

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem

10 maart 2018

1. Uitslag Dames 5000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	26 Denise van der Hulst	DN1	3	O	8:03.82	PR	
2	8 Evelieke Kool	DB2	4	I	8:19.29	PR	
3	28 Anouk van Westerhoven	DN3	3	I	8:29.83		
4	22 Inger van Dok	DB2	4	O	8:30.40	PR	
5	7 Susan Haasnoot	DSB	1	I	9:43.17		
6	6 Ciska de Ree	DSA	1	O	9:43.52		

Scheidsrechter:

Assistent:

Starter:

Van 10-3-2018 20:00:00 tot 10-3-2018 20:21:43

Print: 26-4-2024 13:52:18

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem

10 maart 2018

1. Rituitslag Dames 5000 meter

		Naam	Cat			PR	Tijd	Info
1	wt	7 Susan Haasnoot	DSB			8:57.78	9:43.17	
	rd	6 Ciska de Ree	DSA			9:37.10	9:43.52	
		Susan Haasnoot			Ciska de Ree			
		200m	25.63	(25.63)	200m	24.71	(24.71)	
		600m	1:09.01	(43.38)	600m	1:07.70	(42.99)	
		1000m	1:54.26	(45.25)	1000m	1:52.69	(44.99)	
		1400m	2:39.91	(45.65)	1400m	2:37.97	(45.28)	
		1800m	3:26.71	(46.80)	1800m	3:23.30	(45.33)	
		2200m	4:13.01	(46.30)	2200m	4:09.91	(46.61)	
		2600m	4:59.88	(46.87)	2600m	4:57.07	(47.16)	
		3000m	5:47.06	(47.18)	3000m	5:44.76	(47.69)	
		3400m	6:34.29	(47.23)	3400m	6:32.56	(47.80)	
		3800m	7:21.94	(47.65)	3800m	7:20.56	(48.00)	
		4200m	8:09.39	(47.45)	4200m	8:08.88	(48.32)	
		4600m	8:57.17	(47.78)	4600m	8:57.00	(48.12)	
		5000m	9:43.17	(46.00)	5000m	9:43.52	(46.52)	
		Naam	Cat			PR	Tijd	Info
2	gl							
	bl							
		m			m			

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem

10 maart 2018

		Naam			Cat			PR	Tijd	Info
3	wt	28	Anouk van Westerhoven		DN3			7:56.66	8:29.83	
	rd	26	Denise van der Hulst		DN1			8:06.57	8:03.82	PR
		Anouk van Westerhoven				Denise van der Hulst				
		200m	22.70	(22.70)	200m	22.15	(22.15)			
		600m	59.46	(36.76)	600m	58.43	(36.28)			
		1000m	1:38.01	(38.55)	1000m	1:36.45	(38.02)			
		1400m	2:17.74	(39.73)	1400m	2:14.78	(38.33)			
		1800m	2:57.60	(39.86)	1800m	2:52.79	(38.01)			
		2200m	3:37.95	(40.35)	2200m	3:30.93	(38.14)			
		2600m	4:18.65	(40.70)	2600m	4:08.96	(38.03)			
		3000m	4:59.67	(41.02)	3000m	4:47.92	(38.96)			
		3400m	5:41.35	(41.68)	3400m	5:26.46	(38.54)			
		3800m	6:23.61	(42.26)	3800m	6:05.40	(38.94)			
		4200m	7:05.76	(42.15)	4200m	6:44.37	(38.97)			
		4600m	7:47.98	(42.22)	4600m	7:23.59	(39.22)			
		5000m	8:29.83	(41.85)	5000m	8:03.82	(40.23)			

		Naam				Cat				PR	Tijd Info		
4	gl	8	Evelieke Kool			DB2				8:37.15	8:19.29 PR		
	bl	22	Inger van Dok			DB2				8:50.64	8:30.40 PR		
		Evelieke Kool								Inger van Dok			
		200m	22.99	(22.99)		200m	23.43	(23.43)					
		600m	1:01.01	(38.02)		600m	1:02.14	(38.71)					
		1000m	1:39.88	(38.87)		1000m	1:42.38	(40.24)					
		1400m	2:18.95	(39.07)		1400m	2:21.27	(38.89)					
		1800m	2:58.00	(39.05)		1800m	3:00.81	(39.54)					
		2200m	3:37.07	(39.07)		2200m	3:40.60	(39.79)					
		2600m	4:16.52	(39.45)		2600m	4:20.64	(40.04)					
		3000m	4:56.33	(39.81)		3000m	5:01.05	(40.41)					
		3400m	5:36.51	(40.18)		3400m	5:42.70	(41.65)					
		3800m	6:17.02	(40.51)		3800m	6:24.91	(42.21)					
		4200m	6:57.49	(40.47)		4200m	7:06.99	(42.08)					
		4600m	7:38.51	(41.02)		4600m	7:49.21	(42.22)					
		5000m	8:19.29	(40.78)		5000m	8:30.40	(41.19)					

