

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

1. Uitslag 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------------|-----|------|------|-------|------|--------|
| 1 | 15 Janno Botman | HN4 | 21 | O | 35.00 | | |
| 2 | 13 Sebas Diniz | HN2 | 22 | O | 35.68 | | |
| | 20 Thomas Geerdinck | HSA | 21 | I | 35.68 | | |
| 4 | 66 Pim Stuij | HN1 | 22 | I | 36.13 | PR | |
| 5 | 35 Thomas de Lange | HN1 | 18 | O | 36.94 | PR | |
| 6 | 50 Tom Egbertsen | HA2 | 20 | O | 37.08 | | |
| 7 | 25 Swen Halferkamps | HA1 | 17 | I | 37.47 | PR | |
| 8 | 22 Bryant Boogert | HA1 | 17 | O | 37.81 | | |
| 9 | 56 Mats Bendijk | HB2 | 15 | O | 37.85 | | |
| 10 | 65 Jelle Rieff | HN1 | 19 | I | 37.87 | | |
| 11 | 14 Femke Kok | DN3 | 20 | I | 37.91 | | |
| 12 | 69 Yoeri van Bostelen | HA1 | 15 | I | 38.01 | | |
| 13 | 26 Thom Rooijackers | HA2 | 16 | O | 38.05 | | |
| 14 | 38 Björn Kitselaar | HA1 | 13 | I | 38.23 | PR | |
| 15 | 39 Jort de Gans | HA1 | 13 | O | 38.33 | PR | |
| 16 | 58 Mika Kolder | HB2 | 10 | I | 38.68 | PR | |
| 17 | 42 Pelle Bolsius | HB1 | 23 | O | 39.17 | | |
| 18 | 63 Tom Nijdam | HA2 | 23 | I | 39.45 | | |
| 19 | 44 Pien Hersman | DA2 | 6 | O | 39.52 | | |
| 20 | 45 Sylke Kas | DN2 | 9 | I | 39.65 | | |
| 21 | 18 Colin James Duivenvoorden | HN1 | 14 | O | 40.27 | | |
| 22 | 78 Bram ten Berge | HB2 | 7 | O | 40.35 | PR | |
| 23 | 27 Teun van der Linden | HA1 | 7 | I | 40.51 | PR | |
| 24 | 67 Jillian Knook | DA1 | 4 | I | 40.79 | PR | |
| 25 | 83 Eise van Schijndel | HB2 | 1 | O | 40.95 | | |
| 26 | 77 Ibe Hoedeman | HB2 | 8 | I | 41.08 | | |
| 27 | 68 Patricia Koot | DA1 | 5 | O | 41.24 | PR | |
| 28 | 33 Sanne Oosterwijk | DA1 | 5 | I | 41.56 | PR | |
| 29 | 43 Sterre van Schaik | DA1 | 4 | O | 41.87 | | |
| 30 | 88 Isa Leroy | DB2 | 8 | O | 42.23 | PR | |
| 31 | 30 Vera van Ditshuizen | DN1 | 2 | I | 43.21 | | |
| 32 | 87 Lauren Teunissen | DA2 | 3 | I | 44.52 | | |
| 33 | 86 Quinty van Klink | DN3 | 3 | O | 44.88 | | |
| 34 | 76 Bo Mengerink | DA1 | 2 | O | 45.70 | | |
| 35 | 84 Sara van Leeuwen | DB2 | 1 | I | 46.32 | | |
| | 40 Niels van Reeuwijk | HA1 | 11 | I | DNF | | |
| | 55 Jildou Schaaf | DA2 | 6 | I | DNS | | |
| | 54 Jildou Hoekstra | DA2 | 9 | O | DNS | | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| Pos | Naam | Cat | Paar | Baan | Tijd Info | Punten |
|-----|---------------------------|-----|------|------|------------|--------|
| 24 | Geert Frijters | HA2 | 10 | O | DNS | |
| 61 | Sille Hut | HA1 | 12 | O | DNS | |
| 21 | Naomi Verkerk | DN4 | 14 | I | DNS | |
| 10 | Zeno de Ponti | HN2 | 16 | I | DNS | |
| 52 | Gijs Kamp | HA2 | 18 | I | DNS | |
| 59 | Rinze-Bart de Glee | HA2 | 19 | O | DNS | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

