

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 1. Result 300 meter 1e

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	32 <b>Lenneke Groot Koerkamp</b>	DB2	8	I	<b>29.41</b>	PB	
2	144 <b>Lars Bruins</b>	HC1	8	O	<b>32.24</b>	PB	
3	120 <b>Sil Wisselink</b>	HC2	7	O	<b>32.79</b>	PB	
4	151 <b>Minke Nijenhuis</b>	DPB	5	I	<b>35.86</b>	PB	
5	168 <b>Eva Mezzo</b>	DPC	7	I	<b>36.33</b>		
6	129 <b>Myrthe Cents</b>	DPD	6	O	<b>37.12</b>	PB	
7	164 <b>Simon de Olde</b>	HPE	5	O	<b>37.50</b>	PB	
8	141 <b>Feline van de Brandhof</b>	DPB	3	I	<b>37.75</b>	PB	
	128 <b>Viene Veltman</b>	DC2	2	I	<b>37.75</b>		
10	125 <b>Jasmijn Smit</b>	DPD	6	I	<b>38.16</b>		
11	116 <b>Kim Versteeg</b>	DPB	4	O	<b>38.40</b>		
12	102 <b>Pien Evers</b>	DPD	3	O	<b>38.48</b>	PB	
13	165 <b>Jill Isfordink</b>	DPD	2	O	<b>40.32</b>	PB	
14	140 <b>Coosje Sinke</b>	DPB	4	I	<b>41.78</b>		
15	131 <b>Niek Wijtten</b>	HPC	1	I	<b>43.60</b>		
16	75 <b>Julian Tuitert</b>	HPD	1	O	<b>49.06</b>		

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 6:27:48 PM

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# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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## 1. Race Result 300 meter 1e

		Name		Cat		PB	Time	Info
1	wt	131	<b>Niek Wijtten</b>		HPC		42.72	<b>43.60</b>
	rd	75	<b>Julian Tuitert</b>		HPD		45.20	<b>49.06</b>
		<u>Niek Wijtten</u>			<u>Julian Tuitert</u>			
		300m	43.60	(43.60)	300m	49.06	(49.06)	

		Name		Cat		PB	Time	Info
2	yw	128	<b>Viene Veltman</b>		DC2			<b>37.75</b>
	bl	165	<b>Jill Isfordink</b>		DPD	42.11		<b>40.32</b> PB
		<u>Viene Veltman</u>			<u>Jill Isfordink</u>			
		300m	37.75	(37.75)	300m	40.32	(40.32)	

		Name		Cat		PB	Time	Info
3	wt	141	<b>Feline van de Brandhof</b>		DPB	38.65		<b>37.75</b> PB
	rd	102	<b>Pien Evers</b>		DPD	40.04		<b>38.48</b> PB
		<u>Feline van de Brandhof</u>			<u>Pien Evers</u>			
		300m	37.75	(37.75)	300m	38.48	(38.48)	

		Name		Cat		PB	Time	Info
4	yw	140	<b>Coosje Sinke</b>		DPB	40.78		<b>41.78</b>
	bl	116	<b>Kim Versteeg</b>		DPB	37.41		<b>38.40</b>
		<u>Coosje Sinke</u>			<u>Kim Versteeg</u>			
		300m	41.78	(41.78)	300m	38.40	(38.40)	

		Name		Cat		PB	Time	Info
5	wt	151	<b>Minke Nijenhuis</b>		DPB	36.59		<b>35.86</b> PB
	rd	164	<b>Simon de Olde</b>		HPE	37.85		<b>37.50</b> PB
		<u>Minke Nijenhuis</u>			<u>Simon de Olde</u>			
		300m	35.86	(35.86)	300m	37.50	(37.50)	

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		Name	Cat	PB	Time	Info
6	yw	125 <b>Jasmijn Smit</b>	DPD	37.32	<b>38.16</b>	
	bl	129 <b>Myrthe Cents</b>	DPD	37.70	<b>37.12</b>	PB
		<u>Jasmijn Smit</u>			<u>Myrthe Cents</u>	
		300m 38.16 (38.16)		300m 37.12 (37.12)		

		Name	Cat	PB	Time	Info
7	wt	168 <b>Eva Mezzo</b>	DPC	35.06	<b>36.33</b>	
	rd	120 <b>Sil Wisselink</b>	HC2	33.64	<b>32.79</b>	PB
		<u>Eva Mezzo</u>			<u>Sil Wisselink</u>	
		300m 36.33 (36.33)		300m 32.79 (32.79)		

		Name	Cat	PB	Time	Info
8	yw	32 <b>Lenneke Groot Koerkamp</b>	DB2	29.43	<b>29.41</b>	PB
	bl	144 <b>Lars Bruins</b>	HC1	34.72	<b>32.24</b>	PB
		<u>Lenneke Groot Koerkamp</u>			<u>Lars Bruins</u>	
		300m 29.41 (29.41)		300m 32.24 (32.24)		

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Sport- en Recreatiecentrum de Scheg - Deventer

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## 2. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	37 Lesley Bartelds	HA1	33	I	27.52	PB	
2	83 Beau Kappers	HB1	34	I	27.58	PB	
3	42 Erik Jeuring	H40	34	O	27.72		
4	98 Evy van Zoest	DB1	32	O	29.14		
5	119 Huub Smeets	HB1	32	I	29.87	PB	
6	46 Elena Ruijtenberg	DC1	31	I	30.35		
7	69 Wietske Bannink	DSB	33	O	30.77		
8	55 Bas Ellenbroek	HPA	30	I	30.86	PB	
9	66 Dalanda Jalloh	DB1	30	O	31.42		
10	7 Diede Salomons	DPA	29	I	31.73		
11	60 Megan Bootsveld	DN2	31	O	31.96		
12	34 Marlin Schouwstra	DB1	29	O	32.14		
13	17 Herre Mak	HPA	28	O	32.25	PB	
14	13 Just Klunder	HPB	27	I	32.73		
15	74 Joëlle van Drimmelen	DPC	28	I	33.67	PB	
16	19 Noor Klunder	DPC	25	I	33.70		
17	56 Yvonne van den Berg	DPA	24	O	33.86	PB	
18	54 Roan Varenbrink	HPC	27	O	34.27		
19	93 Luuk Groothuis	HPC	26	I	34.31	PB	
	72 Silke van den Bos	DPA	23	O	34.31		
21	94 Ties Groothuis	HPD	24	I	34.36	PB	
	11 Olle Klunder	HPE	26	O	34.36		
23	44 Liam Makkinga	HPE	23	I	35.22		
24	136 Jill Krikken	DPD	25	O	35.27		
25	118 Naomi Potjes	DPC	22	I	35.81		
26	150 Alexander Warmink	HPA	19	I	36.22		
27	27 Suze Kleinsman	DPB	19	O	36.97	PB	
28	25 Lauren Wolters	DPD	21	O	37.13		
29	109 Danique Stout	DPC	22	O	37.15		
30	18 Elin Mak	DPE	20	I	37.44		
31	20 Blom Ooijman	DPA	20	O	37.74		
32	76 Eline Tuitert	DPC	21	I	38.65		
33	130 Evelien Abbink	DPA	9	O	39.03		
34	99 Samuel Jagtenberg	HPC	18	I	39.42	PB	
35	45 Yara Makkinga	DPB	15	I	40.12		
36	134 Bastian Klomp	HPD	17	O	40.25		
37	122 Judith de Jong	DPC	18	O	40.63		
38	159 Vajèn Kerkmeijer	DPD	17	I	40.69		

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	85 Esmee Noordman	DPF	15	O	41.23	PB	
40	170 Fajah Lugtenberg	DPE	13	I	41.54	PB	
41	135 Yinthe de Jong	DPC	16	O	42.06	PB	
42	127 Aline Veltman	DPA	14	I	42.69	PB	
43	87 Vayèn van der Weerd	DPE	16	I	42.87		
44	39 Milou Ruijtenberg	DPE	13	O	43.51	PB	
45	126 Eeske Veltman	DPD	12	I	44.25		
46	149 Thijmen Warmink	HPC	14	O	44.44		
47	171 Roos Bak	DPF	10	I	44.45		
48	100 Hanne Jagtenberg	DPE	9	I	45.23	PB	
49	48 Lotte van Duinen	DPE	11	I	45.41	PB	
50	123 Arwen Bezembinder	DPB	12	O	47.48	PB	
51	148 Ruben Warmink	HPE	11	O	47.97	PB	
52	14 Faas Klunder	HPE	10	O	54.41		

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# Recordwedstrijd dinsdag

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## 2. Race Result 300 meter

		Name	Cat	PB	Time	Info
9	wt	100 <b>Hanne Jagtenberg</b>	DPE	51.89	<b>45.23</b>	PB
	rd	130 <b>Evelien Abbink</b>	DPA		<b>39.03</b>	
		<u>Hanne Jagtenberg</u>		<u>Evelien Abbink</u>		
		300m 45.23 (45.23)		300m 39.03 (39.03)		

		Name	Cat	PB	Time	Info
10	yw	171 <b>Roos Bak</b>	DPF		<b>44.45</b>	
	bl	14 <b>Faas Klunder</b>	HPE	53.10	<b>54.41</b>	
		<u>Roos Bak</u>		<u>Faas Klunder</u>		
		300m 44.45 (44.45)		300m 54.41 (54.41)		

