

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

1. Result 300 meter 1e

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	32 Lenneke Groot Koerkamp	DB2	8	I	29.41	PB	
2	144 Lars Bruins	HC1	8	O	32.24	PB	
3	120 Sil Wisselink	HC2	7	O	32.79	PB	
4	151 Minke Nijenhuis	DPB	5	I	35.86	PB	
5	168 Eva Mezzo	DPC	7	I	36.33		
6	129 Myrthe Cents	DPD	6	O	37.12	PB	
7	164 Simon de Olde	HPE	5	O	37.50	PB	
8	141 Feline van de Brandhof	DPB	3	I	37.75	PB	
	128 Viene Veltman	DC2	2	I	37.75		
10	125 Jasmijn Smit	DPD	6	I	38.16		
11	116 Kim Versteeg	DPB	4	O	38.40		
12	102 Pien Evers	DPD	3	O	38.48	PB	
13	165 Jill Isfordink	DPD	2	O	40.32	PB	
14	140 Coosje Sinke	DPB	4	I	41.78		
15	131 Niek Wijtten	HPC	1	I	43.60		
16	75 Julian Tuitert	HPD	1	O	49.06		

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 6:27:48 PM

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

1. Race Result 300 meter 1e

		Name		Cat		PB		Time	Info
1	wt	131	Niek Wijtten		HPC		42.72	43.60	
	rd	75	Julian Tuitert		HPD		45.20	49.06	
		Niek Wijtten			Julian Tuitert				
		300m	43.60	(43.60)	300m	49.06	(49.06)		

		Name		Cat		PB		Time	Info
2	yw	128	Viene Veltman		DC2			37.75	
	bl	165	Jill Isfordink		DPD		42.11	40.32	PB
		Viene Veltman			Jill Isfordink				
		300m	37.75	(37.75)	300m	40.32	(40.32)		

		Name		Cat		PB		Time	Info
3	wt	141	Feline van de Brandhof		DPB		38.65	37.75	PB
	rd	102	Pien Evers		DPD		40.04	38.48	PB
		Feline van de Brandhof			Pien Evers				
		300m	37.75	(37.75)	300m	38.48	(38.48)		

		Name		Cat		PB		Time	Info
4	yw	140	Coosje Sinke		DPB		40.78	41.78	
	bl	116	Kim Versteeg		DPB		37.41	38.40	
		Coosje Sinke			Kim Versteeg				
		300m	41.78	(41.78)	300m	38.40	(38.40)		

		Name		Cat		PB		Time	Info
5	wt	151	Minke Nijenhuis		DPB		36.59	35.86	PB
	rd	164	Simon de Olde		HPE		37.85	37.50	PB
		Minke Nijenhuis			Simon de Olde				
		300m	35.86	(35.86)	300m	37.50	(37.50)		

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

		Name	Cat	PB	Time	Info
6	yw	125 Jasmijn Smit	DPD	37.32	38.16	
	bl	129 Myrthe Cents	DPD	37.70	37.12	PB
		<u>Jasmijn Smit</u>			<u>Myrthe Cents</u>	
		300m 38.16 (38.16)		300m 37.12 (37.12)		

		Name	Cat	PB	Time	Info
7	wt	168 Eva Mezzo	DPC	35.06	36.33	
	rd	120 Sil Wisselink	HC2	33.64	32.79	PB
		<u>Eva Mezzo</u>			<u>Sil Wisselink</u>	
		300m 36.33 (36.33)		300m 32.79 (32.79)		

		Name	Cat	PB	Time	Info
8	yw	32 Lenneke Groot Koerkamp	DB2	29.43	29.41	PB
	bl	144 Lars Bruins	HC1	34.72	32.24	PB
		<u>Lenneke Groot Koerkamp</u>			<u>Lars Bruins</u>	
		300m 29.41 (29.41)		300m 32.24 (32.24)		

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 6:27:48 PM

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

2. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	37 Lesley Bartelds	HA1	33	I	27.52	PB	
2	83 Beau Kappers	HB1	34	I	27.58	PB	
3	42 Erik Jeuring	H40	34	O	27.72		
4	98 Evy van Zoest	DB1	32	O	29.14		
5	119 Huub Smeets	HB1	32	I	29.87	PB	
6	46 Elena Ruijtenberg	DC1	31	I	30.35		
7	69 Wietske Bannink	DSB	33	O	30.77		
8	55 Bas Ellenbroek	HPA	30	I	30.86	PB	
9	66 Dalanda Jalloh	DB1	30	O	31.42		
10	7 Diede Salomons	DPA	29	I	31.73		
11	60 Megan Bootsveld	DN2	31	O	31.96		
12	34 Marlin Schouwstra	DB1	29	O	32.14		
13	17 Herre Mak	HPA	28	O	32.25	PB	
14	13 Just Klunder	HPB	27	I	32.73		
15	74 Joëlle van Drimmelen	DPC	28	I	33.67	PB	
16	19 Noor Klunder	DPC	25	I	33.70		
17	56 Yvonne van den Berg	DPA	24	O	33.86	PB	
18	54 Roan Varenbrink	HPC	27	O	34.27		
19	93 Luuk Groothuis	HPC	26	I	34.31	PB	
	72 Silke van den Bos	DPA	23	O	34.31		
21	94 Ties Groothuis	HPD	24	I	34.36	PB	
	11 Olle Klunder	HPE	26	O	34.36		
23	44 Liam Makkinga	HPE	23	I	35.22		
24	136 Jill Krikken	DPD	25	O	35.27		
25	118 Naomi Potjes	DPC	22	I	35.81		
26	150 Alexander Warmink	HPA	19	I	36.22		
27	27 Suze Kleinsman	DPB	19	O	36.97	PB	
28	25 Lauren Wolters	DPD	21	O	37.13		
29	109 Danique Stout	DPC	22	O	37.15		
30	18 Elin Mak	DPE	20	I	37.44		
31	20 Blom Ooijman	DPA	20	O	37.74		
32	76 Eline Tuitert	DPC	21	I	38.65		
33	130 Evelien Abbink	DPA	9	O	39.03		
34	99 Samuel Jagtenberg	HPC	18	I	39.42	PB	
35	45 Yara Makkinga	DPB	15	I	40.12		
36	134 Bastian Klomp	HPD	17	O	40.25		
37	122 Judith de Jong	DPC	18	O	40.63		
38	159 Vajèn Kerkmeijer	DPD	17	I	40.69		

Referee:

Assistant:

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From 3/7/2023 6:15:00 PM to 3/7/2023 6:47:54 PM

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Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	85 Esmee Noordman	DPF	15	O	41.23	PB	
40	170 Fajah Lugtenberg	DPE	13	I	41.54	PB	
41	135 Yinthe de Jong	DPC	16	O	42.06	PB	
42	127 Aline Veltman	DPA	14	I	42.69	PB	
43	87 Vayèn van der Weerd	DPE	16	I	42.87		
44	39 Milou Ruijtenberg	DPE	13	O	43.51	PB	
45	126 Eeske Veltman	DPD	12	I	44.25		
46	149 Thijmen Warmink	HPC	14	O	44.44		
47	171 Roos Bak	DPF	10	I	44.45		
48	100 Hanne Jagtenberg	DPE	9	I	45.23	PB	
49	48 Lotte van Duinen	DPE	11	I	45.41	PB	
50	123 Arwen Bezembinder	DPB	12	O	47.48	PB	
51	148 Ruben Warmink	HPE	11	O	47.97	PB	
52	14 Faas Klunder	HPE	10	O	54.41		

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

2. Race Result 300 meter

		Name		Cat		PB	Time	Info
9	wt	100	Hanne Jagtenberg		DPE	51.89	45.23	PB
	rd	130	Evelien Abbink		DPA		39.03	
		<u>Hanne Jagtenberg</u>			<u>Evelien Abbink</u>			
		300m	45.23	(45.23)	300m	39.03	(39.03)	

		Name		Cat		PB	Time	Info
10	yw	171	Roos Bak		DPF		44.45	
	bl	14	Faas Klunder		HPE	53.10	54.41	
		<u>Roos Bak</u>			<u>Faas Klunder</u>			
		300m	44.45	(44.45)	300m	54.41	(54.41)	

