

## 1. Uitslag 500 meter

| Pos | Naam                                  | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|---------------------------------------|-----|------|------|-------|------|--------|
| 1   | 43 Jesse van Buren                    | HA1 | 1    | O    | 41.94 |      |        |
| 2   | 4 Meggie Verbakel                     | DC2 | 4    | I    | 43.57 | PR   |        |
| 3   | 2 Joanan van Loo                      | HB1 | 3    | I    | 43.80 |      |        |
| 4   | 59 Peter Paul Erdman                  | HSB | 2    | I    | 44.05 |      |        |
| 5   | 40 Fedor van der Laan                 | HSA | 2    | O    | 44.20 |      |        |
| 6   | 30 Danilo de Jong                     | HA1 | 5    | I    | 44.43 | PR   |        |
| 7   | 14 Ben van Sligtenhorst               | HB1 | 6    | O    | 44.46 | PR   |        |
| 8   | 32 Jasper Simons                      | HSA | 6    | I    | 44.68 |      |        |
| 9   | 15 Bart Makaske                       | H60 | 5    | O    | 44.78 |      |        |
| 10  | 29 Anton Mink                         | H60 | 4    | O    | 44.88 |      |        |
| 11  | 17 Gerard Hagoort                     | H45 | 7    | O    | 44.89 |      |        |
| 12  | 42 Irma Woud                          | D50 | 10   | I    | 47.66 |      |        |
| 13  | 54 Willem Voorneveld                  | H65 | 16   | O    | 47.94 |      |        |
| 14  | 13 Sara de Wolf                       | DC2 | 8    | I    | 48.14 |      |        |
| 15  | 26 Senne Eggenkamp                    | DC1 | 9    | O    | 48.55 |      |        |
| 16  | 19 Dara van Hees                      | DC1 | 8    | O    | 48.70 |      |        |
| 17  | 8 Manuel van Loo                      | HPA | 11   | I    | 48.76 |      |        |
| 18  | 27 Timon Sandker                      | HC2 | 11   | O    | 49.00 |      |        |
| 19  | 56 Harmen Looijen                     | HA1 | 14   | I    | 49.59 |      |        |
| 20  | 44 Rinse Biermans                     | HPA | 19   | I    | 50.30 | PR   |        |
| 21  | 39 Rutger Peenstra                    | H45 | 13   | I    | 50.34 |      |        |
| 22  | 10 Jarno Zomerman                     | HC2 | 12   | O    | 50.71 |      |        |
| 23  | 33 Charlotte Mooij                    | DPA | 18   | I    | 51.03 | PR   |        |
| 24  | 37 Wouter Breeuwsma                   | H60 | 16   | I    | 51.14 |      |        |
| 25  | 52 Ciska Stark                        | D60 | 14   | O    | 51.37 |      |        |
| 26  | 48 Nanne Kabel                        | DB1 | 13   | O    | 51.40 |      |        |
| 27  | 6 Linda Eggenkamp                     | D55 | 15   | O    | 51.83 |      |        |
| 28  | 21 Jette Koenhein                     | DC1 | 15   | I    | 53.30 |      |        |
| 29  | 51 Kuba Rasker                        | HPA | 18   | O    | 53.32 |      |        |
| 30  | 36 Ninthe de Wit                      | DPB | 20   | I    | 53.39 | PR   |        |
| 31  | 16 Mariska van Haaften- van den Bosch | D60 | 17   | O    | 54.02 |      |        |
| 32  | 58 Hannah Jacobs                      | DPB | 17   | I    | 54.21 |      |        |
| 33  | 12 Anthonie Stuiver                   | H55 | 21   | I    | 54.23 | PR   |        |
| 34  | 1 Anniek Eijpe                        | DPA | 19   | O    | 54.44 |      |        |
| 35  | 41 Thomas Hoekstra                    | H70 | 9    | I    | 55.03 |      |        |
| 36  | 34 Esmée Blaauw                       | DC2 | 22   | O    | 55.56 |      |        |
| 37  | 38 Liene Peenstra                     | DPA | 20   | O    | 55.66 |      |        |
| 38  | 5 Renske de Wolf                      | DPA | 22   | I    | 56.44 |      |        |

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 39  | 49 Sofie van Veen       | DC2 | 21   | O    | 57.12   |      |        |
| 40  | 35 Ceylin Kalka         | DC1 | 24   | O    | 57.71   |      |        |
| 41  | 22 Jan Groenendaal      | H60 | 24   | I    | 58.74   |      |        |
| 42  | 28 Marielle Faasen      | D50 | 23   | I    | 59.26   |      |        |
| 43  | 57 Isa Groenestein      | DPB | 23   | O    | 59.55   |      |        |
| 44  | 45 Elin van den Berg    | DC2 | 26   | O    | 1:00.92 | HT   |        |
|     | 3 Juul van der Vliet    | DC1 | 7    | I    | DNF     |      |        |
|     | 55 Marre Looijen        | DN2 | 10   | O    | DNF     |      |        |
|     | 20 Nick Bontrop         | HA1 |      |      | WDR     |      |        |
|     | 47 Maureen van Seumeren | DC2 |      |      | WDR     |      |        |
|     | 60 Jennifer Groeneveld  | DC1 |      |      | WDR     |      |        |
|     | 11 Henk van Walderveen  | H60 |      |      | WDR     |      |        |
|     | 53 Kai Doorewaard       | HC2 |      |      | WDR     |      |        |

## 1. Rituitslag 500 meter

|   |    | Naam                |                        | Cat   |                        | PR    | Tijd | Info         |
|---|----|---------------------|------------------------|-------|------------------------|-------|------|--------------|
| 1 | wt | 20                  | <b>Nick Bontrop</b>    |       | HA1                    | 38.77 |      | <b>WDR</b>   |
|   | rd | 43                  | <b>Jesse van Buren</b> |       | HA1                    | 39.88 |      | <b>41.94</b> |
|   |    | <u>Nick Bontrop</u> |                        |       | <u>Jesse van Buren</u> |       |      |              |
|   |    |                     | 100m                   | 11.84 | (11.84)                |       |      |              |
|   |    |                     | 500m                   | 41.94 | (30.10)                |       |      |              |

|   |    | Naam                     |                           | Cat   |                           | PR    | Tijd | Info          |
|---|----|--------------------------|---------------------------|-------|---------------------------|-------|------|---------------|
| 2 | gl | 59                       | <b>Peter Paul Erdman</b>  |       | HSB                       | 42.31 |      | <b>44.05</b>  |
|   | bl | 40                       | <b>Fedor van der Laan</b> |       | HSA                       | 42.57 |      | <b>44.20</b>  |
|   |    | <u>Peter Paul Erdman</u> |                           |       | <u>Fedor van der Laan</u> |       |      |               |
|   |    |                          | 100m                      | 12.36 | (12.36)                   |       | 100m | 12.09 (12.09) |
|   |    |                          | 500m                      | 44.05 | (31.69)                   |       | 500m | 44.20 (32.11) |

