

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

3 en 4 februari 2024

## 1. Uitslag 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	50 Jur Veenje	HN4	16	I	37.23		
2	52 Loek van Vilsteren	HN1	16	O	37.44		
3	4 Yoeri van Bostelen	HA2	13	O	37.90		
4	29 Jelle Koeleman	HN1	14	I	37.97		
5	14 Sijmen Egberts	HN1	17	O	38.05		
6	34 Thomas de Lange	HN2	18	O	38.07		
7	16 Bram van Essen	HN3	18	I	38.14		
8	55 Hidde Westra	HN1	15	I	38.19		
9	45 Remo Slotegraaf	HN3	14	O	38.24		
10	11 Lex Dijkstra	HSA	13	I	38.39		
11	3 Joël Bom	HA2	12	I	38.50		
12	33 Jesse de Lange	HN3	9	O	38.58		
13	37 Tom Nijdam	HN1	10	O	38.60		
14	41 Colin Schrijver	HN4	15	O	39.00		
15	7 Stijn van de Bunt	HN1	3	I	39.02		
16	17 Rinse Franken	HA1	11	I	39.06		
17	27 Kars Jansman	HSA	2	I	39.08		
18	30 Mika Kolder	HA1	11	O	39.09		
19	12 Max Douma	HSA	17	I	39.10		
20	57 Mathijs van Zwieten	HN3	12	O	39.11		
21	8 Jorian ten Cate	HN2	4	O	39.13		
22	39 Niels van Reeuwijk	HA2	7	I	39.16		
23	54 Olaf Vunderink	HA1	8	I	39.19		
	38 Matthé Pronk	HN1	10	I	39.19		
25	10 Jornt Dijk	HN4	9	I	39.27		
26	49 Jasper Tinga	HN1	5	I	39.30		
27	26 Jeroen Janissen	HSA	5	O	39.41		
28	35 Jasper van der Marel	HA2	6	I	39.47		
	40 Eise van Schijndel	HA1	6	O	39.47		
30	31 Jasper Krommenhoek	HN1	4	I	39.59		
31	48 Dyon Talsma	HN3	7	O	39.71		
32	53 Sietse de Vries	HA1	8	O	39.81		
33	6 Chris Brommersma	HA2	3	O	40.11		
34	25 Ole ten Hove	HSA	2	O	40.79		
35	59 Finn ten Hove	HSA	1	I	41.33		

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## 1. Rituitslag 500 meter

		Naam		Cat		PR		Tijd	Info
1	wt	59	<b>Finn ten Hove</b>		HSA		40.10	<b>41.33</b>	
	rd								
		Finn ten Hove							
		100m	11.18	(11.18)		m			
		500m	41.33	(30.15)					

		Naam		Cat		PR		Tijd	Info
2	wt	27	<b>Kars Jansman</b>		HSA		37.67	<b>39.08</b>	
	rd	25	<b>Ole ten Hove</b>		HSA		39.49	<b>40.79</b>	
		Kars Jansman							
		100m	11.00	(11.00)		100m	11.10	(11.10)	
		500m	39.08	(28.08)		500m	40.79	(29.69)	
		Ole ten Hove							

		Naam		Cat		PR		Tijd	Info
3	wt	7	<b>Stijn van de Bunt</b>		HN1		37.65	<b>39.02</b>	
	rd	6	<b>Chris Brommersma</b>		HA2		39.82	<b>40.11</b>	
		Stijn van de Bunt							
		100m	11.15	(11.15)		100m	11.29	(11.29)	
		500m	39.02	(27.87)		500m	40.11	(28.82)	
		Chris Brommersma							

		Naam		Cat		PR		Tijd	Info
4	wt	31	<b>Jasper Krommenhoek</b>		HN1		38.48	<b>39.59</b>	
	rd	8	<b>Jorian ten Cate</b>		HN2		37.97	<b>39.13</b>	
		Jasper Krommenhoek							
		100m	11.28	(11.28)		100m	11.03	(11.03)	
		500m	39.59	(28.31)		500m	39.13	(28.10)	
		Jorian ten Cate							

		Naam		Cat		PR		Tijd	Info
5	wt	49	<b>Jasper Tinga</b>		HN1		39.14	<b>39.30</b>	
	rd	26	<b>Jeroen Janissen</b>		HSA		37.64	<b>39.41</b>	
		Jasper Tinga							
		100m	11.16	(11.16)		100m	11.05	(11.05)	
		500m	39.30	(28.14)		500m	39.41	(28.36)	
		Jeroen Janissen							

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		Naam		Cat		PR	Tijd	Info
6	wt	35	<b>Jasper van der Marel</b>		HA2		38.88	<b>39.47</b>
	rd	40	<b>Eise van Schijndel</b>		HA1		38.78	<b>39.47</b>
		<b>Jasper van der Marel</b>			<b>Eise van Schijndel</b>			
		100m	11.04	(11.04)	100m	11.01	(11.01)	
		500m	39.47	(28.43)	500m	39.47	(28.46)	
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		Naam		Cat		PR	Tijd	Info
7	wt	39	<b>Niels van Reeuwijk</b>		HA2		38.23	<b>39.16</b>
	rd	48	<b>Dyon Talsma</b>		HN3		38.37	<b>39.71</b>
		<b>Niels van Reeuwijk</b>			<b>Dyon Talsma</b>			
		100m	10.99	(10.99)	100m	11.04	(11.04)	
		500m	39.16	(28.17)	500m	39.71	(28.67)	
<hr/>								
		Naam		Cat		PR	Tijd	Info
8	wt	54	<b>Olaf Vunderink</b>		HA1		38.18	<b>39.19</b>
	rd	53	<b>Sietse de Vries</b>		HA1		38.54	<b>39.81</b>
		<b>Olaf Vunderink</b>			<b>Sietse de Vries</b>			
		100m	10.88	(10.88)	100m	10.93	(10.93)	
		500m	39.19	(28.31)	500m	39.81	(28.88)	
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		Naam		Cat		PR	Tijd	Info
9	wt	10	<b>Jornt Dijk</b>		HN4		37.70	<b>39.27</b>
	rd	33	<b>Jesse de Lange</b>		HN3		37.90	<b>38.58</b>
		<b>Jornt Dijk</b>			<b>Jesse de Lange</b>			
		100m	10.81	(10.81)	100m	10.78	(10.78)	
		500m	39.27	(28.46)	500m	38.58	(27.80)	
<hr/>								
		Naam		Cat		PR	Tijd	Info
10	wt	38	<b>Matthé Pronk</b>		HN1		37.92	<b>39.19</b>
	rd	37	<b>Tom Nijdam</b>		HN1		37.97	<b>38.60</b>
		<b>Matthé Pronk</b>			<b>Tom Nijdam</b>			
		100m	10.98	(10.98)	100m	10.65	(10.65)	
		500m	39.19	(28.21)	500m	38.60	(27.95)	

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		Naam		Cat		PR		Tijd	Info
11	wt	17	<b>Rinse Franken</b>		HA1		37.94	<b>39.06</b>	
	rd	30	<b>Mika Kolder</b>		HA1		38.08	<b>39.09</b>	
		<b>Rinse Franken</b>			<b>Mika Kolder</b>				
		100m	10.77	(10.77)	100m	10.87	(10.87)		
		500m	39.06	(28.29)	500m	39.09	(28.22)		
<hr/>									
		Naam		Cat		PR		Tijd	Info
12	wt	3	<b>Joël Bom</b>		HA2		38.11	<b>38.50</b>	
	rd	57	<b>Mathijs van Zwieten</b>		HN3		37.82	<b>39.11</b>	
		<b>Joël Bom</b>			<b>Mathijs van Zwieten</b>				
		100m	10.61	(10.61)	100m	10.91	(10.91)		
		500m	38.50	(27.89)	500m	39.11	(28.20)		
<hr/>									
		Naam		Cat		PR		Tijd	Info
13	wt	11	<b>Lex Dijkstra</b>		HSA		37.37	<b>38.39</b>	
	rd	4	<b>Yoeri van Bostelen</b>		HA2		37.77	<b>37.90</b>	
		<b>Lex Dijkstra</b>			<b>Yoeri van Bostelen</b>				
		100m	10.80	(10.80)	100m	10.61	(10.61)		
		500m	38.39	(27.59)	500m	37.90	(27.29)		
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		Naam		Cat		PR		Tijd	Info
14	wt	29	<b>Jelle Koeleman</b>		HN1		37.70	<b>37.97</b>	
	rd	45	<b>Remo Slotegraaf</b>		HN3		37.10	<b>38.24</b>	
		<b>Jelle Koeleman</b>			<b>Remo Slotegraaf</b>				
		100m	10.27	(10.27)	100m	10.74	(10.74)		
		500m	37.97	(27.70)	500m	38.24	(27.50)		
<hr/>									
		Naam		Cat		PR		Tijd	Info
15	wt	55	<b>Hidde Westra</b>		HN1		37.53	<b>38.19</b>	
	rd	41	<b>Colin Schrijver</b>		HN4		37.34	<b>39.00</b>	
		<b>Hidde Westra</b>			<b>Colin Schrijver</b>				
		100m	10.64	(10.64)	100m	11.02	(11.02)		
		500m	38.19	(27.55)	500m	39.00	(27.98)		

