

AM107 CK Waterland en Amstelbocht (61)

Stichting IJscapcomplex Jaap Edenbaan - Amsterdam

17 March 2023

1. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	33 Tobias Elshof	HB2	13	O	10.39	
2	4 Eitan Zada	HPD	14	O	13.36 PB	
3	7 Stijn Stegeman	HPC	14	I	13.58 PB	
4	29 Isabella Visser	DPD	11	O	14.53 PB	
5	13 Julia Boersma	DPC	3	O	14.87	
6	24 Finn Straathof	HPC	13	I	15.26	
7	97 Jurre Steur	HPD	3	I	15.34	
8	96 Alex de Brouwer gonzalvo	HPD	4	O	15.58	
9	83 Lena Meine jansen	DPC	5	I	15.76	
10	44 Maud Klein	DPC	12	O	15.96 PB	
11	94 Emma Kneepkens	DPD	6	I	16.12	
12	95 Mats Meijer	HPE	12	I	16.23 PB	
13	92 Sven Bakkenist	HPE	11	I	16.62 PB	
14	93 Pien Boer	DPD	1	O	17.37	
15	79 Hidde Hoekstra	HPD	4	I	17.44	
16	91 Roos Boer	DPE	5	O	17.51	
17	35 Bo Weeting	HPD	10	O	17.52 PB	
18	98 Marit Pronk	DPE	9	O	17.54 PB	
19	65 Mattia de Bruin	HPE	9	I	17.88 PB	
20	45 Stef Klein	HPF	10	I	18.30 PB	
21	63 Ignatio Knaack	HPE	8	I	19.16	
22	64 Jake Plat	HPF	8	O	19.89 PB	
23	78 Bauke Hoekstra	HPF	1	I	20.83	
24	74 Ramses Verschuren	HPF	7	I	22.97	
25	80 Froukje Hoekstra	DPC	6	O	22.99 FL	
26	73 Phileine Verschuren	DPF	7	O	24.04 FL	

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		Name	Cat	PB	Time	Info
6	yw	94 Emma Kneepkens	DPD		16.12	
	bl	80 Froukje Hoekstra	DPC		22.99	FL
		<u>Emma Kneepkens</u>				
		100m	16.12	(16.12)		
		<u>Froukje Hoekstra</u>				
		100m	22.99	(22.99)		
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		Name	Cat	PB	Time	Info
7	wt	74 Ramses Verschuren	HPF		22.97	
	rd	73 Phileine Verschuren	DPF	22.02	24.04	FL
		<u>Ramses Verschuren</u>				
		100m	22.97	(22.97)		
		<u>Phileine Verschuren</u>				
		100m	24.04	(24.04)		
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		Name	Cat	PB	Time	Info
8	yw	63 Ignatio Knaack	HPE		19.16	
	bl	64 Jake Plat	HPF	26.43	19.89	PB
		<u>Ignatio Knaack</u>				
		100m	19.16	(19.16)		
		<u>Jake Plat</u>				
		100m	19.89	(19.89)		
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		Name	Cat	PB	Time	Info
9	wt	65 Mattia de Bruin	HPE	19.30	17.88	PB
	rd	98 Marit Pronk	DPE	21.06	17.54	PB
		<u>Mattia de Bruin</u>				
		100m	17.88	(17.88)		
		<u>Marit Pronk</u>				
		100m	17.54	(17.54)		
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		Name	Cat	PB	Time	Info
10	yw	45 Stef Klein	HPF	21.68	18.30	PB
	bl	35 Bo Weeting	HPD	19.84	17.52	PB
		<u>Stef Klein</u>				
		100m	18.30	(18.30)		
		<u>Bo Weeting</u>				
		100m	17.52	(17.52)		
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		Name	Cat	PB	Time	Info
11	wt	92 Sven Bakkenist	HPE	17.16	16.62	PB
	rd	29 Isabella Visser	DPD	15.04	14.53	PB
		<u>Sven Bakkenist</u>				
		100m	16.62	(16.62)		
		<u>Isabella Visser</u>				
		100m	14.53	(14.53)		

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		Name		Cat		PB		Time	Info
12	yw	95	Mats Meijer		HPE		16.57	16.23	PB
	bl	44	Maud Klein		DPC		16.83	15.96	PB
		Mats Meijer			Maud Klein				
		100m	16.23	(16.23)	100m	15.96	(15.96)		

		Name		Cat		PB		Time	Info
13	wt	24	Finn Straathof		HPC		14.84	15.26	
	rd	33	Tobias Elshof		HB2		10.37	10.39	
		Finn Straathof			Tobias Elshof				
		100m	15.26	(15.26)	100m	10.39	(10.39)		

		Name		Cat		PB		Time	Info
14	yw	7	Stijn Stegeman		HPC		14.15	13.58	PB
	bl	4	Eitan Zada		HPD		14.19	13.36	PB
		Stijn Stegeman			Eitan Zada				
		100m	13.58	(13.58)	100m	13.36	(13.36)		

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2. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	33 Tobias Elshof	HB2	42	I	38.95		
2	89 Sander Brandse	HA2	41	O	40.05		
3	72 Thijs Wagenaar	HN3	42	O	41.51		
4	81 Roos Markus	DN3	41	I	43.01		
5	88 Daan van Eck	HSB	40	O	43.99		
6	86 Jan-Willem Meijer	H40	33	O	44.18		
7	54 Richard Hess	H40	35	I	44.64	PB	
8	61 Leo Blakborn	H45	40	I	44.68		
9	90 Aart van Beuzekom	H55	35	O	45.26		
10	36 Lucia Kriger	DSA	33	I	45.31		
11	2 Niels de Jong	HSB	39	I	45.41		
12	32 Joris Onink	HC2	34	O	45.60	PB	
13	62 Bram Bos	HA2	36	I	45.91		
14	48 Timo Roeleveld	HN3	38	I	46.05		
15	37 Jitte Schuitemaker	DA1	34	I	46.59		
16	71 Mila Burger	DN3	36	O	46.99		
17	49 Stijn Schuitemaker	HN1	27	I	47.41	PB	
18	67 Tom van Scheppingen	HSB	39	O	48.51		
19	66 Menno Barneveld Binkhuysen	HSB	37	O	48.89		
20	59 Peter Wesseling	H40	38	O	48.94		
21	53 Eveline Hermsen	DN4	32	I	49.41		
22	85 Twan Wagenaar	HB1	30	O	49.43	PB	
23	57 Eveline Eigenhuis	DSA	32	O	49.46		
24	43 Harry Vrolijk	H50	37	I	49.87		
25	70 Eelco van Loenen	H50	26	O	50.02		
26	19 Jonah Koeman	HPA	25	I	50.18	PB	
27	9 Barend Bakker	HC2	28	O	50.73		
28	60 Dirk Jan Bakker	H60	26	I	51.11		
29	34 Evert Jan Grit	H50	30	I	51.95		
30	84 Sanne Reijnders	DSA	31	O	52.25		
31	41 Erik Evers	H60	23	I	53.22		
32	56 Mario Blom	H40	29	O	53.29		
33	52 Romy Groeneweg	DN3	21	I	54.42	PB	
34	39 Eric Heusinkveld	H65	31	I	54.64		
35	22 Marieke Onink	DC1	24	O	54.74	PB	
36	38 Nellie Kea	D60	24	I	54.80		
37	75 Rozemarijn Beemster	DSA	27	O	54.94		
38	31 Tess van Schaik	DC1	20	O	55.14	PB	

