

## 1. Uitslag 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	50 Taeke Jongbloed	HC2	35	O	2:06.43	HT	
2	18 Jules van Winden	HB1	36	I	2:09.69	PR	
3	87 Nick Barendse	HC2	36	O	2:12.66	HT	
4	45 Peng Shen Plugge	HC1	33	I	2:13.34		
5	81 Susanne Prins	DA1	31	O	2:13.99		
6	47 Dong Yang Plugge	HB1	27	O	2:14.32	HT PR	
7	75 Bram van der Hoeven	HC2	27	I	2:14.33	PR	
8	86 Quinten de Jong	HC2	24	I	2:14.88	HT PR	
9	83 Thijs Heezen	HN2	25	O	2:16.31		
10	39 Robbert-Jan Neven	H45	32	I	2:16.52		
11	59 Liam Dias d'Ullois	HB1	29	O	2:17.24	PR	
12	57 Marco van Koppen	H50	30	O	2:18.61	PR	
13	52 Meerle van den Berg	DN2	29	I	2:18.94	PR	
14	42 Mees Blaauw	HC1	26	I	2:20.47	PR	
15	43 Amber Koetsier	DC2	28	O	2:21.58	HT PR	
16	63 Bert-Jan Mostert	H55	30	I	2:21.85		
17	29 Indy Kromokario	HB2	24	O	2:22.45	PR	
18	72 Lenthe Jansen	DB1	28	I	2:22.63		
19	69 Peter de Bruin	HPA	9	O	2:22.93		
20	84 Berto Anker	HA1	35	I	2:23.18		
21	36 Fiore Koutstaal	DPA	11	O	2:23.67		
22	3 Bjarne den Besten	HPB	12	I	2:25.45		
23	6 Olivier Wennekes	HPA	15	O	2:26.11	PR	
24	64 Blanche Cardinal Tremblay	DB2	26	O	2:27.06	PR	
25	71 Twan van Duuren	HPB	11	I	2:27.66		
26	10 Feline Solleveld	DC1	20	O	2:27.82	PR	
27	12 Ties Moerman	HPA	10	I	2:28.90		
28	62 Carl von Lindern	H55	23	O	2:29.09		
29	8 Keira Vissenberg	DC1	20	I	2:29.44	PR	
30	46 Julian Ras	HPA	17	I	2:30.40	PR	
31	89 Lara Castro Nortier	DC1	21	O	2:31.58	PR	
32	56 Janneke van den Bos	DSB	19	O	2:32.35	PR	
33	85 Indy de Jong	DA2	25	I	2:32.40		
34	28 Patrick Delanghe	H55	21	I	2:33.02		
35	27 Tippi Verbree	DPA	14	O	2:33.33		
36	53 Mathieu van der Horst	HPA	10	O	2:33.78		
37	61 Kees Hofwegen	H55	18	I	2:35.21		
38	17 Bente Barendse	DC2	17	O	2:35.36		

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
39	41 Liese van der Laan	DPC	5	I	2:35.40	HT	
40	51 Kai Budiarto	HPA	9	I	2:37.01		
41	74 Teije Hekkema	HC1	13	O	2:37.15	PR	
42	13 Valerie Gerritse	DPA	7	O	2:38.99		
43	55 Lindsey Eijgermans	DC1	13	I	2:40.05	PR	
44	14 Maaïke Helleman	DPA	8	O	2:40.30		
45	30 Nouschka Steenks	DPA	3	I	2:41.75		
46	38 Elin Lamain	DPB	5	O	2:42.37		
47	73 Maren de Bruin	DPB	8	I	2:42.55		
48	19 Tycho Petri	HPA	6	I	2:42.57		
49	9 Feline Scholten	DPC	4	I	2:42.73		
50	49 Ruben Star	HPA	7	I	2:43.86		
51	70 Caitlin Koenen	DA1	15	I	2:44.17		
52	82 Simone Gravesteyn	DC2	16	I	2:44.69	PR	
53	25 Wende Linnenbank	DPC	6	O	2:45.06		
54	44 Femke Govers	DA1	16	O	2:45.62		
55	88 Aad van Kleef	H65	18	O	2:47.21		
56	20 Medde Barendse	DPB	3	O	2:47.56		
57	58 Renate van Koppen	D45	14	I	2:48.19	PR	
58	80 Roos Bos	DPC	2	I	2:49.35		
59	37 Lotte Janssen	DPB	1	O	2:50.43		
60	21 Noortje de Nie	DPA	2	O	2:51.20		
61	15 Oona Alleblas	DPA	4	O	2:51.22		
62	90 Hessel Veldhuizen	HPD	1	I	2:52.82		
	68 Eline Stubert	DSA	19	I	DNS		
	48 Matthijs de Haan	HC1	31	I	DNS		
	67 Vigo Nederstigt	HA2	32	O	DNS		
	4 Kees de Ruijter	HA1	33	O	DNS		