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		Naam			Cat			PR	Tijd	Info
16	wt	50	<b>Jur Veenje</b>		HN4			36.73	<b>37.23</b>	
	rd	52	<b>Loek van Vilsteren</b>		HN1			36.66	<b>37.44</b>	
		<b>Jur Veenje</b>			<b>Loek van Vilsteren</b>					
		100m	10.40	(10.40)	100m	10.38	(10.38)			
		500m	37.23	(26.83)	500m	37.44	(27.06)			
<hr/>										
		Naam			Cat			PR	Tijd	Info
17	wt	12	<b>Max Douma</b>		HSA			37.28	<b>39.10</b>	
	rd	14	<b>Sijmen Egberts</b>		HN1			36.70	<b>38.05</b>	
		<b>Max Douma</b>			<b>Sijmen Egberts</b>					
		100m	11.11	(11.11)	100m	10.42	(10.42)			
		500m	39.10	(27.99)	500m	38.05	(27.63)			
<hr/>										
		Naam			Cat			PR	Tijd	Info
18	wt	16	<b>Bram van Essen</b>		HN3			36.67	<b>38.14</b>	
	rd	34	<b>Thomas de Lange</b>		HN2			36.63	<b>38.07</b>	
		<b>Bram van Essen</b>			<b>Thomas de Lange</b>					
		100m	10.42	(10.42)	100m	10.63	(10.63)			
		500m	38.14	(27.72)	500m	38.07	(27.44)			

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## 2. Uitslag 5000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	27 Kars Jansman	HSA	34	I	6:41.53		
2	26 Jeroen Janissen	HSA	31	I	6:44.88		
3	45 Remo Slotegraaf	HN3	36	I	6:48.64		
4	7 Stijn van de Bunt	HN1	36	O	6:49.28		
5	13 Colin James Duivenvoorden	HN2	19	O	6:50.47		
6	11 Lex Dijkstra	HSA	35	I	6:51.56		
7	29 Jelle Koeleman	HN1	31	O	6:52.20		
8	57 Mathijs van Zwieten	HN3	34	O	6:56.06		
9	31 Jasper Krommenhoek	HN1	35	O	6:57.64		
10	33 Jesse de Lange	HN3	27	O	6:59.74		
11	14 Sijmen Egberts	HN1	29	I	7:00.02		
12	49 Jasper Tinga	HN1	25	I	7:02.39		
13	55 Hidde Westra	HN1	32	O	7:04.54		
14	53 Sietse de Vries	HA1	33	O	7:05.88		
15	38 Matthé Pronk	HN1	26	I	7:06.49		
16	52 Loek van Vilsteren	HN1	28	O	7:06.67		
17	3 Joël Bom	HA2	33	I	7:08.21		
18	48 Dyon Talsma	HN3	25	O	7:08.44		
19	30 Mika Kolder	HA1	32	I	7:08.58		
20	35 Jasper van der Marel	HA2	26	O	7:09.07		
21	6 Chris Brommersma	HA2	23	O	7:09.69		
	8 Jorian ten Cate	HN2	29	O	7:09.69		
23	40 Eise van Schijndel	HA1	28	I	7:10.47		
24	39 Niels van Reeuwijk	HA2	27	I	7:11.14		
25	34 Thomas de Lange	HN2	22	I	7:12.14		
26	54 Olaf Vunderink	HA1	30	I	7:13.38		
27	59 Finn ten Hove	HSA	24	I	7:14.25		
28	10 Jornt Dijk	HN4	21	I	7:14.26	PR	
29	50 Jur Veenje	HN4	30	O	7:14.82		
30	25 Ole ten Hove	HSA	22	O	7:16.63		
31	41 Colin Schrijver	HN4	20	I	7:26.80		
32	17 Rinse Franken	HA1	23	I	7:27.48		
33	16 Bram van Essen	HN3	24	O	7:30.02		
34	4 Yoeri van Bostelen	HA2	19	I	7:33.51		
35	37 Tom Nijdam	HN1	20	O	7:34.83		
	12 Max Douma	HSA			WDR		

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## 2. Rituitslag 5000 meter

		Naam		Cat		PR		Tijd	Info
19	wt	4	<b>Yoeri van Bostelen</b>		HA2		7:15.12	<b>7:33.51</b>	
	rd	13	<b>Colin James Duivenvoorden</b>		HN2		6:26.10	<b>6:50.47</b>	
		<b>Yoeri van Bostelen</b>			<b>Colin James Duivenvoorden</b>				
		200m	19.32	(19.32)	200m	18.86	(18.86)		
		600m	51.98	(32.66)	600m	49.88	(31.02)		
		1000m	1:26.73	(34.75)	1000m	1:21.59	(31.71)		
		1400m	2:01.66	(34.93)	1400m	1:53.27	(31.68)		
		1800m	2:36.55	(34.89)	1800m	2:24.97	(31.70)		
		2200m	3:12.16	(35.61)	2200m	2:57.05	(32.08)		
		2600m	3:48.03	(35.87)	2600m	3:29.44	(32.39)		
		3000m	4:24.79	(36.76)	3000m	4:02.12	(32.68)		
		3400m	5:01.89	(37.10)	3400m	4:35.04	(32.92)		
		3800m	5:39.37	(37.48)	3800m	5:08.31	(33.27)		
		4200m	6:17.52	(38.15)	4200m	5:42.55	(34.24)		
		4600m	6:55.32	(37.80)	4600m	6:16.99	(34.44)		
		5000m	7:33.51	(38.19)	5000m	6:50.47	(33.48)		

		Naam		Cat		PR		Tijd	Info
20	gl	41	<b>Colin Schrijver</b>		HN4		7:14.24	<b>7:26.80</b>	
	bl	37	<b>Tom Nijdam</b>		HN1		7:17.73	<b>7:34.83</b>	
		<b>Colin Schrijver</b>			<b>Tom Nijdam</b>				
		200m	20.59	(20.59)	200m	20.97	(20.97)		
		600m	54.88	(34.29)	600m	56.11	(35.14)		
		1000m	1:30.21	(35.33)	1000m	1:31.17	(35.06)		
		1400m	2:05.86	(35.65)	1400m	2:06.17	(35.00)		
		1800m	2:41.38	(35.52)	1800m	2:41.42	(35.25)		
		2200m	3:16.88	(35.50)	2200m	3:16.83	(35.41)		
		2600m	3:52.60	(35.72)	2600m	3:52.45	(35.62)		
		3000m	4:28.52	(35.92)	3000m	4:28.24	(35.79)		
		3400m	5:04.52	(36.00)	3400m	5:04.19	(35.95)		
		3800m	5:40.46	(35.94)	3800m	5:40.45	(36.26)		
		4200m	6:16.08	(35.62)	4200m	6:17.21	(36.76)		
		4600m	6:51.07	(34.99)	4600m	6:55.64	(38.43)		
		5000m	7:26.80	(35.73)	5000m	7:34.83	(39.19)		

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		Naam	Cat	PR	Tijd	Info
21	wt	10 <b>Jornt Dijk</b>	HN4	7:14.31	<b>7:14.26</b>	PR
	rd	12 <b>Max Douma</b>	HSA	7:00.53	<b>WDR</b>	
		<b>Jornt Dijk</b>				
		200m	19.90	(19.90)		
		600m	51.96	(32.06)		
		1000m	1:24.92	(32.96)		
		1400m	1:58.27	(33.35)		
		1800m	2:32.14	(33.87)		
		2200m	3:05.87	(33.73)		
		2600m	3:40.20	(34.33)		
		3000m	4:14.81	(34.61)		
		3400m	4:49.56	(34.75)		
		3800m	5:24.60	(35.04)		
		4200m	6:00.74	(36.14)		
		4600m	6:37.63	(36.89)		
		5000m	7:14.26	(36.63)		

		Naam	Cat	PR	Tijd	Info
22	gl	34 <b>Thomas de Lange</b>	HN2	6:46.24	<b>7:12.14</b>	
	bl	25 <b>Ole ten Hove</b>	HSA	7:12.36	<b>7:16.63</b>	
		<b>Thomas de Lange</b>				
		200m	20.22	(20.22)		
		600m	53.85	(33.63)		
		1000m	1:27.05	(33.20)		
		1400m	2:00.67	(33.62)		
		1800m	2:34.13	(33.46)		
		2200m	3:07.87	(33.74)		
		2600m	3:41.69	(33.82)		
		3000m	4:15.42	(33.73)		
		3400m	4:49.33	(33.91)		
		3800m	5:23.79	(34.46)		
		4200m	5:59.01	(35.22)		
		4600m	6:35.22	(36.21)		
		5000m	7:12.14	(36.92)		
		<b>Ole ten Hove</b>				
		200m	20.25	(20.25)		
		600m	53.11	(32.86)		
		1000m	1:26.47	(33.36)		
		1400m	2:00.32	(33.85)		
		1800m	2:34.49	(34.17)		
		2200m	3:08.92	(34.43)		
		2600m	3:43.48	(34.56)		
		3000m	4:18.27	(34.79)		
		3400m	4:53.52	(35.25)		
		3800m	5:28.97	(35.45)		
		4200m	6:04.92	(35.95)		
		4600m	6:40.90	(35.98)		
		5000m	7:16.63	(35.73)		



