

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 1. Result 300 meter 1e

| Pos | Name                              | Cat | Pair | Lane | Time         | Info | Points |
|-----|-----------------------------------|-----|------|------|--------------|------|--------|
| 1   | 32 <b>Lenneke Groot Koerkamp</b>  | DB2 | 8    | I    | <b>29.41</b> | PB   |        |
| 2   | 144 <b>Lars Bruins</b>            | HC1 | 8    | O    | <b>32.24</b> | PB   |        |
| 3   | 120 <b>Sil Wisselink</b>          | HC2 | 7    | O    | <b>32.79</b> | PB   |        |
| 4   | 151 <b>Minke Nijenhuis</b>        | DPB | 5    | I    | <b>35.86</b> | PB   |        |
| 5   | 168 <b>Eva Mezzo</b>              | DPC | 7    | I    | <b>36.33</b> |      |        |
| 6   | 129 <b>Myrthe Cents</b>           | DPD | 6    | O    | <b>37.12</b> | PB   |        |
| 7   | 164 <b>Simon de Olde</b>          | HPE | 5    | O    | <b>37.50</b> | PB   |        |
| 8   | 141 <b>Feline van de Brandhof</b> | DPB | 3    | I    | <b>37.75</b> | PB   |        |
|     | 128 <b>Viene Veltman</b>          | DC2 | 2    | I    | <b>37.75</b> |      |        |
| 10  | 125 <b>Jasmijn Smit</b>           | DPD | 6    | I    | <b>38.16</b> |      |        |
| 11  | 116 <b>Kim Versteeg</b>           | DPB | 4    | O    | <b>38.40</b> |      |        |
| 12  | 102 <b>Pien Evers</b>             | DPD | 3    | O    | <b>38.48</b> | PB   |        |
| 13  | 165 <b>Jill Isfordink</b>         | DPD | 2    | O    | <b>40.32</b> | PB   |        |
| 14  | 140 <b>Coosje Sinke</b>           | DPB | 4    | I    | <b>41.78</b> |      |        |
| 15  | 131 <b>Niek Wijtten</b>           | HPC | 1    | I    | <b>43.60</b> |      |        |
| 16  | 75 <b>Julian Tuitert</b>          | HPD | 1    | O    | <b>49.06</b> |      |        |

Referee:

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# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 1. Race Result 300 meter 1e

|   |    | Name                |                       | Cat     |                       | PB    | Time    | Info         |
|---|----|---------------------|-----------------------|---------|-----------------------|-------|---------|--------------|
| 1 | wt | 131                 | <b>Niek Wijtten</b>   |         | HPC                   |       | 42.72   | <b>43.60</b> |
|   | rd | 75                  | <b>Julian Tuitert</b> |         | HPD                   |       | 45.20   | <b>49.06</b> |
|   |    | <u>Niek Wijtten</u> |                       |         | <u>Julian Tuitert</u> |       |         |              |
|   |    | 300m                | 43.60                 | (43.60) | 300m                  | 49.06 | (49.06) |              |

|   |    | Name                 |                       | Cat     |                       | PB    | Time    | Info            |
|---|----|----------------------|-----------------------|---------|-----------------------|-------|---------|-----------------|
| 2 | yw | 128                  | <b>Viene Veltman</b>  |         | DC2                   |       |         | <b>37.75</b>    |
|   | bl | 165                  | <b>Jill Isfordink</b> |         | DPD                   | 42.11 |         | <b>40.32</b> PB |
|   |    | <u>Viene Veltman</u> |                       |         | <u>Jill Isfordink</u> |       |         |                 |
|   |    | 300m                 | 37.75                 | (37.75) | 300m                  | 40.32 | (40.32) |                 |

|   |    | Name                          |                               | Cat     |                   | PB    | Time    | Info            |
|---|----|-------------------------------|-------------------------------|---------|-------------------|-------|---------|-----------------|
| 3 | wt | 141                           | <b>Feline van de Brandhof</b> |         | DPB               | 38.65 |         | <b>37.75</b> PB |
|   | rd | 102                           | <b>Pien Evers</b>             |         | DPD               | 40.04 |         | <b>38.48</b> PB |
|   |    | <u>Feline van de Brandhof</u> |                               |         | <u>Pien Evers</u> |       |         |                 |
|   |    | 300m                          | 37.75                         | (37.75) | 300m              | 38.48 | (38.48) |                 |

|   |    | Name                |                     | Cat     |                     | PB    | Time    | Info         |
|---|----|---------------------|---------------------|---------|---------------------|-------|---------|--------------|
| 4 | yw | 140                 | <b>Coosje Sinke</b> |         | DPB                 | 40.78 |         | <b>41.78</b> |
|   | bl | 116                 | <b>Kim Versteeg</b> |         | DPB                 | 37.41 |         | <b>38.40</b> |
|   |    | <u>Coosje Sinke</u> |                     |         | <u>Kim Versteeg</u> |       |         |              |
|   |    | 300m                | 41.78               | (41.78) | 300m                | 38.40 | (38.40) |              |

|   |    | Name                   |                        | Cat     |                      | PB    | Time    | Info            |
|---|----|------------------------|------------------------|---------|----------------------|-------|---------|-----------------|
| 5 | wt | 151                    | <b>Minke Nijenhuis</b> |         | DPB                  | 36.59 |         | <b>35.86</b> PB |
|   | rd | 164                    | <b>Simon de Olde</b>   |         | HPE                  | 37.85 |         | <b>37.50</b> PB |
|   |    | <u>Minke Nijenhuis</u> |                        |         | <u>Simon de Olde</u> |       |         |                 |
|   |    | 300m                   | 35.86                  | (35.86) | 300m                 | 37.50 | (37.50) |                 |

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|   |    | Name                    | Cat | PB                 | Time                | Info |
|---|----|-------------------------|-----|--------------------|---------------------|------|
| 6 | yw | 125 <b>Jasmijn Smit</b> | DPD | 37.32              | <b>38.16</b>        |      |
|   | bl | 129 <b>Myrthe Cents</b> | DPD | 37.70              | <b>37.12</b>        | PB   |
|   |    | <u>Jasmijn Smit</u>     |     |                    | <u>Myrthe Cents</u> |      |
|   |    | 300m 38.16 (38.16)      |     | 300m 37.12 (37.12) |                     |      |

|   |    | Name                     | Cat | PB                 | Time                 | Info |
|---|----|--------------------------|-----|--------------------|----------------------|------|
| 7 | wt | 168 <b>Eva Mezzo</b>     | DPC | 35.06              | <b>36.33</b>         |      |
|   | rd | 120 <b>Sil Wisselink</b> | HC2 | 33.64              | <b>32.79</b>         | PB   |
|   |    | <u>Eva Mezzo</u>         |     |                    | <u>Sil Wisselink</u> |      |
|   |    | 300m 36.33 (36.33)       |     | 300m 32.79 (32.79) |                      |      |

|   |    | Name                             | Cat | PB                 | Time               | Info |
|---|----|----------------------------------|-----|--------------------|--------------------|------|
| 8 | yw | 32 <b>Lenneke Groot Koerkamp</b> | DB2 | 29.43              | <b>29.41</b>       | PB   |
|   | bl | 144 <b>Lars Bruins</b>           | HC1 | 34.72              | <b>32.24</b>       | PB   |
|   |    | <u>Lenneke Groot Koerkamp</u>    |     |                    | <u>Lars Bruins</u> |      |
|   |    | 300m 29.41 (29.41)               |     | 300m 32.24 (32.24) |                    |      |

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 2. Result 300 meter

| Pos | Name                    | Cat | Pair | Lane | Time  | Info | Points |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1   | 37 Lesley Bartelds      | HA1 | 33   | I    | 27.52 | PB   |        |
| 2   | 83 Beau Kappers         | HB1 | 34   | I    | 27.58 | PB   |        |
| 3   | 42 Erik Jeurig          | H40 | 34   | O    | 27.72 |      |        |
| 4   | 98 Evy van Zoest        | DB1 | 32   | O    | 29.14 |      |        |
| 5   | 119 Huub Smeets         | HB1 | 32   | I    | 29.87 | PB   |        |
| 6   | 46 Elena Ruijtenberg    | DC1 | 31   | I    | 30.35 |      |        |
| 7   | 69 Wietske Bannink      | DSB | 33   | O    | 30.77 |      |        |
| 8   | 55 Bas Ellenbroek       | HPA | 30   | I    | 30.86 | PB   |        |
| 9   | 66 Dalanda Jalloh       | DB1 | 30   | O    | 31.42 |      |        |
| 10  | 7 Diede Salomons        | DPA | 29   | I    | 31.73 |      |        |
| 11  | 60 Megan Bootsveld      | DN2 | 31   | O    | 31.96 |      |        |
| 12  | 34 Marlin Schouwstra    | DB1 | 29   | O    | 32.14 |      |        |
| 13  | 17 Herre Mak            | HPA | 28   | O    | 32.25 | PB   |        |
| 14  | 13 Just Klunder         | HPB | 27   | I    | 32.73 |      |        |
| 15  | 74 Joëlle van Drimmelen | DPC | 28   | I    | 33.67 | PB   |        |
| 16  | 19 Noor Klunder         | DPC | 25   | I    | 33.70 |      |        |
| 17  | 56 Yvonne van den Berg  | DPA | 24   | O    | 33.86 | PB   |        |
| 18  | 54 Roan Varenbrink      | HPC | 27   | O    | 34.27 |      |        |
| 19  | 93 Luuk Groothuis       | HPC | 26   | I    | 34.31 | PB   |        |
|     | 72 Silke van den Bos    | DPA | 23   | O    | 34.31 |      |        |
| 21  | 94 Ties Groothuis       | HPD | 24   | I    | 34.36 | PB   |        |
|     | 11 Olle Klunder         | HPE | 26   | O    | 34.36 |      |        |
| 23  | 44 Liam Makkinga        | HPE | 23   | I    | 35.22 |      |        |
| 24  | 136 Jill Krikken        | DPD | 25   | O    | 35.27 |      |        |
| 25  | 118 Naomi Potjes        | DPC | 22   | I    | 35.81 |      |        |
| 26  | 150 Alexander Warmink   | HPA | 19   | I    | 36.22 |      |        |
| 27  | 27 Suze Kleinsman       | DPB | 19   | O    | 36.97 | PB   |        |
| 28  | 25 Lauren Wolters       | DPD | 21   | O    | 37.13 |      |        |
| 29  | 109 Danique Stout       | DPC | 22   | O    | 37.15 |      |        |
| 30  | 18 Elin Mak             | DPE | 20   | I    | 37.44 |      |        |
| 31  | 20 Blom Ooijman         | DPA | 20   | O    | 37.74 |      |        |
| 32  | 76 Eline Tuitert        | DPC | 21   | I    | 38.65 |      |        |
| 33  | 130 Evelien Abbink      | DPA | 9    | O    | 39.03 |      |        |
| 34  | 99 Samuel Jagtenberg    | HPC | 18   | I    | 39.42 | PB   |        |
| 35  | 45 Yara Makkinga        | DPB | 15   | I    | 40.12 |      |        |
| 36  | 134 Bastian Klomp       | HPD | 17   | O    | 40.25 |      |        |
| 37  | 122 Judith de Jong      | DPC | 18   | O    | 40.63 |      |        |
| 38  | 159 Vajèn Kerkmeijer    | DPD | 17   | I    | 40.69 |      |        |

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7 March 2023

| Pos | Name                   | Cat | Pair | Lane | Time  | Info | Points |
|-----|------------------------|-----|------|------|-------|------|--------|
| 39  | 85 Esmee Noordman      | DPF | 15   | O    | 41.23 | PB   |        |
| 40  | 170 Fajah Lugtenberg   | DPE | 13   | I    | 41.54 | PB   |        |
| 41  | 135 Yinthe de Jong     | DPC | 16   | O    | 42.06 | PB   |        |
| 42  | 127 Aline Veltman      | DPA | 14   | I    | 42.69 | PB   |        |
| 43  | 87 Vayèn van der Weerd | DPE | 16   | I    | 42.87 |      |        |
| 44  | 39 Milou Ruijtenberg   | DPE | 13   | O    | 43.51 | PB   |        |
| 45  | 126 Eeske Veltman      | DPD | 12   | I    | 44.25 |      |        |
| 46  | 149 Thijmen Warmink    | HPC | 14   | O    | 44.44 |      |        |
| 47  | 171 Roos Bak           | DPF | 10   | I    | 44.45 |      |        |
| 48  | 100 Hanne Jagtenberg   | DPE | 9    | I    | 45.23 | PB   |        |
| 49  | 48 Lotte van Duinen    | DPE | 11   | I    | 45.41 | PB   |        |
| 50  | 123 Arwen Bezembinder  | DPB | 12   | O    | 47.48 | PB   |        |
| 51  | 148 Ruben Warmink      | HPE | 11   | O    | 47.97 | PB   |        |
| 52  | 14 Faas Klunder        | HPE | 10   | O    | 54.41 |      |        |

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Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 2. Race Result 300 meter

|   |    | Name                    |                         | Cat     |                       | PB    | Time         | Info |
|---|----|-------------------------|-------------------------|---------|-----------------------|-------|--------------|------|
| 9 | wt | 100                     | <b>Hanne Jagtenberg</b> |         | DPE                   | 51.89 | <b>45.23</b> | PB   |
|   | rd | 130                     | <b>Evelien Abbink</b>   |         | DPA                   |       | <b>39.03</b> |      |
|   |    | <u>Hanne Jagtenberg</u> |                         |         | <u>Evelien Abbink</u> |       |              |      |
|   |    | 300m                    | 45.23                   | (45.23) | 300m                  | 39.03 | (39.03)      |      |

|    |    | Name            |                     | Cat     |                     | PB    | Time         | Info |
|----|----|-----------------|---------------------|---------|---------------------|-------|--------------|------|
| 10 | yw | 171             | <b>Roos Bak</b>     |         | DPF                 |       | <b>44.45</b> |      |
|    | bl | 14              | <b>Faas Klunder</b> |         | HPE                 | 53.10 | <b>54.41</b> |      |
|    |    | <u>Roos Bak</u> |                     |         | <u>Faas Klunder</u> |       |              |      |
|    |    | 300m            | 44.45               | (44.45) | 300m                | 54.41 | (54.41)      |      |

|    |    | Name                    |                         | Cat     |                      | PB    | Time         | Info |
|----|----|-------------------------|-------------------------|---------|----------------------|-------|--------------|------|
| 11 | wt | 48                      | <b>Lotte van Duinen</b> |         | DPE                  | 46.75 | <b>45.41</b> | PB   |
|    | rd | 148                     | <b>Ruben Warmink</b>    |         | HPE                  | 48.27 | <b>47.97</b> | PB   |
|    |    | <u>Lotte van Duinen</u> |                         |         | <u>Ruben Warmink</u> |       |              |      |
|    |    | 300m                    | 45.41                   | (45.41) | 300m                 | 47.97 | (47.97)      |      |

|    |    | Name                 |                          | Cat     |                          | PB    | Time         | Info |
|----|----|----------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 12 | yw | 126                  | <b>Eeske Veltman</b>     |         | DPD                      | 44.16 | <b>44.25</b> |      |
|    | bl | 123                  | <b>Arwen Bezembinder</b> |         | DPB                      | 50.34 | <b>47.48</b> | PB   |
|    |    | <u>Eeske Veltman</u> |                          |         | <u>Arwen Bezembinder</u> |       |              |      |
|    |    | 300m                 | 44.25                    | (44.25) | 300m                     | 47.48 | (47.48)      |      |

|    |    | Name                    |                          | Cat     |                          | PB    | Time         | Info |
|----|----|-------------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 13 | wt | 170                     | <b>Fajah Lugtenberg</b>  |         | DPE                      | 41.94 | <b>41.54</b> | PB   |
|    | rd | 39                      | <b>Milou Ruijtenberg</b> |         | DPE                      | 44.10 | <b>43.51</b> | PB   |
|    |    | <u>Fajah Lugtenberg</u> |                          |         | <u>Milou Ruijtenberg</u> |       |              |      |
|    |    | 300m                    | 41.54                    | (41.54) | 300m                     | 43.51 | (43.51)      |      |

