

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 1. Uitslag DC 500 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1   | 76 Carlijn te Poele     | DC1 | 4    | O    | 44.95 |      |        |
| 2   | 82 Martha Trude Brehmer | DC2 | 4    | I    | 45.18 |      |        |
| 3   | 112 Ziva Samson         | DC2 | 3    | I    | 46.03 | PR   |        |
| 4   | 84 Hiba Pals            | DC1 | 3    | O    | 48.49 |      |        |
| 5   | 74 Maartje van Dijck    | DC2 | 2    | I    | 49.67 |      |        |
| 6   | 45 Tamar Wolters        | DC2 | 2    | O    | 51.61 |      |        |
| 7   | 56 Anna van Dalen       | DC1 | 1    | I    | 54.64 |      |        |

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|   |          | Naam |                       | Cat |     | PR |       | Tijd         | Info |
|---|----------|------|-----------------------|-----|-----|----|-------|--------------|------|
| 1 | wt<br>rd | 56   | <b>Anna van Dalen</b> |     | DC1 |    | 53.23 | <b>54.64</b> |      |

### Anna van Dalen

|      |       |         |   |  |  |
|------|-------|---------|---|--|--|
| 100m | 13.47 | (13.47) | m |  |  |
| 500m | 54.64 | (41.17) |   |  |  |

|   |    | Naam |                          | Cat |     | PR |       | Tijd         | Info |
|---|----|------|--------------------------|-----|-----|----|-------|--------------|------|
| 2 | gl | 74   | <b>Maartje van Dijck</b> |     | DC2 |    | 48.58 | <b>49.67</b> |      |
|   | bl | 45   | <b>Tamar Wolters</b>     |     | DC2 |    | 50.10 | <b>51.61</b> |      |

### Maartje van Dijck

|      |       |         |  |  |  |
|------|-------|---------|--|--|--|
| 100m | 13.04 | (13.04) |  |  |  |
| 500m | 49.67 | (36.63) |  |  |  |

### Tamar Wolters

|      |       |         |  |  |  |
|------|-------|---------|--|--|--|
| 100m | 14.30 | (14.30) |  |  |  |
| 500m | 51.61 | (37.31) |  |  |  |

|   |          | Naam |                    | Cat |     | PR |       | Tijd         | Info |
|---|----------|------|--------------------|-----|-----|----|-------|--------------|------|
| 3 | wt<br>rd | 112  | <b>Ziva Samson</b> |     | DC2 |    | 46.49 | <b>46.03</b> | PR   |
|   |          | 84   | <b>Hiba Pals</b>   |     | DC1 |    | 47.29 | <b>48.49</b> |      |

### Ziva Samson

|      |       |         |  |  |  |
|------|-------|---------|--|--|--|
| 100m | 12.35 | (12.35) |  |  |  |
| 500m | 46.03 | (33.68) |  |  |  |

### Hiba Pals

|      |       |         |  |  |  |
|------|-------|---------|--|--|--|
| 100m | 13.10 | (13.10) |  |  |  |
| 500m | 48.49 | (35.39) |  |  |  |

|   |    | Naam |                             | Cat |     | PR |       | Tijd         | Info |
|---|----|------|-----------------------------|-----|-----|----|-------|--------------|------|
| 4 | gl | 82   | <b>Martha Trude Brehmer</b> |     | DC2 |    | 43.73 | <b>45.18</b> |      |
|   | bl | 76   | <b>Carlijn te Poele</b>     |     | DC1 |    | 44.61 | <b>44.95</b> |      |

### Martha Trude Brehmer

|      |       |         |  |  |  |
|------|-------|---------|--|--|--|
| 100m | 12.31 | (12.31) |  |  |  |
| 500m | 45.18 | (32.87) |  |  |  |

### Carlijn te Poele

|      |       |         |  |  |  |
|------|-------|---------|--|--|--|
| 100m | 11.83 | (11.83) |  |  |  |
| 500m | 44.95 | (33.12) |  |  |  |

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23 en 24 november 2024

## 2. Uitslag HC 500 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1   | 104 Ramzi Coenraad   | HC2 | 11   | I    | 40.70 |      |        |
| 2   | 25 Ryan Brina        | HC2 | 12   | I    | 41.59 | PR   |        |
| 3   | 18 Lars Peute        | HC1 | 12   | O    | 41.77 | PR   |        |
| 4   | 66 Sep de Kraker     | HC1 | 11   | O    | 41.93 |      |        |
| 5   | 75 Jake Knapen       | HC1 | 9    | O    | 43.87 |      |        |
| 6   | 53 Yanick Stegeman   | HC2 | 9    | I    | 44.29 | PR   |        |
| 7   | 93 Sem Berden        | HC2 | 10   | O    | 45.30 | PR   |        |
| 8   | 68 Ralph Mostert     | HC1 | 7    | O    | 46.89 |      |        |
| 9   | 19 Rens van Horen    | HC1 | 8    | O    | 47.16 | PR   |        |
| 10  | 41 Pieter Lankhaar   | HC1 | 10   | I    | 47.19 |      |        |
| 11  | 11 Jouke den Hartog  | HC1 | 7    | I    | 48.10 | PR   |        |
| 12  | 1 Boaz Damminga      | HC1 | 8    | I    | 48.40 |      |        |
| 13  | 109 Ingmar Verhoeven | HC2 | 5    | O    | 50.00 | PR   |        |
| 14  | 106 Stef Aerts       | HC1 | 5    | I    | 52.41 | PR   |        |

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Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 2. Rituitslag HC 500 meter

|   |    | Naam              |                         | Cat     |                         | PR    |         | Tijd         | Info |
|---|----|-------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 5 | wt | 106               | <b>Stef Aerts</b>       |         | HC1                     |       | 54.08   | <b>52.41</b> | PR   |
|   | rd | 109               | <b>Ingmar Verhoeven</b> |         | HC2                     |       | 51.11   | <b>50.00</b> | PR   |
|   |    | <b>Stef Aerts</b> |                         |         | <b>Ingmar Verhoeven</b> |       |         |              |      |
|   |    | 100m              | 13.38                   | (13.38) | 100m                    | 12.99 | (12.99) |              |      |
|   |    | 500m              | 52.41                   | (39.03) | 500m                    | 50.00 | (37.01) |              |      |

|   |    | Naam |   | Cat |  | PR |  | Tijd | Info |
|---|----|------|---|-----|--|----|--|------|------|
| 6 | gl |      |   |     |  |    |  |      |      |
|   | bl |      |   |     |  |    |  |      |      |
|   |    |      | m |     |  |    |  | m    |      |

|   |    | Naam                    |                         | Cat     |                      | PR    |         | Tijd         | Info |
|---|----|-------------------------|-------------------------|---------|----------------------|-------|---------|--------------|------|
| 7 | wt | 11                      | <b>Jouke den Hartog</b> |         | HC1                  |       | 48.89   | <b>48.10</b> | PR   |
|   | rd | 68                      | <b>Ralph Mostert</b>    |         | HC1                  |       | 46.65   | <b>46.89</b> |      |
|   |    | <b>Jouke den Hartog</b> |                         |         | <b>Ralph Mostert</b> |       |         |              |      |
|   |    | 100m                    | 12.30                   | (12.30) | 100m                 | 12.09 | (12.09) |              |      |
|   |    | 500m                    | 48.10                   | (35.80) | 500m                 | 46.89 | (34.80) |              |      |

|   |    | Naam                 |                       | Cat     |                       | PR    |         | Tijd         | Info |
|---|----|----------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 8 | gl | 1                    | <b>Boaz Damminga</b>  |         | HC1                   |       | 48.14   | <b>48.40</b> |      |
|   | bl | 19                   | <b>Rens van Horen</b> |         | HC1                   |       | 47.42   | <b>47.16</b> | PR   |
|   |    | <b>Boaz Damminga</b> |                       |         | <b>Rens van Horen</b> |       |         |              |      |
|   |    | 100m                 | 12.37                 | (12.37) | 100m                  | 12.41 | (12.41) |              |      |
|   |    | 500m                 | 48.40                 | (36.03) | 500m                  | 47.16 | (34.75) |              |      |

|   |    | Naam                   |                        | Cat     |                    | PR    |         | Tijd         | Info |
|---|----|------------------------|------------------------|---------|--------------------|-------|---------|--------------|------|
| 9 | wt | 53                     | <b>Yanick Stegeman</b> |         | HC2                |       | 44.92   | <b>44.29</b> | PR   |
|   | rd | 75                     | <b>Jake Knapen</b>     |         | HC1                |       | 43.40   | <b>43.87</b> |      |
|   |    | <b>Yanick Stegeman</b> |                        |         | <b>Jake Knapen</b> |       |         |              |      |
|   |    | 100m                   | 11.36                  | (11.36) | 100m               | 11.67 | (11.67) |              |      |
|   |    | 500m                   | 44.29                  | (32.93) | 500m               | 43.87 | (32.20) |              |      |

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Kunstijsbaan Breda - Breda

23 en 24 november 2024

|       |    | Naam                   |                        | Cat     |                      | PR    |         | Tijd         | Info |
|-------|----|------------------------|------------------------|---------|----------------------|-------|---------|--------------|------|
| 10    | gl | 41                     | <b>Pieter Lankhaar</b> |         | HC1                  |       | 46.56   | <b>47.19</b> |      |
|       | bl | 93                     | <b>Sem Berden</b>      |         | HC2                  |       | 46.24   | <b>45.30</b> | PR   |
|       |    | <b>Pieter Lankhaar</b> |                        |         | <b>Sem Berden</b>    |       |         |              |      |
|       |    | 100m                   | 12.51                  | (12.51) | 100m                 | 11.95 | (11.95) |              |      |
|       |    | 500m                   | 47.19                  | (34.68) | 500m                 | 45.30 | (33.35) |              |      |
| <hr/> |    |                        |                        |         |                      |       |         |              |      |
|       |    | Naam                   |                        | Cat     |                      | PR    |         | Tijd         | Info |
| 11    | wt | 104                    | <b>Ramzi Coenraad</b>  |         | HC2                  |       | 39.10   | <b>40.70</b> |      |
|       | rd | 66                     | <b>Sep de Kraker</b>   |         | HC1                  |       | 40.87   | <b>41.93</b> |      |
|       |    | <b>Ramzi Coenraad</b>  |                        |         | <b>Sep de Kraker</b> |       |         |              |      |
|       |    | 100m                   | 10.90                  | (10.90) | 100m                 | 11.54 | (11.54) |              |      |
|       |    | 500m                   | 40.70                  | (29.80) | 500m                 | 41.93 | (30.39) |              |      |
| <hr/> |    |                        |                        |         |                      |       |         |              |      |
|       |    | Naam                   |                        | Cat     |                      | PR    |         | Tijd         | Info |
| 12    | gl | 25                     | <b>Ryan Brina</b>      |         | HC2                  |       | 41.94   | <b>41.59</b> | PR   |
|       | bl | 18                     | <b>Lars Peute</b>      |         | HC1                  |       | 42.08   | <b>41.77</b> | PR   |
|       |    | <b>Ryan Brina</b>      |                        |         | <b>Lars Peute</b>    |       |         |              |      |
|       |    | 100m                   | 11.57                  | (11.57) | 100m                 | 11.67 | (11.67) |              |      |
|       |    | 500m                   | 41.59                  | (30.02) | 500m                 | 41.77 | (30.10) |              |      |

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23 en 24 november 2024

## 3. Uitslag DB 500 meter

| Pos | Naam              | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------|-----|------|------|-------|------|--------|
| 1   | 95 Maud Groenen   | DB1 | 17   | I    | 44.27 |      |        |
| 2   | 57 Amina Dillmann | DB1 | 18   | I    | 44.87 |      |        |
| 3   | 83 Youssra Pals   | DB1 | 18   | O    | 45.26 |      |        |
| 4   | 60 Naomi Wessels  | DB1 | 17   | O    | 45.63 |      |        |
| 5   | 7 Roos de Vrieze  | DB2 | 16   | O    | 46.27 |      |        |
| 6   | 27 Lonneke Merkx  | DB2 | 15   | I    | 47.51 |      |        |
| 7   | 85 Yasmine Pals   | DB1 | 15   | O    | 48.42 |      |        |
| 8   | 58 Isa Boer       | DB2 | 16   | I    | 48.56 |      |        |
| 9   | 31 Bregje Bogers  | DB1 | 13   | O    | 50.01 |      |        |
| 10  | 2 Manoa Damminga  | DB1 | 13   | I    | 56.31 |      |        |

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23 en 24 november 2024

## 3. Rituitslag DB 500 meter

|    |    | Naam                  |                       | Cat     |                      | PR    |         | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|----------------------|-------|---------|--------------|------|
| 13 | wt | 2                     | <b>Manoa Damminga</b> |         | DB1                  |       | 56.07   | <b>56.31</b> |      |
|    | rd | 31                    | <b>Bregje Bogers</b>  |         | DB1                  |       | 47.51   | <b>50.01</b> |      |
|    |    | <b>Manoa Damminga</b> |                       |         | <b>Bregje Bogers</b> |       |         |              |      |
|    |    | 100m                  | 13.85                 | (13.85) | 100m                 | 13.16 | (13.16) |              |      |
|    |    | 500m                  | 56.31                 | (42.46) | 500m                 | 50.01 | (36.85) |              |      |

|    |    | Naam |   | Cat |  | PR |  | Tijd | Info |
|----|----|------|---|-----|--|----|--|------|------|
| 14 | gl |      |   |     |  |    |  |      |      |
|    | bl |      |   |     |  |    |  |      |      |
|    |    |      | m |     |  |    |  |      |      |
|    |    |      |   |     |  |    |  |      |      |
|    |    |      | m |     |  |    |  |      |      |

|    |    | Naam                 |                      | Cat     |                     | PR    |         | Tijd         | Info |
|----|----|----------------------|----------------------|---------|---------------------|-------|---------|--------------|------|
| 15 | wt | 27                   | <b>Lonneke Merkx</b> |         | DB2                 |       | 45.24   | <b>47.51</b> |      |
|    | rd | 85                   | <b>Yasmine Pals</b>  |         | DB1                 |       | 47.48   | <b>48.42</b> |      |
|    |    | <b>Lonneke Merkx</b> |                      |         | <b>Yasmine Pals</b> |       |         |              |      |
|    |    | 100m                 | 12.61                | (12.61) | 100m                | 12.84 | (12.84) |              |      |
|    |    | 500m                 | 47.51                | (34.90) | 500m                | 48.42 | (35.58) |              |      |

|    |    | Naam            |                       | Cat     |                       | PR    |         | Tijd         | Info |
|----|----|-----------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 16 | gl | 58              | <b>Isa Boer</b>       |         | DB2                   |       | 48.45   | <b>48.56</b> |      |
|    | bl | 7               | <b>Roos de Vrieze</b> |         | DB2                   |       | 45.14   | <b>46.27</b> |      |
|    |    | <b>Isa Boer</b> |                       |         | <b>Roos de Vrieze</b> |       |         |              |      |
|    |    | 100m            | 13.09                 | (13.09) | 100m                  | 12.88 | (12.88) |              |      |
|    |    | 500m            | 48.56                 | (35.47) | 500m                  | 46.27 | (33.39) |              |      |

|    |    | Naam                |                      | Cat     |                      | PR    |         | Tijd         | Info |
|----|----|---------------------|----------------------|---------|----------------------|-------|---------|--------------|------|
| 17 | wt | 95                  | <b>Maud Groenen</b>  |         | DB1                  |       | 43.16   | <b>44.27</b> |      |
|    | rd | 60                  | <b>Naomi Wessels</b> |         | DB1                  |       | 45.54   | <b>45.63</b> |      |
|    |    | <b>Maud Groenen</b> |                      |         | <b>Naomi Wessels</b> |       |         |              |      |
|    |    | 100m                | 11.75                | (11.75) | 100m                 | 12.51 | (12.51) |              |      |
|    |    | 500m                | 44.27                | (32.52) | 500m                 | 45.63 | (33.12) |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|    |    | Naam                  |                       | Cat     |     | PR                  |       | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|-----|---------------------|-------|--------------|------|
| 18 | gl | 57                    | <b>Amina Dillmann</b> |         | DB1 |                     | 44.08 | <b>44.87</b> |      |
|    | bl | 83                    | <b>Youssra Pals</b>   |         | DB1 |                     | 45.11 | <b>45.26</b> |      |
|    |    | <b>Amina Dillmann</b> |                       |         |     | <b>Youssra Pals</b> |       |              |      |
|    |    | 100m                  | 12.03                 | (12.03) |     | 100m                | 12.33 | (12.33)      |      |
|    |    | 500m                  | 44.87                 | (32.84) |     | 500m                | 45.26 | (32.93)      |      |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 4. Uitslag HB 500 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1   | 42 Laurens de Putter | HB1 | 22   | O    | 40.68 |      |        |
| 2   | 69 Daan Segers       | HB2 | 21   | I    | 40.72 |      |        |
| 3   | 46 Leander Korevaar  | HB1 | 22   | I    | 42.61 |      |        |
| 4   | 9 Senne van de Rest  | HB1 | 21   | O    | 42.84 |      |        |
| 5   | 105 Marick Morsheim  | HB2 | 20   | O    | 46.23 |      |        |
| 6   | 91 Mees Eppinga      | HB2 | 20   | I    | 48.13 | PR   |        |
| 7   | 108 Boris Pieneman   | HB1 | 19   | O    | 48.75 |      |        |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 5. Uitslag DA 500 meter

| Pos | Naam              | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------|-----|------|------|-------|------|--------|
| 1   | 67 Melle Boeijen  | DA1 | 23   | I    | 45.19 |      |        |
| 2   | 59 Elise Kortleve | DA1 | 24   | I    | 47.86 |      |        |
| 3   | 97 Nynke van Rijs | DA1 | 24   | O    | 50.50 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 5. Rituitslag DA 500 meter

|       |    | Naam                  |                       | Cat     |     | PR |       | Tijd         | Info |
|-------|----|-----------------------|-----------------------|---------|-----|----|-------|--------------|------|
| 23    | wt | 67                    | <b>Melle Boeijen</b>  |         | DA1 |    | 43.02 | <b>45.19</b> |      |
|       | rd |                       |                       |         |     |    |       |              |      |
|       |    | <b>Melle Boeijen</b>  |                       |         |     |    |       |              |      |
|       |    | 100m                  | 11.88                 | (11.88) |     |    |       |              | m    |
|       |    | 500m                  | 45.19                 | (33.31) |     |    |       |              |      |
| <hr/> |    |                       |                       |         |     |    |       |              |      |
|       |    | Naam                  |                       | Cat     |     | PR |       | Tijd         | Info |
| 24    | gl | 59                    | <b>Elise Kortleve</b> |         | DA1 |    | 47.01 | <b>47.86</b> |      |
|       | bl | 97                    | <b>Nynke van Rijs</b> |         | DA1 |    | 48.64 | <b>50.50</b> |      |
|       |    | <b>Elise Kortleve</b> |                       |         |     |    |       |              |      |
|       |    | 100m                  | 12.90                 | (12.90) |     |    |       |              |      |
|       |    | 500m                  | 47.86                 | (34.96) |     |    |       |              |      |
|       |    | <b>Nynke van Rijs</b> |                       |         |     |    |       |              |      |
|       |    | 100m                  | 13.31                 | (13.31) |     |    |       |              |      |
|       |    | 500m                  | 50.50                 | (37.19) |     |    |       |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 6. Uitslag HA 500 meter

| Pos | Naam             | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------|-----|------|------|---------|------|--------|
| 1   | 90 Max Eppinga   | HA2 | 27   | O    | 41.42   |      |        |
| 2   | 92 Daan Brokking | HA1 | 27   | I    | 41.55   |      |        |
| 3   | 34 Boaz Buter    | HA2 | 28   | O    | 42.10   |      |        |
| 4   | 73 Tom van Dijck | HA2 | 28   | I    | 42.38   |      |        |
| 5   | 51 Wessel Schut  | HA1 | 25   | I    | 45.56   |      |        |
| 6   | 98 Tobi Raams    | HA1 | 25   | O    | 1:08.69 | FL   |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 6. Rituitslag HA 500 meter