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		Naam			Cat			PR	Tijd	Info
23	wt	17	<b>Rinse Franken</b>		HA1			7:08.58	<b>7:27.48</b>	
	rd	6	<b>Chris Brommersma</b>		HA2			6:56.31	<b>7:09.69</b>	
		<b>Rinse Franken</b>				<b>Chris Brommersma</b>				
		200m	20.82	(20.82)	200m	21.79	(21.79)			
		600m	55.62	(34.80)	600m	56.10	(34.31)			
		1000m	1:30.24	(34.62)	1000m	1:30.50	(34.40)			
		1400m	2:04.79	(34.55)	1400m	2:04.37	(33.87)			
		1800m	2:39.06	(34.27)	1800m	2:38.41	(34.04)			
		2200m	3:13.52	(34.46)	2200m	3:12.10	(33.69)			
		2600m	3:48.32	(34.80)	2600m	3:45.79	(33.69)			
		3000m	4:23.33	(35.01)	3000m	4:19.26	(33.47)			
		3400m	4:58.48	(35.15)	3400m	4:52.68	(33.42)			
		3800m	5:34.17	(35.69)	3800m	5:26.49	(33.81)			
		4200m	6:10.89	(36.72)	4200m	6:00.52	(34.03)			
		4600m	6:48.89	(38.00)	4600m	6:34.75	(34.23)			
		5000m	7:27.48	(38.59)	5000m	7:09.69	(34.94)			

		Naam			Cat			PR	Tijd	Info
24	gl	59	<b>Finn ten Hove</b>		HSA			7:02.02	<b>7:14.25</b>	
	bl	16	<b>Bram van Essen</b>		HN3			6:57.83	<b>7:30.02</b>	
		<b>Finn ten Hove</b>				<b>Bram van Essen</b>				
		200m	20.54	(20.54)	200m	20.08	(20.08)			
		600m	53.97	(33.43)	600m	53.30	(33.22)			
		1000m	1:27.32	(33.35)	1000m	1:27.80	(34.50)			
		1400m	2:00.88	(33.56)	1400m	2:01.29	(33.49)			
		1800m	2:34.73	(33.85)	1800m	2:35.28	(33.99)			
		2200m	3:08.88	(34.15)	2200m	3:09.55	(34.27)			
		2600m	3:43.24	(34.36)	2600m	3:44.40	(34.85)			
		3000m	4:17.57	(34.33)	3000m	4:19.82	(35.42)			
		3400m	4:52.51	(34.94)	3400m	4:56.04	(36.22)			
		3800m	5:27.50	(34.99)	3800m	5:34.05	(38.01)			
		4200m	6:02.65	(35.15)	4200m	6:12.25	(38.20)			
		4600m	6:38.35	(35.70)	4600m	6:51.07	(38.82)			
		5000m	7:14.25	(35.90)	5000m	7:30.02	(38.95)			

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

3 en 4 februari 2024

		Naam			Cat			PR	Tijd	Info
25	wt	49	<b>Jasper Tinga</b>		HN1			6:51.48	<b>7:02.39</b>	
	rd	48	<b>Dyon Talsma</b>		HN3			6:53.51	<b>7:08.44</b>	
		<b>Jasper Tinga</b>				<b>Dyon Talsma</b>				
		200m	19.52	(19.52)	200m	19.68	(19.68)			
		600m	52.15	(32.63)	600m	52.33	(32.65)			
		1000m	1:26.62	(34.47)	1000m	1:26.59	(34.26)			
		1400m	2:01.17	(34.55)	1400m	2:00.85	(34.26)			
		1800m	2:35.02	(33.85)	1800m	2:34.82	(33.97)			
		2200m	3:08.87	(33.85)	2200m	3:08.29	(33.47)			
		2600m	3:42.75	(33.88)	2600m	3:41.91	(33.62)			
		3000m	4:16.48	(33.73)	3000m	4:16.02	(34.11)			
		3400m	4:49.71	(33.23)	3400m	4:50.34	(34.32)			
		3800m	5:23.03	(33.32)	3800m	5:24.40	(34.06)			
		4200m	5:56.05	(33.02)	4200m	5:58.47	(34.07)			
		4600m	6:28.89	(32.84)	4600m	6:33.43	(34.96)			
		5000m	7:02.39	(33.50)	5000m	7:08.44	(35.01)			

		Naam			Cat			PR	Tijd	Info
26	gl	38	<b>Matthé Pronk</b>		HN1			6:54.03	<b>7:06.49</b>	
	bl	35	<b>Jasper van der Marel</b>		HA2			6:51.71	<b>7:09.07</b>	
		<b>Matthé Pronk</b>				<b>Jasper van der Marel</b>				
		200m	19.83	(19.83)	200m	19.69	(19.69)			
		600m	52.59	(32.76)	600m	52.32	(32.63)			
		1000m	1:25.14	(32.55)	1000m	1:25.58	(33.26)			
		1400m	1:58.71	(33.57)	1400m	1:59.49	(33.91)			
		1800m	2:32.52	(33.81)	1800m	2:33.74	(34.25)			
		2200m	3:06.38	(33.86)	2200m	3:08.05	(34.31)			
		2600m	3:40.07	(33.69)	2600m	3:42.33	(34.28)			
		3000m	4:13.50	(33.43)	3000m	4:17.11	(34.78)			
		3400m	4:47.56	(34.06)	3400m	4:51.74	(34.63)			
		3800m	5:21.72	(34.16)	3800m	5:26.12	(34.38)			
		4200m	5:56.43	(34.71)	4200m	6:00.25	(34.13)			
		4600m	6:31.36	(34.93)	4600m	6:34.62	(34.37)			
		5000m	7:06.49	(35.13)	5000m	7:09.07	(34.45)			

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

3 en 4 februari 2024

		Naam			Cat			PR	Tijd	Info
27	wt	39	<b>Niels van Reeuwijk</b>		HA2			6:51.20	<b>7:11.14</b>	
	rd	33	<b>Jesse de Lange</b>		HN3			6:48.35	<b>6:59.74</b>	
		<b>Niels van Reeuwijk</b>			<b>Jesse de Lange</b>					
		200m	20.13	(20.13)	200m	19.59	(19.59)			
		600m	52.04	(31.91)	600m	51.96	(32.37)			
		1000m	1:24.83	(32.79)	1000m	1:24.53	(32.57)			
		1400m	1:58.21	(33.38)	1400m	1:57.13	(32.60)			
		1800m	2:31.67	(33.46)	1800m	2:29.97	(32.84)			
		2200m	3:05.57	(33.90)	2200m	3:02.89	(32.92)			
		2600m	3:40.02	(34.45)	2600m	3:35.61	(32.72)			
		3000m	4:14.22	(34.20)	3000m	4:08.47	(32.86)			
		3400m	4:48.64	(34.42)	3400m	4:41.61	(33.14)			
		3800m	5:23.61	(34.97)	3800m	5:14.87	(33.26)			
		4200m	5:59.04	(35.43)	4200m	5:48.81	(33.94)			
		4600m	6:34.90	(35.86)	4600m	6:23.78	(34.97)			
		5000m	7:11.14	(36.24)	5000m	6:59.74	(35.96)			

		Naam			Cat			PR	Tijd	Info
28	gl	40	<b>Eise van Schijndel</b>		HA1			6:50.86	<b>7:10.47</b>	
	bl	52	<b>Loek van Vilsteren</b>		HN1			6:50.03	<b>7:06.67</b>	
		<b>Eise van Schijndel</b>			<b>Loek van Vilsteren</b>					
		200m	20.21	(20.21)	200m	19.45	(19.45)			
		600m	52.49	(32.28)	600m	51.91	(32.46)			
		1000m	1:25.24	(32.75)	1000m	1:25.32	(33.41)			
		1400m	1:57.76	(32.52)	1400m	1:58.47	(33.15)			
		1800m	2:30.51	(32.75)	1800m	2:31.94	(33.47)			
		2200m	3:03.87	(33.36)	2200m	3:05.98	(34.04)			
		2600m	3:37.56	(33.69)	2600m	3:39.32	(33.34)			
		3000m	4:11.55	(33.99)	3000m	4:13.30	(33.98)			
		3400m	4:46.01	(34.46)	3400m	4:47.57	(34.27)			
		3800m	5:21.08	(35.07)	3800m	5:21.73	(34.16)			
		4200m	5:56.80	(35.72)	4200m	5:56.32	(34.59)			
		4600m	6:33.18	(36.38)	4600m	6:31.44	(35.12)			
		5000m	7:10.47	(37.29)	5000m	7:06.67	(35.23)			

