

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

1. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	11 Sven Tas	HPC	1	I	12.76 PB	
2	10 Koen Tas	HPA	1	O	12.91 PB	
3	34 Rosanna Houthuijzen	DC2	2	I	13.48 PB	
4	15 Rinske van Stuivenberg	DPB	3	I	15.47	
5	19 Eva Khan	DPB	2	O	16.91	

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

1. Race Result 100 meter

		Name		Cat		PB		Time	Info
1	wt	11	Sven Tas		HPC		13.16	12.76	PB
	rd	10	Koen Tas		HPA		13.38	12.91	PB
		Sven Tas			Koen Tas				
		100m	12.76	(12.76)	100m	12.91	(12.91)		

		Name		Cat		PB		Time	Info
2	yw	34	Rosanna Houthuijzen		DC2		13.75	13.48	PB
	bl	19	Eva Khan		DPB		16.12	16.91	
		Rosanna Houthuijzen			Eva Khan				
		100m	13.48	(13.48)	100m	16.91	(16.91)		

		Name		Cat		PB		Time	Info
3	wt	15	Rinske van Stuivenberg		DPB		15.34	15.47	
	rd								
		Rinske van Stuivenberg							
		100m	15.47	(15.47)	m				

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

2. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	38 Nick Bontrop	HB1	4	I	39.98	
2	24 Samuel Gunnink	HB1	5	I	40.19 PB	
3	17 Lieuwe ter Hoeve	HB1	6	O	40.46 PB	
4	12 Gijs Nolen	HC2	5	O	40.48 PB	
5	21 Sjors Zautsen	HB1	6	I	40.95 PB	
6	31 Martin Heerma	H50	4	O	42.03	
7	18 Cleo Elenbaas	DB2	7	O	43.56 PB	
8	36 Geert Putter	HC2	7	I	43.75 PB	
9	32 Erik Jeuring	H40	11	O	44.65	
10	43 Bas Haakman	HB2	13	O	44.67 PB	
11	41 Volke van der Willigen	HB1	11	I	45.63 PB	
12	7 Fabienne Maarse	DC2	9	I	45.88	
13	2 Yara Kok	DC2	9	O	46.07	
14	39 Iris Verbeek	DB1	10	O	46.16	
15	28 Marco Roos	H60	12	O	46.22	
16	23 Jitte Schuitemaker	DA1	12	I	46.73	
17	1 Bart Kuil	H50	10	I	47.53	
18	20 Ayla Kaldenbach	DPA	15	O	47.86 PB	
19	40 Rene NOLEN	H50	15	I	48.17 PB	
20	16 Sandra van Bijlert-Burgerhout	D45	14	O	48.49	
21	11 Sven Tas	HPC	17	O	49.57 PB	
22	6 Bo Koolen	DN1	14	I	49.99	
23	29 Mark Lepelaar	H50	13	I	50.17	
24	10 Koen Tas	HPA	18	O	50.78 PB	
25	3 Lena de Groot	DC1	17	I	50.82 PB	
26	14 Lucas Kerkhof	HPB	18	I	51.67 PB	
27	9 Milou Ruurs	DA1	16	I	51.80	
28	4 Otto van Vijfeyken	HC2	20	I	57.19 PB	
29	37 Abel Lepelaar	HC2	21	O	57.94 PB	
30	13 Wieke van Stuivenberg	DC1	19	O	58.72	
31	34 Rosanna Houthuijzen	DC2	21	I	1:02.69 PB	
32	35 Maaike Haveman	DC1	16	O	1:03.06	
33	33 Kiki Houthuijzen	DC2	20	O	1:06.28	
34	19 Eva Khan	DPB	22	O	1:07.15	
35	15 Rinske van Stuivenberg	DPB	22	I	1:12.03 PB	

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

2. Race Result 500 meter

		Name		Cat		PB		Time	Info
4	wt	38	Nick Bontrop		HB1		39.54	39.98	
	rd	31	Martin Heerma		H50		39.87	42.03	
		Nick Bontrop			Martin Heerma				
		100m	11.03	(11.03)	100m	11.55	(11.55)		
		500m	39.98	(28.95)	500m	42.03	(30.48)		