## 1. Rituitslag 1500 meter

		Naam		Cat		PR	Tijd	Info
1	wt	90	<b>Hessel Veldhuizen</b>		HPD		<b>2:52.82</b>	
	rd	37	<b>Lotte Janssen</b>		DPB		<b>2:50.43</b>	
		<b>Hessel Veldhuizen</b>			<b>Lotte Janssen</b>			
		300m	36.96	(36.96)	300m	36.49	(36.49)	
		700m	1:22.17	(45.21)	700m	1:20.70	(44.21)	
		1100m	2:08.28	(46.11)	1100m	2:06.15	(45.45)	
		1500m	2:52.82	(44.54)	1500m	2:50.43	(44.28)	

		Naam		Cat		PR	Tijd	Info
2	gl	80	<b>Roos Bos</b>		DPC		<b>2:49.35</b>	
	bl	21	<b>Noortje de Nie</b>		DPA		<b>2:51.20</b>	
		<b>Roos Bos</b>			<b>Noortje de Nie</b>			
		300m	35.56	(35.56)	300m	35.93	(35.93)	
		700m	1:19.54	(43.98)	700m	1:19.55	(43.62)	
		1100m	2:04.96	(45.42)	1100m	2:05.84	(46.29)	
		1500m	2:49.35	(44.39)	1500m	2:51.20	(45.36)	

		Naam		Cat		PR	Tijd	Info
3	wt	30	<b>Nouschka Steenks</b>		DPA		<b>2:41.75</b>	
	rd	20	<b>Medde Barendse</b>		DPB		<b>2:47.56</b>	
		<b>Nouschka Steenks</b>			<b>Medde Barendse</b>			
		300m	34.73	(34.73)	300m	35.07	(35.07)	
		700m	1:17.07	(42.34)	700m	1:15.79	(40.72)	
		1100m	2:00.84	(43.77)	1100m	2:01.10	(45.31)	
		1500m	2:41.75	(40.91)	1500m	2:47.56	(46.46)	

		Naam		Cat		PR	Tijd	Info
4	gl	9	<b>Feline Scholten</b>		DPC		<b>2:42.73</b>	
	bl	15	<b>Oona Alleblas</b>		DPA		<b>2:51.22</b>	
		<b>Feline Scholten</b>			<b>Oona Alleblas</b>			
		300m	35.00	(35.00)	300m	35.24	(35.24)	
		700m	1:17.08	(42.08)	700m	1:18.12	(42.88)	
		1100m	2:00.53	(43.45)	1100m	2:04.48	(46.36)	
		1500m	2:42.73	(42.20)	1500m	2:51.22	(46.74)	