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

3 en 4 februari 2024

		Naam			Cat			PR	Tijd	Info
29	wt	14	<b>Sijmen Egberts</b>		HN1			6:34.98	<b>7:00.02</b>	
	rd	8	<b>Jorian ten Cate</b>		HN2			6:48.99	<b>7:09.69</b>	
		<b>Sijmen Egberts</b>			<b>Jorian ten Cate</b>					
		200m	20.08	(20.08)	200m	21.15	(21.15)			
		600m	52.62	(32.54)	600m	54.74	(33.59)			
		1000m	1:24.61	(31.99)	1000m	1:28.75	(34.01)			
		1400m	1:56.36	(31.75)	1400m	2:02.27	(33.52)			
		1800m	2:28.39	(32.03)	1800m	2:36.20	(33.93)			
		2200m	3:00.40	(32.01)	2200m	3:10.25	(34.05)			
		2600m	3:32.97	(32.57)	2600m	3:44.15	(33.90)			
		3000m	4:06.02	(33.05)	3000m	4:18.45	(34.30)			
		3400m	4:39.67	(33.65)	3400m	4:52.23	(33.78)			
		3800m	5:13.72	(34.05)	3800m	5:26.48	(34.25)			
		4200m	5:48.10	(34.38)	4200m	6:00.69	(34.21)			
		4600m	6:23.21	(35.11)	4600m	6:35.02	(34.33)			
		5000m	7:00.02	(36.81)	5000m	7:09.69	(34.67)			

		Naam			Cat			PR	Tijd	Info
30	gl	54	<b>Olaf Vunderink</b>		HA1			6:50.67	<b>7:13.38</b>	
	bl	50	<b>Jur Veenje</b>		HN4			6:44.91	<b>7:14.82</b>	
		<b>Olaf Vunderink</b>			<b>Jur Veenje</b>					
		200m	20.18	(20.18)	200m	19.60	(19.60)			
		600m	53.06	(32.88)	600m	51.99	(32.39)			
		1000m	1:26.88	(33.82)	1000m	1:26.00	(34.01)			
		1400m	2:00.50	(33.62)	1400m	1:59.83	(33.83)			
		1800m	2:34.56	(34.06)	1800m	2:33.79	(33.96)			
		2200m	3:08.88	(34.32)	2200m	3:08.09	(34.30)			
		2600m	3:43.35	(34.47)	2600m	3:42.34	(34.25)			
		3000m	4:18.12	(34.77)	3000m	4:16.99	(34.65)			
		3400m	4:52.69	(34.57)	3400m	4:51.80	(34.81)			
		3800m	5:27.55	(34.86)	3800m	5:26.88	(35.08)			
		4200m	6:02.51	(34.96)	4200m	6:02.57	(35.69)			
		4600m	6:37.89	(35.38)	4600m	6:38.44	(35.87)			
		5000m	7:13.38	(35.49)	5000m	7:14.82	(36.38)			

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

3 en 4 februari 2024

		Naam			Cat			PR	Tijd	Info
31	wt	26	<b>Jeroen Janissen</b>		HSA			6:28.64	<b>6:44.88</b>	
	rd	29	<b>Jelle Koeleman</b>		HN1			6:39.28	<b>6:52.20</b>	
		<b>Jeroen Janissen</b>			<b>Jelle Koeleman</b>					
		200m	20.33	(20.33)	200m	20.10	(20.10)			
		600m	52.11	(31.78)	600m	52.03	(31.93)			
		1000m	1:24.30	(32.19)	1000m	1:24.08	(32.05)			
		1400m	1:56.64	(32.34)	1400m	1:56.35	(32.27)			
		1800m	2:28.62	(31.98)	1800m	2:28.61	(32.26)			
		2200m	3:01.11	(32.49)	2200m	3:00.93	(32.32)			
		2600m	3:33.18	(32.07)	2600m	3:33.36	(32.43)			
		3000m	4:05.49	(32.31)	3000m	4:05.58	(32.22)			
		3400m	4:37.03	(31.54)	3400m	4:38.04	(32.46)			
		3800m	5:08.80	(31.77)	3800m	5:10.56	(32.52)			
		4200m	5:40.35	(31.55)	4200m	5:43.59	(33.03)			
		4600m	6:12.40	(32.05)	4600m	6:17.81	(34.22)			
		5000m	6:44.88	(32.48)	5000m	6:52.20	(34.39)			

		Naam			Cat			PR	Tijd	Info
32	gl	30	<b>Mika Kolder</b>		HA1			6:41.17	<b>7:08.58</b>	
	bl	55	<b>Hidde Westra</b>		HN1			6:46.51	<b>7:04.54</b>	
		<b>Mika Kolder</b>			<b>Hidde Westra</b>					
		200m	19.63	(19.63)	200m	19.85	(19.85)			
		600m	51.60	(31.97)	600m	51.78	(31.93)			
		1000m	1:24.45	(32.85)	1000m	1:24.51	(32.73)			
		1400m	1:57.43	(32.98)	1400m	1:57.65	(33.14)			
		1800m	2:31.00	(33.57)	1800m	2:31.14	(33.49)			
		2200m	3:04.87	(33.87)	2200m	3:04.69	(33.55)			
		2600m	3:38.79	(33.92)	2600m	3:38.64	(33.95)			
		3000m	4:13.17	(34.38)	3000m	4:12.61	(33.97)			
		3400m	4:48.11	(34.94)	3400m	4:46.54	(33.93)			
		3800m	5:23.21	(35.10)	3800m	5:20.46	(33.92)			
		4200m	5:58.16	(34.95)	4200m	5:54.51	(34.05)			
		4600m	6:32.88	(34.72)	4600m	6:28.93	(34.42)			
		5000m	7:08.58	(35.70)	5000m	7:04.54	(35.61)			

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

3 en 4 februari 2024

		Naam			Cat			PR	Tijd	Info
33	wt	3	Joël Bom		HA2			6:46.42	<b>7:08.21</b>	
	rd	53	Sietse de Vries		HA1			6:49.42	<b>7:05.88</b>	
		Joël Bom			Sietse de Vries					
		200m	20.44	(20.44)	200m	21.44	(21.44)			
		600m	53.19	(32.75)	600m	54.43	(32.99)			
		1000m	1:26.02	(32.83)	1000m	1:27.61	(33.18)			
		1400m	1:59.28	(33.26)	1400m	2:00.60	(32.99)			
		1800m	2:32.49	(33.21)	1800m	2:33.77	(33.17)			
		2200m	3:05.93	(33.44)	2200m	3:06.70	(32.93)			
		2600m	3:39.53	(33.60)	2600m	3:40.05	(33.35)			
		3000m	4:13.56	(34.03)	3000m	4:13.56	(33.51)			
		3400m	4:47.92	(34.36)	3400m	4:47.11	(33.55)			
		3800m	5:22.53	(34.61)	3800m	5:21.17	(34.06)			
		4200m	5:57.50	(34.97)	4200m	5:55.68	(34.51)			
		4600m	6:32.53	(35.03)	4600m	6:30.76	(35.08)			
		5000m	7:08.21	(35.68)	5000m	7:05.88	(35.12)			

		Naam			Cat			PR	Tijd	Info
34	gl	27	Kars Jansman		HSA			6:15.14	<b>6:41.53</b>	
	bl	57	Mathijs van Zwieten		HN3			6:34.64	<b>6:56.06</b>	
		Kars Jansman			Mathijs van Zwieten					
		200m	19.75	(19.75)	200m	19.36	(19.36)			
		600m	51.11	(31.36)	600m	50.96	(31.60)			
		1000m	1:22.73	(31.62)	1000m	1:23.82	(32.86)			
		1400m	1:54.58	(31.85)	1400m	1:56.95	(33.13)			
		1800m	2:26.48	(31.90)	1800m	2:29.69	(32.74)			
		2200m	2:58.43	(31.95)	2200m	3:02.63	(32.94)			
		2600m	3:30.32	(31.89)	2600m	3:35.45	(32.82)			
		3000m	4:01.93	(31.61)	3000m	4:08.41	(32.96)			
		3400m	4:33.44	(31.51)	3400m	4:41.54	(33.13)			
		3800m	5:04.88	(31.44)	3800m	5:14.82	(33.28)			
		4200m	5:36.96	(32.08)	4200m	5:48.22	(33.40)			
		4600m	6:09.25	(32.29)	4600m	6:22.33	(34.11)			
		5000m	6:41.53	(32.28)	5000m	6:56.06	(33.73)			