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|       |    | Name                          | Cat | PB                 | Time                   | Info |
|-------|----|-------------------------------|-----|--------------------|------------------------|------|
| 14    | yw | 127 <b>Aline Veltman</b>      | DPA | 43.70              | <b>42.69</b>           | PB   |
|       | bl | 149 <b>Thijmen Warmink</b>    | HPC | 43.15              | <b>44.44</b>           |      |
|       |    | <u>Aline Veltman</u>          |     |                    | <u>Thijmen Warmink</u> |      |
|       |    | 300m 42.69 (42.69)            |     | 300m 44.44 (44.44) |                        |      |
| <hr/> |    |                               |     |                    |                        |      |
|       |    | Name                          | Cat | PB                 | Time                   | Info |
| 15    | wt | 45 <b>Yara Makkinga</b>       | DPB | 39.28              | <b>40.12</b>           |      |
|       | rd | 85 <b>Esmee Noordman</b>      | DPF | 41.80              | <b>41.23</b>           | PB   |
|       |    | <u>Yara Makkinga</u>          |     |                    | <u>Esmee Noordman</u>  |      |
|       |    | 300m 40.12 (40.12)            |     | 300m 41.23 (41.23) |                        |      |
| <hr/> |    |                               |     |                    |                        |      |
|       |    | Name                          | Cat | PB                 | Time                   | Info |
| 16    | yw | 87 <b>Vayèn van der Weerd</b> | DPE | 41.56              | <b>42.87</b>           |      |
|       | bl | 135 <b>Yinthe de Jong</b>     | DPC | 42.52              | <b>42.06</b>           | PB   |
|       |    | <u>Vayèn van der Weerd</u>    |     |                    | <u>Yinthe de Jong</u>  |      |
|       |    | 300m 42.87 (42.87)            |     | 300m 42.06 (42.06) |                        |      |
| <hr/> |    |                               |     |                    |                        |      |
|       |    | Name                          | Cat | PB                 | Time                   | Info |
| 17    | wt | 159 <b>Vajèn Kerkmeijer</b>   | DPD | 40.33              | <b>40.69</b>           |      |
|       | rd | 134 <b>Bastian Klomp</b>      | HPD | 38.62              | <b>40.25</b>           |      |
|       |    | <u>Vajèn Kerkmeijer</u>       |     |                    | <u>Bastian Klomp</u>   |      |
|       |    | 300m 40.69 (40.69)            |     | 300m 40.25 (40.25) |                        |      |
| <hr/> |    |                               |     |                    |                        |      |
|       |    | Name                          | Cat | PB                 | Time                   | Info |
| 18    | yw | 99 <b>Samuel Jagtenberg</b>   | HPC | 41.42              | <b>39.42</b>           | PB   |
|       | bl | 122 <b>Judith de Jong</b>     | DPC | 37.87              | <b>40.63</b>           |      |
|       |    | <u>Samuel Jagtenberg</u>      |     |                    | <u>Judith de Jong</u>  |      |
|       |    | 300m 39.42 (39.42)            |     | 300m 40.63 (40.63) |                        |      |
| <hr/> |    |                               |     |                    |                        |      |
|       |    | Name                          | Cat | PB                 | Time                   | Info |
| 19    | wt | 150 <b>Alexander Warmink</b>  | HPA | 36.18              | <b>36.22</b>           |      |
|       | rd | 27 <b>Suze Kleinsman</b>      | DPB | 37.77              | <b>36.97</b>           | PB   |
|       |    | <u>Alexander Warmink</u>      |     |                    | <u>Suze Kleinsman</u>  |      |
|       |    | 300m 36.22 (36.22)            |     | 300m 36.97 (36.97) |                        |      |

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|-------|----|-------------------------------|-----|----------------------------|--------------|------|
| 20    | yw | 18 <b>Elin Mak</b>            | DPE | 37.24                      | <b>37.44</b> |      |
|       | bl | 20 <b>Blom Ooijman</b>        | DPA | 36.64                      | <b>37.74</b> |      |
|       |    | <u>Elin Mak</u>               |     | <u>Blom Ooijman</u>        |              |      |
|       |    | 300m 37.44 (37.44)            |     | 300m 37.74 (37.74)         |              |      |
| <hr/> |    |                               |     |                            |              |      |
|       |    | Name                          | Cat | PB                         | Time         | Info |
| 21    | wt | 76 <b>Eline Tuitert</b>       | DPC | 36.40                      | <b>38.65</b> |      |
|       | rd | 25 <b>Lauren Wolters</b>      | DPD | 36.18                      | <b>37.13</b> |      |
|       |    | <u>Eline Tuitert</u>          |     | <u>Lauren Wolters</u>      |              |      |
|       |    | 300m 38.65 (38.65)            |     | 300m 37.13 (37.13)         |              |      |
| <hr/> |    |                               |     |                            |              |      |
|       |    | Name                          | Cat | PB                         | Time         | Info |
| 22    | yw | 118 <b>Naomi Potjes</b>       | DPC | 35.63                      | <b>35.81</b> |      |
|       | bl | 109 <b>Danique Stout</b>      | DPC | 35.89                      | <b>37.15</b> |      |
|       |    | <u>Naomi Potjes</u>           |     | <u>Danique Stout</u>       |              |      |
|       |    | 300m 35.81 (35.81)            |     | 300m 37.15 (37.15)         |              |      |
| <hr/> |    |                               |     |                            |              |      |
|       |    | Name                          | Cat | PB                         | Time         | Info |
| 23    | wt | 44 <b>Liam Makkinga</b>       | HPE | 34.51                      | <b>35.22</b> |      |
|       | rd | 72 <b>Silke van den Bos</b>   | DPA | 33.76                      | <b>34.31</b> |      |
|       |    | <u>Liam Makkinga</u>          |     | <u>Silke van den Bos</u>   |              |      |
|       |    | 300m 35.22 (35.22)            |     | 300m 34.31 (34.31)         |              |      |
| <hr/> |    |                               |     |                            |              |      |
|       |    | Name                          | Cat | PB                         | Time         | Info |
| 24    | yw | 94 <b>Ties Groothuis</b>      | HPD | 35.66                      | <b>34.36</b> | PB   |
|       | bl | 56 <b>Yvonne van den Berg</b> | DPA | 35.37                      | <b>33.86</b> | PB   |
|       |    | <u>Ties Groothuis</u>         |     | <u>Yvonne van den Berg</u> |              |      |
|       |    | 300m 34.36 (34.36)            |     | 300m 33.86 (33.86)         |              |      |
| <hr/> |    |                               |     |                            |              |      |
|       |    | Name                          | Cat | PB                         | Time         | Info |
| 25    | wt | 19 <b>Noor Klunder</b>        | DPC | 33.28                      | <b>33.70</b> |      |
|       | rd | 136 <b>Jill Krikken</b>       | DPD | 34.21                      | <b>35.27</b> |      |
|       |    | <u>Noor Klunder</u>           |     | <u>Jill Krikken</u>        |              |      |
|       |    | 300m 33.70 (33.70)            |     | 300m 35.27 (35.27)         |              |      |



# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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|       |    | Name                           | Cat | PB                 | Time                     | Info |
|-------|----|--------------------------------|-----|--------------------|--------------------------|------|
| 26    | yw | 93 <b>Luuk Groothuis</b>       | HPC | 34.48              | <b>34.31</b>             | PB   |
|       | bl | 11 <b>Olle Klunder</b>         | HPE | 34.27              | <b>34.36</b>             |      |
|       |    | <u>Luuk Groothuis</u>          |     |                    | <u>Olle Klunder</u>      |      |
|       |    | 300m 34.31 (34.31)             |     | 300m 34.36 (34.36) |                          |      |
| <hr/> |    |                                |     |                    |                          |      |
|       |    | Name                           | Cat | PB                 | Time                     | Info |
| 27    | wt | 13 <b>Just Klunder</b>         | HPB | 32.53              | <b>32.73</b>             |      |
|       | rd | 54 <b>Roan Varenbrink</b>      | HPC | 33.97              | <b>34.27</b>             |      |
|       |    | <u>Just Klunder</u>            |     |                    | <u>Roan Varenbrink</u>   |      |
|       |    | 300m 32.73 (32.73)             |     | 300m 34.27 (34.27) |                          |      |
| <hr/> |    |                                |     |                    |                          |      |
|       |    | Name                           | Cat | PB                 | Time                     | Info |
| 28    | yw | 74 <b>Joëlle van Drimmelen</b> | DPC | 34.10              | <b>33.67</b>             | PB   |
|       | bl | 17 <b>Herre Mak</b>            | HPA | 32.27              | <b>32.25</b>             | PB   |
|       |    | <u>Joëlle van Drimmelen</u>    |     |                    | <u>Herre Mak</u>         |      |
|       |    | 300m 33.67 (33.67)             |     | 300m 32.25 (32.25) |                          |      |
| <hr/> |    |                                |     |                    |                          |      |
|       |    | Name                           | Cat | PB                 | Time                     | Info |
| 29    | wt | 7 <b>Diede Salomons</b>        | DPA | 31.47              | <b>31.73</b>             |      |
|       | rd | 34 <b>Marlin Schouwstra</b>    | DB1 | 31.79              | <b>32.14</b>             |      |
|       |    | <u>Diede Salomons</u>          |     |                    | <u>Marlin Schouwstra</u> |      |
|       |    | 300m 31.73 (31.73)             |     | 300m 32.14 (32.14) |                          |      |
| <hr/> |    |                                |     |                    |                          |      |
|       |    | Name                           | Cat | PB                 | Time                     | Info |
| 30    | yw | 55 <b>Bas Ellenbroek</b>       | HPA | 31.65              | <b>30.86</b>             | PB   |
|       | bl | 66 <b>Dalanda Jalloh</b>       | DB1 | 30.49              | <b>31.42</b>             |      |
|       |    | <u>Bas Ellenbroek</u>          |     |                    | <u>Dalanda Jalloh</u>    |      |
|       |    | 300m 30.86 (30.86)             |     | 300m 31.42 (31.42) |                          |      |
| <hr/> |    |                                |     |                    |                          |      |
|       |    | Name                           | Cat | PB                 | Time                     | Info |
| 31    | wt | 46 <b>Elena Ruijtenberg</b>    | DC1 | 29.94              | <b>30.35</b>             |      |
|       | rd | 60 <b>Megan Bootsveld</b>      | DN2 | 30.80              | <b>31.96</b>             |      |
|       |    | <u>Elena Ruijtenberg</u>       |     |                    | <u>Megan Bootsveld</u>   |      |
|       |    | 300m 30.35 (30.35)             |     | 300m 31.96 (31.96) |                          |      |

# Recordwedstrijd dinsdag

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|    |    | Name                    | Cat   | PB      | Time         | Info |
|----|----|-------------------------|-------|---------|--------------|------|
| 32 | yw | 119 <b>Huub Smeets</b>  | HB1   | 30.79   | <b>29.87</b> | PB   |
|    | bl | 98 <b>Evy van Zoest</b> | DB1   | 28.87   | <b>29.14</b> |      |
|    |    | <b>Huub Smeets</b>      |       |         |              |      |
|    |    | 300m                    | 29.87 | (29.87) |              |      |
|    |    | <b>Evy van Zoest</b>    |       |         |              |      |
|    |    | 300m                    | 29.14 | (29.14) |              |      |

|    |    | Name                      | Cat   | PB      | Time         | Info |
|----|----|---------------------------|-------|---------|--------------|------|
| 33 | wt | 37 <b>Lesley Bartelds</b> | HA1   | 27.99   | <b>27.52</b> | PB   |
|    | rd | 69 <b>Wietske Bannink</b> | DSB   | 28.09   | <b>30.77</b> |      |
|    |    | <b>Lesley Bartelds</b>    |       |         |              |      |
|    |    | 300m                      | 27.52 | (27.52) |              |      |
|    |    | <b>Wietske Bannink</b>    |       |         |              |      |
|    |    | 300m                      | 30.77 | (30.77) |              |      |

|    |    | Name                   | Cat   | PB      | Time         | Info |
|----|----|------------------------|-------|---------|--------------|------|
| 34 | yw | 83 <b>Beau Kappers</b> | HB1   | 28.18   | <b>27.58</b> | PB   |
|    | bl | 42 <b>Erik Jeuring</b> | H40   | 27.12   | <b>27.72</b> |      |
|    |    | <b>Beau Kappers</b>    |       |         |              |      |
|    |    | 300m                   | 27.58 | (27.58) |              |      |
|    |    | <b>Erik Jeuring</b>    |       |         |              |      |
|    |    | 300m                   | 27.72 | (27.72) |              |      |

# Recordwedstrijd dinsdag

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## 3. Result 300 meter 2e

| Pos | Name                       | Cat | Pair | Lane | Time  | Info | Points |
|-----|----------------------------|-----|------|------|-------|------|--------|
| 1   | 144 Lars Bruins            | HC1 | 42   | I    | 32.30 |      |        |
| 2   | 120 Sil Wisselink          | HC2 | 41   | I    | 33.51 |      |        |
| 3   | 151 Minke Nijenhuis        | DPB | 39   | O    | 37.05 |      |        |
| 4   | 168 Eva Mezzo              | DPC | 41   | O    | 37.17 |      |        |
| 5   | 164 Simon de Olde          | HPE | 39   | I    | 37.35 | PB   |        |
| 6   | 128 Viene Veltman          | DC2 | 36   | O    | 37.37 |      |        |
| 7   | 125 Jasmijn Smit           | DPD | 40   | O    | 38.68 |      |        |
| 8   | 116 Kim Versteeg           | DPB | 38   | I    | 39.26 |      |        |
| 9   | 141 Feline van de Brandhof | DPB | 37   | O    | 39.64 |      |        |
| 10  | 165 Jill Isfordink         | DPD | 36   | I    | 40.84 |      |        |
| 11  | 32 Lenneke Groot Koerkamp  | DB2 | 42   | O    | 41.56 | FL   |        |
| 12  | 140 Coosje Sinke           | DPB | 38   | O    | 42.42 |      |        |
| 13  | 129 Myrthe Cents           | DPD | 40   | I    | 43.69 | FL   |        |
| 14  | 131 Niek Wijtten           | HPC | 35   | O    | 44.07 |      |        |
| 15  | 75 Julian Tuitert          | HPD | 35   | I    | 48.17 |      |        |
| 16  | 102 Pien Evers             | DPD | 37   | I    | 49.37 |      |        |