		Name		Cat		PB	Time	Info
11	wt	48	Lotte van Duinen		DPE	46.75	45.41	PB
	rd	148	Ruben Warmink		HPE	48.27	47.97	PB
		<u>Lotte van Duinen</u>			<u>Ruben Warmink</u>			
		300m	45.41	(45.41)	300m	47.97	(47.97)	

		Name		Cat		PB	Time	Info
12	yw	126	Eeske Veltman		DPD	44.16	44.25	
	bl	123	Arwen Bezembinder		DPB	50.34	47.48	PB
		<u>Eeske Veltman</u>			<u>Arwen Bezembinder</u>			
		300m	44.25	(44.25)	300m	47.48	(47.48)	

		Name		Cat		PB	Time	Info
13	wt	170	Fajah Lugtenberg		DPE	41.94	41.54	PB
	rd	39	Milou Ruijtenberg		DPE	44.10	43.51	PB
		<u>Fajah Lugtenberg</u>			<u>Milou Ruijtenberg</u>			
		300m	41.54	(41.54)	300m	43.51	(43.51)	

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		Name	Cat	PB	Time	Info
14	yw	127 Aline Veltman	DPA	43.70	42.69	PB
	bl	149 Thijmen Warmink	HPC	43.15	44.44	
		<u>Aline Veltman</u>				
		300m	42.69	(42.69)		
		<u>Thijmen Warmink</u>				
		300m	44.44	(44.44)		
<hr/>						
		Name	Cat	PB	Time	Info
15	wt	45 Yara Makkinga	DPB	39.28	40.12	
	rd	85 Esmee Noordman	DPF	41.80	41.23	PB
		<u>Yara Makkinga</u>				
		300m	40.12	(40.12)		
		<u>Esmee Noordman</u>				
		300m	41.23	(41.23)		
<hr/>						
		Name	Cat	PB	Time	Info
16	yw	87 Vayèn van der Weerd	DPE	41.56	42.87	
	bl	135 Yinthe de Jong	DPC	42.52	42.06	PB
		<u>Vayèn van der Weerd</u>				
		300m	42.87	(42.87)		
		<u>Yinthe de Jong</u>				
		300m	42.06	(42.06)		
<hr/>						
		Name	Cat	PB	Time	Info
17	wt	159 Vajèn Kerkmeijer	DPD	40.33	40.69	
	rd	134 Bastian Klomp	HPD	38.62	40.25	
		<u>Vajèn Kerkmeijer</u>				
		300m	40.69	(40.69)		
		<u>Bastian Klomp</u>				
		300m	40.25	(40.25)		
<hr/>						
		Name	Cat	PB	Time	Info
18	yw	99 Samuel Jagtenberg	HPC	41.42	39.42	PB
	bl	122 Judith de Jong	DPC	37.87	40.63	
		<u>Samuel Jagtenberg</u>				
		300m	39.42	(39.42)		
		<u>Judith de Jong</u>				
		300m	40.63	(40.63)		
<hr/>						
		Name	Cat	PB	Time	Info
19	wt	150 Alexander Warmink	HPA	36.18	36.22	
	rd	27 Suze Kleinsman	DPB	37.77	36.97	PB
		<u>Alexander Warmink</u>				
		300m	36.22	(36.22)		
		<u>Suze Kleinsman</u>				
		300m	36.97	(36.97)		

Referee:

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		Name	Cat	PB	Time	Info
20	yw	18 Elin Mak	DPE	37.24	37.44	
	bl	20 Blom Ooijman	DPA	36.64	37.74	
		<u>Elin Mak</u>		<u>Blom Ooijman</u>		
		300m 37.44 (37.44)		300m 37.74 (37.74)		
<hr/>						
		Name	Cat	PB	Time	Info
21	wt	76 Eline Tuitert	DPC	36.40	38.65	
	rd	25 Lauren Wolters	DPD	36.18	37.13	
		<u>Eline Tuitert</u>		<u>Lauren Wolters</u>		
		300m 38.65 (38.65)		300m 37.13 (37.13)		
<hr/>						
		Name	Cat	PB	Time	Info
22	yw	118 Naomi Potjes	DPC	35.63	35.81	
	bl	109 Danique Stout	DPC	35.89	37.15	
		<u>Naomi Potjes</u>		<u>Danique Stout</u>		
		300m 35.81 (35.81)		300m 37.15 (37.15)		
<hr/>						
		Name	Cat	PB	Time	Info
23	wt	44 Liam Makkinga	HPE	34.51	35.22	
	rd	72 Silke van den Bos	DPA	33.76	34.31	
		<u>Liam Makkinga</u>		<u>Silke van den Bos</u>		
		300m 35.22 (35.22)		300m 34.31 (34.31)		
<hr/>						
		Name	Cat	PB	Time	Info
24	yw	94 Ties Groothuis	HPD	35.66	34.36	PB
	bl	56 Yvonne van den Berg	DPA	35.37	33.86	PB
		<u>Ties Groothuis</u>		<u>Yvonne van den Berg</u>		
		300m 34.36 (34.36)		300m 33.86 (33.86)		
<hr/>						
		Name	Cat	PB	Time	Info
25	wt	19 Noor Klunder	DPC	33.28	33.70	
	rd	136 Jill Krikken	DPD	34.21	35.27	
		<u>Noor Klunder</u>		<u>Jill Krikken</u>		
		300m 33.70 (33.70)		300m 35.27 (35.27)		

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		Name	Cat	PB	Time	Info
26	yw	93 Luuk Groothuis	HPC	34.48	34.31	PB
	bl	11 Olle Klunder	HPE	34.27	34.36	
		<u>Luuk Groothuis</u>			<u>Olle Klunder</u>	
		300m 34.31 (34.31)		300m 34.36 (34.36)		
<hr/>						
		Name	Cat	PB	Time	Info
27	wt	13 Just Klunder	HPB	32.53	32.73	
	rd	54 Roan Varenbrink	HPC	33.97	34.27	
		<u>Just Klunder</u>			<u>Roan Varenbrink</u>	
		300m 32.73 (32.73)		300m 34.27 (34.27)		
<hr/>						
		Name	Cat	PB	Time	Info
28	yw	74 Joëlle van Drimmelen	DPC	34.10	33.67	PB
	bl	17 Herre Mak	HPA	32.27	32.25	PB
		<u>Joëlle van Drimmelen</u>			<u>Herre Mak</u>	
		300m 33.67 (33.67)		300m 32.25 (32.25)		
<hr/>						
		Name	Cat	PB	Time	Info
29	wt	7 Diede Salomons	DPA	31.47	31.73	
	rd	34 Marlin Schouwstra	DB1	31.79	32.14	
		<u>Diede Salomons</u>			<u>Marlin Schouwstra</u>	
		300m 31.73 (31.73)		300m 32.14 (32.14)		
<hr/>						
		Name	Cat	PB	Time	Info
30	yw	55 Bas Ellenbroek	HPA	31.65	30.86	PB
	bl	66 Dalanda Jalloh	DB1	30.49	31.42	
		<u>Bas Ellenbroek</u>			<u>Dalanda Jalloh</u>	
		300m 30.86 (30.86)		300m 31.42 (31.42)		
<hr/>						
		Name	Cat	PB	Time	Info
31	wt	46 Elena Ruijtenberg	DC1	29.94	30.35	
	rd	60 Megan Bootsveld	DN2	30.80	31.96	
		<u>Elena Ruijtenberg</u>			<u>Megan Bootsveld</u>	
		300m 30.35 (30.35)		300m 31.96 (31.96)		

Recordwedstrijd dinsdag

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7 March 2023

		Name	Cat	PB	Time	Info
32	yw	119 Huub Smeets	HB1	30.79	29.87	PB
	bl	98 Evy van Zoest	DB1	28.87	29.14	
		Huub Smeets				
		300m	29.87	(29.87)		
		Evy van Zoest				
		300m	29.14	(29.14)		

		Name	Cat	PB	Time	Info
33	wt	37 Lesley Bartelds	HA1	27.99	27.52	PB
	rd	69 Wietske Bannink	DSB	28.09	30.77	
		Lesley Bartelds				
		300m	27.52	(27.52)		
		Wietske Bannink				
		300m	30.77	(30.77)		

		Name	Cat	PB	Time	Info
34	yw	83 Beau Kappers	HB1	28.18	27.58	PB
	bl	42 Erik Jeuring	H40	27.12	27.72	
		Beau Kappers				
		300m	27.58	(27.58)		
		Erik Jeuring				
		300m	27.72	(27.72)		

