

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

1. Result 300 meter 1e

| Pos | Name | Cat | Pair | Lane | Time | Info | Points |
|-----|-----------------------------------|-----|------|------|--------------|------|--------|
| 1 | 32 Lenneke Groot Koerkamp | DB2 | 8 | I | 29.41 | PB | |
| 2 | 144 Lars Bruins | HC1 | 8 | O | 32.24 | PB | |
| 3 | 120 Sil Wisselink | HC2 | 7 | O | 32.79 | PB | |
| 4 | 151 Minke Nijenhuis | DPB | 5 | I | 35.86 | PB | |
| 5 | 168 Eva Mezzo | DPC | 7 | I | 36.33 | | |
| 6 | 129 Myrthe Cents | DPD | 6 | O | 37.12 | PB | |
| 7 | 164 Simon de Olde | HPE | 5 | O | 37.50 | PB | |
| 8 | 141 Feline van de Brandhof | DPB | 3 | I | 37.75 | PB | |
| | 128 Viene Veltman | DC2 | 2 | I | 37.75 | | |
| 10 | 125 Jasmijn Smit | DPD | 6 | I | 38.16 | | |
| 11 | 116 Kim Versteeg | DPB | 4 | O | 38.40 | | |
| 12 | 102 Pien Evers | DPD | 3 | O | 38.48 | PB | |
| 13 | 165 Jill Isfordink | DPD | 2 | O | 40.32 | PB | |
| 14 | 140 Coosje Sinke | DPB | 4 | I | 41.78 | | |
| 15 | 131 Niek Wijtten | HPC | 1 | I | 43.60 | | |
| 16 | 75 Julian Tuitert | HPD | 1 | O | 49.06 | | |

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 6:27:48 PM

Print: 1/23/2025 8:53:54 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

1. Race Result 300 meter 1e

| | | Name | | Cat | | PB | Time | Info |
|---|----|---------------------|-----------------------|---------|-----------------------|-------|---------|--------------|
| 1 | wt | 131 | Niek Wijtten | | HPC | | 42.72 | 43.60 |
| | rd | 75 | Julian Tuitert | | HPD | | 45.20 | 49.06 |
| | | <u>Niek Wijtten</u> | | | <u>Julian Tuitert</u> | | | |
| | | 300m | 43.60 | (43.60) | 300m | 49.06 | (49.06) | |

| | | Name | | Cat | | PB | Time | Info |
|---|----|----------------------|-----------------------|---------|-----------------------|-------|---------|-----------------|
| 2 | yw | 128 | Viene Veltman | | DC2 | | | 37.75 |
| | bl | 165 | Jill Isfordink | | DPD | 42.11 | | 40.32 PB |
| | | <u>Viene Veltman</u> | | | <u>Jill Isfordink</u> | | | |
| | | 300m | 37.75 | (37.75) | 300m | 40.32 | (40.32) | |

| | | Name | | Cat | | PB | Time | Info |
|---|----|-------------------------------|-------------------------------|---------|-------------------|-------|---------|-----------------|
| 3 | wt | 141 | Feline van de Brandhof | | DPB | 38.65 | | 37.75 PB |
| | rd | 102 | Pien Evers | | DPD | 40.04 | | 38.48 PB |
| | | <u>Feline van de Brandhof</u> | | | <u>Pien Evers</u> | | | |
| | | 300m | 37.75 | (37.75) | 300m | 38.48 | (38.48) | |

| | | Name | | Cat | | PB | Time | Info |
|---|----|---------------------|---------------------|---------|---------------------|-------|---------|--------------|
| 4 | yw | 140 | Coosje Sinke | | DPB | 40.78 | | 41.78 |
| | bl | 116 | Kim Versteeg | | DPB | 37.41 | | 38.40 |
| | | <u>Coosje Sinke</u> | | | <u>Kim Versteeg</u> | | | |
| | | 300m | 41.78 | (41.78) | 300m | 38.40 | (38.40) | |

| | | Name | | Cat | | PB | Time | Info |
|---|----|------------------------|------------------------|---------|----------------------|-------|---------|-----------------|
| 5 | wt | 151 | Minke Nijenhuis | | DPB | 36.59 | | 35.86 PB |
| | rd | 164 | Simon de Olde | | HPE | 37.85 | | 37.50 PB |
| | | <u>Minke Nijenhuis</u> | | | <u>Simon de Olde</u> | | | |
| | | 300m | 35.86 | (35.86) | 300m | 37.50 | (37.50) | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| | | Name | Cat | PB | Time | Info |
|---|----|-------------------------|-----|--------------------|---------------------|------|
| 6 | yw | 125 Jasmijn Smit | DPD | 37.32 | 38.16 | |
| | bl | 129 Myrthe Cents | DPD | 37.70 | 37.12 | PB |
| | | <u>Jasmijn Smit</u> | | | <u>Myrthe Cents</u> | |
| | | 300m 38.16 (38.16) | | 300m 37.12 (37.12) | | |

| | | Name | Cat | PB | Time | Info |
|---|----|--------------------------|-----|--------------------|----------------------|------|
| 7 | wt | 168 Eva Mezzo | DPC | 35.06 | 36.33 | |
| | rd | 120 Sil Wisselink | HC2 | 33.64 | 32.79 | PB |
| | | <u>Eva Mezzo</u> | | | <u>Sil Wisselink</u> | |
| | | 300m 36.33 (36.33) | | 300m 32.79 (32.79) | | |

| | | Name | Cat | PB | Time | Info |
|---|----|----------------------------------|-----|--------------------|--------------------|------|
| 8 | yw | 32 Lenneke Groot Koerkamp | DB2 | 29.43 | 29.41 | PB |
| | bl | 144 Lars Bruins | HC1 | 34.72 | 32.24 | PB |
| | | <u>Lenneke Groot Koerkamp</u> | | | <u>Lars Bruins</u> | |
| | | 300m 29.41 (29.41) | | 300m 32.24 (32.24) | | |

Referee:

Assistant:

Starter:

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

2. Result 300 meter

| Pos | Name | Cat | Pair | Lane | Time | Info | Points |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 37 Lesley Bartelds | HA1 | 33 | I | 27.52 | PB | |
| 2 | 83 Beau Kappers | HB1 | 34 | I | 27.58 | PB | |
| 3 | 42 Erik Jeuring | H40 | 34 | O | 27.72 | | |
| 4 | 98 Evy van Zoest | DB1 | 32 | O | 29.14 | | |
| 5 | 119 Huub Smeets | HB1 | 32 | I | 29.87 | PB | |
| 6 | 46 Elena Ruijtenberg | DC1 | 31 | I | 30.35 | | |
| 7 | 69 Wietske Bannink | DSB | 33 | O | 30.77 | | |
| 8 | 55 Bas Ellenbroek | HPA | 30 | I | 30.86 | PB | |
| 9 | 66 Dalanda Jalloh | DB1 | 30 | O | 31.42 | | |
| 10 | 7 Diede Salomons | DPA | 29 | I | 31.73 | | |
| 11 | 60 Megan Bootsveld | DN2 | 31 | O | 31.96 | | |
| 12 | 34 Marlin Schouwstra | DB1 | 29 | O | 32.14 | | |
| 13 | 17 Herre Mak | HPA | 28 | O | 32.25 | PB | |
| 14 | 13 Just Klunder | HPB | 27 | I | 32.73 | | |
| 15 | 74 Joëlle van Drimmelen | DPC | 28 | I | 33.67 | PB | |
| 16 | 19 Noor Klunder | DPC | 25 | I | 33.70 | | |
| 17 | 56 Yvonne van den Berg | DPA | 24 | O | 33.86 | PB | |
| 18 | 54 Roan Varenbrink | HPC | 27 | O | 34.27 | | |
| 19 | 93 Luuk Groothuis | HPC | 26 | I | 34.31 | PB | |
| | 72 Silke van den Bos | DPA | 23 | O | 34.31 | | |
| 21 | 94 Ties Groothuis | HPD | 24 | I | 34.36 | PB | |
| | 11 Olle Klunder | HPE | 26 | O | 34.36 | | |
| 23 | 44 Liam Makkinga | HPE | 23 | I | 35.22 | | |
| 24 | 136 Jill Krikken | DPD | 25 | O | 35.27 | | |
| 25 | 118 Naomi Potjes | DPC | 22 | I | 35.81 | | |
| 26 | 150 Alexander Warmink | HPA | 19 | I | 36.22 | | |
| 27 | 27 Suze Kleinsman | DPB | 19 | O | 36.97 | PB | |
| 28 | 25 Lauren Wolters | DPD | 21 | O | 37.13 | | |
| 29 | 109 Danique Stout | DPC | 22 | O | 37.15 | | |
| 30 | 18 Elin Mak | DPE | 20 | I | 37.44 | | |
| 31 | 20 Blom Ooijman | DPA | 20 | O | 37.74 | | |
| 32 | 76 Eline Tuitert | DPC | 21 | I | 38.65 | | |
| 33 | 130 Evelien Abbink | DPA | 9 | O | 39.03 | | |
| 34 | 99 Samuel Jagtenberg | HPC | 18 | I | 39.42 | PB | |
| 35 | 45 Yara Makkinga | DPB | 15 | I | 40.12 | | |
| 36 | 134 Bastian Klomp | HPD | 17 | O | 40.25 | | |
| 37 | 122 Judith de Jong | DPC | 18 | O | 40.63 | | |
| 38 | 159 Vajèn Kerkmeijer | DPD | 17 | I | 40.69 | | |

Referee:

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7 March 2023

| Pos | Name | Cat | Pair | Lane | Time | Info | Points |
|-----|------------------------|-----|------|------|-------|------|--------|
| 39 | 85 Esmee Noordman | DPF | 15 | O | 41.23 | PB | |
| 40 | 170 Fajah Lugtenberg | DPE | 13 | I | 41.54 | PB | |
| 41 | 135 Yinthe de Jong | DPC | 16 | O | 42.06 | PB | |
| 42 | 127 Aline Veltman | DPA | 14 | I | 42.69 | PB | |
| 43 | 87 Vayèn van der Weerd | DPE | 16 | I | 42.87 | | |
| 44 | 39 Milou Ruijtenberg | DPE | 13 | O | 43.51 | PB | |
| 45 | 126 Eeske Veltman | DPD | 12 | I | 44.25 | | |
| 46 | 149 Thijmen Warmink | HPC | 14 | O | 44.44 | | |
| 47 | 171 Roos Bak | DPF | 10 | I | 44.45 | | |
| 48 | 100 Hanne Jagtenberg | DPE | 9 | I | 45.23 | PB | |
| 49 | 48 Lotte van Duinen | DPE | 11 | I | 45.41 | PB | |
| 50 | 123 Arwen Bezembinder | DPB | 12 | O | 47.48 | PB | |
| 51 | 148 Ruben Warmink | HPE | 11 | O | 47.97 | PB | |
| 52 | 14 Faas Klunder | HPE | 10 | O | 54.41 | | |