|    |    | Naam                |                     | Cat     |                   | PR      |         | Tijd           | Info |
|----|----|---------------------|---------------------|---------|-------------------|---------|---------|----------------|------|
| 25 | wt | 51                  | <b>Wessel Schut</b> |         | HA1               |         | 44.96   | <b>45.56</b>   |      |
|    | rd | 98                  | <b>Tobi Raams</b>   |         | HA1               |         | 43.58   | <b>1:08.69</b> | FL   |
|    |    | <b>Wessel Schut</b> |                     |         | <b>Tobi Raams</b> |         |         |                |      |
|    |    | 100m                | 11.85               | (11.85) | 100m              | 11.69   | (11.69) |                |      |
|    |    | 500m                | 45.56               | (33.71) | 500m              | 1:08.69 | (57.00) |                |      |

|    |    | Naam |  | Cat |   | PR |  | Tijd | Info |
|----|----|------|--|-----|---|----|--|------|------|
| 26 | gl |      |  |     |   |    |  |      |      |
|    | bl |      |  |     |   |    |  |      |      |
|    |    | m    |  |     | m |    |  |      |      |

|    |    | Naam                 |                      | Cat     |                    | PR    |         | Tijd         | Info |
|----|----|----------------------|----------------------|---------|--------------------|-------|---------|--------------|------|
| 27 | wt | 92                   | <b>Daan Brokking</b> |         | HA1                |       | 41.24   | <b>41.55</b> |      |
|    | rd | 90                   | <b>Max Eppinga</b>   |         | HA2                |       | 40.83   | <b>41.42</b> |      |
|    |    | <b>Daan Brokking</b> |                      |         | <b>Max Eppinga</b> |       |         |              |      |
|    |    | 100m                 | 10.95                | (10.95) | 100m               | 11.46 | (11.46) |              |      |
|    |    | 500m                 | 41.55                | (30.60) | 500m               | 41.42 | (29.96) |              |      |

|    |    | Naam                 |                      | Cat     |                   | PR    |         | Tijd         | Info |
|----|----|----------------------|----------------------|---------|-------------------|-------|---------|--------------|------|
| 28 | gl | 73                   | <b>Tom van Dijck</b> |         | HA2               |       | 41.92   | <b>42.38</b> |      |
|    | bl | 34                   | <b>Boaz Buter</b>    |         | HA2               |       | 40.70   | <b>42.10</b> |      |
|    |    | <b>Tom van Dijck</b> |                      |         | <b>Boaz Buter</b> |       |         |              |      |
|    |    | 100m                 | 11.57                | (11.57) | 100m              | 11.72 | (11.72) |              |      |
|    |    | 500m                 | 42.38                | (30.81) | 500m              | 42.10 | (30.38) |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 7. Uitslag DN 500 meter

| Pos | Naam                      | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|---------------------------|-----|------|------|-------|------|--------|
| 1   | 103 Carlijn Oude Vrielink | DN2 | 29   | O    | 46.42 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 7. Rituitslag DN 500 meter

|    | Naam     | Cat                              | PR  | Tijd  | Info                         |
|----|----------|----------------------------------|-----|-------|------------------------------|
| 29 | wt<br>rd | 103 <b>Carlijn Oude Vrielink</b> | DN2 | 45.64 | <b>46.42</b>                 |
|    |          |                                  |     |       | <b>Carlijn Oude Vrielink</b> |
|    |          | m                                |     | 100m  | 12.16 (12.16)                |
|    |          |                                  |     | 500m  | 46.42 (34.26)                |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda  
23 en 24 november 2024

## 8. Uitslag HN 500 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd         | Info | Punten |
|-----|--------------------------|-----|------|------|--------------|------|--------|
| 1   | 13 <b>Nomdo de Heer</b>  | HN4 | 30   | I    | <b>38.94</b> |      |        |
| 2   | 15 <b>Jeroen de Heer</b> | HN2 | 31   | O    | <b>41.06</b> |      |        |
| 3   | 39 <b>Thomas Ros</b>     | HN4 | 31   | I    | <b>43.43</b> |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 8. Rituitslag HN 500 meter

|    |    | Naam                  |                       | Cat     |     | PR |      | Tijd  | Info         |
|----|----|-----------------------|-----------------------|---------|-----|----|------|-------|--------------|
| 30 | wt | 13                    | <b>Nomdo de Heer</b>  |         | HN4 |    |      | 38.04 | <b>38.94</b> |
|    | rd |                       |                       |         |     |    |      |       |              |
|    |    | <b>Nomdo de Heer</b>  |                       |         |     |    |      |       |              |
|    |    | 100m                  | 10.74                 | (10.74) |     |    | m    |       |              |
|    |    | 500m                  | 38.94                 | (28.20) |     |    |      |       |              |
|    |    | <b>Thomas Ros</b>     |                       |         |     |    |      |       |              |
| 31 | gl | 39                    | <b>Thomas Ros</b>     |         | HN4 |    |      | 42.34 | <b>43.43</b> |
|    | bl | 15                    | <b>Jeroen de Heer</b> |         | HN2 |    |      | 39.37 | <b>41.06</b> |
|    |    | <b>Thomas Ros</b>     |                       |         |     |    |      |       |              |
|    |    | 100m                  | 11.86                 | (11.86) |     |    | 100m | 11.15 | (11.15)      |
|    |    | 500m                  | 43.43                 | (31.57) |     |    | 500m | 41.06 | (29.91)      |
|    |    | <b>Jeroen de Heer</b> |                       |         |     |    |      |       |              |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 9. Uitslag DS 500 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1   | 44 Katja Franzen     | DSB | 32   | O    | 41.89 |      |        |
| 2   | 8 Nicky de Looze     | DSB | 33   | O    | 47.27 |      |        |
| 3   | 3 Monique Visser     | DSB | 33   | I    | 47.47 |      |        |
| 4   | 29 Daniëlle Frijters | DSB | 32   | I    | 54.37 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 9. Rituitslag DS 500 meter

|    |    | Naam                     |                          | Cat     |                      | PR    |         | Tijd         | Info |
|----|----|--------------------------|--------------------------|---------|----------------------|-------|---------|--------------|------|
| 32 | wt | 29                       | <b>Daniëlle Frijters</b> |         | DSB                  | 51.87 |         | <b>54.37</b> |      |
|    | rd | 44                       | <b>Katja Franzen</b>     |         | DSB                  | 38.76 |         | <b>41.89</b> |      |
|    |    | <b>Daniëlle Frijters</b> |                          |         | <b>Katja Franzen</b> |       |         |              |      |
|    |    | 100m                     | 14.42                    | (14.42) | 100m                 | 11.58 | (11.58) |              |      |
|    |    | 500m                     | 54.37                    | (39.95) | 500m                 | 41.89 | (30.31) |              |      |

|    |    | Naam                  |                       | Cat     |                       | PR    |         | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 33 | gl | 3                     | <b>Monique Visser</b> |         | DSB                   | 46.39 |         | <b>47.47</b> |      |
|    | bl | 8                     | <b>Nicky de Looze</b> |         | DSB                   | 46.06 |         | <b>47.27</b> |      |
|    |    | <b>Monique Visser</b> |                       |         | <b>Nicky de Looze</b> |       |         |              |      |
|    |    | 100m                  | 12.81                 | (12.81) | 100m                  | 12.82 | (12.82) |              |      |
|    |    | 500m                  | 47.47                 | (34.66) | 500m                  | 47.27 | (34.45) |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 10. Uitslag HS 500 meter

| Pos | Naam                      | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|---------------------------|-----|------|------|-------|------|--------|
| 1   | 102 Tim Broere            | HSB | 39   | I    | 38.60 |      |        |
| 2   | 6 Elmar Visser            | HSA | 34   | I    | 39.09 |      |        |
| 3   | 64 Jeffrey Doornbusch     | HSB | 39   | O    | 40.38 |      |        |
| 4   | 78 Rutger Snoek           | HSA | 37   | O    | 41.15 |      |        |
| 5   | 22 Ruud Broere            | HSB | 38   | I    | 41.34 |      |        |
| 6   | 16 Pieter de Munck        | HSB | 38   | O    | 41.91 |      |        |
| 7   | 28 Bastiaan Geurts        | HSB | 37   | I    | 42.54 |      |        |
| 8   | 81 Erwin van den Boogaert | HSB | 36   | O    | 44.34 |      |        |
| 9   | 37 Willem Leeuwenburgh    | HSB | 36   | I    | 44.82 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 10. Rituitslag HS 500 meter

|    |    | Naam |       | Cat          |  | PR  |  | Tijd  | Info  |
|----|----|------|-------|--------------|--|-----|--|-------|-------|
| 34 | wt | 6    |       | Elmar Visser |  | HSA |  | 37.74 | 39.09 |
|    | rd |      |       |              |  |     |  |       |       |
|    |    |      |       | Elmar Visser |  |     |  |       |       |
|    |    | 100m | 10.61 | (10.61)      |  | m   |  |       |       |
|    |    | 500m | 39.09 | (28.48)      |  |     |  |       |       |

|    |    | Naam |  | Cat |  | PR |  | Tijd | Info |
|----|----|------|--|-----|--|----|--|------|------|
| 35 | gl |      |  |     |  |    |  |      |      |
|    | bl |      |  |     |  |    |  |      |      |
|    |    |      |  | m   |  |    |  |      |      |
|    |    |      |  | m   |  |    |  |      |      |

|    |    | Naam |       | Cat                    |  | PR   |                        | Tijd    | Info  |
|----|----|------|-------|------------------------|--|------|------------------------|---------|-------|
| 36 | wt | 37   |       | Willem Leeuwenburgh    |  | HSB  |                        | 42.61   | 44.82 |
|    | rd |      |       |                        |  |      |                        |         |       |
|    |    | 81   |       | Erwin van den Boogaert |  | HSB  |                        | 43.75   | 44.34 |
|    |    |      |       |                        |  |      |                        |         |       |
|    |    |      |       | Willem Leeuwenburgh    |  |      | Erwin van den Boogaert |         |       |
|    |    | 100m | 12.02 | (12.02)                |  | 100m | 12.03                  | (12.03) |       |
|    |    | 500m | 44.82 | (32.80)                |  | 500m | 44.34                  | (32.31) |       |

|    |    | Naam |       | Cat             |  | PR   |              | Tijd    | Info  |
|----|----|------|-------|-----------------|--|------|--------------|---------|-------|
| 37 | gl | 28   |       | Bastiaan Geurts |  | HSB  |              | 40.26   | 42.54 |
|    | bl |      |       |                 |  |      |              |         |       |
|    |    | 78   |       | Rutger Snoek    |  | HSA  |              | 39.52   | 41.15 |
|    |    |      |       |                 |  |      |              |         |       |
|    |    |      |       | Bastiaan Geurts |  |      | Rutger Snoek |         |       |
|    |    | 100m | 11.45 | (11.45)         |  | 100m | 11.39        | (11.39) |       |
|    |    | 500m | 42.54 | (31.09)         |  | 500m | 41.15        | (29.76) |       |

|    |    | Naam |       | Cat             |  | PR   |                 | Tijd    | Info  |
|----|----|------|-------|-----------------|--|------|-----------------|---------|-------|
| 38 | wt | 22   |       | Ruud Broere     |  | HSB  |                 | 39.31   | 41.34 |
|    | rd |      |       |                 |  |      |                 |         |       |
|    |    | 16   |       | Pieter de Munck |  | HSB  |                 | 39.90   | 41.91 |
|    |    |      |       |                 |  |      |                 |         |       |
|    |    |      |       | Ruud Broere     |  |      | Pieter de Munck |         |       |
|    |    | 100m | 10.96 | (10.96)         |  | 100m | 11.81           | (11.81) |       |
|    |    | 500m | 41.34 | (30.38)         |  | 500m | 41.91           | (30.10) |       |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|    |    | Naam              |                           | Cat     |                           | PR    | Tijd    | Info         |
|----|----|-------------------|---------------------------|---------|---------------------------|-------|---------|--------------|
| 39 | gl | 102               | <b>Tim Broere</b>         |         | HSB                       |       | 37.04   | <b>38.60</b> |
|    | bl | 64                | <b>Jeffrey Doornbusch</b> |         | HSB                       |       | 37.84   | <b>40.38</b> |
|    |    | <b>Tim Broere</b> |                           |         | <b>Jeffrey Doornbusch</b> |       |         |              |
|    |    | 100m              | 10.20                     | (10.20) | 100m                      | 10.91 | (10.91) |              |
|    |    | 500m              | 38.60                     | (28.40) | 500m                      | 40.38 | (29.47) |              |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 11. Uitslag DM 500 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1   | 12 Anja Bollaart     | D55 | 40   | O    | 49.89 |      |        |
| 2   | 35 Lian van Dongen   | D60 | 41   | I    | 53.19 |      |        |
| 3   | 17 Patty van Hoorn   | D50 | 41   | O    | 54.27 |      |        |
| 4   | 36 Gerita Smallegoor | D55 | 40   | I    | 54.92 |      |        |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 11. Rituitslag DM 500 meter

|    |    | Naam                     |                          | Cat     |      | PR                   |         | Tijd         | Info |
|----|----|--------------------------|--------------------------|---------|------|----------------------|---------|--------------|------|
| 40 | wt | 36                       | <b>Gerita Smallegoor</b> |         | D55  |                      | 51.01   | <b>54.92</b> |      |
|    | rd | 12                       | <b>Anja Bollaart</b>     |         | D55  |                      | 41.31   | <b>49.89</b> |      |
|    |    | <b>Gerita Smallegoor</b> |                          |         |      | <b>Anja Bollaart</b> |         |              |      |
|    |    | 100m                     | 14.43                    | (14.43) | 100m | 13.65                | (13.65) |              |      |
|    |    | 500m                     | 54.92                    | (40.49) | 500m | 49.89                | (36.24) |              |      |

|    |    | Naam                   |                        | Cat     |      | PR                     |         | Tijd         | Info |
|----|----|------------------------|------------------------|---------|------|------------------------|---------|--------------|------|
| 41 | gl | 35                     | <b>Lian van Dongen</b> |         | D60  |                        | 45.12   | <b>53.19</b> |      |
|    | bl | 17                     | <b>Patty van Hoorn</b> |         | D50  |                        | 52.22   | <b>54.27</b> |      |
|    |    | <b>Lian van Dongen</b> |                        |         |      | <b>Patty van Hoorn</b> |         |              |      |
|    |    | 100m                   | 14.39                  | (14.39) | 100m | 14.98                  | (14.98) |              |      |
|    |    | 500m                   | 53.19                  | (38.80) | 500m | 54.27                  | (39.29) |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 12. Uitslag HM 500 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1   | 77 Erik van Hooft       | H45 | 47   | I    | 43.71 |      |        |
| 2   | 32 Jonathan van Vianen  | H45 | 46   | O    | 45.21 |      |        |
| 3   | 50 Marc Nieuwenhuijse   | H40 | 47   | O    | 45.33 |      |        |
| 4   | 54 Marc de Vrieze       | H45 | 46   | I    | 45.43 |      |        |
| 5   | 5 Herbert Boender       | H45 | 45   | O    | 46.20 | HT   |        |
| 6   | 14 Kees Bollaart        | H60 | 44   | I    | 48.56 |      |        |
| 7   | 71 Johan Luttk          | H60 | 44   | O    | 50.85 |      |        |
| 8   | 111 Martienn van Bommel | H60 | 45   | I    | 51.04 |      |        |
| 9   | 55 Johan van Buuren     | H65 | 43   | I    | 52.32 |      |        |
| 10  | 20 Twan den Braber      | H70 | 43   | O    | 53.46 |      |        |
| 11  | 30 Pieter den Dunnen    | H75 | 42   | I    | 55.77 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 12. Rituitslag HM 500 meter

|    |          | Naam |                          | Cat |               | PR |       | Tijd         | Info |
|----|----------|------|--------------------------|-----|---------------|----|-------|--------------|------|
| 42 | wt<br>rd | 30   | <b>Pieter den Dunnen</b> |     | H75           |    | 42.50 | <b>55.77</b> |      |
|    |          |      | <b>Pieter den Dunnen</b> |     |               |    |       |              |      |
|    |          |      | 100m                     |     | 15.15 (15.15) |    |       | m            |      |
|    |          |      | 500m                     |     | 55.77 (40.62) |    |       |              |      |

|    |          | Naam |                         | Cat |               | PR |       | Tijd         | Info          |
|----|----------|------|-------------------------|-----|---------------|----|-------|--------------|---------------|
| 43 | gl<br>bl | 55   | <b>Johan van Buuren</b> |     | H65           |    | 46.20 | <b>52.32</b> |               |
|    |          | 20   | <b>Twan den Braber</b>  |     | H70           |    | 43.00 | <b>53.46</b> |               |
|    |          |      | <b>Johan van Buuren</b> |     |               |    |       |              |               |
|    |          |      | 100m                    |     | 13.79 (13.79) |    |       | 100m         | 14.64 (14.64) |
|    |          |      | 500m                    |     | 52.32 (38.53) |    |       | 500m         | 53.46 (38.82) |
|    |          |      | <b>Twan den Braber</b>  |     |               |    |       |              |               |
|    |          |      | 100m                    |     | 13.79 (13.79) |    |       | 100m         | 14.64 (14.64) |
|    |          |      | 500m                    |     | 52.32 (38.53) |    |       | 500m         | 53.46 (38.82) |

|    |          | Naam |                      | Cat |               | PR |       | Tijd         | Info          |
|----|----------|------|----------------------|-----|---------------|----|-------|--------------|---------------|
| 44 | wt<br>rd | 14   | <b>Kees Bollaart</b> |     | H60           |    | 43.55 | <b>48.56</b> |               |
|    |          | 71   | <b>Johan Luttk</b>   |     | H60           |    | 49.51 | <b>50.85</b> |               |
|    |          |      | <b>Kees Bollaart</b> |     |               |    |       |              |               |
|    |          |      | 100m                 |     | 13.27 (13.27) |    |       | 100m         | 13.74 (13.74) |
|    |          |      | 500m                 |     | 48.56 (35.29) |    |       | 500m         | 50.85 (37.11) |
|    |          |      | <b>Johan Luttk</b>   |     |               |    |       |              |               |
|    |          |      | 100m                 |     | 13.27 (13.27) |    |       | 100m         | 13.74 (13.74) |
|    |          |      | 500m                 |     | 48.56 (35.29) |    |       | 500m         | 50.85 (37.11) |

|    |          | Naam |                            | Cat |               | PR |       | Tijd         | Info          |
|----|----------|------|----------------------------|-----|---------------|----|-------|--------------|---------------|
| 45 | gl<br>bl | 111  | <b>Martienn van Bommel</b> |     | H60           |    | 50.83 | <b>51.04</b> |               |
|    |          | 5    | <b>Herbert Boender</b>     |     | H45           |    | 44.54 | <b>46.20</b> | HT            |
|    |          |      | <b>Martienn van Bommel</b> |     |               |    |       |              |               |
|    |          |      | 100m                       |     | 13.74 (13.74) |    |       | 100m         | 12.74 (12.74) |
|    |          |      | 500m                       |     | 51.04 (37.30) |    |       | 500m         | 46.20 (33.46) |
|    |          |      | <b>Herbert Boender</b>     |     |               |    |       |              |               |
|    |          |      | 100m                       |     | 13.74 (13.74) |    |       | 100m         | 12.74 (12.74) |
|    |          |      | 500m                       |     | 51.04 (37.30) |    |       | 500m         | 46.20 (33.46) |

|    |          | Naam |                            | Cat |               | PR |       | Tijd         | Info          |
|----|----------|------|----------------------------|-----|---------------|----|-------|--------------|---------------|
| 46 | wt<br>rd | 54   | <b>Marc de Vrieze</b>      |     | H45           |    | 41.04 | <b>45.43</b> |               |
|    |          | 32   | <b>Jonathan van Vianen</b> |     | H45           |    | 43.50 | <b>45.21</b> |               |
|    |          |      | <b>Marc de Vrieze</b>      |     |               |    |       |              |               |
|    |          |      | 100m                       |     | 12.29 (12.29) |    |       | 100m         | 12.35 (12.35) |
|    |          |      | 500m                       |     | 45.43 (33.14) |    |       | 500m         | 45.21 (32.86) |
|    |          |      | <b>Jonathan van Vianen</b> |     |               |    |       |              |               |
|    |          |      | 100m                       |     | 12.29 (12.29) |    |       | 100m         | 12.35 (12.35) |
|    |          |      | 500m                       |     | 45.43 (33.14) |    |       | 500m         | 45.21 (32.86) |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|    |    | Naam                  |                           | Cat     |                           | PR    | Tijd    | Info         |
|----|----|-----------------------|---------------------------|---------|---------------------------|-------|---------|--------------|
| 47 | gl | 77                    | <b>Erik van Hooft</b>     |         | H45                       |       | 38.72   | <b>43.71</b> |
|    | bl | 50                    | <b>Marc Nieuwenhuijse</b> |         | H40                       |       | 44.53   | <b>45.33</b> |
|    |    | <b>Erik van Hooft</b> |                           |         | <b>Marc Nieuwenhuijse</b> |       |         |              |
|    |    | 100m                  | 11.42                     | (11.42) | 100m                      | 12.69 | (12.69) |              |
|    |    | 500m                  | 43.71                     | (32.29) | 500m                      | 45.33 | (32.64) |              |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 13. Uitslag GAK 500 meter vrouwen