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	87 Lieke Reijnders	DSA	29	I	55.65		
40	68 Ferdinand Knaack	HSB	23	O	55.86	PB	
41	76 José van Beek	D60	21	O	55.93		
42	20 Pieter van der Laan	HC1	19	O	56.00	PB	
43	21 Tygo Meijer	HPA	20	I	56.28	PB	
44	1 Devi Koerse	DC2	19	I	56.41	PB	
45	50 Bart Schuitemaker	H50	28	I	56.54		
46	6 Ronald Abma	H55	22	I	57.04		
47	27 Levi Teerds	HC2	11	O	57.53		
48	69 John Lansing	H40	12	O	57.61		
49	14 Fabian Elshof	HPA	18	O	58.38	PB	
50	5 Sijmen Heerding	HPB	12	I	58.70		
51	46 Renske Coumou	HC1	13	I	58.81		
52	10 Ewoud Bakker	HPB	18	I	58.94	PB	
53	55 Gerrit Roos	H60	22	O	59.34		
54	16 Roos Hienkens	DPB	14	O	1:00.47		
55	3 Joa Wieland	HPB	17	I	1:03.01		
56	8 Annika Bakkenist	DPB	17	O	1:03.83		
57	30 Tiemen van Waveren	HPA	16	I	1:04.79		
58	28 Micha Teerds	HPA	15	I	1:07.57		
59	58 Jante Boddeus	DPA	15	O	1:08.07		
60	42 Giza Warner	D45	14	I	1:09.15		
61	40 Jos Wester	H60	16	O	1:10.57		
62	77 Hadassah Huijkman	DPA	13	O	1:22.46		
63	47 Didi Spelt	DC1	11	I	1:27.11	FL	

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2. Race Result 500 meter

		Name		Cat		PB		Time	Info
11	wt	47	Didi Spelt		DC1			1:27.11	FL
	rd	27	Levi Teerds		HC2			57.53	
		Didi Spelt			Levi Teerds				
		100m	26.20	(26.20)	100m	13.91	(13.91)		
		500m	1:27.11	(60.91)	500m	57.53	(43.62)		

		Name		Cat		PB		Time	Info
12	yw	5	Sijmen Heerding		HPB			58.70	
	bl	69	John Lansing		H40			57.61	
		Sijmen Heerding			John Lansing				
		100m	13.33	(13.33)	100m	15.01	(15.01)		
		500m	58.70	(45.37)	500m	57.61	(42.60)		

		Name		Cat		PB		Time	Info
13	wt	46	Renske Coumou		HC1			58.81	
	rd	77	Hadassah Huijkman		DPA			1:22.46	
		Renske Coumou			Hadassah Huijkman				
		100m	15.11	(15.11)	100m	18.24	(18.24)		
		500m	58.81	(43.70)	500m	1:22.46	(64.22)		

		Name		Cat		PB		Time	Info
14	yw	42	Giza Warner		D45			1:09.15	
	bl	16	Roos Hienkens		DPB			1:00.47	
		Giza Warner			Roos Hienkens				
		100m	16.91	(16.91)	100m	14.03	(14.03)		
		500m	1:09.15	(52.24)	500m	1:00.47	(46.44)		

		Name		Cat		PB		Time	Info
15	wt	28	Micha Teerds		HPA			1:07.57	
	rd	58	Jante Boddeus		DPA	1:06.31		1:08.07	
		Micha Teerds			Jante Boddeus				
		100m	15.12	(15.12)	100m	15.32	(15.32)		
		500m	1:07.57	(52.45)	500m	1:08.07	(52.75)		

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		Name		Cat		PB		Time	Info
16	yw	30	Tiemen van Waveren		HPA	1:03.76		1:04.79	
	bl	40	Jos Wester		H60			1:10.57	
		Tiemen van Waveren			Jos Wester				
		100m	15.24	(15.24)	100m	17.99	(17.99)		
		500m	1:04.79	(49.55)	500m	1:10.57	(52.58)		
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		Name		Cat		PB		Time	Info
17	wt	3	Joa Wieland		HPB	1:02.75		1:03.01	
	rd	8	Annika Bakkenist		DPB	1:03.51		1:03.83	
		Joa Wieland			Annika Bakkenist				
		100m	14.54	(14.54)	100m	14.75	(14.75)		
		500m	1:03.01	(48.47)	500m	1:03.83	(49.08)		
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		Name		Cat		PB		Time	Info
18	yw	10	Ewoud Bakker		HPB	1:02.79		58.94	PB
	bl	14	Fabian Elshof		HPA	1:01.59		58.38	PB
		Ewoud Bakker			Fabian Elshof				
		100m	14.23	(14.23)	100m	14.31	(14.31)		
		500m	58.94	(44.71)	500m	58.38	(44.07)		
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		Name		Cat		PB		Time	Info
19	wt	1	Devi Koerse		DC2	59.10		56.41	PB
	rd	20	Pieter van der Laan		HC1	59.22		56.00	PB
		Devi Koerse			Pieter van der Laan				
		100m	13.78	(13.78)	100m	13.51	(13.51)		
		500m	56.41	(42.63)	500m	56.00	(42.49)		
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		Name		Cat		PB		Time	Info
20	yw	21	Tygo Meijer		HPA	59.45		56.28	PB
	bl	31	Tess van Schaik		DC1	59.61		55.14	PB
		Tygo Meijer			Tess van Schaik				
		100m	13.91	(13.91)	100m	14.49	(14.49)		
		500m	56.28	(42.37)	500m	55.14	(40.65)		