		Name	Cat	PB	Time	Info
11	wt	48 <b>Lotte van Duinen</b>	DPE	46.75	<b>45.41</b>	PB
	rd	148 <b>Ruben Warmink</b>	HPE	48.27	<b>47.97</b>	PB
		<u>Lotte van Duinen</u>		<u>Ruben Warmink</u>		
		300m 45.41 (45.41)		300m 47.97 (47.97)		

		Name	Cat	PB	Time	Info
12	yw	126 <b>Eeske Veltman</b>	DPD	44.16	<b>44.25</b>	
	bl	123 <b>Arwen Bezembinder</b>	DPB	50.34	<b>47.48</b>	PB
		<u>Eeske Veltman</u>		<u>Arwen Bezembinder</u>		
		300m 44.25 (44.25)		300m 47.48 (47.48)		

		Name	Cat	PB	Time	Info
13	wt	170 <b>Fajah Lugtenberg</b>	DPE	41.94	<b>41.54</b>	PB
	rd	39 <b>Milou Ruijtenberg</b>	DPE	44.10	<b>43.51</b>	PB
		<u>Fajah Lugtenberg</u>		<u>Milou Ruijtenberg</u>		
		300m 41.54 (41.54)		300m 43.51 (43.51)		

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		Name	Cat	PB	Time	Info
14	yw	127 <b>Aline Veltman</b>	DPA	43.70	<b>42.69</b>	PB
	bl	149 <b>Thijmen Warmink</b>	HPC	43.15	<b>44.44</b>	
		<u>Aline Veltman</u>				
		300m	42.69	(42.69)		
		<u>Thijmen Warmink</u>				
		300m	44.44	(44.44)		
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		Name	Cat	PB	Time	Info
15	wt	45 <b>Yara Makkinga</b>	DPB	39.28	<b>40.12</b>	
	rd	85 <b>Esmee Noordman</b>	DPF	41.80	<b>41.23</b>	PB
		<u>Yara Makkinga</u>				
		300m	40.12	(40.12)		
		<u>Esmee Noordman</u>				
		300m	41.23	(41.23)		
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		Name	Cat	PB	Time	Info
16	yw	87 <b>Vayèn van der Weerd</b>	DPE	41.56	<b>42.87</b>	
	bl	135 <b>Yinthe de Jong</b>	DPC	42.52	<b>42.06</b>	PB
		<u>Vayèn van der Weerd</u>				
		300m	42.87	(42.87)		
		<u>Yinthe de Jong</u>				
		300m	42.06	(42.06)		
<hr/>						
		Name	Cat	PB	Time	Info
17	wt	159 <b>Vajèn Kerkmeijer</b>	DPD	40.33	<b>40.69</b>	
	rd	134 <b>Bastian Klomp</b>	HPD	38.62	<b>40.25</b>	
		<u>Vajèn Kerkmeijer</u>				
		300m	40.69	(40.69)		
		<u>Bastian Klomp</u>				
		300m	40.25	(40.25)		
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		Name	Cat	PB	Time	Info
18	yw	99 <b>Samuel Jagtenberg</b>	HPC	41.42	<b>39.42</b>	PB
	bl	122 <b>Judith de Jong</b>	DPC	37.87	<b>40.63</b>	
		<u>Samuel Jagtenberg</u>				
		300m	39.42	(39.42)		
		<u>Judith de Jong</u>				
		300m	40.63	(40.63)		
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		Name	Cat	PB	Time	Info
19	wt	150 <b>Alexander Warmink</b>	HPA	36.18	<b>36.22</b>	
	rd	27 <b>Suze Kleinsman</b>	DPB	37.77	<b>36.97</b>	PB
		<u>Alexander Warmink</u>				
		300m	36.22	(36.22)		
		<u>Suze Kleinsman</u>				
		300m	36.97	(36.97)		

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		Name	Cat	PB	Time	Info
20	yw	18 <b>Elin Mak</b>	DPE	37.24	<b>37.44</b>	
	bl	20 <b>Blom Ooijman</b>	DPA	36.64	<b>37.74</b>	
		<u>Elin Mak</u>		<u>Blom Ooijman</u>		
		300m 37.44 (37.44)		300m 37.74 (37.74)		
<hr/>						
		Name	Cat	PB	Time	Info
21	wt	76 <b>Eline Tuitert</b>	DPC	36.40	<b>38.65</b>	
	rd	25 <b>Lauren Wolters</b>	DPD	36.18	<b>37.13</b>	
		<u>Eline Tuitert</u>		<u>Lauren Wolters</u>		
		300m 38.65 (38.65)		300m 37.13 (37.13)		
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		Name	Cat	PB	Time	Info
22	yw	118 <b>Naomi Potjes</b>	DPC	35.63	<b>35.81</b>	
	bl	109 <b>Danique Stout</b>	DPC	35.89	<b>37.15</b>	
		<u>Naomi Potjes</u>		<u>Danique Stout</u>		
		300m 35.81 (35.81)		300m 37.15 (37.15)		
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		Name	Cat	PB	Time	Info
23	wt	44 <b>Liam Makkinga</b>	HPE	34.51	<b>35.22</b>	
	rd	72 <b>Silke van den Bos</b>	DPA	33.76	<b>34.31</b>	
		<u>Liam Makkinga</u>		<u>Silke van den Bos</u>		
		300m 35.22 (35.22)		300m 34.31 (34.31)		
<hr/>						
		Name	Cat	PB	Time	Info
24	yw	94 <b>Ties Groothuis</b>	HPD	35.66	<b>34.36</b>	PB
	bl	56 <b>Yvonne van den Berg</b>	DPA	35.37	<b>33.86</b>	PB
		<u>Ties Groothuis</u>		<u>Yvonne van den Berg</u>		
		300m 34.36 (34.36)		300m 33.86 (33.86)		
<hr/>						
		Name	Cat	PB	Time	Info
25	wt	19 <b>Noor Klunder</b>	DPC	33.28	<b>33.70</b>	
	rd	136 <b>Jill Krikken</b>	DPD	34.21	<b>35.27</b>	
		<u>Noor Klunder</u>		<u>Jill Krikken</u>		
		300m 33.70 (33.70)		300m 35.27 (35.27)		



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		Name	Cat	PB	Time	Info
26	yw	93 <b>Luuk Groothuis</b>	HPC	34.48	<b>34.31</b>	PB
	bl	11 <b>Olle Klunder</b>	HPE	34.27	<b>34.36</b>	
		<u>Luuk Groothuis</u>			<u>Olle Klunder</u>	
		300m 34.31 (34.31)		300m 34.36 (34.36)		
<hr/>						
		Name	Cat	PB	Time	Info
27	wt	13 <b>Just Klunder</b>	HPB	32.53	<b>32.73</b>	
	rd	54 <b>Roan Varenbrink</b>	HPC	33.97	<b>34.27</b>	
		<u>Just Klunder</u>			<u>Roan Varenbrink</u>	
		300m 32.73 (32.73)		300m 34.27 (34.27)		
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		Name	Cat	PB	Time	Info
28	yw	74 <b>Joëlle van Drimmelen</b>	DPC	34.10	<b>33.67</b>	PB
	bl	17 <b>Herre Mak</b>	HPA	32.27	<b>32.25</b>	PB
		<u>Joëlle van Drimmelen</u>			<u>Herre Mak</u>	
		300m 33.67 (33.67)		300m 32.25 (32.25)		
<hr/>						
		Name	Cat	PB	Time	Info
29	wt	7 <b>Diede Salomons</b>	DPA	31.47	<b>31.73</b>	
	rd	34 <b>Marlin Schouwstra</b>	DB1	31.79	<b>32.14</b>	
		<u>Diede Salomons</u>			<u>Marlin Schouwstra</u>	
		300m 31.73 (31.73)		300m 32.14 (32.14)		
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		Name	Cat	PB	Time	Info
30	yw	55 <b>Bas Ellenbroek</b>	HPA	31.65	<b>30.86</b>	PB
	bl	66 <b>Dalanda Jalloh</b>	DB1	30.49	<b>31.42</b>	
		<u>Bas Ellenbroek</u>			<u>Dalanda Jalloh</u>	
		300m 30.86 (30.86)		300m 31.42 (31.42)		
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		Name	Cat	PB	Time	Info
31	wt	46 <b>Elena Ruijtenberg</b>	DC1	29.94	<b>30.35</b>	
	rd	60 <b>Megan Bootsveld</b>	DN2	30.80	<b>31.96</b>	
		<u>Elena Ruijtenberg</u>			<u>Megan Bootsveld</u>	
		300m 30.35 (30.35)		300m 31.96 (31.96)		

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		Name	Cat	PB	Time	Info
32	yw	119 <b>Huub Smeets</b>	HB1	30.79	<b>29.87</b>	PB
	bl	98 <b>Evy van Zoest</b>	DB1	28.87	<b>29.14</b>	
		<b>Huub Smeets</b>				
		300m	29.87	(29.87)		
		<b>Evy van Zoest</b>				
		300m	29.14	(29.14)		

		Name	Cat	PB	Time	Info
33	wt	37 <b>Lesley Bartelds</b>	HA1	27.99	<b>27.52</b>	PB
	rd	69 <b>Wietske Bannink</b>	DSB	28.09	<b>30.77</b>	
		<b>Lesley Bartelds</b>				
		300m	27.52	(27.52)		
		<b>Wietske Bannink</b>				
		300m	30.77	(30.77)		

		Name	Cat	PB	Time	Info
34	yw	83 <b>Beau Kappers</b>	HB1	28.18	<b>27.58</b>	PB
	bl	42 <b>Erik Jeuring</b>	H40	27.12	<b>27.72</b>	
		<b>Beau Kappers</b>				
		300m	27.58	(27.58)		
		<b>Erik Jeuring</b>				
		300m	27.72	(27.72)		