1. Rituitslag 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-------------------------|---------------------------|---------|---------------------------|-------|---------|--------------|
| 1 | wt | 84 | Sara van Leeuwen | | DB2 | | 45.69 | 46.32 |
| | rd | 83 | Eise van Schijndel | | HB2 | | 40.04 | 40.95 |
| | | Sara van Leeuwen | | | Eise van Schijndel | | | |
| | | 100m | 12.34 | (12.34) | 100m | 11.43 | (11.43) | |
| | | 500m | 46.32 | (33.98) | 500m | 40.95 | (29.52) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|----------------------------|----------------------------|---------|---------------------|-------|---------|--------------|
| 2 | gl | 30 | Vera van Ditshuizen | | DN1 | | 42.15 | 43.21 |
| | bl | 76 | Bo Mengerink | | DA1 | | 43.95 | 45.70 |
| | | Vera van Ditshuizen | | | Bo Mengerink | | | |
| | | 100m | 11.94 | (11.94) | 100m | 12.26 | (12.26) | |
| | | 500m | 43.21 | (31.27) | 500m | 45.70 | (33.44) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-------------------------|-------------------------|---------|-------------------------|-------|---------|--------------|
| 3 | wt | 87 | Lauren Teunissen | | DA2 | | 44.13 | 44.52 |
| | rd | 86 | Quinty van Klink | | DN3 | | 44.81 | 44.88 |
| | | Lauren Teunissen | | | Quinty van Klink | | | |
| | | 100m | 12.33 | (12.33) | 100m | 12.53 | (12.53) | |
| | | 500m | 44.52 | (32.19) | 500m | 44.88 | (32.35) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|----------------------|--------------------------|---------|--------------------------|-------|---------|-----------------|
| 4 | gl | 67 | Jillian Knook | | DA1 | | 41.03 | 40.79 PR |
| | bl | 43 | Sterre van Schaik | | DA1 | | 41.55 | 41.87 |
| | | Jillian Knook | | | Sterre van Schaik | | | |
| | | 100m | 11.32 | (11.32) | 100m | 11.42 | (11.42) | |
| | | 500m | 40.79 | (29.47) | 500m | 41.87 | (30.45) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-------------------------|-------------------------|---------|----------------------|-------|---------|-----------------|
| 5 | wt | 33 | Sanne Oosterwijk | | DA1 | | 42.01 | 41.56 PR |
| | rd | 68 | Patricia Koot | | DA1 | | 41.40 | 41.24 PR |
| | | Sanne Oosterwijk | | | Patricia Koot | | | |
| | | 100m | 11.50 | (11.50) | 100m | 11.59 | (11.59) | |
| | | 500m | 41.56 | (30.06) | 500m | 41.24 | (29.65) | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| | | Naam | | Cat | | PR | Tijd | Info |
|-------|----|----------------------------|----------------------------|-----|------------------------|-------|-------|-----------------|
| 6 | gl | 55 | Jildou Schaaf | | DA2 | 40.70 | | DNS |
| | bl | 44 | Pien Hersman | | DA2 | 39.44 | | 39.52 |
| | | <u>Jildou Schaaf</u> | | | <u>Pien Hersman</u> | | | |
| | | | | | | 100m | 10.95 | (10.95) |
| | | | | | | 500m | 39.52 | (28.57) |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 7 | wt | 27 | Teun van der Linden | | HA1 | 40.68 | | 40.51 PR |
| | rd | 78 | Bram ten Berge | | HB2 | 40.57 | | 40.35 PR |
| | | <u>Teun van der Linden</u> | | | <u>Bram ten Berge</u> | | | |
| | | | | | | 100m | 11.24 | (11.24) |
| | | | | | | 500m | 40.51 | (29.27) |
| | | | | | | 100m | 10.99 | (10.99) |
| | | | | | | 500m | 40.35 | (29.36) |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 8 | gl | 77 | Ibe Hoedeman | | HB2 | 40.67 | | 41.08 |
| | bl | 88 | Isa Leroy | | DB2 | 42.77 | | 42.23 PR |
| | | <u>Ibe Hoedeman</u> | | | <u>Isa Leroy</u> | | | |
| | | | | | | 100m | 11.06 | (11.06) |
| | | | | | | 500m | 41.08 | (30.02) |
| | | | | | | 100m | 11.61 | (11.61) |
| | | | | | | 500m | 42.23 | (30.62) |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 9 | wt | 45 | Sylke Kas | | DN2 | 39.49 | | 39.65 |
| | rd | 54 | Jildou Hoekstra | | DA2 | 38.79 | | DNS |
| | | <u>Sylke Kas</u> | | | <u>Jildou Hoekstra</u> | | | |
| | | | | | | 100m | 11.00 | (11.00) |
| | | | | | | 500m | 39.65 | (28.65) |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 10 | gl | 58 | Mika Kolder | | HB2 | 39.10 | | 38.68 PR |
| | bl | 24 | Geert Frijters | | HA2 | 38.79 | | DNS |
| | | <u>Mika Kolder</u> | | | <u>Geert Frijters</u> | | | |
| | | | | | | 100m | 11.03 | (11.03) |
| | | | | | | 500m | 38.68 | (27.65) |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| | | Naam | Cat | PR | Tijd | Info |
|-------|----|-------------------------------------|---------------|----------------------------------|---------------|-----------------|
| 11 | wt | 40 Niels van Reeuwijk | HA1 | 39.07 | | DNF |
| | rd | | | | | |
| | | Niels van Reeuwijk | | | | |
| | | 100m | 10.91 (10.91) | | m | |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 12 | gl | 61 Sille Hut | HA1 | 38.13 | | DNS |
| | bl | | | | | |
| | | Sille Hut | | | | |
| | | m | | | | |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 13 | wt | 38 Björn Kitselaar | HA1 | 38.37 | | 38.23 PR |
| | rd | 39 Jort de Gans | HA1 | 38.56 | | 38.33 PR |
| | | Björn Kitselaar | | Jort de Gans | | |
| | | 100m | 10.47 (10.47) | 100m | 10.75 (10.75) | |
| | | 500m | 38.23 (27.76) | 500m | 38.33 (27.58) | |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 14 | gl | 21 Naomi Verkerk | DN4 | 38.25 | | DNS |
| | bl | 18 Colin James Duivenvoorden | HN1 | 38.15 | | 40.27 |
| | | Naomi Verkerk | | Colin James Duivenvoorden | | |
| | | 100m | | 11.82 (11.82) | | |
| | | 500m | | 40.27 (28.45) | | |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 15 | wt | 69 Yoeri van Bostelen | HA1 | 37.90 | | 38.01 |
| | rd | 56 Mats Bendijk | HB2 | 37.68 | | 37.85 |
| | | Yoeri van Bostelen | | Mats Bendijk | | |
| | | 100m | 10.70 (10.70) | 100m | 10.81 (10.81) | |
| | | 500m | 38.01 (27.31) | 500m | 37.85 (27.04) | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------------|-------|---------|---------------------------|-----------------|
| 16 | gl | 10 Zeno de Ponti | HN2 | 37.66 | | DNS |
| | bl | 26 Thom Rooijackers | HA2 | 37.67 | | 38.05 |
| | | <u>Zeno de Ponti</u> | | | <u>Thom Rooijackers</u> | |
| | | | | 100m | 10.61 | (10.61) |
| | | | | 500m | 38.05 | (27.44) |
| | | Naam | Cat | PR | Tijd | Info |
| 17 | wt | 25 Swen Halferkamps | HA1 | 37.48 | | 37.47 PR |
| | rd | 22 Bryant Boogert | HA1 | 37.55 | | 37.81 |
| | | <u>Swen Halferkamps</u> | | | <u>Bryant Boogert</u> | |
| | | 100m | 10.45 | (10.45) | 100m | 10.62 (10.62) |
| | | 500m | 37.47 | (27.02) | 500m | 37.81 (27.19) |
| | | Naam | Cat | PR | Tijd | Info |
| 18 | gl | 52 Gijs Kamp | HA2 | 37.29 | | DNS |
| | bl | 35 Thomas de Lange | HN1 | 37.10 | | 36.94 PR |
| | | <u>Gijs Kamp</u> | | | <u>Thomas de Lange</u> | |
| | | | | 100m | 10.55 | (10.55) |
| | | | | 500m | 36.94 | (26.39) |
| | | Naam | Cat | PR | Tijd | Info |
| 19 | wt | 65 Jelle Rieff | HN1 | 36.67 | | 37.87 |
| | rd | 59 Rinze-Bart de Glee | HA2 | 36.80 | | DNS |
| | | <u>Jelle Rieff</u> | | | <u>Rinze-Bart de Glee</u> | |
| | | 100m | 10.57 | (10.57) | | |
| | | 500m | 37.87 | (27.30) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 20 | gl | 14 Femke Kok | DN3 | 36.96 | | 37.91 |
| | bl | 50 Tom Egbertsen | HA2 | 36.97 | | 37.08 |
| | | <u>Femke Kok</u> | | | <u>Tom Egbertsen</u> | |
| | | 100m | 10.61 | (10.61) | 100m | 10.64 (10.64) |
| | | 500m | 37.91 | (27.30) | 500m | 37.08 (26.44) |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| | | Naam | | | Cat | | | PR | Tijd | Info |
|-------|----|-------------------------|-------------------------|---------|----------------------|-------|---------|-------|--------------|------|
| 21 | wt | 20 | Thomas Geerdinck | | HSA | | | 35.03 | 35.68 | |
| | rd | 15 | Janno Botman | | HN4 | | | 34.98 | 35.00 | |
| | | Thomas Geerdinck | | | Janno Botman | | | | | |
| | | 100m | 9.93 | (9.93) | 100m | 9.85 | (9.85) | | | |
| | | 500m | 35.68 | (25.75) | 500m | 35.00 | (25.15) | | | |
| <hr/> | | | | | | | | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 22 | gl | 66 | Pim Stuij | | HN1 | | | 36.18 | 36.13 | PR |
| | bl | 13 | Sebas Diniz | | HN2 | | | 35.29 | 35.68 | |
| | | Pim Stuij | | | Sebas Diniz | | | | | |
| | | 100m | 10.20 | (10.20) | 100m | 9.99 | (9.99) | | | |
| | | 500m | 36.13 | (25.93) | 500m | 35.68 | (25.69) | | | |
| <hr/> | | | | | | | | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 23 | wt | 63 | Tom Nijdam | | HA2 | | | 38.18 | 39.45 | |
| | rd | 42 | Pelle Bolsius | | HB1 | | | 38.83 | 39.17 | |
| | | Tom Nijdam | | | Pelle Bolsius | | | | | |
| | | 100m | 11.16 | (11.16) | 100m | 10.97 | (10.97) | | | |
| | | 500m | 39.45 | (28.29) | 500m | 39.17 | (28.20) | | | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