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

2. Race Result 300 meter

| | | Name | | Cat | | PB | Time | Info |
|---|----|-------------------------|-------------------------|---------|-----------------------|-------|--------------|------|
| 9 | wt | 100 | Hanne Jagtenberg | | DPE | 51.89 | 45.23 | PB |
| | rd | 130 | Evelien Abbink | | DPA | | 39.03 | |
| | | <u>Hanne Jagtenberg</u> | | | <u>Evelien Abbink</u> | | | |
| | | 300m | 45.23 | (45.23) | 300m | 39.03 | (39.03) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|-----------------|---------------------|---------|---------------------|-------|--------------|------|
| 10 | yw | 171 | Roos Bak | | DPF | | 44.45 | |
| | bl | 14 | Faas Klunder | | HPE | 53.10 | 54.41 | |
| | | <u>Roos Bak</u> | | | <u>Faas Klunder</u> | | | |
| | | 300m | 44.45 | (44.45) | 300m | 54.41 | (54.41) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|-------------------------|-------------------------|---------|----------------------|-------|--------------|------|
| 11 | wt | 48 | Lotte van Duinen | | DPE | 46.75 | 45.41 | PB |
| | rd | 148 | Ruben Warmink | | HPE | 48.27 | 47.97 | PB |
| | | <u>Lotte van Duinen</u> | | | <u>Ruben Warmink</u> | | | |
| | | 300m | 45.41 | (45.41) | 300m | 47.97 | (47.97) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|----------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 12 | yw | 126 | Eeske Veltman | | DPD | 44.16 | 44.25 | |
| | bl | 123 | Arwen Bezembinder | | DPB | 50.34 | 47.48 | PB |
| | | <u>Eeske Veltman</u> | | | <u>Arwen Bezembinder</u> | | | |
| | | 300m | 44.25 | (44.25) | 300m | 47.48 | (47.48) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|-------------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 13 | wt | 170 | Fajah Lugtenberg | | DPE | 41.94 | 41.54 | PB |
| | rd | 39 | Milou Ruijtenberg | | DPE | 44.10 | 43.51 | PB |
| | | <u>Fajah Lugtenberg</u> | | | <u>Milou Ruijtenberg</u> | | | |
| | | 300m | 41.54 | (41.54) | 300m | 43.51 | (43.51) | |

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Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| | | Name | Cat | PB | Time | Info |
|-------|----|-------------------------------|-----|--------------------|------------------------|------|
| 14 | yw | 127 Aline Veltman | DPA | 43.70 | 42.69 | PB |
| | bl | 149 Thijmen Warmink | HPC | 43.15 | 44.44 | |
| | | <u>Aline Veltman</u> | | | <u>Thijmen Warmink</u> | |
| | | 300m 42.69 (42.69) | | 300m 44.44 (44.44) | | |
| <hr/> | | | | | | |
| | | Name | Cat | PB | Time | Info |
| 15 | wt | 45 Yara Makkinga | DPB | 39.28 | 40.12 | |
| | rd | 85 Esmee Noordman | DPF | 41.80 | 41.23 | PB |
| | | <u>Yara Makkinga</u> | | | <u>Esmee Noordman</u> | |
| | | 300m 40.12 (40.12) | | 300m 41.23 (41.23) | | |
| <hr/> | | | | | | |
| | | Name | Cat | PB | Time | Info |
| 16 | yw | 87 Vayèn van der Weerd | DPE | 41.56 | 42.87 | |
| | bl | 135 Yinthe de Jong | DPC | 42.52 | 42.06 | PB |
| | | <u>Vayèn van der Weerd</u> | | | <u>Yinthe de Jong</u> | |
| | | 300m 42.87 (42.87) | | 300m 42.06 (42.06) | | |
| <hr/> | | | | | | |
| | | Name | Cat | PB | Time | Info |
| 17 | wt | 159 Vajèn Kerkmeijer | DPD | 40.33 | 40.69 | |
| | rd | 134 Bastian Klomp | HPD | 38.62 | 40.25 | |
| | | <u>Vajèn Kerkmeijer</u> | | | <u>Bastian Klomp</u> | |
| | | 300m 40.69 (40.69) | | 300m 40.25 (40.25) | | |
| <hr/> | | | | | | |
| | | Name | Cat | PB | Time | Info |
| 18 | yw | 99 Samuel Jagtenberg | HPC | 41.42 | 39.42 | PB |
| | bl | 122 Judith de Jong | DPC | 37.87 | 40.63 | |
| | | <u>Samuel Jagtenberg</u> | | | <u>Judith de Jong</u> | |
| | | 300m 39.42 (39.42) | | 300m 40.63 (40.63) | | |
| <hr/> | | | | | | |
| | | Name | Cat | PB | Time | Info |
| 19 | wt | 150 Alexander Warmink | HPA | 36.18 | 36.22 | |
| | rd | 27 Suze Kleinsman | DPB | 37.77 | 36.97 | PB |
| | | <u>Alexander Warmink</u> | | | <u>Suze Kleinsman</u> | |
| | | 300m 36.22 (36.22) | | 300m 36.97 (36.97) | | |

Referee:

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Starter:

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| | | Name | Cat | PB | Time | Info |
|-------|----|-------------------------------|-----|----------------------------|--------------|------|
| 20 | yw | 18 Elin Mak | DPE | 37.24 | 37.44 | |
| | bl | 20 Blom Ooijman | DPA | 36.64 | 37.74 | |
| | | <u>Elin Mak</u> | | <u>Blom Ooijman</u> | | |
| | | 300m 37.44 (37.44) | | 300m 37.74 (37.74) | | |
| <hr/> | | | | | | |
| | | Name | Cat | PB | Time | Info |
| 21 | wt | 76 Eline Tuitert | DPC | 36.40 | 38.65 | |
| | rd | 25 Lauren Wolters | DPD | 36.18 | 37.13 | |
| | | <u>Eline Tuitert</u> | | <u>Lauren Wolters</u> | | |
| | | 300m 38.65 (38.65) | | 300m 37.13 (37.13) | | |
| <hr/> | | | | | | |
| | | Name | Cat | PB | Time | Info |
| 22 | yw | 118 Naomi Potjes | DPC | 35.63 | 35.81 | |
| | bl | 109 Danique Stout | DPC | 35.89 | 37.15 | |
| | | <u>Naomi Potjes</u> | | <u>Danique Stout</u> | | |
| | | 300m 35.81 (35.81) | | 300m 37.15 (37.15) | | |
| <hr/> | | | | | | |
| | | Name | Cat | PB | Time | Info |
| 23 | wt | 44 Liam Makkinga | HPE | 34.51 | 35.22 | |
| | rd | 72 Silke van den Bos | DPA | 33.76 | 34.31 | |
| | | <u>Liam Makkinga</u> | | <u>Silke van den Bos</u> | | |
| | | 300m 35.22 (35.22) | | 300m 34.31 (34.31) | | |
| <hr/> | | | | | | |
| | | Name | Cat | PB | Time | Info |
| 24 | yw | 94 Ties Groothuis | HPD | 35.66 | 34.36 | PB |
| | bl | 56 Yvonne van den Berg | DPA | 35.37 | 33.86 | PB |
| | | <u>Ties Groothuis</u> | | <u>Yvonne van den Berg</u> | | |
| | | 300m 34.36 (34.36) | | 300m 33.86 (33.86) | | |
| <hr/> | | | | | | |
| | | Name | Cat | PB | Time | Info |
| 25 | wt | 19 Noor Klunder | DPC | 33.28 | 33.70 | |
| | rd | 136 Jill Krikken | DPD | 34.21 | 35.27 | |
| | | <u>Noor Klunder</u> | | <u>Jill Krikken</u> | | |
| | | 300m 33.70 (33.70) | | 300m 35.27 (35.27) | | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| | | Name | Cat | PB | Time | Info |
|----|----|--------------------------|-----|-------|---------------------|------|
| 26 | yw | 93 Luuk Groothuis | HPC | 34.48 | 34.31 | PB |
| | bl | 11 Olle Klunder | HPE | 34.27 | 34.36 | |
| | | <u>Luuk Groothuis</u> | | | <u>Olle Klunder</u> | |
| | | 300m 34.31 (34.31) | | | 300m 34.36 (34.36) | |

| | | Name | Cat | PB | Time | Info |
|----|----|---------------------------|-----|-------|------------------------|------|
| 27 | wt | 13 Just Klunder | HPB | 32.53 | 32.73 | |
| | rd | 54 Roan Varenbrink | HPC | 33.97 | 34.27 | |
| | | <u>Just Klunder</u> | | | <u>Roan Varenbrink</u> | |
| | | 300m 32.73 (32.73) | | | 300m 34.27 (34.27) | |

| | | Name | Cat | PB | Time | Info |
|----|----|--------------------------------|-----|-------|--------------------|------|
| 28 | yw | 74 Joëlle van Drimmelen | DPC | 34.10 | 33.67 | PB |
| | bl | 17 Herre Mak | HPA | 32.27 | 32.25 | PB |
| | | <u>Joëlle van Drimmelen</u> | | | <u>Herre Mak</u> | |
| | | 300m 33.67 (33.67) | | | 300m 32.25 (32.25) | |

| | | Name | Cat | PB | Time | Info |
|----|----|-----------------------------|-----|-------|--------------------------|------|
| 29 | wt | 7 Diede Salomons | DPA | 31.47 | 31.73 | |
| | rd | 34 Marlin Schouwstra | DB1 | 31.79 | 32.14 | |
| | | <u>Diede Salomons</u> | | | <u>Marlin Schouwstra</u> | |
| | | 300m 31.73 (31.73) | | | 300m 32.14 (32.14) | |

| | | Name | Cat | PB | Time | Info |
|----|----|--------------------------|-----|-------|-----------------------|------|
| 30 | yw | 55 Bas Ellenbroek | HPA | 31.65 | 30.86 | PB |
| | bl | 66 Dalanda Jalloh | DB1 | 30.49 | 31.42 | |
| | | <u>Bas Ellenbroek</u> | | | <u>Dalanda Jalloh</u> | |
| | | 300m 30.86 (30.86) | | | 300m 31.42 (31.42) | |

| | | Name | Cat | PB | Time | Info |
|----|----|-----------------------------|-----|-------|------------------------|------|
| 31 | wt | 46 Elena Ruijtenberg | DC1 | 29.94 | 30.35 | |
| | rd | 60 Megan Bootsveld | DN2 | 30.80 | 31.96 | |
| | | <u>Elena Ruijtenberg</u> | | | <u>Megan Bootsveld</u> | |
| | | 300m 30.35 (30.35) | | | 300m 31.96 (31.96) | |

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| | | Name | Cat | PB | Time | Info |
|----|----|-------------------------|-------|---------|--------------|------|
| 32 | yw | 119 Huub Smeets | HB1 | 30.79 | 29.87 | PB |
| | bl | 98 Evy van Zoest | DB1 | 28.87 | 29.14 | |
| | | Huub Smeets | | | | |
| | | 300m | 29.87 | (29.87) | | |
| | | Evy van Zoest | | | | |
| | | 300m | 29.14 | (29.14) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|---------------------------|-------|---------|--------------|------|
| 33 | wt | 37 Lesley Bartelds | HA1 | 27.99 | 27.52 | PB |
| | rd | 69 Wietske Bannink | DSB | 28.09 | 30.77 | |
| | | Lesley Bartelds | | | | |
| | | 300m | 27.52 | (27.52) | | |
| | | Wietske Bannink | | | | |
| | | 300m | 30.77 | (30.77) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|------------------------|-------|---------|--------------|------|
| 34 | yw | 83 Beau Kappers | HB1 | 28.18 | 27.58 | PB |
| | bl | 42 Erik Jeuring | H40 | 27.12 | 27.72 | |
| | | Beau Kappers | | | | |
| | | 300m | 27.58 | (27.58) | | |
| | | Erik Jeuring | | | | |
| | | 300m | 27.72 | (27.72) | | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

3. Result 300 meter 2e

| Pos | Name | Cat | Pair | Lane | Time | Info | Points |
|-----|----------------------------|-----|------|------|-------|------|--------|
| 1 | 144 Lars Bruins | HC1 | 42 | I | 32.30 | | |
| 2 | 120 Sil Wisselink | HC2 | 41 | I | 33.51 | | |
| 3 | 151 Minke Nijenhuis | DPB | 39 | O | 37.05 | | |
| 4 | 168 Eva Mezzo | DPC | 41 | O | 37.17 | | |
| 5 | 164 Simon de Olde | HPE | 39 | I | 37.35 | PB | |
| 6 | 128 Viene Veltman | DC2 | 36 | O | 37.37 | | |
| 7 | 125 Jasmijn Smit | DPD | 40 | O | 38.68 | | |
| 8 | 116 Kim Versteeg | DPB | 38 | I | 39.26 | | |
| 9 | 141 Feline van de Brandhof | DPB | 37 | O | 39.64 | | |
| 10 | 165 Jill Isfordink | DPD | 36 | I | 40.84 | | |
| 11 | 32 Lenneke Groot Koerkamp | DB2 | 42 | O | 41.56 | FL | |
| 12 | 140 Coosje Sinke | DPB | 38 | O | 42.42 | | |
| 13 | 129 Myrthe Cents | DPD | 40 | I | 43.69 | FL | |
| 14 | 131 Niek Wijtten | HPC | 35 | O | 44.07 | | |
| 15 | 75 Julian Tuitert | HPD | 35 | I | 48.17 | | |
| 16 | 102 Pien Evers | DPD | 37 | I | 49.37 | | |