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

3 en 4 februari 2024

		Naam			Cat	PR	Tijd	Info
35	wt	11	<b>Lex Dijkstra</b>		HSA	6:19.79	<b>6:51.56</b>	
	rd	31	<b>Jasper Krommenhoek</b>		HN1	6:27.47	<b>6:57.64</b>	
		<b>Lex Dijkstra</b>			<b>Jasper Krommenhoek</b>			
		200m	19.84	(19.84)	200m	19.90	(19.90)	
		600m	52.55	(32.71)	600m	52.60	(32.70)	
		1000m	1:25.08	(32.53)	1000m	1:25.36	(32.76)	
		1400m	1:57.65	(32.57)	1400m	1:58.22	(32.86)	
		1800m	2:30.30	(32.65)	1800m	2:31.02	(32.80)	
		2200m	3:02.66	(32.36)	2200m	3:03.21	(32.19)	
		2600m	3:34.94	(32.28)	2600m	3:35.23	(32.02)	
		3000m	4:07.23	(32.29)	3000m	4:07.61	(32.38)	
		3400m	4:39.62	(32.39)	3400m	4:40.54	(32.93)	
		3800m	5:12.18	(32.56)	3800m	5:13.88	(33.34)	
		4200m	5:45.07	(32.89)	4200m	5:47.60	(33.72)	
		4600m	6:18.18	(33.11)	4600m	6:22.34	(34.74)	
		5000m	6:51.56	(33.38)	5000m	6:57.64	(35.30)	

		Naam			Cat	PR	Tijd	Info
36	gl	45	<b>Remo Slotegraaf</b>		HN3	6:21.99	<b>6:48.64</b>	
	bl	7	<b>Stijn van de Bunt</b>		HN1	6:27.81	<b>6:49.28</b>	
		<b>Remo Slotegraaf</b>			<b>Stijn van de Bunt</b>			
		200m	19.70	(19.70)	200m	19.50	(19.50)	
		600m	51.06	(31.36)	600m	50.64	(31.14)	
		1000m	1:22.90	(31.84)	1000m	1:22.49	(31.85)	
		1400m	1:55.00	(32.10)	1400m	1:54.59	(32.10)	
		1800m	2:27.16	(32.16)	1800m	2:26.60	(32.01)	
		2200m	2:59.52	(32.36)	2200m	2:58.82	(32.22)	
		2600m	3:32.08	(32.56)	2600m	3:31.34	(32.52)	
		3000m	4:04.78	(32.70)	3000m	4:04.14	(32.80)	
		3400m	4:37.72	(32.94)	3400m	4:36.64	(32.50)	
		3800m	5:10.66	(32.94)	3800m	5:09.53	(32.89)	
		4200m	5:44.08	(33.42)	4200m	5:42.33	(32.80)	
		4600m	6:16.32	(32.24)	4600m	6:15.74	(33.41)	
		5000m	6:48.64	(32.32)	5000m	6:49.28	(33.54)	

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

3 en 4 februari 2024

## 3. Uitslag 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	14 Sijmen Egberts	HN1	39	I	1:52.12		
2	45 Remo Slotegraaf	HN3	42	I	1:52.39		
3	11 Lex Dijkstra	HSA	41	O	1:52.60		
4	7 Stijn van de Bunt	HN1	40	O	1:53.14		
5	50 Jur Veenje	HN4	37	I	1:53.51		
6	29 Jelle Koeleman	HN1	42	O	1:54.13		
7	55 Hidde Westra	HN1	38	O	1:54.60		
8	27 Kars Jansman	HSA	41	I	1:54.78		
9	34 Thomas de Lange	HN2	36	I	1:54.91		
10	52 Loek van Vilsteren	HN1	39	O	1:55.03		
11	31 Jasper Krommenhoek	HN1	35	I	1:55.52		
12	33 Jesse de Lange	HN3	38	I	1:55.67		
13	39 Niels van Reeuwijk	HA2	33	O	1:55.91		
14	26 Jeroen Janissen	HSA	40	I	1:56.05		
15	3 Joël Bom	HA2	36	O	1:56.07		
16	8 Jorian ten Cate	HN2	33	I	1:56.11		
17	30 Mika Kolder	HA1	34	O	1:56.16		
18	40 Eise van Schijndel	HA1	31	I	1:57.14		
19	54 Olaf Vunderink	HA1	31	O	1:57.18		
20	49 Jasper Tinga	HN1	35	O	1:57.22		
21	41 Colin Schrijver	HN4	28	O	1:57.47		
22	38 Matthé Pronk	HN1	34	I	1:57.75		
23	37 Tom Nijdam	HN1	27	O	1:57.95		
24	4 Yoeri van Bostelen	HA2	28	I	1:58.10		
25	57 Mathijs van Zwieten	HN3	37	O	1:58.14		
26	16 Bram van Essen	HN3	29	O	1:58.17		
27	17 Rinse Franken	HA1	27	I	1:58.37		
28	35 Jasper van der Marel	HA2	32	I	1:58.74		
29	53 Sietse de Vries	HA1	32	O	1:58.80		
30	6 Chris Brommersma	HA2	29	I	1:58.84		
31	10 Jornt Dijk	HN4	30	O	1:59.87		
32	59 Finn ten Hove	HSA	25	O	2:00.00		
33	48 Dyon Talsma	HN3	30	I	2:01.43		
34	25 Ole ten Hove	HSA	25	I	2:01.57		



# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

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## 3. Rituitslag 1500 meter

		Naam		Cat		PR		Tijd	Info
25	wt	25	<b>Ole ten Hove</b>		HSA		1:56.96	<b>2:01.57</b>	
	rd	59	<b>Finn ten Hove</b>		HSA		1:56.13	<b>2:00.00</b>	
		<b>Ole ten Hove</b>			<b>Finn ten Hove</b>				
		300m	26.30	(26.30)	300m	26.04	(26.04)		
		700m	56.39	(30.09)	700m	56.01	(29.97)		
		1100m	1:28.24	(31.85)	1100m	1:27.17	(31.16)		
		1500m	2:01.57	(33.33)	1500m	2:00.00	(32.83)		

		Naam		Cat		PR		Tijd	Info
26	gl								
	bl								
		m			m				

		Naam		Cat		PR		Tijd	Info
27	wt	17	<b>Rinse Franken</b>		HA1		1:54.51	<b>1:58.37</b>	
	rd	37	<b>Tom Nijdam</b>		HN1		1:54.25	<b>1:57.95</b>	
		<b>Rinse Franken</b>			<b>Tom Nijdam</b>				
		300m	25.73	(25.73)	300m	25.26	(25.26)		
		700m	54.88	(29.15)	700m	53.96	(28.70)		
		1100m	1:25.83	(30.95)	1100m	1:24.93	(30.97)		
		1500m	1:58.37	(32.54)	1500m	1:57.95	(33.02)		

		Naam		Cat		PR		Tijd	Info
28	gl	4	<b>Yoeri van Bostelen</b>		HA2		1:53.05	<b>1:58.10</b>	
	bl	41	<b>Colin Schrijver</b>		HN4		1:54.20	<b>1:57.47</b>	
		<b>Yoeri van Bostelen</b>			<b>Colin Schrijver</b>				
		300m	24.92	(24.92)	300m	25.72	(25.72)		
		700m	53.65	(28.73)	700m	54.91	(29.19)		
		1100m	1:24.81	(31.16)	1100m	1:25.39	(30.48)		
		1500m	1:58.10	(33.29)	1500m	1:57.47	(32.08)		

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

3 en 4 februari 2024

		Naam			Cat			PR	Tijd	Info
29	wt	6	<b>Chris Brommersma</b>		HA2			1:57.16	<b>1:58.84</b>	
	rd	16	<b>Bram van Essen</b>		HN3			1:52.67	<b>1:58.17</b>	
		<b>Chris Brommersma</b>			<b>Bram van Essen</b>					
		300m	26.30	(26.30)	300m	25.16	(25.16)			
		700m	55.55	(29.25)	700m	53.92	(28.76)			
		1100m	1:26.48	(30.93)	1100m	1:24.91	(30.99)			
		1500m	1:58.84	(32.36)	1500m	1:58.17	(33.26)			

		Naam			Cat			PR	Tijd	Info
30	gl	48	<b>Dyon Talsma</b>		HN3			1:54.46	<b>2:01.43</b>	
	bl	10	<b>Jornt Dijk</b>		HN4			1:52.46	<b>1:59.87</b>	
		<b>Dyon Talsma</b>			<b>Jornt Dijk</b>					
		300m	26.29	(26.29)	300m	25.54	(25.54)			
		700m	56.03	(29.74)	700m	54.85	(29.31)			
		1100m	1:27.85	(31.82)	1100m	1:26.19	(31.34)			
		1500m	2:01.43	(33.58)	1500m	1:59.87	(33.68)			

		Naam			Cat			PR	Tijd	Info
31	wt	40	<b>Eise van Schijndel</b>		HA1			1:53.47	<b>1:57.14</b>	
	rd	54	<b>Olaf Vunderink</b>		HA1			1:52.44	<b>1:57.18</b>	
		<b>Eise van Schijndel</b>			<b>Olaf Vunderink</b>					
		300m	25.84	(25.84)	300m	25.79	(25.79)			
		700m	54.54	(28.70)	700m	54.68	(28.89)			
		1100m	1:24.74	(30.20)	1100m	1:25.14	(30.46)			
		1500m	1:57.14	(32.40)	1500m	1:57.18	(32.04)			