2. Uitslag 5000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1 | 73 Evert Hoolwerf | HSA | 6 | O | 6:33.48 | | |
| 2 | 19 Lars Woelders | HN2 | 3 | I | 6:37.70 | PR | |
| 3 | 28 Remco Stam | HA2 | 6 | I | 6:43.40 | PR | |
| 4 | 23 Joël Bom | HA1 | 3 | O | 6:47.05 | PR | |
| 5 | 51 Jelle Koeleman | HA2 | 4 | O | 6:48.56 | PR | |
| 6 | 53 Hidde Westra | HA2 | 4 | I | 6:48.93 | PR | |
| 7 | 49 Matthé Pronk | HA2 | 1 | I | 6:54.03 | HT | |
| 8 | 85 Nino van Dijk | HSA | 5 | O | 6:58.39 | | |
| 9 | 75 Danny Stam | HSA | 5 | I | 7:04.57 | | |
| 10 | 48 Freek van der Ham | HA1 | 2 | O | 7:05.44 | HT | |
| 11 | 47 Yanick de Hoogd | HA1 | 2 | I | 7:23.42 | HT | |
| | 46 Joep Stubbe | HA1 | 1 | O | DNS | | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

2. Rituitslag 5000 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|---------------------|---------------------|----------|--------------------|---------|----------|----------------|------|
| 1 | wt | 49 | Matthé Pronk | | HA2 | | 7:02.02 | 6:54.03 | HT |
| | rd | 46 | Joep Stubbe | | HA1 | | | DNS | |
| | | Matthé Pronk | | | Joep Stubbe | | | | |
| | | 200m | 19.94 | (19.94) | 200m | 0.00 | (.00) | | |
| | | 600m | 51.54 | (31.60) | 600m | 19.94 | (19.94) | | |
| | | 1000m | 1:24.37 | (32.83) | 1000m | 53.44 | (33.50) | | |
| | | 1400m | 1:57.14 | (32.77) | 1400m | 1:27.84 | (34.40) | | |
| | | 1800m | 2:29.60 | (32.46) | 1800m | 2:02.09 | (34.25) | | |
| | | 2200m | 3:02.41 | (32.81) | 2200m | 9:59.99 | (477.90) | | |
| | | 2600m | 6:54.03 | (231.62) | | | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|------------------------|--------------------------|---------|--------------------------|---------|---------|----------------|------|
| 2 | gl | 47 | Yanick de Hoogd | | HA1 | | | 7:23.42 | HT |
| | bl | 48 | Freek van der Ham | | HA1 | | | 7:05.44 | HT |
| | | Yanick de Hoogd | | | Freek van der Ham | | | | |
| | | 200m | 20.86 | (20.86) | 200m | 21.45 | (21.45) | | |
| | | 600m | 55.05 | (34.19) | 600m | 55.14 | (33.69) | | |
| | | 1000m | 1:29.68 | (34.63) | 1000m | 1:29.52 | (34.38) | | |
| | | 1400m | 2:04.02 | (34.34) | 1400m | 2:03.56 | (34.04) | | |
| | | 1800m | 2:37.73 | (33.71) | 1800m | 2:37.67 | (34.11) | | |
| | | 2200m | 3:46.54 | (68.81) | 2200m | 3:11.35 | (33.68) | | |
| | | 2600m | 4:21.18 | (34.64) | 2600m | 3:44.73 | (33.38) | | |
| | | 3000m | 4:55.95 | (34.77) | 3000m | 4:18.68 | (33.95) | | |
| | | 3400m | 5:31.14 | (35.19) | 3400m | 4:52.76 | (34.08) | | |
| | | 3800m | 6:07.70 | (36.56) | 3800m | 5:26.42 | (33.66) | | |
| | | 4200m | 6:45.00 | (37.30) | 4200m | 5:59.77 | (33.35) | | |
| | | 4600m | 7:23.42 | (38.42) | 4600m | 6:32.47 | (32.70) | | |
| | | | | | 5000m | 7:05.44 | (32.97) | | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| | | Naam | Cat | | PR | Tijd | Info |
|---|----|-------------------------|---------|---------|-----------------|----------------|---------|
| 3 | wt | 19 Lars Woelders | HN2 | | 6:38.06 | 6:37.70 | PR |
| | rd | 23 Joël Bom | HA1 | | 6:57.92 | 6:47.05 | PR |
| | | Lars Woelders | | | Joël Bom | | |
| | | 200m | 19.66 | (19.66) | 200m | 20.06 | (20.06) |
| | | 600m | 50.21 | (30.55) | 600m | 50.73 | (30.67) |
| | | 1000m | 1:20.99 | (30.78) | 1000m | 1:21.57 | (30.84) |
| | | 1400m | 1:52.06 | (31.07) | 1400m | 1:52.80 | (31.23) |
| | | 1800m | 2:23.43 | (31.37) | 1800m | 2:24.84 | (32.04) |
| | | 2200m | 2:54.91 | (31.48) | 2200m | 2:56.28 | (31.44) |
| | | 2600m | 3:26.32 | (31.41) | 2600m | 3:28.08 | (31.80) |
| | | 3000m | 3:57.72 | (31.40) | 3000m | 4:00.30 | (32.22) |
| | | 3400m | 4:29.28 | (31.56) | 3400m | 4:33.07 | (32.77) |
| | | 3800m | 5:01.05 | (31.77) | 3800m | 5:06.35 | (33.28) |
| | | 4200m | 5:32.96 | (31.91) | 4200m | 5:40.15 | (33.80) |
| | | 4600m | 6:05.18 | (32.22) | 4600m | 6:13.63 | (33.48) |
| | | 5000m | 6:37.70 | (32.52) | 5000m | 6:47.05 | (33.42) |

