

1. Uitslag 1e omloop 500m

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1 | 20 Rogier Koopman | HSB | 4 | O | 49.89 | | |
| 2 | 22 Kiara ten Napel | DA1 | 4 | I | 52.04 | | |
| 3 | 31 Ruben Niekus | HB1 | 2 | O | 52.07 | | |
| 4 | 18 Stijn Hamelinck | HB2 | 3 | I | 54.55 | | |
| 5 | 15 Dylan Reep | HB1 | 1 | I | 54.88 | HT | |
| 6 | 25 Bo Koolen | DN3 | 3 | O | 57.16 | | |
| 7 | 17 Meike Paaij | DB2 | 1 | O | 1:04.46 | | |
| 8 | 27 Lisa Alderliesten | DB2 | 2 | I | 1:07.51 | | |

1. Rituitslag 1e omloop 500m

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-----------------------|-------|--------------------|------|---------|----------------|------|
| 1 | wt | 15 Dylan Reep | | HB1 | | 48.82 | 54.88 | HT |
| | rd | 17 Meike Paaij | | DB2 | | 59.51 | 1:04.46 | |
| | | Dylan Reep | | Meike Paaij | | | | |
| | | 100m | 13.09 | (13.09) | 100m | 35.05 | (35.05) | |
| | | 500m | 54.88 | (41.79) | 500m | 1:04.46 | (29.41) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-----------------------------|---------|---------------------|------|---------|----------------|------|
| 2 | gl | 27 Lisa Alderliesten | | DB2 | | 1:03.38 | 1:07.51 | |
| | bl | 31 Ruben Niekus | | HB1 | | 47.33 | 52.07 | |
| | | Lisa Alderliesten | | Ruben Niekus | | | | |
| | | 100m | 15.53 | (15.53) | 100m | 42.16 | (42.16) | |
| | | 500m | 1:07.51 | (51.98) | 500m | 52.07 | (9.91) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|---------------------------|-------|------------------|------|-------|--------------|------|
| 3 | wt | 18 Stijn Hamelinck | | HB2 | | 46.37 | 54.55 | |
| | rd | 25 Bo Koolen | | DN3 | | 46.98 | 57.16 | |
| | | Stijn Hamelinck | | Bo Koolen | | | | |
| | | 100m | 12.49 | (12.49) | 100m | 14.63 | (14.63) | |
| | | 500m | 54.55 | (42.06) | 500m | 57.16 | (42.53) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|---------------------------|-------|-----------------------|------|-------|--------------|------|
| 4 | gl | 22 Kiara ten Napel | | DA1 | | 45.53 | 52.04 | |
| | bl | 20 Rogier Koopman | | HSB | | 43.09 | 49.89 | |
| | | Kiara ten Napel | | Rogier Koopman | | | | |
| | | 100m | 12.80 | (12.80) | 100m | 12.50 | (12.50) | |
| | | 500m | 52.04 | (39.24) | 500m | 49.89 | (37.39) | |