HA066 Bloksma bokaal

IJsbahn Haarlem - Haarlem

10 maart 2018

2. Uitslag Heren 10000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	32 Mats Stoltenborg	HSA	7	O	13:45.07	HT TR	
2	36 Jeroen Janissen	HN1	8	O	14:35.11	PR	
3	11 Mark Ooijevaar	HSB	9	I	14:42.79		
4	42 Ivar Immerzeel	HB2	7	I	14:48.55	TRC	
5	25 Mark van der Hulst	HN3	9	O	14:54.04		
6	13 Jan-Willem Broos	HSA	10	O	14:57.70		
7	2 Jeffrey Kors	HN3	8	I	15:02.95		
8	10 Berend Bervoets	HA2	10	I	15:04.17		
9	27 Stan van der Hulst	HA1	12	O	15:21.78	PR	
10	5 Michiel Kok	HA1	12	I	16:02.42		
11	34 Erik Smid	HSA	14	O	16:07.68	PR	
12	20 Tristan Hagen	HA1	11	O	16:16.24	HT	
13	9 Maas de Kruijk	HB1	6	O	16:19.93		
14	39 Patrick Zweed	HB1	5	O	16:37.04	PR	
15	4 Evert Jan van Dijk	HSB	11	I	16:39.98	HT	
16	17 Pieter Tieme Weenink	HB2	6	I	16:49.40		
17	16 Mees Egberts	HB1	5	I	17:15.01		
18	24 David Peyrot	HSB	13	I	17:18.04	PR	
19	37 Olaf Verhoeve	H50	16	O	17:23.38		
20	40 Jan Willem Dijkstra	H50	16	I	17:37.74		
21	31 Mike Teunisse	H40	15	O	17:43.76		
22	41 Jankees Ruizeveld	H45	17	I	18:12.22		
23	33 Vincent van Balderen	H45	14	I	18:27.63		
24	30 Milan Kracht	H45	15	I	18:29.90		
25	43 Stephan Ottenhoff	H45	17	O	19:47.41		
26	23 David Wagemaker	H45	13	O	20:24.57		

Scheidsrechter:

Assistent:

Starter:

Van 10-3-2018 20:00:00 tot 10-3-2018 23:12:09

Print: 26-4-2024 13:52:18

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem

10 maart 2018

2. Rituitslag Heren 10000 meter

		Naam	Cat			PR	Tijd	Info
5	wt	16 Mees Egberts	HB1				17:15.01	
	rd	39 Patrick Zweed	HB1			17:16.30	16:37.04	PR
		Mees Egberts			Patrick Zweed			
		400m	42.54	(42.54)	400m	42.21	(42.21)	
		800m	1:20.50	(37.96)	800m	1:22.50	(40.29)	
		1200m	1:58.64	(38.14)	1200m	2:00.77	(38.27)	
		1600m	2:37.23	(38.59)	1600m	2:37.94	(37.17)	
		2000m	3:15.73	(38.50)	2000m	3:15.80	(37.86)	
		2400m	3:54.37	(38.64)	2400m	3:54.11	(38.31)	
		2800m	4:33.63	(39.26)	2800m	4:32.65	(38.54)	
		3200m	5:13.03	(39.40)	3200m	5:11.74	(39.09)	
		3600m	5:52.95	(39.92)	3600m	5:50.94	(39.20)	
		4000m	6:33.41	(40.46)	4000m	6:30.46	(39.52)	
		4400m	7:14.54	(41.13)	4400m	7:10.63	(40.17)	
		4800m	7:56.16	(41.62)	4800m	7:50.89	(40.26)	
		5200m	8:37.86	(41.70)	5200m	8:31.82	(40.93)	
		5600m	9:20.04	(42.18)	5600m	9:12.95	(41.13)	
		6000m	10:02.57	(42.53)	6000m	9:53.87	(40.92)	
		6400m	10:44.38	(41.81)	6400m	10:35.02	(41.15)	
		6800m	11:26.62	(42.24)	6800m	11:15.75	(40.73)	
		7200m	12:09.44	(42.82)	7200m	11:56.16	(40.41)	
		7600m	12:52.92	(43.48)	7600m	12:36.60	(40.44)	
		8000m	13:36.37	(43.45)	8000m	13:16.91	(40.31)	
		8400m	14:20.13	(43.76)	8400m	13:57.80	(40.89)	
		8800m	15:04.16	(44.03)	8800m	14:38.96	(41.16)	
		9200m	15:48.84	(44.68)	9200m	15:19.56	(40.60)	
		9600m	16:32.53	(43.69)	9600m	15:59.59	(40.03)	
		10000m	17:15.01	(42.48)	10000m	16:37.04	(37.45)	

