

1. Uitslag Meisjes 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 2 Fleur Alkemade | DC1 | 12 | I | 42.71 | | |
| 2 | 29 Kailey van der Veen | DC1 | 13 | I | 43.64 | | |
| 3 | 12 Veerle Friso | DC2 | 11 | I | 43.87 | | |
| 4 | 11 Eva-Sofie Elferink | DC2 | 14 | I | 43.94 | | |
| 5 | 30 Hannah de Vries | DC1 | 9 | O | 43.98 | | |
| 6 | 1 Anouk Aalders | DC2 | 11 | O | 44.05 | | |
| 7 | 19 Rosan Kuip | DC2 | 8 | O | 44.08 | | |
| 8 | 23 Britt Post | DC2 | 7 | O | 44.29 | | |
| 9 | 18 Daphne van Kooten | DC2 | 3 | I | 44.31 | PR | |
| 10 | 8 Scarlett de Bruijn | DC2 | 12 | O | 44.40 | | |
| 11 | 15 Kyra Kamstra | DC1 | 6 | O | 44.76 | | |
| 12 | 13 Maud Groenen | DC2 | 10 | I | 44.77 | | |
| 13 | 20 Nienke Meesters | DC1 | 9 | I | 44.81 | | |
| 14 | 16 Liv Kogelman | DC1 | 14 | O | 44.82 | | |
| 15 | 25 Elena Ruijtenberg | DC2 | 6 | I | 44.97 | | |
| 16 | 31 Lotte Welboren | DC2 | 4 | I | 45.04 | | |
| 17 | 21 Noa Petitjean | DC2 | 7 | I | 45.13 | | |
| 18 | 5 Merthe Boos | DC2 | 8 | I | 45.15 | | |
| 19 | 24 Esmee van Randeraat | DC1 | 2 | O | 45.25 | | |
| 20 | 27 Mariska Stegenga | DC2 | 5 | I | 45.36 | | |
| 21 | 6 Marrit Bosma | DC1 | 4 | O | 45.72 | | |
| 22 | 10 Amina Dillmann | DC2 | 2 | I | 45.76 | | |
| 23 | 26 Maureen van Seumeren | DC1 | 1 | I | 46.22 | | |
| 24 | 9 Selene Dekker | DC1 | 1 | O | 46.27 | | |
| 25 | 17 Kaya Kolder | DC1 | 5 | O | 46.53 | | |
| 26 | 32 Jade Zijlstra | DC2 | 3 | O | 47.22 | | |
| | 4 Emma van Beek | DC1 | 10 | O | DQ | | |
| | 14 Jasmijn ter Haar | DC2 | 13 | O | DQ | | |

1. Rituitslag Meisjes 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------|-----------------------------|-------|----------------------|-------|--------------|---------|
| 1 | wt | 26 | Maureen van Seumeren | | DC1 | 44.59 | 46.22 | |
| | rd | 9 | Selene Dekker | | DC1 | 44.60 | 46.27 | |
| | | | Maureen van Seumeren | | Selene Dekker | | | |
| | | | 100m | 12.40 | (12.40) | 100m | 12.41 | (12.41) |
| | | | 500m | 46.22 | (33.82) | 500m | 46.27 | (33.86) |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------|----------------------------|-------|----------------------------|-------|--------------|---------|
| 2 | wt | 10 | Amina Dillmann | | DC2 | 44.60 | 45.76 | |
| | rd | 24 | Esmee van Randeraat | | DC1 | 44.61 | 45.25 | |
| | | | Amina Dillmann | | Esmee van Randeraat | | | |
| | | | 100m | 12.23 | (12.23) | 100m | 12.20 | (12.20) |
| | | | 500m | 45.76 | (33.53) | 500m | 45.25 | (33.05) |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------|--------------------------|-------|----------------------|-------|--------------|---------|
| 3 | wt | 18 | Daphne van Kooten | | DC2 | 44.39 | 44.31 | PR |
| | rd | 32 | Jade Zijlstra | | DC2 | 44.34 | 47.22 | |
| | | | Daphne van Kooten | | Jade Zijlstra | | | |
| | | | 100m | 11.80 | (11.80) | 100m | 12.83 | (12.83) |
| | | | 500m | 44.31 | (32.51) | 500m | 47.22 | (34.39) |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------|-----------------------|-------|---------------------|-------|--------------|---------|
| 4 | wt | 31 | Lotte Welboren | | DC2 | 44.42 | 45.04 | |
| | rd | 6 | Marrit Bosma | | DC1 | 44.43 | 45.72 | |
| | | | Lotte Welboren | | Marrit Bosma | | | |
| | | | 100m | 12.13 | (12.13) | 100m | 12.56 | (12.56) |
| | | | 500m | 45.04 | (32.91) | 500m | 45.72 | (33.16) |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------|-------------------------|-------|--------------------|-------|--------------|---------|
| 5 | wt | 27 | Mariska Stegenga | | DC2 | 43.73 | 45.36 | |
| | rd | 17 | Kaya Kolder | | DC1 | 44.45 | 46.53 | |
| | | | Mariska Stegenga | | Kaya Kolder | | | |
| | | | 100m | 12.63 | (12.63) | 100m | 12.95 | (12.95) |
| | | | 500m | 45.36 | (32.73) | 500m | 46.53 | (33.58) |

| | | Naam | | | Cat | | | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|------------------------|-------|---------|-------|--------------|------|
| 6 | wt | 25 | Elena Ruijtenberg | | DC2 | | | 44.58 | 44.97 | |
