	rd									
		Lauren van den Brink								
		300m	31.34	(31.34)	m					
		700m	1:07.69	(36.35)						

		Name			Cat			PB	Time	Info
74	yw	27	Benthe Kamerling		DPB			1:09.01	1:08.24	PB
	bl	16	Noortje Kappers		DPB			1:06.29	1:05.68	PB
		Benthe Kamerling			Noortje Kappers					
		300m	30.70	(30.70)	300m	30.54	(30.54)			
		700m	1:08.24	(37.54)	700m	1:05.68	(35.14)			

pup F t/m A

Sport- en Recreatiecentrum de Scheg - Deventer

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7. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	76 Morgan DeFreese	DPC	91	I	32.50		
2	8 Sanna van der Velde	DPA	91	O	34.54		
3	2 Emma van der Velde	DPC	92	O	35.02		
4	46 Liam Makkinga	HPE	90	I	36.30	PB	
5	74 Eline Tuitert	DPC	89	O	36.46		
6	73 Eva Mezzo	DPC	92	I	36.56		
7	13 Blom Ooijman	DPA	86	I	36.64	PB	
8	29 Mika Wesselink	HPB	89	I	36.89	PB	
9	52 Merle Markvoort	DPA	88	I	37.33	PB	
10	54 Jesse van Velde	HPD	86	O	37.42	PB	
11	61 Elin Mak	DPE	88	O	37.52	PB	
12	64 Britt Nijland	DPC	85	I	37.73	PB	
13	70 Minke Nijenhuis	DPB	87	O	37.94		
14	68 Myrthe Cents	DPD	87	I	38.15		
15	67 Jildau ter Laak	DPD	85	O	38.36		
16	43 Sanne Bruinsma	DPA	84	I	38.79	PB	
17	60 Bastian Klomp	HPD	83	O	39.64	PB	
18	56 Anne van Duinen	DPC	84	O	39.79		
19	53 Feline van de Brandhof	DPB	83	I	39.90	PB	
20	33 Pien Evers	DPD	82	O	40.45		
21	34 Douwe Gildemacher	HPC	81	I	40.59		
22	63 Femke Lingmont	DPB	81	O	41.88		
23	65 Jill Isfordink	DPD	80	O	42.32		
24	26 Vayèn van der Weerd	DPE	79	O	42.95		
25	40 Thijmen Warmink	HPC	78	I	43.15	PB	
26	58 Julie Saunier	DPC	79	I	43.18		
27	51 Sylvan Markvoort	HPC	82	I	43.67		
28	35 Nick Peek	HPD	77	I	43.72	PB	
29	49 Fajah Lugtenberg	DPE	78	O	43.77		
30	18 Silke Verwijs	DPC	80	I	44.10		
31	75 Julian Tuitert	HPD	77	O	47.37		
32	37 Milou Ruijtenberg	DPE	76	O	47.54		
33	41 Ruben Warmink	HPE	76	I	51.45		
	14 Ties Groothuis	HPD			WDR		

Referee:

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Sport- en Recreatiecentrum de Scheg - Deventer

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7. Race Result 300 meter

	Name	Cat	PB	Time	Info
75	wt rd				
	m	m			

	Name	Cat	PB	Time	Info
76	yw bl	41 Ruben Warmink 37 Milou Ruijtenberg	HPE DPE	48.27 46.25	51.45 47.54
	<u>Ruben Warmink</u>	<u>Milou Ruijtenberg</u>			
	300m 51.45 (51.45)	300m 47.54 (47.54)			

	Name	Cat	PB	Time	Info
77	wt rd	35 Nick Peek 75 Julian Tuitert	HPD HPD	45.46 46.17	43.72 PB 47.37
	<u>Nick Peek</u>	<u>Julian Tuitert</u>			
	300m 43.72 (43.72)	300m 47.37 (47.37)			

	Name	Cat	PB	Time	Info
78	yw bl	40 Thijmen Warmink 49 Fajah Lugtenberg	HPC DPE	45.10 44.34	43.15 PB 43.77
	<u>Thijmen Warmink</u>	<u>Fajah Lugtenberg</u>			
	300m 43.15 (43.15)	300m 43.77 (43.77)			

	Name	Cat	PB	Time	Info
79	wt rd	58 Julie Saunier 26 Vayèn van der Weerd	DPC DPE	42.11 42.58	43.18 42.95
	<u>Julie Saunier</u>	<u>Vayèn van der Weerd</u>			
	300m 43.18 (43.18)	300m 42.95 (42.95)			

Referee:

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
80	yw	18 Silke Verwijs	DPC	43.02	44.10	
	bl	65 Jill Isfordink	DPD	42.11	42.32	
		<u>Silke Verwijs</u>		<u>Jill Isfordink</u>		
		300m 44.10 (44.10)		300m 42.32 (42.32)		
<hr/>						
		Name	Cat	PB	Time	Info
81	wt	34 Douwe Gildemacher	HPC	40.67	40.59	
	rd	63 Femke Lingmont	DPB	40.19	41.88	
		<u>Douwe Gildemacher</u>		<u>Femke Lingmont</u>		
		300m 40.59 (40.59)		300m 41.88 (41.88)		
<hr/>						
		Name	Cat	PB	Time	Info
82	yw	51 Sylvan Markvoort	HPC	40.60	43.67	
	bl	33 Pien Evers	DPD	40.55	40.45	
		<u>Sylvan Markvoort</u>		<u>Pien Evers</u>		
		300m 43.67 (43.67)		300m 40.45 (40.45)		
<hr/>						
		Name	Cat	PB	Time	Info
83	wt	53 Feline van de Brandhof	DPB	40.17	39.90	PB
	rd	60 Bastian Klomp	HPD	39.87	39.64	PB
		<u>Feline van de Brandhof</u>		<u>Bastian Klomp</u>		
		300m 39.90 (39.90)		300m 39.64 (39.64)		
<hr/>						
		Name	Cat	PB	Time	Info
84	yw	43 Sanne Bruinsma	DPA	39.82	38.79	PB
	bl	56 Anne van Duinen	DPC	40.05	39.79	
		<u>Sanne Bruinsma</u>		<u>Anne van Duinen</u>		
		300m 38.79 (38.79)		300m 39.79 (39.79)		
<hr/>						
		Name	Cat	PB	Time	Info
85	wt	64 Britt Nijland	DPC	38.59	37.73	PB
	rd	67 Jildau ter Laak	DPD	39.23	38.36	
		<u>Britt Nijland</u>		<u>Jildau ter Laak</u>		
		300m 37.73 (37.73)		300m 38.36 (38.36)		

Referee:

Assistant:

Starter:

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Sport- en Recreatiecentrum de Scheg - Deventer

12 February 2023

		Name	Cat	PB	Time	Info
86	yw	13 Blom Ooijman	DPA	38.52	36.64	PB
	bl	54 Jesse van Velde	HPD	38.16	37.42	PB
		<u>Blom Ooijman</u>		<u>Jesse van Velde</u>		
		300m 36.64 (36.64)		300m 37.42 (37.42)		
<hr/>						
		Name	Cat	PB	Time	Info
87	wt	68 Myrthe Cents	DPD	37.70	38.15	
	rd	70 Minke Nijenhuis	DPB	37.33	37.94	
		<u>Myrthe Cents</u>		<u>Minke Nijenhuis</u>		
		300m 38.15 (38.15)		300m 37.94 (37.94)		
<hr/>						
		Name	Cat	PB	Time	Info
88	yw	52 Merle Markvoort	DPA	37.53	37.33	PB
	bl	61 Elin Mak	DPE	38.00	37.52	PB
		<u>Merle Markvoort</u>		<u>Elin Mak</u>		
		300m 37.33 (37.33)		300m 37.52 (37.52)		
<hr/>						
		Name	Cat	PB	Time	Info
89	wt	29 Mika Wesselink	HPB	37.29	36.89	PB
	rd	74 Eline Tuitert	DPC	36.85	36.46	
		<u>Mika Wesselink</u>		<u>Eline Tuitert</u>		
		300m 36.89 (36.89)		300m 36.46 (36.46)		
<hr/>						
		Name	Cat	PB	Time	Info
90	yw	46 Liam Makkinga	HPE	36.68	36.30	PB
	bl	14 Ties Groothuis	HPD	35.66	WDR	
		<u>Liam Makkinga</u>		<u>Ties Groothuis</u>		
		300m 36.30 (36.30)				
<hr/>						
		Name	Cat	PB	Time	Info
91	wt	76 Morgan DeFreese	DPC	31.89	32.50	
	rd	8 Sanna van der Velde	DPA	34.55	34.54	
		<u>Morgan DeFreese</u>		<u>Sanna van der Velde</u>		
		300m 32.50 (32.50)		300m 34.54 (34.54)		

Referee:

Assistant:

Starter:

From 2/12/2023 5:30:00 PM to 2/12/2023 7:34:30 PM

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Sport- en Recreatiecentrum de Scheg - Deventer

12 February 2023

		Name	Cat	PB	Time	Info
92	yw	73 Eva Mezzo	DPC	35.06	36.56	
	bl	2 Emma van der Velde	DPC	35.40	35.02	
		Eva Mezzo		Emma van der Velde		
		300m	36.56 (36.56)	300m	35.02 (35.02)	

Referee:

Assistant:

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