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 3. Result 300 meter 2e

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	144 Lars Bruins	HC1	42	I	32.30		
2	120 Sil Wisselink	HC2	41	I	33.51		
3	151 Minke Nijenhuis	DPB	39	O	37.05		
4	168 Eva Mezzo	DPC	41	O	37.17		
5	164 Simon de Olde	HPE	39	I	37.35	PB	
6	128 Viene Veltman	DC2	36	O	37.37		
7	125 Jasmijn Smit	DPD	40	O	38.68		
8	116 Kim Versteeg	DPB	38	I	39.26		
9	141 Feline van de Brandhof	DPB	37	O	39.64		
10	165 Jill Isfordink	DPD	36	I	40.84		
11	32 Lenneke Groot Koerkamp	DB2	42	O	41.56	FL	
12	140 Coosje Sinke	DPB	38	O	42.42		
13	129 Myrthe Cents	DPD	40	I	43.69	FL	
14	131 Niek Wijtten	HPC	35	O	44.07		
15	75 Julian Tuitert	HPD	35	I	48.17		
16	102 Pien Evers	DPD	37	I	49.37		

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7 March 2023

## 3. Race Result 300 meter 2e

		Name		Cat		PB		Time	Info
35	wt	75	<b>Julian Tuitert</b>		HPD		45.20	<b>48.17</b>	
	rd	131	<b>Niek Wijtten</b>		HPC		42.72	<b>44.07</b>	
		<u>Julian Tuitert</u>					<u>Niek Wijtten</u>		
		300m	48.17	(48.17)			300m	44.07	(44.07)

		Name		Cat		PB		Time	Info
36	yw	165	<b>Jill Isfordink</b>		DPD		42.11	<b>40.84</b>	
	bl	128	<b>Viene Veltman</b>		DC2			<b>37.37</b>	
		<u>Jill Isfordink</u>					<u>Viene Veltman</u>		
		300m	40.84	(40.84)			300m	37.37	(37.37)

		Name		Cat		PB		Time	Info
37	wt	102	<b>Pien Evers</b>		DPD		40.04	<b>49.37</b>	
	rd	141	<b>Feline van de Brandhof</b>		DPB		38.65	<b>39.64</b>	
		<u>Pien Evers</u>					<u>Feline van de Brandhof</u>		
		300m	49.37	(49.37)			300m	39.64	(39.64)

		Name		Cat		PB		Time	Info
38	yw	116	<b>Kim Versteeg</b>		DPB		37.41	<b>39.26</b>	
	bl	140	<b>Coosje Sinke</b>		DPB		40.78	<b>42.42</b>	
		<u>Kim Versteeg</u>					<u>Coosje Sinke</u>		
		300m	39.26	(39.26)			300m	42.42	(42.42)

		Name		Cat		PB		Time	Info
39	wt	164	<b>Simon de Olde</b>		HPE		37.85	<b>37.35</b>	PB
	rd	151	<b>Minke Nijenhuis</b>		DPB		36.59	<b>37.05</b>	
		<u>Simon de Olde</u>					<u>Minke Nijenhuis</u>		
		300m	37.35	(37.35)			300m	37.05	(37.05)

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		Name	Cat	PB	Time	Info
40	yw	129 <b>Myrthe Cents</b>	DPD	37.70	<b>43.69</b>	FL
	bl	125 <b>Jasmijn Smit</b>	DPD	37.32	<b>38.68</b>	
		<b>Myrthe Cents</b>				
		300m	43.69	(43.69)		
		<b>Jasmijn Smit</b>				
		300m	38.68	(38.68)		
<hr/>						
		Name	Cat	PB	Time	Info
41	wt	120 <b>Sil Wisselink</b>	HC2	33.64	<b>33.51</b>	
	rd	168 <b>Eva Mezzo</b>	DPC	35.06	<b>37.17</b>	
		<b>Sil Wisselink</b>				
		300m	33.51	(33.51)		
		<b>Eva Mezzo</b>				
		300m	37.17	(37.17)		
<hr/>						
		Name	Cat	PB	Time	Info
42	yw	144 <b>Lars Bruins</b>	HC1	34.72	<b>32.30</b>	
	bl	32 <b>Lenneke Groot Koerkamp</b>	DB2	29.43	<b>41.56</b>	FL
		<b>Lars Bruins</b>				
		300m	32.30	(32.30)		
		<b>Lenneke Groot Koerkamp</b>				
		300m	41.56	(41.56)		

Referee:

Assistant:

Starter:

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## 4. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	158 Luca Batterink	HPA	56	O	11.78		
2	119 Huub Smeets	HB1	55	I	12.45		
3	46 Elena Ruijtenberg	DC1	56	I	12.57		
4	7 Diede Salomons	DPA	53	O	13.19		
5	54 Roan Varenbrink	HPC	54	I	13.36		
6	136 Jill Krikken	DPD	53	I	13.47		
7	44 Liam Makkinga	HPE	54	O	13.62		
8	150 Alexander Warmink	HPA	52	O	13.91	PB	
9	109 Danique Stout	DPC	51	O	14.45		
10	134 Bastian Klomp	HPD	51	I	15.01		
11	122 Judith de Jong	DPC	52	I	15.10		
12	130 Evelien Abbink	DPA	49	I	15.11	PB	
13	99 Samuel Jagtenberg	HPC	49	O	15.30		
14	170 Fajah Lugtenberg	DPE	50	O	15.42	PB	
15	135 Yinthe de Jong	DPC	47	O	15.85		
16	39 Milou Ruijtenberg	DPE	48	O	15.98	PB	
17	149 Thijmen Warmink	HPC	50	I	16.08		
18	126 Eeske Veltman	DPD	47	I	16.20		
19	48 Lotte van Duinen	DPE	45	O	16.24	PB	
20	171 Roos Bak	DPF	48	I	16.30		
	123 Arwen Bezembinder	DPB	46	I	16.30	PB	
22	127 Aline Veltman	DPA	46	O	16.47	PB	
23	100 Hanne Jagtenberg	DPE	43	O	16.95	PB	
24	114 Miquel Stout	HPF	44	O	17.47		
25	148 Ruben Warmink	HPE	45	I	17.69		
26	169 Siem Jansma	HPD	43	I	18.27		
27	14 Faas Klunder	HPE	44	I	19.42		
	137 Ruth Leerlooijer	DPA			WDR		

Referee:

Assistant:

Starter:

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## 4. Race Result 100 meter

		Name	Cat	PB	Time	Info
43	wt	169 <b>Siem Jansma</b>	HPD	17.81	<b>18.27</b>	
	rd	100 <b>Hanne Jagtenberg</b>	DPE	18.39	<b>16.95</b>	PB
		<u>Siem Jansma</u>		<u>Hanne Jagtenberg</u>		
		100m 18.27 (18.27)		100m 16.95 (16.95)		

		Name	Cat	PB	Time	Info
44	yw	14 <b>Faas Klunder</b>	HPE	19.24	<b>19.42</b>	
	bl	114 <b>Miquel Stout</b>	HPF		<b>17.47</b>	
		<u>Faas Klunder</u>		<u>Miquel Stout</u>		
		100m 19.42 (19.42)		100m 17.47 (17.47)		

		Name	Cat	PB	Time	Info
45	wt	148 <b>Ruben Warmink</b>	HPE	17.01	<b>17.69</b>	
	rd	48 <b>Lotte van Duinen</b>	DPE	16.38	<b>16.24</b>	PB
		<u>Ruben Warmink</u>		<u>Lotte van Duinen</u>		
		100m 17.69 (17.69)		100m 16.24 (16.24)		

		Name	Cat	PB	Time	Info
46	yw	123 <b>Arwen Bezembinder</b>	DPB	17.81	<b>16.30</b>	PB
	bl	127 <b>Aline Veltman</b>	DPA	16.86	<b>16.47</b>	PB
		<u>Arwen Bezembinder</u>		<u>Aline Veltman</u>		
		100m 16.30 (16.30)		100m 16.47 (16.47)		

		Name	Cat	PB	Time	Info
47	wt	126 <b>Eeske Veltman</b>	DPD	15.96	<b>16.20</b>	
	rd	135 <b>Yinthe de Jong</b>	DPC	15.74	<b>15.85</b>	
		<u>Eeske Veltman</u>		<u>Yinthe de Jong</u>		
		100m 16.20 (16.20)		100m 15.85 (15.85)		

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		Name	Cat	PB	Time	Info
48	yw	171 <b>Roos Bak</b>	DPF	15.95	<b>16.30</b>	
	bl	39 <b>Milou Ruijtenberg</b>	DPE	16.08	<b>15.98</b>	PB
		<u>Roos Bak</u>				
		100m	16.30	(16.30)		
		<u>Milou Ruijtenberg</u>				
		100m	15.98	(15.98)		

		Name	Cat	PB	Time	Info
49	wt	130 <b>Evelien Abbink</b>	DPA	15.47	<b>15.11</b>	PB
	rd	99 <b>Samuel Jagtenberg</b>	HPC	15.23	<b>15.30</b>	
		<u>Evelien Abbink</u>				
		100m	15.11	(15.11)		
		<u>Samuel Jagtenberg</u>				
		100m	15.30	(15.30)		