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		Name		Cat		PB	Time	Info
21	wt	52	Romy Groeneweg		DN3	57.24	54.42	PB
	rd	76	José van Beek		D60	50.94	55.93	
		Romy Groeneweg			José van Beek			
		100m	13.82	(13.82)	100m	14.61	(14.61)	
		500m	54.42	(40.60)	500m	55.93	(41.32)	
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		Name		Cat		PB	Time	Info
22	yw	6	Ronald Abma		H55	56.69	57.04	
	bl	55	Gerrit Roos		H60	54.95	59.34	
		Ronald Abma			Gerrit Roos			
		100m	14.70	(14.70)	100m	14.94	(14.94)	
		500m	57.04	(42.34)	500m	59.34	(44.40)	
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		Name		Cat		PB	Time	Info
23	wt	41	Erik Evers		H60	50.32	53.22	
	rd	68	Ferdinand Knaack		HSB	56.52	55.86	PB
		Erik Evers			Ferdinand Knaack			
		100m	14.31	(14.31)	100m	14.11	(14.11)	
		500m	53.22	(38.91)	500m	55.86	(41.75)	
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		Name		Cat		PB	Time	Info
24	yw	38	Nellie Kea		D60	49.19	54.80	
	bl	22	Marieke Onink		DC1	55.00	54.74	PB
		Nellie Kea			Marieke Onink			
		100m	14.66	(14.66)	100m	14.41	(14.41)	
		500m	54.80	(40.14)	500m	54.74	(40.33)	
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		Name		Cat		PB	Time	Info
25	wt	19	Jonah Koeman		HPA	52.60	50.18	PB
	rd							
		Jonah Koeman						
		100m	12.91	(12.91)	m			
		500m	50.18	(37.27)				

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		Name		Cat		PB		Time	Info
26	yw	60	Dirk Jan Bakker		H60		48.61	51.11	
	bl	70	Eelco van Loenen		H50		47.86	50.02	
		Dirk Jan Bakker			Eelco van Loenen				
		100m	13.29	(13.29)	100m	13.48	(13.48)		
		500m	51.11	(37.82)	500m	50.02	(36.54)		
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		Name		Cat		PB		Time	Info
27	wt	49	Stijn Schuitemaker		HN1		49.20	47.41	PB
	rd	75	Rozemarijn Beemster		DSA		51.14	54.94	
		Stijn Schuitemaker			Rozemarijn Beemster				
		100m	12.76	(12.76)	100m	14.29	(14.29)		
		500m	47.41	(34.65)	500m	54.94	(40.65)		
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		Name		Cat		PB		Time	Info
28	yw	50	Bart Schuitemaker		H50		51.35	56.54	
	bl	9	Barend Bakker		HC2		50.30	50.73	
		Bart Schuitemaker			Barend Bakker				
		100m	14.96	(14.96)	100m	12.87	(12.87)		
		500m	56.54	(41.58)	500m	50.73	(37.86)		
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		Name		Cat		PB		Time	Info
29	wt	87	Lieke Reijnders		DSA		50.53	55.65	
	rd	56	Mario Blom		H40		50.06	53.29	
		Lieke Reijnders			Mario Blom				
		100m	14.21	(14.21)	100m	13.87	(13.87)		
		500m	55.65	(41.44)	500m	53.29	(39.42)		
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		Name		Cat		PB		Time	Info
30	yw	34	Evert Jan Grit		H50		50.76	51.95	
	bl	85	Twan Wagenaar		HB1		50.13	49.43	PB
		Evert Jan Grit			Twan Wagenaar				
		100m	14.19	(14.19)	100m	12.58	(12.58)		
		500m	51.95	(37.76)	500m	49.43	(36.85)		

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		Name			Cat			PB	Time	Info
31	wt	39	Eric Heusinkveld		H65			48.49	54.64	
	rd	84	Sanne Reijnders		DSA			48.48	52.25	
		Eric Heusinkveld			Sanne Reijnders					
		100m	14.77	(14.77)	100m	13.71	(13.71)			
		500m	54.64	(39.87)	500m	52.25	(38.54)			
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		Name			Cat			PB	Time	Info
32	yw	53	Eveline Hermsen		DN4			46.97	49.41	
	bl	57	Eveline Eigenhuis		DSA			46.74	49.46	
		Eveline Hermsen			Eveline Eigenhuis					
		100m	12.91	(12.91)	100m	12.75	(12.75)			
		500m	49.41	(36.50)	500m	49.46	(36.71)			
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		Name			Cat			PB	Time	Info
33	wt	36	Lucia Kriger		DSA			42.88	45.31	
	rd	86	Jan-Willem Meijer		H40			41.76	44.18	
		Lucia Kriger			Jan-Willem Meijer					
		100m	12.31	(12.31)	100m	11.45	(11.45)			
		500m	45.31	(33.00)	500m	44.18	(32.73)			
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		Name			Cat			PB	Time	Info
34	yw	37	Jitte Schuitemaker		DA1			45.87	46.59	
	bl	32	Joris Onink		HC2			45.76	45.60	PB
		Jitte Schuitemaker			Joris Onink					
		100m	12.87	(12.87)	100m	12.02	(12.02)			
		500m	46.59	(33.72)	500m	45.60	(33.58)			
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		Name			Cat			PB	Time	Info
35	wt	54	Richard Hess		H40			45.43	44.64	PB
	rd	90	Aart van Beuzekom		H55			41.55	45.26	
		Richard Hess			Aart van Beuzekom					
		100m	11.89	(11.89)	100m	12.28	(12.28)			
		500m	44.64	(32.75)	500m	45.26	(32.98)			

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		Name		Cat		PB		Time	Info
36	yw	62	Bram Bos		HA2		44.63	45.91	
	bl	71	Mila Burger		DN3		43.75	46.99	
		Bram Bos			Mila Burger				
		100m	12.53	(12.53)	100m	12.33	(12.33)		
		500m	45.91	(33.38)	500m	46.99	(34.66)		
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		Name		Cat		PB		Time	Info
37	wt	43	Harry Vrolijk		H50		44.06	49.87	
	rd	66	Menno Barneveld Binkhuysen		HSB		44.55	48.89	
		Harry Vrolijk			Menno Barneveld Binkhuysen				
		100m	13.07	(13.07)	100m	12.83	(12.83)		
		500m	49.87	(36.80)	500m	48.89	(36.06)		
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		Name		Cat		PB		Time	Info
38	yw	48	Timo Roeleveld		HN3		44.19	46.05	
	bl	59	Peter Wesseling		H40		44.12	48.94	
		Timo Roeleveld			Peter Wesseling				
		100m	12.41	(12.41)	100m	13.07	(13.07)		
		500m	46.05	(33.64)	500m	48.94	(35.87)		
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		Name		Cat		PB		Time	Info
39	wt	2	Niels de Jong		HSB		42.93	45.41	
	rd	67	Tom van Scheppingen		HSB		43.48	48.51	
		Niels de Jong			Tom van Scheppingen				
		100m	12.09	(12.09)	100m	12.78	(12.78)		
		500m	45.41	(33.32)	500m	48.51	(35.73)		
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		Name		Cat		PB		Time	Info
40	yw	61	Leo Blakborn		H45		41.25	44.68	
	bl	88	Daan van Eck		HSB		41.98	43.99	
		Leo Blakborn			Daan van Eck				
		100m	11.78	(11.78)	100m	11.80	(11.80)		
		500m	44.68	(32.90)	500m	43.99	(32.19)		