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem

10 maart 2018

		Naam	Cat			PR	Tijd	Info
6	gl	17	Pieter Tieme Weenink			HB2	16:49.40	
	bl	9	Maas de Kruijk			HB1	16:19.93	
		Pieter Tieme Weenink			Maas de Kruijk			
		400m	40.91	(40.91)	400m	39.44	(39.44)	
		800m	1:18.53	(37.62)	800m	1:16.12	(36.68)	
		1200m	1:56.91	(38.38)	1200m	1:53.53	(37.41)	
		1600m	2:35.80	(38.89)	1600m	2:31.28	(37.75)	
		2000m	3:15.21	(39.41)	2000m	3:09.55	(38.27)	
		2400m	3:54.53	(39.32)	2400m	3:47.90	(38.35)	
		2800m	4:34.29	(39.76)	2800m	4:26.58	(38.68)	
		3200m	5:14.14	(39.85)	3200m	5:05.46	(38.88)	
		3600m	5:54.31	(40.17)	3600m	5:44.83	(39.37)	
		4000m	6:35.15	(40.84)	4000m	6:24.02	(39.19)	
		4400m	7:15.75	(40.60)	4400m	7:03.63	(39.61)	
		4800m	7:56.61	(40.86)	4800m	7:42.88	(39.25)	
		5200m	8:37.56	(40.95)	5200m	8:22.32	(39.44)	
		5600m	9:18.70	(41.14)	5600m	9:01.29	(38.97)	
		6000m	9:59.66	(40.96)	6000m	9:40.64	(39.35)	
		6400m	10:40.75	(41.09)	6400m	10:20.43	(39.79)	
		6800m	11:21.83	(41.08)	6800m	11:00.39	(39.96)	
		7200m	12:03.11	(41.28)	7200m	11:40.37	(39.98)	
		7600m	12:43.98	(40.87)	7600m	12:21.14	(40.77)	
		8000m	13:25.50	(41.52)	8000m	13:02.05	(40.91)	
		8400m	14:07.14	(41.64)	8400m	13:42.88	(40.83)	
		8800m	14:48.29	(41.15)	8800m	14:23.44	(40.56)	
		9200m	15:29.13	(40.84)	9200m	15:04.04	(40.60)	
		9600m	16:10.22	(41.09)	9600m	15:42.81	(38.77)	
		10000m	16:49.40	(39.18)	10000m	16:19.93	(37.12)	

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem

10 maart 2018

		Naam	Cat			PR	Tijd	Info
7	wt	42 Ivar Immerzeel	HB2				14:48.55	TRC
	rd	32 Mats Stoltenborg	HSA			13:06.38	13:45.07	HT TR
		Ivar Immerzeel			Mats Stoltenborg			
		400m	39.95	(39.95)	400m	37.84	(37.84)	
		800m	1:14.55	(34.60)	800m	1:10.72	(32.88)	
		1200m	1:49.30	(34.75)	1200m	1:43.69	(32.97)	
		1600m	2:23.94	(34.64)	1600m	2:16.45	(32.76)	
		2000m	2:59.03	(35.09)	2000m	2:49.28	(32.83)	
		2400m	3:34.84	(35.81)	2400m	3:21.88	(32.60)	
		2800m	4:10.03	(35.19)	2800m	3:54.24	(32.36)	
		3200m	4:44.89	(34.86)	3200m	4:26.29	(32.05)	
		3600m	5:20.21	(35.32)	3600m	4:58.72	(32.43)	
		4000m	5:55.46	(35.25)	4000m	5:31.23	(32.51)	
		4400m	6:31.52	(36.06)	4400m	6:03.77	(32.54)	
		4800m	7:07.52	(36.00)	4800m	6:36.40	(32.63)	
		5200m	7:43.58	(36.06)	5200m	7:08.97	(32.57)	
		5600m	8:19.59	(36.01)	5600m	7:41.35	(32.38)	
		6000m	8:55.74	(36.15)	6000m	8:13.96	(32.61)	
		6400m	9:31.45	(35.71)	6400m	8:46.68	(32.72)	
		6800m	10:06.05	(34.60)	6800m	9:19.45	(32.77)	
		7200m	10:40.77	(34.72)	7200m	9:52.29	(32.84)	
		7600m	11:15.90	(35.13)	7600m	10:25.32	(33.03)	
		8000m	11:51.59	(35.69)	8000m	10:58.88	(33.56)	
		8400m	12:26.94	(35.35)	8400m	11:32.69	(33.81)	
		8800m	13:01.75	(34.81)	8800m	12:06.10	(33.41)	
		9200m	13:37.01	(35.26)	9200m	12:39.30	(33.20)	
		9600m	14:11.82	(34.81)	9600m	13:12.38	(33.08)	
		10000m	14:48.55	(36.73)	10000m	13:45.07	(32.69)	