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1   | 70 Sara van Leeuwen  | DA2 | 53   | O    | 43.77 |      |        |
| 2   | 89 Yara van Klaveren | DB2 | 53   | I    | 47.66 |      |        |
| 3   | 88 Anne-Sophie Slob  | DB2 | 52   | O    | 49.49 |      |        |
| 4   | 99 Maud de Vries     | DB1 | 52   | I    | 49.54 |      |        |
| 5   | 10 Jade van de Rest  | DB2 | 51   | I    | 49.68 |      |        |
| 6   | 63 Merel Kramer      | DC2 | 50   | I    | 50.70 | PR   |        |
| 7   | 80 Nienke de Graaf   | DC1 | 51   | O    | 55.83 |      |        |
| 8   | 38 Yara Nap          | DB1 | 50   | O    | 56.67 |      |        |
| 9   | 43 Noor van der Ster | D65 | 48   | I    | 58.13 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 13. Rituitslag GAK 500 meter vrouwen

|    |          | Naam |                          | Cat |     | PR |       | Tijd         | Info |
|----|----------|------|--------------------------|-----|-----|----|-------|--------------|------|
| 48 | wt<br>rd | 43   | <b>Noor van der Ster</b> |     | D65 |    | 44.82 | <b>58.13</b> |      |

### Noor van der Ster

|      |       |         |  |   |  |
|------|-------|---------|--|---|--|
| 100m | 14.94 | (14.94) |  | m |  |
| 500m | 58.13 | (43.19) |  |   |  |

|    |          | Naam |  | Cat |  | PR |  | Tijd | Info |
|----|----------|------|--|-----|--|----|--|------|------|
| 49 | gl<br>bl |      |  |     |  |    |  |      |      |
|    |          |      |  |     |  |    |  |      |      |
|    |          |      |  |     |  |    |  |      |      |

|    |          | Naam |                     | Cat |     | PR |       | Tijd         | Info |
|----|----------|------|---------------------|-----|-----|----|-------|--------------|------|
| 50 | wt<br>rd | 63   | <b>Merel Kramer</b> |     | DC2 |    | 51.47 | <b>50.70</b> | PR   |
|    |          | 38   | <b>Yara Nap</b>     |     | DB1 |    | 56.66 | <b>56.67</b> |      |
|    |          |      | <b>Merel Kramer</b> |     |     |    |       |              |      |
|    |          |      |                     |     |     |    |       |              |      |
|    |          |      |                     |     |     |    |       |              |      |
|    |          |      | <b>Yara Nap</b>     |     |     |    |       |              |      |
|    |          |      |                     |     |     |    |       |              |      |
|    |          |      |                     |     |     |    |       |              |      |

|    |          | Naam |                         | Cat |     | PR |       | Tijd         | Info |
|----|----------|------|-------------------------|-----|-----|----|-------|--------------|------|
| 51 | gl<br>bl | 10   | <b>Jade van de Rest</b> |     | DB2 |    | 49.48 | <b>49.68</b> |      |
|    |          | 80   | <b>Nienke de Graaf</b>  |     | DC1 |    | 55.69 | <b>55.83</b> |      |
|    |          |      | <b>Jade van de Rest</b> |     |     |    |       |              |      |
|    |          |      |                         |     |     |    |       |              |      |
|    |          |      |                         |     |     |    |       |              |      |
|    |          |      | <b>Nienke de Graaf</b>  |     |     |    |       |              |      |
|    |          |      |                         |     |     |    |       |              |      |
|    |          |      |                         |     |     |    |       |              |      |

|    |          | Naam |                         | Cat |     | PR |       | Tijd         | Info |
|----|----------|------|-------------------------|-----|-----|----|-------|--------------|------|
| 52 | wt<br>rd | 99   | <b>Maud de Vries</b>    |     | DB1 |    | 49.12 | <b>49.54</b> |      |
|    |          | 88   | <b>Anne-Sophie Slob</b> |     | DB2 |    | 48.51 | <b>49.49</b> |      |
|    |          |      | <b>Maud de Vries</b>    |     |     |    |       |              |      |
|    |          |      |                         |     |     |    |       |              |      |
|    |          |      |                         |     |     |    |       |              |      |
|    |          |      | <b>Anne-Sophie Slob</b> |     |     |    |       |              |      |
|    |          |      |                         |     |     |    |       |              |      |
|    |          |      |                         |     |     |    |       |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|    |    | Naam                     |                          | Cat     |                         | PR    | Tijd    | Info         |
|----|----|--------------------------|--------------------------|---------|-------------------------|-------|---------|--------------|
| 53 | gl | 89                       | <b>Yara van Klaveren</b> |         | DB2                     |       | 46.60   | <b>47.66</b> |
|    | bl | 70                       | <b>Sara van Leeuwen</b>  |         | DA2                     |       | 42.48   | <b>43.77</b> |
|    |    | <b>Yara van Klaveren</b> |                          |         | <b>Sara van Leeuwen</b> |       |         |              |
|    |    | 100m                     | 12.78                    | (12.78) | 100m                    | 11.85 | (11.85) |              |
|    |    | 500m                     | 47.66                    | (34.88) | 500m                    | 43.77 | (31.92) |              |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 14. Uitslag GAK 500 meter mannen

| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1   | 61 Thomas van Berkel   | HN1 | 61   | I    | 38.73   |      |        |
| 2   | 33 Jochem Uithoven     | H40 | 60   | O    | 40.76   |      |        |
| 3   | 52 Eric de Ruijter     | H55 | 59   | O    | 43.63   |      |        |
| 4   | 110 Lars van de Griend | HB2 | 60   | I    | 43.93   |      |        |
| 5   | 4 Hugo Verhaar         | HN4 | 58   | I    | 44.10   |      |        |
| 6   | 100 Tom van den Boom   | HSB | 58   | O    | 45.26   | PR   |        |
| 7   | 65 Joas Verspui        | HC2 | 56   | O    | 46.09   | PR   |        |
| 8   | 94 Glenn Mans          | HN3 | 57   | O    | 46.14   |      |        |
| 9   | 62 Jarno de Laat       | HN4 | 59   | I    | 46.62   |      |        |
| 10  | 87 Stijn Mans          | HC2 | 57   | I    | 47.20   | PR   |        |
| 11  | 21 Peter van Horen     | H45 | 55   | O    | 48.32   |      |        |
| 12  | 79 Jesse de Graaf      | HB2 | 55   | I    | 48.92   |      |        |
| 13  | 40 johan sweep         | H60 | 56   | I    | 49.41   |      |        |
| 14  | 47 Tijmen Korevaar     | HC1 | 54   | I    | 59.80   |      |        |
| 15  | 107 Jurjen Franken     | HB2 | 54   | O    | 1:01.39 | FL   |        |
| 16  | 96 Lars Mans           | HB2 | 61   | O    | 1:12.35 | FL   |        |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 14. Rituitslag GAK 500 meter mannen

|    |    | Naam                   |                        | Cat     |                       | PR      |         | Tijd           | Info |
|----|----|------------------------|------------------------|---------|-----------------------|---------|---------|----------------|------|
| 54 | wt | 47                     | <b>Tijmen Korevaar</b> |         | HC1                   |         | 59.24   | <b>59.80</b>   |      |
|    | rd | 107                    | <b>Jurjen Franken</b>  |         | HB2                   |         | 51.08   | <b>1:01.39</b> | FL   |
|    |    | <b>Tijmen Korevaar</b> |                        |         | <b>Jurjen Franken</b> |         |         |                |      |
|    |    | 100m                   | 13.75                  | (13.75) | 100m                  | 12.51   | (12.51) |                |      |
|    |    | 500m                   | 59.80                  | (46.05) | 500m                  | 1:01.39 | (48.88) |                |      |

|    |    | Naam                  |                        | Cat     |                        | PR    |         | Tijd         | Info |
|----|----|-----------------------|------------------------|---------|------------------------|-------|---------|--------------|------|
| 55 | gl | 79                    | <b>Jesse de Graaf</b>  |         | HB2                    |       | 48.01   | <b>48.92</b> |      |
|    | bl | 21                    | <b>Peter van Horen</b> |         | H45                    |       | 46.62   | <b>48.32</b> |      |
|    |    | <b>Jesse de Graaf</b> |                        |         | <b>Peter van Horen</b> |       |         |              |      |
|    |    | 100m                  | 12.96                  | (12.96) | 100m                   | 12.94 | (12.94) |              |      |
|    |    | 500m                  | 48.92                  | (35.96) | 500m                   | 48.32 | (35.38) |              |      |

|    |    | Naam               |                     | Cat     |                     | PR    |         | Tijd         | Info |
|----|----|--------------------|---------------------|---------|---------------------|-------|---------|--------------|------|
| 56 | wt | 40                 | <b>johan sweep</b>  |         | H60                 |       | 45.83   | <b>49.41</b> |      |
|    | rd | 65                 | <b>Joas Verspui</b> |         | HC2                 |       | 46.26   | <b>46.09</b> | PR   |
|    |    | <b>johan sweep</b> |                     |         | <b>Joas Verspui</b> |       |         |              |      |
|    |    | 100m               | 13.23               | (13.23) | 100m                | 12.29 | (12.29) |              |      |
|    |    | 500m               | 49.41               | (36.18) | 500m                | 46.09 | (33.80) |              |      |

|    |    | Naam              |                   | Cat     |                   | PR    |         | Tijd         | Info |
|----|----|-------------------|-------------------|---------|-------------------|-------|---------|--------------|------|
| 57 | gl | 87                | <b>Stijn Mans</b> |         | HC2               |       | 47.94   | <b>47.20</b> | PR   |
|    | bl | 94                | <b>Glenn Mans</b> |         | HN3               |       | 45.89   | <b>46.14</b> |      |
|    |    | <b>Stijn Mans</b> |                   |         | <b>Glenn Mans</b> |       |         |              |      |
|    |    | 100m              | 12.53             | (12.53) | 100m              | 12.71 | (12.71) |              |      |
|    |    | 500m              | 47.20             | (34.67) | 500m              | 46.14 | (33.43) |              |      |

|    |    | Naam                |                         | Cat     |                         | PR    |         | Tijd         | Info |
|----|----|---------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 58 | wt | 4                   | <b>Hugo Verhaar</b>     |         | HN4                     |       | 44.01   | <b>44.10</b> |      |
|    | rd | 100                 | <b>Tom van den Boom</b> |         | HSB                     |       | 45.63   | <b>45.26</b> | PR   |
|    |    | <b>Hugo Verhaar</b> |                         |         | <b>Tom van den Boom</b> |       |         |              |      |
|    |    | 100m                | 11.85                   | (11.85) | 100m                    | 12.12 | (12.12) |              |      |
|    |    | 500m                | 44.10                   | (32.25) | 500m                    | 45.26 | (33.14) |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|    |    | Naam                 |                        | Cat     |                        | PR    |         | Tijd         | Info |
|----|----|----------------------|------------------------|---------|------------------------|-------|---------|--------------|------|
| 59 | gl | 62                   | <b>Jarno de Laat</b>   |         | HN4                    |       | 45.27   | <b>46.62</b> |      |
|    | bl | 52                   | <b>Eric de Ruijter</b> |         | H55                    |       | 40.40   | <b>43.63</b> |      |
|    |    | <b>Jarno de Laat</b> |                        |         | <b>Eric de Ruijter</b> |       |         |              |      |
|    |    | 100m                 | 12.25                  | (12.25) | 100m                   | 11.85 | (11.85) |              |      |
|    |    | 500m                 | 46.62                  | (34.37) | 500m                   | 43.63 | (31.78) |              |      |

|    |    | Naam                      |                           | Cat     |                        | PR    |         | Tijd         | Info |
|----|----|---------------------------|---------------------------|---------|------------------------|-------|---------|--------------|------|
| 60 | wt | 110                       | <b>Lars van de Griend</b> |         | HB2                    |       | 42.93   | <b>43.93</b> |      |
|    | rd | 33                        | <b>Jochem Uithoven</b>    |         | H40                    |       | 38.15   | <b>40.76</b> |      |
|    |    | <b>Lars van de Griend</b> |                           |         | <b>Jochem Uithoven</b> |       |         |              |      |
|    |    | 100m                      | 12.06                     | (12.06) | 100m                   | 11.36 | (11.36) |              |      |
|    |    | 500m                      | 43.93                     | (31.87) | 500m                   | 40.76 | (29.40) |              |      |

|    |    | Naam                     |                          | Cat     |                  | PR      |         | Tijd           | Info |
|----|----|--------------------------|--------------------------|---------|------------------|---------|---------|----------------|------|
| 61 | gl | 61                       | <b>Thomas van Berkel</b> |         | HN1              |         | 38.36   | <b>38.73</b>   |      |
|    | bl | 96                       | <b>Lars Mans</b>         |         | HB2              |         | 38.61   | <b>1:12.35</b> | FL   |
|    |    | <b>Thomas van Berkel</b> |                          |         | <b>Lars Mans</b> |         |         |                |      |
|    |    | 100m                     | 10.65                    | (10.65) | 100m             | 10.78   | (10.78) |                |      |
|    |    | 500m                     | 38.73                    | (28.08) | 500m             | 1:12.35 | (61.57) |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 15. Uitslag DC 1000 meter

| Pos | Naam                           | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|--------------------------------|-----|------|------|----------------|------|--------|
| 1   | 82 <b>Martha Trude Brehmer</b> | DC2 | 65   | I    | <b>1:30.57</b> |      |        |
| 2   | 76 <b>Carlijn te Poele</b>     | DC1 | 65   | O    | <b>1:32.62</b> | PR   |        |
| 3   | 112 <b>Ziva Samson</b>         | DC2 | 64   | O    | <b>1:36.58</b> | PR   |        |
| 4   | 84 <b>Hiba Pals</b>            | DC1 | 64   | I    | <b>1:39.14</b> |      |        |
| 5   | 74 <b>Maartje van Dijck</b>    | DC2 | 63   | I    | <b>1:42.43</b> |      |        |
| 6   | 45 <b>Tamar Wolters</b>        | DC2 | 63   | O    | <b>1:43.51</b> |      |        |
| 7   | 56 <b>Anna van Dalen</b>       | DC1 | 62   | I    | <b>1:53.90</b> |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 15. Rituitslag DC 1000 meter

|    |          | Naam |                       | Cat |     | PR |         | Tijd           | Info |
|----|----------|------|-----------------------|-----|-----|----|---------|----------------|------|
| 62 | wt<br>rd | 56   | <b>Anna van Dalen</b> |     | DC1 |    | 1:53.51 | <b>1:53.90</b> |      |

### Anna van Dalen

|       |         |         |   |  |  |
|-------|---------|---------|---|--|--|
| 200m  | 23.99   | (23.99) | m |  |  |
| 600m  | 1:08.26 | (44.27) |   |  |  |
| 1000m | 1:53.90 | (45.64) |   |  |  |

|    |    | Naam |                          | Cat |     | PR |         | Tijd           | Info |
|----|----|------|--------------------------|-----|-----|----|---------|----------------|------|
| 63 | gl | 74   | <b>Maartje van Dijck</b> |     | DC2 |    | 1:40.13 | <b>1:42.43</b> |      |
|    | bl | 45   | <b>Tamar Wolters</b>     |     | DC2 |    | 1:40.60 | <b>1:43.51</b> |      |

### Maartje van Dijck

|       |         |         |  |  |  |
|-------|---------|---------|--|--|--|
| 200m  | 23.38   | (23.38) |  |  |  |
| 600m  | 1:04.04 | (40.66) |  |  |  |
| 1000m | 1:42.43 | (38.39) |  |  |  |

### Tamar Wolters

|       |         |         |  |  |  |
|-------|---------|---------|--|--|--|
| 200m  | 24.70   | (24.70) |  |  |  |
| 600m  | 1:04.19 | (39.49) |  |  |  |
| 1000m | 1:43.51 | (39.32) |  |  |  |

|    |    | Naam |                    | Cat |     | PR |         | Tijd           | Info |
|----|----|------|--------------------|-----|-----|----|---------|----------------|------|
| 64 | wt | 84   | <b>Hiba Pals</b>   |     | DC1 |    | 1:36.42 | <b>1:39.14</b> |      |
|    | rd | 112  | <b>Ziva Samson</b> |     | DC2 |    | 1:37.39 | <b>1:36.58</b> | PR   |

### Hiba Pals

|       |         |         |  |  |  |
|-------|---------|---------|--|--|--|
| 200m  | 22.73   | (22.73) |  |  |  |
| 600m  | 59.81   | (37.08) |  |  |  |
| 1000m | 1:39.14 | (39.33) |  |  |  |

### Ziva Samson

|       |         |         |  |  |  |
|-------|---------|---------|--|--|--|
| 200m  | 22.22   | (22.22) |  |  |  |
| 600m  | 58.17   | (35.95) |  |  |  |
| 1000m | 1:36.58 | (38.41) |  |  |  |

|    |    | Naam |                             | Cat |     | PR |         | Tijd           | Info |
|----|----|------|-----------------------------|-----|-----|----|---------|----------------|------|
| 65 | gl | 82   | <b>Martha Trude Brehmer</b> |     | DC2 |    | 1:27.66 | <b>1:30.57</b> |      |
|    | bl | 76   | <b>Carlijn te Poele</b>     |     | DC1 |    | 1:33.78 | <b>1:32.62</b> | PR   |

### Martha Trude Brehmer

|       |         |         |  |  |  |
|-------|---------|---------|--|--|--|
| 200m  | 20.99   | (20.99) |  |  |  |
| 600m  | 54.84   | (33.85) |  |  |  |
| 1000m | 1:30.57 | (35.73) |  |  |  |