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

3. Result 300 meter 2e

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	144 Lars Bruins	HC1	42	I	32.30		
2	120 Sil Wisselink	HC2	41	I	33.51		
3	151 Minke Nijenhuis	DPB	39	O	37.05		
4	168 Eva Mezzo	DPC	41	O	37.17		
5	164 Simon de Olde	HPE	39	I	37.35	PB	
6	128 Viene Veltman	DC2	36	O	37.37		
7	125 Jasmijn Smit	DPD	40	O	38.68		
8	116 Kim Versteeg	DPB	38	I	39.26		
9	141 Feline van de Brandhof	DPB	37	O	39.64		
10	165 Jill Isfordink	DPD	36	I	40.84		
11	32 Lenneke Groot Koerkamp	DB2	42	O	41.56	FL	
12	140 Coosje Sinke	DPB	38	O	42.42		
13	129 Myrthe Cents	DPD	40	I	43.69	FL	
14	131 Niek Wijtten	HPC	35	O	44.07		
15	75 Julian Tuitert	HPD	35	I	48.17		
16	102 Pien Evers	DPD	37	I	49.37		

Referee:

Assistant:

Starter:

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

3. Race Result 300 meter 2e

		Name		Cat		PB		Time	Info
35	wt	75	Julian Tuitert		HPD	45.20		48.17	
	rd	131	Niek Wijtten		HPC	42.72		44.07	
		<u>Julian Tuitert</u>				<u>Niek Wijtten</u>			
		300m	48.17	(48.17)		300m	44.07	(44.07)	

		Name		Cat		PB		Time	Info
36	yw	165	Jill Isfordink		DPD	42.11		40.84	
	bl	128	Viene Veltman		DC2			37.37	
		<u>Jill Isfordink</u>				<u>Viene Veltman</u>			
		300m	40.84	(40.84)		300m	37.37	(37.37)	

		Name		Cat		PB		Time	Info
37	wt	102	Pien Evers		DPD	40.04		49.37	
	rd	141	Feline van de Brandhof		DPB	38.65		39.64	
		<u>Pien Evers</u>				<u>Feline van de Brandhof</u>			
		300m	49.37	(49.37)		300m	39.64	(39.64)	

		Name		Cat		PB		Time	Info
38	yw	116	Kim Versteeg		DPB	37.41		39.26	
	bl	140	Coosje Sinke		DPB	40.78		42.42	
		<u>Kim Versteeg</u>				<u>Coosje Sinke</u>			
		300m	39.26	(39.26)		300m	42.42	(42.42)	

		Name		Cat		PB		Time	Info
39	wt	164	Simon de Olde		HPE	37.85		37.35	PB
	rd	151	Minke Nijenhuis		DPB	36.59		37.05	
		<u>Simon de Olde</u>				<u>Minke Nijenhuis</u>			
		300m	37.35	(37.35)		300m	37.05	(37.05)	

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
40	yw	129 Myrthe Cents	DPD	37.70	43.69	FL
	bl	125 Jasmijn Smit	DPD	37.32	38.68	
		Myrthe Cents				
		300m	43.69	(43.69)		
		Jasmijn Smit				
		300m	38.68	(38.68)		
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		Name	Cat	PB	Time	Info
41	wt	120 Sil Wisselink	HC2	33.64	33.51	
	rd	168 Eva Mezzo	DPC	35.06	37.17	
		Sil Wisselink				
		300m	33.51	(33.51)		
		Eva Mezzo				
		300m	37.17	(37.17)		
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		Name	Cat	PB	Time	Info
42	yw	144 Lars Bruins	HC1	34.72	32.30	
	bl	32 Lenneke Groot Koerkamp	DB2	29.43	41.56	FL
		Lars Bruins				
		300m	32.30	(32.30)		
		Lenneke Groot Koerkamp				
		300m	41.56	(41.56)		

Referee:

Assistant:

Starter:

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

4. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	158 Luca Batterink	HPA	56	O	11.78		
2	119 Huub Smeets	HB1	55	I	12.45		
3	46 Elena Ruijtenberg	DC1	56	I	12.57		
4	7 Diede Salomons	DPA	53	O	13.19		
5	54 Roan Varenbrink	HPC	54	I	13.36		
6	136 Jill Krikken	DPD	53	I	13.47		
7	44 Liam Makkinga	HPE	54	O	13.62		
8	150 Alexander Warmink	HPA	52	O	13.91	PB	
9	109 Danique Stout	DPC	51	O	14.45		
10	134 Bastian Klomp	HPD	51	I	15.01		
11	122 Judith de Jong	DPC	52	I	15.10		
12	130 Evelien Abbink	DPA	49	I	15.11	PB	
13	99 Samuel Jagtenberg	HPC	49	O	15.30		
14	170 Fajah Lugtenberg	DPE	50	O	15.42	PB	
15	135 Yinthe de Jong	DPC	47	O	15.85		
16	39 Milou Ruijtenberg	DPE	48	O	15.98	PB	
17	149 Thijmen Warmink	HPC	50	I	16.08		
18	126 Eeske Veltman	DPD	47	I	16.20		
19	48 Lotte van Duinen	DPE	45	O	16.24	PB	
20	171 Roos Bak	DPF	48	I	16.30		
	123 Arwen Bezembinder	DPB	46	I	16.30	PB	
22	127 Aline Veltman	DPA	46	O	16.47	PB	
23	100 Hanne Jagtenberg	DPE	43	O	16.95	PB	
24	114 Miquel Stout	HPF	44	O	17.47		
25	148 Ruben Warmink	HPE	45	I	17.69		
26	169 Siem Jansma	HPD	43	I	18.27		
27	14 Faas Klunder	HPE	44	I	19.42		
	137 Ruth Leerlooijer	DPA			WDR		

Referee:

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4. Race Result 100 meter

		Name	Cat	PB	Time	Info
43	wt	169 Siem Jansma	HPD	17.81	18.27	
	rd	100 Hanne Jagtenberg	DPE	18.39	16.95	PB
		<u>Siem Jansma</u>		<u>Hanne Jagtenberg</u>		
		100m 18.27 (18.27)		100m 16.95 (16.95)		

		Name	Cat	PB	Time	Info
44	yw	14 Faas Klunder	HPE	19.24	19.42	
	bl	114 Miquel Stout	HPF		17.47	
		<u>Faas Klunder</u>		<u>Miquel Stout</u>		
		100m 19.42 (19.42)		100m 17.47 (17.47)		

		Name	Cat	PB	Time	Info
45	wt	148 Ruben Warmink	HPE	17.01	17.69	
	rd	48 Lotte van Duinen	DPE	16.38	16.24	PB
		<u>Ruben Warmink</u>		<u>Lotte van Duinen</u>		
		100m 17.69 (17.69)		100m 16.24 (16.24)		

		Name	Cat	PB	Time	Info
46	yw	123 Arwen Bezembinder	DPB	17.81	16.30	PB
	bl	127 Aline Veltman	DPA	16.86	16.47	PB
		<u>Arwen Bezembinder</u>		<u>Aline Veltman</u>		
		100m 16.30 (16.30)		100m 16.47 (16.47)		

		Name	Cat	PB	Time	Info
47	wt	126 Eeske Veltman	DPD	15.96	16.20	
	rd	135 Yinthe de Jong	DPC	15.74	15.85	
		<u>Eeske Veltman</u>		<u>Yinthe de Jong</u>		
		100m 16.20 (16.20)		100m 15.85 (15.85)		

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		Name	Cat	PB	Time	Info
48	yw	171 Roos Bak	DPF	15.95	16.30	
	bl	39 Milou Ruijtenberg	DPE	16.08	15.98	PB
		<u>Roos Bak</u>			<u>Milou Ruijtenberg</u>	
		100m 16.30 (16.30)		100m 15.98 (15.98)		

		Name	Cat	PB	Time	Info
49	wt	130 Evelien Abbink	DPA	15.47	15.11	PB
	rd	99 Samuel Jagtenberg	HPC	15.23	15.30	
		<u>Evelien Abbink</u>			<u>Samuel Jagtenberg</u>	
		100m 15.11 (15.11)		100m 15.30 (15.30)		

		Name	Cat	PB	Time	Info
50	yw	149 Thijmen Warmink	HPC	15.63	16.08	
	bl	170 Fajah Lugtenberg	DPE	15.42	15.42	PB
		<u>Thijmen Warmink</u>			<u>Fajah Lugtenberg</u>	
		100m 16.08 (16.08)		100m 15.42 (15.42)		