| | | Naam | Cat | | PR | Tijd | Info |
|---|----|--------------------------|---------|---------|-----------------------|----------------|---------|
| 4 | gl | 53 Hidde Westra | HA2 | | 6:51.41 | 6:48.93 | PR |
| | bl | 51 Jelle Koeleman | HA2 | | 6:55.71 | 6:48.56 | PR |
| | | Hidde Westra | | | Jelle Koeleman | | |
| | | 200m | 19.94 | (19.94) | 200m | 20.07 | (20.07) |
| | | 600m | 51.38 | (31.44) | 600m | 51.54 | (31.47) |
| | | 1000m | 1:22.48 | (31.10) | 1000m | 1:23.27 | (31.73) |
| | | 1400m | 1:53.90 | (31.42) | 1400m | 1:54.83 | (31.56) |
| | | 1800m | 2:25.56 | (31.66) | 1800m | 2:26.79 | (31.96) |
| | | 2200m | 2:57.27 | (31.71) | 2200m | 2:58.78 | (31.99) |
| | | 2600m | 3:29.23 | (31.96) | 2600m | 3:30.67 | (31.89) |
| | | 3000m | 4:01.50 | (32.27) | 3000m | 4:02.56 | (31.89) |
| | | 3400m | 4:34.14 | (32.64) | 3400m | 4:35.11 | (32.55) |
| | | 3800m | 5:07.52 | (33.38) | 3800m | 5:07.76 | (32.65) |
| | | 4200m | 5:41.09 | (33.57) | 4200m | 5:40.98 | (33.22) |
| | | 4600m | 6:15.03 | (33.94) | 4600m | 6:14.56 | (33.58) |
| | | 5000m | 6:48.93 | (33.90) | 5000m | 6:48.56 | (34.00) |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|-------------------------|---------|---------|----------------------|---------|----------------|------|
| 5 | wt | 75 Danny Stam | | | HSA | 6:35.53 | 7:04.57 | |
| | rd | 85 Nino van Dijk | | | HSA | 6:42.12 | 6:58.39 | |
| | | Danny Stam | | | Nino van Dijk | | | |
| | | 200m | 20.01 | (20.01) | 200m | 19.79 | (19.79) | |
| | | 600m | 50.55 | (30.54) | 600m | 50.92 | (31.13) | |
| | | 1000m | 1:21.12 | (30.57) | 1000m | 1:22.14 | (31.22) | |
| | | 1400m | 1:52.20 | (31.08) | 1400m | 1:53.55 | (31.41) | |
| | | 1800m | 2:23.78 | (31.58) | 1800m | 2:25.54 | (31.99) | |
| | | 2200m | 2:55.85 | (32.07) | 2200m | 2:58.15 | (32.61) | |
| | | 2600m | 3:28.33 | (32.48) | 2600m | 3:31.07 | (32.92) | |
| | | 3000m | 4:01.76 | (33.43) | 3000m | 4:04.34 | (33.27) | |
| | | 3400m | 4:35.65 | (33.89) | 3400m | 4:38.37 | (34.03) | |
| | | 3800m | 5:11.11 | (35.46) | 3800m | 5:13.24 | (34.87) | |
| | | 4200m | 5:46.83 | (35.72) | 4200m | 5:48.37 | (35.13) | |
| | | 4600m | 6:24.84 | (38.01) | 4600m | 6:23.19 | (34.82) | |
| | | 5000m | 7:04.57 | (39.73) | 5000m | 6:58.39 | (35.20) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|--------------------------|---------|---------|-----------------------|---------|----------------|------|
| 6 | gl | 28 Remco Stam | | | HA2 | 6:44.71 | 6:43.40 | PR |
| | bl | 73 Evert Hoolwerf | | | HSA | 6:19.40 | 6:33.48 | |
| | | Remco Stam | | | Evert Hoolwerf | | | |
| | | 200m | 19.57 | (19.57) | 200m | 19.65 | (19.65) | |
| | | 600m | 50.24 | (30.67) | 600m | 49.35 | (29.70) | |
| | | 1000m | 1:20.98 | (30.74) | 1000m | 1:19.72 | (30.37) | |
| | | 1400m | 1:51.91 | (30.93) | 1400m | 1:50.19 | (30.47) | |
| | | 1800m | 2:22.88 | (30.97) | 1800m | 2:20.63 | (30.44) | |
| | | 2200m | 2:54.22 | (31.34) | 2200m | 2:51.24 | (30.61) | |
| | | 2600m | 3:25.95 | (31.73) | 2600m | 3:22.28 | (31.04) | |
| | | 3000m | 3:57.93 | (31.98) | 3000m | 3:53.69 | (31.41) | |
| | | 3400m | 4:30.48 | (32.55) | 3400m | 4:25.13 | (31.44) | |
| | | 3800m | 5:03.48 | (33.00) | 3800m | 4:56.83 | (31.70) | |
| | | 4200m | 5:36.60 | (33.12) | 4200m | 5:28.67 | (31.84) | |
| | | 4600m | 6:09.92 | (33.32) | 4600m | 6:00.99 | (32.32) | |
| | | 5000m | 6:43.40 | (33.48) | 5000m | 6:33.48 | (32.49) | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

3. Uitslag 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1 | 7 Beau Snellink | HN3 | 11 | I | 3:43.65 | | |
| 2 | 3 Jorrit Bergsma | HSB | 12 | O | 3:45.40 | | |
| 3 | 2 Kars Jansman | HSA | 11 | O | 3:46.77 | | |
| 4 | 17 Lex Dijkstra | HSA | 10 | O | 3:48.18 | | |
| 5 | 1 Chris Huizinga | HSA | 12 | I | 3:49.08 | | |
| 6 | 57 Max Bergsma | HA2 | 8 | I | 3:54.12 | PR | |
| 7 | 62 Thijmen Paardekooper | HA1 | 9 | O | 3:58.10 | PR | |
| 8 | 50 Tom Egbertsen | HA2 | 6 | I | 4:03.78 | PR | |
| 9 | 40 Niels van Reeuwijk | HA1 | 7 | O | 4:05.44 | PR | |
| 10 | 60 Sil van der Veen | HB2 | 9 | I | 4:08.28 | | |
| 11 | 27 Teun van der Linden | HA1 | 7 | I | 4:10.74 | | |
| 12 | 29 Niels de Kruijk | HB2 | 5 | I | 4:11.87 | | |
| 13 | 52 Gijs Kamp | HA2 | 5 | O | 4:16.33 | PR | |
| 14 | 70 Eline Jansen | DN2 | 4 | O | 4:16.87 | | |
| 15 | 89 Myrthe de Boer | DN2 | 10 | I | 4:18.57 | | |
| 16 | 78 Bram ten Berge | HB2 | 2 | O | 4:32.35 | | |
| 17 | 82 Luna Jonkers | DN4 | 2 | I | 4:32.42 | | |
| 18 | 71 Laura van Ramshorst | DSA | 3 | I | 4:33.42 | | |
| 19 | 79 Kaat van Steekelenburg | DA2 | 1 | I | 4:36.39 | | |
| 20 | 86 Quinty van Klink | DN3 | 1 | O | 4:38.07 | | |
| 21 | 30 Vera van Ditshuizen | DN1 | 3 | O | 4:38.72 | | |
| | 8 Esmee Visser | DSA | 4 | I | DNS | | |
| | 39 Jort de Gans | HA1 | 6 | O | DNS | | |
| | 42 Pelle Bolsius | HB1 | 8 | O | DNS | | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