Referee:

Assistant:

Starter:

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Sport- en Recreatiecentrum de Scheg - Deventer

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## 3. Race Result 300 meter 2e

|    |    | Name                  |                       | Cat     |     | PB                  |       | Time         | Info |
|----|----|-----------------------|-----------------------|---------|-----|---------------------|-------|--------------|------|
| 35 | wt | 75                    | <b>Julian Tuitert</b> |         | HPD | 45.20               |       | <b>48.17</b> |      |
|    | rd | 131                   | <b>Niek Wijtten</b>   |         | HPC | 42.72               |       | <b>44.07</b> |      |
|    |    | <u>Julian Tuitert</u> |                       |         |     | <u>Niek Wijtten</u> |       |              |      |
|    |    | 300m                  | 48.17                 | (48.17) |     | 300m                | 44.07 | (44.07)      |      |

|    |    | Name                  |                       | Cat     |     | PB                   |       | Time         | Info |
|----|----|-----------------------|-----------------------|---------|-----|----------------------|-------|--------------|------|
| 36 | yw | 165                   | <b>Jill Isfordink</b> |         | DPD | 42.11                |       | <b>40.84</b> |      |
|    | bl | 128                   | <b>Viene Veltman</b>  |         | DC2 |                      |       | <b>37.37</b> |      |
|    |    | <u>Jill Isfordink</u> |                       |         |     | <u>Viene Veltman</u> |       |              |      |
|    |    | 300m                  | 40.84                 | (40.84) |     | 300m                 | 37.37 | (37.37)      |      |

|    |    | Name              |                               | Cat     |     | PB                            |       | Time         | Info |
|----|----|-------------------|-------------------------------|---------|-----|-------------------------------|-------|--------------|------|
| 37 | wt | 102               | <b>Pien Evers</b>             |         | DPD | 40.04                         |       | <b>49.37</b> |      |
|    | rd | 141               | <b>Feline van de Brandhof</b> |         | DPB | 38.65                         |       | <b>39.64</b> |      |
|    |    | <u>Pien Evers</u> |                               |         |     | <u>Feline van de Brandhof</u> |       |              |      |
|    |    | 300m              | 49.37                         | (49.37) |     | 300m                          | 39.64 | (39.64)      |      |

|    |    | Name                |                     | Cat     |     | PB                  |       | Time         | Info |
|----|----|---------------------|---------------------|---------|-----|---------------------|-------|--------------|------|
| 38 | yw | 116                 | <b>Kim Versteeg</b> |         | DPB | 37.41               |       | <b>39.26</b> |      |
|    | bl | 140                 | <b>Coosje Sinke</b> |         | DPB | 40.78               |       | <b>42.42</b> |      |
|    |    | <u>Kim Versteeg</u> |                     |         |     | <u>Coosje Sinke</u> |       |              |      |
|    |    | 300m                | 39.26               | (39.26) |     | 300m                | 42.42 | (42.42)      |      |

|    |    | Name                 |                        | Cat     |     | PB                     |       | Time         | Info |
|----|----|----------------------|------------------------|---------|-----|------------------------|-------|--------------|------|
| 39 | wt | 164                  | <b>Simon de Olde</b>   |         | HPE | 37.85                  |       | <b>37.35</b> | PB   |
|    | rd | 151                  | <b>Minke Nijenhuis</b> |         | DPB | 36.59                  |       | <b>37.05</b> |      |
|    |    | <u>Simon de Olde</u> |                        |         |     | <u>Minke Nijenhuis</u> |       |              |      |
|    |    | 300m                 | 37.35                  | (37.35) |     | 300m                   | 37.05 | (37.05)      |      |

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|       |    | Name                             | Cat   | PB      | Time         | Info |
|-------|----|----------------------------------|-------|---------|--------------|------|
| 40    | yw | 129 <b>Myrthe Cents</b>          | DPD   | 37.70   | <b>43.69</b> | FL   |
|       | bl | 125 <b>Jasmijn Smit</b>          | DPD   | 37.32   | <b>38.68</b> |      |
|       |    | <b>Myrthe Cents</b>              |       |         |              |      |
|       |    | 300m                             | 43.69 | (43.69) |              |      |
|       |    | <b>Jasmijn Smit</b>              |       |         |              |      |
|       |    | 300m                             | 38.68 | (38.68) |              |      |
| <hr/> |    |                                  |       |         |              |      |
|       |    | Name                             | Cat   | PB      | Time         | Info |
| 41    | wt | 120 <b>Sil Wisselink</b>         | HC2   | 33.64   | <b>33.51</b> |      |
|       | rd | 168 <b>Eva Mezzo</b>             | DPC   | 35.06   | <b>37.17</b> |      |
|       |    | <b>Sil Wisselink</b>             |       |         |              |      |
|       |    | 300m                             | 33.51 | (33.51) |              |      |
|       |    | <b>Eva Mezzo</b>                 |       |         |              |      |
|       |    | 300m                             | 37.17 | (37.17) |              |      |
| <hr/> |    |                                  |       |         |              |      |
|       |    | Name                             | Cat   | PB      | Time         | Info |
| 42    | yw | 144 <b>Lars Bruins</b>           | HC1   | 34.72   | <b>32.30</b> |      |
|       | bl | 32 <b>Lenneke Groot Koerkamp</b> | DB2   | 29.43   | <b>41.56</b> | FL   |
|       |    | <b>Lars Bruins</b>               |       |         |              |      |
|       |    | 300m                             | 32.30 | (32.30) |              |      |
|       |    | <b>Lenneke Groot Koerkamp</b>    |       |         |              |      |
|       |    | 300m                             | 41.56 | (41.56) |              |      |

# Recordwedstrijd dinsdag

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## 4. Result 100 meter

| Pos | Name                  | Cat | Pair | Lane | Time  | Info | Points |
|-----|-----------------------|-----|------|------|-------|------|--------|
| 1   | 158 Luca Batterink    | HPA | 56   | O    | 11.78 |      |        |
| 2   | 119 Huub Smeets       | HB1 | 55   | I    | 12.45 |      |        |
| 3   | 46 Elena Ruijtenberg  | DC1 | 56   | I    | 12.57 |      |        |
| 4   | 7 Diede Salomons      | DPA | 53   | O    | 13.19 |      |        |
| 5   | 54 Roan Varenbrink    | HPC | 54   | I    | 13.36 |      |        |
| 6   | 136 Jill Krikken      | DPD | 53   | I    | 13.47 |      |        |
| 7   | 44 Liam Makkinga      | HPE | 54   | O    | 13.62 |      |        |
| 8   | 150 Alexander Warmink | HPA | 52   | O    | 13.91 | PB   |        |
| 9   | 109 Danique Stout     | DPC | 51   | O    | 14.45 |      |        |
| 10  | 134 Bastian Klomp     | HPD | 51   | I    | 15.01 |      |        |
| 11  | 122 Judith de Jong    | DPC | 52   | I    | 15.10 |      |        |
| 12  | 130 Evelien Abbink    | DPA | 49   | I    | 15.11 | PB   |        |
| 13  | 99 Samuel Jagtenberg  | HPC | 49   | O    | 15.30 |      |        |
| 14  | 170 Fajah Lugtenberg  | DPE | 50   | O    | 15.42 | PB   |        |
| 15  | 135 Yinthe de Jong    | DPC | 47   | O    | 15.85 |      |        |
| 16  | 39 Milou Ruijtenberg  | DPE | 48   | O    | 15.98 | PB   |        |
| 17  | 149 Thijmen Warmink   | HPC | 50   | I    | 16.08 |      |        |
| 18  | 126 Eeske Veltman     | DPD | 47   | I    | 16.20 |      |        |
| 19  | 48 Lotte van Duinen   | DPE | 45   | O    | 16.24 | PB   |        |
| 20  | 171 Roos Bak          | DPF | 48   | I    | 16.30 |      |        |
|     | 123 Arwen Bezembinder | DPB | 46   | I    | 16.30 | PB   |        |
| 22  | 127 Aline Veltman     | DPA | 46   | O    | 16.47 | PB   |        |
| 23  | 100 Hanne Jagtenberg  | DPE | 43   | O    | 16.95 | PB   |        |
| 24  | 114 Miquel Stout      | HPF | 44   | O    | 17.47 |      |        |
| 25  | 148 Ruben Warmink     | HPE | 45   | I    | 17.69 |      |        |
| 26  | 169 Siem Jansma       | HPD | 43   | I    | 18.27 |      |        |
| 27  | 14 Faas Klunder       | HPE | 44   | I    | 19.42 |      |        |
|     | 137 Ruth Leerlooijer  | DPA |      |      |       | WDR  |        |

Referee:

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## 4. Race Result 100 meter

|    |    | Name               |                         | Cat     |                         | PB    | Time         | Info |
|----|----|--------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 43 | wt | 169                | <b>Siem Jansma</b>      |         | HPD                     | 17.81 | <b>18.27</b> |      |
|    | rd | 100                | <b>Hanne Jagtenberg</b> |         | DPE                     | 18.39 | <b>16.95</b> | PB   |
|    |    | <u>Siem Jansma</u> |                         |         | <u>Hanne Jagtenberg</u> |       |              |      |
|    |    | 100m               | 18.27                   | (18.27) | 100m                    | 16.95 | (16.95)      |      |

|    |    | Name                |                     | Cat     |                     | PB    | Time         | Info |
|----|----|---------------------|---------------------|---------|---------------------|-------|--------------|------|
| 44 | yw | 14                  | <b>Faas Klunder</b> |         | HPE                 | 19.24 | <b>19.42</b> |      |
|    | bl | 114                 | <b>Miquel Stout</b> |         | HPF                 |       | <b>17.47</b> |      |
|    |    | <u>Faas Klunder</u> |                     |         | <u>Miquel Stout</u> |       |              |      |
|    |    | 100m                | 19.42               | (19.42) | 100m                | 17.47 | (17.47)      |      |

|    |    | Name                 |                         | Cat     |                         | PB    | Time         | Info |
|----|----|----------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 45 | wt | 148                  | <b>Ruben Warmink</b>    |         | HPE                     | 17.01 | <b>17.69</b> |      |
|    | rd | 48                   | <b>Lotte van Duinen</b> |         | DPE                     | 16.38 | <b>16.24</b> | PB   |
|    |    | <u>Ruben Warmink</u> |                         |         | <u>Lotte van Duinen</u> |       |              |      |
|    |    | 100m                 | 17.69                   | (17.69) | 100m                    | 16.24 | (16.24)      |      |

|    |    | Name                     |                          | Cat     |                      | PB    | Time         | Info |
|----|----|--------------------------|--------------------------|---------|----------------------|-------|--------------|------|
| 46 | yw | 123                      | <b>Arwen Bezembinder</b> |         | DPB                  | 17.81 | <b>16.30</b> | PB   |
|    | bl | 127                      | <b>Aline Veltman</b>     |         | DPA                  | 16.86 | <b>16.47</b> | PB   |
|    |    | <u>Arwen Bezembinder</u> |                          |         | <u>Aline Veltman</u> |       |              |      |
|    |    | 100m                     | 16.30                    | (16.30) | 100m                 | 16.47 | (16.47)      |      |

|    |    | Name                 |                       | Cat     |                       | PB    | Time         | Info |
|----|----|----------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 47 | wt | 126                  | <b>Eeske Veltman</b>  |         | DPD                   | 15.96 | <b>16.20</b> |      |
|    | rd | 135                  | <b>Yinthe de Jong</b> |         | DPC                   | 15.74 | <b>15.85</b> |      |
|    |    | <u>Eeske Veltman</u> |                       |         | <u>Yinthe de Jong</u> |       |              |      |
|    |    | 100m                 | 16.20                 | (16.20) | 100m                  | 15.85 | (15.85)      |      |

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|    |    | Name                        | Cat | PB                 | Time                     | Info |
|----|----|-----------------------------|-----|--------------------|--------------------------|------|
| 48 | yw | 171 <b>Roos Bak</b>         | DPF | 15.95              | <b>16.30</b>             |      |
|    | bl | 39 <b>Milou Ruijtenberg</b> | DPE | 16.08              | <b>15.98</b>             | PB   |
|    |    | <u>Roos Bak</u>             |     |                    | <u>Milou Ruijtenberg</u> |      |
|    |    | 100m 16.30 (16.30)          |     | 100m 15.98 (15.98) |                          |      |

|    |    | Name                        | Cat | PB                 | Time                     | Info |
|----|----|-----------------------------|-----|--------------------|--------------------------|------|
| 49 | wt | 130 <b>Evelien Abbink</b>   | DPA | 15.47              | <b>15.11</b>             | PB   |
|    | rd | 99 <b>Samuel Jagtenberg</b> | HPC | 15.23              | <b>15.30</b>             |      |
|    |    | <u>Evelien Abbink</u>       |     |                    | <u>Samuel Jagtenberg</u> |      |
|    |    | 100m 15.11 (15.11)          |     | 100m 15.30 (15.30) |                          |      |

|    |    | Name                        | Cat | PB                 | Time                    | Info |
|----|----|-----------------------------|-----|--------------------|-------------------------|------|
| 50 | yw | 149 <b>Thijmen Warmink</b>  | HPC | 15.63              | <b>16.08</b>            |      |
|    | bl | 170 <b>Fajah Lugtenberg</b> | DPE | 15.42              | <b>15.42</b>            | PB   |
|    |    | <u>Thijmen Warmink</u>      |     |                    | <u>Fajah Lugtenberg</u> |      |
|    |    | 100m 16.08 (16.08)          |     | 100m 15.42 (15.42) |                         |      |

|    |    | Name                     | Cat | PB                 | Time                 | Info |
|----|----|--------------------------|-----|--------------------|----------------------|------|
| 51 | wt | 134 <b>Bastian Klomp</b> | HPD | 14.69              | <b>15.01</b>         |      |
|    | rd | 109 <b>Danique Stout</b> | DPC | 13.86              | <b>14.45</b>         |      |
|    |    | <u>Bastian Klomp</u>     |     |                    | <u>Danique Stout</u> |      |
|    |    | 100m 15.01 (15.01)       |     | 100m 14.45 (14.45) |                      |      |

|    |    | Name                         | Cat | PB                 | Time                     | Info |
|----|----|------------------------------|-----|--------------------|--------------------------|------|
| 52 | yw | 122 <b>Judith de Jong</b>    | DPC | 14.43              | <b>15.10</b>             |      |
|    | bl | 150 <b>Alexander Warmink</b> | HPA | 14.00              | <b>13.91</b>             | PB   |
|    |    | <u>Judith de Jong</u>        |     |                    | <u>Alexander Warmink</u> |      |
|    |    | 100m 15.10 (15.10)           |     | 100m 13.91 (13.91) |                          |      |

|    |    | Name                    | Cat | PB                 | Time                  | Info |
|----|----|-------------------------|-----|--------------------|-----------------------|------|
| 53 | wt | 136 <b>Jill Krikken</b> | DPD | 13.35              | <b>13.47</b>          |      |
|    | rd | 7 <b>Diede Salomons</b> | DPA | 13.13              | <b>13.19</b>          |      |
|    |    | <u>Jill Krikken</u>     |     |                    | <u>Diede Salomons</u> |      |
|    |    | 100m 13.47 (13.47)      |     | 100m 13.19 (13.19) |                       |      |

