

# pup F t/m A

Sport- en Recreatiecentrum de Scheg - Deventer

12 February 2023

## 1. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	76 Morgan DeFreese	DPC	20	I	13.30		
2	8 Sanna van der Velde	DPA	18	I	13.36	PB	
3	14 Ties Groothuis	HPD	20	O	13.44	PB	
4	29 Mika Wesselink	HPB	19	O	13.46		
5	74 Eline Tuitert	DPC	17	I	13.62	PB	
6	46 Liam Makkinga	HPE	18	O	13.70	PB	
7	2 Emma van der Velde	DPC	17	O	13.71	PB	
8	73 Eva Mezzo	DPC	19	I	13.72		
	54 Jesse van Velde	HPD	15	I	13.72	PB	
10	68 Myrthe Cents	DPD	15	O	13.87	PB	
11	61 Elin Mak	DPE	16	O	14.19	PB	
	70 Minke Nijenhuis	DPB	14	I	14.19	PB	
13	64 Britt Nijland	DPC	16	I	14.21	PB	
14	34 Douwe Gildemacher	HPC	14	O	14.24	PB	
15	63 Femke Lingmont	DPB	12	I	14.36	PB	
16	67 Jildau ter Laak	DPD	12	O	14.47	PB	
17	52 Merle Markvoort	DPA	13	I	14.49	PB	
18	33 Pien Evers	DPD	10	O	14.63	PB	
19	60 Bastian Klomp	HPD	13	O	14.69	PB	
20	13 Blom Ooijman	DPA	9	O	14.71	PB	
21	43 Sanne Bruinsma	DPA	11	O	14.79	PB	
22	51 Sylvan Markvoort	HPC	9	I	15.02	PB	
23	58 Julie Saunier	DPC	1	I	15.09		
24	56 Anne van Duinen	DPC	8	O	15.11	PB	
25	26 Vayèn van der Weerd	DPE	7	I	15.24	PB	
26	65 Jill Isfordink	DPD	8	I	15.47	PB	
27	49 Fajah Lugtenberg	DPE	10	I	15.48		
28	35 Nick Peek	HPD	6	I	15.66	PB	
29	40 Thijmen Warmink	HPC	7	O	15.80		
30	18 Silke Verwijs	DPC	6	O	16.00		
31	75 Julian Tuitert	HPD	5	O	16.04	PB	
32	37 Milou Ruijtenberg	DPE	5	I	16.08	PB	
33	53 Feline van de Brandhof	DPB	11	I	16.95		
34	48 Lynn Lohuis	DPF	3	I	17.77		
35	41 Ruben Warmink	HPE	4	O	18.11		
36	50 Maud van Zeijst	DPF	3	O	18.26		
37	71 Fenne Nijenhuis	DPD	1	O	20.01		

Referee:

Assistant:

Starter:

From 2/12/2023 5:30:00 PM to 2/12/2023 5:43:20 PM

Print: 11/23/2024 8:14:06 AM

# pup F t/m A

Sport- en Recreatiecentrum de Scheg - Deventer

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## 1. Race Result 100 meter

		Name		Cat		PB		Time	Info
1	wt	58	<b>Julie Saunier</b>		DPC			<b>15.09</b>	
	rd	71	<b>Fenne Nijenhuis</b>		DPD	19.58		<b>20.01</b>	
		<u>Julie Saunier</u>			<u>Fenne Nijenhuis</u>				
		100m	15.09	(15.09)	100m	20.01	(20.01)		

		Name		Cat		PB		Time	Info
2	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
3	wt	48	<b>Lynn Lohuis</b>		DPF	17.43		<b>17.77</b>	
	rd	50	<b>Maud van Zeijst</b>		DPF	17.34		<b>18.26</b>	
		<u>Lynn Lohuis</u>			<u>Maud van Zeijst</u>				
		100m	17.77	(17.77)	100m	18.26	(18.26)		

		Name		Cat		PB		Time	Info
4	yw								
	bl	41	<b>Ruben Warmink</b>		HPE	17.01		<b>18.11</b>	
			m				100m	18.11	(18.11)

		Name		Cat		PB		Time	Info
5	wt	37	<b>Milou Ruijtenberg</b>		DPE	16.17		<b>16.08</b>	PB
	rd	75	<b>Julian Tuitert</b>		HPD	16.70		<b>16.04</b>	PB
		<u>Milou Ruijtenberg</u>			<u>Julian Tuitert</u>				
		100m	16.08	(16.08)	100m	16.04	(16.04)		

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		Name	Cat	PB	Time	Info
6	yw	35 <b>Nick Peek</b>	HPD	15.92	<b>15.66</b>	PB
	bl	18 <b>Silke Verwijs</b>	DPC	15.63	<b>16.00</b>	
		<u>Nick Peek</u>		<u>Silke Verwijs</u>		
		100m 15.66 (15.66)		100m 16.00 (16.00)		

		Name	Cat	PB	Time	Info
7	wt	26 <b>Vayèn van der Weerd</b>	DPE	15.43	<b>15.24</b>	PB
	rd	40 <b>Thijmen Warmink</b>	HPC	15.63	<b>15.80</b>	
		<u>Vayèn van der Weerd</u>		<u>Thijmen Warmink</u>		
		100m 15.24 (15.24)		100m 15.80 (15.80)		

		Name	Cat	PB	Time	Info
8	yw	65 <b>Jill Isfordink</b>	DPD	15.51	<b>15.47</b>	PB
	bl	56 <b>Anne van Duinen</b>	DPC	15.51	<b>15.11</b>	PB
		<u>Jill Isfordink</u>		<u>Anne van Duinen</u>		
		100m 15.47 (15.47)		100m 15.11 (15.11)		

		Name	Cat	PB	Time	Info
9	wt	51 <b>Sylvan Markvoort</b>	HPC	15.12	<b>15.02</b>	PB
	rd	13 <b>Blom Ooijman</b>	DPA	14.79	<b>14.71</b>	PB
		<u>Sylvan Markvoort</u>		<u>Blom Ooijman</u>		
		100m 15.02 (15.02)		100m 14.71 (14.71)		

