Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

1 March 2025

1. Result 100 meter

Pos		Name	Cat	Pair	Lane	Time	Info	Points
1	13	**Babet Hagen**	DPD	4	I	**13.49**		
2	9	**Nadine Hendriksen**	DPD	12	O	**13.72**	PB	
3	9	**Kynzly Barry**	HPF	12	I	**14.95**		
4	8	**Luuk Hoekert**	HPE	11	O	**15.31**	PB	
5	3	**Sep de Bruin**	HPE	10	O	**15.55**	PB	
6	10	**Julie van Aken**	DPE	10	I	**15.76**	PB	
7	7	**Sofie Boonzaaijer**	DPD	9	O	**15.92**	PB	
8	23	**Madee Hoekstra**	DPC	11	I	**16.04**	PB	
9	2	**Lukas van Meerveld**	HPD	5	I	**16.09**		
10	15	**Leonie van den Heuvel**	DPC	7	I	**16.58**	PB	
	26	**Lynn van Beek**	DPD	7	O	**16.58**		
12	17	**Maeve Westerhof**	DPF	5	O	**16.89**		
13	16	**Zara de Jong**	DPD	9	I	**17.70**	PB	
14	5	**Abe van Dijk**	HPD	8	I	**17.77**		
15	1	**Selah Boonen**	DPE	4	O	**17.93**		
16	29	**Shuyun Long**	DPF	8	O	**18.73**	PB	
17	7	**Oliver Hendriks**	HPC	6	I	**19.40**		
18	30	**Elvira de Mots**	DPF	6	O	**21.22**		
19	20	**Mia Jolie Koordes**	DPF	1	I	**27.28**	FL	
20	22	**Rosie Hendriks**	DPF	3	O	**27.60**		
	8	**Maud Hendriksen**	DPC	3	I	**DNS**		

Referee: Assistant: Starter:

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Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

1 March 2025

1. Race Result 100 meter

			Name	Cat	PB	Time	Info
1	wt	20	**Mia Jolie Koordes**	DPF		27.28	FL
	rd						

Mia Jolie Koordes

100m	27.28	(27.28)	m	

			Name	Cat	PB	Time	Info
2	yw						
	bl						

m m

			Name	Cat	PB	Time	Info
3	wt	8	**Maud Hendriksen**	DPC		DNS	
	rd	22	**Rosie Hendriks**	DPF		27.60	

Maud Hendriksen **Rosie Hendriks**

			100m	27.60	(27.60)

			Name	Cat	PB	Time	Info
4	yw	13	**Babet Hagen**	DPD		13.49	
	bl	1	**Selah Boonen**	DPE		17.93	

Babet Hagen **Selah Boonen**

100m	13.49	(13.49)	100m	17.93	(17.93)

			Name	Cat	PB	Time	Info
5	wt	2	**Lukas van Meerveld**	HPD		16.09	
	rd	17	**Maeve Westerhof**	DPF		16.89	

Lukas van Meerveld **Maeve Westerhof**

100m	16.09	(16.09)	100m	16.89	(16.89)

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Sport- en Recreatiecentrum de Scheg - Deventer

1 March 2025

			Name	Cat	PB	Time	Info
6	yw	7	**Oliver Hendriks**	HPC		19.40	
	bl	30	**Elvira de Mots**	DPF		21.22	

Oliver Hendriks			Elvira de Mots		
100m	19.40	(19.40)	100m	21.22	(21.22)

			Name	Cat	PB	Time	Info
7	wt	15	**Leonie van den Heuvel**	DPC	22.38	16.58	PB
	rd	26	**Lynn van Beek**	DPD		16.58	

Leonie van den Heuvel			Lynn van Beek		
100m	16.58	(16.58)	100m	16.58	(16.58)

			Name	Cat	PB	Time	Info
8	yw	5	**Abe van Dijk**	HPD		17.77	
	bl	29	**Shuyun Long**	DPF	21.62	18.73	PB

Abe van Dijk			Shuyun Long		
100m	17.77	(17.77)	100m	18.73	(18.73)

			Name	Cat	PB	Time	Info
9	wt	16	**Zara de Jong**	DPD	19.77	17.70	PB
	rd	7	**Sofie Boonzaaijer**	DPD	17.12	15.92	PB

Zara de Jong			Sofie Boonzaaijer		
100m	17.70	(17.70)	100m	15.92	(15.92)

			Name	Cat	PB	Time	Info
10	yw	10	**Julie van Aken**	DPE	19.81	15.76	PB
	bl	3	**Sep de Bruin**	HPE	18.91	15.55	PB

Julie van Aken			Sep de Bruin		
100m	15.76	(15.76)	100m	15.55	(15.55)

			Name	Cat	PB	Time	Info
11	wt	23	**Madee Hoekstra**	DPC	16.86	16.04	PB
	rd	8	**Luuk Hoekert**	HPE	16.83	15.31	PB

Madee Hoekstra			Luuk Hoekert		
100m	16.04	(16.04)	100m	15.31	(15.31)

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Sport- en Recreatiecentrum de Scheg - Deventer

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			Name	Cat	PB	Time	Info
12	yw	9	**Kynzly Barry**	HPF	14.72	14.95	
	bl	9	**Nadine Hendriksen**	DPD	13.82	13.72	PB

Kynzly Barry			Nadine Hendriksen		
100m	14.95	(14.95)	100m	13.72	(13.72)

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Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

1 March 2025

2. Result Pup 500 meter

Pos		Name	Cat	Pair	Lane	Time	Info	Points
1	4	**Renske Van Winkoop**	DPA	19	I	**44.89**		
2	11	**Julia Bakker**	DPA	20	I	**50.09**		
3	3	**Lynn Hoekert**	DPA	20	O	**50.53**		
4	12	**Mari-Jen ten Hove**	DPA	19	O	**53.85**	PB	
5	2	**Jasmijn Smit**	DPB	18	I	**54.92**		
6	27	**Linde Bisschop**	DPA	18	O	**56.94**	PB	
7	1	**Levi Boonen**	HPA	17	I	**59.37**	PB	
8	24	**Naomi Bleijerveld**	DPA	16	I	**1:02.77**	PB	
9	6	**Léon Zwitser**	HPB	14	O	**1:03.00**		
10	6	**Silke van Veen**	DPB	14	I	**1:03.33**	PB	
11	21	**Frederique Oosting**	DPB	16	O	**1:03.99**	PB	
12	5	**Lysanna van Boven**	DPB	15	O	**1:05.38**	PB	
13	25	**Noor Hoekert**	DPB	17	O	**1:07.05**	FL	
14	4	**Thijmen Drooger**	HPA	15	I	**1:12.69**	FL	
15	18	**Zoe Spanos**	DPA	13	O	**1:20.21**		
16	19	**Olivia Koumassa**	DPA	13	I	**1:29.33**		