		Naam		Cat		PR	Tijd	Info
5	wt	41	<b>Liese van der Laan</b>		DPC		<b>2:35.40</b>	HT
	rd	38	<b>Elin Lamain</b>		DPB		<b>2:42.37</b>	
		<b>Liese van der Laan</b>			<b>Elin Lamain</b>			
		300m	2:35.40	(155.40)	300m	33.98	(33.98)	
					700m	1:15.00	(41.02)	
					1100m	1:58.48	(43.48)	
					1500m	2:42.37	(43.89)	
<hr/>								
		Naam		Cat		PR	Tijd	Info
6	gl	19	<b>Tycho Petri</b>		HPA		<b>2:42.57</b>	
	bl	25	<b>Wende Linnenbank</b>		DPC		<b>2:45.06</b>	
		<b>Tycho Petri</b>			<b>Wende Linnenbank</b>			
		300m	34.55	(34.55)	300m	34.63	(34.63)	
		700m	1:16.93	(42.38)	700m	1:17.08	(42.45)	
		1100m	2:00.53	(43.60)	1100m	2:00.77	(43.69)	
		1500m	2:42.57	(42.04)	1500m	2:45.06	(44.29)	
<hr/>								
		Naam		Cat		PR	Tijd	Info
7	wt	49	<b>Ruben Star</b>		HPA		<b>2:43.86</b>	
	rd	13	<b>Valerie Gerritse</b>		DPA		<b>2:38.99</b>	
		<b>Ruben Star</b>			<b>Valerie Gerritse</b>			
		300m	35.62	(35.62)	300m	34.63	(34.63)	
		700m	1:16.50	(40.88)	700m	1:14.44	(39.81)	
		1100m	2:00.40	(43.90)	1100m	1:56.07	(41.63)	
		1500m	2:43.86	(43.46)	1500m	2:38.99	(42.92)	
<hr/>								
		Naam		Cat		PR	Tijd	Info
8	gl	73	<b>Maren de Bruin</b>		DPB		<b>2:42.55</b>	
	bl	14	<b>Maaïke Helleman</b>		DPA		<b>2:40.30</b>	
		<b>Maren de Bruin</b>			<b>Maaïke Helleman</b>			
		300m	34.41	(34.41)	300m	32.90	(32.90)	
		700m	1:15.62	(41.21)	700m	1:12.26	(39.36)	
		1100m	1:58.51	(42.89)	1100m	1:55.64	(43.38)	
		1500m	2:42.55	(44.04)	1500m	2:40.30	(44.66)	

		Naam	Cat	PR	Tijd	Info
9	wt	51 <b>Kai Budiarto</b>	HPA		<b>2:37.01</b>	
	rd	69 <b>Peter de Bruin</b>	HPA		<b>2:22.93</b>	

#### Kai Budiarto

300m	29.84	(29.84)
700m	1:07.74	(37.90)
1100m	1:50.44	(42.70)
1500m	2:37.01	(46.57)

#### Peter de Bruin

300m	30.65	(30.65)
700m	1:06.24	(35.59)
1100m	1:43.55	(37.31)
1500m	2:22.93	(39.38)

		Naam	Cat	PR	Tijd	Info
10	gl	12 <b>Ties Moerman</b>	HPA		<b>2:28.90</b>	
	bl	53 <b>Mathieu van der Horst</b>	HPA		<b>2:33.78</b>	

#### Ties Moerman

300m	31.22	(31.22)
700m	1:08.50	(37.28)
1100m	1:48.71	(40.21)
1500m	2:28.90	(40.19)

#### Mathieu van der Horst

300m	32.42	(32.42)
700m	1:12.24	(39.82)
1100m	1:54.12	(41.88)
1500m	2:33.78	(39.66)

		Naam	Cat	PR	Tijd	Info
11	wt	71 <b>Twan van Duuren</b>	HPB		<b>2:27.66</b>	
	rd	36 <b>Fiore Koutstaal</b>	DPA		<b>2:23.67</b>	

#### Twan van Duuren

300m	29.97	(29.97)
700m	1:07.69	(37.72)
1100m	1:48.35	(40.66)
1500m	2:27.66	(39.31)

#### Fiore Koutstaal

300m	30.22	(30.22)
700m	1:05.79	(35.57)
1100m	1:44.16	(38.37)
1500m	2:23.67	(39.51)

		Naam	Cat	PR	Tijd	Info
12	gl	3 <b>Bjarne den Besten</b>	HPB		<b>2:25.45</b>	
	bl					

#### Bjarne den Besten

300m	30.12	(30.12)
700m	1:08.12	(38.00)
1100m	1:47.66	(39.54)
1500m	2:25.45	(37.79)