		Name	Cat	PB	Time	Info
10	yw	49 <b>Fajah Lugtenberg</b>	DPE	15.42	<b>15.48</b>	
	bl	33 <b>Pien Evers</b>	DPD	14.89	<b>14.63</b>	PB
		<u>Fajah Lugtenberg</u>		<u>Pien Evers</u>		
		100m 15.48 (15.48)		100m 14.63 (14.63)		

		Name	Cat	PB	Time	Info
11	wt	53 <b>Feline van de Brandhof</b>	DPB	15.06	<b>16.95</b>	
	rd	43 <b>Sanne Bruinsma</b>	DPA	14.97	<b>14.79</b>	PB
		<u>Feline van de Brandhof</u>		<u>Sanne Bruinsma</u>		
		100m 16.95 (16.95)		100m 14.79 (14.79)		

Referee:

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		Name	Cat	PB	Time	Info
12	yw	63 <b>Femke Lingmont</b>	DPB	14.85	<b>14.36</b>	PB
	bl	67 <b>Jildau ter Laak</b>	DPD	14.61	<b>14.47</b>	PB
		<b>Femke Lingmont</b>				
		100m	14.36 (14.36)			
		<b>Jildau ter Laak</b>				
		100m	14.47 (14.47)			

		Name	Cat	PB	Time	Info
13	wt	52 <b>Merle Markvoort</b>	DPA	14.50	<b>14.49</b>	PB
	rd	60 <b>Bastian Klomp</b>	HPD	14.78	<b>14.69</b>	PB
		<b>Merle Markvoort</b>				
		100m	14.49 (14.49)			
		<b>Bastian Klomp</b>				
		100m	14.69 (14.69)			

		Name	Cat	PB	Time	Info
14	yw	70 <b>Minke Nijenhuis</b>	DPB	14.33	<b>14.19</b>	PB
	bl	34 <b>Douwe Gildemacher</b>	HPC	14.69	<b>14.24</b>	PB
		<b>Minke Nijenhuis</b>				
		100m	14.19 (14.19)			
		<b>Douwe Gildemacher</b>				
		100m	14.24 (14.24)			

		Name	Cat	PB	Time	Info
15	wt	54 <b>Jesse van Velde</b>	HPD	14.15	<b>13.72</b>	PB
	rd	68 <b>Myrthe Cents</b>	DPD	13.97	<b>13.87</b>	PB
		<b>Jesse van Velde</b>				
		100m	13.72 (13.72)			
		<b>Myrthe Cents</b>				
		100m	13.87 (13.87)			

		Name	Cat	PB	Time	Info
16	yw	64 <b>Britt Nijland</b>	DPC	14.24	<b>14.21</b>	PB
	bl	61 <b>Elin Mak</b>	DPE	14.21	<b>14.19</b>	PB
		<b>Britt Nijland</b>				
		100m	14.21 (14.21)			
		<b>Elin Mak</b>				
		100m	14.19 (14.19)			

		Name	Cat	PB	Time	Info
17	wt	74 <b>Eline Tuitert</b>	DPC	13.84	<b>13.62</b>	PB
	rd	2 <b>Emma van der Velde</b>	DPC	13.81	<b>13.71</b>	PB
		<b>Eline Tuitert</b>				
		100m	13.62 (13.62)			
		<b>Emma van der Velde</b>				
		100m	13.71 (13.71)			

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		Name	Cat	PB	Time	Info
18	yw	8 <b>Sanna van der Velde</b>	DPA	13.61	<b>13.36</b>	PB
	bl	46 <b>Liam Makkinga</b>	HPE	13.92	<b>13.70</b>	PB
		<b>Sanna van der Velde</b>				
		100m	13.36	(13.36)		
		<b>Liam Makkinga</b>				
		100m	13.70	(13.70)		

		Name	Cat	PB	Time	Info
19	wt	73 <b>Eva Mezzo</b>	DPC	13.44	<b>13.72</b>	
	rd	29 <b>Mika Wesselink</b>	HPB	13.31	<b>13.46</b>	
		<b>Eva Mezzo</b>				
		100m	13.72	(13.72)		
		<b>Mika Wesselink</b>				
		100m	13.46	(13.46)		

		Name	Cat	PB	Time	Info
20	yw	76 <b>Morgan DeFreese</b>	DPC	12.77	<b>13.30</b>	
	bl	14 <b>Ties Groothuis</b>	HPD	13.71	<b>13.44</b>	PB
		<b>Morgan DeFreese</b>				
		100m	13.30	(13.30)		
		<b>Ties Groothuis</b>				
		100m	13.44	(13.44)		

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## 2. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	16 Noortje Kappers	DPB	35	I	48.30	
2	20 Lauren van den Brink	DPC	35	O	49.85	
3	27 Benthe Kamerling	DPB	36	I	49.92	
4	62 Herre Mak	HPA	34	O	50.38	PB
5	17 Caspian Alexander	HPB	33	I	50.82	
6	32 Veerle Zunnebeld	DPB	34	I	51.34	
7	6 Just Klunder	HPB	33	O	51.98	
8	25 Isa van der Weerd	DPB	31	I	53.15	
9	59 Bas Ellenbroek	HPA	32	O	53.19	
10	23 Melle ter Horst	HPB	29	O	53.56	PB
11	55 Justin van Velde	HPB	30	O	53.68	PB
12	45 Joëlle van Drimmelen	DPC	31	O	54.65	
13	5 Elin Varenbrink	DPA	32	I	55.44	
14	1 Noor Klunder	DPC	29	I	55.50	
15	15 Luuk Groothuis	HPC	26	O	55.77	PB
16	3 Olle Klunder	HPE	26	I	56.18	PB
17	4 Roan Varenbrink	HPC	30	I	56.27	
18	38 Silke van den Bos	DPA	27	I	56.64	PB
19	30 Dione Groot Jebbink	DPB	21	I	57.39	
20	69 Jill Krikken	DPD	25	I	58.17	PB
21	36 Yvonne van den Berg	DPA	28	O	58.19	
22	44 Naomi Potjes	DPC	23	I	58.57	PB
23	66 Fedde ter Laak	HPE	21	O	58.95	
24	19 Fabian Kruithof	HPC	24	O	1:00.13	PB
25	31 Florine Zunnebeld	DPC	27	O	1:00.28	
26	24 Danique Stout	DPC	28	I	1:00.66	
27	12 Lauren Wolters	DPD	24	I	1:01.29	PB
28	39 Alexander Warmink	HPA	25	O	1:02.14	PB
29	21 Jasmijn Smit	DPD	23	O	1:03.52	PB