|   |    | Naam                  |                             | Cat   |                             | PR    | Tijd | Info         |
|---|----|-----------------------|-----------------------------|-------|-----------------------------|-------|------|--------------|
| 3 | wt | 2                     | <b>Joanan van Loo</b>       |       | HB1                         | 43.52 |      | <b>43.80</b> |
|   | rd | 47                    | <b>Maureen van Seumeren</b> |       | DC2                         | 43.29 |      | <b>WDR</b>   |
|   |    | <u>Joanan van Loo</u> |                             |       | <u>Maureen van Seumeren</u> |       |      |              |
|   |    |                       | 100m                        | 11.77 | (11.77)                     |       |      |              |
|   |    |                       | 500m                        | 43.80 | (32.03)                     |       |      |              |

|   |    | Naam                   |                        | Cat   |                   | PR    | Tijd | Info            |
|---|----|------------------------|------------------------|-------|-------------------|-------|------|-----------------|
| 4 | gl | 4                      | <b>Meggie Verbakel</b> |       | DC2               | 43.58 |      | <b>43.57</b> PR |
|   | bl | 29                     | <b>Anton Mink</b>      |       | H60               | 43.22 |      | <b>44.88</b>    |
|   |    | <u>Meggie Verbakel</u> |                        |       | <u>Anton Mink</u> |       |      |                 |
|   |    |                        | 100m                   | 12.26 | (12.26)           |       | 100m | 12.22 (12.22)   |
|   |    |                        | 500m                   | 43.57 | (31.31)           |       | 500m | 44.88 (32.66)   |

|   |    | Naam                  |                       | Cat   |                     | PR    | Tijd | Info            |
|---|----|-----------------------|-----------------------|-------|---------------------|-------|------|-----------------|
| 5 | wt | 30                    | <b>Danilo de Jong</b> |       | HA1                 | 44.48 |      | <b>44.43</b> PR |
|   | rd | 15                    | <b>Bart Makaske</b>   |       | H60                 | 41.32 |      | <b>44.78</b>    |
|   |    | <u>Danilo de Jong</u> |                       |       | <u>Bart Makaske</u> |       |      |                 |
|   |    |                       | 100m                  | 12.03 | (12.03)             |       | 100m | 12.06 (12.06)   |
|   |    |                       | 500m                  | 44.43 | (32.40)             |       | 500m | 44.78 (32.72)   |

|    |    | Naam                    |       | Cat     |                      | PR    | Tijd         | Info |
|----|----|-------------------------|-------|---------|----------------------|-------|--------------|------|
| 6  | gl | 32 Jasper Simons        |       | HSA     |                      | 42.27 | <b>44.68</b> |      |
|    | bl | 14 Ben van Sligtenhorst |       | HB1     |                      | 44.82 | <b>44.46</b> | PR   |
|    |    | Jasper Simons           |       |         | Ben van Sligtenhorst |       |              |      |
|    |    | 100m                    | 12.11 | (12.11) | 100m                 | 12.08 | (12.08)      |      |
|    |    | 500m                    | 44.68 | (32.57) | 500m                 | 44.46 | (32.38)      |      |
|    |    | Naam                    |       | Cat     |                      | PR    | Tijd         | Info |
| 7  | wt | 3 Juul van der Vliet    |       | DC1     |                      | 46.11 | <b>DNF</b>   |      |
|    | rd | 17 Gerard Hagoort       |       | H45     |                      | 41.29 | <b>44.89</b> |      |
|    |    | Juul van der Vliet      |       |         | Gerard Hagoort       |       |              |      |
|    |    | 100m                    | 12.76 | (12.76) | 100m                 | 11.97 | (11.97)      |      |
|    |    |                         |       |         | 500m                 | 44.89 | (32.92)      |      |
|    |    | Naam                    |       | Cat     |                      | PR    | Tijd         | Info |
| 8  | gl | 13 Sara de Wolf         |       | DC2     |                      | 46.52 | <b>48.14</b> |      |
|    | bl | 19 Dara van Hees        |       | DC1     |                      | 46.51 | <b>48.70</b> |      |
|    |    | Sara de Wolf            |       |         | Dara van Hees        |       |              |      |
|    |    | 100m                    | 13.13 | (13.13) | 100m                 | 13.03 | (13.03)      |      |
|    |    | 500m                    | 48.14 | (35.01) | 500m                 | 48.70 | (35.67)      |      |
|    |    | Naam                    |       | Cat     |                      | PR    | Tijd         | Info |
| 9  | wt | 41 Thomas Hoekstra      |       | H70     |                      | 44.40 | <b>55.03</b> |      |
|    | rd | 26 Senne Eggenkamp      |       | DC1     |                      | 47.13 | <b>48.55</b> |      |
|    |    | Thomas Hoekstra         |       |         | Senne Eggenkamp      |       |              |      |
|    |    | 100m                    | 14.49 | (14.49) | 100m                 | 13.19 | (13.19)      |      |
|    |    | 500m                    | 55.03 | (40.54) | 500m                 | 48.55 | (35.36)      |      |
|    |    | Naam                    |       | Cat     |                      | PR    | Tijd         | Info |
| 10 | gl | 42 Irma Woud            |       | D50     |                      | 43.36 | <b>47.66</b> |      |
|    | bl | 55 Marre Looijen        |       | DN2     |                      | 47.68 | <b>DNF</b>   |      |
|    |    | Irma Woud               |       |         | Marre Looijen        |       |              |      |
|    |    | 100m                    | 12.89 | (12.89) | 100m                 | 13.03 | (13.03)      |      |
|    |    | 500m                    | 47.66 | (34.77) |                      |       |              |      |

|    |    | Naam                    |       |         | Cat                  | PR    | Tijd         | Info |
|----|----|-------------------------|-------|---------|----------------------|-------|--------------|------|
| 11 | wt | 8 <b>Manuel van Loo</b> |       |         | HPA                  | 48.17 | <b>48.76</b> |      |
|    | rd | 27 <b>Timon Sandker</b> |       |         | HC2                  | 48.13 | <b>49.00</b> |      |
|    |    | <b>Manuel van Loo</b>   |       |         | <b>Timon Sandker</b> |       |              |      |
|    |    | 100m                    | 12.90 | (12.90) | 100m                 | 12.69 | (12.69)      |      |
|    |    | 500m                    | 48.76 | (35.86) | 500m                 | 49.00 | (36.31)      |      |

|    |    | Naam                          |  |  | Cat                  | PR    | Tijd         | Info |
|----|----|-------------------------------|--|--|----------------------|-------|--------------|------|
| 12 | gl | 60 <b>Jennifer Groeneveld</b> |  |  | DC1                  | 48.37 | <b>WDR</b>   |      |
|    | bl | 10 <b>Jarno Zomerma</b>       |  |  | HC2                  | 48.57 | <b>50.71</b> |      |
|    |    | <b>Jennifer Groeneveld</b>    |  |  | <b>Jarno Zomerma</b> |       |              |      |
|    |    | 100m                          |  |  | 100m                 | 13.51 | (13.51)      |      |
|    |    | 500m                          |  |  | 500m                 | 50.71 | (37.20)      |      |