2. Uitslag Voor 3, 5, 10km 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1 | 10 Frank Onink | H50 | 11 | I | 50.46 | | |
| 2 | 16 Jan Paaij | H45 | 12 | O | 50.98 | | |
| 3 | 26 Henk Alderliesten | H40 | 11 | O | 51.29 | | |
| 4 | 8 Emilie Verberne | DB1 | 9 | I | 51.92 | | |
| 5 | 29 Klaas Luijten | H55 | 10 | O | 52.06 | | |
| 6 | 14 Robert Bosma | H60 | 12 | I | 52.51 | | |
| 7 | 12 Ingmar Maurice | H55 | 10 | I | 54.39 | | |
| 8 | 9 Yvonne Simis | D50 | 9 | O | 57.57 | | |
| 9 | 11 Astrid Janssen | D60 | 7 | I | 58.21 | | |
| 10 | 7 Roos Lantink | D40 | 5 | I | 58.24 | | |
| 11 | 30 Floris Steenbrink | H50 | 8 | O | 59.04 | | |
| 12 | 13 Carolien van Rees | D65 | 6 | O | 1:00.72 | | |
| 13 | 21 Timo Haakman | H55 | 6 | I | 1:01.72 | | |
| 14 | 4 Yvonne van der Voort | D45 | 7 | O | 1:03.36 | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|---------------------|---------------------|---------|-----|-------|--------------|------|
| 5 | wt | 7 | Roos Lantink | | D40 | 48.41 | 58.24 | |
| | rd | | | | | | | |
| | | Roos Lantink | | | | | | |
| | | 100m | 14.95 | (14.95) | m | | | |
| | | 500m | 58.24 | (43.29) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------------|--------------------------|---------|-----|-------|----------------|---------|
| 6 | gl | 21 | Timo Haakman | | H55 | 56.66 | 1:01.72 | |
| | bl | 13 | Carolien van Rees | | D65 | 53.54 | 1:00.72 | |
| | | Timo Haakman | | | | | | |
| | | 100m | 14.65 | (14.65) | | 100m | 15.31 | (15.31) |
| | | 500m | 1:01.72 | (47.07) | | 500m | 1:00.72 | (45.41) |
| | | Carolien van Rees | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-----------------------------|-----------------------------|---------|-----|-------|----------------|---------|
| 7 | wt | 11 | Astrid Janssen | | D60 | 46.77 | 58.21 | |
| | rd | 4 | Yvonne van der Voort | | D45 | 50.57 | 1:03.36 | |
| | | Astrid Janssen | | | | | | |
| | | 100m | 14.37 | (14.37) | | 100m | 15.12 | (15.12) |
| | | 500m | 58.21 | (43.84) | | 500m | 1:03.36 | (48.24) |
| | | Yvonne van der Voort | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------------|--------------------------|-----|-----|-------|--------------|---------|
| 8 | gl | | Floris Steenbrink | | H50 | 52.72 | 59.04 | |
| | bl | 30 | | | | | | |
| | | Floris Steenbrink | | | | | | |
| | | m | | | | 100m | 14.90 | (14.90) |
| | | | | | | 500m | 59.04 | (44.14) |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------------------------|------------------------|---------|-----|-------|--------------|---------|
| 9 | wt | 8 | Emilie Verberne | | DB1 | 46.54 | 51.92 | |
| | rd | 9 | Yvonne Simis | | D50 | 44.73 | 57.57 | |
| | | Emilie Verberne | | | | | | |
| | | 100m | 13.07 | (13.07) | | 100m | 14.24 | (14.24) |
| | | 500m | 51.92 | (38.85) | | 500m | 57.57 | (43.33) |
| | | Yvonne Simis | | | | | | |

Jun-Masters - Andantino-5 / AFSTANDEN TOEGEVOEGD

Stichting IJscocomplex Jaap Edenbaan - Amsterdam

| | | Naam | | | Cat | | | PR | Tijd | Info |
|-------|----|-----------------------|--------------------------|---------|--------------------------|-------|---------|-------|--------------|------|
| 10 | gl | 12 | Ingmar Maurice | | H55 | | | 49.13 | 54.39 | |
| | bl | 29 | Klaas Luijten | | H55 | | | 45.91 | 52.06 | |
| | | Ingmar Maurice | | | Klaas Luijten | | | | | |
| | | 100m | 14.26 | (14.26) | 100m | 13.75 | (13.75) | | | |
| | | 500m | 54.39 | (40.13) | 500m | 52.06 | (38.31) | | | |
| <hr/> | | | | | | | | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 11 | wt | 10 | Frank Onink | | H50 | | | 44.39 | 50.46 | |
| | rd | 26 | Henk Alderliesten | | H40 | | | 41.89 | 51.29 | |
| | | Frank Onink | | | Henk Alderliesten | | | | | |
| | | 100m | 13.23 | (13.23) | 100m | 12.97 | (12.97) | | | |
| | | 500m | 50.46 | (37.23) | 500m | 51.29 | (38.32) | | | |
| <hr/> | | | | | | | | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 12 | gl | 14 | Robert Bosma | | H60 | | | 42.63 | 52.51 | |
| | bl | 16 | Jan Paaij | | H45 | | | 44.56 | 50.98 | |
| | | Robert Bosma | | | Jan Paaij | | | | | |
| | | 100m | 13.64 | (13.64) | 100m | 13.80 | (13.80) | | | |
| | | 500m | 52.51 | (38.87) | 500m | 50.98 | (37.18) | | | |