| | rd | 15 | Kyra Kamstra | | DC1 | | | 44.13 | 44.76 | |
| | | Elena Ruijtenberg | | | Kyra Kamstra | | | | | |
| | | 100m | 12.19 | (12.19) | 100m | 11.93 | (11.93) | | | |
| | | 500m | 44.97 | (32.78) | 500m | 44.76 | (32.83) | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 7 | wt | 21 | Noa Petitjean | | DC2 | | | 42.92 | 45.13 | |
| | rd | 23 | Britt Post | | DC2 | | | 43.61 | 44.29 | |
| | | Noa Petitjean | | | Britt Post | | | | | |
| | | 100m | 12.08 | (12.08) | 100m | 11.96 | (11.96) | | | |
| | | 500m | 45.13 | (33.05) | 500m | 44.29 | (32.33) | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 8 | wt | 5 | Merthe Boos | | DC2 | | | 43.65 | 45.15 | |
| | rd | 19 | Rosan Kuip | | DC2 | | | 43.12 | 44.08 | |
| | | Merthe Boos | | | Rosan Kuip | | | | | |
| | | 100m | 11.90 | (11.90) | 100m | 11.79 | (11.79) | | | |
| | | 500m | 45.15 | (33.25) | 500m | 44.08 | (32.29) | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 9 | wt | 20 | Nienke Meesters | | DC1 | | | 43.52 | 44.81 | |
| | rd | 30 | Hannah de Vries | | DC1 | | | 43.02 | 43.98 | |
| | | Nienke Meesters | | | Hannah de Vries | | | | | |
| | | 100m | 12.04 | (12.04) | 100m | 11.89 | (11.89) | | | |
| | | 500m | 44.81 | (32.77) | 500m | 43.98 | (32.09) | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 10 | wt | 13 | Maud Groenen | | DC2 | | | 43.16 | 44.77 | |
| | rd | 4 | Emma van Beek | | DC1 | | | 43.85 | DQ | |
| | | Maud Groenen | | | Emma van Beek | | | | | |
| | | 100m | 11.78 | (11.78) | | | | | | |
| | | 500m | 44.77 | (32.99) | | | | | | |

| | | Naam | | | Cat | | | PR | Tijd | Info |
|----|----|---------------------|----------------------|---------|----------------------|-------|---------|-------|--------------|------|
| 11 | wt | 12 | Veerle Friso | | DC2 | | | 42.52 | 43.87 | |
| | rd | 1 | Anouk Aalders | | DC2 | | | 42.30 | 44.05 | |
| | | Veerle Friso | | | Anouk Aalders | | | | | |
| | | 100m | 11.99 | (11.99) | 100m | 12.17 | (12.17) | | | |
| | | 500m | 43.87 | (31.88) | 500m | 44.05 | (31.88) | | | |

| | | Naam | | | Cat | | | PR | Tijd | Info |
|----|----|-----------------------|---------------------------|---------|---------------------------|-------|---------|-------|--------------|------|
| 12 | wt | 2 | Fleur Alkemade | | DC1 | | | 41.89 | 42.71 | |
| | rd | 8 | Scarlett de Bruijn | | DC2 | | | 42.69 | 44.40 | |
| | | Fleur Alkemade | | | Scarlett de Bruijn | | | | | |
| | | 100m | 11.42 | (11.42) | 100m | 12.13 | (12.13) | | | |
| | | 500m | 42.71 | (31.29) | 500m | 44.40 | (32.27) | | | |

| | | Naam | | | Cat | | | PR | Tijd | Info |
|----|----|----------------------------|----------------------------|---------|-------------------------|--|--|-------|--------------|------|
| 13 | wt | 29 | Kailey van der Veen | | DC1 | | | 42.37 | 43.64 | |
| | rd | 14 | Jasmijn ter Haar | | DC2 | | | 41.26 | DQ | |
| | | Kailey van der Veen | | | Jasmijn ter Haar | | | | | |
| | | 100m | 11.93 | (11.93) | | | | | | |
| | | 500m | 43.64 | (31.71) | | | | | | |

| | | Naam | | | Cat | | | PR | Tijd | Info |
|----|----|---------------------------|---------------------------|---------|---------------------|-------|---------|-------|--------------|------|
| 14 | wt | 11 | Eva-Sofie Elferink | | DC2 | | | 42.10 | 43.94 | |
| | rd | 16 | Liv Kogelman | | DC1 | | | 42.87 | 44.82 | |
| | | Eva-Sofie Elferink | | | Liv Kogelman | | | | | |
| | | 100m | 11.86 | (11.86) | 100m | 11.94 | (11.94) | | | |
| | | 500m | 43.94 | (32.08) | 500m | 44.82 | (32.88) | | | |

2. Uitslag Jongens 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------------|-----|------|------|-------|------|--------|
| 1 | 3 Jack Boekema | HC2 | 12 | I | 38.43 | TRC | |
| 2 | 9 Matthijs de Haan | HC2 | 14 | I | 39.48 | | |
| 3 | 10 Tijn van Harten | HC2 | 13 | O | 40.05 | | |
| 4 | 2 David Baas | HC2 | 12 | O | 40.32 | | |
| 5 | 32 Melle van der Zee | HC2 | 6 | I | 40.39 | PR | |
| 6 | 7 Stian van Etten | HC2 | 8 | I | 40.51 | | |