m

		Naam	Cat	PR	Tijd	Info
13	wt	55 <b>Lindsey Eijgermans</b>	DC1	2:45.93	<b>2:40.05</b>	PR
	rd	74 <b>Teije Hekkema</b>	HC1	2:48.90	<b>2:37.15</b>	PR
		<b>Lindsey Eijgermans</b>			<b>Teije Hekkema</b>	
		300m 33.07 (33.07)		300m 1:11.69 (71.69)		
		700m 1:14.35 (41.28)		700m 1:40.18 (28.49)		
		1100m 1:57.55 (43.20)		1100m 2:08.66 (28.48)		
		1500m 2:40.05 (42.50)		1500m 2:37.15 (28.49)		
		Naam	Cat	PR	Tijd	Info
14	gl	58 <b>Renate van Koppen</b>	D45	2:50.61	<b>2:48.19</b>	PR
	bl	27 <b>Tippi Verbree</b>	DPA		<b>2:33.33</b>	
		<b>Renate van Koppen</b>			<b>Tippi Verbree</b>	
		300m 36.18 (36.18)		300m 32.16 (32.16)		
		700m 1:18.34 (42.16)		700m 1:11.11 (38.95)		
		1100m 2:02.63 (44.29)		1100m 1:52.32 (41.21)		
		1500m 2:48.19 (45.56)		1500m 2:33.33 (41.01)		
		Naam	Cat	PR	Tijd	Info
15	wt	70 <b>Caitlin Koenen</b>	DA1	2:35.40	<b>2:44.17</b>	
	rd	6 <b>Olivier Wennekes</b>	HPA	2:41.43	<b>2:26.11</b>	PR
		<b>Caitlin Koenen</b>			<b>Olivier Wennekes</b>	
		300m 33.25 (33.25)		300m 31.74 (31.74)		
		700m 1:13.56 (40.31)		700m 1:08.73 (36.99)		
		1100m 1:57.96 (44.40)		1100m 1:46.74 (38.01)		
		1500m 2:44.17 (46.21)		1500m 2:26.11 (39.37)		
		Naam	Cat	PR	Tijd	Info
16	gl	82 <b>Simone Gravesteyn</b>	DC2	2:50.11	<b>2:44.69</b>	PR
	bl	44 <b>Femke Govers</b>	DA1	2:42.07	<b>2:45.62</b>	
		<b>Simone Gravesteyn</b>			<b>Femke Govers</b>	
		300m 33.04 (33.04)		300m 32.80 (32.80)		
		700m 1:13.64 (40.60)		700m 1:11.90 (39.10)		
		1100m 1:59.26 (45.62)		1100m 1:57.74 (45.84)		
		1500m 2:44.69 (45.43)		1500m 2:45.62 (47.88)		

		Naam	Cat	PR	Tijd	Info
17	wt	46 <b>Julian Ras</b>	HPA	2:39.77	<b>2:30.40</b>	PR
	rd	17 <b>Bente Barendse</b>	DC2	2:33.68	<b>2:35.36</b>	
		<u>Julian Ras</u>			<u>Bente Barendse</u>	
		300m 30.74 (30.74)		300m 32.60 (32.60)		
		700m 1:09.49 (38.75)		700m 1:11.63 (39.03)		
		1100m 1:49.44 (39.95)		1100m 1:53.58 (41.95)		
		1500m 2:30.40 (40.96)		1500m 2:35.36 (41.78)		
		Naam	Cat	PR	Tijd	Info
18	gl	61 <b>Kees Hofwegen</b>	H55	2:28.45	<b>2:35.21</b>	
	bl	88 <b>Aad van Kleef</b>	H65	2:25.21	<b>2:47.21</b>	
		<u>Kees Hofwegen</u>			<u>Aad van Kleef</u>	
		300m 32.77 (32.77)		300m 36.88 (36.88)		
		700m 1:11.32 (38.55)		700m 1:19.05 (42.17)		
		1100m 1:52.67 (41.35)		1100m 2:02.39 (43.34)		
		1500m 2:35.21 (42.54)		1500m 2:47.21 (44.82)		
		Naam	Cat	PR	Tijd	Info
19	wt	68 <b>Eline Stubert</b>	DSA	2:12.54	<b>DNS</b>	
	rd	56 <b>Janneke van den Bos</b>	DSB	2:35.30	<b>2:32.35</b>	PR
		<u>Eline Stubert</u>			<u>Janneke van den Bos</u>	
				300m 32.61 (32.61)		
				700m 1:11.32 (38.71)		
				1100m 1:51.45 (40.13)		
				1500m 2:32.35 (40.90)		
		Naam	Cat	PR	Tijd	Info
20	gl	8 <b>Keira Vissenberg</b>	DC1	2:40.07	<b>2:29.44</b>	PR
	bl	10 <b>Feline Solleveld</b>	DC1	2:41.02	<b>2:27.82</b>	PR
		<u>Keira Vissenberg</u>			<u>Feline Solleveld</u>	
		300m 31.20 (31.20)		300m 32.17 (32.17)		
		700m 1:08.76 (37.56)		700m 1:09.65 (37.48)		
		1100m 1:48.66 (39.90)		1100m 1:49.20 (39.55)		
		1500m 2:29.44 (40.78)		1500m 2:27.82 (38.62)		