3. Rituitslag 3000 meter

| | | Naam | Cat | PR | Tijd | Info |
|---|----|----------------------------------|-----|---------|----------------|------|
| 1 | wt | 79 Kaat van Steekelenburg | DA2 | 4:33.99 | 4:36.39 | |
| | rd | 86 Quinty van Klink | DN3 | 4:35.51 | 4:38.07 | |

Kaat van Steekelenburg

| | | |
|-------|---------|---------|
| 200m | 21.98 | (21.98) |
| 600m | 56.16 | (34.18) |
| 1000m | 1:30.84 | (34.68) |
| 1400m | 2:07.28 | (36.44) |
| 1800m | 2:44.09 | (36.81) |
| 2200m | 3:21.30 | (37.21) |
| 2600m | 3:58.62 | (37.32) |
| 3000m | 4:36.39 | (37.77) |

Quinty van Klink

| | | |
|-------|---------|---------|
| 200m | 21.92 | (21.92) |
| 600m | 55.47 | (33.55) |
| 1000m | 1:30.94 | (35.47) |
| 1400m | 2:07.35 | (36.41) |
| 1800m | 2:44.44 | (37.09) |
| 2200m | 3:21.69 | (37.25) |
| 2600m | 3:59.48 | (37.79) |
| 3000m | 4:38.07 | (38.59) |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|--------------------------|-----|---------|----------------|------|
| 2 | gl | 82 Luna Jonkers | DN4 | 4:21.09 | 4:32.42 | |
| | bl | 78 Bram ten Berge | HB2 | 4:28.80 | 4:32.35 | |

Luna Jonkers

| | | |
|-------|---------|---------|
| 200m | 22.54 | (22.54) |
| 600m | 57.18 | (34.64) |
| 1000m | 1:32.23 | (35.05) |
| 1400m | 2:07.81 | (35.58) |
| 1800m | 2:43.91 | (36.10) |
| 2200m | 3:20.26 | (36.35) |
| 2600m | 3:56.48 | (36.22) |
| 3000m | 4:32.42 | (35.94) |