3. Uitslag 2e omloop 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------------|-----|------|------|----------------|------|--------|
| 1 | 18 Stijn Hamelinck | HB2 | 15 | O | 46.52 | | |
| 2 | 20 Rogier Koopman | HSB | 16 | I | 46.87 | | |
| 3 | 22 Kiara ten Napel | DA1 | 16 | O | 48.81 | | |
| 4 | 31 Ruben Niekus | HB1 | 14 | I | 50.78 | | |
| 5 | 15 Dylan Reep | HB1 | 13 | O | 52.83 | | |
| 6 | 25 Bo Koolen | DN3 | 15 | I | 53.70 | | |
| 7 | 17 Meike Paaij | DB2 | 13 | I | 1:03.10 | | |
| 8 | 27 Lisa Alderliesten | DB2 | 14 | O | 1:05.30 | | |

3. Rituitslag 2e omloop 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|---------|-------------------|------|-------|----------------|------|
| 13 | wt | 17 Meike Paaij | | DB2 | | 59.51 | 1:03.10 | |
| | rd | 15 Dylan Reep | | HB1 | | 48.82 | 52.83 | |
| | | <u>Meike Paaij</u> | | <u>Dylan Reep</u> | | | | |
| | | 100m | 14.85 | (14.85) | 100m | 12.77 | (12.77) | |
| | | 500m | 1:03.10 | (48.25) | 500m | 52.83 | (40.06) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------------|-------|--------------------------|------|---------|----------------|------|
| 14 | gl | 31 Ruben Niekus | | HB1 | | 47.33 | 50.78 | |
| | bl | 27 Lisa Alderliesten | | DB2 | | 1:03.38 | 1:05.30 | |
| | | <u>Ruben Niekus</u> | | <u>Lisa Alderliesten</u> | | | | |
| | | 100m | 12.96 | (12.96) | 100m | 15.77 | (15.77) | |
| | | 500m | 50.78 | (37.82) | 500m | 1:05.30 | (49.53) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------------|-------|------------------------|------|-------|--------------|------|
| 15 | wt | 25 Bo Koolen | | DN3 | | 46.98 | 53.70 | |
| | rd | 18 Stijn Hamelinck | | HB2 | | 46.37 | 46.52 | |
| | | <u>Bo Koolen</u> | | <u>Stijn Hamelinck</u> | | | | |
| | | 100m | 14.28 | (14.28) | 100m | 12.07 | (12.07) | |
| | | 500m | 53.70 | (39.42) | 500m | 46.52 | (34.45) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------------|-------|------------------------|------|-------|--------------|------|
| 16 | gl | 20 Rogier Koopman | | HSB | | 43.09 | 46.87 | |
| | bl | 22 Kiara ten Napel | | DA1 | | 45.53 | 48.81 | |
| | | <u>Rogier Koopman</u> | | <u>Kiara ten Napel</u> | | | | |
| | | 100m | 12.33 | (12.33) | 100m | 12.72 | (12.72) | |
| | | 500m | 46.87 | (34.54) | 500m | 48.81 | (36.09) | |