Referee:

Assistant:

Starter:

From 2/12/2023 5:30:00 PM to 2/12/2023 5:58:47 PM

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## 2. Race Result 500 meter

		Name		Cat		PB		Time	Info
21	wt	30	<b>Dione Groot Jebbink</b>		DPB			<b>57.39</b>	
	rd	66	<b>Fedde ter Laak</b>		HPE			<b>58.95</b>	
		<b>Dione Groot Jebbink</b>			<b>Fedde ter Laak</b>				
		100m	14.49	(14.49)	100m	14.54	(14.54)		
		500m	57.39	(42.90)	500m	58.95	(44.41)		

		Name		Cat		PB		Time	Info
22	yw								
	bl								
		m			m				

		Name		Cat		PB		Time	Info
23	wt	44	<b>Naomi Potjes</b>		DPC	1:06.13		<b>58.57</b>	PB
	rd	21	<b>Jasmijn Smit</b>		DPD	1:04.67		<b>1:03.52</b>	PB
		<b>Naomi Potjes</b>			<b>Jasmijn Smit</b>				
		100m	14.05	(14.05)	100m	15.12	(15.12)		
		500m	58.57	(44.52)	500m	1:03.52	(48.40)		

		Name		Cat		PB		Time	Info
24	yw	12	<b>Lauren Wolters</b>		DPD	1:04.53		<b>1:01.29</b>	PB
	bl	19	<b>Fabian Kruithof</b>		HPC	1:04.34		<b>1:00.13</b>	PB
		<b>Lauren Wolters</b>			<b>Fabian Kruithof</b>				
		100m	14.35	(14.35)	100m	14.79	(14.79)		
		500m	1:01.29	(46.94)	500m	1:00.13	(45.34)		

		Name		Cat		PB		Time	Info
25	wt	69	<b>Jill Krikken</b>		DPD	1:04.15		<b>58.17</b>	PB
	rd	39	<b>Alexander Warmink</b>		HPA	1:03.30		<b>1:02.14</b>	PB
		<b>Jill Krikken</b>			<b>Alexander Warmink</b>				
		100m	13.91	(13.91)	100m	14.25	(14.25)		
		500m	58.17	(44.26)	500m	1:02.14	(47.89)		

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		Name		Cat		PB	Time	Info
26	yw	3	<b>Olle Klunder</b>		HPE	58.52	<b>56.18</b>	PB
	bl	15	<b>Luuk Groothuis</b>		HPC	59.49	<b>55.77</b>	PB
		<b>Olle Klunder</b>			<b>Luuk Groothuis</b>			
		100m	13.52	(13.52)	100m	13.89	(13.89)	
		500m	56.18	(42.66)	500m	55.77	(41.88)	
<hr/>								
		Name		Cat		PB	Time	Info
27	wt	38	<b>Silke van den Bos</b>		DPA	57.31	<b>56.64</b>	PB
	rd	31	<b>Florine Zunnabeld</b>		DPC	56.24	<b>1:00.28</b>	
		<b>Silke van den Bos</b>			<b>Florine Zunnabeld</b>			
		100m	14.06	(14.06)	100m	14.65	(14.65)	
		500m	56.64	(42.58)	500m	1:00.28	(45.63)	
<hr/>								
		Name		Cat		PB	Time	Info
28	yw	24	<b>Danique Stout</b>		DPC	57.76	<b>1:00.66</b>	
	bl	36	<b>Yvonne van den Berg</b>		DPA	56.79	<b>58.19</b>	
		<b>Danique Stout</b>			<b>Yvonne van den Berg</b>			
		100m	14.31	(14.31)	100m	14.46	(14.46)	
		500m	1:00.66	(46.35)	500m	58.19	(43.73)	
<hr/>								
		Name		Cat		PB	Time	Info
29	wt	1	<b>Noor Klunder</b>		DPC	54.89	<b>55.50</b>	
	rd	23	<b>Melle ter Horst</b>		HPB	54.99	<b>53.56</b>	PB
		<b>Noor Klunder</b>			<b>Melle ter Horst</b>			
		100m	13.60	(13.60)	100m	13.49	(13.49)	
		500m	55.50	(41.90)	500m	53.56	(40.07)	
<hr/>								
		Name		Cat		PB	Time	Info
30	yw	4	<b>Roan Varenbrink</b>		HPC	55.68	<b>56.27</b>	
	bl	55	<b>Justin van Velde</b>		HPB	54.73	<b>53.68</b>	PB
		<b>Roan Varenbrink</b>			<b>Justin van Velde</b>			
		100m	13.69	(13.69)	100m	13.26	(13.26)	
		500m	56.27	(42.58)	500m	53.68	(40.42)	

Referee:

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		Name		Cat		PB		Time	Info
31	wt	25	<b>Isa van der Weerd</b>		DPB	53.09		<b>53.15</b>	
	rd	45	<b>Joëlle van Drimmelen</b>		DPC	53.62		<b>54.65</b>	
		<b>Isa van der Weerd</b>			<b>Joëlle van Drimmelen</b>				
		100m	13.84	(13.84)	100m	13.84	(13.84)		
		500m	53.15	(39.31)	500m	54.65	(40.81)		
<hr/>									
		Name		Cat		PB		Time	Info
32	yw	5	<b>Elin Varenbrink</b>		DPA	53.58		<b>55.44</b>	
	bl	59	<b>Bas Ellenbroek</b>		HPA	51.42		<b>53.19</b>	
		<b>Elin Varenbrink</b>			<b>Bas Ellenbroek</b>				
		100m	14.01	(14.01)	100m	13.34	(13.34)		
		500m	55.44	(41.43)	500m	53.19	(39.85)		
<hr/>									
		Name		Cat		PB		Time	Info
33	wt	17	<b>Caspian Alexander</b>		HPB	48.98		<b>50.82</b>	
	rd	6	<b>Just Klunder</b>		HPB	50.81		<b>51.98</b>	
		<b>Caspian Alexander</b>			<b>Just Klunder</b>				
		100m	12.66	(12.66)	100m	13.31	(13.31)		
		500m	50.82	(38.16)	500m	51.98	(38.67)		
<hr/>									
		Name		Cat		PB		Time	Info
34	yw	32	<b>Veerle Zunnabeld</b>		DPB	50.33		<b>51.34</b>	
	bl	62	<b>Herre Mak</b>		HPA	50.80		<b>50.38</b>	PB
		<b>Veerle Zunnabeld</b>			<b>Herre Mak</b>				
		100m	13.25	(13.25)	100m	13.28	(13.28)		
		500m	51.34	(38.09)	500m	50.38	(37.10)		
<hr/>									
		Name		Cat		PB		Time	Info
35	wt	16	<b>Noortje Kappers</b>		DPB	46.73		<b>48.30</b>	
	rd	20	<b>Lauren van den Brink</b>		DPC	48.52		<b>49.85</b>	
		<b>Noortje Kappers</b>			<b>Lauren van den Brink</b>				
		100m	12.74	(12.74)	100m	13.12	(13.12)		
		500m	48.30	(35.56)	500m	49.85	(36.73)		