| 7 | 13 Johannes Hoomans | HC1 | 11 | O | 40.76 | | |
| 8 | 31 Hannes van de Wetering | HC1 | 8 | O | 41.01 | | |
| 9 | 29 Stijn Vlieland | HC2 | 14 | O | 41.07 | | |
| 10 | 12 Tom van Hofwegen | HC2 | 4 | I | 41.57 | | |
| 11 | 23 Jaron Ridder | HC2 | 11 | I | 41.58 | | |
| 12 | 1 Jarno Baars | HC1 | 7 | O | 41.61 | | |
| 13 | 19 Pom Peerdeman | HC1 | 4 | O | 41.69 | | |
| 14 | 5 Ramzi Coenraad | HC1 | 10 | O | 41.72 | | |
| 15 | 21 Damian Prijs | HC2 | 5 | I | 41.73 | | |
| 16 | 16 Mart Leroy | HC1 | 9 | I | 41.90 | | |
| 17 | 26 Mart Sypersma | HC2 | 9 | O | 41.91 | | |
| 18 | 22 Laurens de Putter | HC2 | 10 | I | 41.94 | | |
| 19 | 4 Sven Burghoorn | HC2 | 13 | I | 42.03 | | |
| 20 | 18 Ishan Olden | HC2 | 3 | O | 42.12 | | |
| 21 | 14 Mees Klunder | HC2 | 2 | I | 42.31 | | |
| 22 | 8 Stefan Everts | HC1 | 3 | I | 42.37 | | |
| 23 | 6 Wessel Deken | HC1 | 2 | O | 42.39 | | |
| 24 | 30 Tijl de Vries | HC2 | 5 | O | 42.50 | | |
| 25 | 24 Djem Smeele | HC2 | 6 | O | 42.56 | | |
| 26 | 25 Milan Stam | HC2 | 1 | I | 42.69 | | |
| 27 | 28 Koen Veerman | HC2 | 1 | O | 42.90 | | |
| 28 | 27 Anton van der Tol | HC2 | 7 | I | 43.24 | | |
| | 20 Peng Shen Plugge | HC2 | | | | WDR | |

2. Rituitslag Jongens 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-------------------|---------------------|---------|---------------------|-------|--------------|------|
| 1 | wt | 25 | Milan Stam | | HC2 | 41.08 | 42.69 | |
| | rd | 28 | Koen Veerman | | HC2 | 42.65 | 42.90 | |
| | | <u>Milan Stam</u> | | | <u>Koen Veerman</u> | | | |
| | | 100m | 11.47 | (11.47) | 100m | 11.83 | (11.83) | |
| | | 500m | 42.69 | (31.22) | 500m | 42.90 | (31.07) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|---------------------|---------------------|---------|---------------------|-------|--------------|------|
| 2 | wt | 14 | Mees Klunder | | HC2 | 42.04 | 42.31 | |
| | rd | 6 | Wessel Deken | | HC1 | 41.86 | 42.39 | |
| | | <u>Mees Klunder</u> | | | <u>Wessel Deken</u> | | | |
| | | 100m | 11.58 | (11.58) | 100m | 11.75 | (11.75) | |
| | | 500m | 42.31 | (30.73) | 500m | 42.39 | (30.64) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|----------------------|----------------------|---------|--------------------|-------|--------------|------|
| 3 | wt | 8 | Stefan Everts | | HC1 | 42.02 | 42.37 | |
| | rd | 18 | Ishan Olden | | HC2 | 41.25 | 42.12 | |
| | | <u>Stefan Everts</u> | | | <u>Ishan Olden</u> | | | |
| | | 100m | 11.73 | (11.73) | 100m | 11.61 | (11.61) | |
| | | 500m | 42.37 | (30.64) | 500m | 42.12 | (30.51) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-------------------------|-------------------------|---------|----------------------|-------|--------------|------|
| 4 | wt | 12 | Tom van Hofwegen | | HC2 | 40.93 | 41.57 | |
| | rd | 19 | Pom Peerdeman | | HC1 | 41.21 | 41.69 | |
| | | <u>Tom van Hofwegen</u> | | | <u>Pom Peerdeman</u> | | | |
| | | 100m | 11.26 | (11.26) | 100m | 11.45 | (11.45) | |
| | | 500m | 41.57 | (30.31) | 500m | 41.69 | (30.24) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|---------------------|----------------------|---------|----------------------|-------|--------------|------|
| 5 | wt | 21 | Damian Prijs | | HC2 | 41.54 | 41.73 | |
| | rd | 30 | Tijl de Vries | | HC2 | 41.32 | 42.50 | |
| | | <u>Damian Prijs</u> | | | <u>Tijl de Vries</u> | | | |
| | | 100m | 11.74 | (11.74) | 100m | 11.37 | (11.37) | |
| | | 500m | 41.73 | (29.99) | 500m | 42.50 | (31.13) | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|-----------------------------|---------------|--------------------|---------------|------|
| 6 | wt | 32 Melle van der Zee | HC2 | 41.48 | 40.39 | PR |
| | rd | 24 Djem Smeele | HC2 | 41.72 | 42.56 | |
| | | Melle van der Zee | | Djem Smeele | | |
| | | 100m | 11.09 (11.09) | 100m | 11.46 (11.46) | |
| | | 500m | 40.39 (29.30) | 500m | 42.56 (31.10) | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|-----------------------------|---------------|--------------------|---------------|------|