4. Uitslag 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1 | 10 Frank Onink | H50 | 24 | I | 5:14.52 | | |
| 2 | 5 Volke van der Willigen | HA1 | 19 | I | 5:17.04 | PR | |
| 3 | 14 Robert Bosma | H60 | 23 | I | 5:19.86 | | |
| 4 | 8 Emilie Verberne | DB1 | 21 | O | 5:27.92 | | |
| 5 | 29 Klaas Luijten | H55 | 18 | I | 5:32.67 | | |
| 6 | 12 Ingmar Maurice | H55 | 22 | O | 5:33.85 | | |
| 7 | 26 Henk Alderliesten | H40 | 18 | O | 5:44.95 | | |
| 8 | 16 Jan Paaij | H45 | 22 | I | 5:45.64 | | |
| 9 | 9 Yvonne Simis | D50 | 23 | O | 5:48.44 | | |
| 10 | 7 Roos Lantink | D40 | 21 | I | 6:05.13 | | |
| 11 | 11 Astrid Janssen | D60 | 24 | O | 6:10.84 | | |
| 12 | 4 Yvonne van der Voort | D45 | 20 | O | 6:12.74 | | |
| 13 | 30 Floris Steenbrink | H50 | 19 | O | 6:15.82 | | |
| 14 | 13 Carolien van Rees | D65 | 20 | I | 6:18.97 | | |
| 15 | 21 Timo Haakman | H55 | 17 | I | 6:58.62 | | |

4. Rituitslag 3000 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|---------------------|---------------------|---------|-----|---------|----------------|------|
| 17 | wt rd | 21 | Timo Haakman | | H55 | 6:48.86 | 6:58.62 | |
| | | Timo Haakman | | | | | | |
| | | 200m | 27.99 | (27.99) | | | | m |
| | | 600m | 1:14.49 | (46.50) | | | | |
| | | 1000m | 2:08.30 | (53.81) | | | | |
| | | 1400m | 3:04.93 | (56.63) | | | | |
| | | 1800m | 4:02.79 | (57.86) | | | | |
| | | 2200m | 5:01.93 | (59.14) | | | | |
| | | 2600m | 6:02.01 | (60.08) | | | | |
| | | 3000m | 6:58.62 | (56.61) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|----------------------|--------------------------|---------|-------|--------------------------|----------------|------|--|
| 18 | gl | 29 | Klaas Luijten | | H55 | | 5:32.67 | | |
| | bl | 26 | Henk Alderliesten | | H40 | | 5:44.95 | | |
| | | Klaas Luijten | | | | Henk Alderliesten | | | |
| | | 200m | 26.22 | (26.22) | 200m | 25.45 | (25.45) | | |
| | | 600m | 1:06.79 | (40.57) | 600m | 1:06.62 | (41.17) | | |
| | | 1000m | 2:11.99 | (65.20) | 1000m | 1:49.72 | (43.10) | | |
| | | 1400m | 2:32.35 | (20.36) | 1400m | 2:34.88 | (45.16) | | |
| | | 1800m | 3:16.67 | (44.32) | 1800m | 3:21.21 | (46.33) | | |
| | | 2200m | 4:00.97 | (44.30) | 2200m | 4:07.95 | (46.74) | | |
| | | 2600m | 4:46.76 | (45.79) | 2600m | 4:55.78 | (47.83) | | |
| | | 3000m | 5:32.67 | (45.91) | 3000m | 5:44.95 | (49.17) | | |