Bram ten Berge

| | | |
|-------|---------|---------|
| 200m | 20.54 | (20.54) |
| 600m | 54.55 | (34.01) |
| 1000m | 1:29.18 | (34.63) |
| 1400m | 2:03.90 | (34.72) |
| 1800m | 2:39.74 | (35.84) |
| 2200m | 3:16.64 | (36.90) |
| 2600m | 3:54.70 | (38.06) |
| 3000m | 4:32.35 | (37.65) |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|----------------------------|----------------------------|---------|----------------------------|---------|---------|----------------|------|
| 3 | wt | 71 | Laura van Ramshorst | | DSA | | 4:29.52 | 4:33.42 | |
| | rd | 30 | Vera van Ditshuizen | | DN1 | | 4:23.56 | 4:38.72 | |
| | | Laura van Ramshorst | | | Vera van Ditshuizen | | | | |
| | | 200m | 21.69 | (21.69) | 200m | 21.44 | (21.44) | | |
| | | 600m | 55.24 | (33.55) | 600m | 54.89 | (33.45) | | |
| | | 1000m | 1:30.60 | (35.36) | 1000m | 1:29.88 | (34.99) | | |
| | | 1400m | 2:05.96 | (35.36) | 1400m | 2:05.61 | (35.73) | | |
| | | 1800m | 2:41.28 | (35.32) | 1800m | 2:42.57 | (36.96) | | |
| | | 2200m | 3:17.60 | (36.32) | 2200m | 3:20.85 | (38.28) | | |
| | | 2600m | 3:54.86 | (37.26) | 2600m | 3:59.35 | (38.50) | | |
| | | 3000m | 4:33.42 | (38.56) | 3000m | 4:38.72 | (39.37) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|---------------------|---------------------|-----|---------------------|---------|---------|----------------|------|
| 4 | gl | 8 | Esmee Visser | | DSA | | 3:54.02 | DNS | |
| | bl | 70 | Eline Jansen | | DN2 | | 4:15.81 | 4:16.87 | |
| | | Esmee Visser | | | Eline Jansen | | | | |
| | | 200m | | | 200m | 21.37 | (21.37) | | |
| | | 600m | | | 600m | 53.36 | (31.99) | | |
| | | 1000m | | | 1000m | 1:26.48 | (33.12) | | |
| | | 1400m | | | 1400m | 1:59.72 | (33.24) | | |
| | | 1800m | | | 1800m | 2:33.26 | (33.54) | | |
| | | 2200m | | | 2200m | 3:07.14 | (33.88) | | |
| | | 2600m | | | 2600m | 3:41.58 | (34.44) | | |
| | | 3000m | | | 3000m | 4:16.87 | (35.29) | | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|------------------------|------------------------|---------|------------------|---------|---------|---------|-------------------|
| 5 | wt | 29 | Niels de Kruijk | | HB2 | | | 4:10.82 | 4:11.87 |
| | rd | 52 | Gijs Kamp | | HA2 | | | 4:19.01 | 4:16.33 PR |
| | | Niels de Kruijk | | | Gijs Kamp | | | | |
| | | 200m | 18.81 | (18.81) | 200m | 18.45 | (18.45) | | |
| | | 600m | 50.16 | (31.35) | 600m | 49.43 | (30.98) | | |
| | | 1000m | 1:22.50 | (32.34) | 1000m | 1:22.66 | (33.23) | | |
| | | 1400m | 1:55.67 | (33.17) | 1400m | 1:56.07 | (33.41) | | |
| | | 1800m | 2:28.89 | (33.22) | 1800m | 2:30.12 | (34.05) | | |
| | | 2200m | 3:02.91 | (34.02) | 2200m | 3:05.00 | (34.88) | | |
| | | 2600m | 3:37.54 | (34.63) | 2600m | 3:40.86 | (35.86) | | |
| | | 3000m | 4:11.87 | (34.33) | 3000m | 4:16.33 | (35.47) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|----------------------|----------------------|---------|---------------------|----|--|---------|-------------------|
| 6 | gl | 50 | Tom Egbertsen | | HA2 | | | 4:05.47 | 4:03.78 PR |
| | bl | 39 | Jort de Gans | | HA1 | | | 4:13.23 | DNS |
| | | Tom Egbertsen | | | Jort de Gans | | | | |
| | | 200m | 19.40 | (19.40) | | | | | |
| | | 600m | 50.36 | (30.96) | | | | | |
| | | 1000m | 1:22.08 | (31.72) | | | | | |
| | | 1400m | 1:53.49 | (31.41) | | | | | |
| | | 1800m | 2:25.41 | (31.92) | | | | | |
| | | 2200m | 2:57.40 | (31.99) | | | | | |
| | | 2600m | 3:30.14 | (32.74) | | | | | |
| | | 3000m | 4:03.78 | (33.64) | | | | | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|----------------------------|----------------------------|---------|---------------------------|---------|---------|---------|-------------------|
| 7 | wt | 27 | Teun van der Linden | | HA1 | | | 4:09.22 | 4:10.74 |
| | rd | 40 | Niels van Reeuwijk | | HA1 | | | 4:06.85 | 4:05.44 PR |
| | | Teun van der Linden | | | Niels van Reeuwijk | | | | |
| | | 200m | 20.59 | (20.59) | 200m | 19.67 | (19.67) | | |
| | | 600m | 52.45 | (31.86) | 600m | 50.33 | (30.66) | | |
| | | 1000m | 1:25.31 | (32.86) | 1000m | 1:21.60 | (31.27) | | |
| | | 1400m | 1:58.41 | (33.10) | 1400m | 1:53.14 | (31.54) | | |
| | | 1800m | 2:31.20 | (32.79) | 1800m | 2:25.07 | (31.93) | | |
| | | 2200m | 3:04.22 | (33.02) | 2200m | 2:57.85 | (32.78) | | |
| | | 2600m | 3:37.60 | (33.38) | 2600m | 3:31.15 | (33.30) | | |
| | | 3000m | 4:10.74 | (33.14) | 3000m | 4:05.44 | (34.29) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|--------------------|----------------------|---------|----------------------|----|--|---------|-------------------|
| 8 | gl | 57 | Max Bergsma | | HA2 | | | 4:03.17 | 3:54.12 PR |
| | bl | 42 | Pelle Bolsius | | HB1 | | | 4:02.57 | DNS |
| | | Max Bergsma | | | Pelle Bolsius | | | | |
| | | 200m | 19.58 | (19.58) | | | | | |
| | | 600m | 50.07 | (30.49) | | | | | |
| | | 1000m | 1:20.68 | (30.61) | | | | | |
| | | 1400m | 1:51.13 | (30.45) | | | | | |
| | | 1800m | 2:21.41 | (30.28) | | | | | |
| | | 2200m | 2:51.71 | (30.30) | | | | | |
| | | 2600m | 3:22.82 | (31.11) | | | | | |
| | | 3000m | 3:54.12 | (31.30) | | | | | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|--------------------------------|---------|---------|-----------------------------|---------|----------------|------|
| 9 | wt | 60 Sil van der Veen | | | HB2 | 3:58.40 | 4:08.28 | |
| | rd | 62 Thijmen Paardekooper | | | HA1 | 4:02.39 | 3:58.10 | PR |
| | | Sil van der Veen | | | Thijmen Paardekooper | | | |
| | | 200m | 20.35 | (20.35) | 200m | 19.66 | (19.66) | |
| | | 600m | 50.52 | (30.17) | 600m | 49.94 | (30.28) | |
| | | 1000m | 1:21.01 | (30.49) | 1000m | 1:20.32 | (30.38) | |
| | | 1400m | 1:53.01 | (32.00) | 1400m | 1:51.30 | (30.98) | |
| | | 1800m | 2:25.32 | (32.31) | 1800m | 2:22.72 | (31.42) | |
| | | 2200m | 2:58.84 | (33.52) | 2200m | 2:54.33 | (31.61) | |
| | | 2600m | 3:33.04 | (34.20) | 2600m | 3:25.93 | (31.60) | |
| | | 3000m | 4:08.28 | (35.24) | 3000m | 3:58.10 | (32.17) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------------|---------|---------|---------------------|---------|----------------|------|
| 10 | gl | 89 Myrthe de Boer | | | DN2 | 4:14.78 | 4:18.57 | |
| | bl | 17 Lex Dijkstra | | | HSA | 3:43.67 | 3:48.18 | |
| | | Myrthe de Boer | | | Lex Dijkstra | | | |
| | | 200m | 19.93 | (19.93) | 200m | 19.30 | (19.30) | |
| | | 600m | 52.01 | (32.08) | 600m | 47.90 | (28.60) | |
| | | 1000m | 1:25.48 | (33.47) | 1000m | 1:17.01 | (29.11) | |
| | | 1400m | 1:59.00 | (33.52) | 1400m | 1:46.23 | (29.22) | |
| | | 1800m | 2:32.73 | (33.73) | 1800m | 2:15.88 | (29.65) | |
| | | 2200m | 3:07.23 | (34.50) | 2200m | 2:45.99 | (30.11) | |
| | | 2600m | 3:42.35 | (35.12) | 2600m | 3:16.72 | (30.73) | |
| | | 3000m | 4:18.57 | (36.22) | 3000m | 3:48.18 | (31.46) | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|----------------------|----------------------|---------|---------------------|---------|---------|----------------|------|
| 11 | wt | 7 | Beau Snellink | | HN3 | | 3:39.91 | 3:43.65 | |
| | rd | 2 | Kars Jansman | | HSA | | 3:43.51 | 3:46.77 | |
| | | Beau Snellink | | | Kars Jansman | | | | |
| | | 200m | 19.32 | (19.32) | 200m | 19.38 | (19.38) | | |
| | | 600m | 48.34 | (29.02) | 600m | 48.34 | (28.96) | | |
| | | 1000m | 1:16.95 | (28.61) | 1000m | 1:17.20 | (28.86) | | |
| | | 1400m | 1:45.71 | (28.76) | 1400m | 1:46.50 | (29.30) | | |
| | | 1800m | 2:14.76 | (29.05) | 1800m | 2:16.21 | (29.71) | | |
| | | 2200m | 2:44.14 | (29.38) | 2200m | 2:46.09 | (29.88) | | |
| | | 2600m | 3:13.58 | (29.44) | 2600m | 3:16.24 | (30.15) | | |
| | | 3000m | 3:43.65 | (30.07) | 3000m | 3:46.77 | (30.53) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|-----------------------|---------|---------|----------------|------|
| 12 | gl | 1 | Chris Huizinga | | HSA | | 3:42.03 | 3:49.08 | |
| | bl | 3 | Jorrit Bergsma | | HSB | | 3:39.79 | 3:45.40 | |
| | | Chris Huizinga | | | Jorrit Bergsma | | | | |
| | | 200m | 18.77 | (18.77) | 200m | 19.65 | (19.65) | | |
| | | 600m | 47.71 | (28.94) | 600m | 49.26 | (29.61) | | |
| | | 1000m | 1:17.05 | (29.34) | 1000m | 1:18.66 | (29.40) | | |
| | | 1400m | 1:46.41 | (29.36) | 1400m | 1:48.05 | (29.39) | | |
| | | 1800m | 2:16.28 | (29.87) | 1800m | 2:17.34 | (29.29) | | |
| | | 2200m | 2:46.47 | (30.19) | 2200m | 2:46.48 | (29.14) | | |
| | | 2600m | 3:17.29 | (30.82) | 2600m | 3:15.70 | (29.22) | | |
| | | 3000m | 3:49.08 | (31.79) | 3000m | 3:45.40 | (29.70) | | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