| 7 | wt | 27 Anton van der Tol | HC2 | 41.12 | 43.24 | |
| | rd | 1 Jarno Baars | HC1 | 40.72 | 41.61 | |
| | | Anton van der Tol | | Jarno Baars | | |
| | | 100m | 12.11 (12.11) | 100m | 11.20 (11.20) | |
| | | 500m | 43.24 (31.13) | 500m | 41.61 (30.41) | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|----------------------------------|---------------|-------------------------------|---------------|------|
| 8 | wt | 7 Stian van Etten | HC2 | 40.10 | 40.51 | |
| | rd | 31 Hannes van de Wetering | HC1 | 40.74 | 41.01 | |
| | | Stian van Etten | | Hannes van de Wetering | | |
| | | 100m | 11.21 (11.21) | 100m | 11.14 (11.14) | |
| | | 500m | 40.51 (29.30) | 500m | 41.01 (29.87) | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|-------------------------|---------------|----------------------|---------------|------|
| 9 | wt | 16 Mart Leroy | HC1 | 40.92 | 41.90 | |
| | rd | 26 Mart Sypersma | HC2 | 40.56 | 41.91 | |
| | | Mart Leroy | | Mart Sypersma | | |
| | | 100m | 11.43 (11.43) | 100m | 11.27 (11.27) | |
| | | 500m | 41.90 (30.47) | 500m | 41.91 (30.64) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|---------------|-----------------------|---------------|------|
| 10 | wt | 22 Laurens de Putter | HC2 | 40.75 | 41.94 | |
| | rd | 5 Ramzi Coenraad | HC1 | 40.12 | 41.72 | |
| | | Laurens de Putter | | Ramzi Coenraad | | |
| | | 100m | 11.49 (11.49) | 100m | 11.16 (11.16) | |
| | | 500m | 41.94 (30.45) | 500m | 41.72 (30.56) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------|-----|-------------------------|--------------|------|
| 11 | wt | 23 Jaron Ridder | HC2 | 40.22 | 41.58 | |
| | rd | 13 Johannes Hoomans | HC1 | 38.85 | 40.76 | |
| | | Jaron Ridder | | Johannes Hoomans | | |
| | | 100m 11.13 (11.13) | | 100m 11.09 (11.09) | | |
| | | 500m 41.58 (30.45) | | 500m 40.76 (29.67) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 12 | wt | 3 Jack Boekema | HC2 | 37.04 | 38.43 | TRC |
| | rd | 2 David Baas | HC2 | 39.18 | 40.32 | |
| | | Jack Boekema | | David Baas | | |
| | | 100m 10.57 (10.57) | | 100m 10.92 (10.92) | | |
| | | 500m 38.43 (27.86) | | 500m 40.32 (29.40) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 13 | wt | 4 Sven Burghoorn | HC2 | 40.07 | 42.03 | |
| | rd | 10 Tijn van Harten | HC2 | 39.00 | 40.05 | |
| | | Sven Burghoorn | | Tijn van Harten | | |
| | | 100m 11.05 (11.05) | | 100m 11.18 (11.18) | | |
| | | 500m 42.03 (30.98) | | 500m 40.05 (28.87) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 14 | wt | 9 Matthijs de Haan | HC2 | 38.40 | 39.48 | |
| | rd | 29 Stijn Vlieland | HC2 | 39.45 | 41.07 | |
| | | Matthijs de Haan | | Stijn Vlieland | | |
| | | 100m 10.91 (10.91) | | 100m 11.41 (11.41) | | |
| | | 500m 39.48 (28.57) | | 500m 41.07 (29.66) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 15 | wt | 20 Peng Shen Plugge | HC2 | 39.78 | WDR | |
| | rd | | | | | |
| | | Peng Shen Plugge | | | | |
| | | | | m | | |

3. Uitslag Meisjes 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1 | 11 Eva-Sofie Elferink | DC2 | 13 | O | 2:11.28 | | |
| 2 | 2 Fleur Alkemade | DC1 | 14 | I | 2:13.25 | | |
| 3 | 12 Veerle Friso | DC2 | 13 | I | 2:14.77 | | |
| 4 | 29 Kailey van der Veen | DC1 | 14 | O | 2:15.69 | | |
| 5 | 1 Anouk Aalders | DC2 | 12 | O | 2:16.42 | | |
| 6 | 20 Nienke Meesters | DC1 | 8 | I | 2:17.86 | | |
| 7 | 30 Hannah de Vries | DC1 | 12 | I | 2:18.31 | | |
| 8 | 23 Britt Post | DC2 | 11 | O | 2:18.44 | | |
| 9 | 19 Rosan Kuip | DC2 | 11 | I | 2:18.86 | | |
| 10 | 8 Scarlett de Bruijn | DC2 | 10 | O | 2:18.99 | | |
| 11 | 31 Lotte Welboren | DC2 | 7 | O | 2:19.64 | | |
| 12 | 27 Mariska Stegenga | DC2 | 5 | O | 2:20.29 | | |
| 13 | 6 Marrit Bosma | DC1 | 4 | I | 2:21.19 | | |
| 14 | 15 Kyra Kamstra | DC1 | 9 | I | 2:21.44 | | |
| 15 | 10 Amina Dillmann | DC2 | 4 | O | 2:21.58 | | |
| 16 | 13 Maud Groenen | DC2 | 9 | O | 2:21.97 | | |
| 17 | 32 Jade Zijlstra | DC2 | 2 | O | 2:22.08 | | |
| | 5 Merthe Boos | DC2 | 6 | O | 2:22.08 | | |