		Name		Cat		PB		Time	Info
5	yw	24	Samuel Gunnink		HB1		40.35	40.19	PB
	bl	12	Gijs Nolen		HC2		40.94	40.48	PB
		Samuel Gunnink			Gijs Nolen				
		100m	11.39	(11.39)	100m	11.16	(11.16)		
		500m	40.19	(28.80)	500m	40.48	(29.32)		

		Name		Cat		PB		Time	Info
6	wt	21	Sjors Zautsen		HB1		41.31	40.95	PB
	rd	17	Lieuwe ter Hoeve		HB1		41.31	40.46	PB
		Sjors Zautsen			Lieuwe ter Hoeve				
		100m	11.12	(11.12)	100m	11.27	(11.27)		
		500m	40.95	(29.83)	500m	40.46	(29.19)		

		Name		Cat		PB		Time	Info
7	yw	36	Geert Putter		HC2		44.15	43.75	PB
	bl	18	Cleo Elenbaas		DB2		43.86	43.56	PB
		Geert Putter			Cleo Elenbaas				
		100m	12.23	(12.23)	100m	12.06	(12.06)		
		500m	43.75	(31.52)	500m	43.56	(31.50)		

		Name		Cat		PB		Time	Info
8	wt								
	rd								

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

		Name		Cat		PB		Time	Info
9	yw	7	Fabienne Maarse		DC2		45.18	45.88	
	bl	2	Yara Kok		DC2		45.05	46.07	
		Fabienne Maarse			Yara Kok				
		100m	12.56	(12.56)	100m	12.51	(12.51)		
		500m	45.88	(33.32)	500m	46.07	(33.56)		

		Name		Cat		PB		Time	Info
10	wt	1	Bart Kuil		H50		45.79	47.53	
	rd	39	Iris Verbeek		DB1		45.87	46.16	
		Bart Kuil			Iris Verbeek				
		100m	12.93	(12.93)	100m	13.05	(13.05)		
		500m	47.53	(34.60)	500m	46.16	(33.11)		

		Name		Cat		PB		Time	Info
11	yw	41	Volke van der Willigen		HB1		45.93	45.63	PB
	bl	32	Erik Jeuring		H40		43.77	44.65	
		Volke van der Willigen			Erik Jeuring				
		100m	11.95	(11.95)	100m	11.84	(11.84)		
		500m	45.63	(33.68)	500m	44.65	(32.81)		

		Name		Cat		PB		Time	Info
12	wt	23	Jitte Schuitemaker		DA1		46.03	46.73	
	rd	28	Marco Roos		H60		43.41	46.22	
		Jitte Schuitemaker			Marco Roos				
		100m	13.00	(13.00)	100m	12.67	(12.67)		
		500m	46.73	(33.73)	500m	46.22	(33.55)		

		Name		Cat		PB		Time	Info
13	yw	29	Mark Lepelaar		H50		47.44	50.17	
	bl	43	Bas Haakman		HB2		46.57	44.67	PB
		Mark Lepelaar			Bas Haakman				
		100m	13.31	(13.31)	100m	12.20	(12.20)		
		500m	50.17	(36.86)	500m	44.67	(32.47)		

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

		Name			Cat			PB	Time	Info
14	wt	6	Bo Koolen		DN1				49.99	
	rd	16	Sandra van Bijlert-Burgerhout		D45			45.75	48.49	
		Bo Koolen			Sandra van Bijlert-Burgerhout					
		100m	13.64	(13.64)	100m	12.97	(12.97)			
		500m	49.99	(36.35)	500m	48.49	(35.52)			
<hr/>										
		Name			Cat			PB	Time	Info
15	yw	40	Rene NOLEN		H50			48.28	48.17	PB
	bl	20	Ayla Kaldenbach		DPA			49.09	47.86	PB
		Rene NOLEN			Ayla Kaldenbach					
		100m	13.01	(13.01)	100m	13.11	(13.11)			
		500m	48.17	(35.16)	500m	47.86	(34.75)			
<hr/>										
		Name			Cat			PB	Time	Info
16	wt	9	Milou Ruurs		DA1			50.61	51.80	
	rd	35	Maaïke Haveman		DC1			53.50	1:03.06	
		Milou Ruurs			Maaïke Haveman					
		100m	13.33	(13.33)	100m	13.47	(13.47)			
		500m	51.80	(38.47)	500m	1:03.06	(49.59)			
<hr/>										
		Name			Cat			PB	Time	Info
17	yw	3	Lena de Groot		DC1			52.24	50.82	PB
	bl	11	Sven Tas		HPC			51.75	49.57	PB
		Lena de Groot			Sven Tas					
		100m	13.14	(13.14)	100m	12.94	(12.94)			
		500m	50.82	(37.68)	500m	49.57	(36.63)			
<hr/>										
		Name			Cat			PB	Time	Info
18	wt	14	Lucas Kerkhof		HPB			54.29	51.67	PB
	rd	10	Koen Tas		HPA			54.34	50.78	PB
		Lucas Kerkhof			Koen Tas					
		100m	12.89	(12.89)	100m	13.07	(13.07)			
		500m	51.67	(38.78)	500m	50.78	(37.71)			