### Carlijn te Poele

|       |         |         |  |  |  |
|-------|---------|---------|--|--|--|
| 200m  | 20.80   | (20.80) |  |  |  |
| 600m  | 55.34   | (34.54) |  |  |  |
| 1000m | 1:32.62 | (37.28) |  |  |  |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 16. Uitslag HC 1000 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 66 Sep de Kraker     | HC1 | 72   | O    | 1:23.49 | PR   |        |
| 2   | 104 Ramzi Coenraad   | HC2 | 73   | O    | 1:24.07 |      |        |
| 3   | 25 Ryan Brina        | HC2 | 72   | I    | 1:24.81 | PR   |        |
| 4   | 18 Lars Peute        | HC1 | 73   | I    | 1:25.98 | PR   |        |
| 5   | 75 Jake Knapen       | HC1 | 71   | I    | 1:31.61 | PR   |        |
| 6   | 93 Sem Berden        | HC2 | 69   | I    | 1:31.66 | PR   |        |
| 7   | 53 Yanick Stegeman   | HC2 | 70   | O    | 1:33.41 | PR   |        |
| 8   | 19 Rens van Horen    | HC1 | 71   | O    | 1:35.85 |      |        |
| 9   | 68 Ralph Mostert     | HC1 | 69   | O    | 1:35.88 | PR   |        |
| 10  | 1 Boaz Damminga      | HC1 | 68   | I    | 1:37.10 | PR   |        |
| 11  | 41 Pieter Lankhaar   | HC1 | 70   | I    | 1:38.88 |      |        |
| 12  | 11 Jouke den Hartog  | HC1 | 68   | O    | 1:39.50 | PR   |        |
| 13  | 109 Ingmar Verhoeven | HC2 | 66   | I    | 1:46.06 |      |        |
| 14  | 106 Stef Aerts       | HC1 | 66   | O    | 1:47.92 | PR   |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 16. Rituitslag HC 1000 meter

|    |    | Naam |                         | Cat |     | PR |  | Tijd    | Info              |
|----|----|------|-------------------------|-----|-----|----|--|---------|-------------------|
| 66 | wt | 109  | <b>Ingmar Verhoeven</b> |     | HC2 |    |  | 1:43.74 | <b>1:46.06</b>    |
|    | rd | 106  | <b>Stef Aerts</b>       |     | HC1 |    |  | 1:50.02 | <b>1:47.92</b> PR |

### Ingmar Verhoeven

|       |         |         |
|-------|---------|---------|
| 200m  | 23.43   | (23.43) |
| 600m  | 1:03.66 | (40.23) |
| 1000m | 1:46.06 | (42.40) |

### Stef Aerts

|       |         |         |
|-------|---------|---------|
| 200m  | 24.08   | (24.08) |
| 600m  | 1:05.59 | (41.51) |
| 1000m | 1:47.92 | (42.33) |

|    |    | Naam |  | Cat |  | PR |  | Tijd | Info |
|----|----|------|--|-----|--|----|--|------|------|
| 67 | gl |      |  |     |  |    |  |      |      |
|    | bl |      |  |     |  |    |  |      |      |

m

m

|    |    | Naam |                         | Cat |     | PR |  | Tijd    | Info              |
|----|----|------|-------------------------|-----|-----|----|--|---------|-------------------|
| 68 | wt | 1    | <b>Boaz Damminga</b>    |     | HC1 |    |  | 1:40.59 | <b>1:37.10</b> PR |
|    | rd | 11   | <b>Jouke den Hartog</b> |     | HC1 |    |  | 1:41.53 | <b>1:39.50</b> PR |

### Boaz Damminga

|       |         |         |
|-------|---------|---------|
| 200m  | 21.50   | (21.50) |
| 600m  | 58.70   | (37.20) |
| 1000m | 1:37.10 | (38.40) |

### Jouke den Hartog

|       |         |         |
|-------|---------|---------|
| 200m  | 22.11   | (22.11) |
| 600m  | 59.16   | (37.05) |
| 1000m | 1:39.50 | (40.34) |

|    |    | Naam |                      | Cat |     | PR |  | Tijd    | Info              |
|----|----|------|----------------------|-----|-----|----|--|---------|-------------------|
| 69 | gl | 93   | <b>Sem Berden</b>    |     | HC2 |    |  | 1:40.17 | <b>1:31.66</b> PR |
|    | bl | 68   | <b>Ralph Mostert</b> |     | HC1 |    |  | 1:38.97 | <b>1:35.88</b> PR |

### Sem Berden

|       |         |         |
|-------|---------|---------|
| 200m  | 20.45   | (20.45) |
| 600m  | 54.64   | (34.19) |
| 1000m | 1:31.66 | (37.02) |

### Ralph Mostert

|       |         |         |
|-------|---------|---------|
| 200m  | 21.46   | (21.46) |
| 600m  | 57.12   | (35.66) |
| 1000m | 1:35.88 | (38.76) |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|    |    | Naam                   |                        |         | Cat                    |         |         | PR      | Tijd           | Info |
|----|----|------------------------|------------------------|---------|------------------------|---------|---------|---------|----------------|------|
| 70 | wt | 41                     | <b>Pieter Lankhaar</b> |         | HC1                    |         |         | 1:38.01 | <b>1:38.88</b> |      |
|    | rd | 53                     | <b>Yanick Stegeman</b> |         | HC2                    |         |         | 1:38.62 | <b>1:33.41</b> | PR   |
|    |    | <b>Pieter Lankhaar</b> |                        |         | <b>Yanick Stegeman</b> |         |         |         |                |      |
|    |    | 200m                   | 21.91                  | (21.91) | 200m                   | 20.37   | (20.37) |         |                |      |
|    |    | 600m                   | 58.68                  | (36.77) | 600m                   | 55.09   | (34.72) |         |                |      |
|    |    | 1000m                  | 1:38.88                | (40.20) | 1000m                  | 1:33.41 | (38.32) |         |                |      |

|    |    | Naam               |                       |         | Cat                   |         |         | PR      | Tijd           | Info |
|----|----|--------------------|-----------------------|---------|-----------------------|---------|---------|---------|----------------|------|
| 71 | gl | 75                 | <b>Jake Knapen</b>    |         | HC1                   |         |         | 1:33.25 | <b>1:31.61</b> | PR   |
|    | bl | 19                 | <b>Rens van Horen</b> |         | HC1                   |         |         | 1:32.85 | <b>1:35.85</b> |      |
|    |    | <b>Jake Knapen</b> |                       |         | <b>Rens van Horen</b> |         |         |         |                |      |
|    |    | 200m               | 20.35                 | (20.35) | 200m                  | 21.50   | (21.50) |         |                |      |
|    |    | 600m               | 54.24                 | (33.89) | 600m                  | 56.98   | (35.48) |         |                |      |
|    |    | 1000m              | 1:31.61               | (37.37) | 1000m                 | 1:35.85 | (38.87) |         |                |      |

|    |    | Naam              |                      |         | Cat                  |         |         | PR      | Tijd           | Info |
|----|----|-------------------|----------------------|---------|----------------------|---------|---------|---------|----------------|------|
| 72 | wt | 25                | <b>Ryan Brina</b>    |         | HC2                  |         |         | 1:24.92 | <b>1:24.81</b> | PR   |
|    | rd | 66                | <b>Sep de Kraker</b> |         | HC1                  |         |         | 1:24.64 | <b>1:23.49</b> | PR   |
|    |    | <b>Ryan Brina</b> |                      |         | <b>Sep de Kraker</b> |         |         |         |                |      |
|    |    | 200m              | 19.74                | (19.74) | 200m                 | 19.44   | (19.44) |         |                |      |
|    |    | 600m              | 50.59                | (30.85) | 600m                 | 49.98   | (30.54) |         |                |      |
|    |    | 1000m             | 1:24.81              | (34.22) | 1000m                | 1:23.49 | (33.51) |         |                |      |

|    |    | Naam              |                       |         | Cat                   |         |         | PR      | Tijd           | Info |
|----|----|-------------------|-----------------------|---------|-----------------------|---------|---------|---------|----------------|------|
| 73 | gl | 18                | <b>Lars Peute</b>     |         | HC1                   |         |         | 1:26.76 | <b>1:25.98</b> | PR   |
|    | bl | 104               | <b>Ramzi Coenraad</b> |         | HC2                   |         |         | 1:19.34 | <b>1:24.07</b> |      |
|    |    | <b>Lars Peute</b> |                       |         | <b>Ramzi Coenraad</b> |         |         |         |                |      |
|    |    | 200m              | 19.73                 | (19.73) | 200m                  | 18.88   | (18.88) |         |                |      |
|    |    | 600m              | 51.31                 | (31.58) | 600m                  | 49.80   | (30.92) |         |                |      |
|    |    | 1000m             | 1:25.98               | (34.67) | 1000m                 | 1:24.07 | (34.27) |         |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 17. Uitslag DB 1000 meter

| Pos | Naam              | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------|-----|------|------|---------|------|--------|
| 1   | 57 Amina Dillmann | DB1 | 79   | O    | 1:30.88 |      |        |
| 2   | 95 Maud Groenen   | DB1 | 78   | I    | 1:31.47 |      |        |
| 3   | 83 Youssra Pals   | DB1 | 79   | I    | 1:31.78 |      |        |
| 4   | 7 Roos de Vrieze  | DB2 | 76   | I    | 1:34.00 |      |        |
| 5   | 60 Naomi Wessels  | DB1 | 74   | I    | 1:34.11 |      |        |
| 6   | 85 Yasmine Pals   | DB1 | 77   | I    | 1:37.55 |      |        |
| 7   | 27 Lonneke Merkx  | DB2 | 78   | O    | 1:37.89 |      |        |
| 8   | 58 Isa Boer       | DB2 | 77   | O    | 1:38.52 | PR   |        |
| 9   | 31 Bregje Bogers  | DB1 | 76   | O    | 1:43.82 |      |        |
| 10  | 2 Manoa Damminga  | DB1 | 74   | O    | 1:58.45 | PR   |        |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 17. Rituitslag DB 1000 meter

|    |    | Naam                 |                       | Cat     |                       | PR      |         | Tijd           | Info |
|----|----|----------------------|-----------------------|---------|-----------------------|---------|---------|----------------|------|
| 74 | wt | 60                   | <b>Naomi Wessels</b>  |         | DB1                   |         |         | <b>1:34.11</b> |      |
|    | rd | 2                    | <b>Manoa Damminga</b> |         | DB1                   | 2:07.42 |         | <b>1:58.45</b> | PR   |
|    |    | <b>Naomi Wessels</b> |                       |         | <b>Manoa Damminga</b> |         |         |                |      |
|    |    | 200m                 | 21.95                 | (21.95) | 200m                  | 25.24   | (25.24) |                |      |
|    |    | 600m                 | 56.23                 | (34.28) | 600m                  | 1:10.38 | (45.14) |                |      |
|    |    | 1000m                | 1:34.11               | (37.88) | 1000m                 | 1:58.45 | (48.07) |                |      |

|    |    | Naam |  | Cat |   | PR |  | Tijd | Info |
|----|----|------|--|-----|---|----|--|------|------|
| 75 | gl |      |  |     |   |    |  |      |      |
|    | bl |      |  |     |   |    |  |      |      |
|    |    | m    |  |     | m |    |  |      |      |

|    |    | Naam                  |                       | Cat     |                      | PR      |         | Tijd           | Info |
|----|----|-----------------------|-----------------------|---------|----------------------|---------|---------|----------------|------|
| 76 | wt | 7                     | <b>Roos de Vrieze</b> |         | DB2                  | 1:31.89 |         | <b>1:34.00</b> |      |
|    | rd | 31                    | <b>Bregje Bogers</b>  |         | DB1                  | 1:36.83 |         | <b>1:43.82</b> |      |
|    |    | <b>Roos de Vrieze</b> |                       |         | <b>Bregje Bogers</b> |         |         |                |      |
|    |    | 200m                  | 21.85                 | (21.85) | 200m                 | 23.31   | (23.31) |                |      |
|    |    | 600m                  | 56.05                 | (34.20) | 600m                 | 1:00.95 | (37.64) |                |      |
|    |    | 1000m                 | 1:34.00               | (37.95) | 1000m                | 1:43.82 | (42.87) |                |      |

|    |    | Naam                |                     | Cat     |                 | PR      |         | Tijd           | Info |
|----|----|---------------------|---------------------|---------|-----------------|---------|---------|----------------|------|
| 77 | gl | 85                  | <b>Yasmine Pals</b> |         | DB1             | 1:37.31 |         | <b>1:37.55</b> |      |
|    | bl | 58                  | <b>Isa Boer</b>     |         | DB2             | 1:41.52 |         | <b>1:38.52</b> | PR   |
|    |    | <b>Yasmine Pals</b> |                     |         | <b>Isa Boer</b> |         |         |                |      |
|    |    | 200m                | 22.55               | (22.55) | 200m            | 22.60   | (22.60) |                |      |
|    |    | 600m                | 58.91               | (36.36) | 600m            | 59.40   | (36.80) |                |      |
|    |    | 1000m               | 1:37.55             | (38.64) | 1000m           | 1:38.52 | (39.12) |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|       |    | Naam                |                       |         | Cat                   |         |         | PR      | Tijd           | Info |
|-------|----|---------------------|-----------------------|---------|-----------------------|---------|---------|---------|----------------|------|
| 78    | wt | 95                  | <b>Maud Groenen</b>   |         | DB1                   |         |         | 1:28.89 | <b>1:31.47</b> |      |
|       | rd | 27                  | <b>Lonneke Merkx</b>  |         | DB2                   |         |         | 1:29.98 | <b>1:37.89</b> |      |
|       |    | <b>Maud Groenen</b> |                       |         | <b>Lonneke Merkx</b>  |         |         |         |                |      |
|       |    | 200m                | 20.70                 | (20.70) | 200m                  | 22.02   | (22.02) |         |                |      |
|       |    | 600m                | 54.85                 | (34.15) | 600m                  | 57.82   | (35.80) |         |                |      |
|       |    | 1000m               | 1:31.47               | (36.62) | 1000m                 | 1:37.89 | (40.07) |         |                |      |
| <hr/> |    |                     |                       |         |                       |         |         |         |                |      |
|       |    | Naam                |                       |         | Cat                   |         |         | PR      | Tijd           | Info |
| 79    | gl | 83                  | <b>Youssra Pals</b>   |         | DB1                   |         |         | 1:30.66 | <b>1:31.78</b> |      |
|       | bl | 57                  | <b>Amina Dillmann</b> |         | DB1                   |         |         | 1:29.16 | <b>1:30.88</b> |      |
|       |    | <b>Youssra Pals</b> |                       |         | <b>Amina Dillmann</b> |         |         |         |                |      |
|       |    | 200m                | 20.97                 | (20.97) | 200m                  | 21.10   | (21.10) |         |                |      |
|       |    | 600m                | 54.08                 | (33.11) | 600m                  | 54.81   | (33.71) |         |                |      |
|       |    | 1000m               | 1:31.78               | (37.70) | 1000m                 | 1:30.88 | (36.07) |         |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 18. Uitslag HB 1000 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 69 Daan Segers       | HB2 | 83   | I    | 1:20.49 |      |        |
| 2   | 42 Laurens de Putter | HB1 | 83   | O    | 1:21.32 |      |        |
| 3   | 46 Leander Korevaar  | HB1 | 82   | O    | 1:25.22 |      |        |
| 4   | 9 Senne van de Rest  | HB1 | 82   | I    | 1:27.02 | PR   |        |
| 5   | 105 Marick Morsheim  | HB2 | 81   | I    | 1:34.04 |      |        |
| 6   | 91 Mees Eppinga      | HB2 | 80   | I    | 1:36.79 | PR   |        |
| 7   | 108 Boris Pieneman   | HB1 | 81   | O    | 1:40.35 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 18. Rituitslag HB 1000 meter

|    |          | Naam |                     | Cat |     | PR |         | Tijd           | Info |
|----|----------|------|---------------------|-----|-----|----|---------|----------------|------|
| 80 | wt<br>rd | 91   | <b>Mees Eppinga</b> |     | HB2 |    | 1:41.72 | <b>1:36.79</b> | PR   |

### Mees Eppinga

|       |         |         |   |
|-------|---------|---------|---|
| 200m  | 21.85   | (21.85) | m |
| 600m  | 58.15   | (36.30) |   |
| 1000m | 1:36.79 | (38.64) |   |

|    |    | Naam |                        | Cat |     | PR |         | Tijd           | Info |
|----|----|------|------------------------|-----|-----|----|---------|----------------|------|
| 81 | gl | 105  | <b>Marick Morsheim</b> |     | HB2 |    | 1:32.88 | <b>1:34.04</b> |      |
|    | bl | 108  | <b>Boris Pieneman</b>  |     | HB1 |    | 1:38.22 | <b>1:40.35</b> |      |

### Marick Morsheim

|       |         |         |
|-------|---------|---------|
| 200m  | 21.22   | (21.22) |
| 600m  | 56.43   | (35.21) |
| 1000m | 1:34.04 | (37.61) |

### Boris Pieneman

|       |         |         |
|-------|---------|---------|
| 200m  | 22.12   | (22.12) |
| 600m  | 59.50   | (37.38) |
| 1000m | 1:40.35 | (40.85) |

|    |    | Naam |                          | Cat |     | PR |         | Tijd           | Info |
|----|----|------|--------------------------|-----|-----|----|---------|----------------|------|
| 82 | wt | 9    | <b>Senne van de Rest</b> |     | HB1 |    | 1:28.62 | <b>1:27.02</b> | PR   |
|    | rd | 46   | <b>Leander Korevaar</b>  |     | HB1 |    | 1:25.12 | <b>1:25.22</b> |      |

### Senne van de Rest

|       |         |         |
|-------|---------|---------|
| 200m  | 19.98   | (19.98) |
| 600m  | 52.41   | (32.43) |
| 1000m | 1:27.02 | (34.61) |

### Leander Korevaar

|       |         |         |
|-------|---------|---------|
| 200m  | 20.23   | (20.23) |
| 600m  | 51.38   | (31.15) |
| 1000m | 1:25.22 | (33.84) |

|    |    | Naam |                          | Cat |     | PR |         | Tijd           | Info |
|----|----|------|--------------------------|-----|-----|----|---------|----------------|------|
| 83 | gl | 69   | <b>Daan Segers</b>       |     | HB2 |    | 1:19.26 | <b>1:20.49</b> |      |
|    | bl | 42   | <b>Laurens de Putter</b> |     | HB1 |    | 1:19.73 | <b>1:21.32</b> |      |

### Daan Segers

|       |         |         |
|-------|---------|---------|
| 200m  | 18.82   | (18.82) |
| 600m  | 48.70   | (29.88) |
| 1000m | 1:20.49 | (31.79) |