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		Name			Cat			PB	Time	Info
41	wt	81	Roos Markus		DN3			40.46	43.01	
	rd	89	Sander Brandse		HA2			38.55	40.05	
		Roos Markus			Sander Brandse					
		100m	12.03	(12.03)	100m	10.80	(10.80)			
		500m	43.01	(30.98)	500m	40.05	(29.25)			

		Name			Cat			PB	Time	Info
42	yw	33	Tobias Elshof		HB2			38.94	38.95	
	bl	72	Thijs Wagenaar		HN3			39.56	41.51	
		Tobias Elshof			Thijs Wagenaar					
		100m	10.47	(10.47)	100m	11.40	(11.40)			
		500m	38.95	(28.48)	500m	41.51	(30.11)			

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3. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	4 Eitan Zada	HPD	56	O	13.46		
2	7 Stijn Stegeman	HPC	56	I	13.91		
3	29 Isabella Visser	DPD	55	O	14.62		
4	13 Julia Boersma	DPC	45	I	15.11		
5	97 Jurre Steur	HPD	47	O	15.35		
6	24 Finn Straathof	HPC	55	I	15.52		
7	92 Sven Bakkenist	HPE	54	I	16.11	PB	
8	83 Lena Meine jansen	DPC	49	I	16.32		
9	94 Emma Kneepkens	DPD	47	I	16.38		
10	44 Maud Klein	DPC	53	O	16.67		
11	93 Pien Boer	DPD	46	I	16.98		
12	79 Hidde Hoekstra	HPD	46	O	17.33		
13	35 Bo Weeting	HPD	52	I	17.58		
14	98 Marit Pronk	DPE	51	O	17.72		
15	91 Roos Boer	DPE	48	O	17.85		
16	65 Mattia de Bruin	HPE	53	I	18.24		
17	80 Froukje Hoekstra	DPC	48	I	18.25	FL	
18	63 Ignatio Knaack	HPE	50	O	18.35		
19	73 Phileine Verschuren	DPF	52	O	18.74	PB	
20	45 Stef Klein	HPF	51	I	19.86		
21	64 Jake Plat	HPF	50	I	20.35		
22	78 Bauke Hoekstra	HPF	43	I	20.44		
23	96 Alex de Brouwer gonzalvo	HPD	45	O	22.18		
24	74 Ramses Verschuren	HPF	49	O	23.19		
25	95 Mats Meijer	HPE	54	O	25.40	FL	

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3. Race Result 100 meter

	Name	Cat	PB	Time Info
43	wt rd	78 Bauke Hoekstra	HPF	20.44

Bauke Hoekstra

100m 20.44 (20.44) m

	Name	Cat	PB	Time Info
44	yw bl			

m m

	Name	Cat	PB	Time Info
45	wt	13 Julia Boersma	DPC	15.11
	rd	96 Alex de Brouwer gonzalvo	HPD	22.18

Julia Boersma

Alex de Brouwer gonzalvo

100m 15.11 (15.11) 100m 22.18 (22.18)

	Name	Cat	PB	Time Info
46	yw	93 Pien Boer	DPD	16.98
	bl	79 Hidde Hoekstra	HPD	17.33

Pien Boer

Hidde Hoekstra

100m 16.98 (16.98) 100m 17.33 (17.33)

	Name	Cat	PB	Time Info
47	wt	94 Emma Kneepkens	DPD	16.38
	rd	97 Jurre Steur	HPD	15.35

Emma Kneepkens

Jurre Steur

100m 16.38 (16.38) 100m 15.35 (15.35)

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		Name	Cat	PB	Time	Info
48	yw	80 Froukje Hoekstra	DPC		18.25	FL
	bl	91 Roos Boer	DPE		17.85	
		<u>Froukje Hoekstra</u>				
		100m	18.25	(18.25)		
		<u>Roos Boer</u>				
		100m	17.85	(17.85)		
<hr/>						
		Name	Cat	PB	Time	Info
49	wt	83 Lena Meine jansen	DPC		16.32	
	rd	74 Ramses Verschuren	HPF		23.19	
		<u>Lena Meine jansen</u>				
		100m	16.32	(16.32)		
		<u>Ramses Verschuren</u>				
		100m	23.19	(23.19)		
<hr/>						
		Name	Cat	PB	Time	Info
50	yw	64 Jake Plat	HPF	26.43	20.35	
	bl	63 Ignatio Knaack	HPE		18.35	
		<u>Jake Plat</u>				
		100m	20.35	(20.35)		
		<u>Ignatio Knaack</u>				
		100m	18.35	(18.35)		
<hr/>						
		Name	Cat	PB	Time	Info
51	wt	45 Stef Klein	HPF	21.68	19.86	
	rd	98 Marit Pronk	DPE	21.06	17.72	
		<u>Stef Klein</u>				
		100m	19.86	(19.86)		
		<u>Marit Pronk</u>				
		100m	17.72	(17.72)		
<hr/>						
		Name	Cat	PB	Time	Info
52	yw	35 Bo Weeting	HPD	19.84	17.58	
	bl	73 Phileine Verschuren	DPF	22.02	18.74	PB
		<u>Bo Weeting</u>				
		100m	17.58	(17.58)		
		<u>Phileine Verschuren</u>				
		100m	18.74	(18.74)		
<hr/>						
		Name	Cat	PB	Time	Info
53	wt	65 Mattia de Bruin	HPE	19.30	18.24	
	rd	44 Maud Klein	DPC	16.83	16.67	
		<u>Mattia de Bruin</u>				
		100m	18.24	(18.24)		
		<u>Maud Klein</u>				
		100m	16.67	(16.67)		

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		Name	Cat	PB	Time	Info
54	yw	92 Sven Bakkenist	HPE	17.16	16.11	PB
	bl	95 Mats Meijer	HPE	16.57	25.40	FL
		Sven Bakkenist		Mats Meijer		
		100m 16.11 (16.11)		100m 25.40 (25.40)		

		Name	Cat	PB	Time	Info
55	wt	24 Finn Straathof	HPC	14.84	15.52	
	rd	29 Isabella Visser	DPD	15.04	14.62	
		Finn Straathof		Isabella Visser		
		100m 15.52 (15.52)		100m 14.62 (14.62)		