		Name	Cat	PB	Time	Info
50	yw	149 <b>Thijmen Warmink</b>	HPC	15.63	<b>16.08</b>	
	bl	170 <b>Fajah Lugtenberg</b>	DPE	15.42	<b>15.42</b>	PB
		<u>Thijmen Warmink</u>				
		100m	16.08	(16.08)		
		<u>Fajah Lugtenberg</u>				
		100m	15.42	(15.42)		

		Name	Cat	PB	Time	Info
51	wt	134 <b>Bastian Klomp</b>	HPD	14.69	<b>15.01</b>	
	rd	109 <b>Danique Stout</b>	DPC	13.86	<b>14.45</b>	
		<u>Bastian Klomp</u>				
		100m	15.01	(15.01)		
		<u>Danique Stout</u>				
		100m	14.45	(14.45)		

		Name	Cat	PB	Time	Info
52	yw	122 <b>Judith de Jong</b>	DPC	14.43	<b>15.10</b>	
	bl	150 <b>Alexander Warmink</b>	HPA	14.00	<b>13.91</b>	PB
		<u>Judith de Jong</u>				
		100m	15.10	(15.10)		
		<u>Alexander Warmink</u>				
		100m	13.91	(13.91)		

		Name	Cat	PB	Time	Info
53	wt	136 <b>Jill Krikken</b>	DPD	13.35	<b>13.47</b>	
	rd	7 <b>Diede Salomons</b>	DPA	13.13	<b>13.19</b>	
		<u>Jill Krikken</u>				
		100m	13.47	(13.47)		
		<u>Diede Salomons</u>				
		100m	13.19	(13.19)		

Referee:

Assistant:

Starter:

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		Name	Cat	PB	Time	Info
54	yw	54 <b>Roan Varenbrink</b>	HPC	13.16	<b>13.36</b>	
	bl	44 <b>Liam Makkinga</b>	HPE	13.38	<b>13.62</b>	
		<b>Roan Varenbrink</b>				
		100m	13.36	(13.36)		
		<b>Liam Makkinga</b>				
		100m	13.62	(13.62)		

		Name	Cat	PB	Time	Info
55	wt	119 <b>Huub Smeets</b>	HB1	12.40	<b>12.45</b>	
	rd	137 <b>Ruth Leerlooijer</b>	DPA	12.96	<b>WDR</b>	
		<b>Huub Smeets</b>				
		100m	12.45	(12.45)		
		<b>Ruth Leerlooijer</b>				

		Name	Cat	PB	Time	Info
56	yw	46 <b>Elena Ruijtenberg</b>	DC1	12.38	<b>12.57</b>	
	bl	158 <b>Luca Batterink</b>	HPA	11.73	<b>11.78</b>	
		<b>Elena Ruijtenberg</b>				
		100m	12.57	(12.57)		
		<b>Luca Batterink</b>				
		100m	11.78	(11.78)		

# Recordwedstrijd dinsdag

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## 5. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	37 Lesley Bartelds	HA1	76	O	42.64	PB	
2	113 Harry Pardijs	H45	76	I	42.70		
3	110 Niels Teunissen	HB1	75	I	42.97		
4	42 Erik Jeurig	H40	73	O	43.46		
5	83 Beau Kappers	HB1	73	I	43.84		
6	8 Mees Klunder	HC1	75	O	45.00		
7	98 Evy van Zoest	DB1	74	O	45.43		
8	16 Chantal Herms	D45	71	I	47.92		
9	28 Iris Rietman	DC2	72	O	48.09		
10	69 Wietske Bannink	DSB	74	I	48.44		
11	103 Joachim Van Laar	HC1	71	O	48.78	PB	
12	60 Megan Bootsveld	DN2	67	I	49.91		
13	66 Dalanda Jalloh	DB1	70	O	50.14		
14	34 Marlin Schouwstra	DB1	72	I	50.62		
15	106 Monique de Groot	DPA	69	O	50.81		
16	17 Herre Mak	HPA	70	I	51.01		
17	55 Bas Ellenbroek	HPA	68	I	51.04		
18	172 Douwe de Haan	HC1	65	I	52.76	PB	
19	13 Just Klunder	HPB	67	O	53.00		
20	68 Lisa Otten	DC1	69	I	53.49		
21	19 Noor Klunder	DPC	68	O	54.32		
22	56 Yvonne van den Berg	DPA	64	O	54.56	PB	
23	22 Imme Ooijman	DC1	63	I	54.88	PB	
24	74 Joëlle van Drimmelen	DPC	65	O	54.95		
25	72 Silke van den Bos	DPA	66	I	55.02	PB	
26	111 Sven Bosman	HC1	66	O	55.60		
27	93 Luuk Groothuis	HPC	64	I	56.82		
28	108 Abe van Laar	HPB	61	O	57.32	PB	
29	11 Olle Klunder	HPE	63	O	57.33		
30	25 Lauren Wolters	DPD	62	O	59.08		
31	94 Ties Groothuis	HPD	59	O	59.20	PB	
32	118 Naomi Potjes	DPC	61	I	59.63		
33	20 Blom Ooijman	DPA	60	O	1:00.02		
34	27 Suze Kleinsman	DPB	59	I	1:00.96	PB	
35	76 Eline Tuitert	DPC	60	I	1:02.14		
36	18 Elin Mak	DPE	62	I	1:03.18		
37	45 Yara Makkinga	DPB	57	O	1:06.35	PB	
38	159 Vajèn Kerkmeijer	DPD	58	I	1:08.16		

Referee:

Assistant:

Starter:

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	85 Esmee Noordman	DPF	57	I	1:10.36		
40	87 Vayèn van der Weerd	DPE	58	O	1:11.12		

Referee:

Assistant:

Starter:

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# Recordwedstrijd dinsdag

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## 5. Race Result 500 meter

		Name		Cat		PB		Time	Info
57	wt	85	<b>Esmee Noordman</b>		DPF			<b>1:10.36</b>	
	rd	45	<b>Yara Makkinga</b>		DPB	1:07.31		<b>1:06.35</b>	PB
		<b>Esmee Noordman</b>			<b>Yara Makkinga</b>				
		100m	15.83	(15.83)	100m	15.16	(15.16)		
		500m	1:10.36	(54.53)	500m	1:06.35	(51.19)		

		Name		Cat		PB		Time	Info
58	yw	159	<b>Vajèn Kerkmeijer</b>		DPD	1:04.77		<b>1:08.16</b>	
	bl	87	<b>Vayèn van der Weerd</b>		DPE			<b>1:11.12</b>	
		<b>Vajèn Kerkmeijer</b>			<b>Vayèn van der Weerd</b>				
		100m	15.74	(15.74)	100m	16.14	(16.14)		
		500m	1:08.16	(52.42)	500m	1:11.12	(54.98)		

		Name		Cat		PB		Time	Info
59	wt	27	<b>Suze Kleinsman</b>		DPB	1:02.46		<b>1:00.96</b>	PB
	rd	94	<b>Ties Groothuis</b>		HPD	1:03.96		<b>59.20</b>	PB
		<b>Suze Kleinsman</b>			<b>Ties Groothuis</b>				
		100m	13.84	(13.84)	100m	13.82	(13.82)		
		500m	1:00.96	(47.12)	500m	59.20	(45.38)		

		Name		Cat		PB		Time	Info
60	yw	76	<b>Eline Tuitert</b>		DPC	59.62		<b>1:02.14</b>	
	bl	20	<b>Blom Ooijman</b>		DPA	59.90		<b>1:00.02</b>	
		<b>Eline Tuitert</b>			<b>Blom Ooijman</b>				
		100m	15.22	(15.22)	100m	14.79	(14.79)		
		500m	1:02.14	(46.92)	500m	1:00.02	(45.23)		

		Name		Cat		PB		Time	Info
61	wt	118	<b>Naomi Potjes</b>		DPC	58.57		<b>59.63</b>	
	rd	108	<b>Abe van Laar</b>		HPB	57.99		<b>57.32</b>	PB
		<b>Naomi Potjes</b>			<b>Abe van Laar</b>				
		100m	14.32	(14.32)	100m	14.44	(14.44)		
		500m	59.63	(45.31)	500m	57.32	(42.88)		

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		Name		Cat		PB		Time	Info
62	yw	18	<b>Elin Mak</b>		DPE		58.93	<b>1:03.18</b>	
	bl	25	<b>Lauren Wolters</b>		DPD		57.55	<b>59.08</b>	
		<b>Elin Mak</b>			<b>Lauren Wolters</b>				
		100m	15.05	(15.05)	100m	14.83	(14.83)		
		500m	1:03.18	(48.13)	500m	59.08	(44.25)		

		Name		Cat		PB		Time	Info
63	wt	22	<b>Imme Ooijman</b>		DC1		55.26	<b>54.88</b>	PB
	rd	11	<b>Olle Klunder</b>		HPE		56.12	<b>57.33</b>	
		<b>Imme Ooijman</b>			<b>Olle Klunder</b>				
		100m	13.67	(13.67)	100m	13.78	(13.78)		
		500m	54.88	(41.21)	500m	57.33	(43.55)		

		Name		Cat		PB		Time	Info
64	yw	93	<b>Luuk Groothuis</b>		HPC		55.77	<b>56.82</b>	
	bl	56	<b>Yvonne van den Berg</b>		DPA		55.98	<b>54.56</b>	PB
		<b>Luuk Groothuis</b>			<b>Yvonne van den Berg</b>				
		100m	13.74	(13.74)	100m	13.86	(13.86)		
		500m	56.82	(43.08)	500m	54.56	(40.70)		