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Sport- en Recreatiecentrum de Scheg - Deventer

1 March 2025

2. Race Result Pup 500 meter

			Name	Cat	PB	Time	Info
13	wt	19	**Olivia Koumassa**	DPA		1:29.33	
	rd	18	**Zoe Spanos**	DPA		1:20.21	

Olivia Koumassa			Zoe Spanos		
100m	19.63	(19.63)	100m	18.05	(18.05)
500m	1:29.33	(69.70)	500m	1:20.21	(62.16)

			Name	Cat	PB	Time	Info
14	yw	6	**Silke van Veen**	DPB	1:21.76	1:03.33	PB
	bl	6	**Léon Zwitser**	HPB		1:03.00	

Silke van Veen			Léon Zwitser		
100m	14.59	(14.59)	100m	14.45	(14.45)
500m	1:03.33	(48.74)	500m	1:03.00	(48.55)

			Name	Cat	PB	Time	Info
15	wt	4	**Thijmen Drooger**	HPA	1:02.39	1:12.69	FL
	rd	5	**Lysanna van Boven**	DPB	1:05.42	1:05.38	PB

Thijmen Drooger			Lysanna van Boven		
100m	13.98	(13.98)	100m	14.28	(14.28)
500m	1:12.69	(58.71)	500m	1:05.38	(51.10)

			Name	Cat	PB	Time	Info
16	yw	24	**Naomi Bleijerveld**	DPA	1:04.24	1:02.77	PB
	bl	21	**Frederique Oosting**	DPB	1:11.87	1:03.99	PB

Naomi Bleijerveld			Frederique Oosting		
100m	15.12	(15.12)	100m	15.52	(15.52)
500m	1:02.77	(47.65)	500m	1:03.99	(48.47)

			Name	Cat	PB	Time	Info
17	wt	1	**Levi Boonen**	HPA	1:00.85	59.37	PB
	rd	25	**Noor Hoekert**	DPB	54.71	1:07.05	FL

Levi Boonen			Noor Hoekert		
100m	14.05	(14.05)	100m	13.81	(13.81)
500m	59.37	(45.32)	500m	1:07.05	(53.24)

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Sport- en Recreatiecentrum de Scheg - Deventer

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			Name	Cat	PB	Time	Info
18	yw	2	**Jasmijn Smit**	DPB	54.39	54.92	
	bl	27	**Linde Bisschop**	DPA	59.15	56.94	PB

Jasmijn Smit			Linde Bisschop		
100m	14.10	(14.10)	100m	13.91	(13.91)
500m	54.92	(40.82)	500m	56.94	(43.03)

			Name	Cat	PB	Time	Info
19	wt	4	**Renske Van Winkoop**	DPA	42.53	44.89	
	rd	12	**Mari-Jen ten Hove**	DPA	54.59	53.85	PB

Renske Van Winkoop			Mari-Jen ten Hove		
100m	12.01	(12.01)	100m	13.65	(13.65)
500m	44.89	(32.88)	500m	53.85	(40.20)

			Name	Cat	PB	Time	Info
20	yw	11	**Julia Bakker**	DPA	49.38	50.09	
	bl	3	**Lynn Hoekert**	DPA	49.98	50.53	

Julia Bakker			Lynn Hoekert		
100m	12.96	(12.96)	100m	13.18	(13.18)
500m	50.09	(37.13)	500m	50.53	(37.35)

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Sport- en Recreatiecentrum de Scheg - Deventer

1 March 2025

3. Result 500 meter

Pos		Name	Cat	Pair	Lane	Time	Info	Points
1	4	**Twan van de Poppe**	HC2	50	I	**42.70**		
2	1	**Nick Hendriksen**	HC2	49	O	**43.22**		
3	6	**Sam Schurink**	HSA	50	O	**43.76**		
4	1	**Auke-Tjeerd Hiemstra**	HN3	46	O	**44.04**	PB	
5	1	**Gerwin Boonen**	H40	43	O	**44.36**		
6	2	**Jefta Westerink**	HA2	48	I	**44.62**		
7	3	**Erik Jeuring**	H45	47	I	**45.52**		
8	1	**Stef van Moolenbroek**	HB1	45	I	**45.63**		
9	3	**Joanne Hendriksen**	DC1	47	O	**46.05**		
10	1	**Lisa Huis in 't Veld**	DC1	43	I	**46.06**		
11	4	**Luc Wit**	HA1	45	O	**46.12**		
12	5	**Jens Zwitser**	H45	42	O	**46.25**		
13	2	**Jefte de Bruin**	HSB	27	O	**46.30**		
14	5	**Tom van Steenoven**	HSA	49	I	**46.37**		
15	1	**Diede Wallet**	DN2	46	I	**47.56**		
16	1	**Jens Bakker**	HA1	44	I	**47.68**		
17	4	**Frederik Hagen**	HSB	21	O	**47.76**		
18	13	**Esmee Bonestroo**	DC1	36	O	**48.10**	PB	
	2	**Henk Hendriksen**	H40	42	I	**48.10**		
20	3	**Rick Hoekert**	HSB	48	O	**48.11**		
21	4	**Elma van Laar**	DN2	35	O	**48.76**	PB	
22	1	**Sanne Bakker**	DA1	41	O	**48.93**		
23	8	**Beert Timmer**	H40	44	O	**49.06**		
24	2	**Arjan Bovenmars**	H50	37	O	**49.18**	PB	
25	2	**Andrea Oosting-Klock**	D40	39	I	**49.26**		
26	4	**Pieter Jan Oosterhoff**	H50	41	I	**49.42**		
27	9	**Bente van Dasselaar**	DC2	33	O	**50.00**		
28	2	**Fleur van de Beek**	DC1	38	O	**50.06**		
29	2	**Denise Bakker**	DN1	39	O	**50.16**		
30	12	**Neyómy Barry**	DC1	40	O	**50.22**		
31	1	**Alex Kroeze**	HSB	34	O	**50.58**	PB	
32	5	**John Jonker**	H50	40	I	**50.69**		
33	4	**Kim Bakker**	DB1	37	I	**51.00**		
34	2	**Jasmijn van Ittersum**	DA1	30	O	**51.64**	PB	
35	1	**Irene van Veen**	D40	33	I	**52.14**	PB	
36	6	**Simone van de Munt**	DSA	35	I	**52.32**		
37	3	**Harm de Jong**	H50	26	I	**52.55**		
38	11	**Yfke Hoekert**	DC1	34	I	**52.93**		