### Laurens de Putter

|       |         |         |
|-------|---------|---------|
| 200m  | 18.98   | (18.98) |
| 600m  | 48.65   | (29.67) |
| 1000m | 1:21.32 | (32.67) |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 19. Uitslag DA 1000 meter

| Pos | Naam              | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------|-----|------|------|---------|------|--------|
| 1   | 67 Melle Boeijen  | DA1 | 85   | I    | 1:33.54 |      |        |
| 2   | 59 Elise Kortleve | DA1 | 85   | O    | 1:37.57 |      |        |
| 3   | 97 Nynke van Rijs | DA1 | 84   | I    | 1:45.38 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 19. Rituitslag DA 1000 meter

|       |          | Naam                  |                       | Cat     |         | PR                    |         | Tijd           | Info    |  |
|-------|----------|-----------------------|-----------------------|---------|---------|-----------------------|---------|----------------|---------|--|
| 84    | wt<br>rd | 97                    | <b>Nynke van Rijs</b> |         | DA1     |                       | 1:39.82 | <b>1:45.38</b> |         |  |
|       |          | <b>Nynke van Rijs</b> |                       |         |         |                       |         |                |         |  |
|       |          |                       | 200m                  | 23.26   | (23.26) |                       | m       |                |         |  |
|       |          |                       | 600m                  | 1:03.32 | (40.06) |                       |         |                |         |  |
|       |          | 1000m                 | 1:45.38               | (42.06) |         |                       |         |                |         |  |
| <hr/> |          |                       |                       |         |         |                       |         |                |         |  |
|       |          | Naam                  |                       | Cat     |         | PR                    |         | Tijd           | Info    |  |
| 85    | gl<br>bl | 67                    | <b>Melle Boeijen</b>  |         | DA1     |                       | 1:26.39 | <b>1:33.54</b> |         |  |
|       |          | 59                    | <b>Elise Kortleve</b> |         | DA1     |                       | 1:34.62 | <b>1:37.57</b> |         |  |
|       |          | <b>Melle Boeijen</b>  |                       |         |         | <b>Elise Kortleve</b> |         |                |         |  |
|       |          |                       | 200m                  | 21.00   | (21.00) |                       | 200m    | 23.04          | (23.04) |  |
|       |          | 600m                  | 55.26                 | (34.26) |         | 600m                  | 59.77   | (36.73)        |         |  |
|       |          | 1000m                 | 1:33.54               | (38.28) |         | 1000m                 | 1:37.57 | (37.80)        |         |  |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 20. Uitslag HA 1000 meter

| Pos | Naam             | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------|-----|------|------|---------|------|--------|
| 1   | 90 Max Eppinga   | HA2 | 89   | I    | 1:21.60 | PR   |        |
| 2   | 34 Boaz Buter    | HA2 | 88   | I    | 1:23.12 |      |        |
| 3   | 92 Daan Brokking | HA1 | 89   | O    | 1:25.59 |      |        |
| 4   | 73 Tom van Dijck | HA2 | 88   | O    | 1:26.55 |      |        |
| 5   | 98 Tobi Raams    | HA1 | 86   | I    | 1:30.40 |      |        |
| 6   | 51 Wessel Schut  | HA1 | 86   | O    | 1:39.05 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 20. Rituitslag HA 1000 meter

|    |    | Naam              |                     | Cat     |                     | PR      |         | Tijd           | Info |
|----|----|-------------------|---------------------|---------|---------------------|---------|---------|----------------|------|
| 86 | wt | 98                | <b>Tobi Raams</b>   |         | HA1                 |         | 1:28.72 | <b>1:30.40</b> |      |
|    | rd | 51                | <b>Wessel Schut</b> |         | HA1                 |         | 1:37.31 | <b>1:39.05</b> |      |
|    |    | <b>Tobi Raams</b> |                     |         | <b>Wessel Schut</b> |         |         |                |      |
|    |    | 200m              | 20.31               | (20.31) | 200m                | 21.37   | (21.37) |                |      |
|    |    | 600m              | 53.52               | (33.21) | 600m                | 58.17   | (36.80) |                |      |
|    |    | 1000m             | 1:30.40             | (36.88) | 1000m               | 1:39.05 | (40.88) |                |      |

|    |    | Naam |  | Cat |   | PR |  | Tijd | Info |
|----|----|------|--|-----|---|----|--|------|------|
| 87 | gl |      |  |     |   |    |  |      |      |
|    | bl |      |  |     |   |    |  |      |      |
|    |    | m    |  |     | m |    |  |      |      |

|    |    | Naam              |                      | Cat     |                      | PR      |         | Tijd           | Info |
|----|----|-------------------|----------------------|---------|----------------------|---------|---------|----------------|------|
| 88 | wt | 34                | <b>Boaz Buter</b>    |         | HA2                  |         | 1:21.89 | <b>1:23.12</b> |      |
|    | rd | 73                | <b>Tom van Dijck</b> |         | HA2                  |         | 1:23.18 | <b>1:26.55</b> |      |
|    |    | <b>Boaz Buter</b> |                      |         | <b>Tom van Dijck</b> |         |         |                |      |
|    |    | 200m              | 19.68                | (19.68) | 200m                 | 20.60   | (20.60) |                |      |
|    |    | 600m              | 50.78                | (31.10) | 600m                 | 52.68   | (32.08) |                |      |
|    |    | 1000m             | 1:23.12              | (32.34) | 1000m                | 1:26.55 | (33.87) |                |      |

|    |    | Naam               |                      | Cat     |                      | PR      |         | Tijd           | Info |
|----|----|--------------------|----------------------|---------|----------------------|---------|---------|----------------|------|
| 89 | gl | 90                 | <b>Max Eppinga</b>   |         | HA2                  |         | 1:21.77 | <b>1:21.60</b> | PR   |
|    | bl | 92                 | <b>Daan Brokking</b> |         | HA1                  |         | 1:24.49 | <b>1:25.59</b> |      |
|    |    | <b>Max Eppinga</b> |                      |         | <b>Daan Brokking</b> |         |         |                |      |
|    |    | 200m               | 19.58                | (19.58) | 200m                 | 19.33   | (19.33) |                |      |
|    |    | 600m               | 50.04                | (30.46) | 600m                 | 51.43   | (32.10) |                |      |
|    |    | 1000m              | 1:21.60              | (31.56) | 1000m                | 1:25.59 | (34.16) |                |      |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 21. Uitslag DN 1000 meter

| Pos | Naam                      | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1   | 103 Carlijn Oude Vrielink | DN2 | 90   | O    | 1:43.08 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 21. Rituitslag DN 1000 meter

|    | Naam     | Cat                              | PR    | Tijd    | Info                         |
|----|----------|----------------------------------|-------|---------|------------------------------|
| 90 | wt<br>rd | 103 <b>Carlijn Oude Vrielink</b> | DN2   | 1:38.57 | <b>1:43.08</b>               |
|    |          |                                  |       |         | <b>Carlijn Oude Vrielink</b> |
|    |          | m                                | 200m  | 22.80   | (22.80)                      |
|    |          |                                  | 600m  | 1:02.01 | (39.21)                      |
|    |          |                                  | 1000m | 1:43.08 | (41.07)                      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 22. Uitslag HN 1000 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|--------------------------|-----|------|------|----------------|------|--------|
| 1   | 13 <b>Nomdo de Heer</b>  | HN4 | 92   | I    | <b>1:17.76</b> |      |        |
| 2   | 15 <b>Jeroen de Heer</b> | HN2 | 92   | O    | <b>1:23.79</b> |      |        |
| 3   | 39 <b>Thomas Ros</b>     | HN4 | 91   | I    | <b>1:28.51</b> |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 22. Rituitslag HN 1000 meter

|    |          | Naam |                       | Cat     |         | PR |         | Tijd           | Info |
|----|----------|------|-----------------------|---------|---------|----|---------|----------------|------|
| 91 | wt<br>rd | 39   | <b>Thomas Ros</b>     |         | HN4     |    | 1:25.43 | <b>1:28.51</b> |      |
|    |          |      | <b>Thomas Ros</b>     |         |         |    |         |                |      |
|    |          |      | 200m                  | 20.04   | (20.04) |    |         |                | m    |
|    |          |      | 600m                  | 52.28   | (32.24) |    |         |                |      |
|    |          |      | 1000m                 | 1:28.51 | (36.23) |    |         |                |      |
|    |          |      |                       |         |         |    |         |                |      |
|    |          | Naam |                       | Cat     |         | PR |         | Tijd           | Info |
| 92 | gl       | 13   | <b>Nomdo de Heer</b>  |         | HN4     |    | 1:15.37 | <b>1:17.76</b> |      |
|    | bl       | 15   | <b>Jeroen de Heer</b> |         | HN2     |    | 1:19.31 | <b>1:23.79</b> |      |
|    |          |      | <b>Nomdo de Heer</b>  |         |         |    |         |                |      |
|    |          |      | 200m                  | 18.33   | (18.33) |    |         |                |      |
|    |          |      | 600m                  | 47.10   | (28.77) |    |         |                |      |
|    |          |      | 1000m                 | 1:17.76 | (30.66) |    |         |                |      |
|    |          |      | <b>Jeroen de Heer</b> |         |         |    |         |                |      |
|    |          |      | 200m                  | 19.55   | (19.55) |    |         |                |      |
|    |          |      | 600m                  | 50.62   | (31.07) |    |         |                |      |
|    |          |      | 1000m                 | 1:23.79 | (33.17) |    |         |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 23. Uitslag DS 1000 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 44 Katja Franzen     | DSB | 94   | O    | 1:24.48 |      |        |
| 2   | 8 Nicky de Looze     | DSB | 94   | I    | 1:34.30 |      |        |
| 3   | 3 Monique Visser     | DSB | 93   | I    | 1:41.01 |      |        |
| 4   | 29 Daniëlle Frijters | DSB | 93   | O    | 1:52.06 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 23. Rituitslag DS 1000 meter

|    |    | Naam                  |                          | Cat     |                          | PR      |         | Tijd           | Info |
|----|----|-----------------------|--------------------------|---------|--------------------------|---------|---------|----------------|------|
| 93 | wt | 3                     | <b>Monique Visser</b>    |         | DSB                      |         | 1:33.93 | <b>1:41.01</b> |      |
|    | rd | 29                    | <b>Daniëlle Frijters</b> |         | DSB                      |         | 1:46.02 | <b>1:52.06</b> |      |
|    |    | <b>Monique Visser</b> |                          |         | <b>Daniëlle Frijters</b> |         |         |                |      |
|    |    | 200m                  | 22.52                    | (22.52) | 200m                     | 25.95   | (25.95) |                |      |
|    |    | 600m                  | 59.40                    | (36.88) | 600m                     | 1:08.04 | (42.09) |                |      |
|    |    | 1000m                 | 1:41.01                  | (41.61) | 1000m                    | 1:52.06 | (44.02) |                |      |

|    |    | Naam                  |                       | Cat     |                      | PR      |         | Tijd           | Info |
|----|----|-----------------------|-----------------------|---------|----------------------|---------|---------|----------------|------|
| 94 | gl | 8                     | <b>Nicky de Looze</b> |         | DSB                  |         | 1:34.17 | <b>1:34.30</b> |      |
|    | bl | 44                    | <b>Katja Franzen</b>  |         | DSB                  |         | 1:17.30 | <b>1:24.48</b> |      |
|    |    | <b>Nicky de Looze</b> |                       |         | <b>Katja Franzen</b> |         |         |                |      |
|    |    | 200m                  | 22.12                 | (22.12) | 200m                 | 19.68   | (19.68) |                |      |
|    |    | 600m                  | 57.32                 | (35.20) | 600m                 | 50.60   | (30.92) |                |      |
|    |    | 1000m                 | 1:34.30               | (36.98) | 1000m                | 1:24.48 | (33.88) |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 24. Uitslag HS 1000 meter

| Pos | Naam                      | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1   | 6 Elmar Visser            | HSA | 95   | I    | 1:18.07 |      |        |
| 2   | 64 Jeffrey Doornbusch     | HSB | 99   | I    | 1:19.30 |      |        |
| 3   | 102 Tim Broere            | HSB | 100  | O    | 1:19.53 |      |        |
| 4   | 78 Rutger Snoek           | HSA | 99   | O    | 1:22.35 |      |        |
| 5   | 16 Pieter de Munck        | HSB | 100  | I    | 1:22.37 |      |        |
| 6   | 22 Ruud Broere            | HSB | 98   | I    | 1:25.52 |      |        |
| 7   | 28 Bastiaan Geurts        | HSB | 98   | O    | 1:28.40 |      |        |
| 8   | 81 Erwin van den Boogaert | HSB | 97   | I    | 1:28.60 |      |        |
| 9   | 37 Willem Leeuwenburgh    | HSB | 97   | O    | 1:29.82 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 24. Rituitslag HS 1000 meter

|    |          | Naam |                     | Cat |     | PR |         | Tijd           | Info |
|----|----------|------|---------------------|-----|-----|----|---------|----------------|------|
| 95 | wt<br>rd | 6    | <b>Elmar Visser</b> |     | HSA |    | 1:15.34 | <b>1:18.07</b> |      |

### Elmar Visser

|       |         |         |   |
|-------|---------|---------|---|
| 200m  | 18.04   | (18.04) | m |
| 600m  | 47.09   | (29.05) |   |
| 1000m | 1:18.07 | (30.98) |   |

|    |          | Naam |  | Cat |  | PR |  | Tijd | Info |
|----|----------|------|--|-----|--|----|--|------|------|
| 96 | gl<br>bl |      |  |     |  |    |  |      |      |

m

m

|    |          | Naam |                               | Cat |     | PR |         | Tijd           | Info |
|----|----------|------|-------------------------------|-----|-----|----|---------|----------------|------|
| 97 | wt<br>rd | 81   | <b>Erwin van den Boogaert</b> |     | HSB |    | 1:27.64 | <b>1:28.60</b> |      |
|    |          | 37   | <b>Willem Leeuwenburgh</b>    |     | HSB |    | 1:23.71 | <b>1:29.82</b> |      |

### Erwin van den Boogaert

|       |         |         |
|-------|---------|---------|
| 200m  | 20.30   | (20.30) |
| 600m  | 53.02   | (32.72) |
| 1000m | 1:28.60 | (35.58) |

### Willem Leeuwenburgh

|       |         |         |
|-------|---------|---------|
| 200m  | 20.88   | (20.88) |
| 600m  | 54.08   | (33.20) |
| 1000m | 1:29.82 | (35.74) |

|    |          | Naam |                        | Cat |     | PR |         | Tijd           | Info |
|----|----------|------|------------------------|-----|-----|----|---------|----------------|------|
| 98 | gl<br>bl | 22   | <b>Ruud Broere</b>     |     | HSB |    | 1:20.07 | <b>1:25.52</b> |      |
|    |          | 28   | <b>Bastiaan Geurts</b> |     | HSB |    | 1:21.74 | <b>1:28.40</b> |      |

### Ruud Broere

|       |         |         |
|-------|---------|---------|
| 200m  | 18.94   | (18.94) |
| 600m  | 50.22   | (31.28) |
| 1000m | 1:25.52 | (35.30) |

### Bastiaan Geurts

|       |         |         |
|-------|---------|---------|
| 200m  | 20.01   | (20.01) |
| 600m  | 52.72   | (32.71) |
| 1000m | 1:28.40 | (35.68) |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|    |    | Naam                      |                           | Cat     |                     | PR      |         | Tijd           | Info |
|----|----|---------------------------|---------------------------|---------|---------------------|---------|---------|----------------|------|
| 99 | wt | 64                        | <b>Jeffrey Doornbusch</b> |         | HSB                 |         | 1:15.23 | <b>1:19.30</b> |      |
|    | rd | 78                        | <b>Rutger Snoek</b>       |         | HSA                 |         | 1:20.58 | <b>1:22.35</b> |      |
|    |    | <b>Jeffrey Doornbusch</b> |                           |         | <b>Rutger Snoek</b> |         |         |                |      |
|    |    | 200m                      | 18.83                     | (18.83) | 200m                | 19.09   | (19.09) |                |      |
|    |    | 600m                      | 48.35                     | (29.52) | 600m                | 49.31   | (30.22) |                |      |
|    |    | 1000m                     | 1:19.30                   | (30.95) | 1000m               | 1:22.35 | (33.04) |                |      |

|     |    | Naam                   |                        | Cat     |                   | PR      |         | Tijd           | Info |
|-----|----|------------------------|------------------------|---------|-------------------|---------|---------|----------------|------|
| 100 | gl | 16                     | <b>Pieter de Munck</b> |         | HSB               |         | 1:15.79 | <b>1:22.37</b> |      |
|     | bl | 102                    | <b>Tim Broere</b>      |         | HSB               |         | 1:15.92 | <b>1:19.53</b> |      |
|     |    | <b>Pieter de Munck</b> |                        |         | <b>Tim Broere</b> |         |         |                |      |
|     |    | 200m                   | 19.67                  | (19.67) | 200m              | 18.02   | (18.02) |                |      |
|     |    | 600m                   | 49.84                  | (30.17) | 600m              | 47.15   | (29.13) |                |      |
|     |    | 1000m                  | 1:22.37                | (32.53) | 1000m             | 1:19.53 | (32.38) |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 25. Uitslag DM 1000 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 12 Anja Bollaart     | D55 | 101  | O    | 1:43.56 |      |        |
| 2   | 35 Lian van Dongen   | D60 | 101  | I    | 1:45.52 |      |        |
| 3   | 17 Patty van Hoorn   | D50 | 102  | O    | 1:48.95 |      |        |
| 4   | 36 Gerita Smallegoor | D55 | 102  | I    | 1:50.78 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 25. Rituitslag DM 1000 meter

|     |    | Naam                   |                        | Cat     |                      | PR      |         | Tijd           | Info |
|-----|----|------------------------|------------------------|---------|----------------------|---------|---------|----------------|------|
| 101 | wt | 35                     | <b>Lian van Dongen</b> |         | D60                  | 1:28.16 |         | <b>1:45.52</b> |      |
|     | rd | 12                     | <b>Anja Bollaart</b>   |         | D55                  | 1:21.38 |         | <b>1:43.56</b> |      |
|     |    | <b>Lian van Dongen</b> |                        |         | <b>Anja Bollaart</b> |         |         |                |      |
|     |    | 200m                   | 24.82                  | (24.82) | 200m                 | 23.61   | (23.61) |                |      |
|     |    | 600m                   | 1:04.13                | (39.31) | 600m                 | 1:01.31 | (37.70) |                |      |
|     |    | 1000m                  | 1:45.52                | (41.39) | 1000m                | 1:43.56 | (42.25) |                |      |

|     |    | Naam                     |                          | Cat     |                        | PR      |         | Tijd           | Info |
|-----|----|--------------------------|--------------------------|---------|------------------------|---------|---------|----------------|------|
| 102 | gl | 36                       | <b>Gerita Smallegoor</b> |         | D55                    | 1:43.04 |         | <b>1:50.78</b> |      |
|     | bl | 17                       | <b>Patty van Hoorn</b>   |         | D50                    | 1:42.38 |         | <b>1:48.95</b> |      |
|     |    | <b>Gerita Smallegoor</b> |                          |         | <b>Patty van Hoorn</b> |         |         |                |      |
|     |    | 200m                     | 24.95                    | (24.95) | 200m                   | 26.40   | (26.40) |                |      |
|     |    | 600m                     | 1:06.17                  | (41.22) | 600m                   | 1:06.84 | (40.44) |                |      |
|     |    | 1000m                    | 1:50.78                  | (44.61) | 1000m                  | 1:48.95 | (42.11) |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 26. Uitslag HM 1000 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 50 Marc Nieuwenhuijse   | H40 | 107  | O    | 1:27.25 | PR   |        |
| 2   | 54 Marc de Vrieze       | H45 | 107  | I    | 1:28.43 |      |        |
| 3   | 77 Erik van Hooft       | H45 | 106  | O    | 1:29.58 |      |        |
| 4   | 5 Herbert Boender       | H45 | 108  | I    | 1:30.04 |      |        |
| 5   | 32 Jonathan van Vianen  | H45 | 108  | O    | 1:30.68 | PR   |        |
| 6   | 71 Johan Luttk          | H60 | 106  | I    | 1:39.51 |      |        |
| 7   | 14 Kees Bollaart        | H60 | 105  | I    | 1:41.73 |      |        |
| 8   | 55 Johan van Buuren     | H65 | 103  | I    | 1:42.20 |      |        |
| 9   | 20 Twan den Braber      | H70 | 105  | O    | 1:49.59 |      |        |
| 10  | 30 Pieter den Dunnen    | H75 | 104  | I    | 1:52.77 |      |        |
|     | 111 Martienn van Bommel | H60 | 104  | O    | DNS     |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 26. Rituitslag HM 1000 meter

|     |          | Naam |                         | Cat |     | PR |         | Tijd           | Info |
|-----|----------|------|-------------------------|-----|-----|----|---------|----------------|------|
| 103 | wt<br>rd | 55   | <b>Johan van Buuren</b> |     | H65 |    | 1:31.87 | <b>1:42.20</b> |      |