		Name		Cat		PB		Time	Info
65	wt	172	<b>Douwe de Haan</b>		HC1		53.39	<b>52.76</b>	PB
	rd	74	<b>Joëlle van Drimmelen</b>		DPC		53.62	<b>54.95</b>	
		<b>Douwe de Haan</b>			<b>Joëlle van Drimmelen</b>				
		100m	13.33	(13.33)	100m	14.10	(14.10)		
		500m	52.76	(39.43)	500m	54.95	(40.85)		

		Name		Cat		PB		Time	Info
66	yw	72	<b>Silke van den Bos</b>		DPA		55.21	<b>55.02</b>	PB
	bl	111	<b>Sven Bosman</b>		HC1		55.15	<b>55.60</b>	
		<b>Silke van den Bos</b>			<b>Sven Bosman</b>				
		100m	13.97	(13.97)	100m	13.42	(13.42)		
		500m	55.02	(41.05)	500m	55.60	(42.18)		

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		Name			Cat	PB	Time	Info
67	wt	60	<b>Megan Bootsveld</b>		DN2	47.20	<b>49.91</b>	
	rd	13	<b>Just Klunder</b>		HPB	50.81	<b>53.00</b>	
		<b>Megan Bootsveld</b>			<b>Just Klunder</b>			
		100m	13.46	(13.46)	100m	13.73	(13.73)	
		500m	49.91	(36.45)	500m	53.00	(39.27)	

		Name			Cat	PB	Time	Info
68	yw	55	<b>Bas Ellenbroek</b>		HPA	49.90	<b>51.04</b>	
	bl	19	<b>Noor Klunder</b>		DPC	52.56	<b>54.32</b>	
		<b>Bas Ellenbroek</b>			<b>Noor Klunder</b>			
		100m	13.07	(13.07)	100m	13.61	(13.61)	
		500m	51.04	(37.97)	500m	54.32	(40.71)	

		Name			Cat	PB	Time	Info
69	wt	68	<b>Lisa Otten</b>		DC1	50.54	<b>53.49</b>	
	rd	106	<b>Monique de Groot</b>		DPA	50.61	<b>50.81</b>	
		<b>Lisa Otten</b>			<b>Monique de Groot</b>			
		100m	13.79	(13.79)	100m	13.33	(13.33)	
		500m	53.49	(39.70)	500m	50.81	(37.48)	

		Name			Cat	PB	Time	Info
70	yw	17	<b>Herre Mak</b>		HPA	50.38	<b>51.01</b>	
	bl	66	<b>Dalanda Jalloh</b>		DB1	48.64	<b>50.14</b>	
		<b>Herre Mak</b>			<b>Dalanda Jalloh</b>			
		100m	13.47	(13.47)	100m	13.11	(13.11)	
		500m	51.01	(37.54)	500m	50.14	(37.03)	

		Name			Cat	PB	Time	Info
71	wt	16	<b>Chantal Herms</b>		D45	46.13	<b>47.92</b>	
	rd	103	<b>Joachim Van Laar</b>		HC1	49.68	<b>48.78</b>	PB
		<b>Chantal Herms</b>			<b>Joachim Van Laar</b>			
		100m	12.76	(12.76)	100m	13.04	(13.04)	
		500m	47.92	(35.16)	500m	48.78	(35.74)	

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
72	yw	34	<b>Marlin Schouwstra</b>		DB1		48.77	<b>50.62</b>	
	bl	28	<b>Iris Rietman</b>		DC2		45.62	<b>48.09</b>	
		<b>Marlin Schouwstra</b>			<b>Iris Rietman</b>				
		100m	13.89	(13.89)	100m	12.93	(12.93)		
		500m	50.62	(36.73)	500m	48.09	(35.16)		

		Name		Cat		PB		Time	Info
73	wt	83	<b>Beau Kappers</b>		HB1		42.68	<b>43.84</b>	
	rd	42	<b>Erik Jeurig</b>		H40		42.68	<b>43.46</b>	
		<b>Beau Kappers</b>			<b>Erik Jeurig</b>				
		100m	11.84	(11.84)	100m	11.57	(11.57)		
		500m	43.84	(32.00)	500m	43.46	(31.89)		

		Name		Cat		PB		Time	Info
74	yw	69	<b>Wietske Bannink</b>		DSB		43.81	<b>48.44</b>	
	bl	98	<b>Evy van Zoest</b>		DB1		44.85	<b>45.43</b>	
		<b>Wietske Bannink</b>			<b>Evy van Zoest</b>				
		100m	12.63	(12.63)	100m	12.11	(12.11)		
		500m	48.44	(35.81)	500m	45.43	(33.32)		

		Name		Cat		PB		Time	Info
75	wt	110	<b>Niels Teunissen</b>		HB1		42.76	<b>42.97</b>	
	rd	8	<b>Mees Klunder</b>		HC1		42.91	<b>45.00</b>	
		<b>Niels Teunissen</b>			<b>Mees Klunder</b>				
		100m	11.54	(11.54)	100m	11.98	(11.98)		
		500m	42.97	(31.43)	500m	45.00	(33.02)		

		Name		Cat		PB		Time	Info
76	yw	113	<b>Harry Pardijs</b>		H45		37.19	<b>42.70</b>	
	bl	37	<b>Lesley Bartelds</b>		HA1		43.20	<b>42.64</b>	PB
		<b>Harry Pardijs</b>			<b>Lesley Bartelds</b>				
		100m	21.35	(21.35)	100m	21.32	(21.32)		
		500m	42.70	(21.35)	500m	42.64	(21.32)		

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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## 6. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	158 Luca Batterink	HPA	78	O	11.86	
2	114 Miquel Stout	HPF	78	I	17.34	
3	169 Siem Jansma	HPD	77	O	17.91	
	137 Ruth Leerlooijer	DPA			WDR	

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 7:38:51 PM

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# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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## 6. Race Result 100 meter

		Name	Cat	PB	Time	Info
77	wt	137 Ruth Leerlooijer	DPA	12.96		<b>WDR</b>
	rd	169 Siem Jansma	HPD	17.81		<b>17.91</b>
		<u>Ruth Leerlooijer</u>				
			<u>Siem Jansma</u>			
			100m	17.91	(17.91)	

		Name	Cat	PB	Time	Info
78	yw	114 Miquel Stout	HPF			<b>17.34</b>
	bl	158 Luca Batterink	HPA	11.73		<b>11.86</b>
		<u>Miquel Stout</u>				
			<u>Luca Batterink</u>			
		100m	17.34	(17.34)		
			100m	11.86	(11.86)	

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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## 7. Result 400 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	35 Jurre Kranenburg	HSB	82	I	33.94	PB	
2	23 Zoë Tiemens	DN2	81	O	35.77		
3	96 Lièn van Dasselaar	DA2	82	O	36.64		
4	70 Femke Assink	DN3	79	I	37.00		
5	160 Klaas Jan van der Veen	H50	81	I	37.31		
6	81 Jeanette ten Hag	D45	80	O	37.98		
7	62 Bo Meijer	DA2	79	O	39.15		
8	78 Rudie Assink	H55	80	I	41.05		

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 8:05:30 PM

Print: 12/24/2024 12:26:00 AM

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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## 7. Race Result 400 meter

		Name	Cat	PB	Time	Info
79	wt	70 <b>Femke Assink</b>	DN3		<b>37.00</b>	
	rd	62 <b>Bo Meijer</b>	DA2	38.76	<b>39.15</b>	
		<u>Femke Assink</u>				
		400m	37.00	(37.00)		
		<u>Bo Meijer</u>				
		400m	39.15	(39.15)		

		Name	Cat	PB	Time	Info
80	wt	78 <b>Rudie Assink</b>	H55	37.07	<b>41.05</b>	
	rd	81 <b>Jeanette ten Hag</b>	D45	37.74	<b>37.98</b>	
		<u>Rudie Assink</u>				
		400m	41.05	(41.05)		
		<u>Jeanette ten Hag</u>				
		400m	37.98	(37.98)		

		Name	Cat	PB	Time	Info
81	wt	160 <b>Klaas Jan van der Veen</b>	H50	35.62	<b>37.31</b>	
	rd	23 <b>Zoë Tiemens</b>	DN2	35.16	<b>35.77</b>	
		<u>Klaas Jan van der Veen</u>				
		400m	37.31	(37.31)		
		<u>Zoë Tiemens</u>				
		400m	35.77	(35.77)		

		Name	Cat	PB	Time	Info
82	wt	35 <b>Jurre Kranenburg</b>	HSB	34.61	<b>33.94</b>	PB
	rd	96 <b>Lièn van Dasselaar</b>	DA2	36.19	<b>36.64</b>	
		<u>Jurre Kranenburg</u>				
		400m	33.94	(33.94)		
		<u>Lièn van Dasselaar</u>				
		400m	36.64	(36.64)		