HA066 Bloksma bokaal

IJsbahn Haarlem - Haarlem

10 maart 2018

		Naam	Cat			PR	Tijd	Info
8	gl	2 Jeffrey Kors	HN3				15:02.95	
	bl	36 Jeroen Janissen	HN1			14:36.81	14:35.11	PR
		Jeffrey Kors			Jeroen Janissen			
		400m	38.18	(38.18)	400m	37.62	(37.62)	
		800m	1:13.45	(35.27)	800m	1:12.14	(34.52)	
		1200m	1:49.42	(35.97)	1200m	1:46.94	(34.80)	
		1600m	2:24.65	(35.23)	1600m	2:21.70	(34.76)	
		2000m	2:59.73	(35.08)	2000m	2:56.88	(35.18)	
		2400m	3:34.81	(35.08)	2400m	3:31.51	(34.63)	
		2800m	4:09.61	(34.80)	2800m	4:06.76	(35.25)	
		3200m	4:44.13	(34.52)	3200m	4:41.53	(34.77)	
		3600m	5:19.24	(35.11)	3600m	5:16.50	(34.97)	
		4000m	5:53.84	(34.60)	4000m	5:51.40	(34.90)	
		4400m	6:28.71	(34.87)	4400m	6:26.38	(34.98)	
		4800m	7:04.32	(35.61)	4800m	7:01.28	(34.90)	
		5200m	7:40.77	(36.45)	5200m	7:36.49	(35.21)	
		5600m	8:16.86	(36.09)	5600m	8:11.45	(34.96)	
		6000m	8:53.15	(36.29)	6000m	8:46.74	(35.29)	
		6400m	9:29.51	(36.36)	6400m	9:21.66	(34.92)	
		6800m	10:06.18	(36.67)	6800m	9:56.69	(35.03)	
		7200m	10:42.59	(36.41)	7200m	10:31.67	(34.98)	
		7600m	11:19.37	(36.78)	7600m	11:06.56	(34.89)	
		8000m	11:55.94	(36.57)	8000m	11:41.26	(34.70)	
		8400m	12:32.86	(36.92)	8400m	12:16.25	(34.99)	
		8800m	13:10.07	(37.21)	8800m	12:51.11	(34.86)	
		9200m	13:47.86	(37.79)	9200m	13:26.08	(34.97)	
		9600m	14:25.82	(37.96)	9600m	14:00.91	(34.83)	
		10000m	15:02.95	(37.13)	10000m	14:35.11	(34.20)	

HA066 Bloksma bokaal

IJsbahn Haarlem - Haarlem
10 maart 2018

		Naam	Cat			PR	Tijd	Info
9	wt	11	Mark Ooijevaar			HSB	13:12.60	14:42.79
	rd	25	Mark van der Hulst			HN3	14:55.43	14:54.04
		Mark Ooijevaar			Mark van der Hulst			
		400m	36.78	(36.78)	400m	36.70	(36.70)	
		800m	1:10.54	(33.76)	800m	1:10.55	(33.85)	
		1200m	1:45.67	(35.13)	1200m	1:45.01	(34.46)	
		1600m	2:20.67	(35.00)	1600m	2:20.21	(35.20)	
		2000m	2:55.69	(35.02)	2000m	2:55.55	(35.34)	
		2400m	3:30.74	(35.05)	2400m	3:30.70	(35.15)	
		2800m	4:05.94	(35.20)	2800m	4:05.64	(34.94)	
		3200m	4:41.09	(35.15)	3200m	4:40.93	(35.29)	
		3600m	5:16.60	(35.51)	3600m	5:16.13	(35.20)	
		4000m	5:51.69	(35.09)	4000m	5:51.35	(35.22)	
		4400m	6:27.43	(35.74)	4400m	6:26.75	(35.40)	
		4800m	7:02.82	(35.39)	4800m	7:02.17	(35.42)	
		5200m	7:38.09	(35.27)	5200m	7:37.63	(35.46)	
		5600m	8:13.66	(35.57)	5600m	8:12.93	(35.30)	
		6000m	8:49.11	(35.45)	6000m	8:47.92	(34.99)	
		6400m	9:25.12	(36.01)	6400m	9:23.51	(35.59)	
		6800m	10:00.71	(35.59)	6800m	9:59.75	(36.24)	
		7200m	10:36.57	(35.86)	7200m	10:36.33	(36.58)	
		7600m	11:12.82	(36.25)	7600m	11:13.02	(36.69)	
		8000m	11:48.61	(35.79)	8000m	11:49.32	(36.30)	
		8400m	12:24.74	(36.13)	8400m	12:25.96	(36.64)	
		8800m	13:00.89	(36.15)	8800m	13:03.13	(37.17)	
		9200m	13:36.79	(35.90)	9200m	13:39.86	(36.73)	
		9600m	14:10.40	(33.61)	9600m	14:16.95	(37.09)	
		10000m	14:42.79	(32.39)	10000m	14:54.04	(37.09)	