|    |    | Naam                      |       |         | Cat                | PR    | Tijd         | Info |
|----|----|---------------------------|-------|---------|--------------------|-------|--------------|------|
| 13 | wt | 39 <b>Rutger Peenstra</b> |       |         | H45                | 48.14 | <b>50.34</b> |      |
|    | rd | 48 <b>Nanne Kabel</b>     |       |         | DB1                | 48.93 | <b>51.40</b> |      |
|    |    | <b>Rutger Peenstra</b>    |       |         | <b>Nanne Kabel</b> |       |              |      |
|    |    | 100m                      | 13.58 | (13.58) | 100m               | 13.57 | (13.57)      |      |
|    |    | 500m                      | 50.34 | (36.76) | 500m               | 51.40 | (37.83)      |      |

|    |    | Naam                     |       |         | Cat                | PR    | Tijd         | Info |
|----|----|--------------------------|-------|---------|--------------------|-------|--------------|------|
| 14 | gl | 56 <b>Harmen Looijen</b> |       |         | HA1                | 48.80 | <b>49.59</b> |      |
|    | bl | 52 <b>Ciska Stark</b>    |       |         | D60                | 46.22 | <b>51.37</b> |      |
|    |    | <b>Harmen Looijen</b>    |       |         | <b>Ciska Stark</b> |       |              |      |
|    |    | 100m                     | 12.80 | (12.80) | 100m               | 13.80 | (13.80)      |      |
|    |    | 500m                     | 49.59 | (36.79) | 500m               | 51.37 | (37.57)      |      |

|    |    | Naam                     |       |         | Cat                    | PR    | Tijd         | Info |
|----|----|--------------------------|-------|---------|------------------------|-------|--------------|------|
| 15 | wt | 21 <b>Jette Koenhein</b> |       |         | DC1                    | 50.08 | <b>53.30</b> |      |
|    | rd | 6 <b>Linda Eggenkamp</b> |       |         | D55                    | 47.72 | <b>51.83</b> |      |
|    |    | <b>Jette Koenhein</b>    |       |         | <b>Linda Eggenkamp</b> |       |              |      |
|    |    | 100m                     | 13.89 | (13.89) | 100m                   | 13.72 | (13.72)      |      |
|    |    | 500m                     | 53.30 | (39.41) | 500m                   | 51.83 | (38.11)      |      |

|    |    | Naam                    |  | Cat     |  | PR    | Tijd    | Info            |
|----|----|-------------------------|--|---------|--|-------|---------|-----------------|
| 16 | gl | 37                      | <b>Wouter Breeuwsma</b>                  |         | H60                                      |       | 47.64   | <b>51.14</b>    |
|    | bl | 54                      | <b>Willem Voorneveld</b>                 |         | H65                                      |       | 43.40   | <b>47.94</b>    |
|    |    | <b>Wouter Breeuwsma</b> |  |         | <b>Willem Voorneveld</b>                 |       |         |                 |
|    |    | 100m                    | 13.77                                    | (13.77) | 100m                                     | 13.20 | (13.20) |                 |
|    |    | 500m                    | 51.14                                    | (37.37) | 500m                                     | 47.94 | (34.74) |                 |
|    |    | Naam                    |  | Cat     |  | PR    | Tijd    | Info            |
| 17 | wt | 58                      | <b>Hannah Jacobs</b>                     |         | DPB                                      |       | 52.69   | <b>54.21</b>    |
|    | rd | 16                      | <b>Mariska van Haften- van den Bosch</b> |         | D60                                      |       | 47.75   | <b>54.02</b>    |
|    |    | <b>Hannah Jacobs</b>    |  |         | <b>Mariska van Haften- van den Bosch</b> |       |         |                 |
|    |    | 100m                    | 14.35                                    | (14.35) | 100m                                     | 14.32 | (14.32) |                 |
|    |    | 500m                    | 54.21                                    | (39.86) | 500m                                     | 54.02 | (39.70) |                 |
|    |    | Naam                    |  | Cat     |  | PR    | Tijd    | Info            |
| 18 | gl | 33                      | <b>Charlotte Mooij</b>                   |         | DPA                                      |       | 52.72   | <b>51.03</b> PR |
|    | bl | 51                      | <b>Kuba Rasker</b>                       |         | HPA                                      |       | 53.16   | <b>53.32</b>    |
|    |    | <b>Charlotte Mooij</b>  |  |         | <b>Kuba Rasker</b>                       |       |         |                 |
|    |    | 100m                    | 13.37                                    | (13.37) | 100m                                     | 13.82 | (13.82) |                 |
|    |    | 500m                    | 51.03                                    | (37.66) | 500m                                     | 53.32 | (39.50) |                 |
|    |    | Naam                    |  | Cat     |  | PR    | Tijd    | Info            |
| 19 | wt | 44                      | <b>Rinse Biermans</b>                    |         | HPA                                      |       | 53.54   | <b>50.30</b> PR |
|    | rd | 1                       | <b>Anniek Eijpe</b>                      |         | DPA                                      |       | 53.18   | <b>54.44</b>    |
|    |    | <b>Rinse Biermans</b>   |  |         | <b>Anniek Eijpe</b>                      |       |         |                 |
|    |    | 100m                    | 13.25                                    | (13.25) | 100m                                     | 13.93 | (13.93) |                 |
|    |    | 500m                    | 50.30                                    | (37.05) | 500m                                     | 54.44 | (40.51) |                 |
|    |    | Naam                    |  | Cat     |  | PR    | Tijd    | Info            |
| 20 | gl | 36                      | <b>Ninthe de Wit</b>                     |         | DPB                                      |       | 54.06   | <b>53.39</b> PR |
|    | bl | 38                      | <b>Liene Peenstra</b>                    |         | DPA                                      |       | 53.79   | <b>55.66</b>    |
|    |    | <b>Ninthe de Wit</b>    |  |         | <b>Liene Peenstra</b>                    |       |         |                 |
|    |    | 100m                    | 13.74                                    | (13.74) | 100m                                     | 14.06 | (14.06) |                 |
|    |    | 500m                    | 53.39                                    | (39.65) | 500m                                     | 55.66 | (41.60) |                 |