| 19 | 18 Daphne van Kooten | DC2 | 10 | I | 2:22.44 | PR | |
| 20 | 25 Elena Ruijtenberg | DC2 | 7 | I | 2:22.73 | | |
| 21 | 24 Esmee van Randerat | DC1 | 5 | I | 2:23.18 | | |
| 22 | 26 Maureen van Seumeren | DC1 | 3 | I | 2:24.73 | | |
| 23 | 16 Liv Kogelman | DC1 | 8 | O | 2:25.52 | | |
| 24 | 4 Emma van Beek | DC1 | 1 | O | 2:26.10 | | |
| 25 | 17 Kaya Kolder | DC1 | 2 | I | 2:31.99 | | |
| 26 | 9 Selene Dekker | DC1 | 3 | O | 2:32.47 | | |
| | 14 Jasmijn ter Haar | DC2 | | | | WDR | |
| | 21 Noa Petitjean | DC2 | | | | WDR | |

3. Rituitslag Meisjes 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|-------|----|--------------------------------|---------|---------|-----------------------|-----------------|
| 1 | wt | 14 Jasmijn ter Haar | DC2 | 2:14.85 | | WDR |
| | rd | 4 Emma van Beek | DC1 | 2:17.90 | | 2:26.10 |
| | | <u>Jasmijn ter Haar</u> | | | <u>Emma van Beek</u> | |
| | | | | 300m | 29.15 | (29.15) |
| | | | | 700m | 1:05.11 | (35.96) |
| | | | | 1100m | 1:44.38 | (39.27) |
| | | | | 1500m | 2:26.10 | (41.72) |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 2 | gl | 17 Kaya Kolder | DC1 | 2:18.46 | | 2:31.99 |
| | bl | 32 Jade Zijlstra | DC2 | 2:14.70 | | 2:22.08 |
| | | <u>Kaya Kolder</u> | | | <u>Jade Zijlstra</u> | |
| | | 300m | 31.32 | (31.32) | 300m | 30.60 (30.60) |
| | | 700m | 1:07.73 | (36.41) | 700m | 1:05.98 (35.38) |
| | | 1100m | 1:48.53 | (40.80) | 1100m | 1:43.33 (37.35) |
| | | 1500m | 2:31.99 | (43.46) | 1500m | 2:22.08 (38.75) |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 3 | wt | 26 Maureen van Seumeren | DC1 | 2:21.01 | | 2:24.73 |
| | rd | 9 Selene Dekker | DC1 | 2:21.92 | | 2:32.47 |
| | | <u>Maureen van Seumeren</u> | | | <u>Selene Dekker</u> | |
| | | 300m | 30.55 | (30.55) | 300m | 30.73 (30.73) |
| | | 700m | 1:06.45 | (35.90) | 700m | 1:07.07 (36.34) |
| | | 1100m | 1:45.06 | (38.61) | 1100m | 1:49.03 (41.96) |
| | | 1500m | 2:24.73 | (39.67) | 1500m | 2:32.47 (43.44) |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 4 | gl | 6 Marrit Bosma | DC1 | 2:15.54 | | 2:21.19 |
| | bl | 10 Amina Dillmann | DC2 | 2:15.97 | | 2:21.58 |
| | | <u>Marrit Bosma</u> | | | <u>Amina Dillmann</u> | |
| | | 300m | 29.60 | (29.60) | 300m | 29.58 (29.58) |
| | | 700m | 1:04.35 | (34.75) | 700m | 1:04.65 (35.07) |
| | | 1100m | 1:41.76 | (37.41) | 1100m | 1:42.21 (37.56) |
| | | 1500m | 2:21.19 | (39.43) | 1500m | 2:21.58 (39.37) |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|-------------------------------|-----|-------------------------|----------------|------|
| 5 | wt | 24 Esmee van Randeraat | DC1 | 2:20.28 | 2:23.18 | |
| | rd | 27 Mariska Stegenga | DC2 | 2:11.18 | 2:20.29 | |
| | | <u>Esmee van Randeraat</u> | | <u>Mariska Stegenga</u> | | |
| | | 300m 30.64 (30.64) | | 300m 30.31 (30.31) | | |
| | | 700m 1:07.10 (36.46) | | 700m 1:04.98 (34.67) | | |
| | | 1100m 1:44.95 (37.85) | | 1100m 1:41.61 (36.63) | | |
| | | 1500m 2:23.18 (38.23) | | 1500m 2:20.29 (38.68) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 6 | gl | 21 Noa Petitjean | DC2 | 2:13.54 | WDR | |
| | bl | 5 Merthe Boos | DC2 | 2:16.25 | 2:22.08 | |
| | | <u>Noa Petitjean</u> | | <u>Merthe Boos</u> | | |
| | | | | 300m 29.44 (29.44) | | |
| | | | | 700m 1:04.24 (34.80) | | |
| | | | | 1100m 1:42.22 (37.98) | | |
| | | | | 1500m 2:22.08 (39.86) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 7 | wt | 25 Elena Ruijtenberg | DC2 | 2:19.25 | 2:22.73 | |
| | rd | 31 Lotte Welboren | DC2 | 2:16.05 | 2:19.64 | |
| | | <u>Elena Ruijtenberg</u> | | <u>Lotte Welboren</u> | | |
| | | 300m 30.36 (30.36) | | 300m 29.27 (29.27) | | |
| | | 700m 1:06.18 (35.82) | | 700m 1:03.48 (34.21) | | |
| | | 1100m 1:43.74 (37.56) | | 1100m 1:40.35 (36.87) | | |
| | | 1500m 2:22.73 (38.99) | | 1500m 2:19.64 (39.29) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 8 | gl | 20 Nienke Meesters | DC1 | 2:13.46 | 2:17.86 | |
| | bl | 16 Liv Kogelman | DC1 | 2:18.72 | 2:25.52 | |