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		Name	Cat	PB	Time	Info
36	yw bl	27 <b>Benthe Kamerling</b>	DPB	47.88	<b>49.92</b>	
		<b>Benthe Kamerling</b>				
		100m	12.82 (12.82)			m
		500m	49.92 (37.10)			

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## 3. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	50 Maud van Zeijst	DPF	37	I	18.48	
2	71 Fenne Nijenhuis	DPD	38	O	18.63	PB
3	48 Lynn Lohuis	DPF	38	I	18.74	

Referee:

Assistant:

Starter:

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## 3. Race Result 100 meter

	Name	Cat	PB	Time	Info
37	wt rd	50 Maud van Zeijst	DPF	17.34	<b>18.48</b>

Maud van Zeijst

100m 18.48 (18.48)

m

	Name	Cat	PB	Time	Info
38	yw	48 Lynn Lohuis	DPF	17.43	<b>18.74</b>
	bl	71 Fenne Nijenhuis	DPD	19.58	<b>18.63</b> PB

Lynn Lohuis

100m 18.74 (18.74)

Fenne Nijenhuis

100m 18.63 (18.63)

# pup F t/m A

Sport- en Recreatiecentrum de Scheg - Deventer

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## 4. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	76 Morgan DeFreese	DPC	55	O	<b>32.91</b>	
2	8 Sanna van der Velde	DPA	55	I	<b>33.78</b> PB	
3	2 Emma van der Velde	DPC	56	I	<b>34.30</b> PB	
4	73 Eva Mezzo	DPC	56	O	<b>36.06</b>	
5	74 Eline Tuitert	DPC	53	I	<b>36.40</b> PB	
6	14 Ties Groothuis	HPD	54	I	<b>36.62</b>	
7	46 Liam Makkinga	HPE	54	O	<b>36.77</b>	
8	29 Mika Wesselink	HPB	53	O	<b>36.91</b> PB	
9	52 Merle Markvoort	DPA	52	O	<b>37.36</b> PB	
10	13 Blom Ooijman	DPA	50	O	<b>37.64</b> PB	
11	54 Jesse van Velde	HPD	50	I	<b>37.67</b> PB	
12	70 Minke Nijenhuis	DPB	51	I	<b>37.73</b>	
13	67 Jildau ter Laak	DPD	49	I	<b>37.77</b> PB	
14	61 Elin Mak	DPE	52	I	<b>37.83</b> PB	
15	64 Britt Nijland	DPC	49	O	<b>38.29</b> PB	
16	68 Myrthe Cents	DPD	51	O	<b>38.48</b>	
17	56 Anne van Duinen	DPC	48	I	<b>38.63</b> PB	
18	43 Sanne Bruinsma	DPA	48	O	<b>39.29</b> PB	
19	33 Pien Evers	DPD	46	I	<b>40.04</b> PB	
20	53 Feline van de Brandhof	DPB	47	O	<b>40.11</b> PB	
21	34 Douwe Gildemacher	HPC	45	O	<b>40.28</b> PB	
22	63 Femke Lingmont	DPB	45	I	<b>40.41</b>	
23	60 Bastian Klomp	HPD	47	I	<b>40.44</b>	
24	51 Sylvan Markvoort	HPC	46	O	<b>41.49</b>	
25	26 Vayèn van der Weerd	DPE	43	I	<b>41.56</b> PB	
26	58 Julie Saunier	DPC	43	O	<b>41.88</b> PB	
27	65 Jill Isfordink	DPD	44	I	<b>42.50</b>	
28	49 Fajah Lugtenberg	DPE	42	I	<b>43.58</b> PB	
29	18 Silke Verwijs	DPC	44	O	<b>43.82</b>	
30	40 Thijmen Warmink	HPC	42	O	<b>44.27</b> PB	
31	35 Nick Peek	HPD	41	O	<b>44.72</b> PB	
32	75 Julian Tuitert	HPD	41	I	<b>46.22</b>	
33	37 Milou Ruijtenberg	DPE	40	I	<b>46.82</b>	
34	41 Ruben Warmink	HPE	40	O	<b>49.94</b>	
35	71 Fenne Nijenhuis	DPD	39	I	<b>53.89</b> PB	

Referee:

Assistant:

Starter:

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## 4. Race Result 300 meter

		Name	Cat	PB	Time Info
39	wt rd	71 <b>Fenne Nijenhuis</b>	DPD	57.58	<b>53.89</b> PB
		<b>Fenne Nijenhuis</b>			
		300m	53.89 (53.89)	m	

		Name	Cat	PB	Time Info
40	yw bl	37 <b>Milou Ruijtenberg</b>	DPE	46.25	<b>46.82</b>
		41 <b>Ruben Warmink</b>	HPE	48.27	<b>49.94</b>
		<b>Milou Ruijtenberg</b>		<b>Ruben Warmink</b>	
		300m	46.82 (46.82)	300m	49.94 (49.94)

		Name	Cat	PB	Time Info
41	wt rd	75 <b>Julian Tuitert</b>	HPD	46.17	<b>46.22</b>
		35 <b>Nick Peek</b>	HPD	45.46	<b>44.72</b> PB
		<b>Julian Tuitert</b>		<b>Nick Peek</b>	
		300m	46.22 (46.22)	300m	44.72 (44.72)