|    |    | Naam                    |                         |         | Cat                   | PR    | Tijd         | Info |
|----|----|-------------------------|-------------------------|---------|-----------------------|-------|--------------|------|
| 21 | wt | 12                      | <b>Anthonie Stuiver</b> |         | H55                   | 54.46 | <b>54.23</b> | PR   |
|    | rd | 49                      | <b>Sofie van Veen</b>   |         | DC2                   | 53.02 | <b>57.12</b> |      |
|    |    | <b>Anthonie Stuiver</b> |                         |         | <b>Sofie van Veen</b> |       |              |      |
|    |    | 100m                    | 14.45                   | (14.45) | 100m                  | 14.72 | (14.72)      |      |
|    |    | 500m                    | 54.23                   | (39.78) | 500m                  | 57.12 | (42.40)      |      |

|    |    | Naam                  |                       |         | Cat                 | PR    | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|---------------------|-------|--------------|------|
| 22 | gl | 5                     | <b>Renske de Wolf</b> |         | DPA                 | 55.69 | <b>56.44</b> |      |
|    | bl | 34                    | <b>Esmée Blaauw</b>   |         | DC2                 | 55.29 | <b>55.56</b> |      |
|    |    | <b>Renske de Wolf</b> |                       |         | <b>Esmée Blaauw</b> |       |              |      |
|    |    | 100m                  | 14.57                 | (14.57) | 100m                | 14.64 | (14.64)      |      |
|    |    | 500m                  | 56.44                 | (41.87) | 500m                | 55.56 | (40.92)      |      |

|    |    | Naam                   |                        |         | Cat                    | PR    | Tijd         | Info |
|----|----|------------------------|------------------------|---------|------------------------|-------|--------------|------|
| 23 | wt | 28                     | <b>Marielle Faasen</b> |         | D50                    | 56.08 | <b>59.26</b> |      |
|    | rd | 57                     | <b>Isa Groenestein</b> |         | DPB                    | 57.20 | <b>59.55</b> |      |
|    |    | <b>Marielle Faasen</b> |                        |         | <b>Isa Groenestein</b> |       |              |      |
|    |    | 100m                   | 15.47                  | (15.47) | 100m                   | 14.60 | (14.60)      |      |
|    |    | 500m                   | 59.26                  | (43.79) | 500m                   | 59.55 | (44.95)      |      |

|    |    | Naam                   |                        |         | Cat                 | PR    | Tijd         | Info |
|----|----|------------------------|------------------------|---------|---------------------|-------|--------------|------|
| 24 | gl | 22                     | <b>Jan Groenendaal</b> |         | H60                 | 56.92 | <b>58.74</b> |      |
|    | bl | 35                     | <b>Ceylin Kalka</b>    |         | DC1                 | 57.58 | <b>57.71</b> |      |
|    |    | <b>Jan Groenendaal</b> |                        |         | <b>Ceylin Kalka</b> |       |              |      |
|    |    | 100m                   | 15.09                  | (15.09) | 100m                | 14.26 | (14.26)      |      |
|    |    | 500m                   | 58.74                  | (43.65) | 500m                | 57.71 | (43.45)      |      |

|    |    | Naam                       |                            |  | Cat | PR    | Tijd       | Info |
|----|----|----------------------------|----------------------------|--|-----|-------|------------|------|
| 25 | wt | 11                         | <b>Henk van Walderveen</b> |  | H60 | 45.17 | <b>WDR</b> |      |
|    | rd |                            |                            |  |     |       |            |      |
|    |    | <b>Henk van Walderveen</b> |                            |  |     |       |            |      |
|    |    |                            |                            |  | m   |       |            |      |

|    |    | Naam                  | Cat                      | PR      | Tijd    | Info              |
|----|----|-----------------------|--------------------------|---------|---------|-------------------|
| 26 | gl | 53 Kai Doorewaard     | HC2                      | 59.91   |         | <b>WDR</b>        |
|    | bl | 45 Elin van den Berg  | DC2                      | 59.43   |         | <b>1:00.92</b> HT |
|    |    | <u>Kai Doorewaard</u> |                          |         |         |                   |
|    |    |                       | <u>Elin van den Berg</u> |         |         |                   |
|    |    |                       | 100m                     | 1:00.92 | (60.92) |                   |



## 2. Uitslag 1000 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 59 Peter Paul Erdman    | HSB | 27   | I    | 1:26.62 |      |        |
| 2   | 14 Ben van Sligtenhorst | HB1 | 29   | I    | 1:29.11 | PR   |        |
| 3   | 30 Danilo de Jong       | HA1 | 28   | O    | 1:29.37 | PR   |        |
| 4   | 17 Gerard Hagoort       | H45 | 28   | I    | 1:31.37 |      |        |
| 5   | 8 Manuel van Loo        | HPA | 34   | O    | 1:36.78 | PR   |        |
| 6   | 56 Harmen Looijen       | HA1 | 30   | I    | 1:38.80 | PR   |        |
| 7   | 37 Wouter Breeuwsma     | H60 | 34   | I    | 1:40.26 |      |        |
| 8   | 48 Nanne Kabel          | DB1 | 31   | I    | 1:40.62 |      |        |
| 9   | 52 Ciska Stark          | D60 | 33   | I    | 1:41.27 |      |        |
| 10  | 42 Irma Woud            | D50 | 30   | O    | 1:41.40 |      |        |
| 11  | 10 Jarno Zomerman       | HC2 | 32   | O    | 1:43.77 |      |        |
| 12  | 33 Charlotte Mooij      | DPA | 35   | O    | 1:46.55 |      |        |
| 13  | 6 Linda Eggenkamp       | D55 | 31   | O    | 1:47.59 |      |        |
| 14  | 12 Anthonie Stuiver     | H55 | 35   | I    | 1:47.89 | PR   |        |
| 15  | 21 Jette Koenhein       | DC1 | 33   | O    | 1:50.82 |      |        |
| 16  | 34 Esmée Blaauw         | DC2 | 37   | O    | 1:50.83 | PR   |        |
| 17  | 58 Hannah Jacobs        | DPB | 36   | I    | 1:51.02 | PR   |        |
| 18  | 36 Ninthe de Wit        | DPB | 40   | I    | 1:51.27 |      |        |
| 19  | 49 Sofie van Veen       | DC2 | 36   | O    | 1:51.59 |      |        |
| 20  | 1 Anniek Eijpe          | DPA | 38   | O    | 1:53.39 | PR   |        |
| 21  | 5 Renske de Wolf        | DPA | 38   | I    | 1:53.99 | PR   |        |
| 22  | 38 Liene Peenstra       | DPA | 40   | O    | 1:54.40 |      |        |
| 23  | 41 Thomas Hoekstra      | H70 | 41   | I    | 1:54.49 |      |        |
| 24  | 28 Marielle Faasen      | D50 | 37   | I    | 1:55.35 |      |        |
| 25  | 22 Jan Groenendaal      | H60 | 39   | O    | 2:04.25 |      |        |
| 26  | 45 Elin van den Berg    | DC2 | 39   | I    | 2:14.03 | PR   |        |
|     | 55 Marre Looijen        | DN2 | 29   | O    | DNF     |      |        |
|     | 20 Nick Bontrop         | HA1 |      |      | WDR     |      |        |
|     | 60 Jennifer Groeneveld  | DC1 |      |      | WDR     |      |        |