		Name	Cat	PB	Time	Info
56	yw	7 Stijn Stegeman	HPC	14.15	13.91	
	bl	4 Eitan Zada	HPD	14.19	13.46	
		Stijn Stegeman		Eitan Zada		
		100m 13.91 (13.91)		100m 13.46 (13.46)		

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4. Result 1500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	89 Sander Brandse	HA2	70	O	2:06.79	
2	72 Thijs Wagenaar	HN3	69	I	2:11.94	
3	86 Jan-Willem Meijer	H40	63	I	2:19.05	
4	90 Aart van Beuzekom	H55	67	O	2:20.64	
5	2 Niels de Jong	HSB	67	I	2:20.95	
6	61 Leo Blakborn	H45	69	O	2:21.31	
7	54 Richard Hess	H40	70	I	2:22.80	
8	62 Bram Bos	HA2	66	O	2:22.81	PB
9	48 Timo Roeleveld	HN3	63	O	2:23.74	
10	88 Daan van Eck	HSB	68	O	2:25.20	
11	49 Stijn Schuitemaker	HN1	61	O	2:29.27	PB
12	70 Eelco van Loenen	H50	64	I	2:32.63	
13	60 Dirk Jan Bakker	H60	64	O	2:34.58	
14	34 Evert Jan Grit	H50	61	I	2:37.12	
15	41 Erik Evers	H60	59	I	2:37.81	
16	67 Tom van Scheppingen	HSB	66	I	2:37.95	
17	66 Menno Barneveld Binkhuysen	HSB	65	O	2:40.57	
18	43 Harry Vrolijk	H50	65	I	2:43.13	
19	59 Peter Wesseling	H40	68	I	2:46.07	
20	39 Eric Heusinkveld	H65	59	O	2:48.67	
21	6 Ronald Abma	H55	60	O	2:51.73	PB
22	50 Bart Schuitemaker	H50	60	I	2:57.05	
23	55 Gerrit Roos	H60	58	O	2:58.96	
24	68 Ferdinand Knaack	HSB	57	I	3:05.41	
25	69 John Lansing	H40	58	I	3:11.17	
	56 Mario Blom	H40	62	I	DNF	

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4. Race Result 1500 meter

	Name	Cat	PB	Time Info
57	wt rd	68 Ferdinand Knaack	HSB	3:05.41

Ferdinand Knaack

300m	38.24	(38.24)	m
700m	1:24.74	(46.50)	
1100m	2:14.46	(49.72)	
1500m	3:05.41	(50.95)	

	Name	Cat	PB	Time Info
58	yw bl	69 John Lansing	H40	3:11.17
		55 Gerrit Roos	H60	2:57.38 2:58.96

John Lansing

300m	40.83	(40.83)
700m	1:29.80	(48.97)
1100m	2:21.12	(51.32)
1500m	3:11.17	(50.05)

Gerrit Roos

300m	38.65	(38.65)
700m	1:24.82	(46.17)
1100m	2:11.76	(46.94)
1500m	2:58.96	(47.20)

	Name	Cat	PB	Time Info
59	wt rd	41 Erik Evers	H60	2:26.03 2:37.81
		39 Eric Heusinkveld	H65	2:25.06 2:48.67

Erik Evers

300m	34.10	(34.10)
700m	1:13.86	(39.76)
1100m	1:55.73	(41.87)
1500m	2:37.81	(42.08)

Eric Heusinkveld

300m	35.59	(35.59)
700m	1:17.40	(41.81)
1100m	2:02.25	(44.85)
1500m	2:48.67	(46.42)

	Name	Cat	PB	Time Info
60	yw bl	50 Bart Schuitemaker	H50	2:41.79 2:57.05
		6 Ronald Abma	H55	2:53.81 2:51.73 PB

Bart Schuitemaker

300m	37.41	(37.41)
700m	1:22.04	(44.63)
1100m	2:09.48	(47.44)
1500m	2:57.05	(47.57)

Ronald Abma

300m	36.72	(36.72)
700m	1:20.36	(43.64)
1100m	2:06.15	(45.79)
1500m	2:51.73	(45.58)

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		Name		Cat		PB	Time	Info
61	wt	34	Evert Jan Grit		H50		2:35.82	2:37.12
	rd	49	Stijn Schuitemaker		HN1		2:31.64	2:29.27 PB
		Evert Jan Grit			Stijn Schuitemaker			
		300m	34.03	(34.03)	300m	32.51	(32.51)	
		700m	1:12.97	(38.94)	700m	1:09.84	(37.33)	
		1100m	1:54.71	(41.74)	1100m	1:48.95	(39.11)	
		1500m	2:37.12	(42.41)	1500m	2:29.27	(40.32)	

		Name		Cat		PB	Time	Info
62	yw	56	Mario Blom		H40		2:40.61	DNF
	bl							
		Mario Blom			m			

		Name		Cat		PB	Time	Info
63	wt	86	Jan-Willem Meijer		H40		2:13.09	2:19.05
	rd	48	Timo Roeleveld		HN3		2:15.72	2:23.74
		Jan-Willem Meijer			Timo Roeleveld			
		300m	29.86	(29.86)	300m	30.42	(30.42)	
		700m	1:04.77	(34.91)	700m	1:05.95	(35.53)	
		1100m	1:41.41	(36.64)	1100m	1:44.14	(38.19)	
		1500m	2:19.05	(37.64)	1500m	2:23.74	(39.60)	

		Name		Cat		PB	Time	Info
64	yw	70	Eelco van Loenen		H50		2:25.42	2:32.63
	bl	60	Dirk Jan Bakker		H60		2:28.14	2:34.58
		Eelco van Loenen			Dirk Jan Bakker			
		300m	33.23	(33.23)	300m	35.04	(35.04)	
		700m	1:12.42	(39.19)	700m	1:14.79	(39.75)	
		1100m	1:52.86	(40.44)	1100m	1:54.85	(40.06)	
		1500m	2:32.63	(39.77)	1500m	2:34.58	(39.73)	