		Name	Cat	PB	Time Info
42	yw bl	49 <b>Fajah Lugtenberg</b>	DPE	44.34	<b>43.58</b> PB
		40 <b>Thijmen Warmink</b>	HPC	45.10	<b>44.27</b> PB
		<b>Fajah Lugtenberg</b>		<b>Thijmen Warmink</b>	
		300m	43.58 (43.58)	300m	44.27 (44.27)

		Name	Cat	PB	Time Info
43	wt rd	26 <b>Vayèn van der Weerd</b>	DPE	42.58	<b>41.56</b> PB
		58 <b>Julie Saunier</b>	DPC	42.11	<b>41.88</b> PB
		<b>Vayèn van der Weerd</b>		<b>Julie Saunier</b>	
		300m	41.56 (41.56)	300m	41.88 (41.88)

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Starter:

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		Name	Cat	PB	Time	Info
44	yw	65 <b>Jill Isfordink</b>	DPD	42.11	<b>42.50</b>	
	bl	18 <b>Silke Verwijs</b>	DPC	43.02	<b>43.82</b>	
		<u>Jill Isfordink</u>		<u>Silke Verwijs</u>		
		300m 42.50 (42.50)		300m 43.82 (43.82)		
<hr/>						
		Name	Cat	PB	Time	Info
45	wt	63 <b>Femke Lingmont</b>	DPB	40.19	<b>40.41</b>	
	rd	34 <b>Douwe Gildemacher</b>	HPC	40.67	<b>40.28</b>	PB
		<u>Femke Lingmont</u>		<u>Douwe Gildemacher</u>		
		300m 40.41 (40.41)		300m 40.28 (40.28)		
<hr/>						
		Name	Cat	PB	Time	Info
46	yw	33 <b>Pien Evers</b>	DPD	40.55	<b>40.04</b>	PB
	bl	51 <b>Sylvan Markvoort</b>	HPC	40.60	<b>41.49</b>	
		<u>Pien Evers</u>		<u>Sylvan Markvoort</u>		
		300m 40.04 (40.04)		300m 41.49 (41.49)		
<hr/>						
		Name	Cat	PB	Time	Info
47	wt	60 <b>Bastian Klomp</b>	HPD	39.87	<b>40.44</b>	
	rd	53 <b>Feline van de Brandhof</b>	DPB	40.17	<b>40.11</b>	PB
		<u>Bastian Klomp</u>		<u>Feline van de Brandhof</u>		
		300m 40.44 (40.44)		300m 40.11 (40.11)		
<hr/>						
		Name	Cat	PB	Time	Info
48	yw	56 <b>Anne van Duinen</b>	DPC	40.05	<b>38.63</b>	PB
	bl	43 <b>Sanne Bruinsma</b>	DPA	39.82	<b>39.29</b>	PB
		<u>Anne van Duinen</u>		<u>Sanne Bruinsma</u>		
		300m 38.63 (38.63)		300m 39.29 (39.29)		
<hr/>						
		Name	Cat	PB	Time	Info
49	wt	67 <b>Jildau ter Laak</b>	DPD	39.23	<b>37.77</b>	PB
	rd	64 <b>Britt Nijland</b>	DPC	38.59	<b>38.29</b>	PB
		<u>Jildau ter Laak</u>		<u>Britt Nijland</u>		
		300m 37.77 (37.77)		300m 38.29 (38.29)		

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		Name	Cat	PB	Time	Info
50	yw	54 <b>Jesse van Velde</b>	HPD	38.16	<b>37.67</b>	PB
	bl	13 <b>Blom Ooijman</b>	DPA	38.52	<b>37.64</b>	PB
		<u>Jesse van Velde</u>			<u>Blom Ooijman</u>	
		300m 37.67 (37.67)		300m 37.64 (37.64)		
<hr/>						
		Name	Cat	PB	Time	Info
51	wt	70 <b>Minke Nijenhuis</b>	DPB	37.33	<b>37.73</b>	
	rd	68 <b>Myrthe Cents</b>	DPD	37.70	<b>38.48</b>	
		<u>Minke Nijenhuis</u>			<u>Myrthe Cents</u>	
		300m 37.73 (37.73)		300m 38.48 (38.48)		
<hr/>						
		Name	Cat	PB	Time	Info
52	yw	61 <b>Elin Mak</b>	DPE	38.00	<b>37.83</b>	PB
	bl	52 <b>Merle Markvoort</b>	DPA	37.53	<b>37.36</b>	PB
		<u>Elin Mak</u>			<u>Merle Markvoort</u>	
		300m 37.83 (37.83)		300m 37.36 (37.36)		
<hr/>						
		Name	Cat	PB	Time	Info
53	wt	74 <b>Eline Tuitert</b>	DPC	36.85	<b>36.40</b>	PB
	rd	29 <b>Mika Wesselink</b>	HPB	37.29	<b>36.91</b>	PB
		<u>Eline Tuitert</u>			<u>Mika Wesselink</u>	
		300m 36.40 (36.40)		300m 36.91 (36.91)		
<hr/>						
		Name	Cat	PB	Time	Info
54	yw	14 <b>Ties Groothuis</b>	HPD	35.66	<b>36.62</b>	
	bl	46 <b>Liam Makkinga</b>	HPE	36.68	<b>36.77</b>	
		<u>Ties Groothuis</u>			<u>Liam Makkinga</u>	
		300m 36.62 (36.62)		300m 36.77 (36.77)		
<hr/>						
		Name	Cat	PB	Time	Info
55	wt	8 <b>Sanna van der Velde</b>	DPA	34.55	<b>33.78</b>	PB
	rd	76 <b>Morgan DeFreese</b>	DPC	31.89	<b>32.91</b>	
		<u>Sanna van der Velde</u>			<u>Morgan DeFreese</u>	
		300m 33.78 (33.78)		300m 32.91 (32.91)		



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		Name	Cat	PB	Time	Info
56	yw	2 <b>Emma van der Velde</b>	DPC	35.40	<b>34.30</b>	PB
	bl	73 <b>Eva Mezzo</b>	DPC	35.06	<b>36.06</b>	
		<b>Emma van der Velde</b>		<b>Eva Mezzo</b>		
		300m	34.30 (34.30)	300m	36.06 (36.06)	

Referee:

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Sport- en Recreatiecentrum de Scheg - Deventer