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1 March 2025

Pos		Name	Cat	Pair	Lane	Time	Info	Points
39	2	**Gideon Mones**	HC1	23	I	**53.01**		
40	2	**Aiko Hulzebos**	H60	23	O	**53.08**		
41	1	**Heleen Vermeulen**	DSB	36	I	**53.67**		
42	5	**Lian Klaren**	DSA	38	I	**54.51**		
43	1	**Jan Heeres**	H65	31	I	**54.72**		
44	1	**Sacha van der Wind**	DB2	25	I	**55.78**		
45	2	**Martijn de Jong**	HB2	24	O	**55.95**		
46	10	**Feline van de Brandhof**	DC1	31	O	**56.99**		
47	1	**Wilma de Wolf**	D50	32	O	**57.65**		
48	6	**Alwin van der Lee**	H50	32	I	**57.66**		
49	1	**Pascal Dufour**	H50	24	I	**57.78**		
50	6	**David van Zuijlekom**	H45	29	I	**57.82**	PB	
51	4	**Annick Dijk**	DSA	21	I	**58.77**		
52	4	**Ellen Bakker**	DC1	29	O	**58.86**	PB	
53	6	**Elena van den Heuvel**	DC1	30	I	**59.54**	PB	
54	7	**Johan Havekes**	H45	26	O	**1:06.78**		
55	2	**Anita van Beek**	DSA	28	I	**1:06.98**		
56	3	**Hugo Hoekwater**	HC1	27	I	**1:16.99**	FL	
57	8	**Rivka van Zuijlekom**	DC2	28	O	**1:17.58**	PB	
58	9	**Wim van Beek**	H40	25	O	**1:18.87**	FL	

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Sport- en Recreatiecentrum de Scheg - Deventer

1 March 2025

3. Race Result 500 meter

			Name	Cat	PB	Time	Info
21	wt	4	**Annick Dijk**	DSA		58.77	
	rd	4	**Frederik Hagen**	HSB		47.76	

Annick Dijk			Frederik Hagen		
100m	14.74	(14.74)	100m	12.65	(12.65)
500m	58.77	(44.03)	500m	47.76	(35.11)

			Name	Cat	PB	Time	Info
22	yw						
	bl						

m	m

			Name	Cat	PB	Time	Info
23	wt	2	**Gideon Mones**	HC1		53.01	
	rd	2	**Aiko Hulzebos**	H60		53.08	

Gideon Mones			Aiko Hulzebos		
100m	13.30	(13.30)	100m	14.50	(14.50)
500m	53.01	(39.71)	500m	53.08	(38.58)

			Name	Cat	PB	Time	Info
24	yw	1	**Pascal Dufour**	H50		57.78	
	bl	2	**Martijn de Jong**	HB2		55.95	

Pascal Dufour			Martijn de Jong		
100m	14.83	(14.83)	100m	14.20	(14.20)
500m	57.78	(42.95)	500m	55.95	(41.75)

			Name	Cat	PB	Time	Info
25	wt	1	**Sacha van der Wind**	DB2		55.78	
	rd	9	**Wim van Beek**	H40		1:18.87	FL

Sacha van der Wind			Wim van Beek		
100m	14.20	(14.20)	100m	15.85	(15.85)
500m	55.78	(41.58)	500m	1:18.87	(63.02)

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Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

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			Name	Cat	PB	Time	Info
26	yw	3	**Harm de Jong**	H50		52.55	
	bl	7	**Johan Havekes**	H45		1:06.78	

Harm de Jong			Johan Havekes		
100m	13.18	(13.18)	100m	16.30	(16.30)
500m	52.55	(39.37)	500m	1:06.78	(50.48)

			Name	Cat	PB	Time	Info
27	wt	3	**Hugo Hoekwater**	HC1	1:11.36	1:16.99	FL
	rd	2	**Jefte de Bruin**	HSB		46.30	

Hugo Hoekwater			Jefte de Bruin		
100m	14.88	(14.88)	100m	12.34	(12.34)
500m	1:16.99	(62.11)	500m	46.30	(33.96)

			Name	Cat	PB	Time	Info
28	yw	2	**Anita van Beek**	DSA		1:06.98	
	bl	8	**Rivka van Zuijlekom**	DC2	1:35.99	1:17.58	PB

Anita van Beek			Rivka van Zuijlekom		
100m	15.55	(15.55)	100m	17.32	(17.32)
500m	1:06.98	(51.43)	500m	1:17.58	(60.26)

			Name	Cat	PB	Time	Info
29	wt	6	**David van Zuijlekom**	H45	58.52	57.82	PB
	rd	4	**Ellen Bakker**	DC1	1:03.43	58.86	PB

David van Zuijlekom			Ellen Bakker		
100m	14.87	(14.87)	100m	14.95	(14.95)
500m	57.82	(42.95)	500m	58.86	(43.91)

			Name	Cat	PB	Time	Info
30	yw	6	**Elena van den Heuvel**	DC1	1:02.79	59.54	PB
	bl	2	**Jasmijn van Ittersum**	DA1	53.92	51.64	PB

Elena van den Heuvel			Jasmijn van Ittersum		
100m	14.15	(14.15)	100m	13.45	(13.45)
500m	59.54	(45.39)	500m	51.64	(38.19)

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			Name	Cat	PB	Time	Info
31	wt	1	**Jan Heeres**	H65	45.83	54.72	
	rd	10	**Feline van de Brandhof**	DC1	56.87	56.99	

Jan Heeres			Feline van de Brandhof		
100m	13.87	(13.87)	100m	14.16	(14.16)
500m	54.72	(40.85)	500m	56.99	(42.83)

			Name	Cat	PB	Time	Info
32	yw	6	**Alwin van der Lee**	H50	54.20	57.66	
	bl	1	**Wilma de Wolf**	D50	53.03	57.65	

Alwin van der Lee			Wilma de Wolf		
100m	15.44	(15.44)	100m	15.50	(15.50)
500m	57.66	(42.22)	500m	57.65	(42.15)

			Name	Cat	PB	Time	Info
33	wt	1	**Irene van Veen**	D40	52.94	52.14	PB
	rd	9	**Bente van Dasselaar**	DC2	49.06	50.00	

Irene van Veen			Bente van Dasselaar		
100m	14.10	(14.10)	100m	13.30	(13.30)
500m	52.14	(38.04)	500m	50.00	(36.70)

			Name	Cat	PB	Time	Info
34	yw	11	**Yfke Hoekert**	DC1	52.10	52.93	
	bl	1	**Alex Kroeze**	HSB	52.24	50.58	PB

Yfke Hoekert			Alex Kroeze		
100m	13.20	(13.20)	100m	12.99	(12.99)
500m	52.93	(39.73)	500m	50.58	(37.59)

			Name	Cat	PB	Time	Info
35	wt	6	**Simone van de Munt**	DSA	51.07	52.32	
	rd	4	**Elma van Laar**	DN2	51.54	48.76	PB

Simone van de Munt			Elma van Laar		
100m	13.88	(13.88)	100m	12.90	(12.90)
500m	52.32	(38.44)	500m	48.76	(35.86)