		Naam			Cat			PR	Tijd	Info
32	gl	35	<b>Jasper van der Marel</b>		HA2			1:53.35	<b>1:58.74</b>	
	bl	53	<b>Sietse de Vries</b>		HA1			1:53.52	<b>1:58.80</b>	
		<b>Jasper van der Marel</b>			<b>Sietse de Vries</b>					
		300m	26.13	(26.13)	300m	26.54	(26.54)			
		700m	55.84	(29.71)	700m	55.95	(29.41)			
		1100m	1:26.77	(30.93)	1100m	1:26.88	(30.93)			
		1500m	1:58.74	(31.97)	1500m	1:58.80	(31.92)			

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

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		Naam			Cat			PR	Tijd	Info
33	wt	8	<b>Jorian ten Cate</b>		HN2			1:52.04	<b>1:56.11</b>	
	rd	39	<b>Niels van Reeuwijk</b>		HA2			1:52.00	<b>1:55.91</b>	
		<b>Jorian ten Cate</b>			<b>Niels van Reeuwijk</b>					
		300m	25.69	(25.69)	300m	25.22	(25.22)			
		700m	54.18	(28.49)	700m	53.55	(28.33)			
		1100m	1:24.35	(30.17)	1100m	1:23.64	(30.09)			
		1500m	1:56.11	(31.76)	1500m	1:55.91	(32.27)			
<hr/>										
		Naam			Cat			PR	Tijd	Info
34	gl	38	<b>Matthé Pronk</b>		HN1			1:52.10	<b>1:57.75</b>	
	bl	30	<b>Mika Kolder</b>		HA1			1:50.66	<b>1:56.16</b>	
		<b>Matthé Pronk</b>			<b>Mika Kolder</b>					
		300m	25.82	(25.82)	300m	25.50	(25.50)			
		700m	54.52	(28.70)	700m	54.15	(28.65)			
		1100m	1:25.09	(30.57)	1100m	1:24.09	(29.94)			
		1500m	1:57.75	(32.66)	1500m	1:56.16	(32.07)			
<hr/>										
		Naam			Cat			PR	Tijd	Info
35	wt	31	<b>Jasper Krommenhoek</b>		HN1			1:50.23	<b>1:55.52</b>	
	rd	49	<b>Jasper Tinga</b>		HN1			1:53.36	<b>1:57.22</b>	
		<b>Jasper Krommenhoek</b>			<b>Jasper Tinga</b>					
		300m	26.37	(26.37)	300m	26.51	(26.51)			
		700m	54.91	(28.54)	700m	55.93	(29.42)			
		1100m	1:24.56	(29.65)	1100m	1:26.07	(30.14)			
		1500m	1:55.52	(30.96)	1500m	1:57.22	(31.15)			
<hr/>										
		Naam			Cat			PR	Tijd	Info
36	gl	34	<b>Thomas de Lange</b>		HN2			1:48.34	<b>1:54.91</b>	
	bl	3	<b>Joël Bom</b>		HA2			1:53.41	<b>1:56.07</b>	
		<b>Thomas de Lange</b>			<b>Joël Bom</b>					
		300m	24.86	(24.86)	300m	25.21	(25.21)			
		700m	52.65	(27.79)	700m	53.62	(28.41)			
		1100m	1:22.46	(29.81)	1100m	1:24.24	(30.62)			
		1500m	1:54.91	(32.45)	1500m	1:56.07	(31.83)			

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

3 en 4 februari 2024

		Naam		Cat		PR		Tijd	Info
37	wt	50	<b>Jur Veenje</b>		HN4		1:48.27	<b>1:53.51</b>	
	rd	57	<b>Mathijs van Zwieten</b>		HN3		1:51.81	<b>1:58.14</b>	
		<b>Jur Veenje</b>			<b>Mathijs van Zwieten</b>				
		300m	24.46	(24.46)	300m	25.53	(25.53)		
		700m	51.86	(27.40)	700m	54.50	(28.97)		
		1100m	1:21.74	(29.88)	1100m	1:25.54	(31.04)		
		1500m	1:53.51	(31.77)	1500m	1:58.14	(32.60)		

		Naam		Cat		PR		Tijd	Info
38	gl	33	<b>Jesse de Lange</b>		HN3		1:51.54	<b>1:55.67</b>	
	bl	55	<b>Hidde Westra</b>		HN1		1:51.12	<b>1:54.60</b>	
		<b>Jesse de Lange</b>			<b>Hidde Westra</b>				
		300m	25.28	(25.28)	300m	25.17	(25.17)		
		700m	53.48	(28.20)	700m	53.46	(28.29)		
		1100m	1:23.31	(29.83)	1100m	1:23.37	(29.91)		
		1500m	1:55.67	(32.36)	1500m	1:54.60	(31.23)		

		Naam		Cat		PR		Tijd	Info
39	wt	14	<b>Sijmen Egberts</b>		HN1		1:47.27	<b>1:52.12</b>	
	rd	52	<b>Loek van Vilsteren</b>		HN1		1:51.18	<b>1:55.03</b>	
		<b>Sijmen Egberts</b>			<b>Loek van Vilsteren</b>				
		300m	24.63	(24.63)	300m	24.78	(24.78)		
		700m	52.36	(27.73)	700m	53.28	(28.50)		
		1100m	1:21.44	(29.08)	1100m	1:23.26	(29.98)		
		1500m	1:52.12	(30.68)	1500m	1:55.03	(31.77)		

		Naam		Cat		PR		Tijd	Info
40	gl	26	<b>Jeroen Janissen</b>		HSA		1:49.06	<b>1:56.05</b>	
	bl	7	<b>Stijn van de Bunt</b>		HN1		1:49.30	<b>1:53.14</b>	
		<b>Jeroen Janissen</b>			<b>Stijn van de Bunt</b>				
		300m	25.90	(25.90)	300m	25.69	(25.69)		
		700m	54.89	(28.99)	700m	53.92	(28.23)		
		1100m	1:24.80	(29.91)	1100m	1:22.73	(28.81)		
		1500m	1:56.05	(31.25)	1500m	1:53.14	(30.41)		

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

3 en 4 februari 2024

		Naam			Cat			PR	Tijd	Info
41	wt	27	<b>Kars Jansman</b>		HSA			1:47.31	<b>1:54.78</b>	
	rd	11	<b>Lex Dijkstra</b>		HSA			1:46.50	<b>1:52.60</b>	
		<b>Kars Jansman</b>			<b>Lex Dijkstra</b>					
		300m	25.84	(25.84)	300m	25.13	(25.13)			
		700m	54.57	(28.73)	700m	53.44	(28.31)			
		1100m	1:24.04	(29.47)	1100m	1:22.52	(29.08)			
		1500m	1:54.78	(30.74)	1500m	1:52.60	(30.08)			
<hr/>										
		Naam			Cat			PR	Tijd	Info
42	gl	45	<b>Remo Slotegraaf</b>		HN3			1:46.73	<b>1:52.39</b>	
	bl	29	<b>Jelle Koeleman</b>		HN1			1:52.37	<b>1:54.13</b>	
		<b>Remo Slotegraaf</b>			<b>Jelle Koeleman</b>					
		300m	25.29	(25.29)	300m	24.86	(24.86)			
		700m	53.01	(27.72)	700m	53.44	(28.58)			
		1100m	1:22.01	(29.00)	1100m	1:22.98	(29.54)			
		1500m	1:52.39	(30.38)	1500m	1:54.13	(31.15)			

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

3 en 4 februari 2024

## 4. Uitslag 3000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	7 Stijn van de Bunt	HN1	58	O	3:55.19		
2	27 Kars Jansman	HSA	58	I	3:55.44		
3	11 Lex Dijkstra	HSA	60	O	3:56.64		
4	45 Remo Slotegraaf	HN3	60	I	3:58.15		
5	26 Jeroen Janissen	HSA	56	I	3:58.81		
6	14 Sijmen Egberts	HN1	59	O	3:59.90		
7	31 Jasper Krommenhoek	HN1	54	I	4:00.32		
8	57 Mathijs van Zwieten	HN3	53	I	4:03.30		
9	29 Jelle Koeleman	HN1	59	I	4:05.05		
10	3 Joël Bom	HA2	54	O	4:05.52		
11	33 Jesse de Lange	HN3	55	I	4:05.95		
12	6 Chris Brommersma	HA2	47	O	4:05.98		
13	34 Thomas de Lange	HN2	55	O	4:06.83		
14	53 Sietse de Vries	HA1	49	O	4:07.88		
15	8 Jorian ten Cate	HN2	52	O	4:08.48		
16	39 Niels van Reeuwijk	HA2	51	I	4:09.55		
17	49 Jasper Tinga	HN1	53	O	4:09.76		
18	30 Mika Kolder	HA1	52	I	4:10.30		
19	35 Jasper van der Marel	HA2	49	I	4:10.34		
20	50 Jur Veenje	HN4	57	O	4:11.04		
21	40 Eise van Schijndel	HA1	50	I	4:11.40		
22	38 Matthé Pronk	HN1	51	O	4:11.63		
23	17 Rinse Franken	HA1	45	I	4:11.81		
24	48 Dyon Talsma	HN3	46	O	4:11.84		
25	10 Jornt Dijk	HN4	47	I	4:12.09		
26	59 Finn ten Hove	HSA	43	I	4:12.16		
27	52 Loek van Vilsteren	HN1	57	I	4:12.28		
28	55 Hidde Westra	HN1	56	O	4:12.52		
29	54 Olaf Vunderink	HA1	50	O	4:12.62		
30	41 Colin Schrijver	HN4	46	I	4:12.69		
31	16 Bram van Essen	HN3	48	I	4:14.24		
32	25 Ole ten Hove	HSA	43	O	4:17.17		
33	4 Yoeri van Bostelen	HA2	48	O	4:17.81		
34	37 Tom Nijdam	HN1	45	O	4:19.68		