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## 5. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	59 Bas Ellenbroek	HPA	64	I	32.54		
2	45 Joëlle van Drimmelen	DPC	65	I	34.12		
3	69 Jill Krikken	DPD	63	I	34.83	PB	
4	38 Silke van den Bos	DPA	62	I	34.92	PB	
5	4 Roan Varenbrink	HPC	64	O	35.15		
6	5 Elin Varenbrink	DPA	65	O	35.22		
7	15 Luuk Groothuis	HPC	63	O	35.33		
8	3 Olle Klunder	HPE	62	O	35.53		
9	24 Danique Stout	DPC	60	I	35.89	PB	
10	44 Naomi Potjes	DPC	60	O	36.11	PB	
11	30 Dione Groot Jebbink	DPB	61	I	36.33		
12	12 Lauren Wolters	DPD	59	I	36.48	PB	
13	19 Fabian Kruithof	HPC	59	O	37.35	PB	
14	39 Alexander Warmink	HPA	58	I	37.72		
15	66 Fedde ter Laak	HPE	61	O	37.95		
16	21 Jasmijn Smit	DPD	58	O	39.38		
17	50 Maud van Zeijst	DPF	57	I	49.95		
18	48 Lynn Lohuis	DPF	57	O	50.03		

Referee:

Assistant:

Starter:

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## 5. Race Result 300 meter

		Name	Cat	PB	Time	Info
57	wt	50 Maud van Zeijst	DPF	47.60	<b>49.95</b>	
	rd	48 Lynn Lohuis	DPF	47.59	<b>50.03</b>	
		Maud van Zeijst	Lynn Lohuis			
		300m 49.95 (49.95)	300m 50.03 (50.03)			

		Name	Cat	PB	Time	Info
58	yw	39 Alexander Warmink	HPA	37.21	<b>37.72</b>	
	bl	21 Jasmijn Smit	DPD	37.32	<b>39.38</b>	
		Alexander Warmink	Jasmijn Smit			
		300m 37.72 (37.72)	300m 39.38 (39.38)			

		Name	Cat	PB	Time	Info
59	wt	12 Lauren Wolters	DPD	37.65	<b>36.48</b>	PB
	rd	19 Fabian Kruithof	HPC	37.64	<b>37.35</b>	PB
		Lauren Wolters	Fabian Kruithof			
		300m 36.48 (36.48)	300m 37.35 (37.35)			

		Name	Cat	PB	Time	Info
60	yw	24 Danique Stout	DPC	36.14	<b>35.89</b>	PB
	bl	44 Naomi Potjes	DPC	37.01	<b>36.11</b>	PB
		Danique Stout	Naomi Potjes			
		300m 35.89 (35.89)	300m 36.11 (36.11)			

		Name	Cat	PB	Time	Info
61	wt	30 Dione Groot Jebbink	DPB	36.16	<b>36.33</b>	
	rd	66 Fedde ter Laak	HPE	37.18	<b>37.95</b>	
		Dione Groot Jebbink	Fedde ter Laak			
		300m 36.33 (36.33)	300m 37.95 (37.95)			

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		Name		Cat		PB		Time	Info
62	yw	38	<b>Silke van den Bos</b>		DPA		35.67	<b>34.92</b>	PB
	bl	3	<b>Olle Klunder</b>		HPE		35.49	<b>35.53</b>	
		<u>Silke van den Bos</u>			<u>Olle Klunder</u>				
		300m	34.92	(34.92)	300m	35.53	(35.53)		

		Name		Cat		PB		Time	Info
63	wt	69	<b>Jill Krikken</b>		DPD		34.84	<b>34.83</b>	PB
	rd	15	<b>Luuk Groothuis</b>		HPC		34.48	<b>35.33</b>	
		<u>Jill Krikken</u>			<u>Luuk Groothuis</u>				
		300m	34.83	(34.83)	300m	35.33	(35.33)		

		Name		Cat		PB		Time	Info
64	yw	59	<b>Bas Ellenbroek</b>		HPA		31.65	<b>32.54</b>	
	bl	4	<b>Roan Varenbrink</b>		HPC		33.97	<b>35.15</b>	
		<u>Bas Ellenbroek</u>			<u>Roan Varenbrink</u>				
		300m	32.54	(32.54)	300m	35.15	(35.15)		

		Name		Cat		PB		Time	Info
65	wt	45	<b>Joëlle van Drimmelen</b>		DPC		34.10	<b>34.12</b>	
	rd	5	<b>Elin Varenbrink</b>		DPA		33.51	<b>35.22</b>	
		<u>Joëlle van Drimmelen</u>			<u>Elin Varenbrink</u>				
		300m	34.12	(34.12)	300m	35.22	(35.22)		

# pup F t/m A

Sport- en Recreatiecentrum de Scheg - Deventer

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## 6. Result 700 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	16 Noortje Kappers	DPB	74	O	1:05.68	PB	
2	20 Lauren van den Brink	DPC	73	I	1:07.69	PB	
3	27 Benthe Kamerling	DPB	74	I	1:08.24	PB	
4	32 Veerle Zunnabeld	DPB	71	O	1:10.99	PB	
5	62 Herre Mak	HPA	72	O	1:11.04	PB	
6	6 Just Klunder	HPB	72	I	1:12.79	PB	
7	25 Isa van der Weerd	DPB	70	I	1:13.47	PB	
8	17 Caspian Alexander	HPB	71	I	1:13.97		
9	23 Melle ter Horst	HPB	69	O	1:15.48	PB	
10	55 Justin van Velde	HPB	69	I	1:15.89	PB	
11	1 Noor Klunder	DPC	70	O	1:17.83		
12	36 Yvonne van den Berg	DPA	67	I	1:22.31	PB	
13	31 Florine Zunnabeld	DPC	67	O	1:23.85		

Referee:

Assistant:

Starter:

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## 6. Race Result 700 meter

		Name	Cat	PB	Time	Info
67	wt	36 <b>Yvonne van den Berg</b>	DPA	1:29.04	<b>1:22.31</b>	PB
	rd	31 <b>Florine Zunnabeld</b>	DPC	1:21.72	<b>1:23.85</b>	
		<u>Yvonne van den Berg</u>		<u>Florine Zunnabeld</u>		
		300m 36.52 (36.52)		300m 36.89 (36.89)		
		700m 1:22.31 (45.79)		700m 1:23.85 (46.96)		