Stichting IJscapcomplex Jaap Edenbaan - Amsterdam

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|------|-------------------------------|---------|---------|-------|--------------------------|-------------------|-----------------|
| 19 | wt | 5 | Volke van der Willigen | | HA1 | | 5:34.27 | 5:17.04 PR | |
| | rd | 30 | Floris Steenbrink | | H50 | | 6:08.07 | 6:15.82 | |
| | | | Volke van der Willigen | | | | Floris Steenbrink | | |
| | | | 200m | 22.40 | (22.40) | 200m | | | 28.61 (28.61) |
| | | | 600m | 59.44 | (37.04) | 600m | | | 1:13.52 (44.91) |
| | | | 1000m | 1:37.95 | (38.51) | 1000m | | | 2:00.34 (46.82) |
| | | | 1400m | 2:19.49 | (41.54) | 1400m | | | 2:50.69 (50.35) |
| | | | 1800m | 3:02.53 | (43.04) | 1800m | | | 3:43.38 (52.69) |
| | | | 2200m | 3:46.70 | (44.17) | 2200m | | | 4:34.90 (51.52) |
| | | | 2600m | 4:32.25 | (45.55) | 2600m | | | 5:25.48 (50.58) |
| | | | 3000m | 5:17.04 | (44.79) | 3000m | | | 6:15.82 (50.34) |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|------|-----------------------------|---------|---------|-------|-----------------------------|----------------|-----------------|
| 20 | gl | 13 | Carolien van Rees | | D65 | | 5:34.29 | 6:18.97 | |
| | bl | 4 | Yvonne van der Voort | | D45 | | 5:46.02 | 6:12.74 | |
| | | | Carolien van Rees | | | | Yvonne van der Voort | | |
| | | | 200m | 28.96 | (28.96) | 200m | | | 27.41 (27.41) |
| | | | 600m | 1:14.99 | (46.03) | 600m | | | 1:14.25 (46.84) |
| | | | 1000m | 2:04.99 | (50.00) | 1000m | | | 2:03.58 (49.33) |
| | | | 1400m | 2:56.49 | (51.50) | 1400m | | | 2:53.98 (50.40) |
| | | | 1800m | 3:48.62 | (52.13) | 1800m | | | 3:44.77 (50.79) |
| | | | 2200m | 4:40.03 | (51.41) | 2200m | | | 4:35.57 (50.80) |
| | | | 2600m | 5:29.86 | (49.83) | 2600m | | | 5:25.38 (49.81) |
| | | | 3000m | 6:18.97 | (49.11) | 3000m | | | 6:12.74 (47.36) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|------------------------|---------|---------|-----------------------|------------------------|----------------|
| 21 | wt | 7 | Roos Lantink | | D40 | | 5:18.41 | 6:05.13 |
| | rd | 8 | Emilie Verberne | | DB1 | | 5:24.31 | 5:27.92 |
| | | | Roos Lantink | | | | Emilie Verberne | |
| | | | 200m | 28.13 | (28.13) | 200m 25.04 (25.04) | | |
| | | | 600m | 1:14.04 | (45.91) | 600m 1:04.74 (39.70) | | |
| | | | 1000m | 2:01.65 | (47.61) | 1000m 1:46.35 (41.61) | | |
| | | | 1400m | 2:49.94 | (48.29) | 1400m 2:29.23 (42.88) | | |
| | | | 1800m | 3:38.26 | (48.32) | 1800m 3:12.95 (43.72) | | |
| | | | 2200m | 4:26.85 | (48.59) | 2200m 3:57.55 (44.60) | | |
| | | | 2600m | 5:16.09 | (49.24) | 2600m 4:43.36 (45.81) | | |
| | | | 3000m | 6:05.13 | (49.04) | 3000m 5:27.92 (44.56) | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------|---------|---------|-----------------------|-----------------------|----------------|
| 22 | gl | 16 | Jan Paaij | | H45 | | 5:27.44 | 5:45.64 |
| | bl | 12 | Ingmar Maurice | | H55 | | 5:23.56 | 5:33.85 |
| | | | Jan Paaij | | | | Ingmar Maurice | |
| | | | 200m | 26.40 | (26.40) | 200m 25.76 (25.76) | | |
| | | | 600m | 1:07.17 | (40.77) | 600m 1:04.89 (39.13) | | |
| | | | 1000m | 1:49.26 | (42.09) | 1000m 1:46.64 (41.75) | | |
| | | | 1400m | 2:34.95 | (45.69) | 1400m 2:31.56 (44.92) | | |
| | | | 1800m | 3:21.89 | (46.94) | 1800m 3:16.72 (45.16) | | |
| | | | 2200m | 4:10.10 | (48.21) | 2200m 4:01.51 (44.79) | | |
| | | | 2600m | 4:58.15 | (48.05) | 2600m 4:47.09 (45.58) | | |
| | | | 3000m | 5:45.64 | (47.49) | 3000m 5:33.85 (46.76) | | |