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Assistant:

Starter:

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Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

3. Race Result 300 meter 2e

| | | Name | | Cat | | PB | | Time | Info |
|----|----|-----------------------|-----------------------|---------|-----|----|---------------------|--------------|---------|
| 35 | wt | 75 | Julian Tuitert | | HPD | | 45.20 | 48.17 | |
| | rd | 131 | Niek Wijtten | | HPC | | 42.72 | 44.07 | |
| | | <u>Julian Tuitert</u> | | | | | <u>Niek Wijtten</u> | | |
| | | 300m | 48.17 | (48.17) | | | 300m | 44.07 | (44.07) |

| | | Name | | Cat | | PB | | Time | Info |
|----|----|-----------------------|-----------------------|---------|-----|----|----------------------|--------------|---------|
| 36 | yw | 165 | Jill Isfordink | | DPD | | 42.11 | 40.84 | |
| | bl | 128 | Viene Veltman | | DC2 | | | 37.37 | |
| | | <u>Jill Isfordink</u> | | | | | <u>Viene Veltman</u> | | |
| | | 300m | 40.84 | (40.84) | | | 300m | 37.37 | (37.37) |

| | | Name | | Cat | | PB | | Time | Info |
|----|----|-------------------|-------------------------------|---------|-----|----|-------------------------------|--------------|---------|
| 37 | wt | 102 | Pien Evers | | DPD | | 40.04 | 49.37 | |
| | rd | 141 | Feline van de Brandhof | | DPB | | 38.65 | 39.64 | |
| | | <u>Pien Evers</u> | | | | | <u>Feline van de Brandhof</u> | | |
| | | 300m | 49.37 | (49.37) | | | 300m | 39.64 | (39.64) |

| | | Name | | Cat | | PB | | Time | Info |
|----|----|---------------------|---------------------|---------|-----|----|---------------------|--------------|---------|
| 38 | yw | 116 | Kim Versteeg | | DPB | | 37.41 | 39.26 | |
| | bl | 140 | Coosje Sinke | | DPB | | 40.78 | 42.42 | |
| | | <u>Kim Versteeg</u> | | | | | <u>Coosje Sinke</u> | | |
| | | 300m | 39.26 | (39.26) | | | 300m | 42.42 | (42.42) |

| | | Name | | Cat | | PB | | Time | Info |
|----|----|----------------------|------------------------|---------|-----|----|------------------------|--------------|---------|
| 39 | wt | 164 | Simon de Olde | | HPE | | 37.85 | 37.35 | PB |
| | rd | 151 | Minke Nijenhuis | | DPB | | 36.59 | 37.05 | |
| | | <u>Simon de Olde</u> | | | | | <u>Minke Nijenhuis</u> | | |
| | | 300m | 37.35 | (37.35) | | | 300m | 37.05 | (37.05) |

Recordwedstrijd dinsdag

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| | | Name | Cat | PB | Time | Info |
|----|----|-------------------------|-------|---------|--------------|------|
| 40 | yw | 129 Myrthe Cents | DPD | 37.70 | 43.69 | FL |
| | bl | 125 Jasmijn Smit | DPD | 37.32 | 38.68 | |
| | | Myrthe Cents | | | | |
| | | 300m | 43.69 | (43.69) | | |
| | | Jasmijn Smit | | | | |
| | | 300m | 38.68 | (38.68) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|--------------------------|-------|---------|--------------|------|
| 41 | wt | 120 Sil Wisselink | HC2 | 33.64 | 33.51 | |
| | rd | 168 Eva Mezzo | DPC | 35.06 | 37.17 | |
| | | Sil Wisselink | | | | |
| | | 300m | 33.51 | (33.51) | | |
| | | Eva Mezzo | | | | |
| | | 300m | 37.17 | (37.17) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|----------------------------------|-------|---------|--------------|------|
| 42 | yw | 144 Lars Bruins | HC1 | 34.72 | 32.30 | |
| | bl | 32 Lenneke Groot Koerkamp | DB2 | 29.43 | 41.56 | FL |
| | | Lars Bruins | | | | |
| | | 300m | 32.30 | (32.30) | | |
| | | Lenneke Groot Koerkamp | | | | |
| | | 300m | 41.56 | (41.56) | | |

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 6:55:14 PM

Print: 1/23/2025 9:53:55 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

4. Result 100 meter

| Pos | Name | Cat | Pair | Lane | Time | Info | Points |
|-----|-----------------------|-----|------|------|-------|------|--------|
| 1 | 158 Luca Batterink | HPA | 56 | O | 11.78 | | |
| 2 | 119 Huub Smeets | HB1 | 55 | I | 12.45 | | |
| 3 | 46 Elena Ruijtenberg | DC1 | 56 | I | 12.57 | | |
| 4 | 7 Diede Salomons | DPA | 53 | O | 13.19 | | |
| 5 | 54 Roan Varenbrink | HPC | 54 | I | 13.36 | | |
| 6 | 136 Jill Krikken | DPD | 53 | I | 13.47 | | |
| 7 | 44 Liam Makkinga | HPE | 54 | O | 13.62 | | |
| 8 | 150 Alexander Warmink | HPA | 52 | O | 13.91 | PB | |
| 9 | 109 Danique Stout | DPC | 51 | O | 14.45 | | |
| 10 | 134 Bastian Klomp | HPD | 51 | I | 15.01 | | |
| 11 | 122 Judith de Jong | DPC | 52 | I | 15.10 | | |
| 12 | 130 Evelien Abbink | DPA | 49 | I | 15.11 | PB | |
| 13 | 99 Samuel Jagtenberg | HPC | 49 | O | 15.30 | | |
| 14 | 170 Fajah Lugtenberg | DPE | 50 | O | 15.42 | PB | |
| 15 | 135 Yinthe de Jong | DPC | 47 | O | 15.85 | | |
| 16 | 39 Milou Ruijtenberg | DPE | 48 | O | 15.98 | PB | |
| 17 | 149 Thijmen Warmink | HPC | 50 | I | 16.08 | | |
| 18 | 126 Eeske Veltman | DPD | 47 | I | 16.20 | | |
| 19 | 48 Lotte van Duinen | DPE | 45 | O | 16.24 | PB | |
| 20 | 171 Roos Bak | DPF | 48 | I | 16.30 | | |
| | 123 Arwen Bezembinder | DPB | 46 | I | 16.30 | PB | |
| 22 | 127 Aline Veltman | DPA | 46 | O | 16.47 | PB | |
| 23 | 100 Hanne Jagtenberg | DPE | 43 | O | 16.95 | PB | |
| 24 | 114 Miquel Stout | HPF | 44 | O | 17.47 | | |
| 25 | 148 Ruben Warmink | HPE | 45 | I | 17.69 | | |
| 26 | 169 Siem Jansma | HPD | 43 | I | 18.27 | | |
| 27 | 14 Faas Klunder | HPE | 44 | I | 19.42 | | |
| | 137 Ruth Leerlooijer | DPA | | | WDR | | |

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 7:20:29 PM

Print: 1/23/2025 8:53:55 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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4. Race Result 100 meter

| | | Name | Cat | PB | Time | Info |
|----|----|-----------------------------|-----|-------------------------|--------------|------|
| 43 | wt | 169 Siem Jansma | HPD | 17.81 | 18.27 | |
| | rd | 100 Hanne Jagtenberg | DPE | 18.39 | 16.95 | PB |
| | | <u>Siem Jansma</u> | | <u>Hanne Jagtenberg</u> | | |
| | | 100m 18.27 (18.27) | | 100m 16.95 (16.95) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|-------------------------|-----|---------------------|--------------|------|
| 44 | yw | 14 Faas Klunder | HPE | 19.24 | 19.42 | |
| | bl | 114 Miquel Stout | HPF | | 17.47 | |
| | | <u>Faas Klunder</u> | | <u>Miquel Stout</u> | | |
| | | 100m 19.42 (19.42) | | 100m 17.47 (17.47) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|----------------------------|-----|-------------------------|--------------|------|
| 45 | wt | 148 Ruben Warmink | HPE | 17.01 | 17.69 | |
| | rd | 48 Lotte van Duinen | DPE | 16.38 | 16.24 | PB |
| | | <u>Ruben Warmink</u> | | <u>Lotte van Duinen</u> | | |
| | | 100m 17.69 (17.69) | | 100m 16.24 (16.24) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|------------------------------|-----|----------------------|--------------|------|
| 46 | yw | 123 Arwen Bezembinder | DPB | 17.81 | 16.30 | PB |
| | bl | 127 Aline Veltman | DPA | 16.86 | 16.47 | PB |
| | | <u>Arwen Bezembinder</u> | | <u>Aline Veltman</u> | | |
| | | 100m 16.30 (16.30) | | 100m 16.47 (16.47) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|---------------------------|-----|-----------------------|--------------|------|
| 47 | wt | 126 Eeske Veltman | DPD | 15.96 | 16.20 | |
| | rd | 135 Yinthe de Jong | DPC | 15.74 | 15.85 | |
| | | <u>Eeske Veltman</u> | | <u>Yinthe de Jong</u> | | |
| | | 100m 16.20 (16.20) | | 100m 15.85 (15.85) | | |

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Sport- en Recreatiecentrum de Scheg - Deventer

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| | | Name | Cat | PB | Time | Info |
|----|----|-----------------------------|-------|---------|--------------|------|
| 48 | yw | 171 Roos Bak | DPF | 15.95 | 16.30 | |
| | bl | 39 Milou Ruijtenberg | DPE | 16.08 | 15.98 | PB |
| | | <u>Roos Bak</u> | | | | |
| | | 100m | 16.30 | (16.30) | | |
| | | <u>Milou Ruijtenberg</u> | | | | |
| | | 100m | 15.98 | (15.98) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|-----------------------------|-------|---------|--------------|------|
| 49 | wt | 130 Evelien Abbink | DPA | 15.47 | 15.11 | PB |
| | rd | 99 Samuel Jagtenberg | HPC | 15.23 | 15.30 | |
| | | <u>Evelien Abbink</u> | | | | |
| | | 100m | 15.11 | (15.11) | | |
| | | <u>Samuel Jagtenberg</u> | | | | |
| | | 100m | 15.30 | (15.30) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|-----------------------------|-------|---------|--------------|------|
| 50 | yw | 149 Thijmen Warmink | HPC | 15.63 | 16.08 | |
| | bl | 170 Fajah Lugtenberg | DPE | 15.42 | 15.42 | PB |
| | | <u>Thijmen Warmink</u> | | | | |
| | | 100m | 16.08 | (16.08) | | |
| | | <u>Fajah Lugtenberg</u> | | | | |
| | | 100m | 15.42 | (15.42) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|--------------------------|-------|---------|--------------|------|
| 51 | wt | 134 Bastian Klomp | HPD | 14.69 | 15.01 | |
| | rd | 109 Danique Stout | DPC | 13.86 | 14.45 | |
| | | <u>Bastian Klomp</u> | | | | |
| | | 100m | 15.01 | (15.01) | | |
| | | <u>Danique Stout</u> | | | | |
| | | 100m | 14.45 | (14.45) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|------------------------------|-------|---------|--------------|------|
| 52 | yw | 122 Judith de Jong | DPC | 14.43 | 15.10 | |
| | bl | 150 Alexander Warmink | HPA | 14.00 | 13.91 | PB |
| | | <u>Judith de Jong</u> | | | | |
| | | 100m | 15.10 | (15.10) | | |
| | | <u>Alexander Warmink</u> | | | | |
| | | 100m | 13.91 | (13.91) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|-------------------------|-------|---------|--------------|------|
| 53 | wt | 136 Jill Krikken | DPD | 13.35 | 13.47 | |
| | rd | 7 Diede Salomons | DPA | 13.13 | 13.19 | |
| | | <u>Jill Krikken</u> | | | | |
| | | 100m | 13.47 | (13.47) | | |
| | | <u>Diede Salomons</u> | | | | |
| | | 100m | 13.19 | (13.19) | | |