		Name	Cat	PB	Time	Info
51	wt	134 Bastian Klomp	HPD	14.69	15.01	
	rd	109 Danique Stout	DPC	13.86	14.45	
		<u>Bastian Klomp</u>			<u>Danique Stout</u>	
		100m 15.01 (15.01)		100m 14.45 (14.45)		

		Name	Cat	PB	Time	Info
52	yw	122 Judith de Jong	DPC	14.43	15.10	
	bl	150 Alexander Warmink	HPA	14.00	13.91	PB
		<u>Judith de Jong</u>			<u>Alexander Warmink</u>	
		100m 15.10 (15.10)		100m 13.91 (13.91)		

		Name	Cat	PB	Time	Info
53	wt	136 Jill Krikken	DPD	13.35	13.47	
	rd	7 Diede Salomons	DPA	13.13	13.19	
		<u>Jill Krikken</u>			<u>Diede Salomons</u>	
		100m 13.47 (13.47)		100m 13.19 (13.19)		

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		Name	Cat	PB	Time	Info
54	yw	54 Roan Varenbrink	HPC	13.16	13.36	
	bl	44 Liam Makkinga	HPE	13.38	13.62	
		Roan Varenbrink				
		100m	13.36	(13.36)		
		Liam Makkinga				
		100m	13.62	(13.62)		

		Name	Cat	PB	Time	Info
55	wt	119 Huub Smeets	HB1	12.40	12.45	
	rd	137 Ruth Leerlooijer	DPA	12.96	WDR	
		Huub Smeets				
		100m	12.45	(12.45)		
		Ruth Leerlooijer				

		Name	Cat	PB	Time	Info
56	yw	46 Elena Ruijtenberg	DC1	12.38	12.57	
	bl	158 Luca Batterink	HPA	11.73	11.78	
		Elena Ruijtenberg				
		100m	12.57	(12.57)		
		Luca Batterink				
		100m	11.78	(11.78)		

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Sport- en Recreatiecentrum de Scheg - Deventer

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5. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	37 Lesley Bartelds	HA1	76	O	42.64	PB	
2	113 Harry Pardijs	H45	76	I	42.70		
3	110 Niels Teunissen	HB1	75	I	42.97		
4	42 Erik Jeurig	H40	73	O	43.46		
5	83 Beau Kappers	HB1	73	I	43.84		
6	8 Mees Klunder	HC1	75	O	45.00		
7	98 Evy van Zoest	DB1	74	O	45.43		
8	16 Chantal Herms	D45	71	I	47.92		
9	28 Iris Rietman	DC2	72	O	48.09		
10	69 Wietske Bannink	DSB	74	I	48.44		
11	103 Joachim Van Laar	HC1	71	O	48.78	PB	
12	60 Megan Bootsveld	DN2	67	I	49.91		
13	66 Dalanda Jalloh	DB1	70	O	50.14		
14	34 Marlin Schouwstra	DB1	72	I	50.62		
15	106 Monique de Groot	DPA	69	O	50.81		
16	17 Herre Mak	HPA	70	I	51.01		
17	55 Bas Ellenbroek	HPA	68	I	51.04		
18	172 Douwe de Haan	HC1	65	I	52.76	PB	
19	13 Just Klunder	HPB	67	O	53.00		
20	68 Lisa Otten	DC1	69	I	53.49		
21	19 Noor Klunder	DPC	68	O	54.32		
22	56 Yvonne van den Berg	DPA	64	O	54.56	PB	
23	22 Imme Ooijman	DC1	63	I	54.88	PB	
24	74 Joëlle van Drimmelen	DPC	65	O	54.95		
25	72 Silke van den Bos	DPA	66	I	55.02	PB	
26	111 Sven Bosman	HC1	66	O	55.60		
27	93 Luuk Groothuis	HPC	64	I	56.82		
28	108 Abe van Laar	HPB	61	O	57.32	PB	
29	11 Olle Klunder	HPE	63	O	57.33		
30	25 Lauren Wolters	DPD	62	O	59.08		
31	94 Ties Groothuis	HPD	59	O	59.20	PB	
32	118 Naomi Potjes	DPC	61	I	59.63		
33	20 Blom Ooijman	DPA	60	O	1:00.02		
34	27 Suze Kleinsman	DPB	59	I	1:00.96	PB	
35	76 Eline Tuitert	DPC	60	I	1:02.14		
36	18 Elin Mak	DPE	62	I	1:03.18		
37	45 Yara Makkinga	DPB	57	O	1:06.35	PB	
38	159 Vajèn Kerkmeijer	DPD	58	I	1:08.16		

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	85 Esmee Noordman	DPF	57	I	1:10.36		
40	87 Vayèn van der Weerd	DPE	58	O	1:11.12		

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Sport- en Recreatiecentrum de Scheg - Deventer

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5. Race Result 500 meter

		Name	Cat	PB	Time	Info
57	wt	85 Esmee Noordman	DPF		1:10.36	
	rd	45 Yara Makkinga	DPB	1:07.31	1:06.35	PB
		<u>Esmee Noordman</u>		<u>Yara Makkinga</u>		
		100m 15.83 (15.83)		100m 15.16 (15.16)		
		500m 1:10.36 (54.53)		500m 1:06.35 (51.19)		

		Name	Cat	PB	Time	Info
58	yw	159 Vajèn Kerkmeijer	DPD	1:04.77	1:08.16	
	bl	87 Vayèn van der Weerd	DPE		1:11.12	
		<u>Vajèn Kerkmeijer</u>		<u>Vayèn van der Weerd</u>		
		100m 15.74 (15.74)		100m 16.14 (16.14)		
		500m 1:08.16 (52.42)		500m 1:11.12 (54.98)		

		Name	Cat	PB	Time	Info
59	wt	27 Suze Kleinsman	DPB	1:02.46	1:00.96	PB
	rd	94 Ties Groothuis	HPD	1:03.96	59.20	PB
		<u>Suze Kleinsman</u>		<u>Ties Groothuis</u>		
		100m 13.84 (13.84)		100m 13.82 (13.82)		
		500m 1:00.96 (47.12)		500m 59.20 (45.38)		

		Name	Cat	PB	Time	Info
60	yw	76 Eline Tuitert	DPC	59.62	1:02.14	
	bl	20 Blom Ooijman	DPA	59.90	1:00.02	
		<u>Eline Tuitert</u>		<u>Blom Ooijman</u>		
		100m 15.22 (15.22)		100m 14.79 (14.79)		
		500m 1:02.14 (46.92)		500m 1:00.02 (45.23)		

		Name	Cat	PB	Time	Info
61	wt	118 Naomi Potjes	DPC	58.57	59.63	
	rd	108 Abe van Laar	HPB	57.99	57.32	PB
		<u>Naomi Potjes</u>		<u>Abe van Laar</u>		
		100m 14.32 (14.32)		100m 14.44 (14.44)		
		500m 59.63 (45.31)		500m 57.32 (42.88)		

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
62	yw	18	Elin Mak		DPE		58.93	1:03.18	
	bl	25	Lauren Wolters		DPD		57.55	59.08	
		Elin Mak			Lauren Wolters				
		100m	15.05	(15.05)	100m	14.83	(14.83)		
		500m	1:03.18	(48.13)	500m	59.08	(44.25)		

		Name		Cat		PB		Time	Info
63	wt	22	Imme Ooijman		DC1		55.26	54.88	PB
	rd	11	Olle Klunder		HPE		56.12	57.33	
		Imme Ooijman			Olle Klunder				
		100m	13.67	(13.67)	100m	13.78	(13.78)		
		500m	54.88	(41.21)	500m	57.33	(43.55)		

		Name		Cat		PB		Time	Info
64	yw	93	Luuk Groothuis		HPC		55.77	56.82	
	bl	56	Yvonne van den Berg		DPA		55.98	54.56	PB
		Luuk Groothuis			Yvonne van den Berg				
		100m	13.74	(13.74)	100m	13.86	(13.86)		
		500m	56.82	(43.08)	500m	54.56	(40.70)		

		Name		Cat		PB		Time	Info
65	wt	172	Douwe de Haan		HC1		53.39	52.76	PB
	rd	74	Joëlle van Drimmelen		DPC		53.62	54.95	
		Douwe de Haan			Joëlle van Drimmelen				
		100m	13.33	(13.33)	100m	14.10	(14.10)		
		500m	52.76	(39.43)	500m	54.95	(40.85)		