## 2. Rituitslag 1000 meter

|    |    | Naam                           | Cat             | PR      | Tijd            | Info                  |
|----|----|--------------------------------|-----------------|---------|-----------------|-----------------------|
| 27 | wt | 59 <b>Peter Paul Erdman</b>    | HSB             | 1:25.10 | <b>1:26.62</b>  |                       |
|    | rd | 20 <b>Nick Bontrop</b>         | HA1             | 1:17.43 | <b>WDR</b>      |                       |
|    |    | <b>Peter Paul Erdman</b>       |                 |         |                 | <b>Nick Bontrop</b>   |
|    |    | 200m                           | 20.30 (20.30)   |         |                 |                       |
|    |    | 600m                           | 52.33 (32.03)   |         |                 |                       |
|    |    | 1000m                          | 1:26.62 (34.29) |         |                 |                       |
|    |    | Naam                           | Cat             | PR      | Tijd            | Info                  |
| 28 | gl | 17 <b>Gerard Hagoort</b>       | H45             | 1:23.15 | <b>1:31.37</b>  |                       |
|    | bl | 30 <b>Danilo de Jong</b>       | HA1             | 1:32.02 | <b>1:29.37</b>  | PR                    |
|    |    | <b>Gerard Hagoort</b>          |                 |         |                 | <b>Danilo de Jong</b> |
|    |    | 200m                           | 20.88 (20.88)   | 200m    | 20.71 (20.71)   |                       |
|    |    | 600m                           | 54.17 (33.29)   | 600m    | 53.83 (33.12)   |                       |
|    |    | 1000m                          | 1:31.37 (37.20) | 1000m   | 1:29.37 (35.54) |                       |
|    |    | Naam                           | Cat             | PR      | Tijd            | Info                  |
| 29 | wt | 14 <b>Ben van Sligtenhorst</b> | HB1             | 1:34.04 | <b>1:29.11</b>  | PR                    |
|    | rd | 55 <b>Marre Looijen</b>        | DN2             | 1:35.24 | <b>DNF</b>      |                       |
|    |    | <b>Ben van Sligtenhorst</b>    |                 |         |                 | <b>Marre Looijen</b>  |
|    |    | 200m                           | 20.48 (20.48)   |         |                 |                       |
|    |    | 600m                           | 53.33 (32.85)   |         |                 |                       |
|    |    | 1000m                          | 1:29.11 (35.78) |         |                 |                       |
|    |    | Naam                           | Cat             | PR      | Tijd            | Info                  |
| 30 | gl | 56 <b>Harmen Looijen</b>       | HA1             | 1:38.85 | <b>1:38.80</b>  | PR                    |
|    | bl | 42 <b>Irma Woud</b>            | D50             | 1:26.28 | <b>1:41.40</b>  |                       |
|    |    | <b>Harmen Looijen</b>          |                 |         |                 | <b>Irma Woud</b>      |
|    |    | 200m                           | 21.64 (21.64)   | 200m    | 22.51 (22.51)   |                       |
|    |    | 600m                           | 58.46 (36.82)   | 600m    | 1:01.08 (38.57) |                       |
|    |    | 1000m                          | 1:38.80 (40.34) | 1000m   | 1:41.40 (40.32) |                       |

|    |    | Naam |                        | Cat     |         | PR                    | Tijd                   | Info           |
|----|----|------|------------------------|---------|---------|-----------------------|------------------------|----------------|
| 31 | wt | 48   | <b>Nanne Kabel</b>     |         | DB1     |                       | 1:39.93                | <b>1:40.62</b> |
|    | rd | 6    | <b>Linda Eggenkamp</b> |         | D55     |                       | 1:37.61                | <b>1:47.59</b> |
|    |    |      | <b>Nanne Kabel</b>     |         |         |                       | <b>Linda Eggenkamp</b> |                |
|    |    |      | 200m                   | 22.85   | (22.85) | 200m 23.64 (23.64)    |                        |                |
|    |    |      | 600m                   | 1:00.55 | (37.70) | 600m 1:04.45 (40.81)  |                        |                |
|    |    |      | 1000m                  | 1:40.62 | (40.07) | 1000m 1:47.59 (43.14) |                        |                |

|    |    | Naam |                            | Cat |     | PR    | Tijd                 | Info           |
|----|----|------|----------------------------|-----|-----|-------|----------------------|----------------|
| 32 | gl | 60   | <b>Jennifer Groeneveld</b> |     | DC1 |       | 1:40.75              | <b>WDR</b>     |
|    | bl | 10   | <b>Jarno Zomerma</b>       |     | HC2 |       | 1:40.63              | <b>1:43.77</b> |
|    |    |      | <b>Jennifer Groeneveld</b> |     |     |       | <b>Jarno Zomerma</b> |                |
|    |    |      |                            |     |     | 200m  | 22.94                | (22.94)        |
|    |    |      |                            |     |     | 600m  | 1:02.42              | (39.48)        |
|    |    |      |                            |     |     | 1000m | 1:43.77              | (41.35)        |

|    |    | Naam |                       | Cat     |         | PR                    | Tijd                  | Info           |
|----|----|------|-----------------------|---------|---------|-----------------------|-----------------------|----------------|
| 33 | wt | 52   | <b>Ciska Stark</b>    |         | D60     |                       | 1:32.59               | <b>1:41.27</b> |
|    | rd | 21   | <b>Jette Koenhein</b> |         | DC1     |                       | 1:41.28               | <b>1:50.82</b> |
|    |    |      | <b>Ciska Stark</b>    |         |         |                       | <b>Jette Koenhein</b> |                |
|    |    |      | 200m                  | 23.52   | (23.52) | 200m 24.73 (24.73)    |                       |                |
|    |    |      | 600m                  | 1:00.21 | (36.69) | 600m 1:07.51 (42.78)  |                       |                |
|    |    |      | 1000m                 | 1:41.27 | (41.06) | 1000m 1:50.82 (43.31) |                       |                |

|    |    | Naam |                         | Cat     |         | PR                    | Tijd                  | Info              |
|----|----|------|-------------------------|---------|---------|-----------------------|-----------------------|-------------------|
| 34 | gl | 37   | <b>Wouter Breeuwsma</b> |         | H60     |                       | 1:34.17               | <b>1:40.26</b>    |
|    | bl | 8    | <b>Manuel van Loo</b>   |         | HPA     |                       | 1:44.27               | <b>1:36.78 PR</b> |
|    |    |      | <b>Wouter Breeuwsma</b> |         |         |                       | <b>Manuel van Loo</b> |                   |
|    |    |      | 200m                    | 22.42   | (22.42) | 200m 21.62 (21.62)    |                       |                   |
|    |    |      | 600m                    | 59.46   | (37.04) | 600m 58.29 (36.67)    |                       |                   |
|    |    |      | 1000m                   | 1:40.26 | (40.80) | 1000m 1:36.78 (38.49) |                       |                   |