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 7:20:29 PM

Print: 1/23/2025 9:53:55 PM

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| | | Name | Cat | PB | Time | Info |
|----|----|---------------------------|-------|---------|--------------|------|
| 54 | yw | 54 Roan Varenbrink | HPC | 13.16 | 13.36 | |
| | bl | 44 Liam Makkinga | HPE | 13.38 | 13.62 | |
| | | Roan Varenbrink | | | | |
| | | 100m | 13.36 | (13.36) | | |
| | | Liam Makkinga | | | | |
| | | 100m | 13.62 | (13.62) | | |

| | | Name | Cat | PB | Time | Info |
|----|----|-----------------------------|-------|---------|--------------|------|
| 55 | wt | 119 Huub Smeets | HB1 | 12.40 | 12.45 | |
| | rd | 137 Ruth Leerlooijer | DPA | 12.96 | WDR | |
| | | Huub Smeets | | | | |
| | | 100m | 12.45 | (12.45) | | |
| | | Ruth Leerlooijer | | | | |

| | | Name | Cat | PB | Time | Info |
|----|----|-----------------------------|-------|---------|--------------|------|
| 56 | yw | 46 Elena Ruijtenberg | DC1 | 12.38 | 12.57 | |
| | bl | 158 Luca Batterink | HPA | 11.73 | 11.78 | |
| | | Elena Ruijtenberg | | | | |
| | | 100m | 12.57 | (12.57) | | |
| | | Luca Batterink | | | | |
| | | 100m | 11.78 | (11.78) | | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

5. Result 500 meter

| Pos | Name | Cat | Pair | Lane | Time | Info | Points |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1 | 37 Lesley Bartelds | HA1 | 76 | O | 42.64 | PB | |
| 2 | 113 Harry Pardijs | H45 | 76 | I | 42.70 | | |
| 3 | 110 Niels Teunissen | HB1 | 75 | I | 42.97 | | |
| 4 | 42 Erik Jeuring | H40 | 73 | O | 43.46 | | |
| 5 | 83 Beau Kappers | HB1 | 73 | I | 43.84 | | |
| 6 | 8 Mees Klunder | HC1 | 75 | O | 45.00 | | |
| 7 | 98 Evy van Zoest | DB1 | 74 | O | 45.43 | | |
| 8 | 16 Chantal Herms | D45 | 71 | I | 47.92 | | |
| 9 | 28 Iris Rietman | DC2 | 72 | O | 48.09 | | |
| 10 | 69 Wietske Bannink | DSB | 74 | I | 48.44 | | |
| 11 | 103 Joachim Van Laar | HC1 | 71 | O | 48.78 | PB | |
| 12 | 60 Megan Bootsveld | DN2 | 67 | I | 49.91 | | |
| 13 | 66 Dalanda Jalloh | DB1 | 70 | O | 50.14 | | |
| 14 | 34 Marlin Schouwstra | DB1 | 72 | I | 50.62 | | |
| 15 | 106 Monique de Groot | DPA | 69 | O | 50.81 | | |
| 16 | 17 Herre Mak | HPA | 70 | I | 51.01 | | |
| 17 | 55 Bas Ellenbroek | HPA | 68 | I | 51.04 | | |
| 18 | 172 Douwe de Haan | HC1 | 65 | I | 52.76 | PB | |
| 19 | 13 Just Klunder | HPB | 67 | O | 53.00 | | |
| 20 | 68 Lisa Otten | DC1 | 69 | I | 53.49 | | |
| 21 | 19 Noor Klunder | DPC | 68 | O | 54.32 | | |
| 22 | 56 Yvonne van den Berg | DPA | 64 | O | 54.56 | PB | |
| 23 | 22 Imme Ooijman | DC1 | 63 | I | 54.88 | PB | |
| 24 | 74 Joëlle van Drimmelen | DPC | 65 | O | 54.95 | | |
| 25 | 72 Silke van den Bos | DPA | 66 | I | 55.02 | PB | |
| 26 | 111 Sven Bosman | HC1 | 66 | O | 55.60 | | |
| 27 | 93 Luuk Groothuis | HPC | 64 | I | 56.82 | | |
| 28 | 108 Abe van Laar | HPB | 61 | O | 57.32 | PB | |
| 29 | 11 Olle Klunder | HPE | 63 | O | 57.33 | | |
| 30 | 25 Lauren Wolters | DPD | 62 | O | 59.08 | | |
| 31 | 94 Ties Groothuis | HPD | 59 | O | 59.20 | PB | |
| 32 | 118 Naomi Potjes | DPC | 61 | I | 59.63 | | |
| 33 | 20 Blom Ooijman | DPA | 60 | O | 1:00.02 | | |
| 34 | 27 Suze Kleinsman | DPB | 59 | I | 1:00.96 | PB | |
| 35 | 76 Eline Tuitert | DPC | 60 | I | 1:02.14 | | |
| 36 | 18 Elin Mak | DPE | 62 | I | 1:03.18 | | |
| 37 | 45 Yara Makkinga | DPB | 57 | O | 1:06.35 | PB | |
| 38 | 159 Vajèn Kerkmeijer | DPD | 58 | I | 1:08.16 | | |

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 7:38:03 PM

Print: 1/23/2025 8:53:55 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| Pos | Name | Cat | Pair | Lane | Time | Info | Points |
|-----|------------------------|-----|------|------|---------|------|--------|
| 39 | 85 Esmee Noordman | DPF | 57 | I | 1:10.36 | | |
| 40 | 87 Vayèn van der Weerd | DPE | 58 | O | 1:11.12 | | |

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 7:38:03 PM

Print: 1/23/2025 8:53:55 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

5. Race Result 500 meter

| | | Name | | Cat | | PB | Time | Info |
|----|----|-----------------------|-----------------------|---------|----------------------|---------|----------------|------|
| 57 | wt | 85 | Esmee Noordman | | DPF | | 1:10.36 | |
| | rd | 45 | Yara Makkinga | | DPB | 1:07.31 | 1:06.35 | PB |
| | | Esmee Noordman | | | Yara Makkinga | | | |
| | | 100m | 15.83 | (15.83) | 100m | 15.16 | (15.16) | |
| | | 500m | 1:10.36 | (54.53) | 500m | 1:06.35 | (51.19) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|-------------------------|----------------------------|---------|----------------------------|---------|----------------|------|
| 58 | yw | 159 | Vajèn Kerkmeijer | | DPD | 1:04.77 | 1:08.16 | |
| | bl | 87 | Vayèn van der Weerd | | DPE | | 1:11.12 | |
| | | Vajèn Kerkmeijer | | | Vayèn van der Weerd | | | |
| | | 100m | 15.74 | (15.74) | 100m | 16.14 | (16.14) | |
| | | 500m | 1:08.16 | (52.42) | 500m | 1:11.12 | (54.98) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|-----------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 59 | wt | 27 | Suze Kleinsman | | DPB | 1:02.46 | 1:00.96 | PB |
| | rd | 94 | Ties Groothuis | | HPD | 1:03.96 | 59.20 | PB |
| | | Suze Kleinsman | | | Ties Groothuis | | | |
| | | 100m | 13.84 | (13.84) | 100m | 13.82 | (13.82) | |
| | | 500m | 1:00.96 | (47.12) | 500m | 59.20 | (45.38) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|----------------------|----------------------|---------|---------------------|---------|----------------|------|
| 60 | yw | 76 | Eline Tuitert | | DPC | 59.62 | 1:02.14 | |
| | bl | 20 | Blom Ooijman | | DPA | 59.90 | 1:00.02 | |
| | | Eline Tuitert | | | Blom Ooijman | | | |
| | | 100m | 15.22 | (15.22) | 100m | 14.79 | (14.79) | |
| | | 500m | 1:02.14 | (46.92) | 500m | 1:00.02 | (45.23) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|---------------------|---------------------|---------|---------------------|-------|--------------|------|
| 61 | wt | 118 | Naomi Potjes | | DPC | 58.57 | 59.63 | |
| | rd | 108 | Abe van Laar | | HPB | 57.99 | 57.32 | PB |
| | | Naomi Potjes | | | Abe van Laar | | | |
| | | 100m | 14.32 | (14.32) | 100m | 14.44 | (14.44) | |
| | | 500m | 59.63 | (45.31) | 500m | 57.32 | (42.88) | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| | | Name | | Cat | | PB | Time | Info |
|----|----|-----------------|-----------------------|---------|-----------------------|-------|----------------|------|
| 62 | yw | 18 | Elin Mak | | DPE | 58.93 | 1:03.18 | |
| | bl | 25 | Lauren Wolters | | DPD | 57.55 | 59.08 | |
| | | Elin Mak | | | Lauren Wolters | | | |
| | | 100m | 15.05 | (15.05) | 100m | 14.83 | (14.83) | |
| | | 500m | 1:03.18 | (48.13) | 500m | 59.08 | (44.25) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|---------------------|---------------------|---------|---------------------|-------|--------------|------|
| 63 | wt | 22 | Imme Ooijman | | DC1 | 55.26 | 54.88 | PB |
| | rd | 11 | Olle Klunder | | HPE | 56.12 | 57.33 | |
| | | Imme Ooijman | | | Olle Klunder | | | |
| | | 100m | 13.67 | (13.67) | 100m | 13.78 | (13.78) | |
| | | 500m | 54.88 | (41.21) | 500m | 57.33 | (43.55) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|-----------------------|----------------------------|---------|----------------------------|-------|--------------|------|
| 64 | yw | 93 | Luuk Groothuis | | HPC | 55.77 | 56.82 | |
| | bl | 56 | Yvonne van den Berg | | DPA | 55.98 | 54.56 | PB |
| | | Luuk Groothuis | | | Yvonne van den Berg | | | |
| | | 100m | 13.74 | (13.74) | 100m | 13.86 | (13.86) | |
| | | 500m | 56.82 | (43.08) | 500m | 54.56 | (40.70) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|----------------------|-----------------------------|---------|-----------------------------|-------|--------------|------|
| 65 | wt | 172 | Douwe de Haan | | HC1 | 53.39 | 52.76 | PB |
| | rd | 74 | Joëlle van Drimmelen | | DPC | 53.62 | 54.95 | |
| | | Douwe de Haan | | | Joëlle van Drimmelen | | | |
| | | 100m | 13.33 | (13.33) | 100m | 14.10 | (14.10) | |
| | | 500m | 52.76 | (39.43) | 500m | 54.95 | (40.85) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|--------------------------|--------------------------|---------|--------------------|-------|--------------|------|
| 66 | yw | 72 | Silke van den Bos | | DPA | 55.21 | 55.02 | PB |
| | bl | 111 | Sven Bosman | | HC1 | 55.15 | 55.60 | |
| | | Silke van den Bos | | | Sven Bosman | | | |
| | | 100m | 13.97 | (13.97) | 100m | 13.42 | (13.42) | |
| | | 500m | 55.02 | (41.05) | 500m | 55.60 | (42.18) | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| | | Name | | | Cat | PB | Time | Info |
|----|----|------------------------|------------------------|---------|---------------------|-------|--------------|------|
| 67 | wt | 60 | Megan Bootsveld | | DN2 | 47.20 | 49.91 | |
| | rd | 13 | Just Klunder | | HPB | 50.81 | 53.00 | |
| | | Megan Bootsveld | | | Just Klunder | | | |
| | | 100m | 13.46 | (13.46) | 100m | 13.73 | (13.73) | |
| | | 500m | 49.91 | (36.45) | 500m | 53.00 | (39.27) | |