| | | <u>Nienke Meesters</u> | | <u>Liv Kogelman</u> | | |
| | | 300m 29.82 (29.82) | | 300m 29.64 (29.64) | | |
| | | 700m 1:04.67 (34.85) | | 700m 1:05.71 (36.07) | | |
| | | 1100m 1:40.98 (36.31) | | 1100m 1:44.26 (38.55) | | |
| | | 1500m 2:17.86 (36.88) | | 1500m 2:25.52 (41.26) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|-----------------------|---------------------------|------|
| 9 | wt | 15 Kyra Kamstra | DC1 | 2:14.50 | 2:21.44 | |
| | rd | 13 Maud Groenen | DC2 | 2:14.82 | 2:21.97 | |
| | | Kyra Kamstra | | | Maud Groenen | |
| | | 300m 30.34 (30.34) | | 300m 29.52 (29.52) | | |
| | | 700m 1:06.31 (35.97) | | 700m 1:05.46 (35.94) | | |
| | | 1100m 1:43.46 (37.15) | | 1100m 1:43.44 (37.98) | | |
| | | 1500m 2:21.44 (37.98) | | 1500m 2:21.97 (38.53) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 10 | gl | 18 Daphne van Kooten | DC2 | 2:23.64 | 2:22.44 | PR |
| | bl | 8 Scarlett de Bruijn | DC2 | 2:13.63 | 2:18.99 | |
| | | Daphne van Kooten | | | Scarlett de Bruijn | |
| | | 300m 29.63 (29.63) | | 300m 28.81 (28.81) | | |
| | | 700m 1:04.76 (35.13) | | 700m 1:03.10 (34.29) | | |
| | | 1100m 1:42.11 (37.35) | | 1100m 1:40.21 (37.11) | | |
| | | 1500m 2:22.44 (40.33) | | 1500m 2:18.99 (38.78) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 11 | wt | 19 Rosan Kuip | DC2 | 2:13.93 | 2:18.86 | |
| | rd | 23 Britt Post | DC2 | 2:13.02 | 2:18.44 | |
| | | Rosan Kuip | | | Britt Post | |
| | | 300m 28.82 (28.82) | | 300m 29.03 (29.03) | | |
| | | 700m 1:03.50 (34.68) | | 700m 1:03.05 (34.02) | | |
| | | 1100m 1:40.69 (37.19) | | 1100m 1:39.90 (36.85) | | |
| | | 1500m 2:18.86 (38.17) | | 1500m 2:18.44 (38.54) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 12 | gl | 30 Hannah de Vries | DC1 | 2:16.22 | 2:18.31 | |
| | bl | 1 Anouk Aalders | DC2 | 2:12.03 | 2:16.42 | |
| | | Hannah de Vries | | | Anouk Aalders | |
| | | 300m 28.57 (28.57) | | 300m 28.76 (28.76) | | |
| | | 700m 1:02.83 (34.26) | | 700m 1:02.41 (33.65) | | |
| | | 1100m 1:39.36 (36.53) | | 1100m 1:38.38 (35.97) | | |
| | | 1500m 2:18.31 (38.95) | | 1500m 2:16.42 (38.04) | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------|----------------------------|---------|----------------------------|---------|----------------|------|
| 13 | wt | 12 | Veerle Friso | | DC2 | 2:09.47 | 2:14.77 | |
| | rd | 11 | Eva-Sofie Elferink | | DC2 | 2:08.24 | 2:11.28 | |
| | | Veerle Friso | | | Eva-Sofie Elferink | | | |
| | | 300m | 28.49 | (28.49) | 300m | 29.21 | (29.21) | |
| | | 700m | 1:02.19 | (33.70) | 700m | 1:02.08 | (32.87) | |
| | | 1100m | 1:37.72 | (35.53) | 1100m | 1:36.06 | (33.98) | |
| | | 1500m | 2:14.77 | (37.05) | 1500m | 2:11.28 | (35.22) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 14 | gl | 2 | Fleur Alkemade | | DC1 | 2:08.84 | 2:13.25 | |
| | bl | 29 | Kailey van der Veen | | DC1 | 2:10.30 | 2:15.69 | |
| | | Fleur Alkemade | | | Kailey van der Veen | | | |
| | | 300m | 28.20 | (28.20) | 300m | 28.65 | (28.65) | |
| | | 700m | 1:00.19 | (31.99) | 700m | 1:01.98 | (33.33) | |
| | | 1100m | 1:34.98 | (34.79) | 1100m | 1:38.60 | (36.62) | |
| | | 1500m | 2:13.25 | (38.27) | 1500m | 2:15.69 | (37.09) | |

4. Uitslag Jongens 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1 | 3 Jack Boekema | HC2 | 14 | I | 2:00.47 | | |
| 2 | 7 Stian van Etten | HC2 | 12 | O | 2:03.35 | | |
| 3 | 10 Tijn van Harten | HC2 | 13 | I | 2:03.45 | | |
| 4 | 29 Stijn Vlieland | HC2 | 10 | I | 2:03.70 | | |
| 5 | 32 Melle van der Zee | HC2 | 12 | I | 2:04.02 | | |
| 6 | 31 Hannes van de Wetering | HC1 | 11 | O | 2:05.34 | | |
| 7 | 21 Damian Prijs | HC2 | 7 | I | 2:06.06 | | |
| 8 | 9 Matthijs de Haan | HC2 | 14 | O | 2:07.14 | | |
| 9 | 13 Johannes Hoomans | HC1 | 11 | I | 2:07.58 | | |
| 10 | 8 Stefan Everts | HC1 | 4 | O | 2:07.60 | | |
| 11 | 6 Wessel Deken | HC1 | 3 | I | 2:08.77 | | |
| 12 | 18 Ishan Olden | HC2 | 5 | O | 2:09.03 | | |
| | 12 Tom van Hofwegen | HC2 | 10 | O | 2:09.03 | | |
| 14 | 1 Jarno Baars | HC1 | 9 | O | 2:09.56 | | |