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem

10 maart 2018

		Naam	Cat			PR	Tijd	Info
10	gl	10 Berend Bervoets	HA2			14:38.13	15:04.17	
	bl	13 Jan-Willem Broos	HSA			15:29.99	14:57.70	
		Berend Bervoets			Jan-Willem Broos			
		400m	39.57	(39.57)	400m	38.22	(38.22)	
		800m	1:15.47	(35.90)	800m	1:12.87	(34.65)	
		1200m	1:51.62	(36.15)	1200m	1:48.37	(35.50)	
		1600m	2:27.49	(35.87)	1600m	2:23.51	(35.14)	
		2000m	3:03.29	(35.80)	2000m	2:58.71	(35.20)	
		2400m	3:39.10	(35.81)	2400m	3:33.88	(35.17)	
		2800m	4:15.24	(36.14)	2800m	4:09.21	(35.33)	
		3200m	4:51.42	(36.18)	3200m	4:44.58	(35.37)	
		3600m	5:27.36	(35.94)	3600m	5:20.17	(35.59)	
		4000m	6:03.58	(36.22)	4000m	5:55.57	(35.40)	
		4400m	6:39.58	(36.00)	4400m	6:31.27	(35.70)	
		4800m	7:16.19	(36.61)	4800m	7:06.82	(35.55)	
		5200m	7:52.89	(36.70)	5200m	7:42.45	(35.63)	
		5600m	8:29.09	(36.20)	5600m	8:18.53	(36.08)	
		6000m	9:05.82	(36.73)	6000m	8:54.49	(35.96)	
		6400m	9:42.17	(36.35)	6400m	9:30.69	(36.20)	
		6800m	10:18.47	(36.30)	6800m	10:06.54	(35.85)	
		7200m	10:55.53	(37.06)	7200m	10:42.73	(36.19)	
		7600m	11:31.52	(35.99)	7600m	11:19.26	(36.53)	
		8000m	12:07.34	(35.82)	8000m	11:55.52	(36.26)	
		8400m	12:41.81	(34.47)	8400m	12:31.82	(36.30)	
		8800m	13:16.89	(35.08)	8800m	13:08.42	(36.60)	
		9200m	13:52.78	(35.89)	9200m	13:45.42	(37.00)	
		9600m	14:28.09	(35.31)	9600m	14:21.67	(36.25)	
		10000m	15:04.17	(36.08)	10000m	14:57.70	(36.03)	

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem

10 maart 2018

		Naam	Cat			PR	Tijd	Info
11	wt	4	Evert Jan van Dijk			HSB	16:54.25	16:39.98 HT
	rd	20	Tristan Hagen			HA1	16:55.13	16:16.24 HT
		Evert Jan van Dijk			Tristan Hagen			
		400m	42.56	(42.56)	400m	40.81	(40.81)	
		800m	1:21.63	(39.07)	800m	1:17.61	(36.80)	
		1200m	2:01.12	(39.49)	1200m	1:54.78	(37.17)	
		1600m	2:40.28	(39.16)	1600m	2:32.04	(37.26)	
		2000m	3:19.35	(39.07)	2000m	3:09.46	(37.42)	
		2400m	3:58.44	(39.09)	2400m	3:46.31	(36.85)	
		2800m	4:37.91	(39.47)	2800m	4:23.53	(37.22)	
		3200m	5:18.00	(40.09)	3200m	5:01.96	(38.43)	
		3600m	5:57.76	(39.76)	3600m	5:40.93	(38.97)	
		4000m	6:37.79	(40.03)	4000m	6:20.00	(39.07)	
		4400m	7:18.10	(40.31)	4400m	6:59.56	(39.56)	
		4800m	7:58.56	(40.46)	4800m	7:39.28	(39.72)	
		5200m	8:39.32	(40.76)	5200m	8:17.28	(38.00)	
		5600m	9:19.00	(39.68)	5600m	8:55.43	(38.15)	
		6000m	9:58.91	(39.91)	6000m	9:34.93	(39.50)	
		6400m	10:38.60	(39.69)	6400m	10:15.28	(40.35)	
		6800m	11:18.28	(39.68)	6800m	10:55.56	(40.28)	
		7200m	11:58.47	(40.19)	7200m	11:35.75	(40.19)	
		7600m	12:39.10	(40.63)	7600m	12:16.68	(40.93)	
		8000m	13:19.06	(39.96)	8000m	12:57.68	(41.00)	
		8400m	13:58.97	(39.91)	8400m	13:37.64	(39.96)	
		8800m	14:38.82	(39.85)	8800m	14:17.53	(39.89)	
		9200m	15:19.55	(40.73)	9200m	14:57.89	(40.36)	
		9600m	15:59.50	(39.95)	9600m	15:37.46	(39.57)	
		10000m	16:39.98	(40.48)	10000m	16:16.24	(38.78)	