| | | Name | | | Cat | PB | Time | Info |
|----|----|-----------------------|-----------------------|---------|---------------------|-------|--------------|------|
| 68 | yw | 55 | Bas Ellenbroek | | HPA | 49.90 | 51.04 | |
| | bl | 19 | Noor Klunder | | DPC | 52.56 | 54.32 | |
| | | Bas Ellenbroek | | | Noor Klunder | | | |
| | | 100m | 13.07 | (13.07) | 100m | 13.61 | (13.61) | |
| | | 500m | 51.04 | (37.97) | 500m | 54.32 | (40.71) | |

| | | Name | | | Cat | PB | Time | Info |
|----|----|-------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 69 | wt | 68 | Lisa Otten | | DC1 | 50.54 | 53.49 | |
| | rd | 106 | Monique de Groot | | DPA | 50.61 | 50.81 | |
| | | Lisa Otten | | | Monique de Groot | | | |
| | | 100m | 13.79 | (13.79) | 100m | 13.33 | (13.33) | |
| | | 500m | 53.49 | (39.70) | 500m | 50.81 | (37.48) | |

| | | Name | | | Cat | PB | Time | Info |
|----|----|------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 70 | yw | 17 | Herre Mak | | HPA | 50.38 | 51.01 | |
| | bl | 66 | Dalanda Jalloh | | DB1 | 48.64 | 50.14 | |
| | | Herre Mak | | | Dalanda Jalloh | | | |
| | | 100m | 13.47 | (13.47) | 100m | 13.11 | (13.11) | |
| | | 500m | 51.01 | (37.54) | 500m | 50.14 | (37.03) | |

| | | Name | | | Cat | PB | Time | Info |
|----|----|----------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 71 | wt | 16 | Chantal Herms | | D45 | 46.13 | 47.92 | |
| | rd | 103 | Joachim Van Laar | | HC1 | 49.68 | 48.78 | PB |
| | | Chantal Herms | | | Joachim Van Laar | | | |
| | | 100m | 12.76 | (12.76) | 100m | 13.04 | (13.04) | |
| | | 500m | 47.92 | (35.16) | 500m | 48.78 | (35.74) | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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| | | Name | | Cat | | PB | Time | Info |
|----|----|--------------------------|--------------------------|---------|---------------------|-------|--------------|------|
| 72 | yw | 34 | Marlin Schouwstra | | DB1 | 48.77 | 50.62 | |
| | bl | 28 | Iris Rietman | | DC2 | 45.62 | 48.09 | |
| | | Marlin Schouwstra | | | Iris Rietman | | | |
| | | 100m | 13.89 | (13.89) | 100m | 12.93 | (12.93) | |
| | | 500m | 50.62 | (36.73) | 500m | 48.09 | (35.16) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|---------------------|---------------------|---------|--------------------|-------|--------------|------|
| 73 | wt | 83 | Beau Kappers | | HB1 | 42.68 | 43.84 | |
| | rd | 42 | Erik Jeurig | | H40 | 42.68 | 43.46 | |
| | | Beau Kappers | | | Erik Jeurig | | | |
| | | 100m | 11.84 | (11.84) | 100m | 11.57 | (11.57) | |
| | | 500m | 43.84 | (32.00) | 500m | 43.46 | (31.89) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|------------------------|------------------------|---------|----------------------|-------|--------------|------|
| 74 | yw | 69 | Wietske Bannink | | DSB | 43.81 | 48.44 | |
| | bl | 98 | Evy van Zoest | | DB1 | 44.85 | 45.43 | |
| | | Wietske Bannink | | | Evy van Zoest | | | |
| | | 100m | 12.63 | (12.63) | 100m | 12.11 | (12.11) | |
| | | 500m | 48.44 | (35.81) | 500m | 45.43 | (33.32) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|------------------------|------------------------|---------|---------------------|-------|--------------|------|
| 75 | wt | 110 | Niels Teunissen | | HB1 | 42.76 | 42.97 | |
| | rd | 8 | Mees Klunder | | HC1 | 42.91 | 45.00 | |
| | | Niels Teunissen | | | Mees Klunder | | | |
| | | 100m | 11.54 | (11.54) | 100m | 11.98 | (11.98) | |
| | | 500m | 42.97 | (31.43) | 500m | 45.00 | (33.02) | |

| | | Name | | Cat | | PB | Time | Info |
|----|----|----------------------|------------------------|---------|------------------------|-------|--------------|------|
| 76 | yw | 113 | Harry Pardijs | | H45 | 37.19 | 42.70 | |
| | bl | 37 | Lesley Bartelds | | HA1 | 43.20 | 42.64 | PB |
| | | Harry Pardijs | | | Lesley Bartelds | | | |
| | | 100m | 21.35 | (21.35) | 100m | 21.32 | (21.32) | |
| | | 500m | 42.70 | (21.35) | 500m | 42.64 | (21.32) | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

6. Result 100 meter

| Pos | Name | Cat | Pair | Lane | Time Info | Points |
|-----|----------------------|-----|------|------|-----------|--------|
| 1 | 158 Luca Batterink | HPA | 78 | O | 11.86 | |
| 2 | 114 Miquel Stout | HPF | 78 | I | 17.34 | |
| 3 | 169 Siem Jansma | HPD | 77 | O | 17.91 | |
| | 137 Ruth Leerlooijer | DPA | | | WDR | |

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 7:38:51 PM

Print: 1/23/2025 8:53:55 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

6. Race Result 100 meter

| | | Name | Cat | PB | Time | Info |
|----|----|-------------------------|--------------------|-------|---------|--------------|
| 77 | wt | 137 Ruth Leerlooijer | DPA | 12.96 | | WDR |
| | rd | 169 Siem Jansma | HPD | 17.81 | | 17.91 |
| | | <u>Ruth Leerlooijer</u> | | | | |
| | | | <u>Siem Jansma</u> | | | |
| | | | 100m | 17.91 | (17.91) | |

| | | Name | Cat | PB | Time | Info |
|----|----|---------------------|-----------------------|---------|---------|--------------|
| 78 | yw | 114 Miquel Stout | HPF | | | 17.34 |
| | bl | 158 Luca Batterink | HPA | 11.73 | | 11.86 |
| | | <u>Miquel Stout</u> | | | | |
| | | | <u>Luca Batterink</u> | | | |
| | | 100m | 17.34 | (17.34) | | |
| | | | 100m | 11.86 | (11.86) | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

7. Result 400 meter

| Pos | Name | Cat | Pair | Lane | Time | Info | Points |
|-----|----------------------------|-----|------|------|-------|------|--------|
| 1 | 35 Jurre Kranenburg | HSB | 82 | I | 33.94 | PB | |
| 2 | 23 Zoë Tiemens | DN2 | 81 | O | 35.77 | | |
| 3 | 96 Lièn van Dasselaar | DA2 | 82 | O | 36.64 | | |
| 4 | 70 Femke Assink | DN3 | 79 | I | 37.00 | | |
| 5 | 160 Klaas Jan van der Veen | H50 | 81 | I | 37.31 | | |
| 6 | 81 Jeanette ten Hag | D45 | 80 | O | 37.98 | | |
| 7 | 62 Bo Meijer | DA2 | 79 | O | 39.15 | | |
| 8 | 78 Rudie Assink | H55 | 80 | I | 41.05 | | |

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 8:05:30 PM

Print: 1/23/2025 8:53:55 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

7. Race Result 400 meter

| | | Name | | Cat | | PB | | Time | Info |
|----|----|---------------------|---------------------|---------|------------------|-------|---------|--------------|------|
| 79 | wt | 70 | Femke Assink | | DN3 | | | 37.00 | |
| | rd | 62 | Bo Meijer | | DA2 | 38.76 | | 39.15 | |
| | | Femke Assink | | | Bo Meijer | | | | |
| | | 400m | 37.00 | (37.00) | 400m | 39.15 | (39.15) | | |

| | | Name | | Cat | | PB | | Time | Info |
|----|----|---------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 80 | wt | 78 | Rudie Assink | | H55 | 37.07 | | 41.05 | |
| | rd | 81 | Jeanette ten Hag | | D45 | 37.74 | | 37.98 | |
| | | Rudie Assink | | | Jeanette ten Hag | | | | |
| | | 400m | 41.05 | (41.05) | 400m | 37.98 | (37.98) | | |

| | | Name | | Cat | | PB | | Time | Info |
|----|----|-------------------------------|-------------------------------|---------|--------------------|-------|---------|--------------|------|
| 81 | wt | 160 | Klaas Jan van der Veen | | H50 | 35.62 | | 37.31 | |
| | rd | 23 | Zoë Tiemens | | DN2 | 35.16 | | 35.77 | |
| | | Klaas Jan van der Veen | | | Zoë Tiemens | | | | |
| | | 400m | 37.31 | (37.31) | 400m | 35.77 | (35.77) | | |

| | | Name | | Cat | | PB | | Time | Info |
|----|----|-------------------------|---------------------------|---------|---------------------------|-------|---------|--------------|------|
| 82 | wt | 35 | Jurre Kranenborg | | HSB | 34.61 | | 33.94 | PB |
| | rd | 96 | Lièn van Dasselaar | | DA2 | 36.19 | | 36.64 | |
| | | Jurre Kranenborg | | | Lièn van Dasselaar | | | | |
| | | 400m | 33.94 | (33.94) | 400m | 36.64 | (36.64) | | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

8. Result 1000 meter

| Pos | Name | Cat | Pair | Lane | Time | Info | Points |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1 | 146 Wiebe de Rijk | HA1 | 99 | O | 1:27.32 | | |
| 2 | 51 Lauren van den Brink | DPC | 85 | O | 1:36.34 | | |
| 3 | 175 Jenne de Haan | H50 | 84 | I | 1:36.67 | | |
| 4 | 153 Bregje Nagelmaeker | DB2 | 97 | I | 1:36.84 | | |
| 5 | 73 Marcel Bloemenkamp | H55 | 97 | O | 1:37.12 | | |
| 6 | 107 Tristan Swenne | HB1 | 94 | I | 1:38.20 | PB | |
| 7 | 95 Bjorn Binnenpoorte | HC2 | 92 | O | 1:38.45 | PB | |
| 8 | 147 Janneke Bos | DB1 | 96 | I | 1:38.51 | | |
| 9 | 41 Milou Klatt-ten Cate | DSB | 95 | O | 1:38.70 | | |
| 10 | 21 Dorus Schalkwijk | H40 | 98 | O | 1:39.22 | | |
| 11 | 97 Céline Hagen | DB2 | 90 | O | 1:39.43 | | |
| 12 | 152 Rianne Gemmink | DSB | 94 | O | 1:39.49 | | |
| 13 | 79 Isis van Til | DC2 | 92 | I | 1:41.25 | PB | |
| 14 | 92 Annabel Weteringe | DC2 | 93 | O | 1:41.35 | PB | |
| 15 | 24 Marthe Schalkwijk | DC1 | 90 | I | 1:42.34 | PB | |
| 16 | 12 Maria Ufkes | D45 | 98 | I | 1:42.55 | | |
| 17 | 77 Hans ten Hag | H70 | 95 | I | 1:42.59 | | |
| 18 | 174 Noah Bak | DC2 | 93 | I | 1:43.67 | | |
| 19 | 49 Mirjam Hulsebos | D50 | 91 | O | 1:46.92 | | |
| 20 | 101 Tim Roorda | HC2 | 89 | I | 1:47.74 | PB | |
| 21 | 117 Isa van der Weerd | DPB | 91 | I | 1:48.38 | | |
| 22 | 121 Remco Wisselink | H45 | 84 | O | 1:48.43 | | |
| 23 | 104 Bente van Dasselaar | DPA | 88 | I | 1:49.94 | PB | |
| 24 | 40 Melle ter Horst | HPB | 83 | I | 1:51.63 | | |
| 25 | 88 Marit Noordman | DC2 | 89 | O | 1:51.99 | | |
| 26 | 6 Sanna van der Velde | DPA | 88 | O | 1:53.33 | | |
| 27 | 86 Mireille van der Weerd | DC1 | 86 | I | 1:54.06 | | |
| 28 | 3 Emma van der Velde | DPC | 85 | I | 1:55.30 | | |
| 29 | 4 Florine Zunnbeld | DPC | 83 | O | 1:57.88 | | |
| 30 | 105 Thea de Groot | DB1 | 87 | O | 2:04.80 | PB | |
| | 139 Ties Sinke | HB2 | 96 | O | | DQ | |
| | 33 Hilde Klok | DC1 | | | | WDR | |
| | 26 Liz Wolters | DPB | | | | WDR | |
| | 80 Michiel Arendsen | H40 | | | | WDR | |