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Sport- en Recreatiecentrum de Scheg - Deventer

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			Name	Cat	PB	Time	Info
36	yw	1	**Heleen Vermeulen**	DSB	51.18	53.67	
	bl	13	**Esmee Bonestroo**	DC1	50.06	48.10	PB

Heleen Vermeulen			Esmee Bonestroo		
100m	13.72	(13.72)	100m	12.38	(12.38)
500m	53.67	(39.95)	500m	48.10	(35.72)

			Name	Cat	PB	Time	Info
37	wt	4	**Kim Bakker**	DB1	49.48	51.00	
	rd	2	**Arjan Bovenmars**	H50	49.83	49.18	PB

Kim Bakker			Arjan Bovenmars		
100m	13.16	(13.16)	100m	13.17	(13.17)
500m	51.00	(37.84)	500m	49.18	(36.01)

			Name	Cat	PB	Time	Info
38	yw	5	**Lian Klaren**	DSA	49.01	54.51	
	bl	2	**Fleur van de Beek**	DC1	50.01	50.06	

Lian Klaren			Fleur van de Beek		
100m	13.58	(13.58)	100m	12.94	(12.94)
500m	54.51	(40.93)	500m	50.06	(37.12)

			Name	Cat	PB	Time	Info
39	wt	2	**Andrea Oosting-Klock**	D40	43.52	49.26	
	rd	2	**Denise Bakker**	DN1	48.60	50.16	

Andrea Oosting-Klock			Denise Bakker		
100m	13.41	(13.41)	100m	13.40	(13.40)
500m	49.26	(35.85)	500m	50.16	(36.76)

			Name	Cat	PB	Time	Info
40	yw	5	**John Jonker**	H50	48.64	50.69	
	bl	12	**Neyómy Barry**	DC1	48.20	50.22	

John Jonker			Neyómy Barry		
100m	13.67	(13.67)	100m	13.38	(13.38)
500m	50.69	(37.02)	500m	50.22	(36.84)

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			Name	Cat	PB	Time	Info
41	wt	4	**Pieter Jan Oosterhoff**	H50	46.52	49.42	
	rd	1	**Sanne Bakker**	DA1	47.70	48.93	

Pieter Jan Oosterhoff			Sanne Bakker		
100m	12.90	(12.90)	100m	12.95	(12.95)
500m	49.42	(36.52)	500m	48.93	(35.98)

			Name	Cat	PB	Time	Info
42	yw	2	**Henk Hendriksen**	H40	47.04	48.10	
	bl	5	**Jens Zwitser**	H45	41.46	46.25	

Henk Hendriksen			Jens Zwitser		
100m	13.56	(13.56)	100m	12.82	(12.82)
500m	48.10	(34.54)	500m	46.25	(33.43)

			Name	Cat	PB	Time	Info
43	wt	1	**Lisa Huis in 't Veld**	DC1	45.44	46.06	
	rd	1	**Gerwin Boonen**	H40	40.83	44.36	

Lisa Huis in 't Veld			Gerwin Boonen		
100m	11.99	(11.99)	100m	11.92	(11.92)
500m	46.06	(34.07)	500m	44.36	(32.44)

			Name	Cat	PB	Time	Info
44	yw	1	**Jens Bakker**	HA1	45.83	47.68	
	bl	8	**Beert Timmer**	H40	45.08	49.06	

Jens Bakker			Beert Timmer		
100m	12.93	(12.93)	100m	12.85	(12.85)
500m	47.68	(34.75)	500m	49.06	(36.21)

			Name	Cat	PB	Time	Info
45	wt	1	**Stef van Moolenbroek**	HB1	44.45	45.63	
	rd	4	**Luc Wit**	HA1	44.72	46.12	

Stef van Moolenbroek			Luc Wit		
100m	11.99	(11.99)	100m	12.16	(12.16)
500m	45.63	(33.64)	500m	46.12	(33.96)

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			Name	Cat	PB	Time	Info
46	yw	1	**Diede Wallet**	DN2	44.67	47.56	
	bl	1	**Auke-Tjeerd Hiemstra**	HN3	44.62	44.04	PB

Diede Wallet			Auke-Tjeerd Hiemstra		
100m	12.52	(12.52)	100m	11.78	(11.78)
500m	47.56	(35.04)	500m	44.04	(32.26)

			Name	Cat	PB	Time	Info
47	wt	3	**Erik Jeuring**	H45	41.78	45.52	
	rd	3	**Joanne Hendriksen**	DC1	43.55	46.05	

Erik Jeuring			Joanne Hendriksen		
100m	11.90	(11.90)	100m	12.27	(12.27)
500m	45.52	(33.62)	500m	46.05	(33.78)

			Name	Cat	PB	Time	Info
48	yw	2	**Jefta Westerink**	HA2	43.91	44.62	
	bl	3	**Rick Hoekert**	HSB	44.37	48.11	

Jefta Westerink			Rick Hoekert		
100m	11.88	(11.88)	100m	13.79	(13.79)
500m	44.62	(32.74)	500m	48.11	(34.32)

			Name	Cat	PB	Time	Info
49	wt	5	**Tom van Steenoven**	HSA	43.07	46.37	
	rd	1	**Nick Hendriksen**	HC2	42.15	43.22	

Tom van Steenoven			Nick Hendriksen		
100m	11.72	(11.72)	100m	11.87	(11.87)
500m	46.37	(34.65)	500m	43.22	(31.35)

			Name	Cat	PB	Time	Info
50	yw	4	**Twan van de Poppe**	HC2	41.00	42.70	
	bl	6	**Sam Schurink**	HSA	42.28	43.76	

Twan van de Poppe			Sam Schurink		
100m	11.43	(11.43)	100m	11.39	(11.39)
500m	42.70	(31.27)	500m	43.76	(32.37)