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem
10 maart 2018

		Naam	Cat		PR		Tijd	Info
12	gl	5 Michiel Kok	HA1				16:02.42	
	bl	27 Stan van der Hulst	HA1		15:53.59		15:21.78	PR
		Michiel Kok			Stan van der Hulst			
		400m	37.99	(37.99)	400m	41.52	(41.52)	
		800m	1:18.52	(40.53)	800m	1:12.31	(30.79)	
		1200m	1:55.61	(37.09)	1200m	1:47.81	(35.50)	
		1600m	2:32.76	(37.15)	1600m	2:23.60	(35.79)	
		2000m	3:10.13	(37.37)	2000m	2:59.65	(36.05)	
		2400m	3:48.25	(38.12)	2400m	3:35.41	(35.76)	
		2800m	4:25.72	(37.47)	2800m	4:11.47	(36.06)	
		3200m	5:03.88	(38.16)	3200m	4:48.33	(36.86)	
		3600m	5:42.25	(38.37)	3600m	5:25.66	(37.33)	
		4000m	6:20.81	(38.56)	4000m	6:03.09	(37.43)	
		4400m	6:59.15	(38.34)	4400m	6:40.75	(37.66)	
		4800m	7:37.74	(38.59)	4800m	7:18.52	(37.77)	
		5200m	8:15.97	(38.23)	5200m	7:55.12	(36.60)	
		5600m	8:55.06	(39.09)	5600m	8:31.64	(36.52)	
		6000m	9:33.97	(38.91)	6000m	9:08.71	(37.07)	
		6400m	10:12.94	(38.97)	6400m	9:45.93	(37.22)	
		6800m	10:51.75	(38.81)	6800m	10:23.25	(37.32)	
		7200m	11:30.67	(38.92)	7200m	11:01.11	(37.86)	
		7600m	12:09.30	(38.63)	7600m	11:38.96	(37.85)	
		8000m	12:48.31	(39.01)	8000m	12:16.39	(37.43)	
		8400m	13:27.28	(38.97)	8400m	12:53.65	(37.26)	
		8800m	14:06.39	(39.11)	8800m	13:31.07	(37.42)	
		9200m	14:45.50	(39.11)	9200m	14:08.79	(37.72)	
		9600m	15:23.46	(37.96)	9600m	14:45.70	(36.91)	
		10000m	16:02.42	(38.96)	10000m	15:21.78	(36.08)	

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem

10 maart 2018

		Naam		Cat		PR		Tijd		Info
13	wt	24	David Peyrot		HSB		18:01.35		17:18.04 PR	
	rd	23	David Wagemaker		H45				20:24.57	
		David Peyrot				David Wagemaker				
		400m	43.59	(43.59)	400m	49.58	(49.58)			
		800m	1:24.45	(40.86)	800m	1:34.53	(44.95)			
		1200m	2:06.19	(41.74)	1200m	2:20.72	(46.19)			
		1600m	2:47.91	(41.72)	1600m	3:07.19	(46.47)			
		2000m	3:29.37	(41.46)	2000m	3:54.63	(47.44)			
		2400m	4:10.92	(41.55)	2400m	4:42.17	(47.54)			
		2800m	4:52.33	(41.41)	2800m	5:29.74	(47.57)			
		3200m	5:33.61	(41.28)	3200m	6:17.77	(48.03)			
		3600m	6:14.78	(41.17)	3600m	7:05.97	(48.20)			
		4000m	6:56.23	(41.45)	4000m	7:54.20	(48.23)			
		4400m	7:37.69	(41.46)	4400m	8:42.86	(48.66)			
		4800m	8:19.13	(41.44)	4800m	9:31.35	(48.49)			
		5200m	9:00.78	(41.65)	5200m	10:19.72	(48.37)			
		5600m	9:42.34	(41.56)	5600m	11:09.56	(49.84)			
		6000m	10:23.78	(41.44)	6000m	11:59.63	(50.07)			
		6400m	11:05.24	(41.46)	6400m	12:50.96	(51.33)			
		6800m	11:46.95	(41.71)	6800m	13:41.67	(50.71)			
		7200m	12:28.54	(41.59)	7200m	14:32.01	(50.34)			
		7600m	13:10.04	(41.50)	7600m	15:22.03	(50.02)			
		8000m	13:51.56	(41.52)	8000m	16:13.24	(51.21)			
		8400m	14:32.86	(41.30)	8400m	17:04.27	(51.03)			
		8800m	15:14.42	(41.56)	8800m	17:55.14	(50.87)			
		9200m	15:55.68	(41.26)	9200m	18:45.58	(50.44)			
		9600m	16:37.09	(41.41)	9600m	19:35.46	(49.88)			
		10000m	17:18.04	(40.95)	10000m	20:24.57	(49.11)			