		Name		Cat		PB		Time	Info
66	yw	72	Silke van den Bos		DPA		55.21	55.02	PB
	bl	111	Sven Bosman		HC1		55.15	55.60	
		Silke van den Bos			Sven Bosman				
		100m	13.97	(13.97)	100m	13.42	(13.42)		
		500m	55.02	(41.05)	500m	55.60	(42.18)		

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		Name			Cat	PB	Time	Info
67	wt	60	Megan Bootsveld		DN2	47.20	49.91	
	rd	13	Just Klunder		HPB	50.81	53.00	
		Megan Bootsveld			Just Klunder			
		100m	13.46	(13.46)	100m	13.73	(13.73)	
		500m	49.91	(36.45)	500m	53.00	(39.27)	

		Name			Cat	PB	Time	Info
68	yw	55	Bas Ellenbroek		HPA	49.90	51.04	
	bl	19	Noor Klunder		DPC	52.56	54.32	
		Bas Ellenbroek			Noor Klunder			
		100m	13.07	(13.07)	100m	13.61	(13.61)	
		500m	51.04	(37.97)	500m	54.32	(40.71)	

		Name			Cat	PB	Time	Info
69	wt	68	Lisa Otten		DC1	50.54	53.49	
	rd	106	Monique de Groot		DPA	50.61	50.81	
		Lisa Otten			Monique de Groot			
		100m	13.79	(13.79)	100m	13.33	(13.33)	
		500m	53.49	(39.70)	500m	50.81	(37.48)	

		Name			Cat	PB	Time	Info
70	yw	17	Herre Mak		HPA	50.38	51.01	
	bl	66	Dalanda Jalloh		DB1	48.64	50.14	
		Herre Mak			Dalanda Jalloh			
		100m	13.47	(13.47)	100m	13.11	(13.11)	
		500m	51.01	(37.54)	500m	50.14	(37.03)	

		Name			Cat	PB	Time	Info
71	wt	16	Chantal Herms		D45	46.13	47.92	
	rd	103	Joachim Van Laar		HC1	49.68	48.78	PB
		Chantal Herms			Joachim Van Laar			
		100m	12.76	(12.76)	100m	13.04	(13.04)	
		500m	47.92	(35.16)	500m	48.78	(35.74)	

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		Name		Cat		PB	Time	Info
72	yw	34	Marlin Schouwstra		DB1	48.77	50.62	
	bl	28	Iris Rietman		DC2	45.62	48.09	
		Marlin Schouwstra			Iris Rietman			
		100m	13.89	(13.89)	100m	12.93	(12.93)	
		500m	50.62	(36.73)	500m	48.09	(35.16)	

		Name		Cat		PB	Time	Info
73	wt	83	Beau Kappers		HB1	42.68	43.84	
	rd	42	Erik Jeurig		H40	42.68	43.46	
		Beau Kappers			Erik Jeurig			
		100m	11.84	(11.84)	100m	11.57	(11.57)	
		500m	43.84	(32.00)	500m	43.46	(31.89)	

		Name		Cat		PB	Time	Info
74	yw	69	Wietske Bannink		DSB	43.81	48.44	
	bl	98	Evy van Zoest		DB1	44.85	45.43	
		Wietske Bannink			Evy van Zoest			
		100m	12.63	(12.63)	100m	12.11	(12.11)	
		500m	48.44	(35.81)	500m	45.43	(33.32)	

		Name		Cat		PB	Time	Info
75	wt	110	Niels Teunissen		HB1	42.76	42.97	
	rd	8	Mees Klunder		HC1	42.91	45.00	
		Niels Teunissen			Mees Klunder			
		100m	11.54	(11.54)	100m	11.98	(11.98)	
		500m	42.97	(31.43)	500m	45.00	(33.02)	

		Name		Cat		PB	Time	Info
76	yw	113	Harry Pardijs		H45	37.19	42.70	
	bl	37	Lesley Bartelds		HA1	43.20	42.64	PB
		Harry Pardijs			Lesley Bartelds			
		100m	21.35	(21.35)	100m	21.32	(21.32)	
		500m	42.70	(21.35)	500m	42.64	(21.32)	

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Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

6. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	158 Luca Batterink	HPA	78	O	11.86	
2	114 Miquel Stout	HPF	78	I	17.34	
3	169 Siem Jansma	HPD	77	O	17.91	
	137 Ruth Leerlooijer	DPA			WDR	

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6. Race Result 100 meter

		Name	Cat	PB	Time	Info
77	wt	137 Ruth Leerlooijer	DPA	12.96		WDR
	rd	169 Siem Jansma	HPD	17.81		17.91
		<u>Ruth Leerlooijer</u>				
			<u>Siem Jansma</u>			
			100m	17.91	(17.91)	

		Name	Cat	PB	Time	Info
78	yw	114 Miquel Stout	HPF			17.34
	bl	158 Luca Batterink	HPA	11.73		11.86
		<u>Miquel Stout</u>				
			<u>Luca Batterink</u>			
		100m	17.34	(17.34)		
			100m	11.86	(11.86)	

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Sport- en Recreatiecentrum de Scheg - Deventer

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7. Result 400 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	35 Jurre Kranenburg	HSB	82	I	33.94	PB	
2	23 Zoë Tiemens	DN2	81	O	35.77		
3	96 Lièn van Dasselaar	DA2	82	O	36.64		
4	70 Femke Assink	DN3	79	I	37.00		
5	160 Klaas Jan van der Veen	H50	81	I	37.31		
6	81 Jeanette ten Hag	D45	80	O	37.98		
7	62 Bo Meijer	DA2	79	O	39.15		
8	78 Rudie Assink	H55	80	I	41.05		

Referee:

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7 March 2023

7. Race Result 400 meter

		Name	Cat	PB	Time	Info
79	wt	70 Femke Assink	DN3		37.00	
	rd	62 Bo Meijer	DA2	38.76	39.15	
		<u>Femke Assink</u>		<u>Bo Meijer</u>		
		400m 37.00 (37.00)		400m 39.15 (39.15)		

		Name	Cat	PB	Time	Info
80	wt	78 Rudie Assink	H55	37.07	41.05	
	rd	81 Jeanette ten Hag	D45	37.74	37.98	
		<u>Rudie Assink</u>		<u>Jeanette ten Hag</u>		
		400m 41.05 (41.05)		400m 37.98 (37.98)		

		Name	Cat	PB	Time	Info
81	wt	160 Klaas Jan van der Veen	H50	35.62	37.31	
	rd	23 Zoë Tiemens	DN2	35.16	35.77	
		<u>Klaas Jan van der Veen</u>		<u>Zoë Tiemens</u>		
		400m 37.31 (37.31)		400m 35.77 (35.77)		

		Name	Cat	PB	Time	Info
82	wt	35 Jurre Kranenborg	HSB	34.61	33.94	PB
	rd	96 Lièn van Dasselaar	DA2	36.19	36.64	
		<u>Jurre Kranenborg</u>		<u>Lièn van Dasselaar</u>		
		400m 33.94 (33.94)		400m 36.64 (36.64)		