Stichting IJscapcomplex Jaap Edenbaan - Amsterdam

| | | Naam | | Cat | | PR | Tijd | Info |
|---------------------|----|-------|---------------------|---------------------|-------|---------|---------|----------------|
| 23 | wt | 14 | Robert Bosma | | H60 | | 4:33.39 | 5:19.86 |
| | rd | 9 | Yvonne Simis | | D50 | | 4:52.62 | 5:48.44 |
| Robert Bosma | | | | Yvonne Simis | | | | |
| | | 200m | 24.52 | (24.52) | 200m | 26.78 | (26.78) | |
| | | 600m | 1:04.04 | (39.52) | 600m | 1:10.98 | (44.20) | |
| | | 1000m | 1:45.66 | (41.62) | 1000m | 1:56.17 | (45.19) | |
| | | 1400m | 2:28.24 | (42.58) | 1400m | 2:42.49 | (46.32) | |
| | | 1800m | 3:10.49 | (42.25) | 1800m | 3:28.94 | (46.45) | |
| | | 2200m | 3:53.58 | (43.09) | 2200m | 4:15.13 | (46.19) | |
| | | 2600m | 4:36.49 | (42.91) | 2600m | 5:01.90 | (46.77) | |
| | | 3000m | 5:19.86 | (43.37) | 3000m | 5:48.44 | (46.54) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|--------------------|----|-------|-----------------------|-----------------------|-------|---------|---------|----------------|
| 24 | gl | 10 | Frank Onink | | H50 | | 4:40.19 | 5:14.52 |
| | bl | 11 | Astrid Janssen | | D60 | | 5:10.52 | 6:10.84 |
| Frank Onink | | | | Astrid Janssen | | | | |
| | | 200m | 24.13 | (24.13) | 200m | 26.87 | (26.87) | |
| | | 600m | 1:03.49 | (39.36) | 600m | 1:11.60 | (44.73) | |
| | | 1000m | 1:44.27 | (40.78) | 1000m | 2:00.13 | (48.53) | |
| | | 1400m | 2:25.71 | (41.44) | 1400m | 2:50.04 | (49.91) | |
| | | 1800m | 3:07.13 | (41.42) | 1800m | 3:40.16 | (50.12) | |
| | | 2200m | 3:48.85 | (41.72) | 2200m | 4:30.60 | (50.44) | |
| | | 2600m | 4:31.01 | (42.16) | 2600m | 5:21.00 | (50.40) | |
| | | 3000m | 5:14.52 | (43.51) | 3000m | 6:10.84 | (49.84) | |

5. Uitslag 5000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------|-----|------|------|---------|------|--------|
| 1 | 19 Kay van der Kooi | H45 | 25 | I | 9:05.11 | | |

5. Rituitslag 5000 meter

| | Naam | Cat | PR | Tijd | Info |
|----|---------------------------------|-----------------|---------|---------|------|
| 25 | wt rd 19 Kay van der Kooi | H45 | 8:13.06 | 9:05.11 | |
| | Kay van der Kooi | | | | |
| | 200m | 24.45 (24.45) | | | m |
| | 600m | 1:05.89 (41.44) | | | |
| | 1000m | 1:48.23 (42.34) | | | |
| | 1400m | 2:31.02 (42.79) | | | |
| | 1800m | 3:13.85 (42.83) | | | |
| | 2200m | 3:56.37 (42.52) | | | |
| | 2600m | 4:39.82 (43.45) | | | |
| | 3000m | 5:23.56 (43.74) | | | |
| | 3400m | 6:07.36 (43.80) | | | |
| | 3800m | 6:51.66 (44.30) | | | |
| | 4200m | 7:36.73 (45.07) | | | |
| | 4600m | 8:21.44 (44.71) | | | |
| | 5000m | 9:05.11 (43.67) | | | |