4. Uitslag 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------------|-----|------|------|----------------|------|--------|
| 1 | 9 Jesse Speijers | HN2 | 7 | I | 1:48.81 | | |
| 2 | 12 Gijs Esders | HSB | 7 | O | 1:50.85 | | |
| 3 | 56 Mats Bendijk | HB2 | 6 | I | 1:53.02 | | |
| 4 | 18 Colin James Duivenvoorden | HN1 | 5 | O | 1:54.32 | | |
| 5 | 74 Jorian ten Cate | HN1 | 6 | O | 1:54.59 | | |
| 6 | 64 Sem Bodewes | HA1 | 4 | O | 1:59.30 | PR | |
| 7 | 45 Sylke Kas | DN2 | 1 | I | 2:04.45 | PR | |
| 8 | 33 Sanne Oosterwijk | DA1 | 2 | I | 2:05.30 | PR | |
| 9 | 77 Ibe Hoedeman | HB2 | 3 | O | 2:09.20 | | |
| 10 | 43 Sterre van Schaik | DA1 | 2 | O | 2:11.50 | | |
| 11 | 76 Bo Mengerink | DA1 | 1 | O | 2:22.36 | | |
| | 24 Geert Frijters | HA2 | 3 | I | DNS | | |
| | 63 Tom Nijdam | HA2 | 4 | I | DNS | | |
| | 61 Sille Hut | HA1 | 5 | I | DNS | | |
| | 10 Zeno de Ponti | HN2 | 8 | O | DNS | | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

4. Rituitslag 1500 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|------|---------------------|-----|-----|----|---------|----------------|------|
| 1 | wt | 45 | Sylke Kas | | DN2 | | 2:06.83 | 2:04.45 | PR |
| | rd | 76 | Bo Mengerink | | DA1 | | 2:14.61 | 2:22.36 | |

Sylke Kas

| | | |
|-------|---------|---------|
| 300m | 26.02 | (26.02) |
| 700m | 56.00 | (29.98) |
| 1100m | 1:28.63 | (32.63) |
| 1500m | 2:04.45 | (35.82) |

Bo Mengerink

| | | |
|-------|---------|---------|
| 300m | 30.30 | (30.30) |
| 700m | 1:05.87 | (35.57) |
| 1100m | 1:43.48 | (37.61) |
| 1500m | 2:22.36 | (38.88) |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|------|--------------------------|-----|-----|----|---------|----------------|------|
| 2 | gl | 33 | Sanne Oosterwijk | | DA1 | | 2:08.43 | 2:05.30 | PR |
| | bl | 43 | Sterre van Schaik | | DA1 | | 2:11.42 | 2:11.50 | |

Sanne Oosterwijk

| | | |
|-------|---------|---------|
| 300m | 27.32 | (27.32) |
| 700m | 58.58 | (31.26) |
| 1100m | 1:31.35 | (32.77) |
| 1500m | 2:05.30 | (33.95) |

Sterre van Schaik

| | | |
|-------|---------|---------|
| 300m | 28.04 | (28.04) |
| 700m | 1:00.32 | (32.28) |
| 1100m | 1:34.77 | (34.45) |
| 1500m | 2:11.50 | (36.73) |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|------|-----------------------|-----|-----|----|---------|----------------|------|
| 3 | wt | 24 | Geert Frijters | | HA2 | | 2:00.19 | DNS | |
| | rd | 77 | Ibe Hoedeman | | HB2 | | 2:06.05 | 2:09.20 | |

Geert Frijters

Ibe Hoedeman

| | | |
|-------|---------|---------|
| 300m | 26.70 | (26.70) |
| 700m | 58.22 | (31.52) |
| 1100m | 1:32.42 | (34.20) |
| 1500m | 2:09.20 | (36.78) |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|------|--------------------|-----|-----|----|---------|----------------|------|
| 4 | gl | 63 | Tom Nijdam | | HA2 | | 1:56.13 | DNS | |
| | bl | 64 | Sem Bodewes | | HA1 | | 2:00.42 | 1:59.30 | PR |

Tom Nijdam

Sem Bodewes

| | | |
|-------|---------|---------|
| 300m | 26.33 | (26.33) |
| 700m | 55.69 | (29.36) |
| 1100m | 1:26.65 | (30.96) |
| 1500m | 1:59.30 | (32.65) |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| | | Naam | Cat | PR | Tijd | Info |
|---|----|-------------------------------------|-----|---------|------|----------------|
| 5 | wt | 61 Sille Hut | HA1 | 1:54.26 | | DNS |
| | rd | 18 Colin James Duivenvoorden | HN1 | 1:52.12 | | 1:54.32 |

Sille Hut

Colin James Duivenvoorden

| | | |
|-------|---------|---------|
| 300m | 25.79 | (25.79) |
| 700m | 54.17 | (28.38) |
| 1100m | 1:24.14 | (29.97) |
| 1500m | 1:54.32 | (30.18) |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|---------------------------|-----|---------|------|----------------|
| 6 | gl | 56 Mats Bendijk | HB2 | 1:52.79 | | 1:53.02 |
| | bl | 74 Jorian ten Cate | HN1 | 1:53.08 | | 1:54.59 |

Mats Bendijk

Jorian ten Cate

| | | | | | |
|-------|---------|---------|-------|---------|---------|
| 300m | 24.79 | (24.79) | 300m | 25.00 | (25.00) |
| 700m | 52.33 | (27.54) | 700m | 52.85 | (27.85) |
| 1100m | 1:21.81 | (29.48) | 1100m | 1:22.97 | (30.12) |
| 1500m | 1:53.02 | (31.21) | 1500m | 1:54.59 | (31.62) |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|-------------------------|-----|---------|------|----------------|
| 7 | wt | 9 Jesse Speijers | HN2 | 1:47.74 | | 1:48.81 |
| | rd | 12 Gijs Esders | HSB | 1:47.48 | | 1:50.85 |