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem

10 maart 2018

		Naam	Cat		PR		Tijd	Info
14	gl	33	Vincent van Balderen	H45				18:27.63
	bl	34	Erik Smid	HSA		16:07.69	16:07.68	PR
		Vincent van Balderen			Erik Smid			
		400m	44.98	(44.98)	400m	41.36	(41.36)	
		800m	1:27.78	(42.80)	800m	1:18.29	(36.93)	
		1200m	2:12.78	(45.00)	1200m	1:56.16	(37.87)	
		1600m	2:57.43	(44.65)	1600m	2:34.36	(38.20)	
		2000m	3:40.90	(43.47)	2000m	3:12.60	(38.24)	
		2400m	4:24.69	(43.79)	2400m	3:51.49	(38.89)	
		2800m	5:08.50	(43.81)	2800m	4:30.07	(38.58)	
		3200m	5:51.38	(42.88)	3200m	5:08.39	(38.32)	
		3600m	6:34.91	(43.53)	3600m	5:47.23	(38.84)	
		4000m	7:18.91	(44.00)	4000m	6:26.26	(39.03)	
		4400m	8:03.66	(44.75)	4400m	7:05.60	(39.34)	
		4800m	8:48.25	(44.59)	4800m	7:44.86	(39.26)	
		5200m	9:33.10	(44.85)	5200m	8:23.48	(38.62)	
		5600m	10:17.70	(44.60)	5600m	9:02.30	(38.82)	
		6000m	11:02.63	(44.93)	6000m	9:40.68	(38.38)	
		6400m	11:47.35	(44.72)	6400m	10:19.55	(38.87)	
		6800m	12:31.90	(44.55)	6800m	10:57.83	(38.28)	
		7200m	13:16.34	(44.44)	7200m	11:36.61	(38.78)	
		7600m	14:00.90	(44.56)	7600m	12:15.67	(39.06)	
		8000m	14:45.83	(44.93)	8000m	12:54.73	(39.06)	
		8400m	15:31.19	(45.36)	8400m	13:33.31	(38.58)	
		8800m	16:15.87	(44.68)	8800m	14:11.63	(38.32)	
		9200m	16:59.27	(43.40)	9200m	14:50.05	(38.42)	
		9600m	17:44.29	(45.02)	9600m	15:28.85	(38.80)	
		10000m	18:27.63	(43.34)	10000m	16:07.68	(38.83)	

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem

10 maart 2018

		Naam	Cat			PR	Tijd	Info
15	wt	30	Milan Kracht			H45	18:29.90	
	rd	31	Mike Teunisse			H40	17:43.76	
		Milan Kracht			Mike Teunisse			
		400m	47.23	(47.23)	400m	45.06	(45.06)	
		800m	1:29.96	(42.73)	800m	1:26.69	(41.63)	
		1200m	2:13.12	(43.16)	1200m	2:09.48	(42.79)	
		1600m	2:56.56	(43.44)	1600m	2:52.71	(43.23)	
		2000m	3:40.42	(43.86)	2000m	3:35.52	(42.81)	
		2400m	4:24.44	(44.02)	2400m	4:18.65	(43.13)	
		2800m	5:08.14	(43.70)	2800m	5:02.54	(43.89)	
		3200m	5:51.90	(43.76)	3200m	5:45.62	(43.08)	
		3600m	6:36.01	(44.11)	3600m	6:28.74	(43.12)	
		4000m	7:20.54	(44.53)	4000m	7:11.21	(42.47)	
		4400m	8:04.79	(44.25)	4400m	7:53.97	(42.76)	
		4800m	8:49.40	(44.61)	4800m	8:36.72	(42.75)	
		5200m	9:33.30	(43.90)	5200m	9:19.34	(42.62)	
		5600m	10:17.02	(43.72)	5600m	10:01.56	(42.22)	
		6000m	11:01.49	(44.47)	6000m	10:44.00	(42.44)	
		6400m	11:46.31	(44.82)	6400m	11:26.36	(42.36)	
		6800m	12:31.03	(44.72)	6800m	12:08.55	(42.19)	
		7200m	13:15.65	(44.62)	7200m	12:50.95	(42.40)	
		7600m	14:00.45	(44.80)	7600m	13:33.34	(42.39)	
		8000m	14:45.57	(45.12)	8000m	14:15.57	(42.23)	
		8400m	15:30.44	(44.87)	8400m	14:57.60	(42.03)	
		8800m	16:15.51	(45.07)	8800m	15:40.12	(42.52)	
		9200m	17:00.75	(45.24)	9200m	16:22.79	(42.67)	
		9600m	17:45.86	(45.11)	9600m	17:04.17	(41.38)	
		10000m	18:29.90	(44.04)	10000m	17:43.76	(39.59)	