Referee:

Assistant:

Starter:

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|    |    | Name                      | Cat   | PB      | Time         | Info |
|----|----|---------------------------|-------|---------|--------------|------|
| 54 | yw | 54 <b>Roan Varenbrink</b> | HPC   | 13.16   | <b>13.36</b> |      |
|    | bl | 44 <b>Liam Makkinga</b>   | HPE   | 13.38   | <b>13.62</b> |      |
|    |    | <b>Roan Varenbrink</b>    |       |         |              |      |
|    |    | 100m                      | 13.36 | (13.36) |              |      |
|    |    | <b>Liam Makkinga</b>      |       |         |              |      |
|    |    | 100m                      | 13.62 | (13.62) |              |      |

|    |    | Name                        | Cat   | PB      | Time         | Info |
|----|----|-----------------------------|-------|---------|--------------|------|
| 55 | wt | 119 <b>Huub Smeets</b>      | HB1   | 12.40   | <b>12.45</b> |      |
|    | rd | 137 <b>Ruth Leerlooijer</b> | DPA   | 12.96   | <b>WDR</b>   |      |
|    |    | <b>Huub Smeets</b>          |       |         |              |      |
|    |    | 100m                        | 12.45 | (12.45) |              |      |
|    |    | <b>Ruth Leerlooijer</b>     |       |         |              |      |

|    |    | Name                        | Cat   | PB      | Time         | Info |
|----|----|-----------------------------|-------|---------|--------------|------|
| 56 | yw | 46 <b>Elena Ruijtenberg</b> | DC1   | 12.38   | <b>12.57</b> |      |
|    | bl | 158 <b>Luca Batterink</b>   | HPA   | 11.73   | <b>11.78</b> |      |
|    |    | <b>Elena Ruijtenberg</b>    |       |         |              |      |
|    |    | 100m                        | 12.57 | (12.57) |              |      |
|    |    | <b>Luca Batterink</b>       |       |         |              |      |
|    |    | 100m                        | 11.78 | (11.78) |              |      |

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## 5. Result 500 meter

| Pos | Name                    | Cat | Pair | Lane | Time    | Info | Points |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 37 Lesley Bartelds      | HA1 | 76   | O    | 42.64   | PB   |        |
| 2   | 113 Harry Pardijs       | H45 | 76   | I    | 42.70   |      |        |
| 3   | 110 Niels Teunissen     | HB1 | 75   | I    | 42.97   |      |        |
| 4   | 42 Erik Jeuring         | H40 | 73   | O    | 43.46   |      |        |
| 5   | 83 Beau Kappers         | HB1 | 73   | I    | 43.84   |      |        |
| 6   | 8 Mees Klunder          | HC1 | 75   | O    | 45.00   |      |        |
| 7   | 98 Evy van Zoest        | DB1 | 74   | O    | 45.43   |      |        |
| 8   | 16 Chantal Herms        | D45 | 71   | I    | 47.92   |      |        |
| 9   | 28 Iris Rietman         | DC2 | 72   | O    | 48.09   |      |        |
| 10  | 69 Wietske Bannink      | DSB | 74   | I    | 48.44   |      |        |
| 11  | 103 Joachim Van Laar    | HC1 | 71   | O    | 48.78   | PB   |        |
| 12  | 60 Megan Bootsveld      | DN2 | 67   | I    | 49.91   |      |        |
| 13  | 66 Dalanda Jalloh       | DB1 | 70   | O    | 50.14   |      |        |
| 14  | 34 Marlin Schouwstra    | DB1 | 72   | I    | 50.62   |      |        |
| 15  | 106 Monique de Groot    | DPA | 69   | O    | 50.81   |      |        |
| 16  | 17 Herre Mak            | HPA | 70   | I    | 51.01   |      |        |
| 17  | 55 Bas Ellenbroek       | HPA | 68   | I    | 51.04   |      |        |
| 18  | 172 Douwe de Haan       | HC1 | 65   | I    | 52.76   | PB   |        |
| 19  | 13 Just Klunder         | HPB | 67   | O    | 53.00   |      |        |
| 20  | 68 Lisa Otten           | DC1 | 69   | I    | 53.49   |      |        |
| 21  | 19 Noor Klunder         | DPC | 68   | O    | 54.32   |      |        |
| 22  | 56 Yvonne van den Berg  | DPA | 64   | O    | 54.56   | PB   |        |
| 23  | 22 Imme Ooijman         | DC1 | 63   | I    | 54.88   | PB   |        |
| 24  | 74 Joëlle van Drimmelen | DPC | 65   | O    | 54.95   |      |        |
| 25  | 72 Silke van den Bos    | DPA | 66   | I    | 55.02   | PB   |        |
| 26  | 111 Sven Bosman         | HC1 | 66   | O    | 55.60   |      |        |
| 27  | 93 Luuk Groothuis       | HPC | 64   | I    | 56.82   |      |        |
| 28  | 108 Abe van Laar        | HPB | 61   | O    | 57.32   | PB   |        |
| 29  | 11 Olle Klunder         | HPE | 63   | O    | 57.33   |      |        |
| 30  | 25 Lauren Wolters       | DPD | 62   | O    | 59.08   |      |        |
| 31  | 94 Ties Groothuis       | HPD | 59   | O    | 59.20   | PB   |        |
| 32  | 118 Naomi Potjes        | DPC | 61   | I    | 59.63   |      |        |
| 33  | 20 Blom Ooijman         | DPA | 60   | O    | 1:00.02 |      |        |
| 34  | 27 Suze Kleinsman       | DPB | 59   | I    | 1:00.96 | PB   |        |
| 35  | 76 Eline Tuitert        | DPC | 60   | I    | 1:02.14 |      |        |
| 36  | 18 Elin Mak             | DPE | 62   | I    | 1:03.18 |      |        |
| 37  | 45 Yara Makkinga        | DPB | 57   | O    | 1:06.35 | PB   |        |
| 38  | 159 Vajèn Kerkmeijer    | DPD | 58   | I    | 1:08.16 |      |        |

Referee:

Assistant:

Starter:

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| Pos | Name                   | Cat | Pair | Lane | Time    | Info | Points |
|-----|------------------------|-----|------|------|---------|------|--------|
| 39  | 85 Esmee Noordman      | DPF | 57   | I    | 1:10.36 |      |        |
| 40  | 87 Vayèn van der Weerd | DPE | 58   | O    | 1:11.12 |      |        |

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Sport- en Recreatiecentrum de Scheg - Deventer

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## 5. Race Result 500 meter

|    |    | Name                     | Cat | PB                   | Time           | Info |
|----|----|--------------------------|-----|----------------------|----------------|------|
| 57 | wt | 85 <b>Esmee Noordman</b> | DPF |                      | <b>1:10.36</b> |      |
|    | rd | 45 <b>Yara Makkinga</b>  | DPB | 1:07.31              | <b>1:06.35</b> | PB   |
|    |    | <u>Esmee Noordman</u>    |     | <u>Yara Makkinga</u> |                |      |
|    |    | 100m 15.83 (15.83)       |     | 100m 15.16 (15.16)   |                |      |
|    |    | 500m 1:10.36 (54.53)     |     | 500m 1:06.35 (51.19) |                |      |

|    |    | Name                          | Cat | PB                         | Time           | Info |
|----|----|-------------------------------|-----|----------------------------|----------------|------|
| 58 | yw | 159 <b>Vajèn Kerkmeijer</b>   | DPD | 1:04.77                    | <b>1:08.16</b> |      |
|    | bl | 87 <b>Vayèn van der Weerd</b> | DPE |                            | <b>1:11.12</b> |      |
|    |    | <u>Vajèn Kerkmeijer</u>       |     | <u>Vayèn van der Weerd</u> |                |      |
|    |    | 100m 15.74 (15.74)            |     | 100m 16.14 (16.14)         |                |      |
|    |    | 500m 1:08.16 (52.42)          |     | 500m 1:11.12 (54.98)       |                |      |

|    |    | Name                     | Cat | PB                    | Time           | Info |
|----|----|--------------------------|-----|-----------------------|----------------|------|
| 59 | wt | 27 <b>Suze Kleinsman</b> | DPB | 1:02.46               | <b>1:00.96</b> | PB   |
|    | rd | 94 <b>Ties Groothuis</b> | HPD | 1:03.96               | <b>59.20</b>   | PB   |
|    |    | <u>Suze Kleinsman</u>    |     | <u>Ties Groothuis</u> |                |      |
|    |    | 100m 13.84 (13.84)       |     | 100m 13.82 (13.82)    |                |      |
|    |    | 500m 1:00.96 (47.12)     |     | 500m 59.20 (45.38)    |                |      |

|    |    | Name                    | Cat | PB                   | Time           | Info |
|----|----|-------------------------|-----|----------------------|----------------|------|
| 60 | yw | 76 <b>Eline Tuitert</b> | DPC | 59.62                | <b>1:02.14</b> |      |
|    | bl | 20 <b>Blom Ooijman</b>  | DPA | 59.90                | <b>1:00.02</b> |      |
|    |    | <u>Eline Tuitert</u>    |     | <u>Blom Ooijman</u>  |                |      |
|    |    | 100m 15.22 (15.22)      |     | 100m 14.79 (14.79)   |                |      |
|    |    | 500m 1:02.14 (46.92)    |     | 500m 1:00.02 (45.23) |                |      |

|    |    | Name                    | Cat | PB                  | Time         | Info |
|----|----|-------------------------|-----|---------------------|--------------|------|
| 61 | wt | 118 <b>Naomi Potjes</b> | DPC | 58.57               | <b>59.63</b> |      |
|    | rd | 108 <b>Abe van Laar</b> | HPB | 57.99               | <b>57.32</b> | PB   |
|    |    | <u>Naomi Potjes</u>     |     | <u>Abe van Laar</u> |              |      |
|    |    | 100m 14.32 (14.32)      |     | 100m 14.44 (14.44)  |              |      |
|    |    | 500m 59.63 (45.31)      |     | 500m 57.32 (42.88)  |              |      |

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|    |    | Name            |                       | Cat     |                       | PB    |         | Time           | Info |
|----|----|-----------------|-----------------------|---------|-----------------------|-------|---------|----------------|------|
| 62 | yw | 18              | <b>Elin Mak</b>       |         | DPE                   |       | 58.93   | <b>1:03.18</b> |      |
|    | bl | 25              | <b>Lauren Wolters</b> |         | DPD                   |       | 57.55   | <b>59.08</b>   |      |
|    |    | <b>Elin Mak</b> |                       |         | <b>Lauren Wolters</b> |       |         |                |      |
|    |    | 100m            | 15.05                 | (15.05) | 100m                  | 14.83 | (14.83) |                |      |
|    |    | 500m            | 1:03.18               | (48.13) | 500m                  | 59.08 | (44.25) |                |      |

|    |    | Name                |                     | Cat     |                     | PB    |         | Time         | Info |
|----|----|---------------------|---------------------|---------|---------------------|-------|---------|--------------|------|
| 63 | wt | 22                  | <b>Imme Ooijman</b> |         | DC1                 |       | 55.26   | <b>54.88</b> | PB   |
|    | rd | 11                  | <b>Olle Klunder</b> |         | HPE                 |       | 56.12   | <b>57.33</b> |      |
|    |    | <b>Imme Ooijman</b> |                     |         | <b>Olle Klunder</b> |       |         |              |      |
|    |    | 100m                | 13.67               | (13.67) | 100m                | 13.78 | (13.78) |              |      |
|    |    | 500m                | 54.88               | (41.21) | 500m                | 57.33 | (43.55) |              |      |

|    |    | Name                  |                            | Cat     |                            | PB    |         | Time         | Info |
|----|----|-----------------------|----------------------------|---------|----------------------------|-------|---------|--------------|------|
| 64 | yw | 93                    | <b>Luuk Groothuis</b>      |         | HPC                        |       | 55.77   | <b>56.82</b> |      |
|    | bl | 56                    | <b>Yvonne van den Berg</b> |         | DPA                        |       | 55.98   | <b>54.56</b> | PB   |
|    |    | <b>Luuk Groothuis</b> |                            |         | <b>Yvonne van den Berg</b> |       |         |              |      |
|    |    | 100m                  | 13.74                      | (13.74) | 100m                       | 13.86 | (13.86) |              |      |
|    |    | 500m                  | 56.82                      | (43.08) | 500m                       | 54.56 | (40.70) |              |      |

|    |    | Name                 |                             | Cat     |                             | PB    |         | Time         | Info |
|----|----|----------------------|-----------------------------|---------|-----------------------------|-------|---------|--------------|------|
| 65 | wt | 172                  | <b>Douwe de Haan</b>        |         | HC1                         |       | 53.39   | <b>52.76</b> | PB   |
|    | rd | 74                   | <b>Joëlle van Drimmelen</b> |         | DPC                         |       | 53.62   | <b>54.95</b> |      |
|    |    | <b>Douwe de Haan</b> |                             |         | <b>Joëlle van Drimmelen</b> |       |         |              |      |
|    |    | 100m                 | 13.33                       | (13.33) | 100m                        | 14.10 | (14.10) |              |      |
|    |    | 500m                 | 52.76                       | (39.43) | 500m                        | 54.95 | (40.85) |              |      |

|    |    | Name                     |                          | Cat     |                    | PB    |         | Time         | Info |
|----|----|--------------------------|--------------------------|---------|--------------------|-------|---------|--------------|------|
| 66 | yw | 72                       | <b>Silke van den Bos</b> |         | DPA                |       | 55.21   | <b>55.02</b> | PB   |
|    | bl | 111                      | <b>Sven Bosman</b>       |         | HC1                |       | 55.15   | <b>55.60</b> |      |
|    |    | <b>Silke van den Bos</b> |                          |         | <b>Sven Bosman</b> |       |         |              |      |
|    |    | 100m                     | 13.97                    | (13.97) | 100m               | 13.42 | (13.42) |              |      |
|    |    | 500m                     | 55.02                    | (41.05) | 500m               | 55.60 | (42.18) |              |      |