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4. Result 300 meter

Pos		Name	Cat	Pair	Lane	Time	Info	Points
1	4	**Renske Van Winkoop**	DPA	70	O	**28.53**		
2	3	**Lynn Hoekert**	DPA	70	I	**31.39**	PB	
3	11	**Julia Bakker**	DPA	69	O	**31.95**	PB	
4	12	**Mari-Jen ten Hove**	DPA	68	I	**33.71**	PB	
5	9	**Nadine Hendriksen**	DPD	69	I	**34.52**		
6	25	**Noor Hoekert**	DPB	68	O	**34.93**		
7	2	**Jasmijn Smit**	DPB	67	O	**35.15**		
8	27	**Linde Bisschop**	DPA	66	I	**35.36**	PB	
9	4	**Thijmen Drooger**	HPA	67	I	**35.85**	PB	
10	1	**Levi Boonen**	HPA	65	O	**36.17**	PB	
11	5	**Lysanna van Boven**	DPB	65	I	**37.41**	PB	
12	21	**Frederique Oosting**	DPB	63	O	**38.50**	PB	
13	24	**Naomi Bleijerveld**	DPA	66	O	**38.56**	PB	
14	6	**Léon Zwitser**	HPB	64	I	**38.70**	PB	
15	6	**Silke van Veen**	DPB	62	O	**40.43**	PB	
16	9	**Kynzly Barry**	HPF	64	O	**40.49**		
17	3	**Sep de Bruin**	HPE	61	I	**42.42**	PB	
18	7	**Sofie Boonzaaijer**	DPD	61	O	**43.42**	PB	
19	2	**Lukas van Meerveld**	HPD	55	I	**43.59**		
20	26	**Lynn van Beek**	DPD	57	O	**43.91**		
21	23	**Madee Hoekstra**	DPC	62	I	**43.99**	PB	
22	10	**Julie van Aken**	DPE	59	O	**45.89**	PB	
23	18	**Zoe Spanos**	DPA	58	O	**47.05**		
24	15	**Leonie van den Heuvel**	DPC	58	I	**47.46**	PB	
25	8	**Luuk Hoekert**	HPE	63	I	**48.08**		
26	5	**Abe van Dijk**	HPD	57	I	**48.25**		
27	16	**Zara de Jong**	DPD	60	O	**48.81**	PB	
28	1	**Selah Boonen**	DPE	60	I	**50.98**		
29	13	**Babet Hagen**	DPD	54	I	**51.35**		
30	8	**Maud Hendriksen**	DPC	53	O	**51.85**		
31	29	**Shuyun Long**	DPF	59	I	**54.72**	PB	
32	30	**Elvira de Mots**	DPF	55	O	**55.42**		
33	7	**Oliver Hendriks**	HPC	56	O	**58.46**		
34	17	**Maeve Westerhof**	DPF	56	I	**59.12**		
35	19	**Olivia Koumassa**	DPA	53	I	**1:00.36**		
36	20	**Mia Jolie Koordes**	DPF	51	I	**1:10.25**		
37	22	**Rosie Hendriks**	DPF	54	O	**1:27.85**		

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4. Race Result 300 meter

			Name	Cat	PB	Time	Info
51	wt	20	**Mia Jolie Koordes**	DPF		1:10.25	
	rd						

Mia Jolie Koordes					
300m	1:10.25	(70.25)	m		

			Name	Cat	PB	Time	Info
52	yw						
	bl						

m			m		

			Name	Cat	PB	Time	Info
53	wt	19	**Olivia Koumassa**	DPA		1:00.36	
	rd	8	**Maud Hendriksen**	DPC		51.85	

Olivia Koumassa			Maud Hendriksen		
300m	1:00.36	(60.36)	300m	51.85	(51.85)

			Name	Cat	PB	Time	Info
54	yw	13	**Babet Hagen**	DPD		51.35	
	bl	22	**Rosie Hendriks**	DPF		1:27.85	

Babet Hagen			Rosie Hendriks		
300m	51.35	(51.35)	300m	1:27.85	(87.85)

			Name	Cat	PB	Time	Info
55	wt	2	**Lukas van Meerveld**	HPD		43.59	
	rd	30	**Elvira de Mots**	DPF		55.42	

Lukas van Meerveld			Elvira de Mots		
300m	43.59	(43.59)	300m	55.42	(55.42)

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			Name	Cat	PB	Time	Info
56	yw	17	**Maeve Westerhof**	DPF		59.12	
	bl	7	**Oliver Hendriks**	HPC		58.46	

Maeve Westerhof			Oliver Hendriks		
300m	59.12	(59.12)	300m	58.46	(58.46)

			Name	Cat	PB	Time	Info
57	wt	5	**Abe van Dijk**	HPD		48.25	
	rd	26	**Lynn van Beek**	DPD		43.91	

Abe van Dijk			Lynn van Beek		
300m	48.25	(48.25)	300m	43.91	(43.91)

			Name	Cat	PB	Time	Info
58	yw	15	**Leonie van den Heuvel**	DPC	1:10.67	47.46	PB
	bl	18	**Zoe Spanos**	DPA		47.05	

Leonie van den Heuvel			Zoe Spanos		
300m	47.46	(47.46)	300m	47.05	(47.05)

			Name	Cat	PB	Time	Info
59	wt	29	**Shuyun Long**	DPF	1:07.27	54.72	PB
	rd	10	**Julie van Aken**	DPE	52.63	45.89	PB

Shuyun Long			Julie van Aken		
300m	54.72	(54.72)	300m	45.89	(45.89)

			Name	Cat	PB	Time	Info
60	yw	1	**Selah Boonen**	DPE	50.18	50.98	
	bl	16	**Zara de Jong**	DPD	52.96	48.81	PB

Selah Boonen			Zara de Jong		
300m	50.98	(50.98)	300m	48.81	(48.81)

			Name	Cat	PB	Time	Info
61	wt	3	**Sep de Bruin**	HPE	49.79	42.42	PB
	rd	7	**Sofie Boonzaaijer**	DPD	48.96	43.42	PB

Sep de Bruin			Sofie Boonzaaijer		
300m	42.42	(42.42)	300m	43.42	(43.42)

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			Name	Cat	PB	Time	Info
62	yw	23	**Madee Hoekstra**	DPC	46.78	43.99	PB
	bl	6	**Silke van Veen**	DPB	43.89	40.43	PB

Madee Hoekstra			Silke van Veen		
300m	43.99	(43.99)	300m	40.43	(40.43)

			Name	Cat	PB	Time	Info
63	wt	8	**Luuk Hoekert**	HPE	43.57	48.08	
	rd	21	**Frederique Oosting**	DPB	40.65	38.50	PB

Luuk Hoekert			Frederique Oosting		
300m	48.08	(48.08)	300m	38.50	(38.50)

			Name	Cat	PB	Time	Info
64	yw	6	**Léon Zwitser**	HPB	43.24	38.70	PB
	bl	9	**Kynzly Barry**	HPF	40.31	40.49	

Léon Zwitser			Kynzly Barry		
300m	38.70	(38.70)	300m	40.49	(40.49)

			Name	Cat	PB	Time	Info
65	wt	5	**Lysanna van Boven**	DPB	38.05	37.41	PB
	rd	1	**Levi Boonen**	HPA	36.67	36.17	PB

Lysanna van Boven			Levi Boonen		
300m	37.41	(37.41)	300m	36.17	(36.17)

			Name	Cat	PB	Time	Info
66	yw	27	**Linde Bisschop**	DPA	36.97	35.36	PB
	bl	24	**Naomi Bleijerveld**	DPA	40.49	38.56	PB

Linde Bisschop			Naomi Bleijerveld		
300m	35.36	(35.36)	300m	38.56	(38.56)