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8. Result 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	146 Wiebe de Rijk	HA1	99	O	1:27.32	
2	51 Lauren van den Brink	DPC	85	O	1:36.34	
3	175 Jenne de Haan	H50	84	I	1:36.67	
4	153 Bregje Nagelmaeker	DB2	97	I	1:36.84	
5	73 Marcel Bloemenkamp	H55	97	O	1:37.12	
6	107 Tristan Swenne	HB1	94	I	1:38.20	PB
7	95 Bjorn Binnenpoorte	HC2	92	O	1:38.45	PB
8	147 Janneke Bos	DB1	96	I	1:38.51	
9	41 Milou Klatt-ten Cate	DSB	95	O	1:38.70	
10	21 Dorus Schalkwijk	H40	98	O	1:39.22	
11	97 Céline Hagen	DB2	90	O	1:39.43	
12	152 Rianne Gemmink	DSB	94	O	1:39.49	
13	79 Isis van Til	DC2	92	I	1:41.25	PB
14	92 Annabel Weteringe	DC2	93	O	1:41.35	PB
15	24 Marthe Schalkwijk	DC1	90	I	1:42.34	PB
16	12 Maria Ufkes	D45	98	I	1:42.55	
17	77 Hans ten Hag	H70	95	I	1:42.59	
18	174 Noah Bak	DC2	93	I	1:43.67	
19	49 Mirjam Hulsebos	D50	91	O	1:46.92	
20	101 Tim Roorda	HC2	89	I	1:47.74	PB
21	117 Isa van der Weerd	DPB	91	I	1:48.38	
22	121 Remco Wisselink	H45	84	O	1:48.43	
23	104 Bente van Dasselaar	DPA	88	I	1:49.94	PB
24	40 Melle ter Horst	HPB	83	I	1:51.63	
25	88 Marit Noordman	DC2	89	O	1:51.99	
26	6 Sanna van der Velde	DPA	88	O	1:53.33	
27	86 Mireille van der Weerd	DC1	86	I	1:54.06	
28	3 Emma van der Velde	DPC	85	I	1:55.30	
29	4 Florine Zunnabeld	DPC	83	O	1:57.88	
30	105 Thea de Groot	DB1	87	O	2:04.80	PB
	139 Ties Sinke	HB2	96	O	DQ	
	33 Hilde Klok	DC1			WDR	
	26 Liz Wolters	DPB			WDR	
	80 Michiel Arendsen	H40			WDR	

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 8:37:28 PM

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

8. Race Result 1000 meter

	Name	Cat	PB	Time Info
83	wt 40 Melle ter Horst	HPB		1:51.63
	rd 4 Florine Zunnveld	DPC		1:57.88

Melle ter Horst

200m	23.87	(23.87)
600m	1:07.10	(43.23)
1000m	1:51.63	(44.53)

Florine Zunnveld

200m	25.88	(25.88)
600m	1:10.05	(44.17)
1000m	1:57.88	(47.83)

	Name	Cat	PB	Time Info
84	yw 175 Jenne de Haan	H50		1:36.67
	bl 121 Remco Wisselink	H45		1:48.43

Jenne de Haan

200m	22.97	(22.97)
600m	58.82	(35.85)
1000m	1:36.67	(37.85)

Remco Wisselink

200m	25.05	(25.05)
600m	1:04.92	(39.87)
1000m	1:48.43	(43.51)

	Name	Cat	PB	Time Info
85	wt 3 Emma van der Velde	DPC		1:55.30
	rd 51 Lauren van den Brink	DPC		1:36.34

Emma van der Velde

200m	25.25	(25.25)
600m	1:08.13	(42.88)
1000m	1:55.30	(47.17)

Lauren van den Brink

200m	22.57	(22.57)
600m	58.60	(36.03)
1000m	1:36.34	(37.74)

	Name	Cat	PB	Time Info
86	yw 86 Mireille van der Weerd	DC1	1:52.47	1:54.06
	bl 33 Hilde Klok	DC1	1:54.67	WDR

Mireille van der Weerd

200m	25.29	(25.29)
600m	1:08.42	(43.13)
1000m	1:54.06	(45.64)

Hilde Klok

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

		Name	Cat	PB	Time	Info
87	wt	26 Liz Wolters	DPB			WDR
	rd	105 Thea de Groot	DB1	2:07.78	2:04.80	PB
		<u>Liz Wolters</u>		<u>Thea de Groot</u>		
		200m	28.89	(28.89)		
		600m	1:15.90	(47.01)		
		1000m	2:04.80	(48.90)		

		Name	Cat	PB	Time	Info
88	yw	104 Bente van Dasselaar	DPA	1:50.21	1:49.94	PB
	bl	6 Sanna van der Velde	DPA	1:51.82	1:53.33	
		<u>Bente van Dasselaar</u>		<u>Sanna van der Velde</u>		
		200m	24.44	(24.44)	200m	25.39 (25.39)
		600m	1:05.65	(41.21)	600m	1:07.89 (42.50)
		1000m	1:49.94	(44.29)	1000m	1:53.33 (45.44)

		Name	Cat	PB	Time	Info
89	wt	101 Tim Roorda	HC2	1:51.03	1:47.74	PB
	rd	88 Marit Noordman	DC2	1:51.03	1:51.99	
		<u>Tim Roorda</u>		<u>Marit Noordman</u>		
		200m	22.96	(22.96)	200m	25.58 (25.58)
		600m	1:03.72	(40.76)	600m	1:07.87 (42.29)
		1000m	1:47.74	(44.02)	1000m	1:51.99 (44.12)

		Name	Cat	PB	Time	Info
90	yw	24 Marthe Schalkwijk	DC1	1:44.95	1:42.34	PB
	bl	97 Céline Hagen	DB2	1:38.51	1:39.43	
		<u>Marthe Schalkwijk</u>		<u>Céline Hagen</u>		
		200m	22.50	(22.50)	200m	22.51 (22.51)
		600m	1:00.80	(38.30)	600m	59.10 (36.59)
		1000m	1:42.34	(41.54)	1000m	1:39.43 (40.33)

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

		Name		Cat		PB		Time	Info
91	wt	117	Isa van der Weerd		DPB		1:48.08	1:48.38	
	rd	49	Mirjam Hulsebos		D50		1:40.84	1:46.92	
		Isa van der Weerd				Mirjam Hulsebos			
		200m	24.20	(24.20)		200m	25.00	(25.00)	
		600m	1:04.91	(40.71)		600m	1:05.00	(40.00)	
		1000m	1:48.38	(43.47)		1000m	1:46.92	(41.92)	

		Name		Cat		PB		Time	Info
92	yw	79	Isis van Til		DC2		1:43.01	1:41.25	PB
	bl	95	Bjorn Binnenpoorte		HC2		1:42.16	1:38.45	PB
		Isis van Til				Bjorn Binnenpoorte			
		200m	22.57	(22.57)		200m	22.46	(22.46)	
		600m	1:00.87	(38.30)		600m	59.41	(36.95)	
		1000m	1:41.25	(40.38)		1000m	1:38.45	(39.04)	

		Name		Cat		PB		Time	Info
93	wt	174	Noah Bak		DC2		1:41.36	1:43.67	
	rd	92	Annabel Weteringe		DC2		1:42.82	1:41.35	PB
		Noah Bak				Annabel Weteringe			
		200m	23.14	(23.14)		200m	22.74	(22.74)	
		600m	1:02.12	(38.98)		600m	1:00.50	(37.76)	
		1000m	1:43.67	(41.55)		1000m	1:41.35	(40.85)	

		Name		Cat		PB		Time	Info
94	yw	107	Tristan Swenne		HB1		1:39.15	1:38.20	PB
	bl	152	Rianne Gemmink		DSB		1:31.21	1:39.49	
		Tristan Swenne				Rianne Gemmink			
		200m	22.80	(22.80)		200m	23.44	(23.44)	
		600m	59.45	(36.65)		600m	59.92	(36.48)	
		1000m	1:38.20	(38.75)		1000m	1:39.49	(39.57)	

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

		Name		Cat		PB		Time	Info
95	wt	77	Hans ten Hag		H70		1:32.85	1:42.59	
	rd	41	Milou Klatt-ten Cate		DSB		1:27.11	1:38.70	
		Hans ten Hag			Milou Klatt-ten Cate				
		200m	23.22	(23.22)	200m	22.94	(22.94)		
		600m	1:00.59	(37.37)	600m	59.39	(36.45)		
		1000m	1:42.59	(42.00)	1000m	1:38.70	(39.31)		

		Name		Cat		PB		Time	Info
96	yw	147	Janneke Bos		DB1		1:34.75	1:38.51	
	bl	139	Ties Sinke		HB2		1:33.45	DQ	
		Janneke Bos			Ties Sinke				
		200m	22.37	(22.37)	200m	21.66	(21.66)		
		600m	58.56	(36.19)	600m	56.77	(35.11)		
		1000m	1:38.51	(39.95)	1000m	1:33.94	(37.17)		

		Name		Cat		PB		Time	Info
97	wt	153	Bregje Nagelmaeker		DB2		1:34.84	1:36.84	
	rd	73	Marcel Bloemenkamp		H55		1:33.72	1:37.12	
		Bregje Nagelmaeker			Marcel Bloemenkamp				
		200m	22.36	(22.36)	200m	23.46	(23.46)		
		600m	58.13	(35.77)	600m	59.26	(35.80)		
		1000m	1:36.84	(38.71)	1000m	1:37.12	(37.86)		