### Johan van Buuren

|       |         |         |
|-------|---------|---------|
| 200m  | 23.69   | (23.69) |
| 600m  | 1:01.73 | (38.04) |
| 1000m | 1:42.20 | (40.47) |

m

|     |    | Naam |                            | Cat |     | PR |         | Tijd           | Info |
|-----|----|------|----------------------------|-----|-----|----|---------|----------------|------|
| 104 | gl | 30   | <b>Pieter den Dunnen</b>   |     | H75 |    | 1:25.69 | <b>1:52.77</b> |      |
|     | bl | 111  | <b>Martienn van Bommel</b> |     | H60 |    | 1:46.36 | <b>DNS</b>     |      |

### Pieter den Dunnen

|       |         |         |
|-------|---------|---------|
| 200m  | 27.13   | (27.13) |
| 600m  | 1:09.18 | (42.05) |
| 1000m | 1:52.77 | (43.59) |

### Martienn van Bommel

|     |    | Naam |                        | Cat |     | PR |         | Tijd           | Info |
|-----|----|------|------------------------|-----|-----|----|---------|----------------|------|
| 105 | wt | 14   | <b>Kees Bollaart</b>   |     | H60 |    | 1:26.89 | <b>1:41.73</b> |      |
|     | rd | 20   | <b>Twan den Braber</b> |     | H70 |    | 1:24.53 | <b>1:49.59</b> |      |

### Kees Bollaart

|       |         |         |
|-------|---------|---------|
| 200m  | 23.78   | (23.78) |
| 600m  | 1:00.83 | (37.05) |
| 1000m | 1:41.73 | (40.90) |

### Twan den Braber

|       |         |         |
|-------|---------|---------|
| 200m  | 26.47   | (26.47) |
| 600m  | 1:06.90 | (40.43) |
| 1000m | 1:49.59 | (42.69) |

|     |    | Naam |                       | Cat |     | PR |         | Tijd           | Info |
|-----|----|------|-----------------------|-----|-----|----|---------|----------------|------|
| 106 | gl | 71   | <b>Johan Luttik</b>   |     | H60 |    | 1:38.49 | <b>1:39.51</b> |      |
|     | bl | 77   | <b>Erik van Hooft</b> |     | H45 |    | 1:17.93 | <b>1:29.58</b> |      |

### Johan Luttik

|       |         |         |
|-------|---------|---------|
| 200m  | 23.82   | (23.82) |
| 600m  | 1:00.43 | (36.61) |
| 1000m | 1:39.51 | (39.08) |

### Erik van Hooft

|       |         |         |
|-------|---------|---------|
| 200m  | 20.16   | (20.16) |
| 600m  | 53.26   | (33.10) |
| 1000m | 1:29.58 | (36.32) |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|     |    | Naam                  |                           | Cat     |                           | PR      |         | Tijd           | Info |
|-----|----|-----------------------|---------------------------|---------|---------------------------|---------|---------|----------------|------|
| 107 | wt | 54                    | <b>Marc de Vrieze</b>     |         | H45                       |         | 1:21.26 | <b>1:28.43</b> |      |
|     | rd | 50                    | <b>Marc Nieuwenhuijse</b> |         | H40                       |         | 1:28.48 | <b>1:27.25</b> | PR   |
|     |    | <b>Marc de Vrieze</b> |                           |         | <b>Marc Nieuwenhuijse</b> |         |         |                |      |
|     |    | 200m                  | 21.47                     | (21.47) | 200m                      | 21.72   | (21.72) |                |      |
|     |    | 600m                  | 54.42                     | (32.95) | 600m                      | 54.35   | (32.63) |                |      |
|     |    | 1000m                 | 1:28.43                   | (34.01) | 1000m                     | 1:27.25 | (32.90) |                |      |

|     |    | Naam                   |                            | Cat     |                            | PR      |         | Tijd           | Info |
|-----|----|------------------------|----------------------------|---------|----------------------------|---------|---------|----------------|------|
| 108 | gl | 5                      | <b>Herbert Boender</b>     |         | H45                        |         | 1:28.17 | <b>1:30.04</b> |      |
|     | bl | 32                     | <b>Jonathan van Vianen</b> |         | H45                        |         | 1:31.51 | <b>1:30.68</b> | PR   |
|     |    | <b>Herbert Boender</b> |                            |         | <b>Jonathan van Vianen</b> |         |         |                |      |
|     |    | 200m                   | 21.23                      | (21.23) | 200m                       | 21.47   | (21.47) |                |      |
|     |    | 600m                   | 54.39                      | (33.16) | 600m                       | 54.97   | (33.50) |                |      |
|     |    | 1000m                  | 1:30.04                    | (35.65) | 1000m                      | 1:30.68 | (35.71) |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 27. Uitslag GAK 1000 meter vrouwen

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 70 Sara van Leeuwen  | DA2 | 114  | O    | 1:31.06 |      |        |
| 2   | 89 Yara van Klaveren | DB2 | 114  | I    | 1:37.52 |      |        |
| 3   | 88 Anne-Sophie Slob  | DB2 | 113  | O    | 1:41.23 | PR   |        |
| 4   | 99 Maud de Vries     | DB1 | 113  | I    | 1:42.55 |      |        |
| 5   | 10 Jade van de Rest  | DB2 | 109  | I    | 1:43.03 | PR   |        |
| 6   | 63 Merel Kramer      | DC2 | 112  | I    | 1:45.50 | PR   |        |
| 7   | 80 Nienke de Graaf   | DC1 | 111  | I    | 1:53.20 | PR   |        |
| 8   | 38 Yara Nap          | DB1 | 112  | O    | 1:57.60 | PR   |        |
| 9   | 43 Noor van der Ster | D65 | 111  | O    | 1:58.97 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 27. Rituitslag GAK 1000 meter vrouwen

|     |          | Naam                    |                         | Cat     |     | PR |         | Tijd           | Info |
|-----|----------|-------------------------|-------------------------|---------|-----|----|---------|----------------|------|
| 109 | wt<br>rd | 10                      | <b>Jade van de Rest</b> |         | DB2 |    | 1:48.82 | <b>1:43.03</b> | PR   |
|     |          | <b>Jade van de Rest</b> |                         |         |     |    |         |                |      |
|     |          | 200m                    | 22.31                   | (22.31) |     |    | m       |                |      |
|     |          | 600m                    | 1:00.87                 | (38.56) |     |    |         |                |      |
|     |          | 1000m                   | 1:43.03                 | (42.16) |     |    |         |                |      |

|     |          | Naam |   | Cat |  | PR |   | Tijd | Info |
|-----|----------|------|---|-----|--|----|---|------|------|
| 110 | gl<br>bl |      |   |     |  |    |   |      |      |
|     |          |      | m |     |  |    | m |      |      |

|     |          | Naam                   |                          | Cat     |     | PR                       |         | Tijd           | Info |
|-----|----------|------------------------|--------------------------|---------|-----|--------------------------|---------|----------------|------|
| 111 | wt<br>rd | 80                     | <b>Nienke de Graaf</b>   |         | DC1 |                          | 1:53.36 | <b>1:53.20</b> | PR   |
|     |          | 43                     | <b>Noor van der Ster</b> |         | D65 |                          | 1:28.19 | <b>1:58.97</b> |      |
|     |          | <b>Nienke de Graaf</b> |                          |         |     | <b>Noor van der Ster</b> |         |                |      |
|     |          | 200m                   | 25.14                    | (25.14) |     | 200m                     | 27.67   | (27.67)        |      |
|     |          | 600m                   | 1:07.76                  | (42.62) |     | 600m                     | 1:13.17 | (45.50)        |      |
|     |          | 1000m                  | 1:53.20                  | (45.44) |     | 1000m                    | 1:58.97 | (45.80)        |      |

|     |          | Naam                |                     | Cat     |     | PR              |         | Tijd           | Info |
|-----|----------|---------------------|---------------------|---------|-----|-----------------|---------|----------------|------|
| 112 | gl<br>bl | 63                  | <b>Merel Kramer</b> |         | DC2 |                 | 1:47.97 | <b>1:45.50</b> | PR   |
|     |          | 38                  | <b>Yara Nap</b>     |         | DB1 |                 | 1:58.05 | <b>1:57.60</b> | PR   |
|     |          | <b>Merel Kramer</b> |                     |         |     | <b>Yara Nap</b> |         |                |      |
|     |          | 200m                | 23.87               | (23.87) |     | 200m            | 26.80   | (26.80)        |      |
|     |          | 600m                | 1:03.76             | (39.89) |     | 600m            | 1:10.18 | (43.38)        |      |
|     |          | 1000m               | 1:45.50             | (41.74) |     | 1000m           | 1:57.60 | (47.42)        |      |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|       |    | Naam                     |                          |         | Cat                     |         |         | PR      | Tijd           | Info |
|-------|----|--------------------------|--------------------------|---------|-------------------------|---------|---------|---------|----------------|------|
| 113   | wt | 99                       | <b>Maud de Vries</b>     |         | DB1                     |         |         | 1:40.03 | <b>1:42.55</b> |      |
|       | rd | 88                       | <b>Anne-Sophie Slob</b>  |         | DB2                     |         |         | 1:45.41 | <b>1:41.23</b> | PR   |
|       |    | <b>Maud de Vries</b>     |                          |         | <b>Anne-Sophie Slob</b> |         |         |         |                |      |
|       |    | 200m                     | 23.08                    | (23.08) | 200m                    | 23.21   | (23.21) |         |                |      |
|       |    | 600m                     | 1:01.44                  | (38.36) | 600m                    | 1:00.90 | (37.69) |         |                |      |
|       |    | 1000m                    | 1:42.55                  | (41.11) | 1000m                   | 1:41.23 | (40.33) |         |                |      |
| <hr/> |    |                          |                          |         |                         |         |         |         |                |      |
|       |    | Naam                     |                          |         | Cat                     |         |         | PR      | Tijd           | Info |
| 114   | gl | 89                       | <b>Yara van Klaveren</b> |         | DB2                     |         |         | 1:37.18 | <b>1:37.52</b> |      |
|       | bl | 70                       | <b>Sara van Leeuwen</b>  |         | DA2                     |         |         | 1:27.21 | <b>1:31.06</b> |      |
|       |    | <b>Yara van Klaveren</b> |                          |         | <b>Sara van Leeuwen</b> |         |         |         |                |      |
|       |    | 200m                     | 22.12                    | (22.12) | 200m                    | 20.42   | (20.42) |         |                |      |
|       |    | 600m                     | 58.47                    | (36.35) | 600m                    | 53.24   | (32.82) |         |                |      |
|       |    | 1000m                    | 1:37.52                  | (39.05) | 1000m                   | 1:31.06 | (37.82) |         |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 28. Uitslag GAK 1000 meter mannen

| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1   | 61 Thomas van Berkel   | HN1 | 121  | I    | 1:17.14 |      |        |
| 2   | 33 Jochem Uithoven     | H40 | 122  | O    | 1:20.12 |      |        |
| 3   | 52 Eric de Ruijter     | H55 | 122  | I    | 1:25.71 |      |        |
| 4   | 110 Lars van de Griend | HB2 | 119  | O    | 1:27.06 | PR   |        |
| 5   | 4 Hugo Verhaar         | HN4 | 120  | I    | 1:29.17 |      |        |
| 6   | 94 Glenn Mans          | HN3 | 120  | O    | 1:31.57 | PR   |        |
| 7   | 100 Tom van den Boom   | HSB | 117  | I    | 1:32.56 | PR   |        |
| 8   | 65 Joas Verspui        | HC2 | 118  | O    | 1:34.86 |      |        |
| 9   | 62 Jarno de Laat       | HN4 | 117  | O    | 1:37.64 |      |        |
| 10  | 87 Stijn Mans          | HC2 | 116  | I    | 1:39.15 | PR   |        |
| 11  | 40 johan sweep         | H60 | 119  | I    | 1:39.51 |      |        |
| 12  | 79 Jesse de Graaf      | HB2 | 115  | I    | 1:39.86 |      |        |
| 13  | 47 Tijmen Korevaar     | HC1 | 116  | O    | 2:09.67 | PR   |        |
|     | 21 Peter van Horen     | H45 | 118  | I    | DNS     |      |        |
|     | 96 Lars Mans           | HB2 | 121  | O    | DNS     |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 28. Rituitslag GAK 1000 meter mannen

|     |          | Naam |                       | Cat |     | PR |         | Tijd           | Info |
|-----|----------|------|-----------------------|-----|-----|----|---------|----------------|------|
| 115 | wt<br>rd | 79   | <b>Jesse de Graaf</b> |     | HB2 |    | 1:38.84 | <b>1:39.86</b> |      |

### Jesse de Graaf

|       |         |         |   |  |  |
|-------|---------|---------|---|--|--|
| 200m  | 22.55   | (22.55) | m |  |  |
| 600m  | 1:00.79 | (38.24) |   |  |  |
| 1000m | 1:39.86 | (39.07) |   |  |  |

|     |    | Naam |                        | Cat |     | PR |         | Tijd           | Info |
|-----|----|------|------------------------|-----|-----|----|---------|----------------|------|
| 116 | gl | 87   | <b>Stijn Mans</b>      |     | HC2 |    | 1:41.10 | <b>1:39.15</b> | PR   |
|     | bl | 47   | <b>Tijmen Korevaar</b> |     | HC1 |    | 2:23.40 | <b>2:09.67</b> | PR   |

### Stijn Mans

|       |         |         |  |  |  |
|-------|---------|---------|--|--|--|
| 200m  | 21.94   | (21.94) |  |  |  |
| 600m  | 58.97   | (37.03) |  |  |  |
| 1000m | 1:39.15 | (40.18) |  |  |  |

### Tijmen Korevaar

|       |         |         |  |  |  |
|-------|---------|---------|--|--|--|
| 200m  | 27.08   | (27.08) |  |  |  |
| 600m  | 1:17.54 | (50.46) |  |  |  |
| 1000m | 2:09.67 | (52.13) |  |  |  |

|     |          | Naam |                         | Cat |     | PR |         | Tijd           | Info |
|-----|----------|------|-------------------------|-----|-----|----|---------|----------------|------|
| 117 | wt<br>rd | 100  | <b>Tom van den Boom</b> |     | HSB |    | 1:34.19 | <b>1:32.56</b> | PR   |
|     |          | 62   | <b>Jarno de Laat</b>    |     | HN4 |    | 1:33.91 | <b>1:37.64</b> |      |

### Tom van den Boom

|       |         |         |  |  |  |
|-------|---------|---------|--|--|--|
| 200m  | 21.11   | (21.11) |  |  |  |
| 600m  | 55.58   | (34.47) |  |  |  |
| 1000m | 1:32.56 | (36.98) |  |  |  |

### Jarno de Laat

|       |         |         |  |  |  |
|-------|---------|---------|--|--|--|
| 200m  | 22.31   | (22.31) |  |  |  |
| 600m  | 58.15   | (35.84) |  |  |  |
| 1000m | 1:37.64 | (39.49) |  |  |  |

|     |    | Naam |                        | Cat |     | PR |         | Tijd           | Info |
|-----|----|------|------------------------|-----|-----|----|---------|----------------|------|
| 118 | gl | 21   | <b>Peter van Horen</b> |     | H45 |    | 1:34.70 | <b>DNS</b>     |      |
|     | bl | 65   | <b>Joas Verspui</b>    |     | HC2 |    | 1:34.67 | <b>1:34.86</b> |      |

### Peter van Horen

### Joas Verspui

|       |         |         |  |  |  |
|-------|---------|---------|--|--|--|
| 200m  | 21.70   | (21.70) |  |  |  |
| 600m  | 57.22   | (35.52) |  |  |  |
| 1000m | 1:34.86 | (37.64) |  |  |  |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|     |    | Naam               |                           |         | Cat                       |         |         | PR      | Tijd           | Info |
|-----|----|--------------------|---------------------------|---------|---------------------------|---------|---------|---------|----------------|------|
| 119 | wt | 40                 | <b>johan sweep</b>        |         | H60                       |         |         | 1:31.89 | <b>1:39.51</b> |      |
|     | rd | 110                | <b>Lars van de Griend</b> |         | HB2                       |         |         | 1:28.43 | <b>1:27.06</b> | PR   |
|     |    | <b>johan sweep</b> |                           |         | <b>Lars van de Griend</b> |         |         |         |                |      |
|     |    | 200m               | 23.22                     | (23.22) | 200m                      | 20.55   | (20.55) |         |                |      |
|     |    | 600m               | 1:00.17                   | (36.95) | 600m                      | 53.03   | (32.48) |         |                |      |
|     |    | 1000m              | 1:39.51                   | (39.34) | 1000m                     | 1:27.06 | (34.03) |         |                |      |

|     |    | Naam                |                     |         | Cat               |         |         | PR      | Tijd           | Info |
|-----|----|---------------------|---------------------|---------|-------------------|---------|---------|---------|----------------|------|
| 120 | gl | 4                   | <b>Hugo Verhaar</b> |         | HN4               |         |         | 1:28.41 | <b>1:29.17</b> |      |
|     | bl | 94                  | <b>Glenn Mans</b>   |         | HN3               |         |         | 1:33.36 | <b>1:31.57</b> | PR   |
|     |    | <b>Hugo Verhaar</b> |                     |         | <b>Glenn Mans</b> |         |         |         |                |      |
|     |    | 200m                | 20.64               | (20.64) | 200m              | 21.71   | (21.71) |         |                |      |
|     |    | 600m                | 53.58               | (32.94) | 600m              | 54.91   | (33.20) |         |                |      |
|     |    | 1000m               | 1:29.17             | (35.59) | 1000m             | 1:31.57 | (36.66) |         |                |      |

|     |    | Naam                     |                          |         | Cat              |  |  | PR      | Tijd           | Info |
|-----|----|--------------------------|--------------------------|---------|------------------|--|--|---------|----------------|------|
| 121 | wt | 61                       | <b>Thomas van Berkel</b> |         | HN1              |  |  | 1:16.88 | <b>1:17.14</b> |      |
|     | rd | 96                       | <b>Lars Mans</b>         |         | HB2              |  |  | 1:19.05 | <b>DNS</b>     |      |
|     |    | <b>Thomas van Berkel</b> |                          |         | <b>Lars Mans</b> |  |  |         |                |      |
|     |    | 200m                     | 18.23                    | (18.23) |                  |  |  |         |                |      |
|     |    | 600m                     | 46.89                    | (28.66) |                  |  |  |         |                |      |
|     |    | 1000m                    | 1:17.14                  | (30.25) |                  |  |  |         |                |      |

|     |    | Naam                   |                        |         | Cat                    |         |         | PR      | Tijd           | Info |
|-----|----|------------------------|------------------------|---------|------------------------|---------|---------|---------|----------------|------|
| 122 | gl | 52                     | <b>Eric de Ruijter</b> |         | H55                    |         |         | 1:20.24 | <b>1:25.71</b> |      |
|     | bl | 33                     | <b>Jochem Uithoven</b> |         | H40                    |         |         | 1:14.43 | <b>1:20.12</b> |      |
|     |    | <b>Eric de Ruijter</b> |                        |         | <b>Jochem Uithoven</b> |         |         |         |                |      |
|     |    | 200m                   | 19.94                  | (19.94) | 200m                   | 19.05   | (19.05) |         |                |      |
|     |    | 600m                   | 51.55                  | (31.61) | 600m                   | 48.76   | (29.71) |         |                |      |
|     |    | 1000m                  | 1:25.71                | (34.16) | 1000m                  | 1:20.12 | (31.36) |         |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 30. Uitslag DC 500 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1   | 76 Carlijn te Poele     | DC1 | 126  | I    | 44.60 | PR   |        |
| 2   | 82 Martha Trude Brehmer | DC2 | 126  | O    | 45.23 |      |        |
| 3   | 112 Ziva Samson         | DC2 | 125  | O    | 46.02 | PR   |        |
| 4   | 84 Hiba Pals            | DC1 | 125  | I    | 48.04 |      |        |
| 5   | 74 Maartje van Dijck    | DC2 | 124  | O    | 48.36 | PR   |        |
| 6   | 45 Tamar Wolters        | DC2 | 124  | I    | 49.69 | PR   |        |
| 7   | 56 Anna van Dalen       | DC1 | 123  | O    | 54.67 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 30. Rituitslag DC 500 meter