| 15 | 22 Laurens de Putter | HC2 | 6 | O | 2:09.98 | | |
| 16 | 23 Jaron Ridder | HC2 | 9 | I | 2:10.59 | | |
| 17 | 28 Koen Veerman | HC2 | 1 | I | 2:11.37 | | |
| 18 | 19 Pom Peerdeman | HC1 | 8 | I | 2:11.86 | | |
| 19 | 2 David Baas | HC2 | 13 | O | 2:12.14 | | |
| 20 | 24 Djem Smeele | HC2 | 2 | I | 2:12.16 | | |
| 21 | 25 Milan Stam | HC2 | 2 | O | 2:12.26 | | |
| 22 | 5 Ramzi Coenraad | HC1 | 8 | O | 2:12.65 | | |
| 23 | 27 Anton van der Tol | HC2 | 1 | O | 2:13.18 | | |
| 24 | 14 Mees Klunder | HC2 | 4 | I | 2:14.08 | | |
| 25 | 30 Tijl de Vries | HC2 | 3 | O | 2:15.71 | | |
| 26 | 26 Mart Sypersma | HC2 | 6 | I | 2:17.33 | | |
| 27 | 4 Sven Burghoorn | HC2 | 5 | I | 2:20.23 | | |
| | 16 Mart Leroy | HC1 | 7 | O | | DQ | |

4. Rituitslag Jongens 1500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|-------|----|---------------------|--------------------------|---------|--------------------------|---------|----------------|------|
| 1 | wt | 28 | Koen Veerman | | HC2 | 2:09.05 | 2:11.37 | |
| | rd | 27 | Anton van der Tol | | HC2 | 2:05.35 | 2:13.18 | |
| | | Koen Veerman | | | Anton van der Tol | | | |
| | | 300m | 27.97 | (27.97) | 300m | 28.75 | (28.75) | |
| | | 700m | 1:00.36 | (32.39) | 700m | 1:02.08 | (33.33) | |
| | | 1100m | 1:35.01 | (34.65) | 1100m | 1:37.49 | (35.41) | |
| | | 1500m | 2:11.37 | (36.36) | 1500m | 2:13.18 | (35.69) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 2 | gl | 24 | Djem Smeele | | HC2 | 2:09.03 | 2:12.16 | |
| | bl | 25 | Milan Stam | | HC2 | 2:07.54 | 2:12.26 | |
| | | Djem Smeele | | | Milan Stam | | | |
| | | 300m | 27.88 | (27.88) | 300m | 28.37 | (28.37) | |
| | | 700m | 1:01.15 | (33.27) | 700m | 1:01.29 | (32.92) | |
| | | 1100m | 1:36.27 | (35.12) | 1100m | 1:36.80 | (35.51) | |
| | | 1500m | 2:12.16 | (35.89) | 1500m | 2:12.26 | (35.46) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 3 | wt | 6 | Wessel Deken | | HC1 | 2:06.72 | 2:08.77 | |
| | rd | 30 | Tijl de Vries | | HC2 | 2:10.26 | 2:15.71 | |
| | | Wessel Deken | | | Tijl de Vries | | | |
| | | 300m | 28.05 | (28.05) | 300m | 28.10 | (28.10) | |
| | | 700m | 1:00.31 | (32.26) | 700m | 1:01.72 | (33.62) | |
| | | 1100m | 1:34.29 | (33.98) | 1100m | 1:38.02 | (36.30) | |
| | | 1500m | 2:08.77 | (34.48) | 1500m | 2:15.71 | (37.69) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 4 | gl | 14 | Mees Klunder | | HC2 | 2:07.55 | 2:14.08 | |
| | bl | 8 | Stefan Everts | | HC1 | 2:06.32 | 2:07.60 | |
| | | Mees Klunder | | | Stefan Everts | | | |
| | | 300m | 27.84 | (27.84) | 300m | 28.07 | (28.07) | |
| | | 700m | 1:00.76 | (32.92) | 700m | 59.88 | (31.81) | |
| | | 1100m | 1:36.32 | (35.56) | 1100m | 1:32.87 | (32.99) | |
| | | 1500m | 2:14.08 | (37.76) | 1500m | 2:07.60 | (34.73) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|-------------------------|---------|---------|--------------------|---------|----------------|------|
| 5 | wt | 4 Sven Burghoorn | | | HC2 | 2:10.71 | 2:20.23 | |
| | rd | 18 Ishan Olden | | | HC2 | 2:05.64 | 2:09.03 | |
| | | Sven Burghoorn | | | Ishan Olden | | | |
| | | 300m | 26.63 | (26.63) | 300m | 27.92 | (27.92) | |
| | | 700m | 1:00.65 | (34.02) | 700m | 59.95 | (32.03) | |
| | | 1100m | 1:40.06 | (39.41) | 1100m | 1:33.72 | (33.77) | |
| | | 1500m | 2:20.23 | (40.17) | 1500m | 2:09.03 | (35.31) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|-----------------------------|---------|---------|--------------------------|---------|----------------|------|
| 6 | gl | 26 Mart Sypersma | | | HC2 | 2:05.54 | 2:17.33 | |
| | bl | 22 Laurens de Putter | | | HC2 | 2:04.74 | 2:09.98 | |
| | | Mart Sypersma | | | Laurens de Putter | | | |
| | | 300m | 27.91 | (27.91) | 300m | 27.42 | (27.42) | |
| | | 700m | 1:01.25 | (33.34) | 700m | 59.28 | (31.86) | |
| | | 1100m | 1:38.10 | (36.85) | 1100m | 1:33.48 | (34.20) | |
| | | 1500m | 2:17.33 | (39.23) | 1500m | 2:09.98 | (36.50) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|------------------------|---------|---------|-------------------|---------|----------------|------|