# Holland Cup 4 Am / Eindhoven Trofee

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## 4. Rituitslag 3000 meter

		Naam		Cat		PR		Tijd	Info
43	wt	59	<b>Finn ten Hove</b>		HSA		4:03.85	<b>4:12.16</b>	
	rd	25	<b>Ole ten Hove</b>		HSA		4:06.73	<b>4:17.17</b>	
		<b>Finn ten Hove</b>			<b>Ole ten Hove</b>				
		200m	20.20	(20.20)	200m	20.27	(20.27)		
		600m	51.86	(31.66)	600m	51.69	(31.42)		
		1000m	1:23.59	(31.73)	1000m	1:24.25	(32.56)		
		1400m	1:56.34	(32.75)	1400m	1:57.52	(33.27)		
		1800m	2:29.47	(33.13)	1800m	2:31.51	(33.99)		
		2200m	3:03.51	(34.04)	2200m	3:06.38	(34.87)		
		2600m	3:37.61	(34.10)	2600m	3:41.89	(35.51)		
		3000m	4:12.16	(34.55)	3000m	4:17.17	(35.28)		

		Naam		Cat		PR		Tijd	Info
44	gl								
	bl								
		m			m				

		Naam		Cat		PR		Tijd	Info
45	wt	17	<b>Rinse Franken</b>		HA1		4:00.24	<b>4:11.81</b>	
	rd	37	<b>Tom Nijdam</b>		HN1		4:01.74	<b>4:19.68</b>	
		<b>Rinse Franken</b>			<b>Tom Nijdam</b>				
		200m	20.11	(20.11)	200m	19.53	(19.53)		
		600m	52.63	(32.52)	600m	51.89	(32.36)		
		1000m	1:25.67	(33.04)	1000m	1:24.95	(33.06)		
		1400m	1:58.87	(33.20)	1400m	1:58.11	(33.16)		
		1800m	2:32.23	(33.36)	1800m	2:31.90	(33.79)		
		2200m	3:05.44	(33.21)	2200m	3:06.80	(34.90)		
		2600m	3:38.63	(33.19)	2600m	3:42.94	(36.14)		
		3000m	4:11.81	(33.18)	3000m	4:19.68	(36.74)		

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

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		Naam		Cat		PR		Tijd	Info
46	gl	41	<b>Colin Schrijver</b>		HN4			4:12.18	<b>4:12.69</b>
	bl	48	<b>Dyon Talsma</b>		HN3			4:04.67	<b>4:11.84</b>
		<b>Colin Schrijver</b>				<b>Dyon Talsma</b>			
		200m	19.63	(19.63)		200m	19.52	(19.52)	
		600m	51.64	(32.01)		600m	51.72	(32.20)	
		1000m	1:24.46	(32.82)		1000m	1:25.09	(33.37)	
		1400m	1:57.80	(33.34)		1400m	1:58.44	(33.35)	
		1800m	2:31.13	(33.33)		1800m	2:32.03	(33.59)	
		2200m	3:04.71	(33.58)		2200m	3:05.36	(33.33)	
		2600m	3:38.39	(33.68)		2600m	3:37.79	(32.43)	
		3000m	4:12.69	(34.30)		3000m	4:11.84	(34.05)	

		Naam		Cat		PR		Tijd	Info
47	wt	10	<b>Jornt Dijk</b>		HN4			4:04.13	<b>4:12.09</b>
	rd	6	<b>Chris Brommersma</b>		HA2			4:00.24	<b>4:05.98</b>
		<b>Jornt Dijk</b>				<b>Chris Brommersma</b>			
		200m	19.92	(19.92)		200m	20.32	(20.32)	
		600m	51.48	(31.56)		600m	51.87	(31.55)	
		1000m	1:23.27	(31.79)		1000m	1:23.39	(31.52)	
		1400m	1:55.81	(32.54)		1400m	1:55.28	(31.89)	
		1800m	2:29.21	(33.40)		1800m	2:27.29	(32.01)	
		2200m	3:02.90	(33.69)		2200m	3:00.03	(32.74)	
		2600m	3:37.54	(34.64)		2600m	3:32.73	(32.70)	
		3000m	4:12.09	(34.55)		3000m	4:05.98	(33.25)	



# Holland Cup 4 Am / Eindhoven Trofee

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		Naam		Cat		PR		Tijd	Info
48	gl	16	<b>Bram van Essen</b>		HN3			4:00.02	<b>4:14.24</b>
	bl	4	<b>Yoeri van Bostelen</b>		HA2			4:02.22	<b>4:17.81</b>
		<b>Bram van Essen</b>			<b>Yoeri van Bostelen</b>				
		200m	18.66	(18.66)	200m	19.22	(19.22)		
		600m	49.04	(30.38)	600m	50.90	(31.68)		
		1000m	1:21.41	(32.37)	1000m	1:23.71	(32.81)		
		1400m	1:55.10	(33.69)	1400m	1:57.31	(33.60)		
		1800m	2:29.37	(34.27)	1800m	2:31.58	(34.27)		
		2200m	3:03.73	(34.36)	2200m	3:06.55	(34.97)		
		2600m	3:39.22	(35.49)	2600m	3:41.75	(35.20)		
		3000m	4:14.24	(35.02)	3000m	4:17.81	(36.06)		

		Naam		Cat		PR		Tijd	Info
49	wt	35	<b>Jasper van der Marel</b>		HA2			3:56.65	<b>4:10.34</b>
	rd	53	<b>Sietse de Vries</b>		HA1			3:57.73	<b>4:07.88</b>
		<b>Jasper van der Marel</b>			<b>Sietse de Vries</b>				
		200m	19.98	(19.98)	200m	20.49	(20.49)		
		600m	52.94	(32.96)	600m	52.84	(32.35)		
		1000m	1:25.35	(32.41)	1000m	1:25.40	(32.56)		
		1400m	1:58.33	(32.98)	1400m	1:57.59	(32.19)		
		1800m	2:30.94	(32.61)	1800m	2:29.93	(32.34)		
		2200m	3:04.01	(33.07)	2200m	3:02.37	(32.44)		
		2600m	3:36.97	(32.96)	2600m	3:34.89	(32.52)		
		3000m	4:10.34	(33.37)	3000m	4:07.88	(32.99)		

# Holland Cup 4 Am / Eindhoven Trofee

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		Naam		Cat		PR		Tijd	Info
50	gl	40	<b>Eise van Schijndel</b>		HA1		3:57.46	<b>4:11.40</b>	
	bl	54	<b>Olaf Vunderink</b>		HA1		3:56.48	<b>4:12.62</b>	
		<b>Eise van Schijndel</b>			<b>Olaf Vunderink</b>				
		200m	20.45	(20.45)	200m	20.52	(20.52)		
		600m	53.53	(33.08)	600m	53.46	(32.94)		
		1000m	1:26.21	(32.68)	1000m	1:26.57	(33.11)		
		1400m	1:59.09	(32.88)	1400m	1:59.74	(33.17)		
		1800m	2:31.95	(32.86)	1800m	2:33.21	(33.47)		
		2200m	3:04.63	(32.68)	2200m	3:06.74	(33.53)		
		2600m	3:37.94	(33.31)	2600m	3:39.94	(33.20)		
		3000m	4:11.40	(33.46)	3000m	4:12.62	(32.68)		

		Naam		Cat		PR		Tijd	Info
51	wt	39	<b>Niels van Reeuwijk</b>		HA2		3:56.30	<b>4:09.55</b>	
	rd	38	<b>Matthé Pronk</b>		HN1		3:56.42	<b>4:11.63</b>	
		<b>Niels van Reeuwijk</b>			<b>Matthé Pronk</b>				
		200m	20.01	(20.01)	200m	20.02	(20.02)		
		600m	51.33	(31.32)	600m	51.66	(31.64)		
		1000m	1:22.87	(31.54)	1000m	1:23.58	(31.92)		
		1400m	1:55.24	(32.37)	1400m	1:55.77	(32.19)		
		1800m	2:27.95	(32.71)	1800m	2:28.77	(33.00)		
		2200m	3:01.12	(33.17)	2200m	3:02.28	(33.51)		
		2600m	3:34.74	(33.62)	2600m	3:36.50	(34.22)		
		3000m	4:09.55	(34.81)	3000m	4:11.63	(35.13)		