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|       |    | Name                   |                         |         | Cat                     |       |         | PB    | Time         | Info |  |
|-------|----|------------------------|-------------------------|---------|-------------------------|-------|---------|-------|--------------|------|--|
| 67    | wt | 60                     | <b>Megan Bootsveld</b>  |         | DN2                     |       |         | 47.20 | <b>49.91</b> |      |  |
|       | rd | 13                     | <b>Just Klunder</b>     |         | HPB                     |       |         | 50.81 | <b>53.00</b> |      |  |
|       |    | <b>Megan Bootsveld</b> |                         |         | <b>Just Klunder</b>     |       |         |       |              |      |  |
|       |    | 100m                   | 13.46                   | (13.46) | 100m                    | 13.73 | (13.73) |       |              |      |  |
|       |    | 500m                   | 49.91                   | (36.45) | 500m                    | 53.00 | (39.27) |       |              |      |  |
| <hr/> |    |                        |                         |         |                         |       |         |       |              |      |  |
|       |    | Name                   |                         |         | Cat                     |       |         | PB    | Time         | Info |  |
| 68    | yw | 55                     | <b>Bas Ellenbroek</b>   |         | HPA                     |       |         | 49.90 | <b>51.04</b> |      |  |
|       | bl | 19                     | <b>Noor Klunder</b>     |         | DPC                     |       |         | 52.56 | <b>54.32</b> |      |  |
|       |    | <b>Bas Ellenbroek</b>  |                         |         | <b>Noor Klunder</b>     |       |         |       |              |      |  |
|       |    | 100m                   | 13.07                   | (13.07) | 100m                    | 13.61 | (13.61) |       |              |      |  |
|       |    | 500m                   | 51.04                   | (37.97) | 500m                    | 54.32 | (40.71) |       |              |      |  |
| <hr/> |    |                        |                         |         |                         |       |         |       |              |      |  |
|       |    | Name                   |                         |         | Cat                     |       |         | PB    | Time         | Info |  |
| 69    | wt | 68                     | <b>Lisa Otten</b>       |         | DC1                     |       |         | 50.54 | <b>53.49</b> |      |  |
|       | rd | 106                    | <b>Monique de Groot</b> |         | DPA                     |       |         | 50.61 | <b>50.81</b> |      |  |
|       |    | <b>Lisa Otten</b>      |                         |         | <b>Monique de Groot</b> |       |         |       |              |      |  |
|       |    | 100m                   | 13.79                   | (13.79) | 100m                    | 13.33 | (13.33) |       |              |      |  |
|       |    | 500m                   | 53.49                   | (39.70) | 500m                    | 50.81 | (37.48) |       |              |      |  |
| <hr/> |    |                        |                         |         |                         |       |         |       |              |      |  |
|       |    | Name                   |                         |         | Cat                     |       |         | PB    | Time         | Info |  |
| 70    | yw | 17                     | <b>Herre Mak</b>        |         | HPA                     |       |         | 50.38 | <b>51.01</b> |      |  |
|       | bl | 66                     | <b>Dalanda Jalloh</b>   |         | DB1                     |       |         | 48.64 | <b>50.14</b> |      |  |
|       |    | <b>Herre Mak</b>       |                         |         | <b>Dalanda Jalloh</b>   |       |         |       |              |      |  |
|       |    | 100m                   | 13.47                   | (13.47) | 100m                    | 13.11 | (13.11) |       |              |      |  |
|       |    | 500m                   | 51.01                   | (37.54) | 500m                    | 50.14 | (37.03) |       |              |      |  |
| <hr/> |    |                        |                         |         |                         |       |         |       |              |      |  |
|       |    | Name                   |                         |         | Cat                     |       |         | PB    | Time         | Info |  |
| 71    | wt | 16                     | <b>Chantal Herms</b>    |         | D45                     |       |         | 46.13 | <b>47.92</b> |      |  |
|       | rd | 103                    | <b>Joachim Van Laar</b> |         | HC1                     |       |         | 49.68 | <b>48.78</b> | PB   |  |
|       |    | <b>Chantal Herms</b>   |                         |         | <b>Joachim Van Laar</b> |       |         |       |              |      |  |
|       |    | 100m                   | 12.76                   | (12.76) | 100m                    | 13.04 | (13.04) |       |              |      |  |
|       |    | 500m                   | 47.92                   | (35.16) | 500m                    | 48.78 | (35.74) |       |              |      |  |

Referee:

Assistant:

Starter:

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|    |    | Name                     |                          | Cat     |                     | PB    |         | Time         | Info |
|----|----|--------------------------|--------------------------|---------|---------------------|-------|---------|--------------|------|
| 72 | yw | 34                       | <b>Marlin Schouwstra</b> |         | DB1                 |       | 48.77   | <b>50.62</b> |      |
|    | bl | 28                       | <b>Iris Rietman</b>      |         | DC2                 |       | 45.62   | <b>48.09</b> |      |
|    |    | <b>Marlin Schouwstra</b> |                          |         | <b>Iris Rietman</b> |       |         |              |      |
|    |    | 100m                     | 13.89                    | (13.89) | 100m                | 12.93 | (12.93) |              |      |
|    |    | 500m                     | 50.62                    | (36.73) | 500m                | 48.09 | (35.16) |              |      |

|    |    | Name                |                     | Cat     |                    | PB    |         | Time         | Info |
|----|----|---------------------|---------------------|---------|--------------------|-------|---------|--------------|------|
| 73 | wt | 83                  | <b>Beau Kappers</b> |         | HB1                |       | 42.68   | <b>43.84</b> |      |
|    | rd | 42                  | <b>Erik Jeurig</b>  |         | H40                |       | 42.68   | <b>43.46</b> |      |
|    |    | <b>Beau Kappers</b> |                     |         | <b>Erik Jeurig</b> |       |         |              |      |
|    |    | 100m                | 11.84               | (11.84) | 100m               | 11.57 | (11.57) |              |      |
|    |    | 500m                | 43.84               | (32.00) | 500m               | 43.46 | (31.89) |              |      |

|    |    | Name                   |                        | Cat     |                      | PB    |         | Time         | Info |
|----|----|------------------------|------------------------|---------|----------------------|-------|---------|--------------|------|
| 74 | yw | 69                     | <b>Wietske Bannink</b> |         | DSB                  |       | 43.81   | <b>48.44</b> |      |
|    | bl | 98                     | <b>Evy van Zoest</b>   |         | DB1                  |       | 44.85   | <b>45.43</b> |      |
|    |    | <b>Wietske Bannink</b> |                        |         | <b>Evy van Zoest</b> |       |         |              |      |
|    |    | 100m                   | 12.63                  | (12.63) | 100m                 | 12.11 | (12.11) |              |      |
|    |    | 500m                   | 48.44                  | (35.81) | 500m                 | 45.43 | (33.32) |              |      |

|    |    | Name                   |                        | Cat     |                     | PB    |         | Time         | Info |
|----|----|------------------------|------------------------|---------|---------------------|-------|---------|--------------|------|
| 75 | wt | 110                    | <b>Niels Teunissen</b> |         | HB1                 |       | 42.76   | <b>42.97</b> |      |
|    | rd | 8                      | <b>Mees Klunder</b>    |         | HC1                 |       | 42.91   | <b>45.00</b> |      |
|    |    | <b>Niels Teunissen</b> |                        |         | <b>Mees Klunder</b> |       |         |              |      |
|    |    | 100m                   | 11.54                  | (11.54) | 100m                | 11.98 | (11.98) |              |      |
|    |    | 500m                   | 42.97                  | (31.43) | 500m                | 45.00 | (33.02) |              |      |

|    |    | Name                 |                        | Cat     |                        | PB    |         | Time         | Info |
|----|----|----------------------|------------------------|---------|------------------------|-------|---------|--------------|------|
| 76 | yw | 113                  | <b>Harry Pardijs</b>   |         | H45                    |       | 37.19   | <b>42.70</b> |      |
|    | bl | 37                   | <b>Lesley Bartelds</b> |         | HA1                    |       | 43.20   | <b>42.64</b> | PB   |
|    |    | <b>Harry Pardijs</b> |                        |         | <b>Lesley Bartelds</b> |       |         |              |      |
|    |    | 100m                 | 21.35                  | (21.35) | 100m                   | 21.32 | (21.32) |              |      |
|    |    | 500m                 | 42.70                  | (21.35) | 500m                   | 42.64 | (21.32) |              |      |

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## 6. Result 100 meter

| Pos | Name                 | Cat | Pair | Lane | Time Info | Points |
|-----|----------------------|-----|------|------|-----------|--------|
| 1   | 158 Luca Batterink   | HPA | 78   | O    | 11.86     |        |
| 2   | 114 Miquel Stout     | HPF | 78   | I    | 17.34     |        |
| 3   | 169 Siem Jansma      | HPD | 77   | O    | 17.91     |        |
|     | 137 Ruth Leerlooijer | DPA |      |      | WDR       |        |

Referee:

Assistant:

Starter:

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## 6. Race Result 100 meter

|    |    | Name                    | Cat                | PB    | Time    | Info         |
|----|----|-------------------------|--------------------|-------|---------|--------------|
| 77 | wt | 137 Ruth Leerlooijer    | DPA                | 12.96 |         | <b>WDR</b>   |
|    | rd | 169 Siem Jansma         | HPD                | 17.81 |         | <b>17.91</b> |
|    |    | <u>Ruth Leerlooijer</u> |                    |       |         |              |
|    |    |                         | <u>Siem Jansma</u> |       |         |              |
|    |    |                         | 100m               | 17.91 | (17.91) |              |

|    |    | Name                | Cat                   | PB      | Time    | Info         |
|----|----|---------------------|-----------------------|---------|---------|--------------|
| 78 | yw | 114 Miquel Stout    | HPF                   |         |         | <b>17.34</b> |
|    | bl | 158 Luca Batterink  | HPA                   | 11.73   |         | <b>11.86</b> |
|    |    | <u>Miquel Stout</u> |                       |         |         |              |
|    |    |                     | <u>Luca Batterink</u> |         |         |              |
|    |    | 100m                | 17.34                 | (17.34) |         |              |
|    |    |                     | 100m                  | 11.86   | (11.86) |              |

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## 7. Result 400 meter

| Pos | Name                       | Cat | Pair | Lane | Time  | Info | Points |
|-----|----------------------------|-----|------|------|-------|------|--------|
| 1   | 35 Jurre Kranenborg        | HSB | 82   | I    | 33.94 | PB   |        |
| 2   | 23 Zoë Tiemens             | DN2 | 81   | O    | 35.77 |      |        |
| 3   | 96 Lièn van Dasselaar      | DA2 | 82   | O    | 36.64 |      |        |
| 4   | 70 Femke Assink            | DN3 | 79   | I    | 37.00 |      |        |
| 5   | 160 Klaas Jan van der Veen | H50 | 81   | I    | 37.31 |      |        |
| 6   | 81 Jeanette ten Hag        | D45 | 80   | O    | 37.98 |      |        |
| 7   | 62 Bo Meijer               | DA2 | 79   | O    | 39.15 |      |        |
| 8   | 78 Rudie Assink            | H55 | 80   | I    | 41.05 |      |        |

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 8:05:30 PM

Print: 2/23/2025 10:33:25 AM

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## 7. Race Result 400 meter

|    |    | Name                |                     | Cat     |                  | PB    |         | Time         | Info |
|----|----|---------------------|---------------------|---------|------------------|-------|---------|--------------|------|
| 79 | wt | 70                  | <b>Femke Assink</b> |         | DN3              |       |         | <b>37.00</b> |      |
|    | rd | 62                  | <b>Bo Meijer</b>    |         | DA2              | 38.76 |         | <b>39.15</b> |      |
|    |    | <b>Femke Assink</b> |                     |         | <b>Bo Meijer</b> |       |         |              |      |
|    |    | 400m                | 37.00               | (37.00) | 400m             | 39.15 | (39.15) |              |      |

|    |    | Name                |                         | Cat     |                         | PB    |         | Time         | Info |
|----|----|---------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 80 | wt | 78                  | <b>Rudie Assink</b>     |         | H55                     | 37.07 |         | <b>41.05</b> |      |
|    | rd | 81                  | <b>Jeanette ten Hag</b> |         | D45                     | 37.74 |         | <b>37.98</b> |      |
|    |    | <b>Rudie Assink</b> |                         |         | <b>Jeanette ten Hag</b> |       |         |              |      |
|    |    | 400m                | 41.05                   | (41.05) | 400m                    | 37.98 | (37.98) |              |      |

|    |    | Name                          |                               | Cat     |                    | PB    |         | Time         | Info |
|----|----|-------------------------------|-------------------------------|---------|--------------------|-------|---------|--------------|------|
| 81 | wt | 160                           | <b>Klaas Jan van der Veen</b> |         | H50                | 35.62 |         | <b>37.31</b> |      |
|    | rd | 23                            | <b>Zoë Tiemens</b>            |         | DN2                | 35.16 |         | <b>35.77</b> |      |
|    |    | <b>Klaas Jan van der Veen</b> |                               |         | <b>Zoë Tiemens</b> |       |         |              |      |
|    |    | 400m                          | 37.31                         | (37.31) | 400m               | 35.77 | (35.77) |              |      |

|    |    | Name                    |                           | Cat     |                           | PB    |         | Time         | Info |
|----|----|-------------------------|---------------------------|---------|---------------------------|-------|---------|--------------|------|
| 82 | wt | 35                      | <b>Jurre Kranenburg</b>   |         | HSB                       | 34.61 |         | <b>33.94</b> | PB   |
|    | rd | 96                      | <b>Lièn van Dasselaar</b> |         | DA2                       | 36.19 |         | <b>36.64</b> |      |
|    |    | <b>Jurre Kranenburg</b> |                           |         | <b>Lièn van Dasselaar</b> |       |         |              |      |
|    |    | 400m                    | 33.94                     | (33.94) | 400m                      | 36.64 | (36.64) |              |      |