|     | Naam     | Cat                      | PR  | Tijd                  | Info          |
|-----|----------|--------------------------|-----|-----------------------|---------------|
| 123 | wt<br>rd | 56 <b>Anna van Dalen</b> | DC1 | 53.23                 | <b>54.67</b>  |
|     |          |                          |     | <b>Anna van Dalen</b> |               |
|     |          | m                        |     | 100m                  | 13.37 (13.37) |
|     |          |                          |     | 500m                  | 54.67 (41.30) |

|     | Naam | Cat                         | PR            | Tijd                     | Info            |
|-----|------|-----------------------------|---------------|--------------------------|-----------------|
| 124 | gl   | 45 <b>Tamar Wolters</b>     | DC2           | 50.10                    | <b>49.69</b> PR |
|     | bl   | 74 <b>Maartje van Dijck</b> | DC2           | 48.58                    | <b>48.36</b> PR |
|     |      | <b>Tamar Wolters</b>        |               | <b>Maartje van Dijck</b> |                 |
|     |      | 100m                        | 13.73 (13.73) | 100m                     | 12.76 (12.76)   |
|     |      | 500m                        | 49.69 (35.96) | 500m                     | 48.36 (35.60)   |

|     | Naam | Cat                    | PR            | Tijd               | Info            |
|-----|------|------------------------|---------------|--------------------|-----------------|
| 125 | wt   | 84 <b>Hiba Pals</b>    | DC1           | 47.29              | <b>48.04</b>    |
|     | rd   | 112 <b>Ziva Samson</b> | DC2           | 46.03              | <b>46.02</b> PR |
|     |      | <b>Hiba Pals</b>       |               | <b>Ziva Samson</b> |                 |
|     |      | 100m                   | 12.98 (12.98) | 100m               | 12.53 (12.53)   |
|     |      | 500m                   | 48.04 (35.06) | 500m               | 46.02 (33.49)   |

|     | Naam | Cat                            | PR            | Tijd                        | Info            |
|-----|------|--------------------------------|---------------|-----------------------------|-----------------|
| 126 | gl   | 76 <b>Carlijn te Poele</b>     | DC1           | 44.61                       | <b>44.60</b> PR |
|     | bl   | 82 <b>Martha Trude Brehmer</b> | DC2           | 43.73                       | <b>45.23</b>    |
|     |      | <b>Carlijn te Poele</b>        |               | <b>Martha Trude Brehmer</b> |                 |
|     |      | 100m                           | 11.89 (11.89) | 100m                        | 12.60 (12.60)   |
|     |      | 500m                           | 44.60 (32.71) | 500m                        | 45.23 (32.63)   |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 31. Uitslag HC 500 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info  | Punten |
|-----|----------------------|-----|------|------|-------|-------|--------|
| 1   | 104 Ramzi Coenraad   | HC2 | 134  | O    | 39.52 |       |        |
| 2   | 66 Sep de Kraker     | HC1 | 134  | I    | 40.99 |       |        |
| 3   | 25 Ryan Brina        | HC2 | 133  | O    | 41.64 |       |        |
| 4   | 18 Lars Peute        | HC1 | 133  | I    | 42.31 |       |        |
| 5   | 75 Jake Knapen       | HC1 | 132  | I    | 43.29 | PR    |        |
| 6   | 53 Yanick Stegeman   | HC2 | 132  | O    | 43.83 | PR    |        |
| 7   | 93 Sem Berden        | HC2 | 131  | I    | 44.98 | PR    |        |
| 8   | 68 Ralph Mostert     | HC1 | 130  | I    | 46.07 | PR    |        |
| 9   | 19 Rens van Horen    | HC1 | 129  | I    | 46.35 | PR    |        |
| 10  | 1 Boaz Damminga      | HC1 | 130  | O    | 46.36 | PR    |        |
| 11  | 41 Pieter Lankhaar   | HC1 | 131  | O    | 47.49 |       |        |
| 12  | 11 Jouke den Hartog  | HC1 | 129  | O    | 47.79 | PR    |        |
| 13  | 109 Ingmar Verhoeven | HC2 | 127  | I    | 49.85 | HT PR |        |
|     | 106 Stef Aerts       | HC1 | 127  | O    | DNS   |       |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 31. Rituitslag HC 500 meter

|     |    | Naam                    |                         | Cat     |                   | PR |       | Tijd         | Info  |
|-----|----|-------------------------|-------------------------|---------|-------------------|----|-------|--------------|-------|
| 127 | wt | 109                     | <b>Ingmar Verhoeven</b> |         | HC2               |    | 50.00 | <b>49.85</b> | HT PR |
|     | rd | 106                     | <b>Stef Aerts</b>       |         | HC1               |    | 52.41 | <b>DNS</b>   |       |
|     |    | <b>Ingmar Verhoeven</b> |                         |         | <b>Stef Aerts</b> |    |       |              |       |
|     |    | 100m                    | 49.85                   | (49.85) |                   |    |       |              |       |

|     |    | Naam |  | Cat |   | PR |  | Tijd | Info |
|-----|----|------|--|-----|---|----|--|------|------|
| 128 | gl |      |  |     |   |    |  |      |      |
|     | bl |      |  |     |   |    |  |      |      |
|     |    | m    |  |     | m |    |  |      |      |

|     |    | Naam                  |                         | Cat     |                         | PR    |         | Tijd         | Info |
|-----|----|-----------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 129 | wt | 19                    | <b>Rens van Horen</b>   |         | HC1                     |       | 47.16   | <b>46.35</b> | PR   |
|     | rd | 11                    | <b>Jouke den Hartog</b> |         | HC1                     |       | 48.10   | <b>47.79</b> | PR   |
|     |    | <b>Rens van Horen</b> |                         |         | <b>Jouke den Hartog</b> |       |         |              |      |
|     |    | 100m                  | 12.17                   | (12.17) | 100m                    | 12.40 | (12.40) |              |      |
|     |    | 500m                  | 46.35                   | (34.18) | 500m                    | 47.79 | (35.39) |              |      |

|     |    | Naam                 |                      | Cat     |                      | PR    |         | Tijd         | Info |
|-----|----|----------------------|----------------------|---------|----------------------|-------|---------|--------------|------|
| 130 | gl | 68                   | <b>Ralph Mostert</b> |         | HC1                  |       | 46.65   | <b>46.07</b> | PR   |
|     | bl | 1                    | <b>Boaz Damminga</b> |         | HC1                  |       | 48.14   | <b>46.36</b> | PR   |
|     |    | <b>Ralph Mostert</b> |                      |         | <b>Boaz Damminga</b> |       |         |              |      |
|     |    | 100m                 | 11.85                | (11.85) | 100m                 | 12.09 | (12.09) |              |      |
|     |    | 500m                 | 46.07                | (34.22) | 500m                 | 46.36 | (34.27) |              |      |

|     |    | Naam              |                        | Cat     |                        | PR    |         | Tijd         | Info |
|-----|----|-------------------|------------------------|---------|------------------------|-------|---------|--------------|------|
| 131 | wt | 93                | <b>Sem Berden</b>      |         | HC2                    |       | 45.30   | <b>44.98</b> | PR   |
|     | rd | 41                | <b>Pieter Lankhaar</b> |         | HC1                    |       | 46.56   | <b>47.49</b> |      |
|     |    | <b>Sem Berden</b> |                        |         | <b>Pieter Lankhaar</b> |       |         |              |      |
|     |    | 100m              | 11.85                  | (11.85) | 100m                   | 12.44 | (12.44) |              |      |
|     |    | 500m              | 44.98                  | (33.13) | 500m                   | 47.49 | (35.05) |              |      |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|       |    | Naam                 |                        |         | Cat                    |       |         | PR    | Tijd         | Info |
|-------|----|----------------------|------------------------|---------|------------------------|-------|---------|-------|--------------|------|
| 132   | gl | 75                   | <b>Jake Knapen</b>     |         | HC1                    |       |         | 43.40 | <b>43.29</b> | PR   |
|       | bl | 53                   | <b>Yanick Stegeman</b> |         | HC2                    |       |         | 44.29 | <b>43.83</b> | PR   |
|       |    | <b>Jake Knapen</b>   |                        |         | <b>Yanick Stegeman</b> |       |         |       |              |      |
|       |    | 100m                 | 11.43                  | (11.43) | 100m                   | 11.41 | (11.41) |       |              |      |
|       |    | 500m                 | 43.29                  | (31.86) | 500m                   | 43.83 | (32.42) |       |              |      |
| <hr/> |    |                      |                        |         |                        |       |         |       |              |      |
|       |    | Naam                 |                        |         | Cat                    |       |         | PR    | Tijd         | Info |
| 133   | wt | 18                   | <b>Lars Peute</b>      |         | HC1                    |       |         | 41.77 | <b>42.31</b> |      |
|       | rd | 25                   | <b>Ryan Brina</b>      |         | HC2                    |       |         | 41.59 | <b>41.64</b> |      |
|       |    | <b>Lars Peute</b>    |                        |         | <b>Ryan Brina</b>      |       |         |       |              |      |
|       |    | 100m                 | 11.71                  | (11.71) | 100m                   | 11.65 | (11.65) |       |              |      |
|       |    | 500m                 | 42.31                  | (30.60) | 500m                   | 41.64 | (29.99) |       |              |      |
| <hr/> |    |                      |                        |         |                        |       |         |       |              |      |
|       |    | Naam                 |                        |         | Cat                    |       |         | PR    | Tijd         | Info |
| 134   | gl | 66                   | <b>Sep de Kraker</b>   |         | HC1                    |       |         | 40.87 | <b>40.99</b> |      |
|       | bl | 104                  | <b>Ramzi Coenraad</b>  |         | HC2                    |       |         | 39.10 | <b>39.52</b> |      |
|       |    | <b>Sep de Kraker</b> |                        |         | <b>Ramzi Coenraad</b>  |       |         |       |              |      |
|       |    | 100m                 | 11.28                  | (11.28) | 100m                   | 10.81 | (10.81) |       |              |      |
|       |    | 500m                 | 40.99                  | (29.71) | 500m                   | 39.52 | (28.71) |       |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 32. Uitslag DB 500 meter

| Pos | Naam              | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------|-----|------|------|-------|------|--------|
| 1   | 95 Maud Groenen   | DB1 | 138  | O    | 43.98 |      |        |
| 2   | 57 Amina Dillmann | DB1 | 137  | O    | 44.60 |      |        |
| 3   | 83 Youssra Pals   | DB1 | 138  | I    | 45.01 | PR   |        |
| 4   | 7 Roos de Vrieze  | DB2 | 136  | I    | 45.83 |      |        |
| 5   | 58 Isa Boer       | DB2 | 136  | O    | 47.91 | PR   |        |
| 6   | 85 Yasmine Pals   | DB1 | 135  | I    | 48.63 |      |        |
| 7   | 2 Manoa Damminga  | DB1 | 135  | O    | 55.49 | PR   |        |
|     | 60 Naomi Wessels  | DB1 | 137  | I    | DQ    |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 32. Rituitslag DB 500 meter

|     |    | Naam                |                       | Cat     |                       | PR    |         | Tijd         | Info |
|-----|----|---------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 135 | wt | 85                  | <b>Yasmine Pals</b>   |         | DB1                   |       | 47.48   | <b>48.63</b> |      |
|     | rd | 2                   | <b>Manoa Damminga</b> |         | DB1                   |       | 56.07   | <b>55.49</b> | PR   |
|     |    | <b>Yasmine Pals</b> |                       |         | <b>Manoa Damminga</b> |       |         |              |      |
|     |    | 100m                | 13.26                 | (13.26) | 100m                  | 14.00 | (14.00) |              |      |
|     |    | 500m                | 48.63                 | (35.37) | 500m                  | 55.49 | (41.49) |              |      |

|     |    | Naam                  |                       | Cat     |                 | PR    |         | Tijd         | Info |
|-----|----|-----------------------|-----------------------|---------|-----------------|-------|---------|--------------|------|
| 136 | gl | 7                     | <b>Roos de Vrieze</b> |         | DB2             |       | 45.14   | <b>45.83</b> |      |
|     | bl | 58                    | <b>Isa Boer</b>       |         | DB2             |       | 48.45   | <b>47.91</b> | PR   |
|     |    | <b>Roos de Vrieze</b> |                       |         | <b>Isa Boer</b> |       |         |              |      |
|     |    | 100m                  | 12.85                 | (12.85) | 100m            | 12.95 | (12.95) |              |      |
|     |    | 500m                  | 45.83                 | (32.98) | 500m            | 47.91 | (34.96) |              |      |

|     |    | Naam                 |                       | Cat |                       | PR    |         | Tijd         | Info |
|-----|----|----------------------|-----------------------|-----|-----------------------|-------|---------|--------------|------|
| 137 | wt | 60                   | <b>Naomi Wessels</b>  |     | DB1                   |       | 45.54   | <b>DQ</b>    |      |
|     | rd | 57                   | <b>Amina Dillmann</b> |     | DB1                   |       | 44.08   | <b>44.60</b> |      |
|     |    | <b>Naomi Wessels</b> |                       |     | <b>Amina Dillmann</b> |       |         |              |      |
|     |    |                      |                       |     | 100m                  | 12.04 | (12.04) |              |      |
|     |    |                      |                       |     | 500m                  | 44.60 | (32.56) |              |      |

|     |    | Naam                |                     | Cat     |                     | PR    |         | Tijd         | Info |
|-----|----|---------------------|---------------------|---------|---------------------|-------|---------|--------------|------|
| 138 | gl | 83                  | <b>Youssra Pals</b> |         | DB1                 |       | 45.11   | <b>45.01</b> | PR   |
|     | bl | 95                  | <b>Maud Groenen</b> |         | DB1                 |       | 43.16   | <b>43.98</b> |      |
|     |    | <b>Youssra Pals</b> |                     |         | <b>Maud Groenen</b> |       |         |              |      |
|     |    | 100m                | 12.24               | (12.24) | 100m                | 11.83 | (11.83) |              |      |
|     |    | 500m                | 45.01               | (32.77) | 500m                | 43.98 | (32.15) |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 33. Uitslag HB 500 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1   | 69 Daan Segers       | HB2 | 142  | O    | 40.23 |      |        |
| 2   | 42 Laurens de Putter | HB1 | 142  | I    | 40.31 |      |        |
| 3   | 9 Senne van de Rest  | HB1 | 141  | I    | 42.32 |      |        |
| 4   | 105 Marick Morsheim  | HB2 | 140  | I    | 45.55 |      |        |
| 5   | 91 Mees Eppinga      | HB2 | 140  | O    | 47.38 | PR   |        |
| 6   | 108 Boris Pieneman   | HB1 | 139  | I    | 49.29 |      |        |
|     | 46 Leander Korevaar  | HB1 | 141  | O    | DQ    |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 33. Rituitslag HB 500 meter

|     |          | Naam |                       | Cat |     | PR    |         | Tijd         | Info |
|-----|----------|------|-----------------------|-----|-----|-------|---------|--------------|------|
| 139 | wt<br>rd | 108  | <b>Boris Pieneman</b> |     | HB1 |       | 47.23   | <b>49.29</b> |      |
|     |          |      | <b>Boris Pieneman</b> |     |     |       |         |              |      |
|     |          |      | 100m                  |     |     | 12.78 | (12.78) |              | m    |
|     |          |      | 500m                  |     |     | 49.29 | (36.51) |              |      |

|     |          | Naam |                        | Cat |     | PR    |         | Tijd         | Info |
|-----|----------|------|------------------------|-----|-----|-------|---------|--------------|------|
| 140 | gl<br>bl | 105  | <b>Marick Morsheim</b> |     | HB2 |       | 45.22   | <b>45.55</b> |      |
|     |          | 91   | <b>Mees Eppinga</b>    |     | HB2 |       | 48.13   | <b>47.38</b> | PR   |
|     |          |      | <b>Marick Morsheim</b> |     |     |       |         |              |      |
|     |          |      | 100m                   |     |     | 12.20 | (12.20) |              |      |
|     |          |      | 500m                   |     |     | 45.55 | (33.35) |              |      |
|     |          |      | <b>Mees Eppinga</b>    |     |     |       |         |              |      |
|     |          |      | 100m                   |     |     | 12.69 | (12.69) |              |      |
|     |          |      | 500m                   |     |     | 47.38 | (34.69) |              |      |

|     |          | Naam |                          | Cat |     | PR    |         | Tijd         | Info |
|-----|----------|------|--------------------------|-----|-----|-------|---------|--------------|------|
| 141 | wt<br>rd | 9    | <b>Senne van de Rest</b> |     | HB1 |       | 42.06   | <b>42.32</b> |      |
|     |          | 46   | <b>Leander Korevaar</b>  |     | HB1 |       | 41.45   | <b>DQ</b>    |      |
|     |          |      | <b>Senne van de Rest</b> |     |     |       |         |              |      |
|     |          |      | 100m                     |     |     | 11.40 | (11.40) |              |      |
|     |          |      | 500m                     |     |     | 42.32 | (30.92) |              |      |
|     |          |      | <b>Leander Korevaar</b>  |     |     |       |         |              |      |

|     |          | Naam |                          | Cat |     | PR    |         | Tijd         | Info |
|-----|----------|------|--------------------------|-----|-----|-------|---------|--------------|------|
| 142 | gl<br>bl | 42   | <b>Laurens de Putter</b> |     | HB1 |       | 40.20   | <b>40.31</b> |      |
|     |          | 69   | <b>Daan Segers</b>       |     | HB2 |       | 39.47   | <b>40.23</b> |      |
|     |          |      | <b>Laurens de Putter</b> |     |     |       |         |              |      |
|     |          |      | 100m                     |     |     | 11.00 | (11.00) |              |      |
|     |          |      | 500m                     |     |     | 40.31 | (29.31) |              |      |
|     |          |      | <b>Daan Segers</b>       |     |     |       |         |              |      |
|     |          |      | 100m                     |     |     | 11.11 | (11.11) |              |      |
|     |          |      | 500m                     |     |     | 40.23 | (29.12) |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 34. Uitslag DA 500 meter

| Pos | Naam                      | Cat | Paar | Baan | Tijd    | Info  | Punten |
|-----|---------------------------|-----|------|------|---------|-------|--------|
| 1   | 59 Elise Kortleve         | DA1 | 144  | O    | 47.15   |       |        |
| 2   | 97 Nynke van Rijs         | DA1 | 144  | I    | 50.33   |       |        |
| 3   | 103 Carlijn Oude Vrielink | DN2 | 143  | I    | 1:21.34 | HT FL |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 34. Rituitslag DA 500 meter

|     |          | Naam                         |                              | Cat     |     | PR    |  | Tijd           | Info  |
|-----|----------|------------------------------|------------------------------|---------|-----|-------|--|----------------|-------|
| 143 | wt<br>rd | 103                          | <b>Carlijn Oude Vrielink</b> |         | DN2 | 45.64 |  | <b>1:21.34</b> | HT FL |
|     |          | <b>Carlijn Oude Vrielink</b> |                              |         |     |       |  |                |       |
|     |          | 100m                         | 1:21.34                      | (81.34) | m   |       |  |                |       |

|     |          | Naam                  |                       | Cat     |                       | PR    |         | Tijd         | Info |
|-----|----------|-----------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 144 | gl<br>bl | 97                    | <b>Nynke van Rijs</b> |         | DA1                   | 48.64 |         | <b>50.33</b> |      |
|     |          | 59                    | <b>Elise Kortleve</b> |         | DA1                   | 47.01 |         | <b>47.15</b> |      |
|     |          | <b>Nynke van Rijs</b> |                       |         | <b>Elise Kortleve</b> |       |         |              |      |
|     |          | 100m                  | 13.30                 | (13.30) | 100m                  | 12.98 | (12.98) |              |      |
|     |          | 500m                  | 50.33                 | (37.03) | 500m                  | 47.15 | (34.17) |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 35. Uitslag HA 500 meter