# Holland Cup 4 Am / Eindhoven Trofee

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		Naam		Cat		PR		Tijd	Info
52	gl	30	<b>Mika Kolder</b>		HA1			3:52.19	<b>4:10.30</b>
	bl	8	<b>Jorian ten Cate</b>		HN2			3:56.71	<b>4:08.48</b>
		<b>Mika Kolder</b>			<b>Jorian ten Cate</b>				
		200m	19.79	(19.79)	200m	19.84	(19.84)		
		600m	51.23	(31.44)	600m	51.37	(31.53)		
		1000m	1:23.54	(32.31)	1000m	1:23.51	(32.14)		
		1400m	1:56.17	(32.63)	1400m	1:55.26	(31.75)		
		1800m	2:29.20	(33.03)	1800m	2:28.33	(33.07)		
		2200m	3:02.32	(33.12)	2200m	3:01.62	(33.29)		
		2600m	3:35.82	(33.50)	2600m	3:34.49	(32.87)		
		3000m	4:10.30	(34.48)	3000m	4:08.48	(33.99)		

		Naam		Cat		PR		Tijd	Info
53	wt	57	<b>Mathijs van Zwieten</b>		HN3			3:55.67	<b>4:03.30</b>
	rd	49	<b>Jasper Tinga</b>		HN1			3:57.07	<b>4:09.76</b>
		<b>Mathijs van Zwieten</b>			<b>Jasper Tinga</b>				
		200m	18.91	(18.91)	200m	19.27	(19.27)		
		600m	48.82	(29.91)	600m	51.53	(32.26)		
		1000m	1:20.53	(31.71)	1000m	1:25.26	(33.73)		
		1400m	1:52.19	(31.66)	1400m	1:58.55	(33.29)		
		1800m	2:24.70	(32.51)	1800m	2:31.25	(32.70)		
		2200m	2:57.13	(32.43)	2200m	3:04.02	(32.77)		
		2600m	3:30.29	(33.16)	2600m	3:36.93	(32.91)		
		3000m	4:03.30	(33.01)	3000m	4:09.76	(32.83)		

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

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		Naam		Cat		PR		Tijd	Info
54	gl	31	<b>Jasper Krommenhoek</b>		HN1		3:52.07	<b>4:00.32</b>	
	bl	3	<b>Joël Bom</b>		HA2		3:54.63	<b>4:05.52</b>	
		<b>Jasper Krommenhoek</b>			<b>Joël Bom</b>				
		200m	19.60	(19.60)	200m	19.82	(19.82)		
		600m	51.00	(31.40)	600m	51.53	(31.71)		
		1000m	1:22.59	(31.59)	1000m	1:23.60	(32.07)		
		1400m	1:53.90	(31.31)	1400m	1:55.56	(31.96)		
		1800m	2:24.87	(30.97)	1800m	2:27.44	(31.88)		
		2200m	2:56.09	(31.22)	2200m	2:59.90	(32.46)		
		2600m	3:28.11	(32.02)	2600m	3:32.57	(32.67)		
		3000m	4:00.32	(32.21)	3000m	4:05.52	(32.95)		

		Naam		Cat		PR		Tijd	Info
55	wt	33	<b>Jesse de Lange</b>		HN3		4:01.67	<b>4:05.95</b>	
	rd	34	<b>Thomas de Lange</b>		HN2		3:52.55	<b>4:06.83</b>	
		<b>Jesse de Lange</b>			<b>Thomas de Lange</b>				
		200m	19.51	(19.51)	200m	19.75	(19.75)		
		600m	51.28	(31.77)	600m	52.14	(32.39)		
		1000m	1:23.16	(31.88)	1000m	1:24.38	(32.24)		
		1400m	1:55.20	(32.04)	1400m	1:56.29	(31.91)		
		1800m	2:27.61	(32.41)	1800m	2:28.47	(32.18)		
		2200m	3:00.46	(32.85)	2200m	3:00.49	(32.02)		
		2600m	3:33.33	(32.87)	2600m	3:33.14	(32.65)		
		3000m	4:05.95	(32.62)	3000m	4:06.83	(33.69)		

# Holland Cup 4 Am / Eindhoven Trofee

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		Naam		Cat		PR		Tijd	Info
56	gl	26	<b>Jeroen Janissen</b>		HSA		3:47.20	<b>3:58.81</b>	
	bl	55	<b>Hidde Westra</b>		HN1		3:52.43	<b>4:12.52</b>	
		<b>Jeroen Janissen</b>			<b>Hidde Westra</b>				
		200m	19.39	(19.39)	200m	19.52	(19.52)		
		600m	50.28	(30.89)	600m	50.60	(31.08)		
		1000m	1:21.39	(31.11)	1000m	1:22.19	(31.59)		
		1400m	1:52.68	(31.29)	1400m	1:54.52	(32.33)		
		1800m	2:24.01	(31.33)	1800m	2:27.53	(33.01)		
		2200m	2:55.11	(31.10)	2200m	3:01.53	(34.00)		
		2600m	3:26.74	(31.63)	2600m	3:36.21	(34.68)		
		3000m	3:58.81	(32.07)	3000m	4:12.52	(36.31)		

		Naam		Cat		PR		Tijd	Info
57	wt	52	<b>Loek van Vilsteren</b>		HN1		3:58.01	<b>4:12.28</b>	
	rd	50	<b>Jur Veenje</b>		HN4		3:54.92	<b>4:11.04</b>	
		<b>Loek van Vilsteren</b>			<b>Jur Veenje</b>				
		200m	19.13	(19.13)	200m	19.29	(19.29)		
		600m	51.27	(32.14)	600m	50.50	(31.21)		
		1000m	1:23.74	(32.47)	1000m	1:23.50	(33.00)		
		1400m	1:57.25	(33.51)	1400m	1:57.01	(33.51)		
		1800m	2:30.79	(33.54)	1800m	2:30.86	(33.85)		
		2200m	3:04.51	(33.72)	2200m	3:04.17	(33.31)		
		2600m	3:37.96	(33.45)	2600m	3:37.66	(33.49)		
		3000m	4:12.28	(34.32)	3000m	4:11.04	(33.38)		

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		Naam		Cat		PR		Tijd	Info
58	gl	27	<b>Kars Jansman</b>		HSA			3:42.14	<b>3:55.44</b>
	bl	7	<b>Stijn van de Bunt</b>		HN1			3:47.04	<b>3:55.19</b>
		<b>Kars Jansman</b>			<b>Stijn van de Bunt</b>				
		200m	19.51	(19.51)	200m	19.26	(19.26)		
		600m	49.69	(30.18)	600m	49.34	(30.08)		
		1000m	1:20.26	(30.57)	1000m	1:19.83	(30.49)		
		1400m	1:51.11	(30.85)	1400m	1:50.80	(30.97)		
		1800m	2:22.24	(31.13)	1800m	2:22.00	(31.20)		
		2200m	2:53.39	(31.15)	2200m	2:53.02	(31.02)		
		2600m	3:24.37	(30.98)	2600m	3:24.26	(31.24)		
		3000m	3:55.44	(31.07)	3000m	3:55.19	(30.93)		

		Naam		Cat		PR		Tijd	Info
59	wt	29	<b>Jelle Koeleman</b>		HN1			3:53.69	<b>4:05.05</b>
	rd	14	<b>Sijmen Egberts</b>		HN1			3:45.17	<b>3:59.90</b>
		<b>Jelle Koeleman</b>			<b>Sijmen Egberts</b>				
		200m	19.57	(19.57)	200m	19.72	(19.72)		
		600m	51.17	(31.60)	600m	51.25	(31.53)		
		1000m	1:22.59	(31.42)	1000m	1:22.67	(31.42)		
		1400m	1:54.25	(31.66)	1400m	1:52.98	(30.31)		
		1800m	2:26.00	(31.75)	1800m	2:23.50	(30.52)		
		2200m	2:58.30	(32.30)	2200m	2:54.68	(31.18)		
		2600m	3:31.30	(33.00)	2600m	3:26.79	(32.11)		
		3000m	4:05.05	(33.75)	3000m	3:59.90	(33.11)		

# Holland Cup 4 Am / Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

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		Naam		Cat		PR		Tijd	Info
60	gl	45	<b>Remo Slotegraaf</b>		HN3			3:42.63	<b>3:58.15</b>
	bl	11	<b>Lex Dijkstra</b>		HSA			3:43.67	<b>3:56.64</b>
		<b>Remo Slotegraaf</b>			<b>Lex Dijkstra</b>				
		200m	19.42	(19.42)	200m	19.13	(19.13)		
		600m	50.28	(30.86)	600m	49.36	(30.23)		
		1000m	1:21.45	(31.17)	1000m	1:20.06	(30.70)		
		1400m	1:52.46	(31.01)	1400m	1:51.01	(30.95)		
		1800m	2:23.58	(31.12)	1800m	2:22.10	(31.09)		
		2200m	2:55.24	(31.66)	2200m	2:53.79	(31.69)		
		2600m	3:26.41	(31.17)	2600m	3:25.35	(31.56)		
		3000m	3:58.15	(31.74)	3000m	3:56.64	(31.29)		