			Name	Cat	PB	Time	Info
67	wt	4	**Thijmen Drooger**	HPA	36.36	35.85	PB
	rd	2	**Jasmijn Smit**	DPB	33.24	35.15	

Thijmen Drooger			Jasmijn Smit		
300m	35.85	(35.85)	300m	35.15	(35.15)

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			Name	Cat	PB	Time	Info
68	yw	12	**Mari-Jen ten Hove**	DPA	34.47	33.71	PB
	bl	25	**Noor Hoekert**	DPB	34.11	34.93	

Mari-Jen ten Hove			Noor Hoekert		
300m	33.71	(33.71)	300m	34.93	(34.93)

			Name	Cat	PB	Time	Info
69	wt	9	**Nadine Hendriksen**	DPD	33.88	34.52	
	rd	11	**Julia Bakker**	DPA	32.22	31.95	PB

Nadine Hendriksen			Julia Bakker		
300m	34.52	(34.52)	300m	31.95	(31.95)

			Name	Cat	PB	Time	Info
70	yw	3	**Lynn Hoekert**	DPA	33.07	31.39	PB
	bl	4	**Renske Van Winkoop**	DPA	27.52	28.53	

Lynn Hoekert			Renske Van Winkoop		
300m	31.39	(31.39)	300m	28.53	(28.53)

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5. Result 1000 meter

Pos		Name	Cat	Pair	Lane	Time	Info	Points
1	4	**Twan van de Poppe**	HC2	99	O	**1:24.70**		
2	1	**Nick Hendriksen**	HC2	99	I	**1:26.07**		
3	2	**Jefta Westerink**	HA2	100	O	**1:28.20**		
4	1	**Auke-Tjeerd Hiemstra**	HN3	71	O	**1:29.56**		
5	2	**Jefte de Bruin**	HSB	78	I	**1:30.03**		
6	1	**Gerwin Boonen**	H40	95	I	**1:30.77**		
7	5	**Jens Zwitser**	H45	98	I	**1:31.08**		
8	6	**Sam Schurink**	HSA	100	I	**1:31.49**		
9	1	**Stef van Moolenbroek**	HB1	97	I	**1:32.01**		
10	3	**Rick Hoekert**	HSB	93	O	**1:32.40**	PB	
11	1	**Jens Bakker**	HA1	95	O	**1:33.74**		
12	3	**Joanne Hendriksen**	DC1	97	O	**1:33.76**		
13	2	**Henk Hendriksen**	H40	93	I	**1:33.90**		
14	3	**Erik Jeuring**	H45	96	O	**1:34.35**		
15	4	**Frederik Hagen**	HSB	73	O	**1:35.58**		
16	4	**Luc Wit**	HA1	94	O	**1:35.86**		
17	2	**Arjan Bovenmars**	H50	91	I	**1:36.38**	PB	
18	1	**Lisa Huis in 't Veld**	DC1	90	I	**1:36.75**	PB	
19	5	**Tom van Steenoven**	HSA	98	O	**1:37.22**		
20	4	**Elma van Laar**	DN2	87	I	**1:39.34**	PB	
21	1	**Sanne Bakker**	DA1	91	O	**1:39.44**		
22	5	**John Jonker**	H50	92	I	**1:39.50**		
23	1	**Diede Wallet**	DN2	96	I	**1:39.75**		
24	4	**Pieter Jan Oosterhoff**	H50	94	I	**1:40.34**		
25	13	**Esmee Bonestroo**	DC1	75	O	**1:41.14**		
26	2	**Denise Bakker**	DN1	92	O	**1:41.36**		
27	2	**Andrea Oosting-Klock**	D40	89	O	**1:41.70**		
28	9	**Bente van Dasselaar**	DC2	86	I	**1:42.26**		
29	2	**Fleur van de Beek**	DC1	83	I	**1:42.98**	PB	
30	4	**Kim Bakker**	DB1	88	O	**1:44.47**		
31	8	**Beert Timmer**	H40	89	I	**1:44.96**		
32	12	**Neyómy Barry**	DC1	90	O	**1:45.18**		
33	1	**Irene van Veen**	D40	86	O	**1:45.61**	PB	
34	1	**Alex Kroeze**	HSB	84	O	**1:45.89**	PB	
35	2	**Jasmijn van Ittersum**	DA1	84	I	**1:47.35**	PB	
36	3	**Harm de Jong**	H50	78	O	**1:47.49**		
37	2	**Aiko Hulzebos**	H60	74	I	**1:47.95**		
38	1	**Jan Heeres**	H65	85	O	**1:49.32**		

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Pos		Name	Cat	Pair	Lane	Time	Info	Points
39	6	**Simone van de Munt**	DSA	85	I	**1:50.99**		
40	2	**Gideon Mones**	HC1	73	I	**1:53.31**		
41	1	**Pascal Dufour**	H50	74	O	**1:53.51**		
42	1	**Wilma de Wolf**	D50	83	O	**1:53.97**		
43	2	**Martijn de Jong**	HB2	76	O	**1:54.59**		
44	1	**Sacha van der Wind**	DB2	77	I	**1:55.25**		
45	6	**David van Zuijlekom**	H45	81	O	**1:55.75**		
46	10	**Feline van de Brandhof**	DC1	82	I	**1:56.15**	PB	
47	6	**Alwin van der Lee**	H50	81	I	**1:57.40**		
48	5	**Lian Klaren**	DSA	87	O	**1:58.84**		
49	11	**Yfke Hoekert**	DC1	82	O	**1:59.01**		
50	4	**Annick Dijk**	DSA	71	I	**2:03.45**		
51	4	**Ellen Bakker**	DC1	80	I	**2:04.05**	PB	
52	1	**Heleen Vermeulen**	DSB	88	I	**2:05.48**	FL	
53	6	**Elena van den Heuvel**	DC1	80	O	**2:06.31**	PB	
54	3	**Hugo Hoekwater**	HC1	79	O	**2:06.95**	PB	
55	9	**Wim van Beek**	H40	75	I	**2:08.64**		
56	2	**Anita van Beek**	DSA	79	I	**2:17.00**		
57	7	**Johan Havekes**	H45	76	I	**2:19.71**		
58	8	**Rivka van Zuijlekom**	DC2	77	O	**2:42.70**		

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5. Race Result 1000 meter

			Name	Cat	PB	Time	Info
71	wt	4	**Annick Dijk**	DSA		2:03.45	
	rd	1	**Auke-Tjeerd Hiemstra**	HN3		1:29.56	

Annick Dijk			Auke-Tjeerd Hiemstra		
200m	26.58	(26.58)	200m	21.06	(21.06)
600m	1:12.13	(45.55)	600m	54.26	(33.20)
1000m	2:03.45	(51.32)	1000m	1:29.56	(35.30)