|    |    | Naam                    |                         |         | Cat                    | PR      | Tijd           | Info |
|----|----|-------------------------|-------------------------|---------|------------------------|---------|----------------|------|
| 35 | wt | 12                      | <b>Anthonie Stuiver</b> |         | H55                    | 1:49.69 | <b>1:47.89</b> | PR   |
|    | rd | 33                      | <b>Charlotte Mooij</b>  |         | DPA                    | 1:45.80 | <b>1:46.55</b> |      |
|    |    | <b>Anthonie Stuiver</b> |                         |         | <b>Charlotte Mooij</b> |         |                |      |
|    |    | 200m                    | 24.34                   | (24.34) | 200m                   | 23.34   | (23.34)        |      |
|    |    | 600m                    | 1:04.36                 | (40.02) | 600m                   | 1:03.24 | (39.90)        |      |
|    |    | 1000m                   | 1:47.89                 | (43.53) | 1000m                  | 1:46.55 | (43.31)        |      |

|    |    | Naam                 |                       |         | Cat                   | PR      | Tijd           | Info |
|----|----|----------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 36 | gl | 58                   | <b>Hannah Jacobs</b>  |         | DPB                   | 1:51.28 | <b>1:51.02</b> | PR   |
|    | bl | 49                   | <b>Sofie van Veen</b> |         | DC2                   | 1:47.55 | <b>1:51.59</b> |      |
|    |    | <b>Hannah Jacobs</b> |                       |         | <b>Sofie van Veen</b> |         |                |      |
|    |    | 200m                 | 25.17                 | (25.17) | 200m                  | 25.38   | (25.38)        |      |
|    |    | 600m                 | 1:06.83               | (41.66) | 600m                  | 1:07.61 | (42.23)        |      |
|    |    | 1000m                | 1:51.02               | (44.19) | 1000m                 | 1:51.59 | (43.98)        |      |

|    |    | Naam                   |                        |         | Cat                 | PR      | Tijd           | Info |
|----|----|------------------------|------------------------|---------|---------------------|---------|----------------|------|
| 37 | wt | 28                     | <b>Marielle Faasen</b> |         | D50                 | 1:53.31 | <b>1:55.35</b> |      |
|    | rd | 34                     | <b>Esmée Blaauw</b>    |         | DC2                 | 1:53.06 | <b>1:50.83</b> | PR   |
|    |    | <b>Marielle Faasen</b> |                        |         | <b>Esmée Blaauw</b> |         |                |      |
|    |    | 200m                   | 26.35                  | (26.35) | 200m                | 24.50   | (24.50)        |      |
|    |    | 600m                   | 1:08.97                | (42.62) | 600m                | 1:06.26 | (41.76)        |      |
|    |    | 1000m                  | 1:55.35                | (46.38) | 1000m               | 1:50.83 | (44.57)        |      |

|    |    | Naam                  |                       |         | Cat                 | PR      | Tijd           | Info |
|----|----|-----------------------|-----------------------|---------|---------------------|---------|----------------|------|
| 38 | gl | 5                     | <b>Renske de Wolf</b> |         | DPA                 | 1:58.49 | <b>1:53.99</b> | PR   |
|    | bl | 1                     | <b>Anniek Eijpe</b>   |         | DPA                 | 1:54.49 | <b>1:53.39</b> | PR   |
|    |    | <b>Renske de Wolf</b> |                       |         | <b>Anniek Eijpe</b> |         |                |      |
|    |    | 200m                  | 25.00                 | (25.00) | 200m                | 25.15   | (25.15)        |      |
|    |    | 600m                  | 1:07.46               | (42.46) | 600m                | 1:06.76 | (41.61)        |      |
|    |    | 1000m                 | 1:53.99               | (46.53) | 1000m               | 1:53.39 | (46.63)        |      |

|    |    | Naam                     |                          |         | Cat                    | PR      | Tijd           | Info |
|----|----|--------------------------|--------------------------|---------|------------------------|---------|----------------|------|
| 39 | wt | 45                       | <b>Elin van den Berg</b> |         | DC2                    | 2:14.52 | <b>2:14.03</b> | PR   |
|    | rd | 22                       | <b>Jan Groenendaal</b>   |         | H60                    | 1:56.17 | <b>2:04.25</b> |      |
|    |    | <b>Elin van den Berg</b> |                          |         | <b>Jan Groenendaal</b> |         |                |      |
|    |    | 200m                     | 26.51                    | (26.51) | 200m                   | 26.79   | (26.79)        |      |
|    |    | 600m                     | 1:18.24                  | (51.73) | 600m                   | 1:12.89 | (46.10)        |      |
|    |    | 1000m                    | 2:14.03                  | (55.79) | 1000m                  | 2:04.25 | (51.36)        |      |
|    |    | Naam                     |                          |         | Cat                    | PR      | Tijd           | Info |
| 40 | gl | 36                       | <b>Ninthe de Wit</b>     |         | DPB                    |         | <b>1:51.27</b> |      |
|    | bl | 38                       | <b>Liene Peenstra</b>    |         | DPA                    |         | <b>1:54.40</b> |      |
|    |    | <b>Ninthe de Wit</b>     |                          |         | <b>Liene Peenstra</b>  |         |                |      |
|    |    | 200m                     | 24.03                    | (24.03) | 200m                   | 25.08   | (25.08)        |      |
|    |    | 600m                     | 1:06.42                  | (42.39) | 600m                   | 1:10.12 | (45.04)        |      |
|    |    | 1000m                    | 1:51.27                  | (44.85) | 1000m                  | 1:54.40 | (44.28)        |      |
|    |    | Naam                     |                          |         | Cat                    | PR      | Tijd           | Info |
| 41 | wt | 41                       | <b>Thomas Hoekstra</b>   |         | H70                    | 1:29.77 | <b>1:54.49</b> |      |
|    | rd |                          |                          |         |                        |         |                |      |
|    |    | <b>Thomas Hoekstra</b>   |                          |         |                        |         |                |      |
|    |    | 200m                     | 25.37                    | (25.37) | m                      |         |                |      |
|    |    | 600m                     | 1:08.02                  | (42.65) |                        |         |                |      |
|    |    | 1000m                    | 1:54.49                  | (46.47) |                        |         |                |      |

## 3. Uitslag 700 meter

| Pos | Naam               | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------|-----|------|------|---------|------|--------|
| 1   | 15 Bart Makaske    | H60 | 42   | I    | 1:03.14 |      |        |
| 2   | 44 Rinse Biermans  | HPA | 43   | O    | 1:14.22 | PR   |        |
| 3   | 51 Kuba Rasker     | HPA | 42   | O    | 1:15.00 | PR   |        |
| 4   | 35 Ceylin Kalka    | DC1 | 43   | I    | 1:21.33 | PR   |        |
| 5   | 57 Isa Groenestein | DPB | 45   | I    | 1:21.47 | PR   |        |
|     | 53 Kai Doorewaard  | HC2 |      |      |         | WDR  |        |