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 8:37:28 PM

Print: 1/23/2025 8:53:55 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

8. Race Result 1000 meter

| | | Name | Cat | PB | Time | Info |
|----|----|----------------------------|-----|----|----------------|------|
| 83 | wt | 40 Melle ter Horst | HPB | | 1:51.63 | |
| | rd | 4 Florine Zunnabeld | DPC | | 1:57.88 | |

Melle ter Horst

| | | |
|-------|---------|---------|
| 200m | 23.87 | (23.87) |
| 600m | 1:07.10 | (43.23) |
| 1000m | 1:51.63 | (44.53) |

Florine Zunnabeld

| | | |
|-------|---------|---------|
| 200m | 25.88 | (25.88) |
| 600m | 1:10.05 | (44.17) |
| 1000m | 1:57.88 | (47.83) |

| | | Name | Cat | PB | Time | Info |
|----|----|----------------------------|-----|----|----------------|------|
| 84 | yw | 175 Jenne de Haan | H50 | | 1:36.67 | |
| | bl | 121 Remco Wisselink | H45 | | 1:48.43 | |

Jenne de Haan

| | | |
|-------|---------|---------|
| 200m | 22.97 | (22.97) |
| 600m | 58.82 | (35.85) |
| 1000m | 1:36.67 | (37.85) |

Remco Wisselink

| | | |
|-------|---------|---------|
| 200m | 25.05 | (25.05) |
| 600m | 1:04.92 | (39.87) |
| 1000m | 1:48.43 | (43.51) |

| | | Name | Cat | PB | Time | Info |
|----|----|--------------------------------|-----|----|----------------|------|
| 85 | wt | 3 Emma van der Velde | DPC | | 1:55.30 | |
| | rd | 51 Lauren van den Brink | DPC | | 1:36.34 | |

Emma van der Velde

| | | |
|-------|---------|---------|
| 200m | 25.25 | (25.25) |
| 600m | 1:08.13 | (42.88) |
| 1000m | 1:55.30 | (47.17) |

Lauren van den Brink

| | | |
|-------|---------|---------|
| 200m | 22.57 | (22.57) |
| 600m | 58.60 | (36.03) |
| 1000m | 1:36.34 | (37.74) |

| | | Name | Cat | PB | Time | Info |
|----|----|----------------------------------|-----|---------|----------------|------|
| 86 | yw | 86 Mireille van der Weerd | DC1 | 1:52.47 | 1:54.06 | |
| | bl | 33 Hilde Klok | DC1 | 1:54.67 | WDR | |

Mireille van der Weerd

| | | |
|-------|---------|---------|
| 200m | 25.29 | (25.29) |
| 600m | 1:08.42 | (43.13) |
| 1000m | 1:54.06 | (45.64) |

Hilde Klok

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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| | | Name | Cat | PB | Time | Info |
|----|----|--------------------------|-----|----------------------|----------------|------------|
| 87 | wt | 26 Liz Wolters | DPB | | | WDR |
| | rd | 105 Thea de Groot | DB1 | 2:07.78 | 2:04.80 | PB |
| | | <u>Liz Wolters</u> | | <u>Thea de Groot</u> | | |
| | | | | 200m | 28.89 | (28.89) |
| | | | | 600m | 1:15.90 | (47.01) |
| | | | | 1000m | 2:04.80 | (48.90) |

| | | Name | Cat | PB | Time | Info | |
|----|----|--------------------------------|---------|----------------------------|----------------|---------|---------|
| 88 | yw | 104 Bente van Dasselaar | DPA | 1:50.21 | 1:49.94 | PB | |
| | bl | 6 Sanna van der Velde | DPA | 1:51.82 | 1:53.33 | | |
| | | <u>Bente van Dasselaar</u> | | <u>Sanna van der Velde</u> | | | |
| | | 200m | 24.44 | (24.44) | 200m | 25.39 | (25.39) |
| | | 600m | 1:05.65 | (41.21) | 600m | 1:07.89 | (42.50) |
| | | 1000m | 1:49.94 | (44.29) | 1000m | 1:53.33 | (45.44) |

| | | Name | Cat | PB | Time | Info | |
|----|----|--------------------------|---------|-----------------------|----------------|---------|---------|
| 89 | wt | 101 Tim Roorda | HC2 | 1:51.03 | 1:47.74 | PB | |
| | rd | 88 Marit Noordman | DC2 | 1:51.03 | 1:51.99 | | |
| | | <u>Tim Roorda</u> | | <u>Marit Noordman</u> | | | |
| | | 200m | 22.96 | (22.96) | 200m | 25.58 | (25.58) |
| | | 600m | 1:03.72 | (40.76) | 600m | 1:07.87 | (42.29) |
| | | 1000m | 1:47.74 | (44.02) | 1000m | 1:51.99 | (44.12) |

| | | Name | Cat | PB | Time | Info | |
|----|----|-----------------------------|---------|---------------------|----------------|---------|---------|
| 90 | yw | 24 Marthe Schalkwijk | DC1 | 1:44.95 | 1:42.34 | PB | |
| | bl | 97 Céline Hagen | DB2 | 1:38.51 | 1:39.43 | | |
| | | <u>Marthe Schalkwijk</u> | | <u>Céline Hagen</u> | | | |
| | | 200m | 22.50 | (22.50) | 200m | 22.51 | (22.51) |
| | | 600m | 1:00.80 | (38.30) | 600m | 59.10 | (36.59) |
| | | 1000m | 1:42.34 | (41.54) | 1000m | 1:39.43 | (40.33) |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| | | Name | | Cat | | PB | | Time | Info |
|----|----|--------------------------|--------------------------|---------|------------------------|---------|---------|----------------|------|
| 91 | wt | 117 | Isa van der Weerd | | DPB | | 1:48.08 | 1:48.38 | |
| | rd | 49 | Mirjam Hulsebos | | D50 | | 1:40.84 | 1:46.92 | |
| | | Isa van der Weerd | | | Mirjam Hulsebos | | | | |
| | | 200m | 24.20 | (24.20) | 200m | 25.00 | (25.00) | | |
| | | 600m | 1:04.91 | (40.71) | 600m | 1:05.00 | (40.00) | | |
| | | 1000m | 1:48.38 | (43.47) | 1000m | 1:46.92 | (41.92) | | |

| | | Name | | Cat | | PB | | Time | Info |
|----|----|---------------------|---------------------------|---------|---------------------------|---------|---------|----------------|------|
| 92 | yw | 79 | Isis van Til | | DC2 | | 1:43.01 | 1:41.25 | PB |
| | bl | 95 | Bjorn Binnenpoorte | | HC2 | | 1:42.16 | 1:38.45 | PB |
| | | Isis van Til | | | Bjorn Binnenpoorte | | | | |
| | | 200m | 22.57 | (22.57) | 200m | 22.46 | (22.46) | | |
| | | 600m | 1:00.87 | (38.30) | 600m | 59.41 | (36.95) | | |
| | | 1000m | 1:41.25 | (40.38) | 1000m | 1:38.45 | (39.04) | | |

| | | Name | | Cat | | PB | | Time | Info |
|----|----|-----------------|--------------------------|---------|--------------------------|---------|---------|----------------|------|
| 93 | wt | 174 | Noah Bak | | DC2 | | 1:41.36 | 1:43.67 | |
| | rd | 92 | Annabel Weteringe | | DC2 | | 1:42.82 | 1:41.35 | PB |
| | | Noah Bak | | | Annabel Weteringe | | | | |
| | | 200m | 23.14 | (23.14) | 200m | 22.74 | (22.74) | | |
| | | 600m | 1:02.12 | (38.98) | 600m | 1:00.50 | (37.76) | | |
| | | 1000m | 1:43.67 | (41.55) | 1000m | 1:41.35 | (40.85) | | |

| | | Name | | Cat | | PB | | Time | Info |
|----|----|-----------------------|-----------------------|---------|-----------------------|---------|---------|----------------|------|
| 94 | yw | 107 | Tristan Swenne | | HB1 | | 1:39.15 | 1:38.20 | PB |
| | bl | 152 | Rianne Gemmink | | DSB | | 1:31.21 | 1:39.49 | |
| | | Tristan Swenne | | | Rianne Gemmink | | | | |
| | | 200m | 22.80 | (22.80) | 200m | 23.44 | (23.44) | | |
| | | 600m | 59.45 | (36.65) | 600m | 59.92 | (36.48) | | |
| | | 1000m | 1:38.20 | (38.75) | 1000m | 1:39.49 | (39.57) | | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| | | Name | | Cat | | PB | | Time | Info |
|----|----|---------------------|-----------------------------|---------|-----------------------------|---------|---------|----------------|------|
| 95 | wt | 77 | Hans ten Hag | | H70 | | 1:32.85 | 1:42.59 | |
| | rd | 41 | Milou Klatt-ten Cate | | DSB | | 1:27.11 | 1:38.70 | |
| | | Hans ten Hag | | | Milou Klatt-ten Cate | | | | |
| | | 200m | 23.22 | (23.22) | 200m | 22.94 | (22.94) | | |
| | | 600m | 1:00.59 | (37.37) | 600m | 59.39 | (36.45) | | |
| | | 1000m | 1:42.59 | (42.00) | 1000m | 1:38.70 | (39.31) | | |

| | | Name | | Cat | | PB | | Time | Info |
|----|----|--------------------|--------------------|---------|-------------------|---------|---------|----------------|------|
| 96 | yw | 147 | Janneke Bos | | DB1 | | 1:34.75 | 1:38.51 | |
| | bl | 139 | Ties Sinke | | HB2 | | 1:33.45 | DQ | |
| | | Janneke Bos | | | Ties Sinke | | | | |
| | | 200m | 22.37 | (22.37) | 200m | 21.66 | (21.66) | | |
| | | 600m | 58.56 | (36.19) | 600m | 56.77 | (35.11) | | |
| | | 1000m | 1:38.51 | (39.95) | 1000m | 1:33.94 | (37.17) | | |

| | | Name | | Cat | | PB | | Time | Info |
|----|----|---------------------------|---------------------------|---------|---------------------------|---------|---------|----------------|------|
| 97 | wt | 153 | Bregje Nagelmaeker | | DB2 | | 1:34.84 | 1:36.84 | |
| | rd | 73 | Marcel Bloemenkamp | | H55 | | 1:33.72 | 1:37.12 | |
| | | Bregje Nagelmaeker | | | Marcel Bloemenkamp | | | | |
| | | 200m | 22.36 | (22.36) | 200m | 23.46 | (23.46) | | |
| | | 600m | 58.13 | (35.77) | 600m | 59.26 | (35.80) | | |
| | | 1000m | 1:36.84 | (38.71) | 1000m | 1:37.12 | (37.86) | | |

| | | Name | | Cat | | PB | | Time | Info |
|----|----|--------------------|-------------------------|---------|-------------------------|---------|---------|----------------|------|
| 98 | yw | 12 | Maria Ufkes | | D45 | | 1:31.74 | 1:42.55 | |
| | bl | 21 | Dorus Schalkwijk | | H40 | | 1:26.51 | 1:39.22 | |
| | | Maria Ufkes | | | Dorus Schalkwijk | | | | |
| | | 200m | 22.99 | (22.99) | 200m | 23.39 | (23.39) | | |
| | | 600m | 1:00.84 | (37.85) | 600m | 1:00.47 | (37.08) | | |
| | | 1000m | 1:42.55 | (41.71) | 1000m | 1:39.22 | (38.75) | | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| | | Name | Cat | PB | Time | Info |
|----|----|-------------------------|----------------------|---------|---------|----------------|
| 99 | wt | 80 Michiel Arendsen | H40 | 1:32.86 | | WDR |
| | rd | 146 Wiebe de Rijk | HA1 | 1:25.28 | | 1:27.32 |
| | | <u>Michiel Arendsen</u> | | | | |
| | | | <u>Wiebe de Rijk</u> | | | |
| | | | 200m | 19.79 | (19.79) | |
| | | | 600m | 51.85 | (32.06) | |
| | | | 1000m | 1:27.32 | (35.47) | |