			Name	Cat	PB	Time	Info
72	yw						
	bl						

m	m

			Name	Cat	PB	Time	Info
73	wt	2	**Gideon Mones**	HC1		1:53.31	
	rd	4	**Frederik Hagen**	HSB		1:35.58	

Gideon Mones			Frederik Hagen		
200m	23.90	(23.90)	200m	22.56	(22.56)
600m	1:07.32	(43.42)	600m	58.38	(35.82)
1000m	1:53.31	(45.99)	1000m	1:35.58	(37.20)

			Name	Cat	PB	Time	Info
74	yw	2	**Aiko Hulzebos**	H60		1:47.95	
	bl	1	**Pascal Dufour**	H50		1:53.51	

Aiko Hulzebos			Pascal Dufour		
200m	26.33	(26.33)	200m	26.71	(26.71)
600m	1:06.74	(40.41)	600m	1:08.64	(41.93)
1000m	1:47.95	(41.21)	1000m	1:53.51	(44.87)

Referee: Assistant: Starter:

Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

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			Name	Cat	PB	Time	Info
75	wt	9	**Wim van Beek**	H40		2:08.64	
	rd	13	**Esmee Bonestroo**	DC1		1:41.14	

Wim van Beek			Esmee Bonestroo		
200m	29.81	(29.81)	200m	22.26	(22.26)
600m	1:18.22	(48.41)	600m	1:00.97	(38.71)
1000m	2:08.64	(50.42)	1000m	1:41.14	(40.17)

			Name	Cat	PB	Time	Info
76	yw	7	**Johan Havekes**	H45		2:19.71	
	bl	2	**Martijn de Jong**	HB2		1:54.59	

Johan Havekes			Martijn de Jong		
200m	31.11	(31.11)	200m	26.04	(26.04)
600m	1:24.64	(53.53)	600m	1:09.62	(43.58)
1000m	2:19.71	(55.07)	1000m	1:54.59	(44.97)

			Name	Cat	PB	Time	Info
77	wt	1	**Sacha van der Wind**	DB2		1:55.25	
	rd	8	**Rivka van Zuijlekom**	DC2		2:42.70	

Sacha van der Wind			Rivka van Zuijlekom		
200m	25.65	(25.65)	200m	34.20	(34.20)
600m	1:08.60	(42.95)	600m	1:37.38	(63.18)
1000m	1:55.25	(46.65)	1000m	2:42.70	(65.32)

			Name	Cat	PB	Time	Info
78	yw	2	**Jefte de Bruin**	HSB		1:30.03	
	bl	3	**Harm de Jong**	H50		1:47.49	

Jefte de Bruin			Harm de Jong		
200m	20.86	(20.86)	200m	24.20	(24.20)
600m	54.80	(33.94)	600m	1:04.72	(40.52)
1000m	1:30.03	(35.23)	1000m	1:47.49	(42.77)

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			Name	Cat	PB	Time	Info
79	wt	2	**Anita van Beek**	DSA		2:17.00	
	rd	3	**Hugo Hoekwater**	HC1	2:37.98	2:06.95	PB

Anita van Beek			Hugo Hoekwater		
200m	28.62	(28.62)	200m	26.87	(26.87)
600m	1:21.69	(53.07)	600m	1:16.64	(49.77)
1000m	2:17.00	(55.31)	1000m	2:06.95	(50.31)

			Name	Cat	PB	Time	Info
80	yw	4	**Ellen Bakker**	DC1	2:14.69	2:04.05	PB
	bl	6	**Elena van den Heuvel**	DC1	2:18.76	2:06.31	PB

Ellen Bakker			Elena van den Heuvel		
200m	26.48	(26.48)	200m	27.46	(27.46)
600m	1:12.88	(46.40)	600m	1:14.82	(47.36)
1000m	2:04.05	(51.17)	1000m	2:06.31	(51.49)

			Name	Cat	PB	Time	Info
81	wt	6	**Alwin van der Lee**	H50	1:50.44	1:57.40	
	rd	6	**David van Zuijlekom**	H45	1:50.49	1:55.75	

Alwin van der Lee			David van Zuijlekom		
200m	26.63	(26.63)	200m	26.95	(26.95)
600m	1:10.38	(43.75)	600m	1:09.84	(42.89)
1000m	1:57.40	(47.02)	1000m	1:55.75	(45.91)

			Name	Cat	PB	Time	Info
82	yw	10	**Feline van de Brandhof**	DC1	2:06.26	1:56.15	PB
	bl	11	**Yfke Hoekert**	DC1	1:52.54	1:59.01	

Feline van de Brandhof			Yfke Hoekert		
200m	25.01	(25.01)	200m	25.24	(25.24)
600m	1:08.65	(43.64)	600m	1:09.78	(44.54)
1000m	1:56.15	(47.50)	1000m	1:59.01	(49.23)

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			Name	Cat	PB	Time	Info
83	wt	2	**Fleur van de Beek**	DC1	1:47.61	1:42.98	PB
	rd	1	**Wilma de Wolf**	D50	1:48.19	1:53.97	

Fleur van de Beek			Wilma de Wolf		
200m	22.92	(22.92)	200m	27.47	(27.47)
600m	1:01.24	(38.32)	600m	1:11.13	(43.66)
1000m	1:42.98	(41.74)	1000m	1:53.97	(42.84)

			Name	Cat	PB	Time	Info
84	yw	2	**Jasmijn van Ittersum**	DA1	1:48.98	1:47.35	PB
	bl	1	**Alex Kroeze**	HSB	1:48.59	1:45.89	PB

Jasmijn van Ittersum			Alex Kroeze		
200m	23.62	(23.62)	200m	24.46	(24.46)
600m	1:03.99	(40.37)	600m	1:04.27	(39.81)
1000m	1:47.35	(43.36)	1000m	1:45.89	(41.62)

			Name	Cat	PB	Time	Info
85	wt	6	**Simone van de Munt**	DSA	1:45.64	1:50.99	
	rd	1	**Jan Heeres**	H65	1:31.14	1:49.32	

Simone van de Munt			Jan Heeres		
200m	24.61	(24.61)	200m	26.08	(26.08)
600m	1:07.00	(42.39)	600m	1:07.78	(41.70)
1000m	1:50.99	(43.99)	1000m	1:49.32	(41.54)

			Name	Cat	PB	Time	Info
86	yw	9	**Bente van Dasselaar**	DC2	1:40.26	1:42.26	
	bl	1	**Irene van Veen**	D40	1:46.58	1:45.61	PB

Bente van Dasselaar			Irene van Veen		
200m	23.03	(23.03)	200m	24.87	(24.87)
600m	1:01.03	(38.00)	600m	1:03.95	(39.08)
1000m	1:42.26	(41.23)	1000m	1:45.61	(41.66)