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## 8. Result 1000 meter

| Pos | Name                      | Cat | Pair | Lane | Time    | Info | Points |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1   | 146 Wiebe de Rijk         | HA1 | 99   | O    | 1:27.32 |      |        |
| 2   | 51 Lauren van den Brink   | DPC | 85   | O    | 1:36.34 |      |        |
| 3   | 175 Jenne de Haan         | H50 | 84   | I    | 1:36.67 |      |        |
| 4   | 153 Bregje Nagelmaeker    | DB2 | 97   | I    | 1:36.84 |      |        |
| 5   | 73 Marcel Bloemenkamp     | H55 | 97   | O    | 1:37.12 |      |        |
| 6   | 107 Tristan Swenne        | HB1 | 94   | I    | 1:38.20 | PB   |        |
| 7   | 95 Bjorn Binnenpoorte     | HC2 | 92   | O    | 1:38.45 | PB   |        |
| 8   | 147 Janneke Bos           | DB1 | 96   | I    | 1:38.51 |      |        |
| 9   | 41 Milou Klatt-ten Cate   | DSB | 95   | O    | 1:38.70 |      |        |
| 10  | 21 Dorus Schalkwijk       | H40 | 98   | O    | 1:39.22 |      |        |
| 11  | 97 Céline Hagen           | DB2 | 90   | O    | 1:39.43 |      |        |
| 12  | 152 Rianne Gemmink        | DSB | 94   | O    | 1:39.49 |      |        |
| 13  | 79 Isis van Til           | DC2 | 92   | I    | 1:41.25 | PB   |        |
| 14  | 92 Annabel Weteringe      | DC2 | 93   | O    | 1:41.35 | PB   |        |
| 15  | 24 Marthe Schalkwijk      | DC1 | 90   | I    | 1:42.34 | PB   |        |
| 16  | 12 Maria Ufkes            | D45 | 98   | I    | 1:42.55 |      |        |
| 17  | 77 Hans ten Hag           | H70 | 95   | I    | 1:42.59 |      |        |
| 18  | 174 Noah Bak              | DC2 | 93   | I    | 1:43.67 |      |        |
| 19  | 49 Mirjam Hulsebos        | D50 | 91   | O    | 1:46.92 |      |        |
| 20  | 101 Tim Roorda            | HC2 | 89   | I    | 1:47.74 | PB   |        |
| 21  | 117 Isa van der Weerd     | DPB | 91   | I    | 1:48.38 |      |        |
| 22  | 121 Remco Wisselink       | H45 | 84   | O    | 1:48.43 |      |        |
| 23  | 104 Bente van Dasselaar   | DPA | 88   | I    | 1:49.94 | PB   |        |
| 24  | 40 Melle ter Horst        | HPB | 83   | I    | 1:51.63 |      |        |
| 25  | 88 Marit Noordman         | DC2 | 89   | O    | 1:51.99 |      |        |
| 26  | 6 Sanna van der Velde     | DPA | 88   | O    | 1:53.33 |      |        |
| 27  | 86 Mireille van der Weerd | DC1 | 86   | I    | 1:54.06 |      |        |
| 28  | 3 Emma van der Velde      | DPC | 85   | I    | 1:55.30 |      |        |
| 29  | 4 Florine Zunnabeld       | DPC | 83   | O    | 1:57.88 |      |        |
| 30  | 105 Thea de Groot         | DB1 | 87   | O    | 2:04.80 | PB   |        |
|     | 139 Ties Sinke            | HB2 | 96   | O    |         | DQ   |        |
|     | 33 Hilde Klok             | DC1 |      |      |         | WDR  |        |
|     | 26 Liz Wolters            | DPB |      |      |         | WDR  |        |
|     | 80 Michiel Arendsen       | H40 |      |      |         | WDR  |        |

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 8:37:28 PM

Print: 2/23/2025 10:33:25 AM

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## 8. Race Result 1000 meter

|    |    | Name                      | Cat | PB | Time           | Info |
|----|----|---------------------------|-----|----|----------------|------|
| 83 | wt | 40 <b>Melle ter Horst</b> | HPB |    | <b>1:51.63</b> |      |
|    | rd | 4 <b>Florine Zunnveld</b> | DPC |    | <b>1:57.88</b> |      |

### Melle ter Horst

|       |         |         |
|-------|---------|---------|
| 200m  | 23.87   | (23.87) |
| 600m  | 1:07.10 | (43.23) |
| 1000m | 1:51.63 | (44.53) |

### Florine Zunnveld

|       |         |         |
|-------|---------|---------|
| 200m  | 25.88   | (25.88) |
| 600m  | 1:10.05 | (44.17) |
| 1000m | 1:57.88 | (47.83) |

|    |    | Name                       | Cat | PB | Time           | Info |
|----|----|----------------------------|-----|----|----------------|------|
| 84 | yw | 175 <b>Jenne de Haan</b>   | H50 |    | <b>1:36.67</b> |      |
|    | bl | 121 <b>Remco Wisselink</b> | H45 |    | <b>1:48.43</b> |      |

### Jenne de Haan

|       |         |         |
|-------|---------|---------|
| 200m  | 22.97   | (22.97) |
| 600m  | 58.82   | (35.85) |
| 1000m | 1:36.67 | (37.85) |

### Remco Wisselink

|       |         |         |
|-------|---------|---------|
| 200m  | 25.05   | (25.05) |
| 600m  | 1:04.92 | (39.87) |
| 1000m | 1:48.43 | (43.51) |

|    |    | Name                           | Cat | PB | Time           | Info |
|----|----|--------------------------------|-----|----|----------------|------|
| 85 | wt | 3 <b>Emma van der Velde</b>    | DPC |    | <b>1:55.30</b> |      |
|    | rd | 51 <b>Lauren van den Brink</b> | DPC |    | <b>1:36.34</b> |      |

### Emma van der Velde

|       |         |         |
|-------|---------|---------|
| 200m  | 25.25   | (25.25) |
| 600m  | 1:08.13 | (42.88) |
| 1000m | 1:55.30 | (47.17) |

### Lauren van den Brink

|       |         |         |
|-------|---------|---------|
| 200m  | 22.57   | (22.57) |
| 600m  | 58.60   | (36.03) |
| 1000m | 1:36.34 | (37.74) |

|    |    | Name                             | Cat | PB      | Time           | Info |
|----|----|----------------------------------|-----|---------|----------------|------|
| 86 | yw | 86 <b>Mireille van der Weerd</b> | DC1 | 1:52.47 | <b>1:54.06</b> |      |
|    | bl | 33 <b>Hilde Klok</b>             | DC1 | 1:54.67 | <b>WDR</b>     |      |

### Mireille van der Weerd

|       |         |         |
|-------|---------|---------|
| 200m  | 25.29   | (25.29) |
| 600m  | 1:08.42 | (43.13) |
| 1000m | 1:54.06 | (45.64) |

### Hilde Klok

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|                    |    | Name                     | Cat                  | PB      | Time           | Info       |
|--------------------|----|--------------------------|----------------------|---------|----------------|------------|
| 87                 | wt | 26 <b>Liz Wolters</b>    | DPB                  |         |                | <b>WDR</b> |
|                    | rd | 105 <b>Thea de Groot</b> | DB1                  | 2:07.78 | <b>2:04.80</b> | PB         |
| <u>Liz Wolters</u> |    |                          | <u>Thea de Groot</u> |         |                |            |
|                    |    | 200m                     |                      | 28.89   | (28.89)        |            |
|                    |    | 600m                     |                      | 1:15.90 | (47.01)        |            |
|                    |    | 1000m                    |                      | 2:04.80 | (48.90)        |            |

|                            |    | Name                           | Cat                        | PB      | Time           | Info |
|----------------------------|----|--------------------------------|----------------------------|---------|----------------|------|
| 88                         | yw | 104 <b>Bente van Dasselaar</b> | DPA                        | 1:50.21 | <b>1:49.94</b> | PB   |
|                            | bl | 6 <b>Sanna van der Velde</b>   | DPA                        | 1:51.82 | <b>1:53.33</b> |      |
| <u>Bente van Dasselaar</u> |    |                                | <u>Sanna van der Velde</u> |         |                |      |
|                            |    | 200m                           | 24.44                      | (24.44) |                |      |
|                            |    | 600m                           | 1:05.65                    | (41.21) |                |      |
|                            |    | 1000m                          | 1:49.94                    | (44.29) |                |      |
|                            |    | 200m                           | 25.39                      | (25.39) |                |      |
|                            |    | 600m                           | 1:07.89                    | (42.50) |                |      |
|                            |    | 1000m                          | 1:53.33                    | (45.44) |                |      |

|                   |    | Name                     | Cat                   | PB      | Time           | Info |
|-------------------|----|--------------------------|-----------------------|---------|----------------|------|
| 89                | wt | 101 <b>Tim Roorda</b>    | HC2                   | 1:51.03 | <b>1:47.74</b> | PB   |
|                   | rd | 88 <b>Marit Noordman</b> | DC2                   | 1:51.03 | <b>1:51.99</b> |      |
| <u>Tim Roorda</u> |    |                          | <u>Marit Noordman</u> |         |                |      |
|                   |    | 200m                     | 22.96                 | (22.96) |                |      |
|                   |    | 600m                     | 1:03.72               | (40.76) |                |      |
|                   |    | 1000m                    | 1:47.74               | (44.02) |                |      |
|                   |    | 200m                     | 25.58                 | (25.58) |                |      |
|                   |    | 600m                     | 1:07.87               | (42.29) |                |      |
|                   |    | 1000m                    | 1:51.99               | (44.12) |                |      |

|                          |    | Name                        | Cat                 | PB      | Time           | Info |
|--------------------------|----|-----------------------------|---------------------|---------|----------------|------|
| 90                       | yw | 24 <b>Marthe Schalkwijk</b> | DC1                 | 1:44.95 | <b>1:42.34</b> | PB   |
|                          | bl | 97 <b>Céline Hagen</b>      | DB2                 | 1:38.51 | <b>1:39.43</b> |      |
| <u>Marthe Schalkwijk</u> |    |                             | <u>Céline Hagen</u> |         |                |      |
|                          |    | 200m                        | 22.50               | (22.50) |                |      |
|                          |    | 600m                        | 1:00.80             | (38.30) |                |      |
|                          |    | 1000m                       | 1:42.34             | (41.54) |                |      |
|                          |    | 200m                        | 22.51               | (22.51) |                |      |
|                          |    | 600m                        | 59.10               | (36.59) |                |      |
|                          |    | 1000m                       | 1:39.43             | (40.33) |                |      |

# Recordwedstrijd dinsdag

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|    |    | Name                     |                          | Cat     |                        | PB      |         | Time           | Info |
|----|----|--------------------------|--------------------------|---------|------------------------|---------|---------|----------------|------|
| 91 | wt | 117                      | <b>Isa van der Weerd</b> |         | DPB                    |         | 1:48.08 | <b>1:48.38</b> |      |
|    | rd | 49                       | <b>Mirjam Hulsebos</b>   |         | D50                    |         | 1:40.84 | <b>1:46.92</b> |      |
|    |    | <b>Isa van der Weerd</b> |                          |         | <b>Mirjam Hulsebos</b> |         |         |                |      |
|    |    | 200m                     | 24.20                    | (24.20) | 200m                   | 25.00   | (25.00) |                |      |
|    |    | 600m                     | 1:04.91                  | (40.71) | 600m                   | 1:05.00 | (40.00) |                |      |
|    |    | 1000m                    | 1:48.38                  | (43.47) | 1000m                  | 1:46.92 | (41.92) |                |      |

|    |    | Name                |                           | Cat     |                           | PB      |         | Time           | Info |
|----|----|---------------------|---------------------------|---------|---------------------------|---------|---------|----------------|------|
| 92 | yw | 79                  | <b>Isis van Til</b>       |         | DC2                       |         | 1:43.01 | <b>1:41.25</b> | PB   |
|    | bl | 95                  | <b>Bjorn Binnenpoorte</b> |         | HC2                       |         | 1:42.16 | <b>1:38.45</b> | PB   |
|    |    | <b>Isis van Til</b> |                           |         | <b>Bjorn Binnenpoorte</b> |         |         |                |      |
|    |    | 200m                | 22.57                     | (22.57) | 200m                      | 22.46   | (22.46) |                |      |
|    |    | 600m                | 1:00.87                   | (38.30) | 600m                      | 59.41   | (36.95) |                |      |
|    |    | 1000m               | 1:41.25                   | (40.38) | 1000m                     | 1:38.45 | (39.04) |                |      |

|    |    | Name            |                          | Cat     |                          | PB      |         | Time           | Info |
|----|----|-----------------|--------------------------|---------|--------------------------|---------|---------|----------------|------|
| 93 | wt | 174             | <b>Noah Bak</b>          |         | DC2                      |         | 1:41.36 | <b>1:43.67</b> |      |
|    | rd | 92              | <b>Annabel Weteringe</b> |         | DC2                      |         | 1:42.82 | <b>1:41.35</b> | PB   |
|    |    | <b>Noah Bak</b> |                          |         | <b>Annabel Weteringe</b> |         |         |                |      |
|    |    | 200m            | 23.14                    | (23.14) | 200m                     | 22.74   | (22.74) |                |      |
|    |    | 600m            | 1:02.12                  | (38.98) | 600m                     | 1:00.50 | (37.76) |                |      |
|    |    | 1000m           | 1:43.67                  | (41.55) | 1000m                    | 1:41.35 | (40.85) |                |      |

|    |    | Name                  |                       | Cat     |                       | PB      |         | Time           | Info |
|----|----|-----------------------|-----------------------|---------|-----------------------|---------|---------|----------------|------|
| 94 | yw | 107                   | <b>Tristan Swenne</b> |         | HB1                   |         | 1:39.15 | <b>1:38.20</b> | PB   |
|    | bl | 152                   | <b>Rianne Gemmink</b> |         | DSB                   |         | 1:31.21 | <b>1:39.49</b> |      |
|    |    | <b>Tristan Swenne</b> |                       |         | <b>Rianne Gemmink</b> |         |         |                |      |
|    |    | 200m                  | 22.80                 | (22.80) | 200m                  | 23.44   | (23.44) |                |      |
|    |    | 600m                  | 59.45                 | (36.65) | 600m                  | 59.92   | (36.48) |                |      |
|    |    | 1000m                 | 1:38.20               | (38.75) | 1000m                 | 1:39.49 | (39.57) |                |      |