		Name		Cat		PB		Time	Info
98	yw	12	Maria Ufkes		D45		1:31.74	1:42.55	
	bl	21	Dorus Schalkwijk		H40		1:26.51	1:39.22	
		Maria Ufkes			Dorus Schalkwijk				
		200m	22.99	(22.99)	200m	23.39	(23.39)		
		600m	1:00.84	(37.85)	600m	1:00.47	(37.08)		
		1000m	1:42.55	(41.71)	1000m	1:39.22	(38.75)		

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

		Name	Cat	PB	Time	Info
99	wt	80 Michiel Arendsen	H40	1:32.86		WDR
	rd	146 Wiebe de Rijk	HA1	1:25.28		1:27.32
		<u>Michiel Arendsen</u>				
			<u>Wiebe de Rijk</u>			
			200m	19.79	(19.79)	
			600m	51.85	(32.06)	
			1000m	1:27.32	(35.47)	

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 8:37:28 PM

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

9. Result 700 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	8 Mees Klunder	HC1	106	I	1:01.71	PB	
2	28 Iris Rietman	DC2	105	O	1:06.74	PB	
3	16 Chantal Herms	D45	107	I	1:08.07		
4	161 Renske van Winkoop	DPC	105	I	1:09.43	PB	
5	65 Linda van Oosterom	D40	100	I	1:10.89		
6	15 Caspian Alexander	HPB	107	O	1:11.23		
7	59 Morgan DeFreese	DPC	104	O	1:12.27	PB	
8	156 Joost Smeets	HC1	106	O	1:12.64		
9	173 Kris de Haan	DC2	103	O	1:17.26		
10	22 Imme Ooijman	DC1	104	I	1:17.93		
11	58 Famke Aukema	DPA	102	I	1:20.60	PB	
12	84 Iris Noordman	DPB	102	O	1:26.06		
13	162 Eline van den Beld	DPE	100	O	1:29.90		
14	47 Anne van Duinen	DPC	103	I	1:40.35	FL	

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 8:55:33 PM

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

9. Race Result 700 meter

		Name		Cat		PB		Time	Info
100	wt	65	Linda van Oosterom		D40			1:10.89	
	rd	162	Eline van den Beld		DPE			1:29.90	
		<u>Linda van Oosterom</u>				<u>Eline van den Beld</u>			
		300m	32.74	(32.74)		300m	37.92	(37.92)	
		700m	1:10.89	(38.15)		700m	1:29.90	(51.98)	

		Name		Cat		PB		Time	Info
101	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
102	wt	58	Famke Aukema		DPA	1:22.03		1:20.60	PB
	rd	84	Iris Noordman		DPB	1:20.11		1:26.06	
		<u>Famke Aukema</u>				<u>Iris Noordman</u>			
		300m	36.77	(36.77)		300m	38.39	(38.39)	
		700m	1:20.60	(43.83)		700m	1:26.06	(47.67)	

		Name		Cat		PB		Time	Info
103	yw	47	Anne van Duinen		DPC			1:40.35	FL
	bl	173	Kris de Haan		DC2			1:17.26	
		<u>Anne van Duinen</u>				<u>Kris de Haan</u>			
		300m	48.63	(48.63)		300m	34.21	(34.21)	
		700m	1:40.35	(51.72)		700m	1:17.26	(43.05)	

		Name		Cat		PB		Time	Info
104	wt	22	Imme Ooijman		DC1	1:17.04		1:17.93	
	rd	59	Morgan DeFreese		DPC	1:13.17		1:12.27	PB
		<u>Imme Ooijman</u>				<u>Morgan DeFreese</u>			
		300m	34.82	(34.82)		300m	32.23	(32.23)	
		700m	1:17.93	(43.11)		700m	1:12.27	(40.04)	

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

		Name			Cat			PB	Time	Info
105	yw	161	Renske van Winkoop		DPC			1:11.56	1:09.43	PB
	bl	28	Iris Rietman		DC2			1:08.17	1:06.74	PB
		Renske van Winkoop			Iris Rietman					
		300m	31.04	(31.04)	300m	30.89	(30.89)			
		700m	1:09.43	(38.39)	700m	1:06.74	(35.85)			
<hr/>										
		Name			Cat			PB	Time	Info
106	wt	8	Mees Klunder		HC1			1:04.47	1:01.71	PB
	rd	156	Joost Smeets		HC1			1:10.88	1:12.64	
		Mees Klunder			Joost Smeets					
		300m	28.47	(28.47)	300m	32.23	(32.23)			
		700m	1:01.71	(33.24)	700m	1:12.64	(40.41)			
<hr/>										
		Name			Cat			PB	Time	Info
107	yw	16	Chantal Herms		D45			1:05.31	1:08.07	
	bl	15	Caspian Alexander		HPB			1:11.16	1:11.23	
		Chantal Herms			Caspian Alexander					
		300m	31.25	(31.25)	300m	31.51	(31.51)			
		700m	1:08.07	(36.82)	700m	1:11.23	(39.72)			

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 8:55:33 PM

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

10. Result 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	115 Timon Nieuwenstein	HSB	110	I	2:07.46		
2	163 Koen Bos	HA2	111	O	2:19.94		
3	50 Arjen Esselink	H55	111	I	2:22.47		
4	112 Pieter Jan Oosterhoff	H50	110	O	2:30.76		
5	143 Twan van de Poppe	HPA	108	O	2:31.54		
6	91 Kor van den Hardenberg	H60	109	O	2:38.09		
7	124 Liam Schroten	HPB	109	I	2:40.78		
	57 Noortje Kappers	DPB				WDR	

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 9:09:12 PM

Print: 11/21/2024 1:10:16 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

10. Race Result 1500 meter

		Name	Cat	PB	Time	Info
108	wt	57 Noortje Kappers	DPB			WDR
	rd	143 Twan van de Poppe	HPA			2:31.54

Noortje Kappers

Twan van de Poppe

300m	31.40	(31.40)
700m	1:09.80	(38.40)
1100m	1:50.19	(40.39)
1500m	2:31.54	(41.35)

		Name	Cat	PB	Time	Info
109	yw	124 Liam Schroten	HPB			2:40.78
	bl	91 Kor van den Hardenberg	H60			2:38.09

Liam Schroten

Kor van den Hardenberg

300m	31.59	(31.59)	300m	33.96	(33.96)
700m	1:09.87	(38.28)	700m	1:13.46	(39.50)
1100m	1:54.45	(44.58)	1100m	1:54.91	(41.45)
1500m	2:40.78	(46.33)	1500m	2:38.09	(43.18)

		Name	Cat	PB	Time	Info
110	wt	115 Timon Nieuwenstein	HSB	1:51.19		2:07.46
	rd	112 Pieter Jan Oosterhoff	H50	2:21.51		2:30.76

Timon Nieuwenstein

Pieter Jan Oosterhoff

300m	27.54	(27.54)	300m	32.39	(32.39)
700m	59.58	(32.04)	700m	1:10.64	(38.25)
1100m	1:33.17	(33.59)	1100m	1:50.69	(40.05)
1500m	2:07.46	(34.29)	1500m	2:30.76	(40.07)

		Name	Cat	PB	Time	Info
111	yw	50 Arjen Esselink	H55	2:16.94		2:22.47
	bl	163 Koen Bos	HA2	2:17.73		2:19.94

Arjen Esselink

Koen Bos

300m	30.96	(30.96)	300m	30.02	(30.02)
700m	1:06.57	(35.61)	700m	1:04.75	(34.73)
1100m	1:43.54	(36.97)	1100m	1:41.59	(36.84)
1500m	2:22.47	(38.93)	1500m	2:19.94	(38.35)

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

11. Result 10000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	67 Joris Mulder	HC2	113	I	16:47.83	TRC	
2	176 Stephan Edelijn	H45	112	I	17:20.81		
3	36 Bas Hagen	H50	114	I	17:46.24		
4	64 Jan-Willem van Velsen	H50	115	O	18:06.07	PB	
5	30 Jasmijn Egers	DN4	115	I	18:25.78		
6	63 Gerwin Boschloo	H50	112	O	18:54.01	PB	
	166 Daniël van Velsen	HA2	113	O	DNF		
	154 Quinten Meerveld	HN2	114	O	DQ		