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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## 8. Result 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	146 Wiebe de Rijk	HA1	99	O	1:27.32		
2	51 Lauren van den Brink	DPC	85	O	1:36.34		
3	175 Jenne de Haan	H50	84	I	1:36.67		
4	153 Bregje Nagelmaeker	DB2	97	I	1:36.84		
5	73 Marcel Bloemenkamp	H55	97	O	1:37.12		
6	107 Tristan Swenne	HB1	94	I	1:38.20	PB	
7	95 Bjorn Binnenpoorte	HC2	92	O	1:38.45	PB	
8	147 Janneke Bos	DB1	96	I	1:38.51		
9	41 Milou Klatt-ten Cate	DSB	95	O	1:38.70		
10	21 Dorus Schalkwijk	H40	98	O	1:39.22		
11	97 Céline Hagen	DB2	90	O	1:39.43		
12	152 Rianne Gemmink	DSB	94	O	1:39.49		
13	79 Isis van Til	DC2	92	I	1:41.25	PB	
14	92 Annabel Weteringe	DC2	93	O	1:41.35	PB	
15	24 Marthe Schalkwijk	DC1	90	I	1:42.34	PB	
16	12 Maria Ufkes	D45	98	I	1:42.55		
17	77 Hans ten Hag	H70	95	I	1:42.59		
18	174 Noah Bak	DC2	93	I	1:43.67		
19	49 Mirjam Hulsebos	D50	91	O	1:46.92		
20	101 Tim Roorda	HC2	89	I	1:47.74	PB	
21	117 Isa van der Weerd	DPB	91	I	1:48.38		
22	121 Remco Wisselink	H45	84	O	1:48.43		
23	104 Bente van Dasselaar	DPA	88	I	1:49.94	PB	
24	40 Melle ter Horst	HPB	83	I	1:51.63		
25	88 Marit Noordman	DC2	89	O	1:51.99		
26	6 Sanna van der Velde	DPA	88	O	1:53.33		
27	86 Mireille van der Weerd	DC1	86	I	1:54.06		
28	3 Emma van der Velde	DPC	85	I	1:55.30		
29	4 Florine Zunnabeld	DPC	83	O	1:57.88		
30	105 Thea de Groot	DB1	87	O	2:04.80	PB	
	139 Ties Sinke	HB2	96	O		DQ	
	33 Hilde Klok	DC1				WDR	
	26 Liz Wolters	DPB				WDR	
	80 Michiel Arendsen	H40				WDR	

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 8:37:28 PM

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# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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## 8. Race Result 1000 meter

		Name	Cat	PB	Time	Info
83	wt	40 <b>Melle ter Horst</b>	HPB		<b>1:51.63</b>	
	rd	4 <b>Florine Zunnveld</b>	DPC		<b>1:57.88</b>	

### Melle ter Horst

200m	23.87	(23.87)
600m	1:07.10	(43.23)
1000m	1:51.63	(44.53)

### Florine Zunnveld

200m	25.88	(25.88)
600m	1:10.05	(44.17)
1000m	1:57.88	(47.83)

		Name	Cat	PB	Time	Info
84	yw	175 <b>Jenne de Haan</b>	H50		<b>1:36.67</b>	
	bl	121 <b>Remco Wisselink</b>	H45		<b>1:48.43</b>	

### Jenne de Haan

200m	22.97	(22.97)
600m	58.82	(35.85)
1000m	1:36.67	(37.85)

### Remco Wisselink

200m	25.05	(25.05)
600m	1:04.92	(39.87)
1000m	1:48.43	(43.51)

		Name	Cat	PB	Time	Info
85	wt	3 <b>Emma van der Velde</b>	DPC		<b>1:55.30</b>	
	rd	51 <b>Lauren van den Brink</b>	DPC		<b>1:36.34</b>	

### Emma van der Velde

200m	25.25	(25.25)
600m	1:08.13	(42.88)
1000m	1:55.30	(47.17)

### Lauren van den Brink

200m	22.57	(22.57)
600m	58.60	(36.03)
1000m	1:36.34	(37.74)

		Name	Cat	PB	Time	Info
86	yw	86 <b>Mireille van der Weerd</b>	DC1	1:52.47	<b>1:54.06</b>	
	bl	33 <b>Hilde Klok</b>	DC1	1:54.67	<b>WDR</b>	

### Mireille van der Weerd

200m	25.29	(25.29)
600m	1:08.42	(43.13)
1000m	1:54.06	(45.64)

### Hilde Klok

# Recordwedstrijd dinsdag

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		Name	Cat	PB	Time	Info
87	wt	26 <b>Liz Wolters</b>	DPB			<b>WDR</b>
	rd	105 <b>Thea de Groot</b>	DB1	2:07.78	<b>2:04.80</b>	PB
		<u>Liz Wolters</u>		<u>Thea de Groot</u>		
		200m	28.89	(28.89)		
		600m	1:15.90	(47.01)		
		1000m	2:04.80	(48.90)		

		Name	Cat	PB	Time	Info
88	yw	104 <b>Bente van Dasselaar</b>	DPA	1:50.21	<b>1:49.94</b>	PB
	bl	6 <b>Sanna van der Velde</b>	DPA	1:51.82	<b>1:53.33</b>	
		<u>Bente van Dasselaar</u>		<u>Sanna van der Velde</u>		
		200m	24.44	(24.44)	200m	25.39 (25.39)
		600m	1:05.65	(41.21)	600m	1:07.89 (42.50)
		1000m	1:49.94	(44.29)	1000m	1:53.33 (45.44)

		Name	Cat	PB	Time	Info
89	wt	101 <b>Tim Roorda</b>	HC2	1:51.03	<b>1:47.74</b>	PB
	rd	88 <b>Marit Noordman</b>	DC2	1:51.03	<b>1:51.99</b>	
		<u>Tim Roorda</u>		<u>Marit Noordman</u>		
		200m	22.96	(22.96)	200m	25.58 (25.58)
		600m	1:03.72	(40.76)	600m	1:07.87 (42.29)
		1000m	1:47.74	(44.02)	1000m	1:51.99 (44.12)

		Name	Cat	PB	Time	Info
90	yw	24 <b>Marthe Schalkwijk</b>	DC1	1:44.95	<b>1:42.34</b>	PB
	bl	97 <b>Céline Hagen</b>	DB2	1:38.51	<b>1:39.43</b>	
		<u>Marthe Schalkwijk</u>		<u>Céline Hagen</u>		
		200m	22.50	(22.50)	200m	22.51 (22.51)
		600m	1:00.80	(38.30)	600m	59.10 (36.59)
		1000m	1:42.34	(41.54)	1000m	1:39.43 (40.33)

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
91	wt	117	<b>Isa van der Weerd</b>		DPB		1:48.08	<b>1:48.38</b>	
	rd	49	<b>Mirjam Hulsebos</b>		D50		1:40.84	<b>1:46.92</b>	
		<b>Isa van der Weerd</b>			<b>Mirjam Hulsebos</b>				
		200m	24.20	(24.20)	200m	25.00	(25.00)		
		600m	1:04.91	(40.71)	600m	1:05.00	(40.00)		
		1000m	1:48.38	(43.47)	1000m	1:46.92	(41.92)		

		Name		Cat		PB		Time	Info
92	yw	79	<b>Isis van Til</b>		DC2		1:43.01	<b>1:41.25</b>	PB
	bl	95	<b>Bjorn Binnenpoorte</b>		HC2		1:42.16	<b>1:38.45</b>	PB
		<b>Isis van Til</b>			<b>Bjorn Binnenpoorte</b>				
		200m	22.57	(22.57)	200m	22.46	(22.46)		
		600m	1:00.87	(38.30)	600m	59.41	(36.95)		
		1000m	1:41.25	(40.38)	1000m	1:38.45	(39.04)		

		Name		Cat		PB		Time	Info
93	wt	174	<b>Noah Bak</b>		DC2		1:41.36	<b>1:43.67</b>	
	rd	92	<b>Annabel Weteringe</b>		DC2		1:42.82	<b>1:41.35</b>	PB
		<b>Noah Bak</b>			<b>Annabel Weteringe</b>				
		200m	23.14	(23.14)	200m	22.74	(22.74)		
		600m	1:02.12	(38.98)	600m	1:00.50	(37.76)		
		1000m	1:43.67	(41.55)	1000m	1:41.35	(40.85)		

		Name		Cat		PB		Time	Info
94	yw	107	<b>Tristan Swenne</b>		HB1		1:39.15	<b>1:38.20</b>	PB
	bl	152	<b>Rianne Gemmink</b>		DSB		1:31.21	<b>1:39.49</b>	
		<b>Tristan Swenne</b>			<b>Rianne Gemmink</b>				
		200m	22.80	(22.80)	200m	23.44	(23.44)		
		600m	59.45	(36.65)	600m	59.92	(36.48)		
		1000m	1:38.20	(38.75)	1000m	1:39.49	(39.57)		

# Recordwedstrijd dinsdag

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		Name		Cat		PB		Time	Info
95	wt	77	<b>Hans ten Hag</b>		H70		1:32.85	<b>1:42.59</b>	
	rd	41	<b>Milou Klatt-ten Cate</b>		DSB		1:27.11	<b>1:38.70</b>	
		<b>Hans ten Hag</b>			<b>Milou Klatt-ten Cate</b>				
		200m	23.22	(23.22)	200m	22.94	(22.94)		
		600m	1:00.59	(37.37)	600m	59.39	(36.45)		
		1000m	1:42.59	(42.00)	1000m	1:38.70	(39.31)		

		Name		Cat		PB		Time	Info
96	yw	147	<b>Janneke Bos</b>		DB1		1:34.75	<b>1:38.51</b>	
	bl	139	<b>Ties Sinke</b>		HB2		1:33.45	<b>DQ</b>	
		<b>Janneke Bos</b>			<b>Ties Sinke</b>				
		200m	22.37	(22.37)	200m	21.66	(21.66)		
		600m	58.56	(36.19)	600m	56.77	(35.11)		
		1000m	1:38.51	(39.95)	1000m	1:33.94	(37.17)		