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

	Name	Cat	PB	Time	Info		
19	yw						
	bl	13 Wieke van Stuivenberg	DC1	57.79	58.72		
		Wieke van Stuivenberg					
		m	100m	14.48	(14.48)		
			500m	58.72	(44.24)		
<hr/>							
	Name	Cat	PB	Time	Info		
20	wt	4 Otto van Vijfeyken	HC2	59.01	57.19 PB		
	rd	33 Kiki Houthuijzen	DC2	1:01.29	1:06.28		
		Otto van Vijfeyken		Kiki Houthuijzen			
		100m	13.70	(13.70)	100m	13.97	(13.97)
		500m	57.19	(43.49)	500m	1:06.28	(52.31)
<hr/>							
	Name	Cat	PB	Time	Info		
21	yw	34 Rosanna Houthuijzen	DC2	1:06.75	1:02.69 PB		
	bl	37 Abel Lepelaar	HC2	1:07.17	57.94 PB		
		Rosanna Houthuijzen		Abel Lepelaar			
		100m	13.61	(13.61)	100m	13.74	(13.74)
		500m	1:02.69	(49.08)	500m	57.94	(44.20)
<hr/>							
	Name	Cat	PB	Time	Info		
22	wt	15 Rinske van Stuivenberg	DPB	1:18.24	1:12.03 PB		
	rd	19 Eva Khan	DPB		1:07.15		
		Rinske van Stuivenberg		Eva Khan			
		100m	16.74	(16.74)	100m	16.70	(16.70)
		500m	1:12.03	(55.29)	500m	1:07.15	(50.45)

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

3. Result 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	32 Erik Jeurig	H40	23	I	1:31.46		
2	39 Iris Verbeek	DB1	23	O	1:31.84		
3	20 Ayla Kaldenbach	DPA	24	O	1:39.51		
4	6 Bo Koolen	DN1	25	I	1:42.29		
5	7 Fabienne Maarse	DC2	24	I	1:42.64	FL	
6	3 Lena de Groot	DC1	26	I	1:43.85	PB	
7	14 Lucas Kerkhof	HPB	27	O	1:50.49		
8	13 Wieke van Stuivenberg	DC1	27	I	2:00.76		
9	37 Abel Lepelaar	HC2	28	O	2:01.16		
10	33 Kiki Houthuijzen	DC2	28	I	2:01.25		
11	35 Maaïke Haveman	DC1	26	O	2:09.04		
	9 Milou Ruurs	DA1				WDR	

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

3. Race Result 1000 meter

		Name		Cat		PB		Time	Info
23	wt	32	Erik Jeuring		H40		1:25.30	1:31.46	
	rd	39	Iris Verbeek		DB1		1:29.51	1:31.84	

Erik Jeuring

200m	21.34	(21.34)
600m	55.27	(33.93)
1000m	1:31.46	(36.19)

Iris Verbeek

200m	22.86	(22.86)
600m	57.35	(34.49)
1000m	1:31.84	(34.49)

		Name		Cat		PB		Time	Info
24	yw	7	Fabienne Maarse		DC2		1:33.09	1:42.64	FL
	bl	20	Ayla Kaldenbach		DPA		1:39.09	1:39.51	

Fabienne Maarse

200m	21.62	(21.62)
600m	55.84	(34.22)
1000m	1:42.64	(46.80)

Ayla Kaldenbach

200m	23.57	(23.57)
600m	1:00.64	(37.07)
1000m	1:39.51	(38.87)