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 10:04:44 PM

Print: 11/21/2024 1:10:16 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

11. Race Result 10000 meter

	Name	Cat	PB	Time	Info
112	wt 176 Stephan Edelijn	H45		17:20.81	
	rd 63 Gerwin Boschloo	H50	19:41.50	18:54.01	PB
	Stephan Edelijn				
	400m	45.56 (45.56)			
	800m	1:26.71 (41.15)			
	1200m	2:08.92 (42.21)			
	1600m	2:50.01 (41.09)			
	2000m	3:31.49 (41.48)			
	2400m	4:13.14 (41.65)			
	2800m	4:55.36 (42.22)			
	3200m	5:37.89 (42.53)			
	3600m	6:20.68 (42.79)			
	4000m	7:03.12 (42.44)			
	4400m	7:45.69 (42.57)			
	4800m	8:27.86 (42.17)			
	5200m	9:09.66 (41.80)			
	5600m	9:51.43 (41.77)			
	6000m	10:32.42 (40.99)			
	6400m	11:12.84 (40.42)			
	6800m	11:53.70 (40.86)			
	7200m	12:34.24 (40.54)			
	7600m	13:14.86 (40.62)			
	8000m	13:56.24 (41.38)			
	8400m	14:37.45 (41.21)			
	8800m	15:17.86 (40.41)			
	9200m	15:59.08 (41.22)			
	9600m	16:40.15 (41.07)			
	10000m	17:20.81 (40.66)			
	Gerwin Boschloo				
	400m	45.22 (45.22)			
	800m	1:28.51 (43.29)			
	1200m	2:12.57 (44.06)			
	1600m	2:57.08 (44.51)			
	2000m	3:41.58 (44.50)			
	2400m	4:26.31 (44.73)			
	2800m	5:10.66 (44.35)			
	3200m	5:54.66 (44.00)			
	3600m	6:39.39 (44.73)			
	4000m	7:24.02 (44.63)			
	4400m	8:08.84 (44.82)			
	4800m	8:53.89 (45.05)			
	5200m	9:39.23 (45.34)			
	5600m	10:24.25 (45.02)			
	6000m	11:09.43 (45.18)			
	6400m	11:54.55 (45.12)			
	6800m	12:39.39 (44.84)			
	7200m	13:24.77 (45.38)			
	7600m	14:11.77 (47.00)			
	8000m	14:58.60 (46.83)			
	8400m	15:45.46 (46.86)			
	8800m	16:32.04 (46.58)			
	9200m	17:19.69 (47.65)			
	9600m	18:06.67 (46.98)			
	10000m	18:54.01 (47.34)			

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 10:04:44 PM

Print: 11/21/2024 2:10:16 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

	Name	Cat	PB	Time	Info
113	yw 67 Joris Mulder	HC2		16:47.83	TRC
	bl 166 Daniël van Velsen	HA2		DNF	

Joris Mulder

400m	43.17	(43.17)
800m	1:23.65	(40.48)
1200m	2:04.59	(40.94)
1600m	2:45.30	(40.71)
2000m	3:26.34	(41.04)
2400m	4:07.51	(41.17)
2800m	4:48.49	(40.98)
3200m	5:29.66	(41.17)
3600m	6:10.38	(40.72)
4000m	6:51.17	(40.79)
4400m	7:31.63	(40.46)
4800m	8:12.20	(40.57)
5200m	8:52.02	(39.82)
5600m	9:31.44	(39.42)
6000m	10:10.23	(38.79)
6400m	10:49.34	(39.11)
6800m	11:28.57	(39.23)
7200m	12:08.16	(39.59)
7600m	12:48.16	(40.00)
8000m	13:28.05	(39.89)
8400m	14:08.03	(39.98)
8800m	14:47.75	(39.72)
9200m	15:27.48	(39.73)
9600m	16:07.29	(39.81)
10000m	16:47.83	(40.54)

Daniël van Velsen

400m	43.13	(43.13)
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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

		Name	Cat	PB	Time	Info
114	wt	36 Bas Hagen	H50	17:22.50	17:46.24	
	rd	154 Quinten Meerveld	HN2	15:24.67	DQ	
		Bas Hagen		Quinten Meerveld		
		400m	44.40 (44.40)	400m	38.72 (38.72)	
		800m	1:24.18 (39.78)	800m	1:14.24 (35.52)	
		1200m	2:05.54 (41.36)	1200m	1:50.13 (35.89)	
		1600m	2:47.61 (42.07)	1600m	2:25.50 (35.37)	
		2000m	3:30.14 (42.53)	2000m	3:01.58 (36.08)	
		2400m	4:12.87 (42.73)	2400m	3:38.40 (36.82)	
		2800m	4:55.05 (42.18)	2800m	4:15.39 (36.99)	
		3200m	5:37.18 (42.13)	3200m	4:52.59 (37.20)	
		3600m	6:20.19 (43.01)	3600m	5:30.27 (37.68)	
		4000m	7:03.10 (42.91)	4000m	6:09.21 (38.94)	
		4400m	7:46.12 (43.02)	4400m	6:48.86 (39.65)	
		4800m	8:29.26 (43.14)	4800m	7:28.14 (39.28)	
		5200m	9:12.17 (42.91)	5200m	8:07.64 (39.50)	
		5600m	9:55.41 (43.24)	5600m	8:46.31 (38.67)	
		6000m	10:38.66 (43.25)	6000m	9:25.12 (38.81)	
		6400m	11:21.83 (43.17)	6400m	10:03.49 (38.37)	
		6800m	12:04.52 (42.69)	6800m	10:42.31 (38.82)	
		7200m	12:47.91 (43.39)	7200m	11:21.18 (38.87)	
		7600m	13:30.89 (42.98)	7600m	12:00.77 (39.59)	
		8000m	14:14.58 (43.69)	8000m	12:40.51 (39.74)	
		8400m	14:58.08 (43.50)	8400m	13:20.51 (40.00)	
		8800m	15:40.69 (42.61)	8800m	14:00.07 (39.56)	
		9200m	16:23.47 (42.78)	9200m	14:39.47 (39.40)	
		9600m	17:05.61 (42.14)	9600m	15:16.92 (37.45)	
		10000m	17:46.24 (40.63)	10000m	15:56.55 (39.63)	

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 10:04:44 PM

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

	Name	Cat	PB	Time	Info
115	yw 30 Jasmijn Egers	DN4	18:14.45	18:25.78	
	bl 64 Jan-Willem van Velsen	H50	18:13.32	18:06.07	PB

Jasmijn Egers

400m	44.68	(44.68)
800m	1:25.20	(40.52)
1200m	2:07.07	(41.87)
1600m	2:48.73	(41.66)
2000m	3:31.16	(42.43)
2400m	4:14.06	(42.90)
2800m	4:57.45	(43.39)
3200m	5:41.95	(44.50)
3600m	6:25.96	(44.01)
4000m	7:10.43	(44.47)
4400m	7:55.57	(45.14)
4800m	8:40.39	(44.82)
5200m	9:25.37	(44.98)
5600m	10:10.44	(45.07)
6000m	10:55.57	(45.13)
6400m	11:40.66	(45.09)
6800m	12:25.48	(44.82)
7200m	13:10.24	(44.76)
7600m	13:55.19	(44.95)
8000m	14:39.79	(44.60)
8400m	15:25.59	(45.80)
8800m	16:10.98	(45.39)
9200m	16:56.51	(45.53)
9600m	17:41.67	(45.16)
10000m	18:25.78	(44.11)

Jan-Willem van Velsen

400m	42.51	(42.51)
800m	1:21.15	(38.64)
1200m	2:01.95	(40.80)
1600m	2:43.60	(41.65)
2000m	3:24.65	(41.05)
2400m	4:06.49	(41.84)
2800m	4:48.74	(42.25)
3200m	5:31.69	(42.95)
3600m	6:14.60	(42.91)
4000m	6:58.15	(43.55)
4400m	7:42.11	(43.96)
4800m	8:26.67	(44.56)
5200m	9:10.65	(43.98)
5600m	9:54.68	(44.03)
6000m	10:39.33	(44.65)
6400m	11:24.26	(44.93)
6800m	12:09.16	(44.90)
7200m	12:54.36	(45.20)
7600m	13:40.24	(45.88)
8000m	14:25.61	(45.37)
8400m	15:11.18	(45.57)
8800m	15:56.77	(45.59)
9200m	16:41.40	(44.63)
9600m	17:24.16	(42.76)
10000m	18:06.07	(41.91)