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		Name		Cat		PB	Time	Info
65	wt	43	Harry Vrolijk		H50	2:22.43	2:43.13	
	rd	66	Menno Barneveld Binkhuysen		HSB	2:21.78	2:40.57	
		Harry Vrolijk			Menno Barneveld Binkhuysen			
		300m	35.26	(35.26)	300m	34.49	(34.49)	
		700m	1:17.10	(41.84)	700m	1:16.06	(41.57)	
		1100m	1:59.57	(42.47)	1100m	1:58.56	(42.50)	
		1500m	2:43.13	(43.56)	1500m	2:40.57	(42.01)	
<hr/>								
		Name		Cat		PB	Time	Info
66	yw	67	Tom van Scheppingen		HSB	2:23.11	2:37.95	
	bl	62	Bram Bos		HA2	2:23.79	2:22.81	PB
		Tom van Scheppingen			Bram Bos			
		300m	32.98	(32.98)	300m	30.83	(30.83)	
		700m	1:13.75	(40.77)	700m	1:06.11	(35.28)	
		1100m	1:56.26	(42.51)	1100m	1:43.78	(37.67)	
		1500m	2:37.95	(41.69)	1500m	2:22.81	(39.03)	
<hr/>								
		Name		Cat		PB	Time	Info
67	wt	2	Niels de Jong		HSB	2:09.04	2:20.95	
	rd	90	Aart van Beuzekom		H55	2:07.71	2:20.64	
		Niels de Jong			Aart van Beuzekom			
		300m	30.28	(30.28)	300m	30.80	(30.80)	
		700m	1:06.21	(35.93)	700m	1:05.94	(35.14)	
		1100m	1:43.49	(37.28)	1100m	1:42.93	(36.99)	
		1500m	2:20.95	(37.46)	1500m	2:20.64	(37.71)	
<hr/>								
		Name		Cat		PB	Time	Info
68	yw	59	Peter Wesseling		H40	2:11.74	2:46.07	
	bl	88	Daan van Eck		HSB	2:13.44	2:25.20	
		Peter Wesseling			Daan van Eck			
		300m	35.59	(35.59)	300m	30.61	(30.61)	
		700m	1:17.53	(41.94)	700m	1:07.84	(37.23)	
		1100m	2:01.28	(43.75)	1100m	1:46.12	(38.28)	
		1500m	2:46.07	(44.79)	1500m	2:25.20	(39.08)	

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		Name			Cat			PB	Time	Info
69	wt	72	Thijs Wagenaar		HN3			1:57.45	2:11.94	
	rd	61	Leo Blakborn		H45			2:07.48	2:21.31	
		Thijs Wagenaar			Leo Blakborn					
		300m	28.99	(28.99)	300m	30.37	(30.37)			
		700m	1:01.35	(32.36)	700m	1:05.44	(35.07)			
		1100m	1:34.93	(33.58)	1100m	1:42.65	(37.21)			
		1500m	2:11.94	(37.01)	1500m	2:21.31	(38.66)			
<hr/>										
		Name			Cat			PB	Time	Info
70	yw	54	Richard Hess		H40			2:08.87	2:22.80	
	bl	89	Sander Brandse		HA2			1:58.07	2:06.79	
		Richard Hess			Sander Brandse					
		300m	30.02	(30.02)	300m	26.64	(26.64)			
		700m	1:06.93	(36.91)	700m	57.82	(31.18)			
		1100m	1:44.47	(37.54)	1100m	1:31.50	(33.68)			
		1500m	2:22.80	(38.33)	1500m	2:06.79	(35.29)			

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5. Result 700 meter Pup AB

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	19 Jonah Koeman	HPA	75	I	1:11.31	PB	
2	5 Sijmen Heerding	HPB	71	O	1:21.81		
3	21 Tygo Meijer	HPA	72	O	1:21.92		
4	16 Roos Hienkens	DPB	74	I	1:25.44		
5	14 Fabian Elshof	HPA	73	O	1:25.65	PB	
6	10 Ewoud Bakker	HPB	71	I	1:27.20		
7	3 Joa Wieland	HPB	75	O	1:30.95	PB	
8	30 Tiemen van Waveren	HPA	76	O	1:32.30	PB	
9	8 Annika Bakkenist	DPB	76	I	1:33.75	PB	
10	58 Jante Boddeus	DPA	72	I	1:36.20		
11	28 Micha Teerds	HPA	74	O	1:38.55		
12	77 Hadassah Huijkman	DPA	73	I	2:00.67		

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5. Race Result 700 meter Pup AB

		Name		Cat		PB		Time	Info
71	wt	10	Ewoud Bakker		HPB			1:27.20	
	rd	5	Sijmen Heerding		HPB			1:21.81	
		Ewoud Bakker			Sijmen Heerding				
		300m	37.56	(37.56)	300m	35.20	(35.20)		
		700m	1:27.20	(49.64)	700m	1:21.81	(46.61)		

		Name		Cat		PB		Time	Info
72	yw	58	Jante Boddeus		DPA			1:36.20	
	bl	21	Tygo Meijer		HPA			1:21.92	
		Jante Boddeus			Tygo Meijer				
		300m	40.99	(40.99)	300m	35.72	(35.72)		
		700m	1:36.20	(55.21)	700m	1:21.92	(46.20)		

		Name		Cat		PB		Time	Info
73	wt	77	Hadassah Huijkman		DPA			2:00.67	
	rd	14	Fabian Elshof		HPA	1:47.16		1:25.65	PB
		Hadassah Huijkman			Fabian Elshof				
		300m	51.95	(51.95)	300m	37.64	(37.64)		
		700m	2:00.67	(68.72)	700m	1:25.65	(48.01)		

		Name		Cat		PB		Time	Info
74	yw	16	Roos Hienkens		DPB			1:25.44	
	bl	28	Micha Teerds		HPA			1:38.55	
		Roos Hienkens			Micha Teerds				
		300m	36.86	(36.86)	300m	43.00	(43.00)		
		700m	1:25.44	(48.58)	700m	1:38.55	(55.55)		

		Name		Cat		PB		Time	Info
75	wt	19	Jonah Koeman		HPA	1:12.90		1:11.31	PB
	rd	3	Joa Wieland		HPB	1:35.29		1:30.95	PB
		Jonah Koeman			Joa Wieland				
		300m	32.56	(32.56)	300m	38.76	(38.76)		
		700m	1:11.31	(38.75)	700m	1:30.95	(52.19)		

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		Name		Cat		PB		Time	Info
76	yw	8	Annika Bakkenist		DPB		1:38.25	1:33.75	PB
	bl	30	Tiemen van Waveren		HPA		1:46.35	1:32.30	PB
		Annika Bakkenist				Tiemen van Waveren			
		300m	39.30	(39.30)		300m	40.25	(40.25)	
		700m	1:33.75	(54.45)		700m	1:32.30	(52.05)	