## 3. Rituitslag 700 meter

|    |    | Naam                |                     | Cat     |                    | PR      | Tijd           | Info |
|----|----|---------------------|---------------------|---------|--------------------|---------|----------------|------|
| 42 | wt | 15                  | <b>Bart Makaske</b> |         | H60                | 59.89   | <b>1:03.14</b> |      |
|    | rd | 51                  | <b>Kuba Rasker</b>  |         | HPA                | 1:15.13 | <b>1:15.00</b> | PR   |
|    |    | <b>Bart Makaske</b> |                     |         | <b>Kuba Rasker</b> |         |                |      |
|    |    | 300m                | 29.09               | (29.09) | 300m               | 33.13   | (33.13)        |      |
|    |    | 700m                | 1:03.14             | (34.05) | 700m               | 1:15.00 | (41.87)        |      |

|    |    | Naam                |                       | Cat     |                       | PR      | Tijd           | Info |
|----|----|---------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 43 | gl | 35                  | <b>Ceylin Kalka</b>   |         | DC1                   | 1:22.15 | <b>1:21.33</b> | PR   |
|    | bl | 44                  | <b>Rinse Biermans</b> |         | HPA                   | 1:23.38 | <b>1:14.22</b> | PR   |
|    |    | <b>Ceylin Kalka</b> |                       |         | <b>Rinse Biermans</b> |         |                |      |
|    |    | 300m                | 36.20                 | (36.20) | 300m                  | 37.11   | (37.11)        |      |
|    |    | 700m                | 1:21.33               | (45.13) | 700m                  | 1:14.22 | (37.11)        |      |

|    |    | Naam |  | Cat |  | PR | Tijd | Info |
|----|----|------|--|-----|--|----|------|------|
| 44 | wt |      |  |     |  |    |      |      |
|    | rd |      |  |     |  |    |      |      |
|    |    |      |  |     |  |    |      |      |
|    |    |      |  |     |  |    |      |      |

|    |    | Naam                   |                        | Cat     |                       | PR      | Tijd           | Info |
|----|----|------------------------|------------------------|---------|-----------------------|---------|----------------|------|
| 45 | gl | 57                     | <b>Isa Groenestein</b> |         | DPB                   | 1:25.47 | <b>1:21.47</b> | PR   |
|    | bl | 53                     | <b>Kai Doorewaard</b>  |         | HC2                   | 1:28.81 | <b>WDR</b>     |      |
|    |    | <b>Isa Groenestein</b> |                        |         | <b>Kai Doorewaard</b> |         |                |      |
|    |    | 300m                   | 35.13                  | (35.13) |                       |         |                |      |
|    |    | 700m                   | 1:21.47                | (46.34) |                       |         |                |      |

## 4. Uitslag 1500 meter

| Pos | Naam                                  | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------------------------|-----|------|------|---------|------|--------|
| 1   | 43 Jesse van Buren                    | HA1 | 46   | I    | 2:00.66 |      |        |
| 2   | 40 Fedor van der Laan                 | HSA | 46   | O    | 2:09.33 |      |        |
| 3   | 2 Joanan van Loo                      | HB1 | 50   | I    | 2:18.97 | PR   |        |
| 4   | 32 Jasper Simons                      | HSA | 49   | I    | 2:19.49 |      |        |
| 5   | 29 Anton Mink                         | H60 | 47   | O    | 2:20.08 |      |        |
| 6   | 4 Meggie Verbakel                     | DC2 | 48   | O    | 2:22.69 |      |        |
| 7   | 54 Willem Voorneveld                  | H65 | 47   | I    | 2:28.29 |      |        |
| 8   | 39 Rutger Peenstra                    | H45 | 51   | I    | 2:31.00 |      |        |
| 9   | 19 Dara van Hees                      | DC1 | 52   | I    | 2:32.04 |      |        |
| 10  | 3 Juul van der Vliet                  | DC1 | 51   | O    | 2:33.27 |      |        |
| 11  | 26 Senne Eggenkamp                    | DC1 | 52   | O    | 2:34.39 |      |        |
| 12  | 13 Sara de Wolf                       | DC2 | 50   | O    | 2:35.37 |      |        |
| 13  | 27 Timon Sandker                      | HC2 | 53   | O    | 2:36.33 |      |        |
| 14  | 16 Mariska van Haaften- van den Bosch | D60 | 53   | I    | 2:45.10 |      |        |
|     | 47 Maureen van Seumeren               | DC2 |      |      |         | WDR  |        |
|     | 11 Henk van Walderveen                | H60 |      |      |         | WDR  |        |



## 4. Rituitslag 1500 meter

|    |    | Naam                         | Cat | PR      | Tijd           | Info |
|----|----|------------------------------|-----|---------|----------------|------|
| 46 | wt | 43 <b>Jesse van Buren</b>    | HA1 | 1:54.98 | <b>2:00.66</b> |      |
|    | rd | 40 <b>Fedor van der Laan</b> | HSA | 2:07.19 | <b>2:09.33</b> |      |

## Jesse van Buren

|       |         |         |
|-------|---------|---------|
| 300m  | 27.08   | (27.08) |
| 700m  | 57.38   | (30.30) |
| 1100m | 1:28.70 | (31.32) |
| 1500m | 2:00.66 | (31.96) |

## Fedor van der Laan

|       |         |         |
|-------|---------|---------|
| 300m  | 28.40   | (28.40) |
| 700m  | 1:00.74 | (32.34) |
| 1100m | 1:34.06 | (33.32) |
| 1500m | 2:09.33 | (35.27) |

|    |    | Naam                        | Cat | PR      | Tijd           | Info |
|----|----|-----------------------------|-----|---------|----------------|------|
| 47 | gl | 54 <b>Willem Voorneveld</b> | H65 | 2:12.03 | <b>2:28.29</b> |      |
|    | bl | 29 <b>Anton Mink</b>        | H60 | 2:11.48 | <b>2:20.08</b> |      |

## Willem Voorneveld

|       |         |         |
|-------|---------|---------|
| 300m  | 31.43   | (31.43) |
| 700m  | 1:08.03 | (36.60) |
| 1100m | 1:47.63 | (39.60) |
| 1500m | 2:28.29 | (40.66) |

## Anton Mink

|       |         |         |
|-------|---------|---------|
| 300m  | 29.82   | (29.82) |
| 700m  | 1:04.92 | (35.10) |
| 1100m | 1:41.64 | (36.72) |
| 1500m | 2:20.08 | (38.44) |

|    |    | Naam                           | Cat | PR      | Tijd           | Info |
|----|----|--------------------------------|-----|---------|----------------|------|
| 48 | wt | 47 <b>Maureen van Seumeren</b> | DC2 | 2:15.35 | <b>WDR</b>     |      |
|    | rd | 4 <b>Meggie Verbakel</b>       | DC2 | 2:14.25 | <b>2:22.69</b> |      |