		Naam	Cat	PR	Tijd	Info
21	wt	28 <b>Patrick Delanghe</b>	H55		2:32.84	<b>2:33.02</b>
	rd	89 <b>Lara Castro Nortier</b>	DC1		2:34.31	<b>2:31.58</b> PR

**Patrick Delanghe**

300m	33.69	(33.69)
700m	1:12.62	(38.93)
1100m	1:52.35	(39.73)
1500m	2:33.02	(40.67)

**Lara Castro Nortier**

300m	30.81	(30.81)
700m	1:09.48	(38.67)
1100m	1:50.93	(41.45)
1500m	2:31.58	(40.65)

		Naam	Cat	PR	Tijd	Info
22	gl					
	bl					

m

m

		Naam	Cat	PR	Tijd	Info
23	wt					
	rd	62 <b>Carl von Lindern</b>	H55		2:20.98	<b>2:29.09</b>

**Carl von Lindern**

300m	32.77	(32.77)
700m	1:11.24	(38.47)
1100m	1:49.79	(38.55)
1500m	2:29.09	(39.30)

		Naam	Cat	PR	Tijd	Info
24	gl	86 <b>Quinten de Jong</b>	HC2		2:28.23	<b>2:14.88</b> HT PR
	bl	29 <b>Indy Kromokario</b>	HB2		2:26.88	<b>2:22.45</b> PR

**Quinten de Jong**

300m	2:14.88	(134.88)
------	---------	----------

**Indy Kromokario**

300m	28.58	(28.58)
700m	1:03.98	(35.40)
1100m	1:42.76	(38.78)
1500m	2:22.45	(39.69)



		Naam			Cat	PR	Tijd	Info
25	wt	85	<b>Indy de Jong</b>		DA2	2:22.92	<b>2:32.40</b>	
	rd	83	<b>Thijs Heezen</b>		HN2	2:16.01	<b>2:16.31</b>	
		<b>Indy de Jong</b>			<b>Thijs Heezen</b>			
		300m	32.25	(32.25)	300m	28.47	(28.47)	
		700m	1:10.19	(37.94)	700m	1:02.81	(34.34)	
		1100m	1:50.29	(40.10)	1100m	1:39.13	(36.32)	
		1500m	2:32.40	(42.11)	1500m	2:16.31	(37.18)	
		Naam			Cat	PR	Tijd	Info
26	gl	42	<b>Mees Blaauw</b>		HC1	2:32.24	<b>2:20.47</b>	PR
	bl	64	<b>Blanche Cardinal Tremblay</b>		DB2	2:34.39	<b>2:27.06</b>	PR
		<b>Mees Blaauw</b>			<b>Blanche Cardinal Tremblay</b>			
		300m	30.01	(30.01)	300m	29.20	(29.20)	
		700m	1:05.32	(35.31)	700m	1:05.28	(36.08)	
		1100m	1:42.87	(37.55)	1100m	1:45.78	(40.50)	
		1500m	2:20.47	(37.60)	1500m	2:27.06	(41.28)	
		Naam			Cat	PR	Tijd	Info
27	wt	75	<b>Bram van der Hoeven</b>		HC2	2:25.32	<b>2:14.33</b>	PR
	rd	47	<b>Dong Yang Plugge</b>		HB1	2:23.82	<b>2:14.32</b>	HT PR
		<b>Bram van der Hoeven</b>			<b>Dong Yang Plugge</b>			
		300m	29.22	(29.22)	300m	2:14.32	(134.32)	
		700m	1:03.42	(34.20)				
		1100m	1:38.88	(35.46)				
		1500m	2:14.33	(35.45)				
		Naam			Cat	PR	Tijd	Info
28	gl	72	<b>Lenthe Jansen</b>		DB1	2:21.36	<b>2:22.63</b>	
	bl	43	<b>Amber Koetsier</b>		DC2	2:22.33	<b>2:21.58</b>	HT PR
		<b>Lenthe Jansen</b>			<b>Amber Koetsier</b>			
		300m	30.93	(30.93)	300m	2:21.58	(141.58)	
		700m	1:06.74	(35.81)				
		1100m	1:44.69	(37.95)				
		1500m	2:22.63	(37.94)				