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6. Result Pup CDEF 300 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	33 Tobias Elshof	HB2	89	O	24.62	
2	4 Eitan Zada	HPD	90	O	34.51 PB	
3	7 Stijn Stegeman	HPC	90	I	36.56 PB	
4	13 Julia Boersma	DPC	80	O	41.13	
5	29 Isabella Visser	DPD	88	O	41.61 PB	
6	24 Finn Straathof	HPC	89	I	42.65	
7	96 Alex de Brouwer gonzalvo	HPD	80	I	43.03	
8	97 Jurre Steur	HPD	79	O	43.90	
9	83 Lena Meine jansen	DPC	88	I	44.55 PB	
10	47 Didi Spelt	DC1	78	I	44.59	
11	35 Bo Weeting	HPD	86	I	45.58 PB	
12	92 Sven Bakkenist	HPE	86	O	45.60 PB	
13	44 Maud Klein	DPC	87	I	45.77 PB	
14	94 Emma Kneepkens	DPD	81	O	48.21	
15	79 Hidde Hoekstra	HPD	79	I	49.18	
16	98 Marit Pronk	DPE	85	O	50.72 PB	
17	91 Roos Boer	DPE	81	I	52.97	
18	63 Ignatio Knaack	HPE	82	O	53.16	
19	95 Mats Meijer	HPE	87	O	54.61 FL	
20	80 Froukje Hoekstra	DPC	82	I	55.00	
21	93 Pien Boer	DPD	77	O	55.77	
22	73 Phileine Verschuren	DPF	84	I	55.86 PB	
23	45 Stef Klein	HPF	84	O	55.93 PB	
24	65 Mattia de Bruin	HPE	85	I	57.29 FL	
25	78 Bauke Hoekstra	HPF	77	I	1:01.24 FL	
26	64 Jake Plat	HPF	83	I	1:04.71 PB	
27	74 Ramses Verschuren	HPF	83	O	1:12.14	

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6. Race Result Pup CDEF 300 meter

		Name		Cat		PB	Time	Info
77	wt	78	Bauke Hoekstra		HPF		1:01.24	FL
	rd	93	Pien Boer		DPD		55.77	
		Bauke Hoekstra			Pien Boer			
		300m	1:01.24	(61.24)	300m	55.77	(55.77)	

		Name		Cat		PB	Time	Info
78	yw	47	Didi Spelt		DC1		44.59	
	bl							
		Didi Spelt						
		300m	44.59	(44.59)	m			

		Name		Cat		PB	Time	Info
79	wt	79	Hidde Hoekstra		HPD		49.18	
	rd	97	Jurre Steur		HPD		43.90	
		Hidde Hoekstra			Jurre Steur			
		300m	49.18	(49.18)	300m	43.90	(43.90)	

		Name		Cat		PB	Time	Info
80	yw	96	Alex de Brouwer gonzalvo		HPD		43.03	
	bl	13	Julia Boersma		DPC		41.13	
		Alex de Brouwer gonzalvo			Julia Boersma			
		300m	43.03	(43.03)	300m	41.13	(41.13)	

		Name		Cat		PB	Time	Info
81	wt	91	Roos Boer		DPE		52.97	
	rd	94	Emma Kneepkens		DPD		48.21	
		Roos Boer			Emma Kneepkens			
		300m	52.97	(52.97)	300m	48.21	(48.21)	

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		Name	Cat	PB	Time	Info
82	yw	80 Froukje Hoekstra	DPC		55.00	
	bl	63 Ignatio Knaack	HPE		53.16	
		<u>Froukje Hoekstra</u>		<u>Ignatio Knaack</u>		
		300m 55.00 (55.00)		300m 53.16 (53.16)		
<hr/>						
		Name	Cat	PB	Time	Info
83	wt	64 Jake Plat	HPF	1:06.03	1:04.71	PB
	rd	74 Ramses Verschuren	HPF		1:12.14	
		<u>Jake Plat</u>		<u>Ramses Verschuren</u>		
		300m 1:04.71 (64.71)		300m 1:12.14 (72.14)		
<hr/>						
		Name	Cat	PB	Time	Info
84	yw	73 Phileine Verschuren	DPF	1:08.49	55.86	PB
	bl	45 Stef Klein	HPF	1:03.71	55.93	PB
		<u>Phileine Verschuren</u>		<u>Stef Klein</u>		
		300m 55.86 (55.86)		300m 55.93 (55.93)		
<hr/>						
		Name	Cat	PB	Time	Info
85	wt	65 Mattia de Bruin	HPE	55.18	57.29	FL
	rd	98 Marit Pronk	DPE	57.23	50.72	PB
		<u>Mattia de Bruin</u>		<u>Marit Pronk</u>		
		300m 57.29 (57.29)		300m 50.72 (50.72)		
<hr/>						
		Name	Cat	PB	Time	Info
86	yw	35 Bo Weeting	HPD	57.34	45.58	PB
	bl	92 Sven Bakkenist	HPE	56.32	45.60	PB
		<u>Bo Weeting</u>		<u>Sven Bakkenist</u>		
		300m 45.58 (45.58)		300m 45.60 (45.60)		
<hr/>						
		Name	Cat	PB	Time	Info
87	wt	44 Maud Klein	DPC	47.22	45.77	PB
	rd	95 Mats Meijer	HPE	49.50	54.61	FL
		<u>Maud Klein</u>		<u>Mats Meijer</u>		
		300m 45.77 (45.77)		300m 54.61 (54.61)		

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		Name	Cat	PB	Time	Info
88	yw	83 Lena Meine jansen	DPC	49.00	44.55	PB
	bl	29 Isabella Visser	DPD	42.58	41.61	PB
		Lena Meine jansen				
		300m	44.55	(44.55)		
		Isabella Visser				
		300m	41.61	(41.61)		

		Name	Cat	PB	Time	Info
89	wt	24 Finn Straathof	HPC	42.56	42.65	
	rd	33 Tobias Elshof	HB2	24.49	24.62	
		Finn Straathof				
		300m	42.65	(42.65)		
		Tobias Elshof				
		300m	24.62	(24.62)		

		Name	Cat	PB	Time	Info
90	yw	7 Stijn Stegeman	HPC	38.24	36.56	PB
	bl	4 Eitan Zada	HPD	36.87	34.51	PB
		Stijn Stegeman				
		300m	36.56	(36.56)		
		Eitan Zada				
		300m	34.51	(34.51)		

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7. Result 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	33 Tobias Elshof	HB2	103	O	1:20.04	
2	81 Roos Markus	DN3	104	I	1:24.93	
3	36 Lucia Kriger	DSA	102	O	1:32.02	
4	37 Jitte Schuitemaker	DA1	103	I	1:33.34	
5	32 Joris Onink	HC2	102	I	1:34.69	
6	71 Mila Burger	DN3	104	O	1:37.75	
7	85 Twan Wagenaar	HB1	100	O	1:43.54 PB	
8	53 Eveline Hermsen	DN4	100	I	1:44.75	
9	57 Eveline Eigenhuis	DSA	97	I	1:47.37	
10	9 Barend Bakker	HC2	98	O	1:47.64 PB	
11	38 Nellie Kea	D60	98	I	1:50.58	
12	22 Marieke Onink	DC1	97	O	1:51.75 PB	
13	75 Rozemarijn Beemster	DSA	101	I	1:51.83	
	84 Sanne Reijnders	DSA	99	O	1:51.83	
15	27 Levi Teerds	HC2	94	O	1:56.96	
16	31 Tess van Schaik	DC1	96	I	1:56.98	
17	76 José van Beek	D60	99	I	1:57.27	
18	52 Romy Groeneweg	DN3	95	I	1:57.30 PB	
19	87 Lieke Reijnders	DSA	101	O	1:58.46	
20	20 Pieter van der Laan	HC1	93	O	1:58.82	
21	46 Renske Coumou	HC1	94	I	1:59.59	
22	1 Devi Koerse	DC2	95	O	2:00.10 PB	
23	40 Jos Wester	H60	96	O	2:17.77	
24	42 Giza Warner	D45	93	I	2:22.84	