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem

10 maart 2018

		Naam	Cat			PR	Tijd	Info
16	gl	40 Jan Willem Dijkstra	H50			17:35.40	17:37.74	
	bl	37 Olaf Verhoeve	H50			17:06.60	17:23.38	
		Jan Willem Dijkstra			Olaf Verhoeve			
		400m	46.75	(46.75)	400m	46.62	(46.62)	
		800m	1:28.85	(42.10)	800m	1:28.76	(42.14)	
		1200m	2:11.75	(42.90)	1200m	2:10.77	(42.01)	
		1600m	2:53.18	(41.43)	1600m	2:52.03	(41.26)	
		2000m	3:34.45	(41.27)	2000m	3:33.17	(41.14)	
		2400m	4:15.90	(41.45)	2400m	4:14.24	(41.07)	
		2800m	4:57.83	(41.93)	2800m	4:55.23	(40.99)	
		3200m	5:40.01	(42.18)	3200m	5:36.44	(41.21)	
		3600m	6:21.99	(41.98)	3600m	6:17.65	(41.21)	
		4000m	7:03.97	(41.98)	4000m	6:58.87	(41.22)	
		4400m	7:45.55	(41.58)	4400m	7:40.33	(41.46)	
		4800m	8:27.36	(41.81)	4800m	8:21.70	(41.37)	
		5200m	9:08.87	(41.51)	5200m	9:03.00	(41.30)	
		5600m	9:51.24	(42.37)	5600m	9:44.06	(41.06)	
		6000m	10:33.50	(42.26)	6000m	10:25.32	(41.26)	
		6400m	11:15.83	(42.33)	6400m	11:06.68	(41.36)	
		6800m	11:58.56	(42.73)	6800m	11:47.87	(41.19)	
		7200m	12:41.19	(42.63)	7200m	12:29.55	(41.68)	
		7600m	13:24.14	(42.95)	7600m	13:11.21	(41.66)	
		8000m	14:06.71	(42.57)	8000m	13:52.31	(41.10)	
		8400m	14:48.94	(42.23)	8400m	14:33.79	(41.48)	
		8800m	15:31.28	(42.34)	8800m	15:15.86	(42.07)	
		9200m	16:14.08	(42.80)	9200m	15:58.48	(42.62)	
		9600m	16:56.90	(42.82)	9600m	16:41.14	(42.66)	
		10000m	17:37.74	(40.84)	10000m	17:23.38	(42.24)	

HA066 Bloksma bokaal

IJsbaan Haarlem - Haarlem

10 maart 2018

		Naam	Cat			PR	Tijd	Info
17	wt	41	Jankees Ruizeveld			H45	18:12.22	
	rd	43	Stephan Ottenhoff			H45	19:47.41	
		Jankees Ruizeveld			Stephan Ottenhoff			
		400m	49.75	(49.75)	400m	50.30	(50.30)	
		800m	1:33.66	(43.91)	800m	1:36.38	(46.08)	
		1200m	2:18.26	(44.60)	1200m	2:22.40	(46.02)	
		1600m	3:02.78	(44.52)	1600m	3:07.09	(44.69)	
		2000m	3:46.12	(43.34)	2000m	3:52.36	(45.27)	
		2400m	4:29.28	(43.16)	2400m	4:36.94	(44.58)	
		2800m	5:12.75	(43.47)	2800m	5:22.93	(45.99)	
		3200m	5:56.48	(43.73)	3200m	6:10.39	(47.46)	
		3600m	6:40.84	(44.36)	3600m	7:00.64	(50.25)	
		4000m	7:25.28	(44.44)	4000m	7:48.96	(48.32)	
		4400m	8:09.30	(44.02)	4400m	8:38.27	(49.31)	
		4800m	8:53.10	(43.80)	4800m	9:27.45	(49.18)	
		5200m	9:37.14	(44.04)	5200m	10:17.66	(50.21)	
		5600m	10:21.23	(44.09)	5600m	11:06.00	(48.34)	
		6000m	11:04.66	(43.43)	6000m	11:54.20	(48.20)	
		6400m	11:48.00	(43.34)	6400m	12:40.96	(46.76)	
		6800m	12:30.78	(42.78)	6800m	13:29.99	(49.03)	
		7200m	13:13.96	(43.18)	7200m	14:19.93	(49.94)	
		7600m	13:57.05	(43.09)	7600m	15:07.81	(47.88)	
		8000m	14:40.34	(43.29)	8000m	15:54.91	(47.10)	
		8400m	15:23.13	(42.79)	8400m	16:44.66	(49.75)	
		8800m	16:05.52	(42.39)	8800m	17:30.78	(46.12)	
		9200m	16:48.46	(42.94)	9200m	18:16.45	(45.67)	
		9600m	17:30.82	(42.36)	9600m	19:04.72	(48.27)	
		10000m	18:12.22	(41.40)	10000m	19:47.41	(42.69)	