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 8:37:28 PM

Print: 1/23/2025 9:53:55 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

9. Result 700 meter

| Pos | Name | Cat | Pair | Lane | Time | Info | Points |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1 | 8 Mees Klunder | HC1 | 106 | I | 1:01.71 | PB | |
| 2 | 28 Iris Rietman | DC2 | 105 | O | 1:06.74 | PB | |
| 3 | 16 Chantal Herms | D45 | 107 | I | 1:08.07 | | |
| 4 | 161 Renske van Winkoop | DPC | 105 | I | 1:09.43 | PB | |
| 5 | 65 Linda van Oosterom | D40 | 100 | I | 1:10.89 | | |
| 6 | 15 Caspian Alexander | HPB | 107 | O | 1:11.23 | | |
| 7 | 59 Morgan DeFreese | DPC | 104 | O | 1:12.27 | PB | |
| 8 | 156 Joost Smeets | HC1 | 106 | O | 1:12.64 | | |
| 9 | 173 Kris de Haan | DC2 | 103 | O | 1:17.26 | | |
| 10 | 22 Imme Ooijman | DC1 | 104 | I | 1:17.93 | | |
| 11 | 58 Famke Aukema | DPA | 102 | I | 1:20.60 | PB | |
| 12 | 84 Iris Noordman | DPB | 102 | O | 1:26.06 | | |
| 13 | 162 Eline van den Beld | DPE | 100 | O | 1:29.90 | | |
| 14 | 47 Anne van Duinen | DPC | 103 | I | 1:40.35 | FL | |

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 8:55:33 PM

Print: 1/23/2025 8:53:55 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

9. Race Result 700 meter

| | | Name | | Cat | | PB | Time | Info |
|-----|----|---------------------------|---------------------------|---------|---------------------------|---------|----------------|------|
| 100 | wt | 65 | Linda van Oosterom | | D40 | | 1:10.89 | |
| | rd | 162 | Eline van den Beld | | DPE | | 1:29.90 | |
| | | <u>Linda van Oosterom</u> | | | <u>Eline van den Beld</u> | | | |
| | | 300m | 32.74 | (32.74) | 300m | 37.92 | (37.92) | |
| | | 700m | 1:10.89 | (38.15) | 700m | 1:29.90 | (51.98) | |

| | | Name | | Cat | | PB | Time | Info |
|-----|----|------|---|-----|--|----|------|------|
| 101 | yw | | | | | | | |
| | bl | | | | | | | |
| | | | m | | | | | |
| | | | | | | | | |

| | | Name | | Cat | | PB | Time | Info |
|-----|----|---------------------|----------------------|---------|----------------------|---------|----------------|------|
| 102 | wt | 58 | Famke Aukema | | DPA | 1:22.03 | 1:20.60 | PB |
| | rd | 84 | Iris Noordman | | DPB | 1:20.11 | 1:26.06 | |
| | | <u>Famke Aukema</u> | | | <u>Iris Noordman</u> | | | |
| | | 300m | 36.77 | (36.77) | 300m | 38.39 | (38.39) | |
| | | 700m | 1:20.60 | (43.83) | 700m | 1:26.06 | (47.67) | |

| | | Name | | Cat | | PB | Time | Info |
|-----|----|------------------------|------------------------|---------|---------------------|---------|----------------|------|
| 103 | yw | 47 | Anne van Duinen | | DPC | | 1:40.35 | FL |
| | bl | 173 | Kris de Haan | | DC2 | | 1:17.26 | |
| | | <u>Anne van Duinen</u> | | | <u>Kris de Haan</u> | | | |
| | | 300m | 48.63 | (48.63) | 300m | 34.21 | (34.21) | |
| | | 700m | 1:40.35 | (51.72) | 700m | 1:17.26 | (43.05) | |

| | | Name | | Cat | | PB | Time | Info |
|-----|----|---------------------|------------------------|---------|------------------------|---------|----------------|------|
| 104 | wt | 22 | Imme Ooijman | | DC1 | 1:17.04 | 1:17.93 | |
| | rd | 59 | Morgan DeFreese | | DPC | 1:13.17 | 1:12.27 | PB |
| | | <u>Imme Ooijman</u> | | | <u>Morgan DeFreese</u> | | | |
| | | 300m | 34.82 | (34.82) | 300m | 32.23 | (32.23) | |
| | | 700m | 1:17.93 | (43.11) | 700m | 1:12.27 | (40.04) | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| | | Name | | Cat | | PB | | Time | Info |
|-----|----|---------------------------|---------------------------|---------|---------------------|---------|---------|----------------|------|
| 105 | yw | 161 | Renske van Winkoop | | DPC | | 1:11.56 | 1:09.43 | PB |
| | bl | 28 | Iris Rietman | | DC2 | | 1:08.17 | 1:06.74 | PB |
| | | Renske van Winkoop | | | Iris Rietman | | | | |
| | | 300m | 31.04 | (31.04) | 300m | 30.89 | (30.89) | | |
| | | 700m | 1:09.43 | (38.39) | 700m | 1:06.74 | (35.85) | | |

| | | Name | | Cat | | PB | | Time | Info |
|-----|----|---------------------|---------------------|---------|---------------------|---------|---------|----------------|------|
| 106 | wt | 8 | Mees Klunder | | HC1 | | 1:04.47 | 1:01.71 | PB |
| | rd | 156 | Joost Smeets | | HC1 | | 1:10.88 | 1:12.64 | |
| | | Mees Klunder | | | Joost Smeets | | | | |
| | | 300m | 28.47 | (28.47) | 300m | 32.23 | (32.23) | | |
| | | 700m | 1:01.71 | (33.24) | 700m | 1:12.64 | (40.41) | | |

| | | Name | | Cat | | PB | | Time | Info |
|-----|----|----------------------|--------------------------|---------|--------------------------|---------|---------|----------------|------|
| 107 | yw | 16 | Chantal Herms | | D45 | | 1:05.31 | 1:08.07 | |
| | bl | 15 | Caspian Alexander | | HPB | | 1:11.16 | 1:11.23 | |
| | | Chantal Herms | | | Caspian Alexander | | | | |
| | | 300m | 31.25 | (31.25) | 300m | 31.51 | (31.51) | | |
| | | 700m | 1:08.07 | (36.82) | 700m | 1:11.23 | (39.72) | | |

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 8:55:33 PM

Print: 1/23/2025 9:53:55 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

10. Result 1500 meter

| Pos | Name | Cat | Pair | Lane | Time Info | Points |
|-----|---------------------------|-----|------|------|-----------|--------|
| 1 | 115 Timon Nieuwenstein | HSB | 110 | I | 2:07.46 | |
| 2 | 163 Koen Bos | HA2 | 111 | O | 2:19.94 | |
| 3 | 50 Arjen Esselink | H55 | 111 | I | 2:22.47 | |
| 4 | 112 Pieter Jan Oosterhoff | H50 | 110 | O | 2:30.76 | |
| 5 | 143 Twan van de Poppe | HPA | 108 | O | 2:31.54 | |
| 6 | 91 Kor van den Hardenberg | H60 | 109 | O | 2:38.09 | |
| 7 | 124 Liam Schroten | HPB | 109 | I | 2:40.78 | |
| | 57 Noortje Kappers | DPB | | | WDR | |

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 9:09:12 PM

Print: 1/23/2025 8:53:55 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

10. Race Result 1500 meter

| | Name | Cat | PB | Time | Info |
|-----|--------|-------------------|-----|------|----------------|
| 108 | wt 57 | Noortje Kappers | DPB | | WDR |
| | rd 143 | Twan van de Poppe | HPA | | 2:31.54 |

Noortje Kappers

Twan van de Poppe

| | | |
|-------|---------|---------|
| 300m | 31.40 | (31.40) |
| 700m | 1:09.80 | (38.40) |
| 1100m | 1:50.19 | (40.39) |
| 1500m | 2:31.54 | (41.35) |

| | Name | Cat | PB | Time | Info |
|-----|--------|------------------------|-----|------|----------------|
| 109 | yw 124 | Liam Schroten | HPB | | 2:40.78 |
| | bl 91 | Kor van den Hardenberg | H60 | | 2:38.09 |

Liam Schroten

Kor van den Hardenberg

| | | | | | |
|-------|---------|---------|-------|---------|---------|
| 300m | 31.59 | (31.59) | 300m | 33.96 | (33.96) |
| 700m | 1:09.87 | (38.28) | 700m | 1:13.46 | (39.50) |
| 1100m | 1:54.45 | (44.58) | 1100m | 1:54.91 | (41.45) |
| 1500m | 2:40.78 | (46.33) | 1500m | 2:38.09 | (43.18) |

| | Name | Cat | PB | Time | Info |
|-----|--------|-----------------------|-----|---------|----------------|
| 110 | wt 115 | Timon Nieuwenstein | HSB | 1:51.19 | 2:07.46 |
| | rd 112 | Pieter Jan Oosterhoff | H50 | 2:21.51 | 2:30.76 |

Timon Nieuwenstein

Pieter Jan Oosterhoff

| | | | | | |
|-------|---------|---------|-------|---------|---------|
| 300m | 27.54 | (27.54) | 300m | 32.39 | (32.39) |
| 700m | 59.58 | (32.04) | 700m | 1:10.64 | (38.25) |
| 1100m | 1:33.17 | (33.59) | 1100m | 1:50.69 | (40.05) |
| 1500m | 2:07.46 | (34.29) | 1500m | 2:30.76 | (40.07) |

| | Name | Cat | PB | Time | Info |
|-----|--------|----------------|-----|---------|----------------|
| 111 | yw 50 | Arjen Esselink | H55 | 2:16.94 | 2:22.47 |
| | bl 163 | Koen Bos | HA2 | 2:17.73 | 2:19.94 |

Arjen Esselink

Koen Bos

| | | | | | |
|-------|---------|---------|-------|---------|---------|
| 300m | 30.96 | (30.96) | 300m | 30.02 | (30.02) |
| 700m | 1:06.57 | (35.61) | 700m | 1:04.75 | (34.73) |
| 1100m | 1:43.54 | (36.97) | 1100m | 1:41.59 | (36.84) |
| 1500m | 2:22.47 | (38.93) | 1500m | 2:19.94 | (38.35) |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