## Maureen van Seumeren

## Meggie Verbakel

|       |         |         |
|-------|---------|---------|
| 300m  | 28.78   | (28.78) |
| 700m  | 1:03.20 | (34.42) |
| 1100m | 1:41.45 | (38.25) |
| 1500m | 2:22.69 | (41.24) |

|    |    | Naam                          | Cat | PR      | Tijd           | Info |
|----|----|-------------------------------|-----|---------|----------------|------|
| 49 | gl | 32 <b>Jasper Simons</b>       | HSA | 2:12.64 | <b>2:19.49</b> |      |
|    | bl | 11 <b>Henk van Walderveen</b> | H60 | 2:09.14 | <b>WDR</b>     |      |

## Jasper Simons

|       |         |         |
|-------|---------|---------|
| 300m  | 29.15   | (29.15) |
| 700m  | 1:03.94 | (34.79) |
| 1100m | 1:41.20 | (37.26) |
| 1500m | 2:19.49 | (38.29) |

## Henk van Walderveen

|    |    | Naam                                     |  |         | Cat                       | PR      | Tijd           | Info |
|----|----|--|--|---------|---------------------------|---------|----------------|------|
| 50 | wt | 2  | <b>Joanan van Loo</b>                    |         | HB1                       | 2:20.88 | <b>2:18.97</b> | PR   |
|    | rd | 13                                       | <b>Sara de Wolf</b>                      |         | DC2                       | 2:23.17 | <b>2:35.37</b> |      |
|    |    | <b>Joanan van Loo</b>                    |  |         | <b>Sara de Wolf</b>       |         |                |      |
|    |    | 300m                                     | 28.14                                    | (28.14) | 300m                      | 32.14   | (32.14)        |      |
|    |    | 700m                                     | 1:02.68                                  | (34.54) | 700m                      | 1:11.81 | (39.67)        |      |
|    |    | 1100m                                    | 1:40.17                                  | (37.49) | 1100m                     | 1:53.50 | (41.69)        |      |
|    |    | 1500m                                    | 2:18.97                                  | (38.80) | 1500m                     | 2:35.37 | (41.87)        |      |
|    |    | Naam                                     |  |         | Cat                       | PR      | Tijd           | Info |
| 51 | gl | 39                                       | <b>Rutger Peenstra</b>                   |         | H45                       | 2:23.32 | <b>2:31.00</b> |      |
|    | bl | 3  | <b>Juul van der Vliet</b>                |         | DC1                       | 2:23.63 | <b>2:33.27</b> |      |
|    |    | <b>Rutger Peenstra</b>                   |  |         | <b>Juul van der Vliet</b> |         |                |      |
|    |    | 300m                                     | 32.39                                    | (32.39) | 300m                      | 31.04   | (31.04)        |      |
|    |    | 700m                                     | 1:10.03                                  | (37.64) | 700m                      | 1:09.38 | (38.34)        |      |
|    |    | 1100m                                    | 1:50.11                                  | (40.08) | 1100m                     | 1:49.92 | (40.54)        |      |
|    |    | 1500m                                    | 2:31.00                                  | (40.89) | 1500m                     | 2:33.27 | (43.35)        |      |
|    |    | Naam                                     |  |         | Cat                       | PR      | Tijd           | Info |
| 52 | wt | 19                                       | <b>Dara van Hees</b>                     |         | DC1                       | 2:25.21 | <b>2:32.04</b> |      |
|    | rd | 26                                       | <b>Senne Eggenkamp</b>                   |         | DC1                       | 2:26.61 | <b>2:34.39</b> |      |
|    |    | <b>Dara van Hees</b>                     |  |         | <b>Senne Eggenkamp</b>    |         |                |      |
|    |    | 300m                                     | 30.87                                    | (30.87) | 300m                      | 31.12   | (31.12)        |      |
|    |    | 700m                                     | 1:08.43                                  | (37.56) | 700m                      | 1:09.84 | (38.72)        |      |
|    |    | 1100m                                    | 1:50.27                                  | (41.84) | 1100m                     | 1:51.70 | (41.86)        |      |
|    |    | 1500m                                    | 2:32.04                                  | (41.77) | 1500m                     | 2:34.39 | (42.69)        |      |
|    |    | Naam                                     |  |         | Cat                       | PR      | Tijd           | Info |
| 53 | gl | 16                                       | <b>Mariska van Haften- van den Bosch</b> |         | D60                       | 2:27.14 | <b>2:45.10</b> |      |
|    | bl | 27                                       | <b>Timon Sandker</b>                     |         | HC2                       | 2:32.50 | <b>2:36.33</b> |      |
|    |    | <b>Mariska van Haften- van den Bosch</b> |  |         | <b>Timon Sandker</b>      |         |                |      |
|    |    | 300m                                     | 34.04                                    | (34.04) | 300m                      | 31.26   | (31.26)        |      |
|    |    | 700m                                     | 1:15.37                                  | (41.33) | 700m                      | 1:10.52 | (39.26)        |      |
|    |    | 1100m                                    | 2:00.44                                  | (45.07) | 1100m                     | 1:52.40 | (41.88)        |      |
|    |    | 1500m                                    | 2:45.10                                  | (44.66) | 1500m                     | 2:36.33 | (43.93)        |      |

## 5. Uitslag 3000 meter

| Pos | Naam               | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------|-----|------|------|---------|------|--------|
| 1   | 46 Floris Verploeg | HB2 | 55   | I    | 4:22.74 |      |        |
|     | 50 Emil Löwik      | HSA | 55   | O    | DNS     |      |        |

## 5. Rituitslag 3000 meter

|    | Naam     | Cat | PR | Tijd | Info |
|----|----------|-----|----|------|------|
| 54 | wt<br>rd |     |    |      |      |
|    | m        | m   |    |      |      |

|    | Naam                         | Cat | PR      | Tijd           | Info |
|----|------------------------------|-----|---------|----------------|------|
| 55 | gl 46 <b>Floris Verploeg</b> | HB2 | 4:12.13 | <b>4:22.74</b> |      |
|    | bl 50 <b>Emil Löwik</b>      | HSA | 4:43.79 | <b>DNS</b>     |      |

## Floris Verploeg

|       |         |         |
|-------|---------|---------|
| 200m  | 20.72   | (20.72) |
| 600m  | 52.92   | (32.20) |
| 1000m | 2:01.85 | (68.93) |
| 1400m | 2:36.82 | (34.97) |
| 1800m | 3:12.00 | (35.18) |
| 2200m | 3:35.58 | (23.58) |
| 2600m | 3:59.16 | (23.58) |
| 3000m | 4:22.74 | (23.58) |

## Emil Löwik