| 7 | wt | 21 Damian Prijs | | | HC2 | 2:03.19 | 2:06.06 | |
| | rd | 16 Mart Leroy | | | HC1 | 2:04.07 | DQ | |
| | | Damian Prijs | | | Mart Leroy | | | |
| | | 300m | 27.26 | (27.26) | | | | |
| | | 700m | 58.81 | (31.55) | | | | |
| | | 1100m | 1:31.38 | (32.57) | | | | |
| | | 1500m | 2:06.06 | (34.68) | | | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|-------------------------|---------|---------|-----------------------|---------|----------------|------|
| 8 | gl | 19 Pom Peerdeman | | | HC1 | 2:09.83 | 2:11.86 | |
| | bl | 5 Ramzi Coenraad | | | HC1 | 2:09.71 | 2:12.65 | |
| | | Pom Peerdeman | | | Ramzi Coenraad | | | |
| | | 300m | 27.40 | (27.40) | 300m | 27.05 | (27.05) | |
| | | 700m | 1:00.10 | (32.70) | 700m | 1:00.08 | (33.03) | |
| | | 1100m | 1:35.92 | (35.82) | 1100m | 1:35.96 | (35.88) | |
| | | 1500m | 2:11.86 | (35.94) | 1500m | 2:12.65 | (36.69) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------------|-----|-----------------------|-------------------------------|------|
| 9 | wt | 23 Jaron Ridder | HC2 | 2:05.93 | 2:10.59 | |
| | rd | 1 Jarno Baars | HC1 | 2:08.12 | 2:09.56 | |
| | | Jaron Ridder | | | Jarno Baars | |
| | | 300m 27.38 (27.38) | | 300m 26.91 (26.91) | | |
| | | 700m 1:00.00 (32.62) | | 700m 59.29 (32.38) | | |
| | | 1100m 1:34.82 (34.82) | | 1100m 1:34.24 (34.95) | | |
| | | 1500m 2:10.59 (35.77) | | 1500m 2:09.56 (35.32) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 10 | gl | 29 Stijn Vlieland | HC2 | 1:57.83 | 2:03.70 | |
| | bl | 12 Tom van Hofwegen | HC2 | 2:05.35 | 2:09.03 | |
| | | Stijn Vlieland | | | Tom van Hofwegen | |
| | | 300m 27.02 (27.02) | | 300m 27.16 (27.16) | | |
| | | 700m 57.55 (30.53) | | 700m 58.94 (31.78) | | |
| | | 1100m 1:29.98 (32.43) | | 1100m 1:33.32 (34.38) | | |
| | | 1500m 2:03.70 (33.72) | | 1500m 2:09.03 (35.71) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 11 | wt | 13 Johannes Hoomans | HC1 | 2:02.22 | 2:07.58 | |
| | rd | 31 Hannes van de Wetering | HC1 | 2:04.71 | 2:05.34 | |
| | | Johannes Hoomans | | | Hannes van de Wetering | |
| | | 300m 26.82 (26.82) | | 300m 26.85 (26.85) | | |
| | | 700m 58.56 (31.74) | | 700m 58.24 (31.39) | | |
| | | 1100m 1:32.21 (33.65) | | 1100m 1:31.04 (32.80) | | |
| | | 1500m 2:07.58 (35.37) | | 1500m 2:05.34 (34.30) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 12 | gl | 32 Melle van der Zee | HC2 | 2:01.51 | 2:04.02 | |
| | bl | 7 Stian van Etten | HC2 | 2:02.52 | 2:03.35 | |
| | | Melle van der Zee | | | Stian van Etten | |
| | | 300m 27.58 (27.58) | | 300m 26.98 (26.98) | | |
| | | 700m 58.19 (30.61) | | 700m 57.46 (30.48) | | |
| | | 1100m 1:30.73 (32.54) | | 1100m 1:29.78 (32.32) | | |
| | | 1500m 2:04.02 (33.29) | | 1500m 2:03.35 (33.57) | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------------------------|------------------------|---------|-------------------|---------|----------------|------|
| 13 | wt | 10 | Tijn van Harten | | HC2 | 1:57.97 | 2:03.45 | |
| | rd | 2 | David Baas | | HC2 | 2:05.39 | 2:12.14 | |
| | | Tijn van Harten | | | David Baas | | | |
| | | 300m | 26.30 | (26.30) | 300m | 26.51 | (26.51) | |
| | | 700m | 56.77 | (30.47) | 700m | 58.38 | (31.87) | |
| | | 1100m | 1:29.58 | (32.81) | 1100m | 1:34.79 | (36.41) | |
| | | 1500m | 2:03.45 | (33.87) | 1500m | 2:12.14 | (37.35) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------|-------------------------|---------|-------------------------|---------|----------------|------|
| 14 | gl | 3 | Jack Boekema | | HC2 | 1:54.79 | 2:00.47 | |
| | bl | 9 | Matthijs de Haan | | HC2 | 1:59.33 | 2:07.14 | |
| | | Jack Boekema | | | Matthijs de Haan | | | |
| | | 300m | 25.22 | (25.22) | 300m | 26.89 | (26.89) | |
| | | 700m | 55.02 | (29.80) | 700m | 57.83 | (30.94) | |
| | | 1100m | 1:27.36 | (32.34) | 1100m | 1:31.32 | (33.49) | |
| | | 1500m | 2:00.47 | (33.11) | 1500m | 2:07.14 | (35.82) | |