		Name	Cat	PB	Time	Info
68	yw					
	bl					
		<u>m</u>		<u>m</u>		

		Name	Cat	PB	Time	Info
69	wt	55 <b>Justin van Velde</b>	HPB	1:17.06	<b>1:15.89</b>	PB
	rd	23 <b>Melle ter Horst</b>	HPB	1:19.77	<b>1:15.48</b>	PB
		<u>Justin van Velde</u>		<u>Melle ter Horst</u>		
		300m 33.53 (33.53)		300m 34.42 (34.42)		
		700m 1:15.89 (42.36)		700m 1:15.48 (41.06)		

		Name	Cat	PB	Time	Info
70	yw	25 <b>Isa van der Weerd</b>	DPB	1:15.54	<b>1:13.47</b>	PB
	bl	1 <b>Noor Klunder</b>	DPC	1:16.95	<b>1:17.83</b>	
		<u>Isa van der Weerd</u>		<u>Noor Klunder</u>		
		300m 33.26 (33.26)		300m 34.65 (34.65)		
		700m 1:13.47 (40.21)		700m 1:17.83 (43.18)		

		Name	Cat	PB	Time	Info
71	wt	17 <b>Caspian Alexander</b>	HPB	1:11.16	<b>1:13.97</b>	
	rd	32 <b>Veerle Zunnabeld</b>	DPB	1:11.63	<b>1:10.99</b>	PB
		<u>Caspian Alexander</u>		<u>Veerle Zunnabeld</u>		
		300m 32.29 (32.29)		300m 32.74 (32.74)		
		700m 1:13.97 (41.68)		700m 1:10.99 (38.25)		

# pup F t/m A

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
72	yw	6	<b>Just Klunder</b>		HPB		1:14.67	<b>1:12.79</b>	PB
	bl	62	<b>Herre Mak</b>		HPA		1:12.99	<b>1:11.04</b>	PB
		<b>Just Klunder</b>			<b>Herre Mak</b>				
		300m	33.03	(33.03)	300m	33.01	(33.01)		
		700m	1:12.79	(39.76)	700m	1:11.04	(38.03)		

		Name		Cat		PB		Time	Info
73	wt	20	<b>Lauren van den Brink</b>		DPC		1:10.69	<b>1:07.69</b>	PB
	rd								
		<b>Lauren van den Brink</b>							
		300m	31.34	(31.34)	m				
		700m	1:07.69	(36.35)					

		Name		Cat		PB		Time	Info
74	yw	27	<b>Benthe Kamerling</b>		DPB		1:09.01	<b>1:08.24</b>	PB
	bl	16	<b>Noortje Kappers</b>		DPB		1:06.29	<b>1:05.68</b>	PB
		<b>Benthe Kamerling</b>			<b>Noortje Kappers</b>				
		300m	30.70	(30.70)	300m	30.54	(30.54)		
		700m	1:08.24	(37.54)	700m	1:05.68	(35.14)		

Referee:

Assistant:

Starter:

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Sport- en Recreatiecentrum de Scheg - Deventer

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## 7. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	76 Morgan DeFreese	DPC	91	I	32.50		
2	8 Sanna van der Velde	DPA	91	O	34.54		
3	2 Emma van der Velde	DPC	92	O	35.02		
4	46 Liam Makkinga	HPE	90	I	36.30	PB	
5	74 Eline Tuitert	DPC	89	O	36.46		
6	73 Eva Mezzo	DPC	92	I	36.56		
7	13 Blom Ooijman	DPA	86	I	36.64	PB	
8	29 Mika Wesselink	HPB	89	I	36.89	PB	
9	52 Merle Markvoort	DPA	88	I	37.33	PB	
10	54 Jesse van Velde	HPD	86	O	37.42	PB	
11	61 Elin Mak	DPE	88	O	37.52	PB	
12	64 Britt Nijland	DPC	85	I	37.73	PB	
13	70 Minke Nijenhuis	DPB	87	O	37.94		
14	68 Myrthe Cents	DPD	87	I	38.15		
15	67 Jildau ter Laak	DPD	85	O	38.36		
16	43 Sanne Bruinsma	DPA	84	I	38.79	PB	
17	60 Bastian Klomp	HPD	83	O	39.64	PB	
18	56 Anne van Duinen	DPC	84	O	39.79		
19	53 Feline van de Brandhof	DPB	83	I	39.90	PB	
20	33 Pien Evers	DPD	82	O	40.45		
21	34 Douwe Gildemacher	HPC	81	I	40.59		
22	63 Femke Lingmont	DPB	81	O	41.88		
23	65 Jill Isfordink	DPD	80	O	42.32		
24	26 Vayèn van der Weerd	DPE	79	O	42.95		
25	40 Thijmen Warmink	HPC	78	I	43.15	PB	
26	58 Julie Saunier	DPC	79	I	43.18		
27	51 Sylvan Markvoort	HPC	82	I	43.67		
28	35 Nick Peek	HPD	77	I	43.72	PB	
29	49 Fajah Lugtenberg	DPE	78	O	43.77		
30	18 Silke Verwijs	DPC	80	I	44.10		
31	75 Julian Tuitert	HPD	77	O	47.37		
32	37 Milou Ruijtenberg	DPE	76	O	47.54		
33	41 Ruben Warmink	HPE	76	I	51.45		
	14 Ties Groothuis	HPD			WDR		

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## 7. Race Result 300 meter

	Name	Cat	PB	Time	Info
75	wt rd				
	m	m			

	Name	Cat	PB	Time	Info
76	yw bl	41 <b>Ruben Warmink</b> 37 <b>Milou Ruijtenberg</b>	HPE DPE	48.27 46.25	<b>51.45</b> <b>47.54</b>
	<u>    Ruben Warmink    </u>	<u>    Milou Ruijtenberg    </u>			
	300m	51.45 (51.45)	300m	47.54 (47.54)	

	Name	Cat	PB	Time	Info
77	wt rd	35 <b>Nick Peek</b> 75 <b>Julian Tuitert</b>	HPD HPD	45.46 46.17	<b>43.72</b> PB <b>47.37</b>
	<u>    Nick Peek    </u>	<u>    Julian Tuitert    </u>			
	300m	43.72 (43.72)	300m	47.37 (47.37)	