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|    |    | Name                |                             | Cat     |                             | PB      |         | Time           | Info |
|----|----|---------------------|-----------------------------|---------|-----------------------------|---------|---------|----------------|------|
| 95 | wt | 77                  | <b>Hans ten Hag</b>         |         | H70                         |         | 1:32.85 | <b>1:42.59</b> |      |
|    | rd | 41                  | <b>Milou Klatt-ten Cate</b> |         | DSB                         |         | 1:27.11 | <b>1:38.70</b> |      |
|    |    | <b>Hans ten Hag</b> |                             |         | <b>Milou Klatt-ten Cate</b> |         |         |                |      |
|    |    | 200m                | 23.22                       | (23.22) | 200m                        | 22.94   | (22.94) |                |      |
|    |    | 600m                | 1:00.59                     | (37.37) | 600m                        | 59.39   | (36.45) |                |      |
|    |    | 1000m               | 1:42.59                     | (42.00) | 1000m                       | 1:38.70 | (39.31) |                |      |

|    |    | Name               |                    | Cat     |                   | PB      |         | Time           | Info |
|----|----|--------------------|--------------------|---------|-------------------|---------|---------|----------------|------|
| 96 | yw | 147                | <b>Janneke Bos</b> |         | DB1               |         | 1:34.75 | <b>1:38.51</b> |      |
|    | bl | 139                | <b>Ties Sinke</b>  |         | HB2               |         | 1:33.45 | <b>DQ</b>      |      |
|    |    | <b>Janneke Bos</b> |                    |         | <b>Ties Sinke</b> |         |         |                |      |
|    |    | 200m               | 22.37              | (22.37) | 200m              | 21.66   | (21.66) |                |      |
|    |    | 600m               | 58.56              | (36.19) | 600m              | 56.77   | (35.11) |                |      |
|    |    | 1000m              | 1:38.51            | (39.95) | 1000m             | 1:33.94 | (37.17) |                |      |

|    |    | Name                      |                           | Cat     |                           | PB      |         | Time           | Info |
|----|----|---------------------------|---------------------------|---------|---------------------------|---------|---------|----------------|------|
| 97 | wt | 153                       | <b>Bregje Nagelmaeker</b> |         | DB2                       |         | 1:34.84 | <b>1:36.84</b> |      |
|    | rd | 73                        | <b>Marcel Bloemenkamp</b> |         | H55                       |         | 1:33.72 | <b>1:37.12</b> |      |
|    |    | <b>Bregje Nagelmaeker</b> |                           |         | <b>Marcel Bloemenkamp</b> |         |         |                |      |
|    |    | 200m                      | 22.36                     | (22.36) | 200m                      | 23.46   | (23.46) |                |      |
|    |    | 600m                      | 58.13                     | (35.77) | 600m                      | 59.26   | (35.80) |                |      |
|    |    | 1000m                     | 1:36.84                   | (38.71) | 1000m                     | 1:37.12 | (37.86) |                |      |

|    |    | Name               |                         | Cat     |                         | PB      |         | Time           | Info |
|----|----|--------------------|-------------------------|---------|-------------------------|---------|---------|----------------|------|
| 98 | yw | 12                 | <b>Maria Ufkes</b>      |         | D45                     |         | 1:31.74 | <b>1:42.55</b> |      |
|    | bl | 21                 | <b>Dorus Schalkwijk</b> |         | H40                     |         | 1:26.51 | <b>1:39.22</b> |      |
|    |    | <b>Maria Ufkes</b> |                         |         | <b>Dorus Schalkwijk</b> |         |         |                |      |
|    |    | 200m               | 22.99                   | (22.99) | 200m                    | 23.39   | (23.39) |                |      |
|    |    | 600m               | 1:00.84                 | (37.85) | 600m                    | 1:00.47 | (37.08) |                |      |
|    |    | 1000m              | 1:42.55                 | (41.71) | 1000m                   | 1:39.22 | (38.75) |                |      |



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|    |    | Name                    | Cat                  | PB      | Time    | Info           |
|----|----|-------------------------|----------------------|---------|---------|----------------|
| 99 | wt | 80 Michiel Arendsen     | H40                  | 1:32.86 |         | <b>WDR</b>     |
|    | rd | 146 Wiebe de Rijk       | HA1                  | 1:25.28 |         | <b>1:27.32</b> |
|    |    | <u>Michiel Arendsen</u> |                      |         |         |                |
|    |    |                         | <u>Wiebe de Rijk</u> |         |         |                |
|    |    |                         | 200m                 | 19.79   | (19.79) |                |
|    |    |                         | 600m                 | 51.85   | (32.06) |                |
|    |    |                         | 1000m                | 1:27.32 | (35.47) |                |

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 8:37:28 PM

Print: 2/23/2025 11:33:25 AM

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 9. Result 700 meter

| Pos | Name                   | Cat | Pair | Lane | Time    | Info | Points |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1   | 8 Mees Klunder         | HC1 | 106  | I    | 1:01.71 | PB   |        |
| 2   | 28 Iris Rietman        | DC2 | 105  | O    | 1:06.74 | PB   |        |
| 3   | 16 Chantal Herms       | D45 | 107  | I    | 1:08.07 |      |        |
| 4   | 161 Renske van Winkoop | DPC | 105  | I    | 1:09.43 | PB   |        |
| 5   | 65 Linda van Oosterom  | D40 | 100  | I    | 1:10.89 |      |        |
| 6   | 15 Caspian Alexander   | HPB | 107  | O    | 1:11.23 |      |        |
| 7   | 59 Morgan DeFreese     | DPC | 104  | O    | 1:12.27 | PB   |        |
| 8   | 156 Joost Smeets       | HC1 | 106  | O    | 1:12.64 |      |        |
| 9   | 173 Kris de Haan       | DC2 | 103  | O    | 1:17.26 |      |        |
| 10  | 22 Imme Ooijman        | DC1 | 104  | I    | 1:17.93 |      |        |
| 11  | 58 Famke Aukema        | DPA | 102  | I    | 1:20.60 | PB   |        |
| 12  | 84 Iris Noordman       | DPB | 102  | O    | 1:26.06 |      |        |
| 13  | 162 Eline van den Beld | DPE | 100  | O    | 1:29.90 |      |        |
| 14  | 47 Anne van Duinen     | DPC | 103  | I    | 1:40.35 | FL   |        |

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 8:55:33 PM

Print: 2/23/2025 10:33:25 AM

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 9. Race Result 700 meter

|     | Name                             | Cat | PB | Time           | Info |
|-----|----------------------------------|-----|----|----------------|------|
| 100 | wt 65 <b>Linda van Oosterom</b>  | D40 |    | <b>1:10.89</b> |      |
|     | rd 162 <b>Eline van den Beld</b> | DPE |    | <b>1:29.90</b> |      |
|     | <b>Linda van Oosterom</b>        |     |    |                |      |
|     | 300m 32.74 (32.74)               |     |    |                |      |
|     | 700m 1:10.89 (38.15)             |     |    |                |      |
|     | <b>Eline van den Beld</b>        |     |    |                |      |
|     | 300m 37.92 (37.92)               |     |    |                |      |
|     | 700m 1:29.90 (51.98)             |     |    |                |      |

|     | Name | Cat | PB | Time | Info |
|-----|------|-----|----|------|------|
| 101 | yw   |     |    |      |      |
|     | bl   |     |    |      |      |
|     | m    |     |    |      |      |
|     | m    |     |    |      |      |

|     | Name                       | Cat | PB      | Time           | Info |
|-----|----------------------------|-----|---------|----------------|------|
| 102 | wt 58 <b>Famke Aukema</b>  | DPA | 1:22.03 | <b>1:20.60</b> | PB   |
|     | rd 84 <b>Iris Noordman</b> | DPB | 1:20.11 | <b>1:26.06</b> |      |
|     | <b>Famke Aukema</b>        |     |         |                |      |
|     | 300m 36.77 (36.77)         |     |         |                |      |
|     | 700m 1:20.60 (43.83)       |     |         |                |      |
|     | <b>Iris Noordman</b>       |     |         |                |      |
|     | 300m 38.39 (38.39)         |     |         |                |      |
|     | 700m 1:26.06 (47.67)       |     |         |                |      |

|     | Name                         | Cat | PB | Time           | Info |
|-----|------------------------------|-----|----|----------------|------|
| 103 | yw 47 <b>Anne van Duinen</b> | DPC |    | <b>1:40.35</b> | FL   |
|     | bl 173 <b>Kris de Haan</b>   | DC2 |    | <b>1:17.26</b> |      |
|     | <b>Anne van Duinen</b>       |     |    |                |      |
|     | 300m 48.63 (48.63)           |     |    |                |      |
|     | 700m 1:40.35 (51.72)         |     |    |                |      |
|     | <b>Kris de Haan</b>          |     |    |                |      |
|     | 300m 34.21 (34.21)           |     |    |                |      |
|     | 700m 1:17.26 (43.05)         |     |    |                |      |

|     | Name                         | Cat | PB      | Time           | Info |
|-----|------------------------------|-----|---------|----------------|------|
| 104 | wt 22 <b>Imme Ooijman</b>    | DC1 | 1:17.04 | <b>1:17.93</b> |      |
|     | rd 59 <b>Morgan DeFreese</b> | DPC | 1:13.17 | <b>1:12.27</b> | PB   |
|     | <b>Imme Ooijman</b>          |     |         |                |      |
|     | 300m 34.82 (34.82)           |     |         |                |      |
|     | 700m 1:17.93 (43.11)         |     |         |                |      |
|     | <b>Morgan DeFreese</b>       |     |         |                |      |
|     | 300m 32.23 (32.23)           |     |         |                |      |
|     | 700m 1:12.27 (40.04)         |     |         |                |      |

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

|       |    | Name                      |                           |         | Cat                      |         |         | PB      | Time           | Info |
|-------|----|---------------------------|---------------------------|---------|--------------------------|---------|---------|---------|----------------|------|
| 105   | yw | 161                       | <b>Renske van Winkoop</b> |         | DPC                      |         |         | 1:11.56 | <b>1:09.43</b> | PB   |
|       | bl | 28                        | <b>Iris Rietman</b>       |         | DC2                      |         |         | 1:08.17 | <b>1:06.74</b> | PB   |
|       |    | <b>Renske van Winkoop</b> |                           |         | <b>Iris Rietman</b>      |         |         |         |                |      |
|       |    | 300m                      | 31.04                     | (31.04) | 300m                     | 30.89   | (30.89) |         |                |      |
|       |    | 700m                      | 1:09.43                   | (38.39) | 700m                     | 1:06.74 | (35.85) |         |                |      |
| <hr/> |    |                           |                           |         |                          |         |         |         |                |      |
|       |    | Name                      |                           |         | Cat                      |         |         | PB      | Time           | Info |
| 106   | wt | 8                         | <b>Mees Klunder</b>       |         | HC1                      |         |         | 1:04.47 | <b>1:01.71</b> | PB   |
|       | rd | 156                       | <b>Joost Smeets</b>       |         | HC1                      |         |         | 1:10.88 | <b>1:12.64</b> |      |
|       |    | <b>Mees Klunder</b>       |                           |         | <b>Joost Smeets</b>      |         |         |         |                |      |
|       |    | 300m                      | 28.47                     | (28.47) | 300m                     | 32.23   | (32.23) |         |                |      |
|       |    | 700m                      | 1:01.71                   | (33.24) | 700m                     | 1:12.64 | (40.41) |         |                |      |
| <hr/> |    |                           |                           |         |                          |         |         |         |                |      |
|       |    | Name                      |                           |         | Cat                      |         |         | PB      | Time           | Info |
| 107   | yw | 16                        | <b>Chantal Herms</b>      |         | D45                      |         |         | 1:05.31 | <b>1:08.07</b> |      |
|       | bl | 15                        | <b>Caspian Alexander</b>  |         | HPB                      |         |         | 1:11.16 | <b>1:11.23</b> |      |
|       |    | <b>Chantal Herms</b>      |                           |         | <b>Caspian Alexander</b> |         |         |         |                |      |
|       |    | 300m                      | 31.25                     | (31.25) | 300m                     | 31.51   | (31.51) |         |                |      |
|       |    | 700m                      | 1:08.07                   | (36.82) | 700m                     | 1:11.23 | (39.72) |         |                |      |

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 8:55:33 PM

Print: 2/23/2025 11:33:25 AM

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 10. Result 1500 meter

| Pos | Name                      | Cat | Pair | Lane | Time Info | Points |
|-----|---------------------------|-----|------|------|-----------|--------|
| 1   | 115 Timon Nieuwenstein    | HSB | 110  | I    | 2:07.46   |        |
| 2   | 163 Koen Bos              | HA2 | 111  | O    | 2:19.94   |        |
| 3   | 50 Arjen Esselink         | H55 | 111  | I    | 2:22.47   |        |
| 4   | 112 Pieter Jan Oosterhoff | H50 | 110  | O    | 2:30.76   |        |
| 5   | 143 Twan van de Poppe     | HPA | 108  | O    | 2:31.54   |        |
| 6   | 91 Kor van den Hardenberg | H60 | 109  | O    | 2:38.09   |        |
| 7   | 124 Liam Schroten         | HPB | 109  | I    | 2:40.78   |        |
|     | 57 Noortje Kappers        | DPB |      |      | WDR       |        |

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 9:09:12 PM

Print: 2/23/2025 10:33:25 AM

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 10. Race Result 1500 meter

|     | Name                            | Cat | PB | Time Info      |
|-----|---------------------------------|-----|----|----------------|
| 108 | wt 57 <b>Noortje Kappers</b>    | DPB |    | <b>WDR</b>     |
|     | rd 143 <b>Twan van de Poppe</b> | HPA |    | <b>2:31.54</b> |

### Noortje Kappers

### Twan van de Poppe

|       |         |         |
|-------|---------|---------|
| 300m  | 31.40   | (31.40) |
| 700m  | 1:09.80 | (38.40) |
| 1100m | 1:50.19 | (40.39) |
| 1500m | 2:31.54 | (41.35) |

|     | Name                                | Cat | PB | Time Info      |
|-----|-------------------------------------|-----|----|----------------|
| 109 | yw 124 <b>Liam Schroten</b>         | HPB |    | <b>2:40.78</b> |
|     | bl 91 <b>Kor van den Hardenberg</b> | H60 |    | <b>2:38.09</b> |

### Liam Schroten

### Kor van den Hardenberg

|       |         |         |       |         |         |
|-------|---------|---------|-------|---------|---------|
| 300m  | 31.59   | (31.59) | 300m  | 33.96   | (33.96) |
| 700m  | 1:09.87 | (38.28) | 700m  | 1:13.46 | (39.50) |
| 1100m | 1:54.45 | (44.58) | 1100m | 1:54.91 | (41.45) |
| 1500m | 2:40.78 | (46.33) | 1500m | 2:38.09 | (43.18) |

|     | Name                                | Cat | PB      | Time Info      |
|-----|-------------------------------------|-----|---------|----------------|
| 110 | wt 115 <b>Timon Nieuwenstein</b>    | HSB | 1:51.19 | <b>2:07.46</b> |
|     | rd 112 <b>Pieter Jan Oosterhoff</b> | H50 | 2:21.51 | <b>2:30.76</b> |

### Timon Nieuwenstein

### Pieter Jan Oosterhoff

|       |         |         |       |         |         |
|-------|---------|---------|-------|---------|---------|
| 300m  | 27.54   | (27.54) | 300m  | 32.39   | (32.39) |
| 700m  | 59.58   | (32.04) | 700m  | 1:10.64 | (38.25) |
| 1100m | 1:33.17 | (33.59) | 1100m | 1:50.69 | (40.05) |
| 1500m | 2:07.46 | (34.29) | 1500m | 2:30.76 | (40.07) |

|     | Name                        | Cat | PB      | Time Info      |
|-----|-----------------------------|-----|---------|----------------|
| 111 | yw 50 <b>Arjen Esselink</b> | H55 | 2:16.94 | <b>2:22.47</b> |
|     | bl 163 <b>Koen Bos</b>      | HA2 | 2:17.73 | <b>2:19.94</b> |