11. Result 10000 meter

| Pos | Name | Cat | Pair | Lane | Time | Info | Points |
|-----|--------------------------|-----|------|------|----------|------|--------|
| 1 | 67 Joris Mulder | HC2 | 113 | I | 16:47.83 | TRC | |
| 2 | 176 Stephan Edelijn | H45 | 112 | I | 17:20.81 | | |
| 3 | 36 Bas Hagen | H50 | 114 | I | 17:46.24 | | |
| 4 | 64 Jan-Willem van Velsen | H50 | 115 | O | 18:06.07 | PB | |
| 5 | 30 Jasmijn Egers | DN4 | 115 | I | 18:25.78 | | |
| 6 | 63 Gerwin Boschloo | H50 | 112 | O | 18:54.01 | PB | |
| | 166 Daniël van Velsen | HA2 | 113 | O | DNF | | |
| | 154 Quinten Meerveld | HN2 | 114 | O | DQ | | |

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 10:04:44 PM

Print: 1/23/2025 8:53:55 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

11. Race Result 10000 meter

| | Name | Cat | PB | Time | Info |
|-----|-------------------------------|------------------|----------|-----------------|------|
| 112 | wt 176 Stephan Edelijn | H45 | | 17:20.81 | |
| | rd 63 Gerwin Boschloo | H50 | 19:41.50 | 18:54.01 | PB |
| | Stephan Edelijn | | | | |
| | 400m | 45.56 (45.56) | | | |
| | 800m | 1:26.71 (41.15) | | | |
| | 1200m | 2:08.92 (42.21) | | | |
| | 1600m | 2:50.01 (41.09) | | | |
| | 2000m | 3:31.49 (41.48) | | | |
| | 2400m | 4:13.14 (41.65) | | | |
| | 2800m | 4:55.36 (42.22) | | | |
| | 3200m | 5:37.89 (42.53) | | | |
| | 3600m | 6:20.68 (42.79) | | | |
| | 4000m | 7:03.12 (42.44) | | | |
| | 4400m | 7:45.69 (42.57) | | | |
| | 4800m | 8:27.86 (42.17) | | | |
| | 5200m | 9:09.66 (41.80) | | | |
| | 5600m | 9:51.43 (41.77) | | | |
| | 6000m | 10:32.42 (40.99) | | | |
| | 6400m | 11:12.84 (40.42) | | | |
| | 6800m | 11:53.70 (40.86) | | | |
| | 7200m | 12:34.24 (40.54) | | | |
| | 7600m | 13:14.86 (40.62) | | | |
| | 8000m | 13:56.24 (41.38) | | | |
| | 8400m | 14:37.45 (41.21) | | | |
| | 8800m | 15:17.86 (40.41) | | | |
| | 9200m | 15:59.08 (41.22) | | | |
| | 9600m | 16:40.15 (41.07) | | | |
| | 10000m | 17:20.81 (40.66) | | | |
| | Gerwin Boschloo | | | | |
| | 400m | 45.22 (45.22) | | | |
| | 800m | 1:28.51 (43.29) | | | |
| | 1200m | 2:12.57 (44.06) | | | |
| | 1600m | 2:57.08 (44.51) | | | |
| | 2000m | 3:41.58 (44.50) | | | |
| | 2400m | 4:26.31 (44.73) | | | |
| | 2800m | 5:10.66 (44.35) | | | |
| | 3200m | 5:54.66 (44.00) | | | |
| | 3600m | 6:39.39 (44.73) | | | |
| | 4000m | 7:24.02 (44.63) | | | |
| | 4400m | 8:08.84 (44.82) | | | |
| | 4800m | 8:53.89 (45.05) | | | |
| | 5200m | 9:39.23 (45.34) | | | |
| | 5600m | 10:24.25 (45.02) | | | |
| | 6000m | 11:09.43 (45.18) | | | |
| | 6400m | 11:54.55 (45.12) | | | |
| | 6800m | 12:39.39 (44.84) | | | |
| | 7200m | 13:24.77 (45.38) | | | |
| | 7600m | 14:11.77 (47.00) | | | |
| | 8000m | 14:58.60 (46.83) | | | |
| | 8400m | 15:45.46 (46.86) | | | |
| | 8800m | 16:32.04 (46.58) | | | |
| | 9200m | 17:19.69 (47.65) | | | |
| | 9600m | 18:06.67 (46.98) | | | |
| | 10000m | 18:54.01 (47.34) | | | |

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| | Name | Cat | PB | Time | Info |
|-----|---------------------------------|-----|----|-----------------|------------|
| 113 | yw 67 Joris Mulder | HC2 | | 16:47.83 | TRC |
| | bl 166 Daniël van Velsen | HA2 | | | DNF |

Joris Mulder

| | | |
|--------|----------|---------|
| 400m | 43.17 | (43.17) |
| 800m | 1:23.65 | (40.48) |
| 1200m | 2:04.59 | (40.94) |
| 1600m | 2:45.30 | (40.71) |
| 2000m | 3:26.34 | (41.04) |
| 2400m | 4:07.51 | (41.17) |
| 2800m | 4:48.49 | (40.98) |
| 3200m | 5:29.66 | (41.17) |
| 3600m | 6:10.38 | (40.72) |
| 4000m | 6:51.17 | (40.79) |
| 4400m | 7:31.63 | (40.46) |
| 4800m | 8:12.20 | (40.57) |
| 5200m | 8:52.02 | (39.82) |
| 5600m | 9:31.44 | (39.42) |
| 6000m | 10:10.23 | (38.79) |
| 6400m | 10:49.34 | (39.11) |
| 6800m | 11:28.57 | (39.23) |
| 7200m | 12:08.16 | (39.59) |
| 7600m | 12:48.16 | (40.00) |
| 8000m | 13:28.05 | (39.89) |
| 8400m | 14:08.03 | (39.98) |
| 8800m | 14:47.75 | (39.72) |
| 9200m | 15:27.48 | (39.73) |
| 9600m | 16:07.29 | (39.81) |
| 10000m | 16:47.83 | (40.54) |

Daniël van Velsen

| | | |
|------|-------|---------|
| 400m | 43.13 | (43.13) |
|------|-------|---------|

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| | | Name | Cat | PB | Time | Info |
|-----|----|-----------------------------|------------------|-------------------------|------------------|------|
| 114 | wt | 36 Bas Hagen | H50 | 17:22.50 | 17:46.24 | |
| | rd | 154 Quinten Meerveld | HN2 | 15:24.67 | DQ | |
| | | Bas Hagen | | Quinten Meerveld | | |
| | | 400m | 44.40 (44.40) | 400m | 38.72 (38.72) | |
| | | 800m | 1:24.18 (39.78) | 800m | 1:14.24 (35.52) | |
| | | 1200m | 2:05.54 (41.36) | 1200m | 1:50.13 (35.89) | |
| | | 1600m | 2:47.61 (42.07) | 1600m | 2:25.50 (35.37) | |
| | | 2000m | 3:30.14 (42.53) | 2000m | 3:01.58 (36.08) | |
| | | 2400m | 4:12.87 (42.73) | 2400m | 3:38.40 (36.82) | |
| | | 2800m | 4:55.05 (42.18) | 2800m | 4:15.39 (36.99) | |
| | | 3200m | 5:37.18 (42.13) | 3200m | 4:52.59 (37.20) | |
| | | 3600m | 6:20.19 (43.01) | 3600m | 5:30.27 (37.68) | |
| | | 4000m | 7:03.10 (42.91) | 4000m | 6:09.21 (38.94) | |
| | | 4400m | 7:46.12 (43.02) | 4400m | 6:48.86 (39.65) | |
| | | 4800m | 8:29.26 (43.14) | 4800m | 7:28.14 (39.28) | |
| | | 5200m | 9:12.17 (42.91) | 5200m | 8:07.64 (39.50) | |
| | | 5600m | 9:55.41 (43.24) | 5600m | 8:46.31 (38.67) | |
| | | 6000m | 10:38.66 (43.25) | 6000m | 9:25.12 (38.81) | |
| | | 6400m | 11:21.83 (43.17) | 6400m | 10:03.49 (38.37) | |
| | | 6800m | 12:04.52 (42.69) | 6800m | 10:42.31 (38.82) | |
| | | 7200m | 12:47.91 (43.39) | 7200m | 11:21.18 (38.87) | |
| | | 7600m | 13:30.89 (42.98) | 7600m | 12:00.77 (39.59) | |
| | | 8000m | 14:14.58 (43.69) | 8000m | 12:40.51 (39.74) | |
| | | 8400m | 14:58.08 (43.50) | 8400m | 13:20.51 (40.00) | |
| | | 8800m | 15:40.69 (42.61) | 8800m | 14:00.07 (39.56) | |
| | | 9200m | 16:23.47 (42.78) | 9200m | 14:39.47 (39.40) | |
| | | 9600m | 17:05.61 (42.14) | 9600m | 15:16.92 (37.45) | |
| | | 10000m | 17:46.24 (40.63) | 10000m | 15:56.55 (39.63) | |

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 10:04:44 PM

Print: 1/23/2025 9:53:55 PM

Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

| | Name | Cat | PB | Time | Info |
|-----|------------------------------------|-----|----------|-----------------|------|
| 115 | yw 30 Jasmijn Egers | DN4 | 18:14.45 | 18:25.78 | |
| | bl 64 Jan-Willem van Velsen | H50 | 18:13.32 | 18:06.07 | PB |

Jasmijn Egers

| | | |
|--------|----------|---------|
| 400m | 44.68 | (44.68) |
| 800m | 1:25.20 | (40.52) |
| 1200m | 2:07.07 | (41.87) |
| 1600m | 2:48.73 | (41.66) |
| 2000m | 3:31.16 | (42.43) |
| 2400m | 4:14.06 | (42.90) |
| 2800m | 4:57.45 | (43.39) |
| 3200m | 5:41.95 | (44.50) |
| 3600m | 6:25.96 | (44.01) |
| 4000m | 7:10.43 | (44.47) |
| 4400m | 7:55.57 | (45.14) |
| 4800m | 8:40.39 | (44.82) |
| 5200m | 9:25.37 | (44.98) |
| 5600m | 10:10.44 | (45.07) |
| 6000m | 10:55.57 | (45.13) |
| 6400m | 11:40.66 | (45.09) |
| 6800m | 12:25.48 | (44.82) |
| 7200m | 13:10.24 | (44.76) |
| 7600m | 13:55.19 | (44.95) |
| 8000m | 14:39.79 | (44.60) |
| 8400m | 15:25.59 | (45.80) |
| 8800m | 16:10.98 | (45.39) |
| 9200m | 16:56.51 | (45.53) |
| 9600m | 17:41.67 | (45.16) |
| 10000m | 18:25.78 | (44.11) |

Jan-Willem van Velsen

| | | |
|--------|----------|---------|
| 400m | 42.51 | (42.51) |
| 800m | 1:21.15 | (38.64) |
| 1200m | 2:01.95 | (40.80) |
| 1600m | 2:43.60 | (41.65) |
| 2000m | 3:24.65 | (41.05) |
| 2400m | 4:06.49 | (41.84) |
| 2800m | 4:48.74 | (42.25) |
| 3200m | 5:31.69 | (42.95) |
| 3600m | 6:14.60 | (42.91) |
| 4000m | 6:58.15 | (43.55) |
| 4400m | 7:42.11 | (43.96) |
| 4800m | 8:26.67 | (44.56) |
| 5200m | 9:10.65 | (43.98) |
| 5600m | 9:54.68 | (44.03) |
| 6000m | 10:39.33 | (44.65) |
| 6400m | 11:24.26 | (44.93) |
| 6800m | 12:09.16 | (44.90) |
| 7200m | 12:54.36 | (45.20) |
| 7600m | 13:40.24 | (45.88) |
| 8000m | 14:25.61 | (45.37) |
| 8400m | 15:11.18 | (45.57) |
| 8800m | 15:56.77 | (45.59) |
| 9200m | 16:41.40 | (44.63) |
| 9600m | 17:24.16 | (42.76) |
| 10000m | 18:06.07 | (41.91) |