		Name		Cat		PB		Time	Info
25	wt	6	Bo Koolen		DN1			1:42.29	
	rd	9	Milou Ruurs		DA1		1:48.86	WDR	

Bo Koolen

200m	23.96	(23.96)
600m	1:02.29	(38.33)
1000m	1:42.29	(40.00)

Milou Ruurs

		Name		Cat		PB		Time	Info
26	yw	3	Lena de Groot		DC1		1:47.34	1:43.85	PB
	bl	35	Maaïke Haveman		DC1		1:52.92	2:09.04	

Lena de Groot

200m	23.69	(23.69)
600m	1:02.59	(38.90)
1000m	1:43.85	(41.26)

Maaïke Haveman

200m	25.96	(25.96)
600m	1:20.45	(54.49)
1000m	2:09.04	(48.59)

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

		Name		Cat		PB		Time	Info
27	wt	13	Wieke van Stuivenberg		DC1		2:00.70	2:00.76	
	rd	14	Lucas Kerkhof		HPB			1:50.49	
		Wieke van Stuivenberg			Lucas Kerkhof				
		200m	26.33	(26.33)	200m	23.75	(23.75)		
		600m	1:12.06	(45.73)	600m	1:05.77	(42.02)		
		1000m	2:00.76	(48.70)	1000m	1:50.49	(44.72)		
<hr/>									
		Name		Cat		PB		Time	Info
28	yw	33	Kiki Houthuijzen		DC2			2:01.25	
	bl	37	Abel Lepelaar		HC2			2:01.16	
		Kiki Houthuijzen			Abel Lepelaar				
		200m	26.69	(26.69)	200m	25.97	(25.97)		
		600m	1:12.57	(45.88)	600m	1:11.57	(45.60)		
		1000m	2:01.25	(48.68)	1000m	2:01.16	(49.59)		

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

4. Result 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	38 Nick Bontrop	HB1	30	I	2:00.65	PB	
	24 Samuel Gunnink	HB1	29	I	2:00.65		
3	17 Lieuwe ter Hoeve	HB1	31	O	2:01.36	PB	
4	21 Sjors Zautsen	HB1	31	I	2:03.40	PB	
5	12 Gijs Nolen	HC2	30	O	2:05.92	PB	
6	31 Martin Heerma	H50	29	O	2:08.38		
7	18 Cleo Elenbaas	DB2	33	I	2:13.81	PB	
8	36 Geert Putter	HC2	33	O	2:16.28	PB	
9	28 Marco Roos	H60	34	I	2:19.10		
10	23 Jitte Schuitemaker	DA1	35	O	2:19.29		
11	43 Bas Haakman	HB2	38	I	2:19.60	PB	
12	1 Bart Kuil	H50	36	I	2:21.17	PB	
13	40 Rene NOLEN	H50	37	O	2:22.39	PB	
14	16 Sandra van Bijlert-Burgerhout	D45	34	O	2:31.01		
15	41 Volke van der Willigen	HB1	36	O	2:32.45		
16	29 Mark Lepelaar	H50	37	I	2:39.45		
17	4 Otto van Vijfeyken	HC2	38	O	2:52.69	PB	
	2 Yara Kok	DC2				WDR	

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

4. Race Result 1500 meter

		Name	Cat	PB	Time	Info
29	wt	24 Samuel Gunnink	HB1	2:00.39	2:00.65	
	rd	31 Martin Heerma	H50	1:58.04	2:08.38	

Samuel Gunnink

300m	27.03	(27.03)
700m	56.96	(29.93)
1100m	1:28.10	(31.14)
1500m	2:00.65	(32.55)

Martin Heerma

300m	27.99	(27.99)
700m	59.75	(31.76)
1100m	1:33.38	(33.63)
1500m	2:08.38	(35.00)

		Name	Cat	PB	Time	Info
30	yw	38 Nick Bontrop	HB1	2:00.83	2:00.65	PB
	bl	12 Gijs Nolen	HC2	2:06.10	2:05.92	PB

Nick Bontrop

300m	26.48	(26.48)
700m	55.88	(29.40)
1100m	1:26.85	(30.97)
1500m	2:00.65	(33.80)

Gijs Nolen

300m	27.68	(27.68)
700m	59.71	(32.03)
1100m	1:32.68	(32.97)
1500m	2:05.92	(33.24)