### Arjen Esselink

### Koen Bos

|       |         |         |       |         |         |
|-------|---------|---------|-------|---------|---------|
| 300m  | 30.96   | (30.96) | 300m  | 30.02   | (30.02) |
| 700m  | 1:06.57 | (35.61) | 700m  | 1:04.75 | (34.73) |
| 1100m | 1:43.54 | (36.97) | 1100m | 1:41.59 | (36.84) |
| 1500m | 2:22.47 | (38.93) | 1500m | 2:19.94 | (38.35) |

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 11. Result 10000 meter

| Pos | Name                     | Cat | Pair | Lane | Time     | Info | Points |
|-----|--------------------------|-----|------|------|----------|------|--------|
| 1   | 67 Joris Mulder          | HC2 | 113  | I    | 16:47.83 | TRC  |        |
| 2   | 176 Stephan Edelijn      | H45 | 112  | I    | 17:20.81 |      |        |
| 3   | 36 Bas Hagen             | H50 | 114  | I    | 17:46.24 |      |        |
| 4   | 64 Jan-Willem van Velsen | H50 | 115  | O    | 18:06.07 | PB   |        |
| 5   | 30 Jasmijn Egers         | DN4 | 115  | I    | 18:25.78 |      |        |
| 6   | 63 Gerwin Boschloo       | H50 | 112  | O    | 18:54.01 | PB   |        |
|     | 166 Daniël van Velsen    | HA2 | 113  | O    | DNF      |      |        |
|     | 154 Quinten Meerveld     | HN2 | 114  | O    | DQ       |      |        |

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 10:04:44 PM

Print: 2/23/2025 10:33:25 AM

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 11. Race Result 10000 meter

|     | Name                          | Cat              | PB       | Time            | Info |
|-----|-------------------------------|------------------|----------|-----------------|------|
| 112 | wt 176 <b>Stephan Edelijn</b> | H45              |          | <b>17:20.81</b> |      |
|     | rd 63 <b>Gerwin Boschloo</b>  | H50              | 19:41.50 | <b>18:54.01</b> | PB   |
|     | <b>Stephan Edelijn</b>        |                  |          |                 |      |
|     | 400m                          | 45.56 (45.56)    |          |                 |      |
|     | 800m                          | 1:26.71 (41.15)  |          |                 |      |
|     | 1200m                         | 2:08.92 (42.21)  |          |                 |      |
|     | 1600m                         | 2:50.01 (41.09)  |          |                 |      |
|     | 2000m                         | 3:31.49 (41.48)  |          |                 |      |
|     | 2400m                         | 4:13.14 (41.65)  |          |                 |      |
|     | 2800m                         | 4:55.36 (42.22)  |          |                 |      |
|     | 3200m                         | 5:37.89 (42.53)  |          |                 |      |
|     | 3600m                         | 6:20.68 (42.79)  |          |                 |      |
|     | 4000m                         | 7:03.12 (42.44)  |          |                 |      |
|     | 4400m                         | 7:45.69 (42.57)  |          |                 |      |
|     | 4800m                         | 8:27.86 (42.17)  |          |                 |      |
|     | 5200m                         | 9:09.66 (41.80)  |          |                 |      |
|     | 5600m                         | 9:51.43 (41.77)  |          |                 |      |
|     | 6000m                         | 10:32.42 (40.99) |          |                 |      |
|     | 6400m                         | 11:12.84 (40.42) |          |                 |      |
|     | 6800m                         | 11:53.70 (40.86) |          |                 |      |
|     | 7200m                         | 12:34.24 (40.54) |          |                 |      |
|     | 7600m                         | 13:14.86 (40.62) |          |                 |      |
|     | 8000m                         | 13:56.24 (41.38) |          |                 |      |
|     | 8400m                         | 14:37.45 (41.21) |          |                 |      |
|     | 8800m                         | 15:17.86 (40.41) |          |                 |      |
|     | 9200m                         | 15:59.08 (41.22) |          |                 |      |
|     | 9600m                         | 16:40.15 (41.07) |          |                 |      |
|     | 10000m                        | 17:20.81 (40.66) |          |                 |      |
|     | <b>Gerwin Boschloo</b>        |                  |          |                 |      |
|     | 400m                          | 45.22 (45.22)    |          |                 |      |
|     | 800m                          | 1:28.51 (43.29)  |          |                 |      |
|     | 1200m                         | 2:12.57 (44.06)  |          |                 |      |
|     | 1600m                         | 2:57.08 (44.51)  |          |                 |      |
|     | 2000m                         | 3:41.58 (44.50)  |          |                 |      |
|     | 2400m                         | 4:26.31 (44.73)  |          |                 |      |
|     | 2800m                         | 5:10.66 (44.35)  |          |                 |      |
|     | 3200m                         | 5:54.66 (44.00)  |          |                 |      |
|     | 3600m                         | 6:39.39 (44.73)  |          |                 |      |
|     | 4000m                         | 7:24.02 (44.63)  |          |                 |      |
|     | 4400m                         | 8:08.84 (44.82)  |          |                 |      |
|     | 4800m                         | 8:53.89 (45.05)  |          |                 |      |
|     | 5200m                         | 9:39.23 (45.34)  |          |                 |      |
|     | 5600m                         | 10:24.25 (45.02) |          |                 |      |
|     | 6000m                         | 11:09.43 (45.18) |          |                 |      |
|     | 6400m                         | 11:54.55 (45.12) |          |                 |      |
|     | 6800m                         | 12:39.39 (44.84) |          |                 |      |
|     | 7200m                         | 13:24.77 (45.38) |          |                 |      |
|     | 7600m                         | 14:11.77 (47.00) |          |                 |      |
|     | 8000m                         | 14:58.60 (46.83) |          |                 |      |
|     | 8400m                         | 15:45.46 (46.86) |          |                 |      |
|     | 8800m                         | 16:32.04 (46.58) |          |                 |      |
|     | 9200m                         | 17:19.69 (47.65) |          |                 |      |
|     | 9600m                         | 18:06.67 (46.98) |          |                 |      |
|     | 10000m                        | 18:54.01 (47.34) |          |                 |      |



# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

|     | Name                            | Cat | PB | Time            | Info       |
|-----|---------------------------------|-----|----|-----------------|------------|
| 113 | yw 67 <b>Joris Mulder</b>       | HC2 |    | <b>16:47.83</b> | TRC        |
|     | bl 166 <b>Daniël van Velsen</b> | HA2 |    |                 | <b>DNF</b> |

## Joris Mulder

|        |          |         |
|--------|----------|---------|
| 400m   | 43.17    | (43.17) |
| 800m   | 1:23.65  | (40.48) |
| 1200m  | 2:04.59  | (40.94) |
| 1600m  | 2:45.30  | (40.71) |
| 2000m  | 3:26.34  | (41.04) |
| 2400m  | 4:07.51  | (41.17) |
| 2800m  | 4:48.49  | (40.98) |
| 3200m  | 5:29.66  | (41.17) |
| 3600m  | 6:10.38  | (40.72) |
| 4000m  | 6:51.17  | (40.79) |
| 4400m  | 7:31.63  | (40.46) |
| 4800m  | 8:12.20  | (40.57) |
| 5200m  | 8:52.02  | (39.82) |
| 5600m  | 9:31.44  | (39.42) |
| 6000m  | 10:10.23 | (38.79) |
| 6400m  | 10:49.34 | (39.11) |
| 6800m  | 11:28.57 | (39.23) |
| 7200m  | 12:08.16 | (39.59) |
| 7600m  | 12:48.16 | (40.00) |
| 8000m  | 13:28.05 | (39.89) |
| 8400m  | 14:08.03 | (39.98) |
| 8800m  | 14:47.75 | (39.72) |
| 9200m  | 15:27.48 | (39.73) |
| 9600m  | 16:07.29 | (39.81) |
| 10000m | 16:47.83 | (40.54) |

## Daniël van Velsen

|      |       |         |
|------|-------|---------|
| 400m | 43.13 | (43.13) |
|------|-------|---------|

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

|     |    | Name                        | Cat              | PB                      | Time             | Info |
|-----|----|-----------------------------|------------------|-------------------------|------------------|------|
| 114 | wt | 36 <b>Bas Hagen</b>         | H50              | 17:22.50                | <b>17:46.24</b>  |      |
|     | rd | 154 <b>Quinten Meerveld</b> | HN2              | 15:24.67                | <b>DQ</b>        |      |
|     |    | <b>Bas Hagen</b>            |                  | <b>Quinten Meerveld</b> |                  |      |
|     |    | 400m                        | 44.40 (44.40)    | 400m                    | 38.72 (38.72)    |      |
|     |    | 800m                        | 1:24.18 (39.78)  | 800m                    | 1:14.24 (35.52)  |      |
|     |    | 1200m                       | 2:05.54 (41.36)  | 1200m                   | 1:50.13 (35.89)  |      |
|     |    | 1600m                       | 2:47.61 (42.07)  | 1600m                   | 2:25.50 (35.37)  |      |
|     |    | 2000m                       | 3:30.14 (42.53)  | 2000m                   | 3:01.58 (36.08)  |      |
|     |    | 2400m                       | 4:12.87 (42.73)  | 2400m                   | 3:38.40 (36.82)  |      |
|     |    | 2800m                       | 4:55.05 (42.18)  | 2800m                   | 4:15.39 (36.99)  |      |
|     |    | 3200m                       | 5:37.18 (42.13)  | 3200m                   | 4:52.59 (37.20)  |      |
|     |    | 3600m                       | 6:20.19 (43.01)  | 3600m                   | 5:30.27 (37.68)  |      |
|     |    | 4000m                       | 7:03.10 (42.91)  | 4000m                   | 6:09.21 (38.94)  |      |
|     |    | 4400m                       | 7:46.12 (43.02)  | 4400m                   | 6:48.86 (39.65)  |      |
|     |    | 4800m                       | 8:29.26 (43.14)  | 4800m                   | 7:28.14 (39.28)  |      |
|     |    | 5200m                       | 9:12.17 (42.91)  | 5200m                   | 8:07.64 (39.50)  |      |
|     |    | 5600m                       | 9:55.41 (43.24)  | 5600m                   | 8:46.31 (38.67)  |      |
|     |    | 6000m                       | 10:38.66 (43.25) | 6000m                   | 9:25.12 (38.81)  |      |
|     |    | 6400m                       | 11:21.83 (43.17) | 6400m                   | 10:03.49 (38.37) |      |
|     |    | 6800m                       | 12:04.52 (42.69) | 6800m                   | 10:42.31 (38.82) |      |
|     |    | 7200m                       | 12:47.91 (43.39) | 7200m                   | 11:21.18 (38.87) |      |
|     |    | 7600m                       | 13:30.89 (42.98) | 7600m                   | 12:00.77 (39.59) |      |
|     |    | 8000m                       | 14:14.58 (43.69) | 8000m                   | 12:40.51 (39.74) |      |
|     |    | 8400m                       | 14:58.08 (43.50) | 8400m                   | 13:20.51 (40.00) |      |
|     |    | 8800m                       | 15:40.69 (42.61) | 8800m                   | 14:00.07 (39.56) |      |
|     |    | 9200m                       | 16:23.47 (42.78) | 9200m                   | 14:39.47 (39.40) |      |
|     |    | 9600m                       | 17:05.61 (42.14) | 9600m                   | 15:16.92 (37.45) |      |
|     |    | 10000m                      | 17:46.24 (40.63) | 10000m                  | 15:56.55 (39.63) |      |

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 10:04:44 PM

Print: 2/23/2025 11:33:25 AM

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

|     | Name                               | Cat | PB       | Time            | Info |
|-----|------------------------------------|-----|----------|-----------------|------|
| 115 | yw 30 <b>Jasmijn Egers</b>         | DN4 | 18:14.45 | <b>18:25.78</b> |      |
|     | bl 64 <b>Jan-Willem van Velsen</b> | H50 | 18:13.32 | <b>18:06.07</b> | PB   |

## Jasmijn Egers

|        |          |         |
|--------|----------|---------|
| 400m   | 44.68    | (44.68) |
| 800m   | 1:25.20  | (40.52) |
| 1200m  | 2:07.07  | (41.87) |
| 1600m  | 2:48.73  | (41.66) |
| 2000m  | 3:31.16  | (42.43) |
| 2400m  | 4:14.06  | (42.90) |
| 2800m  | 4:57.45  | (43.39) |
| 3200m  | 5:41.95  | (44.50) |
| 3600m  | 6:25.96  | (44.01) |
| 4000m  | 7:10.43  | (44.47) |
| 4400m  | 7:55.57  | (45.14) |
| 4800m  | 8:40.39  | (44.82) |
| 5200m  | 9:25.37  | (44.98) |
| 5600m  | 10:10.44 | (45.07) |
| 6000m  | 10:55.57 | (45.13) |
| 6400m  | 11:40.66 | (45.09) |
| 6800m  | 12:25.48 | (44.82) |
| 7200m  | 13:10.24 | (44.76) |
| 7600m  | 13:55.19 | (44.95) |
| 8000m  | 14:39.79 | (44.60) |
| 8400m  | 15:25.59 | (45.80) |
| 8800m  | 16:10.98 | (45.39) |
| 9200m  | 16:56.51 | (45.53) |
| 9600m  | 17:41.67 | (45.16) |
| 10000m | 18:25.78 | (44.11) |

## Jan-Willem van Velsen

|        |          |         |
|--------|----------|---------|
| 400m   | 42.51    | (42.51) |
| 800m   | 1:21.15  | (38.64) |
| 1200m  | 2:01.95  | (40.80) |
| 1600m  | 2:43.60  | (41.65) |
| 2000m  | 3:24.65  | (41.05) |
| 2400m  | 4:06.49  | (41.84) |
| 2800m  | 4:48.74  | (42.25) |
| 3200m  | 5:31.69  | (42.95) |
| 3600m  | 6:14.60  | (42.91) |
| 4000m  | 6:58.15  | (43.55) |
| 4400m  | 7:42.11  | (43.96) |
| 4800m  | 8:26.67  | (44.56) |
| 5200m  | 9:10.65  | (43.98) |
| 5600m  | 9:54.68  | (44.03) |
| 6000m  | 10:39.33 | (44.65) |
| 6400m  | 11:24.26 | (44.93) |
| 6800m  | 12:09.16 | (44.90) |
| 7200m  | 12:54.36 | (45.20) |
| 7600m  | 13:40.24 | (45.88) |
| 8000m  | 14:25.61 | (45.37) |
| 8400m  | 15:11.18 | (45.57) |
| 8800m  | 15:56.77 | (45.59) |
| 9200m  | 16:41.40 | (44.63) |
| 9600m  | 17:24.16 | (42.76) |
| 10000m | 18:06.07 | (41.91) |