	Name	Cat	PB	Time	Info
78	yw bl	40 <b>Thijmen Warmink</b> 49 <b>Fajah Lugtenberg</b>	HPC DPE	45.10 44.34	<b>43.15</b> PB <b>43.77</b>
	<u>    Thijmen Warmink    </u>	<u>    Fajah Lugtenberg    </u>			
	300m	43.15 (43.15)	300m	43.77 (43.77)	

	Name	Cat	PB	Time	Info
79	wt rd	58 <b>Julie Saunier</b> 26 <b>Vayèn van der Weerd</b>	DPC DPE	42.11 42.58	<b>43.18</b> <b>42.95</b>
	<u>    Julie Saunier    </u>	<u>    Vayèn van der Weerd    </u>			
	300m	43.18 (43.18)	300m	42.95 (42.95)	

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		Name	Cat	PB	Time	Info
80	yw	18 <b>Silke Verwijs</b>	DPC	43.02	<b>44.10</b>	
	bl	65 <b>Jill Isfordink</b>	DPD	42.11	<b>42.32</b>	
		<u>Silke Verwijs</u>		<u>Jill Isfordink</u>		
		300m 44.10 (44.10)		300m 42.32 (42.32)		
<hr/>						
		Name	Cat	PB	Time	Info
81	wt	34 <b>Douwe Gildemacher</b>	HPC	40.67	<b>40.59</b>	
	rd	63 <b>Femke Lingmont</b>	DPB	40.19	<b>41.88</b>	
		<u>Douwe Gildemacher</u>		<u>Femke Lingmont</u>		
		300m 40.59 (40.59)		300m 41.88 (41.88)		
<hr/>						
		Name	Cat	PB	Time	Info
82	yw	51 <b>Sylvan Markvoort</b>	HPC	40.60	<b>43.67</b>	
	bl	33 <b>Pien Evers</b>	DPD	40.55	<b>40.45</b>	
		<u>Sylvan Markvoort</u>		<u>Pien Evers</u>		
		300m 43.67 (43.67)		300m 40.45 (40.45)		
<hr/>						
		Name	Cat	PB	Time	Info
83	wt	53 <b>Feline van de Brandhof</b>	DPB	40.17	<b>39.90</b>	PB
	rd	60 <b>Bastian Klomp</b>	HPD	39.87	<b>39.64</b>	PB
		<u>Feline van de Brandhof</u>		<u>Bastian Klomp</u>		
		300m 39.90 (39.90)		300m 39.64 (39.64)		
<hr/>						
		Name	Cat	PB	Time	Info
84	yw	43 <b>Sanne Bruinsma</b>	DPA	39.82	<b>38.79</b>	PB
	bl	56 <b>Anne van Duinen</b>	DPC	40.05	<b>39.79</b>	
		<u>Sanne Bruinsma</u>		<u>Anne van Duinen</u>		
		300m 38.79 (38.79)		300m 39.79 (39.79)		
<hr/>						
		Name	Cat	PB	Time	Info
85	wt	64 <b>Britt Nijland</b>	DPC	38.59	<b>37.73</b>	PB
	rd	67 <b>Jildau ter Laak</b>	DPD	39.23	<b>38.36</b>	
		<u>Britt Nijland</u>		<u>Jildau ter Laak</u>		
		300m 37.73 (37.73)		300m 38.36 (38.36)		

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		Name	Cat	PB	Time	Info
86	yw	13 <b>Blom Ooijman</b>	DPA	38.52	<b>36.64</b>	PB
	bl	54 <b>Jesse van Velde</b>	HPD	38.16	<b>37.42</b>	PB
		<u>Blom Ooijman</u>		<u>Jesse van Velde</u>		
		300m 36.64 (36.64)		300m 37.42 (37.42)		
<hr/>						
		Name	Cat	PB	Time	Info
87	wt	68 <b>Myrthe Cents</b>	DPD	37.70	<b>38.15</b>	
	rd	70 <b>Minke Nijenhuis</b>	DPB	37.33	<b>37.94</b>	
		<u>Myrthe Cents</u>		<u>Minke Nijenhuis</u>		
		300m 38.15 (38.15)		300m 37.94 (37.94)		
<hr/>						
		Name	Cat	PB	Time	Info
88	yw	52 <b>Merle Markvoort</b>	DPA	37.53	<b>37.33</b>	PB
	bl	61 <b>Elin Mak</b>	DPE	38.00	<b>37.52</b>	PB
		<u>Merle Markvoort</u>		<u>Elin Mak</u>		
		300m 37.33 (37.33)		300m 37.52 (37.52)		
<hr/>						
		Name	Cat	PB	Time	Info
89	wt	29 <b>Mika Wesselink</b>	HPB	37.29	<b>36.89</b>	PB
	rd	74 <b>Eline Tuitert</b>	DPC	36.85	<b>36.46</b>	
		<u>Mika Wesselink</u>		<u>Eline Tuitert</u>		
		300m 36.89 (36.89)		300m 36.46 (36.46)		
<hr/>						
		Name	Cat	PB	Time	Info
90	yw	46 <b>Liam Makkinga</b>	HPE	36.68	<b>36.30</b>	PB
	bl	14 <b>Ties Groothuis</b>	HPD	35.66	<b>WDR</b>	
		<u>Liam Makkinga</u>		<u>Ties Groothuis</u>		
		300m 36.30 (36.30)				
<hr/>						
		Name	Cat	PB	Time	Info
91	wt	76 <b>Morgan DeFreese</b>	DPC	31.89	<b>32.50</b>	
	rd	8 <b>Sanna van der Velde</b>	DPA	34.55	<b>34.54</b>	
		<u>Morgan DeFreese</u>		<u>Sanna van der Velde</u>		
		300m 32.50 (32.50)		300m 34.54 (34.54)		

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		Name	Cat	PB	Time	Info
92	yw	73 <b>Eva Mezzo</b>	DPC	35.06	<b>36.56</b>	
	bl	2 <b>Emma van der Velde</b>	DPC	35.40	<b>35.02</b>	
		<u>Eva Mezzo</u>				
		300m	36.56 (36.56)			
		<u>Emma van der Velde</u>				
		300m	35.02 (35.02)			

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