		Name	Cat	PB	Time	Info
31	wt	21 Sjors Zautsen	HB1	2:06.27	2:03.40	PB
	rd	17 Lieuwe ter Hoeve	HB1	2:07.97	2:01.36	PB

Sjors Zautsen

300m	26.66	(26.66)
700m	57.07	(30.41)
1100m	1:29.22	(32.15)
1500m	2:03.40	(34.18)

Lieuwe ter Hoeve

300m	26.58	(26.58)
700m	56.60	(30.02)
1100m	1:28.56	(31.96)
1500m	2:01.36	(32.80)

		Name	Cat	PB	Time	Info
32	yw					
	bl					

m

m

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

		Name	Cat	PB	Time	Info
33	wt	18 Cleo Elenbaas	DB2	2:18.23	2:13.81	PB
	rd	36 Geert Putter	HC2	2:17.64	2:16.28	PB
		Cleo Elenbaas		Geert Putter		
		300m 29.08 (29.08)		300m 29.50 (29.50)		
		700m 1:02.17 (33.09)		700m 1:03.69 (34.19)		
		1100m 1:37.14 (34.97)		1100m 1:39.81 (36.12)		
		1500m 2:13.81 (36.67)		1500m 2:16.28 (36.47)		
<hr/>						
		Name	Cat	PB	Time	Info
34	yw	28 Marco Roos	H60	2:09.92	2:19.10	
	bl	16 Sandra van Bijlert-Burgerhout	D45	2:19.23	2:31.01	
		Marco Roos		Sandra van Bijlert-Burgerhout		
		300m 30.32 (30.32)		300m 32.07 (32.07)		
		700m 1:04.72 (34.40)		700m 1:09.86 (37.79)		
		1100m 1:41.54 (36.82)		1100m 1:50.08 (40.22)		
		1500m 2:19.10 (37.56)		1500m 2:31.01 (40.93)		
<hr/>						
		Name	Cat	PB	Time	Info
35	wt	2 Yara Kok	DC2	2:20.74	WDR	
	rd	23 Jitte Schuitemaker	DA1	2:17.55	2:19.29	
		Yara Kok		Jitte Schuitemaker		
				300m 30.94 (30.94)		
				700m 1:05.33 (34.39)		
				1100m 1:41.61 (36.28)		
				1500m 2:19.29 (37.68)		
<hr/>						
		Name	Cat	PB	Time	Info
36	yw	1 Bart Kuil	H50	2:21.84	2:21.17	PB
	bl	41 Volke van der Willigen	HB1	2:26.79	2:32.45	
		Bart Kuil		Volke van der Willigen		
		300m 31.09 (31.09)		300m 29.98 (29.98)		
		700m 1:06.05 (34.96)		700m 1:06.61 (36.63)		
		1100m 1:42.68 (36.63)		1100m 1:47.60 (40.99)		
		1500m 2:21.17 (38.49)		1500m 2:32.45 (44.85)		

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

		Name			Cat			PB	Time	Info
37	wt	29	Mark Lepelaar		H50			2:33.37	2:39.45	
	rd	40	Rene NOLEN		H50			2:28.17	2:22.39	PB
		Mark Lepelaar			Rene NOLEN					
		300m	32.56	(32.56)	300m	31.62	(31.62)			
		700m	1:13.35	(40.79)	700m	1:07.39	(35.77)			
		1100m	1:54.15	(40.80)	1100m	1:44.23	(36.84)			
		1500m	2:39.45	(45.30)	1500m	2:22.39	(38.16)			
<hr/>										
		Name			Cat			PB	Time	Info
38	yw	43	Bas Haakman		HB2			2:34.16	2:19.60	PB
	bl	4	Otto van Vijfeyken		HC2			3:17.14	2:52.69	PB
		Bas Haakman			Otto van Vijfeyken					
		300m	29.88	(29.88)	300m	51.86	(51.86)			
		700m	1:04.06	(34.18)	700m	1:20.11	(28.25)			
		1100m	1:41.20	(37.14)	1100m	2:05.71	(45.60)			
		1500m	2:19.60	(38.40)	1500m	2:52.69	(46.98)			