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7. Race Result 1000 meter

	Name	Cat	PB	Time Info
91	wt rd			
		m		m

	Name	Cat	PB	Time Info
92	yw bl			
		m		m

	Name	Cat	PB	Time Info
93	wt 42 Giza Warner	D45		2:22.84
	rd 20 Pieter van der Laan	HC1		1:58.82
	Giza Warner		Pieter van der Laan	
	200m 32.90 (32.90)		200m 26.12 (26.12)	
	600m 1:28.08 (55.18)		600m 1:12.48 (46.36)	
	1000m 2:22.84 (54.76)		1000m 1:58.82 (46.34)	

	Name	Cat	PB	Time Info
94	yw 46 Renske Coumou	HC1		1:59.59
	bl 27 Levi Teerds	HC2		1:56.96
	Renske Coumou		Levi Teerds	
	200m 27.65 (27.65)		200m 24.32 (24.32)	
	600m 1:12.64 (44.99)		600m 1:08.81 (44.49)	
	1000m 1:59.59 (46.95)		1000m 1:56.96 (48.15)	

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		Name		Cat		PB	Time	Info
95	wt	52	Romy Groeneweg		DN3		2:01.48	1:57.30 PB
	rd	1	Devi Koerse		DC2		2:17.91	2:00.10 PB
		Romy Groeneweg			Devi Koerse			
		200m	26.31	(26.31)	200m	26.24	(26.24)	
		600m	1:10.26	(43.95)	600m	1:11.30	(45.06)	
		1000m	1:57.30	(47.04)	1000m	2:00.10	(48.80)	

		Name		Cat		PB	Time	Info
96	yw	31	Tess van Schaik		DC1			1:56.98
	bl	40	Jos Wester		H60			2:17.77
		Tess van Schaik			Jos Wester			
		200m	26.83	(26.83)	200m	33.02	(33.02)	
		600m	1:10.10	(43.27)	600m	1:25.56	(52.54)	
		1000m	1:56.98	(46.88)	1000m	2:17.77	(52.21)	

		Name		Cat		PB	Time	Info
97	wt	57	Eveline Eigenhuis		DSA		1:41.21	1:47.37
	rd	22	Marieke Onink		DC1		1:51.85	1:51.75 PB
		Eveline Eigenhuis			Marieke Onink			
		200m	23.69	(23.69)	200m	26.01	(26.01)	
		600m	1:05.19	(41.50)	600m	1:08.96	(42.95)	
		1000m	1:47.37	(42.18)	1000m	1:51.75	(42.79)	

		Name		Cat		PB	Time	Info
98	yw	38	Nellie Kea		D60		1:40.52	1:50.58
	bl	9	Barend Bakker		HC2		1:50.60	1:47.64 PB
		Nellie Kea			Barend Bakker			
		200m	26.42	(26.42)	200m	23.16	(23.16)	
		600m	1:07.51	(41.09)	600m	1:04.61	(41.45)	
		1000m	1:50.58	(43.07)	1000m	1:47.64	(43.03)	

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		Name		Cat		PB		Time	Info
99	wt	76	José van Beek		D60		1:46.39	1:57.27	
	rd	84	Sanne Reijnders		DSA		1:47.75	1:51.83	
		José van Beek			Sanne Reijnders				
		200m	26.03	(26.03)	200m	25.27	(25.27)		
		600m	1:09.63	(43.60)	600m	1:07.81	(42.54)		
		1000m	1:57.27	(47.64)	1000m	1:51.83	(44.02)		

		Name		Cat		PB		Time	Info
100	yw	53	Eveline Hermesen		DN4		1:40.72	1:44.75	
	bl	85	Twan Wagenaar		HB1		1:48.35	1:43.54	PB
		Eveline Hermesen			Twan Wagenaar				
		200m	23.97	(23.97)	200m	23.04	(23.04)		
		600m	1:02.90	(38.93)	600m	1:01.90	(38.86)		
		1000m	1:44.75	(41.85)	1000m	1:43.54	(41.64)		

		Name		Cat		PB		Time	Info
101	wt	75	Rozemarijn Beemster		DSA		1:45.57	1:51.83	
	rd	87	Lieke Reijnders		DSA		1:43.34	1:58.46	
		Rozemarijn Beemster			Lieke Reijnders				
		200m	24.93	(24.93)	200m	25.89	(25.89)		
		600m	1:06.53	(41.60)	600m	1:10.76	(44.87)		
		1000m	1:51.83	(45.30)	1000m	1:58.46	(47.70)		

		Name		Cat		PB		Time	Info
102	yw	32	Joris Onink		HC2		1:32.77	1:34.69	
	bl	36	Lucia Kriger		DSA		1:24.57	1:32.02	
		Joris Onink			Lucia Kriger				
		200m	20.82	(20.82)	200m	21.73	(21.73)		
		600m	56.13	(35.31)	600m	55.85	(34.12)		
		1000m	1:34.69	(38.56)	1000m	1:32.02	(36.17)		

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		Name		Cat		PB		Time	Info
103	wt	37	Jitte Schuitemaker		DA1		1:31.17	1:33.34	
	rd	33	Tobias Elshof		HB2		1:18.13	1:20.04	
		Jitte Schuitemaker			Tobias Elshof				
		200m	22.35	(22.35)	200m	18.56	(18.56)		
		600m	57.03	(34.68)	600m	48.08	(29.52)		
		1000m	1:33.34	(36.31)	1000m	1:20.04	(31.96)		

		Name		Cat		PB		Time	Info
104	yw	81	Roos Markus		DN3		1:20.59	1:24.93	
	bl	71	Mila Burger		DN3		1:29.44	1:37.75	
		Roos Markus			Mila Burger				
		200m	20.49	(20.49)	200m	22.23	(22.23)		
		600m	51.88	(31.39)	600m	58.92	(36.69)		
		1000m	1:24.93	(33.05)	1000m	1:37.75	(38.83)		