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			Name	Cat	PB	Time	Info
87	wt	4	**Elma van Laar**	DN2	1:42.82	1:39.34	PB
	rd	5	**Lian Klaren**	DSA	1:42.22	1:58.84	

Elma van Laar			Lian Klaren		
200m	22.71	(22.71)	200m	26.04	(26.04)
600m	59.31	(36.60)	600m	1:10.66	(44.62)
1000m	1:39.34	(40.03)	1000m	1:58.84	(48.18)

			Name	Cat	PB	Time	Info
88	yw	1	**Heleen Vermeulen**	DSB	1:43.66	2:05.48	FL
	bl	4	**Kim Bakker**	DB1	1:41.36	1:44.47	

Heleen Vermeulen			Kim Bakker		
200m	24.97	(24.97)	200m	23.98	(23.98)
600m	1:05.28	(40.31)	600m	1:03.00	(39.02)
1000m	2:05.48	(60.20)	1000m	1:44.47	(41.47)

			Name	Cat	PB	Time	Info
89	wt	8	**Beert Timmer**	H40	1:38.00	1:44.96	
	rd	2	**Andrea Oosting-Klock**	D40	1:26.80	1:41.70	

Beert Timmer			Andrea Oosting-Klock		
200m	24.18	(24.18)	200m	23.55	(23.55)
600m	1:03.18	(39.00)	600m	1:00.64	(37.09)
1000m	1:44.96	(41.78)	1000m	1:41.70	(41.06)

			Name	Cat	PB	Time	Info
90	yw	1	**Lisa Huis in 't Veld**	DC1	1:38.34	1:36.75	PB
	bl	12	**Neyómy Barry**	DC1	1:40.90	1:45.18	

Lisa Huis in 't Veld			Neyómy Barry		
200m	21.27	(21.27)	200m	23.61	(23.61)
600m	57.05	(35.78)	600m	1:02.40	(38.79)
1000m	1:36.75	(39.70)	1000m	1:45.18	(42.78)

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			Name	Cat	PB	Time	Info
91	wt	2	**Arjan Bovenmars**	H50	1:36.39	1:36.38	PB
	rd	1	**Sanne Bakker**	DA1	1:36.26	1:39.44	

Arjan Bovenmars			Sanne Bakker		
200m	22.85	(22.85)	200m	22.60	(22.60)
600m	59.32	(36.47)	600m	59.51	(36.91)
1000m	1:36.38	(37.06)	1000m	1:39.44	(39.93)

			Name	Cat	PB	Time	Info
92	yw	5	**John Jonker**	H50	1:34.16	1:39.50	
	bl	2	**Denise Bakker**	DN1	1:36.92	1:41.36	

John Jonker			Denise Bakker		
200m	23.69	(23.69)	200m	23.51	(23.51)
600m	1:00.69	(37.00)	600m	1:00.56	(37.05)
1000m	1:39.50	(38.81)	1000m	1:41.36	(40.80)

			Name	Cat	PB	Time	Info
93	wt	2	**Henk Hendriksen**	H40	1:33.67	1:33.90	
	rd	3	**Rick Hoekert**	HSB	1:33.53	1:32.40	PB

Henk Hendriksen			Rick Hoekert		
200m	22.90	(22.90)	200m	22.51	(22.51)
600m	57.54	(34.64)	600m	56.81	(34.30)
1000m	1:33.90	(36.36)	1000m	1:32.40	(35.59)

			Name	Cat	PB	Time	Info
94	yw	4	**Pieter Jan Oosterhoff**	H50	1:33.24	1:40.34	
	bl	4	**Luc Wit**	HA1	1:32.68	1:35.86	

Pieter Jan Oosterhoff			Luc Wit		
200m	22.85	(22.85)	200m	21.93	(21.93)
600m	1:00.61	(37.76)	600m	57.88	(35.95)
1000m	1:40.34	(39.73)	1000m	1:35.86	(37.98)

Referee: Assistant: Starter:

Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

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			Name	Cat	PB	Time	Info
95	wt	1	**Gerwin Boonen**	H40	1:22.13	1:30.77	
	rd	1	**Jens Bakker**	HA1	1:32.03	1:33.74	

Gerwin Boonen			Jens Bakker		
200m	20.57	(20.57)	200m	22.02	(22.02)
600m	54.05	(33.48)	600m	56.70	(34.68)
1000m	1:30.77	(36.72)	1000m	1:33.74	(37.04)

			Name	Cat	PB	Time	Info
96	yw	1	**Diede Wallet**	DN2	1:32.03	1:39.75	
	bl	3	**Erik Jeuring**	H45	1:25.30	1:34.35	

Diede Wallet			Erik Jeuring		
200m	21.96	(21.96)	200m	21.17	(21.17)
600m	58.14	(36.18)	600m	56.07	(34.90)
1000m	1:39.75	(41.61)	1000m	1:34.35	(38.28)

			Name	Cat	PB	Time	Info
97	wt	1	**Stef van Moolenbroek**	HB1	1:28.83	1:32.01	
	rd	3	**Joanne Hendriksen**	DC1	1:28.81	1:33.76	

Stef van Moolenbroek			Joanne Hendriksen		
200m	21.16	(21.16)	200m	21.13	(21.13)
600m	55.29	(34.13)	600m	55.35	(34.22)
1000m	1:32.01	(36.72)	1000m	1:33.76	(38.41)

			Name	Cat	PB	Time	Info
98	yw	5	**Jens Zwitser**	H45	1:28.49	1:31.08	
	bl	5	**Tom van Steenoven**	HSA	1:29.00	1:37.22	

Jens Zwitser			Tom van Steenoven		
200m	21.43	(21.43)	200m	21.34	(21.34)
600m	55.26	(33.83)	600m	56.97	(35.63)
1000m	1:31.08	(35.82)	1000m	1:37.22	(40.25)

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			Name	Cat	PB	Time	Info
99	wt	1	**Nick Hendriksen**	HC2	1:22.42	1:26.07	
	rd	4	**Twan van de Poppe**	HC2	1:20.90	1:24.70	

Nick Hendriksen			Twan van de Poppe		
200m	19.95	(19.95)	200m	19.87	(19.87)
600m	51.51	(31.56)	600m	51.18	(31.31)
1000m	1:26.07	(34.56)	1000m	1:24.70	(33.52)

			Name	Cat	PB	Time	Info
100	yw	6	**Sam Schurink**	HSA	1:26.86	1:31.49	
	bl	2	**Jefta Westerink**	HA2	1:26.83	1:28.20	

Sam Schurink			Jefta Westerink		
200m	20.07	(20.07)	200m	20.87	(20.87)
600m	53.29	(33.22)	600m	53.93	(33.06)
1000m	1:31.49	(38.20)	1000m	1:28.20	(34.27)

Referee: Assistant: Starter:

From 3/1/2025 5:30:00 PM to 3/1/2025 8:22:03 PM