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

5. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	12 Gijs Nolen	HC2	41	O	26.25	PB	
2	21 Sjors Zautsen	HB1	40	I	26.49	PB	
3	17 Lieuwe ter Hoeve	HB1	43	I	26.65	PB	
4	38 Nick Bontrop	HB1	39	O	26.67		
5	24 Samuel Gunnink	HB1	40	O	26.69		
6	31 Martin Heerma	H50	39	I	27.45		
7	32 Erik Jeurig	H40	41	I	28.36		
8	36 Geert Putter	HC2	44	I	28.82	PB	
9	18 Cleo Elenbaas	DB2	46	O	28.84	PB	
10	43 Bas Haakman	HB2	47	I	28.90	PB	
11	7 Fabienne Maarse	DC2	46	I	29.05	PB	
12	41 Volke van der Willigen	HB1	43	O	29.44		
13	39 Iris Verbeek	DB1	48	I	30.06		
14	28 Marco Roos	H60	44	O	30.33		
15	1 Bart Kuil	H50	45	O	30.58		
16	40 Rene NOLEN	H50	53	O	30.86		
17	20 Ayla Kaldenbach	DPA	49	O	30.90	PB	
18	23 Jitte Schuitemaker	DA1	49	I	31.08	PB	
19	11 Sven Tas	HPC	51	O	31.24	PB	
20	16 Sandra van Bijlert-Burgerhout	D45	45	I	31.35		
21	3 Lena de Groot	DC1	52	I	31.63	PB	
22	14 Lucas Kerkhof	HPB	50	I	32.02	PB	
23	10 Koen Tas	HPA	50	O	32.18	PB	
24	6 Bo Koolen	DN1	53	I	32.30		
25	29 Mark Lepelaar	H50	48	O	32.68		
26	35 Maaike Haveman	DC1	54	I	34.32	PB	
27	37 Abel Lepelaar	HC2	56	I	34.51	PB	
28	33 Kiki Houthuijzen	DC2	55	I	35.11	PB	
29	4 Otto van Vijfeyken	HC2	52	O	35.56		
30	13 Wieke van Stuivenberg	DC1	54	O	35.92	PB	
31	34 Rosanna Houthuijzen	DC2	55	O	37.91		
32	19 Eva Khan	DPB	56	O	41.04	PB	
33	15 Rinske van Stuivenberg	DPB	57	I	43.93	FL	
	2 Yara Kok	DC2			WDR		
	9 Milou Ruurs	DA1			WDR		

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

5. Race Result 300 meter

		Name	Cat	PB	Time	Info
39	wt	31 Martin Heerma	H50	26.22	27.45	
	rd	38 Nick Bontrop	HB1	25.96	26.67	
		Martin Heerma		Nick Bontrop		
		300m	27.45 (27.45)	300m	26.67 (26.67)	

		Name	Cat	PB	Time	Info
40	yw	21 Sjors Zautsen	HB1	27.09	26.49	PB
	bl	24 Samuel Gunnink	HB1	26.58	26.69	
		Sjors Zautsen		Samuel Gunnink		
		300m	26.49 (26.49)	300m	26.69 (26.69)	

		Name	Cat	PB	Time	Info
41	wt	32 Erik Jeuring	H40	27.12	28.36	
	rd	12 Gijs Nolen	HC2	27.28	26.25	PB
		Erik Jeuring		Gijs Nolen		
		300m	28.36 (28.36)	300m	26.25 (26.25)	

		Name	Cat	PB	Time	Info
42	yw					
	bl					
		m			m	

		Name	Cat	PB	Time	Info
43	wt	17 Lieuwe ter Hoeve	HB1	27.30	26.65	PB
	rd	41 Volke van der Willigen	HB1	28.84	29.44	
		Lieuwe ter Hoeve		Volke van der Willigen		
		300m	26.65 (26.65)	300m	29.44 (29.44)	