		Name		Cat		PB		Time	Info
97	wt	153	<b>Bregje Nagelmaeker</b>		DB2		1:34.84	<b>1:36.84</b>	
	rd	73	<b>Marcel Bloemenkamp</b>		H55		1:33.72	<b>1:37.12</b>	
		<b>Bregje Nagelmaeker</b>			<b>Marcel Bloemenkamp</b>				
		200m	22.36	(22.36)	200m	23.46	(23.46)		
		600m	58.13	(35.77)	600m	59.26	(35.80)		
		1000m	1:36.84	(38.71)	1000m	1:37.12	(37.86)		

		Name		Cat		PB		Time	Info
98	yw	12	<b>Maria Ufkes</b>		D45		1:31.74	<b>1:42.55</b>	
	bl	21	<b>Dorus Schalkwijk</b>		H40		1:26.51	<b>1:39.22</b>	
		<b>Maria Ufkes</b>			<b>Dorus Schalkwijk</b>				
		200m	22.99	(22.99)	200m	23.39	(23.39)		
		600m	1:00.84	(37.85)	600m	1:00.47	(37.08)		
		1000m	1:42.55	(41.71)	1000m	1:39.22	(38.75)		



# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
99	wt	80 Michiel Arendsen	H40	1:32.86		<b>WDR</b>
	rd	146 Wiebe de Rijk	HA1	1:25.28		<b>1:27.32</b>
		<u>Michiel Arendsen</u>				
			<u>Wiebe de Rijk</u>			
			200m	19.79	(19.79)	
			600m	51.85	(32.06)	
			1000m	1:27.32	(35.47)	

Referee:

Assistant:

Starter:

From 3/7/2023 6:15:00 PM to 3/7/2023 8:37:28 PM

Print: 12/24/2024 1:26:00 AM

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 9. Result 700 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	8 Mees Klunder	HC1	106	I	1:01.71	PB	
2	28 Iris Rietman	DC2	105	O	1:06.74	PB	
3	16 Chantal Herms	D45	107	I	1:08.07		
4	161 Renske van Winkoop	DPC	105	I	1:09.43	PB	
5	65 Linda van Oosterom	D40	100	I	1:10.89		
6	15 Caspian Alexander	HPB	107	O	1:11.23		
7	59 Morgan DeFreese	DPC	104	O	1:12.27	PB	
8	156 Joost Smeets	HC1	106	O	1:12.64		
9	173 Kris de Haan	DC2	103	O	1:17.26		
10	22 Imme Ooijman	DC1	104	I	1:17.93		
11	58 Famke Aukema	DPA	102	I	1:20.60	PB	
12	84 Iris Noordman	DPB	102	O	1:26.06		
13	162 Eline van den Beld	DPE	100	O	1:29.90		
14	47 Anne van Duinen	DPC	103	I	1:40.35	FL	

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 8:55:33 PM

Print: 12/24/2024 12:26:00 AM

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 9. Race Result 700 meter

		Name		Cat		PB	Time	Info
100	wt	65	<b>Linda van Oosterom</b>		D40		<b>1:10.89</b>	
	rd	162	<b>Eline van den Beld</b>		DPE		<b>1:29.90</b>	
		<u>Linda van Oosterom</u>			<u>Eline van den Beld</u>			
		300m	32.74	(32.74)	300m	37.92	(37.92)	
		700m	1:10.89	(38.15)	700m	1:29.90	(51.98)	

		Name		Cat		PB	Time	Info
101	yw							
	bl							
			m					
			m					

		Name		Cat		PB	Time	Info
102	wt	58	<b>Famke Aukema</b>		DPA	1:22.03	<b>1:20.60</b>	PB
	rd	84	<b>Iris Noordman</b>		DPB	1:20.11	<b>1:26.06</b>	
		<u>Famke Aukema</u>			<u>Iris Noordman</u>			
		300m	36.77	(36.77)	300m	38.39	(38.39)	
		700m	1:20.60	(43.83)	700m	1:26.06	(47.67)	

		Name		Cat		PB	Time	Info
103	yw	47	<b>Anne van Duinen</b>		DPC		<b>1:40.35</b>	FL
	bl	173	<b>Kris de Haan</b>		DC2		<b>1:17.26</b>	
		<u>Anne van Duinen</u>			<u>Kris de Haan</u>			
		300m	48.63	(48.63)	300m	34.21	(34.21)	
		700m	1:40.35	(51.72)	700m	1:17.26	(43.05)	

		Name		Cat		PB	Time	Info
104	wt	22	<b>Imme Ooijman</b>		DC1	1:17.04	<b>1:17.93</b>	
	rd	59	<b>Morgan DeFreese</b>		DPC	1:13.17	<b>1:12.27</b>	PB
		<u>Imme Ooijman</u>			<u>Morgan DeFreese</u>			
		300m	34.82	(34.82)	300m	32.23	(32.23)	
		700m	1:17.93	(43.11)	700m	1:12.27	(40.04)	

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

		Name			Cat			PB	Time	Info
105	yw	161	<b>Renske van Winkoop</b>		DPC			1:11.56	<b>1:09.43</b>	PB
	bl	28	<b>Iris Rietman</b>		DC2			1:08.17	<b>1:06.74</b>	PB
		<b>Renske van Winkoop</b>			<b>Iris Rietman</b>					
		300m	31.04	(31.04)	300m	30.89	(30.89)			
		700m	1:09.43	(38.39)	700m	1:06.74	(35.85)			
<hr/>										
		Name			Cat			PB	Time	Info
106	wt	8	<b>Mees Klunder</b>		HC1			1:04.47	<b>1:01.71</b>	PB
	rd	156	<b>Joost Smeets</b>		HC1			1:10.88	<b>1:12.64</b>	
		<b>Mees Klunder</b>			<b>Joost Smeets</b>					
		300m	28.47	(28.47)	300m	32.23	(32.23)			
		700m	1:01.71	(33.24)	700m	1:12.64	(40.41)			
<hr/>										
		Name			Cat			PB	Time	Info
107	yw	16	<b>Chantal Herms</b>		D45			1:05.31	<b>1:08.07</b>	
	bl	15	<b>Caspian Alexander</b>		HPB			1:11.16	<b>1:11.23</b>	
		<b>Chantal Herms</b>			<b>Caspian Alexander</b>					
		300m	31.25	(31.25)	300m	31.51	(31.51)			
		700m	1:08.07	(36.82)	700m	1:11.23	(39.72)			

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 8:55:33 PM

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# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 10. Result 1500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	115 Timon Nieuwenstein	HSB	110	I	2:07.46	
2	163 Koen Bos	HA2	111	O	2:19.94	
3	50 Arjen Esselink	H55	111	I	2:22.47	
4	112 Pieter Jan Oosterhoff	H50	110	O	2:30.76	
5	143 Twan van de Poppe	HPA	108	O	2:31.54	
6	91 Kor van den Hardenberg	H60	109	O	2:38.09	
7	124 Liam Schroten	HPB	109	I	2:40.78	
	57 Noortje Kappers	DPB			WDR	

Referee:

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Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 9:09:12 PM

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# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 10. Race Result 1500 meter

	Name	Cat	PB	Time Info
108	wt 57 <b>Noortje Kappers</b>	DPB		<b>WDR</b>
	rd 143 <b>Twan van de Poppe</b>	HPA		<b>2:31.54</b>

### Noortje Kappers

### Twan van de Poppe

300m	31.40	(31.40)
700m	1:09.80	(38.40)
1100m	1:50.19	(40.39)
1500m	2:31.54	(41.35)

	Name	Cat	PB	Time Info
109	yw 124 <b>Liam Schroten</b>	HPB		<b>2:40.78</b>
	bl 91 <b>Kor van den Hardenberg</b>	H60		<b>2:38.09</b>

### Liam Schroten

### Kor van den Hardenberg

300m	31.59	(31.59)	300m	33.96	(33.96)
700m	1:09.87	(38.28)	700m	1:13.46	(39.50)
1100m	1:54.45	(44.58)	1100m	1:54.91	(41.45)
1500m	2:40.78	(46.33)	1500m	2:38.09	(43.18)

	Name	Cat	PB	Time Info
110	wt 115 <b>Timon Nieuwenstein</b>	HSB	1:51.19	<b>2:07.46</b>
	rd 112 <b>Pieter Jan Oosterhoff</b>	H50	2:21.51	<b>2:30.76</b>

### Timon Nieuwenstein

### Pieter Jan Oosterhoff

300m	27.54	(27.54)	300m	32.39	(32.39)
700m	59.58	(32.04)	700m	1:10.64	(38.25)
1100m	1:33.17	(33.59)	1100m	1:50.69	(40.05)
1500m	2:07.46	(34.29)	1500m	2:30.76	(40.07)

	Name	Cat	PB	Time Info
111	yw 50 <b>Arjen Esselink</b>	H55	2:16.94	<b>2:22.47</b>
	bl 163 <b>Koen Bos</b>	HA2	2:17.73	<b>2:19.94</b>

### Arjen Esselink

### Koen Bos

300m	30.96	(30.96)	300m	30.02	(30.02)
700m	1:06.57	(35.61)	700m	1:04.75	(34.73)
1100m	1:43.54	(36.97)	1100m	1:41.59	(36.84)
1500m	2:22.47	(38.93)	1500m	2:19.94	(38.35)

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 11. Result 10000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	67 Joris Mulder	HC2	113	I	16:47.83	TRC	
2	176 Stephan Edelijn	H45	112	I	17:20.81		
3	36 Bas Hagen	H50	114	I	17:46.24		
4	64 Jan-Willem van Velsen	H50	115	O	18:06.07	PB	
5	30 Jasmijn Egers	DN4	115	I	18:25.78		
6	63 Gerwin Boschloo	H50	112	O	18:54.01	PB	
	166 Daniël van Velsen	HA2	113	O	DNF		
	154 Quinten Meerveld	HN2	114	O	DQ		