		Naam	Cat	PR	Tijd	Info
29	wt	52 <b>Meerle van den Berg</b>	DN2	2:19.34	<b>2:18.94</b>	PR
	rd	59 <b>Liam Dias d'Ullois</b>	HB1	2:18.68	<b>2:17.24</b>	PR
		<u>Meerle van den Berg</u>			<u>Liam Dias d'Ullois</u>	
		300m 29.59 (29.59)		300m 28.64 (28.64)		
		700m 1:04.26 (34.67)		700m 1:02.72 (34.08)		
		1100m 1:40.79 (36.53)		1100m 1:39.16 (36.44)		
		1500m 2:18.94 (38.15)		1500m 2:17.24 (38.08)		
		Naam	Cat	PR	Tijd	Info
30	gl	63 <b>Bert-Jan Mostert</b>	H55	2:11.55	<b>2:21.85</b>	
	bl	57 <b>Marco van Koppen</b>	H50	2:21.04	<b>2:18.61</b>	PR
		<u>Bert-Jan Mostert</u>			<u>Marco van Koppen</u>	
		300m 30.92 (30.92)		300m 31.06 (31.06)		
		700m 1:05.45 (34.53)		700m 1:05.75 (34.69)		
		1100m 1:41.96 (36.51)		1100m 1:41.47 (35.72)		
		1500m 2:21.85 (39.89)		1500m 2:18.61 (37.14)		
		Naam	Cat	PR	Tijd	Info
31	wt	48 <b>Matthijs de Haan</b>	HC1	2:08.90	<b>DNS</b>	
	rd	81 <b>Susanne Prins</b>	DA1	2:13.46	<b>2:13.99</b>	
		<u>Matthijs de Haan</u>			<u>Susanne Prins</u>	
				300m 28.27 (28.27)		
				700m 1:01.24 (32.97)		
				1100m 1:36.78 (35.54)		
				1500m 2:13.99 (37.21)		
		Naam	Cat	PR	Tijd	Info
32	gl	39 <b>Robbert-Jan Neven</b>	H45	2:14.62	<b>2:16.52</b>	
	bl	67 <b>Vigo Nederstigt</b>	HA2	2:17.34	<b>DNS</b>	
		<u>Robbert-Jan Neven</u>			<u>Vigo Nederstigt</u>	
		300m 28.43 (28.43)				
		700m 1:01.87 (33.44)				
		1100m 1:37.87 (36.00)				
		1500m 2:16.52 (38.65)				

		Naam	Cat	PR	Tijd Info
33	wt	45 <b>Peng Shen Plugge</b>	HC1	2:08.10	<b>2:13.34</b>
	rd	4 <b>Kees de Ruijter</b>	HA1	1:59.97	<b>DNS</b>

**Peng Shen Plugge**

300m	27.67	(27.67)
700m	1:00.82	(33.15)
1100m	1:36.07	(35.25)
1500m	2:13.34	(37.27)

**Kees de Ruijter**

		Naam	Cat	PR	Tijd Info
34	gl				
	bl				

m

m

		Naam	Cat	PR	Tijd Info
35	wt	84 <b>Berto Anker</b>	HA1	2:07.10	<b>2:23.18</b>
	rd	50 <b>Taeke Jongbloed</b>	HC2	2:04.76	<b>2:06.43</b> HT

**Berto Anker**

300m	27.42	(27.42)
700m	59.48	(32.06)
1100m	1:41.33	(41.85)
1500m	2:23.18	(41.85)

**Taeke Jongbloed**

300m	2:06.43	(126.43)
------	---------	----------

		Naam	Cat	PR	Tijd Info
36	gl	18 <b>Jules van Winden</b>	HB1	2:10.24	<b>2:09.69</b> PR
	bl	87 <b>Nick Barendse</b>	HC2	2:11.44	<b>2:12.66</b> HT

**Jules van Winden**

300m	1:00.33	(60.33)
700m	1:23.45	(23.12)
1100m	1:46.57	(23.12)
1500m	2:09.69	(23.12)

**Nick Barendse**

300m	2:12.66	(132.66)
------	---------	----------