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

		Name	Cat	PB	Time	Info
44	yw	36 Geert Putter	HC2	29.10	28.82	PB
	bl	28 Marco Roos	H60	29.18	30.33	
		<u>Geert Putter</u>		<u>Marco Roos</u>		
		300m 28.82 (28.82)		300m 30.33 (30.33)		
<hr/>						
		Name	Cat	PB	Time	Info
45	wt	16 Sandra van Bijlert-Burgerhout	D45	29.66	31.35	
	rd	1 Bart Kuil	H50	29.34	30.58	
		<u>Sandra van Bijlert-Burgerhout</u>		<u>Bart Kuil</u>		
		300m 31.35 (31.35)		300m 30.58 (30.58)		
<hr/>						
		Name	Cat	PB	Time	Info
46	yw	7 Fabienne Maarse	DC2	29.83	29.05	PB
	bl	18 Cleo Elenbaas	DB2	29.67	28.84	PB
		<u>Fabienne Maarse</u>		<u>Cleo Elenbaas</u>		
		300m 29.05 (29.05)		300m 28.84 (28.84)		
<hr/>						
		Name	Cat	PB	Time	Info
47	wt	43 Bas Haakman	HB2	29.94	28.90	PB
	rd	2 Yara Kok	DC2	29.57	WDR	
		<u>Bas Haakman</u>		<u>Yara Kok</u>		
		300m 28.90 (28.90)				
<hr/>						
		Name	Cat	PB	Time	Info
48	yw	39 Iris Verbeek	DB1	29.89	30.06	
	bl	29 Mark Lepelaar	H50	31.21	32.68	
		<u>Iris Verbeek</u>		<u>Mark Lepelaar</u>		
		300m 30.06 (30.06)		300m 32.68 (32.68)		
<hr/>						
		Name	Cat	PB	Time	Info
49	wt	23 Jitte Schuitemaker	DA1	31.58	31.08	PB
	rd	20 Ayla Kaldenbach	DPA	31.46	30.90	PB
		<u>Jitte Schuitemaker</u>		<u>Ayla Kaldenbach</u>		
		300m 31.08 (31.08)		300m 30.90 (30.90)		

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

		Name	Cat	PB	Time	Info
50	yw	14 Lucas Kerkhof	HPB	32.41	32.02	PB
	bl	10 Koen Tas	HPA	32.25	32.18	PB
		<u>Lucas Kerkhof</u>		<u>Koen Tas</u>		
		300m 32.02 (32.02)		300m 32.18 (32.18)		
<hr/>						
		Name	Cat	PB	Time	Info
51	wt	9 Milou Ruurs	DA1	32.65	WDR	
	rd	11 Sven Tas	HPC	32.44	31.24	PB
		<u>Milou Ruurs</u>		<u>Sven Tas</u>		
				300m 31.24 (31.24)		
<hr/>						
		Name	Cat	PB	Time	Info
52	yw	3 Lena de Groot	DC1	33.74	31.63	PB
	bl	4 Otto van Vijfeyken	HC2	34.47	35.56	
		<u>Lena de Groot</u>		<u>Otto van Vijfeyken</u>		
		300m 31.63 (31.63)		300m 35.56 (35.56)		
<hr/>						
		Name	Cat	PB	Time	Info
53	wt	6 Bo Koolen	DN1		32.30	
	rd	40 Rene NOLEN	H50		30.86	
		<u>Bo Koolen</u>		<u>Rene NOLEN</u>		
		300m 32.30 (32.30)		300m 30.86 (30.86)		
<hr/>						
		Name	Cat	PB	Time	Info
54	yw	35 Maaïke Haveman	DC1	34.63	34.32	PB
	bl	13 Wieke van Stuivenberg	DC1	36.89	35.92	PB
		<u>Maaïke Haveman</u>		<u>Wieke van Stuivenberg</u>		
		300m 34.32 (34.32)		300m 35.92 (35.92)		
<hr/>						
		Name	Cat	PB	Time	Info
55	wt	33 Kiki Houthuijzen	DC2	37.08	35.11	PB
	rd	34 Rosanna Houthuijzen	DC2	37.75	37.91	
		<u>Kiki Houthuijzen</u>		<u>Rosanna Houthuijzen</u>		
		300m 35.11 (35.11)		300m 37.91 (37.91)		

AMHV20221109 5Dorpen in Heerenveen

Thialf - Heerenveen

9 November 2022

		Name		Cat		PB		Time	Info
56	yw	37	Abel Lepelaar		HC2		38.83	34.51	PB
	bl	19	Eva Khan		DPB		41.95	41.04	PB
		Abel Lepelaar			Eva Khan				
		300m	34.51	(34.51)	300m	41.04	(41.04)		

		Name		Cat		PB		Time	Info
57	wt	15	Rinske van Stuivenberg		DPB		43.56	43.93	FL
	rd								
		Rinske van Stuivenberg							
		300m	43.93	(43.93)	m				