Jesse Speijers

Gijs Esders

| | | | | | |
|-------|---------|---------|-------|---------|---------|
| 300m | 24.80 | (24.80) | 300m | 24.29 | (24.29) |
| 700m | 51.75 | (26.95) | 700m | 51.39 | (27.10) |
| 1100m | 1:19.61 | (27.86) | 1100m | 1:19.99 | (28.60) |
| 1500m | 1:48.81 | (29.20) | 1500m | 1:50.85 | (30.86) |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|-------------------------|-----|---------|------|------------|
| 8 | gl | | | | | |
| | bl | 10 Zeno de Ponti | HN2 | 1:49.60 | | DNS |

Zeno de Ponti

m

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

5. Uitslag 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1 | 6 Jarle Gerrits | HN2 | 8 | O | 1:11.68 | | |
| 2 | 81 Johan Talsma | HA1 | 7 | I | 1:13.51 | PR | |
| 3 | 22 Bryant Boogert | HA1 | 7 | O | 1:15.13 | PR | |
| 4 | 69 Yoeri van Bostelen | HA1 | 4 | I | 1:15.22 | PR | |
| 5 | 65 Jelle Rieff | HN1 | 6 | I | 1:15.56 | | |
| 6 | 25 Swen Halferkamps | HA1 | 5 | I | 1:16.04 | | |
| 7 | 38 Björn Kitselaar | HA1 | 5 | O | 1:17.06 | PR | |
| 8 | 83 Eise van Schijndel | HB2 | 1 | I | 1:19.81 | | |
| 9 | 68 Patricia Koot | DA1 | 3 | I | 1:21.17 | PR | |
| 10 | 88 Isa Leroy | DB2 | 2 | O | 1:26.02 | PR | |
| 11 | 87 Lauren Teunissen | DA2 | 2 | I | 1:28.29 | PR | |
| 12 | 84 Sara van Leeuwen | DB2 | 1 | O | 1:36.44 | | |
| | 55 Jildou Schaaf | DA2 | 3 | O | DNS | | |
| | 11 Kim Talsma | DN3 | 4 | O | DNS | | |
| | 26 Thom Rooijackers | HA2 | 6 | O | DNS | | |
| | 35 Thomas de Lange | HN1 | 8 | I | DNS | | |

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

5. Rituitslag 1000 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|------|---------------------------|-----|-----|----|---------|----------------|------|
| 1 | wt | 83 | Eise van Schijndel | | HB2 | | 1:18.96 | 1:19.81 | |
| | rd | 84 | Sara van Leeuwen | | DB2 | | 1:34.17 | 1:36.44 | |

Eise van Schijndel

| | | |
|-------|---------|---------|
| 200m | 19.09 | (19.09) |
| 600m | 48.50 | (29.41) |
| 1000m | 1:19.81 | (31.31) |

Sara van Leeuwen

| | | |
|-------|---------|---------|
| 200m | 21.67 | (21.67) |
| 600m | 56.98 | (35.31) |
| 1000m | 1:36.44 | (39.46) |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|------|-------------------------|-----|-----|----|---------|----------------|------|
| 2 | gl | 87 | Lauren Teunissen | | DA2 | | 1:28.39 | 1:28.29 | PR |
| | bl | 88 | Isa Leroy | | DB2 | | 1:27.65 | 1:26.02 | PR |

Lauren Teunissen

| | | |
|-------|---------|---------|
| 200m | 20.85 | (20.85) |
| 600m | 53.00 | (32.15) |
| 1000m | 1:28.29 | (35.29) |

Isa Leroy

| | | |
|-------|---------|---------|
| 200m | 20.09 | (20.09) |
| 600m | 51.53 | (31.44) |
| 1000m | 1:26.02 | (34.49) |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|------|----------------------|-----|-----|----|---------|----------------|------|
| 3 | wt | 68 | Patricia Koot | | DA1 | | 1:21.83 | 1:21.17 | PR |
| | rd | 55 | Jildou Schaaf | | DA2 | | 1:21.05 | DNS | |

Patricia Koot

| | | |
|-------|---------|---------|
| 200m | 19.56 | (19.56) |
| 600m | 49.32 | (29.76) |
| 1000m | 1:21.17 | (31.85) |

Jildou Schaaf

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|------|---------------------------|-----|-----|----|---------|----------------|------|
| 4 | gl | 69 | Yoeri van Bostelen | | HA1 | | 1:15.60 | 1:15.22 | PR |
| | bl | 11 | Kim Talsma | | DN3 | | 1:17.24 | DNS | |

Yoeri van Bostelen

| | | |
|-------|---------|---------|
| 200m | 17.95 | (17.95) |
| 600m | 45.52 | (27.57) |
| 1000m | 1:15.22 | (29.70) |

Kim Talsma

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

1 oktober 2022

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|-------------------------|-------------------------|---------|------------------------|---------|---------|----------------|------|
| 5 | wt | 25 | Swen Halferkamps | | HA1 | | 1:15.85 | 1:16.04 | |
| | rd | 38 | Björn Kitselaar | | HA1 | | 1:17.60 | 1:17.06 | PR |
| | | Swen Halferkamps | | | Björn Kitselaar | | | | |
| | | 200m | 17.58 | (17.58) | 200m | 17.73 | (17.73) | | |
| | | 600m | 44.83 | (27.25) | 600m | 45.87 | (28.14) | | |
| | | 1000m | 1:16.04 | (31.21) | 1000m | 1:17.06 | (31.19) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|--------------------|-------------------------|---------|-------------------------|----|---------|----------------|------|
| 6 | gl | 65 | Jelle Rieff | | HN1 | | 1:13.07 | 1:15.56 | |
| | bl | 26 | Thom Rooijackers | | HA2 | | 1:15.47 | DNS | |
| | | Jelle Rieff | | | Thom Rooijackers | | | | |
| | | 200m | 17.70 | (17.70) | | | | | |
| | | 600m | 45.34 | (27.64) | | | | | |
| | | 1000m | 1:15.56 | (30.22) | | | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|---------------------|-----------------------|---------|-----------------------|---------|---------|----------------|------|
| 7 | wt | 81 | Johan Talsma | | HA1 | | 1:13.90 | 1:13.51 | PR |
| | rd | 22 | Bryant Boogert | | HA1 | | 1:15.57 | 1:15.13 | PR |
| | | Johan Talsma | | | Bryant Boogert | | | | |
| | | 200m | 16.97 | (16.97) | 200m | 17.88 | (17.88) | | |
| | | 600m | 43.61 | (26.64) | 600m | 45.45 | (27.57) | | |
| | | 1000m | 1:13.51 | (29.90) | 1000m | 1:15.13 | (29.68) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|------------------------|------------------------|-----|----------------------|---------|---------|----------------|------|
| 8 | gl | 35 | Thomas de Lange | | HN1 | | 1:13.00 | DNS | |
| | bl | 6 | Jarle Gerrits | | HN2 | | 1:11.62 | 1:11.68 | |
| | | Thomas de Lange | | | Jarle Gerrits | | | | |
| | | | | | 200m | 17.08 | (17.08) | | |
| | | | | | 600m | 43.38 | (26.30) | | |
| | | | | | 1000m | 1:11.68 | (28.30) | | |