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From 3/7/2023 8:10:00 PM to 3/7/2023 10:04:44 PM

Print: 12/24/2024 12:26:00 AM

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

## 11. Race Result 10000 meter

	Name	Cat	PB	Time	Info
112	wt 176 <b>Stephan Edelijn</b>	H45		<b>17:20.81</b>	
	rd 63 <b>Gerwin Boschloo</b>	H50	19:41.50	<b>18:54.01</b>	PB
	<b>Stephan Edelijn</b>				
	400m	45.56 (45.56)			
	800m	1:26.71 (41.15)			
	1200m	2:08.92 (42.21)			
	1600m	2:50.01 (41.09)			
	2000m	3:31.49 (41.48)			
	2400m	4:13.14 (41.65)			
	2800m	4:55.36 (42.22)			
	3200m	5:37.89 (42.53)			
	3600m	6:20.68 (42.79)			
	4000m	7:03.12 (42.44)			
	4400m	7:45.69 (42.57)			
	4800m	8:27.86 (42.17)			
	5200m	9:09.66 (41.80)			
	5600m	9:51.43 (41.77)			
	6000m	10:32.42 (40.99)			
	6400m	11:12.84 (40.42)			
	6800m	11:53.70 (40.86)			
	7200m	12:34.24 (40.54)			
	7600m	13:14.86 (40.62)			
	8000m	13:56.24 (41.38)			
	8400m	14:37.45 (41.21)			
	8800m	15:17.86 (40.41)			
	9200m	15:59.08 (41.22)			
	9600m	16:40.15 (41.07)			
	10000m	17:20.81 (40.66)			
	<b>Gerwin Boschloo</b>				
	400m	45.22 (45.22)			
	800m	1:28.51 (43.29)			
	1200m	2:12.57 (44.06)			
	1600m	2:57.08 (44.51)			
	2000m	3:41.58 (44.50)			
	2400m	4:26.31 (44.73)			
	2800m	5:10.66 (44.35)			
	3200m	5:54.66 (44.00)			
	3600m	6:39.39 (44.73)			
	4000m	7:24.02 (44.63)			
	4400m	8:08.84 (44.82)			
	4800m	8:53.89 (45.05)			
	5200m	9:39.23 (45.34)			
	5600m	10:24.25 (45.02)			
	6000m	11:09.43 (45.18)			
	6400m	11:54.55 (45.12)			
	6800m	12:39.39 (44.84)			
	7200m	13:24.77 (45.38)			
	7600m	14:11.77 (47.00)			
	8000m	14:58.60 (46.83)			
	8400m	15:45.46 (46.86)			
	8800m	16:32.04 (46.58)			
	9200m	17:19.69 (47.65)			
	9600m	18:06.67 (46.98)			
	10000m	18:54.01 (47.34)			



# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

	Name	Cat	PB	Time	Info
113	yw 67 <b>Joris Mulder</b>	HC2		<b>16:47.83</b>	TRC
	bl 166 <b>Daniël van Velsen</b>	HA2		<b>DNF</b>	

## Joris Mulder

400m	43.17	(43.17)
800m	1:23.65	(40.48)
1200m	2:04.59	(40.94)
1600m	2:45.30	(40.71)
2000m	3:26.34	(41.04)
2400m	4:07.51	(41.17)
2800m	4:48.49	(40.98)
3200m	5:29.66	(41.17)
3600m	6:10.38	(40.72)
4000m	6:51.17	(40.79)
4400m	7:31.63	(40.46)
4800m	8:12.20	(40.57)
5200m	8:52.02	(39.82)
5600m	9:31.44	(39.42)
6000m	10:10.23	(38.79)
6400m	10:49.34	(39.11)
6800m	11:28.57	(39.23)
7200m	12:08.16	(39.59)
7600m	12:48.16	(40.00)
8000m	13:28.05	(39.89)
8400m	14:08.03	(39.98)
8800m	14:47.75	(39.72)
9200m	15:27.48	(39.73)
9600m	16:07.29	(39.81)
10000m	16:47.83	(40.54)

## Daniël van Velsen

400m	43.13	(43.13)
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# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

	Name	Cat	PB	Time	Info
114	wt 36 <b>Bas Hagen</b>	H50	17:22.50	<b>17:46.24</b>	
	rd 154 <b>Quinten Meerveld</b>	HN2	15:24.67	<b>DQ</b>	
	<b>Bas Hagen</b>				
	400m	44.40 (44.40)			
	800m	1:24.18 (39.78)			
	1200m	2:05.54 (41.36)			
	1600m	2:47.61 (42.07)			
	2000m	3:30.14 (42.53)			
	2400m	4:12.87 (42.73)			
	2800m	4:55.05 (42.18)			
	3200m	5:37.18 (42.13)			
	3600m	6:20.19 (43.01)			
	4000m	7:03.10 (42.91)			
	4400m	7:46.12 (43.02)			
	4800m	8:29.26 (43.14)			
	5200m	9:12.17 (42.91)			
	5600m	9:55.41 (43.24)			
	6000m	10:38.66 (43.25)			
	6400m	11:21.83 (43.17)			
	6800m	12:04.52 (42.69)			
	7200m	12:47.91 (43.39)			
	7600m	13:30.89 (42.98)			
	8000m	14:14.58 (43.69)			
	8400m	14:58.08 (43.50)			
	8800m	15:40.69 (42.61)			
	9200m	16:23.47 (42.78)			
	9600m	17:05.61 (42.14)			
	10000m	17:46.24 (40.63)			
	<b>Quinten Meerveld</b>				
	400m	38.72 (38.72)			
	800m	1:14.24 (35.52)			
	1200m	1:50.13 (35.89)			
	1600m	2:25.50 (35.37)			
	2000m	3:01.58 (36.08)			
	2400m	3:38.40 (36.82)			
	2800m	4:15.39 (36.99)			
	3200m	4:52.59 (37.20)			
	3600m	5:30.27 (37.68)			
	4000m	6:09.21 (38.94)			
	4400m	6:48.86 (39.65)			
	4800m	7:28.14 (39.28)			
	5200m	8:07.64 (39.50)			
	5600m	8:46.31 (38.67)			
	6000m	9:25.12 (38.81)			
	6400m	10:03.49 (38.37)			
	6800m	10:42.31 (38.82)			
	7200m	11:21.18 (38.87)			
	7600m	12:00.77 (39.59)			
	8000m	12:40.51 (39.74)			
	8400m	13:20.51 (40.00)			
	8800m	14:00.07 (39.56)			
	9200m	14:39.47 (39.40)			
	9600m	15:16.92 (37.45)			
	10000m	15:56.55 (39.63)			

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 10:04:44 PM

Print: 12/24/2024 1:26:00 AM

# Recordwedstrijd dinsdag

Sport- en Recreatiecentrum de Scheg - Deventer

7 March 2023

	Name	Cat	PB	Time	Info
115	yw 30 <b>Jasmijn Egers</b>	DN4	18:14.45	<b>18:25.78</b>	
	bl 64 <b>Jan-Willem van Velsen</b>	H50	18:13.32	<b>18:06.07</b>	PB
	<b>Jasmijn Egers</b>			<b>Jan-Willem van Velsen</b>	
	400m	44.68 (44.68)	400m	42.51 (42.51)	
	800m	1:25.20 (40.52)	800m	1:21.15 (38.64)	
	1200m	2:07.07 (41.87)	1200m	2:01.95 (40.80)	
	1600m	2:48.73 (41.66)	1600m	2:43.60 (41.65)	
	2000m	3:31.16 (42.43)	2000m	3:24.65 (41.05)	
	2400m	4:14.06 (42.90)	2400m	4:06.49 (41.84)	
	2800m	4:57.45 (43.39)	2800m	4:48.74 (42.25)	
	3200m	5:41.95 (44.50)	3200m	5:31.69 (42.95)	
	3600m	6:25.96 (44.01)	3600m	6:14.60 (42.91)	
	4000m	7:10.43 (44.47)	4000m	6:58.15 (43.55)	
	4400m	7:55.57 (45.14)	4400m	7:42.11 (43.96)	
	4800m	8:40.39 (44.82)	4800m	8:26.67 (44.56)	
	5200m	9:25.37 (44.98)	5200m	9:10.65 (43.98)	
	5600m	10:10.44 (45.07)	5600m	9:54.68 (44.03)	
	6000m	10:55.57 (45.13)	6000m	10:39.33 (44.65)	
	6400m	11:40.66 (45.09)	6400m	11:24.26 (44.93)	
	6800m	12:25.48 (44.82)	6800m	12:09.16 (44.90)	
	7200m	13:10.24 (44.76)	7200m	12:54.36 (45.20)	
	7600m	13:55.19 (44.95)	7600m	13:40.24 (45.88)	
	8000m	14:39.79 (44.60)	8000m	14:25.61 (45.37)	
	8400m	15:25.59 (45.80)	8400m	15:11.18 (45.57)	
	8800m	16:10.98 (45.39)	8800m	15:56.77 (45.59)	
	9200m	16:56.51 (45.53)	9200m	16:41.40 (44.63)	
	9600m	17:41.67 (45.16)	9600m	17:24.16 (42.76)	
	10000m	18:25.78 (44.11)	10000m	18:06.07 (41.91)	

Referee:

Assistant:

Starter:

From 3/7/2023 8:10:00 PM to 3/7/2023 10:04:44 PM

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