| Pos | Naam             | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|------------------|-----|------|------|-------|------|--------|
| 1   | 34 Boaz Buter    | HA2 | 147  | I    | 40.96 |      |        |
| 2   | 90 Max Eppinga   | HA2 | 148  | I    | 41.28 |      |        |
| 3   | 92 Daan Brokking | HA1 | 148  | O    | 41.85 |      |        |
| 4   | 73 Tom van Dijck | HA2 | 147  | O    | 42.31 |      |        |
| 5   | 98 Tobi Raams    | HA1 | 145  | I    | 43.23 | PR   |        |
| 6   | 51 Wessel Schut  | HA1 | 145  | O    | 44.77 | PR   |        |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 35. Rituitslag HA 500 meter

|     |    | Naam              |                     | Cat     |                     | PR    |         | Tijd         | Info |
|-----|----|-------------------|---------------------|---------|---------------------|-------|---------|--------------|------|
| 145 | wt | 98                | <b>Tobi Raams</b>   |         | HA1                 |       | 43.58   | <b>43.23</b> | PR   |
|     | rd | 51                | <b>Wessel Schut</b> |         | HA1                 |       | 44.96   | <b>44.77</b> | PR   |
|     |    | <b>Tobi Raams</b> |                     |         | <b>Wessel Schut</b> |       |         |              |      |
|     |    | 100m              | 11.67               | (11.67) | 100m                | 11.78 | (11.78) |              |      |
|     |    | 500m              | 43.23               | (31.56) | 500m                | 44.77 | (32.99) |              |      |

|     |    | Naam |   | Cat |  | PR |  | Tijd | Info |
|-----|----|------|---|-----|--|----|--|------|------|
| 146 | gl |      |   |     |  |    |  |      |      |
|     | bl |      |   |     |  |    |  |      |      |
|     |    |      | m |     |  |    |  |      |      |
|     |    |      |   |     |  |    |  |      |      |
|     |    |      | m |     |  |    |  |      |      |

|     |    | Naam              |                      | Cat     |                      | PR    |         | Tijd         | Info |
|-----|----|-------------------|----------------------|---------|----------------------|-------|---------|--------------|------|
| 147 | wt | 34                | <b>Boaz Buter</b>    |         | HA2                  |       | 40.70   | <b>40.96</b> |      |
|     | rd | 73                | <b>Tom van Dijck</b> |         | HA2                  |       | 41.92   | <b>42.31</b> |      |
|     |    | <b>Boaz Buter</b> |                      |         | <b>Tom van Dijck</b> |       |         |              |      |
|     |    | 100m              | 11.45                | (11.45) | 100m                 | 11.77 | (11.77) |              |      |
|     |    | 500m              | 40.96                | (29.51) | 500m                 | 42.31 | (30.54) |              |      |

|     |    | Naam               |                      | Cat     |                      | PR    |         | Tijd         | Info |
|-----|----|--------------------|----------------------|---------|----------------------|-------|---------|--------------|------|
| 148 | gl | 90                 | <b>Max Eppinga</b>   |         | HA2                  |       | 40.83   | <b>41.28</b> |      |
|     | bl | 92                 | <b>Daan Brokking</b> |         | HA1                  |       | 41.24   | <b>41.85</b> |      |
|     |    | <b>Max Eppinga</b> |                      |         | <b>Daan Brokking</b> |       |         |              |      |
|     |    | 100m               | 11.50                | (11.50) | 100m                 | 11.01 | (11.01) |              |      |
|     |    | 500m               | 41.28                | (29.78) | 500m                 | 41.85 | (30.84) |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 37. Uitslag HN 500 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd         | Info | Punten |
|-----|--------------------------|-----|------|------|--------------|------|--------|
| 1   | 13 <b>Nomdo de Heer</b>  | HN4 | 150  | O    | <b>38.99</b> |      |        |
| 2   | 15 <b>Jeroen de Heer</b> | HN2 | 150  | I    | <b>40.69</b> |      |        |
| 3   | 39 <b>Thomas Ros</b>     | HN4 | 149  | O    | <b>43.24</b> |      |        |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 38. Uitslag DS 500 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 44 Katja Franzen     | DSB | 152  | I    | 45.18   |      |        |
| 2   | 3 Monique Visser     | DSB | 152  | O    | 47.85   |      |        |
| 3   | 29 Daniëlle Frijters | DSB | 151  | O    | 55.20   |      |        |
| 4   | 8 Nicky de Looze     | DSB | 151  | I    | 1:02.25 | FL   |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 38. Rituitslag DS 500 meter

|     |    | Naam                  |                          | Cat     |                          | PR    |         | Tijd           | Info |
|-----|----|-----------------------|--------------------------|---------|--------------------------|-------|---------|----------------|------|
| 151 | wt | 8                     | <b>Nicky de Looze</b>    |         | DSB                      |       | 46.06   | <b>1:02.25</b> | FL   |
|     | rd | 29                    | <b>Daniëlle Frijters</b> |         | DSB                      |       | 51.87   | <b>55.20</b>   |      |
|     |    | <b>Nicky de Looze</b> |                          |         | <b>Daniëlle Frijters</b> |       |         |                |      |
|     |    | 100m                  | 12.85                    | (12.85) | 100m                     | 14.56 | (14.56) |                |      |
|     |    | 500m                  | 1:02.25                  | (49.40) | 500m                     | 55.20 | (40.64) |                |      |

|     |    | Naam                 |                       | Cat     |                       | PR    |         | Tijd         | Info |
|-----|----|----------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 152 | gl | 44                   | <b>Katja Franzen</b>  |         | DSB                   |       | 38.76   | <b>45.18</b> |      |
|     | bl | 3                    | <b>Monique Visser</b> |         | DSB                   |       | 46.39   | <b>47.85</b> |      |
|     |    | <b>Katja Franzen</b> |                       |         | <b>Monique Visser</b> |       |         |              |      |
|     |    | 100m                 | 11.62                 | (11.62) | 100m                  | 12.91 | (12.91) |              |      |
|     |    | 500m                 | 45.18                 | (33.56) | 500m                  | 47.85 | (34.94) |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 39. Uitslag HS 500 meter

| Pos | Naam                      | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|---------------------------|-----|------|------|-------|------|--------|
| 1   | 102 Tim Broere            | HSB | 156  | O    | 38.22 |      |        |
| 2   | 6 Elmar Visser            | HSA | 157  | O    | 39.36 |      |        |
| 3   | 22 Ruud Broere            | HSB | 155  | O    | 40.71 |      |        |
| 4   | 64 Jeffrey Doornbusch     | HSB | 157  | I    | 40.75 |      |        |
| 5   | 78 Rutger Snoek           | HSA | 156  | I    | 40.90 |      |        |
| 6   | 16 Pieter de Munck        | HSB | 155  | I    | 41.70 |      |        |
| 7   | 28 Bastiaan Geurts        | HSB | 154  | O    | 42.72 |      |        |
| 8   | 81 Erwin van den Boogaert | HSB | 154  | I    | 43.67 | PR   |        |
| 9   | 37 Willem Leeuwenburgh    | HSB | 153  | O    | 44.98 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 39. Rituitslag HS 500 meter

|     | Naam     | Cat                           | PR   | Tijd          | Info         |
|-----|----------|-------------------------------|------|---------------|--------------|
| 153 | wt<br>rd | 37 <b>Willem Leeuwenburgh</b> | HSB  | 42.61         | <b>44.98</b> |
|     |          | <b>Willem Leeuwenburgh</b>    |      |               |              |
|     |          | m                             | 100m | 11.97 (11.97) |              |
|     |          |                               | 500m | 44.98 (33.01) |              |

|     | Naam     | Cat                              | PR            | Tijd                   | Info            |
|-----|----------|----------------------------------|---------------|------------------------|-----------------|
| 154 | gl<br>bl | 81 <b>Erwin van den Boogaert</b> | HSB           | 43.75                  | <b>43.67</b> PR |
|     |          | 28 <b>Bastiaan Geurts</b>        | HSB           | 40.26                  | <b>42.72</b>    |
|     |          | <b>Erwin van den Boogaert</b>    |               | <b>Bastiaan Geurts</b> |                 |
|     |          | 100m                             | 11.85 (11.85) | 100m                   | 11.59 (11.59)   |
|     |          | 500m                             | 43.67 (31.82) | 500m                   | 42.72 (31.13)   |

|     | Naam     | Cat                       | PR            | Tijd               | Info          |
|-----|----------|---------------------------|---------------|--------------------|---------------|
| 155 | wt<br>rd | 16 <b>Pieter de Munck</b> | HSB           | 39.90              | <b>41.70</b>  |
|     |          | 22 <b>Ruud Broere</b>     | HSB           | 39.31              | <b>40.71</b>  |
|     |          | <b>Pieter de Munck</b>    |               | <b>Ruud Broere</b> |               |
|     |          | 100m                      | 11.64 (11.64) | 100m               | 10.87 (10.87) |
|     |          | 500m                      | 41.70 (30.06) | 500m               | 40.71 (29.84) |

|     | Naam     | Cat                    | PR            | Tijd              | Info          |
|-----|----------|------------------------|---------------|-------------------|---------------|
| 156 | gl<br>bl | 78 <b>Rutger Snoek</b> | HSA           | 39.52             | <b>40.90</b>  |
|     |          | 102 <b>Tim Broere</b>  | HSB           | 37.04             | <b>38.22</b>  |
|     |          | <b>Rutger Snoek</b>    |               | <b>Tim Broere</b> |               |
|     |          | 100m                   | 11.37 (11.37) | 100m              | 10.26 (10.26) |
|     |          | 500m                   | 40.90 (29.53) | 500m              | 38.22 (27.96) |

|     | Naam     | Cat                          | PR            | Tijd                | Info          |
|-----|----------|------------------------------|---------------|---------------------|---------------|
| 157 | wt<br>rd | 64 <b>Jeffrey Doornbusch</b> | HSB           | 37.84               | <b>40.75</b>  |
|     |          | 6 <b>Elmar Visser</b>        | HSA           | 37.74               | <b>39.36</b>  |
|     |          | <b>Jeffrey Doornbusch</b>    |               | <b>Elmar Visser</b> |               |
|     |          | 100m                         | 11.24 (11.24) | 100m                | 10.63 (10.63) |
|     |          | 500m                         | 40.75 (29.51) | 500m                | 39.36 (28.73) |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 40. Uitslag DM 500 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1   | 12 Anja Bollaart     | D55 | 159  | I    | 50.05 |      |        |
| 2   | 35 Lian van Dongen   | D60 | 159  | O    | 53.43 |      |        |
| 3   | 17 Patty van Hoorn   | D50 | 158  | I    | 54.43 |      |        |
| 4   | 36 Gerita Smallegoor | D55 | 158  | O    | 54.68 |      |        |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 40. Rituitslag DM 500 meter

|       |    | Naam                   |                          | Cat     |      | PR                       |         | Tijd         | Info |
|-------|----|------------------------|--------------------------|---------|------|--------------------------|---------|--------------|------|
| 158   | wt | 17                     | <b>Patty van Hoorn</b>   |         | D50  |                          | 52.22   | <b>54.43</b> |      |
|       | rd | 36                     | <b>Gerita Smallegoor</b> |         | D55  |                          | 51.01   | <b>54.68</b> |      |
|       |    | <b>Patty van Hoorn</b> |                          |         |      | <b>Gerita Smallegoor</b> |         |              |      |
|       |    | 100m                   | 15.15                    | (15.15) | 100m | 14.55                    | (14.55) |              |      |
|       |    | 500m                   | 54.43                    | (39.28) | 500m | 54.68                    | (40.13) |              |      |
| <hr/> |    |                        |                          |         |      |                          |         |              |      |
|       |    | Naam                   |                          | Cat     |      | PR                       |         | Tijd         | Info |
| 159   | gl | 12                     | <b>Anja Bollaart</b>     |         | D55  |                          | 41.31   | <b>50.05</b> |      |
|       | bl | 35                     | <b>Lian van Dongen</b>   |         | D60  |                          | 45.12   | <b>53.43</b> |      |
|       |    | <b>Anja Bollaart</b>   |                          |         |      | <b>Lian van Dongen</b>   |         |              |      |
|       |    | 100m                   | 13.54                    | (13.54) | 100m | 14.43                    | (14.43) |              |      |
|       |    | 500m                   | 50.05                    | (36.51) | 500m | 53.43                    | (39.00) |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 41. Uitslag HM 500 meter

| Pos | Naam                   | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|------------------------|-----|------|------|-------|------|--------|
| 1   | 77 Erik van Hooft      | H45 | 164  | O    | 44.07 |      |        |
| 2   | 54 Marc de Vrieze      | H45 | 163  | O    | 44.11 |      |        |
| 3   | 32 Jonathan van Vianen | H45 | 163  | I    | 44.62 |      |        |
| 4   | 5 Herbert Boender      | H45 | 162  | I    | 45.39 |      |        |
| 5   | 50 Marc Nieuwenhuijse  | H40 | 164  | I    | 45.47 |      |        |
| 6   | 14 Kees Bollaart       | H60 | 162  | O    | 49.06 |      |        |
| 7   | 71 Johan Luttk         | H60 | 161  | I    | 50.75 |      |        |
| 8   | 55 Johan van Buuren    | H65 | 161  | O    | 52.25 |      |        |
| 9   | 20 Twan den Braber     | H70 | 160  | I    | 53.99 |      |        |
| 10  | 30 Pieter den Dunnen   | H75 | 160  | O    | 54.44 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 41. Rituitslag HM 500 meter

|     |    | Naam                   |                          | Cat     |                          | PR    |         | Tijd         | Info |
|-----|----|------------------------|--------------------------|---------|--------------------------|-------|---------|--------------|------|
| 160 | wt | 20                     | <b>Twan den Braber</b>   |         | H70                      |       | 43.00   | <b>53.99</b> |      |
|     | rd | 30                     | <b>Pieter den Dunnen</b> |         | H75                      |       | 42.50   | <b>54.44</b> |      |
|     |    | <b>Twan den Braber</b> |                          |         | <b>Pieter den Dunnen</b> |       |         |              |      |
|     |    | 100m                   | 14.50                    | (14.50) | 100m                     | 14.82 | (14.82) |              |      |
|     |    | 500m                   | 53.99                    | (39.49) | 500m                     | 54.44 | (39.62) |              |      |

|     |    | Naam               |                         | Cat     |                         | PR    |         | Tijd         | Info |
|-----|----|--------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 161 | gl | 71                 | <b>Johan Luttk</b>      |         | H60                     |       | 49.51   | <b>50.75</b> |      |
|     | bl | 55                 | <b>Johan van Buuren</b> |         | H65                     |       | 46.20   | <b>52.25</b> |      |
|     |    | <b>Johan Luttk</b> |                         |         | <b>Johan van Buuren</b> |       |         |              |      |
|     |    | 100m               | 13.85                   | (13.85) | 100m                    | 13.95 | (13.95) |              |      |
|     |    | 500m               | 50.75                   | (36.90) | 500m                    | 52.25 | (38.30) |              |      |

|     |    | Naam                   |                        | Cat     |                      | PR    |         | Tijd         | Info |
|-----|----|------------------------|------------------------|---------|----------------------|-------|---------|--------------|------|
| 162 | wt | 5                      | <b>Herbert Boender</b> |         | H45                  |       | 44.54   | <b>45.39</b> |      |
|     | rd | 14                     | <b>Kees Bollaart</b>   |         | H60                  |       | 43.55   | <b>49.06</b> |      |
|     |    | <b>Herbert Boender</b> |                        |         | <b>Kees Bollaart</b> |       |         |              |      |
|     |    | 100m                   | 12.44                  | (12.44) | 100m                 | 13.39 | (13.39) |              |      |
|     |    | 500m                   | 45.39                  | (32.95) | 500m                 | 49.06 | (35.67) |              |      |

|     |    | Naam                       |                            | Cat     |                       | PR    |         | Tijd         | Info |
|-----|----|----------------------------|----------------------------|---------|-----------------------|-------|---------|--------------|------|
| 163 | gl | 32                         | <b>Jonathan van Vianen</b> |         | H45                   |       | 43.50   | <b>44.62</b> |      |
|     | bl | 54                         | <b>Marc de Vrieze</b>      |         | H45                   |       | 41.04   | <b>44.11</b> |      |
|     |    | <b>Jonathan van Vianen</b> |                            |         | <b>Marc de Vrieze</b> |       |         |              |      |
|     |    | 100m                       | 12.31                      | (12.31) | 100m                  | 12.01 | (12.01) |              |      |
|     |    | 500m                       | 44.62                      | (32.31) | 500m                  | 44.11 | (32.10) |              |      |

|     |    | Naam                      |                           | Cat     |                       | PR    |         | Tijd         | Info |
|-----|----|---------------------------|---------------------------|---------|-----------------------|-------|---------|--------------|------|
| 164 | wt | 50                        | <b>Marc Nieuwenhuijse</b> |         | H40                   |       | 44.53   | <b>45.47</b> |      |
|     | rd | 77                        | <b>Erik van Hooft</b>     |         | H45                   |       | 38.72   | <b>44.07</b> |      |
|     |    | <b>Marc Nieuwenhuijse</b> |                           |         | <b>Erik van Hooft</b> |       |         |              |      |
|     |    | 100m                      | 12.60                     | (12.60) | 100m                  | 11.63 | (11.63) |              |      |
|     |    | 500m                      | 45.47                     | (32.87) | 500m                  | 44.07 | (32.44) |              |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 42. Uitslag DC 1000 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 82 Martha Trude Brehmer | DC2 | 168  | O    | 1:28.54 |      |        |
| 2   | 76 Carlijn te Poele     | DC1 | 168  | I    | 1:31.06 | PR   |        |
| 3   | 112 Ziva Samson         | DC2 | 167  | I    | 1:34.05 | PR   |        |
| 4   | 45 Tamar Wolters        | DC2 | 166  | I    | 1:38.70 | PR   |        |
| 5   | 84 Hiba Pals            | DC1 | 167  | O    | 1:41.13 |      |        |
| 6   | 74 Maartje van Dijck    | DC2 | 166  | O    | 1:45.94 |      |        |
| 7   | 56 Anna van Dalen       | DC1 | 165  | O    | 1:50.37 | PR   |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 42. Rituitslag DC 1000 meter

|     | Naam     | Cat                      | PR  | Tijd    | Info              |
|-----|----------|--------------------------|-----|---------|-------------------|
| 165 | wt<br>rd | 56 <b>Anna van Dalen</b> | DC1 | 1:53.51 | <b>1:50.37</b> PR |

### Anna van Dalen

|   |       |         |         |
|---|-------|---------|---------|
| m | 200m  | 23.93   | (23.93) |
|   | 600m  | 1:05.95 | (42.02) |
|   | 1000m | 1:50.37 | (44.42) |

|     | Naam | Cat                         | PR  | Tijd    | Info              |
|-----|------|-----------------------------|-----|---------|-------------------|
| 166 | gl   | 45 <b>Tamar Wolters</b>     | DC2 | 1:40.60 | <b>1:38.70</b> PR |
|     | bl   | 74 <b>Maartje van Dijck</b> | DC2 | 1:40.13 | <b>1:45.94</b>    |

### Tamar Wolters

|       |         |         |
|-------|---------|---------|
| 200m  | 23.77   | (23.77) |
| 600m  | 1:00.66 | (36.89) |
| 1000m | 1:38.70 | (38.04) |

### Maartje van Dijck

|       |         |         |
|-------|---------|---------|
| 200m  | 22.95   | (22.95) |
| 600m  | 1:00.20 | (37.25) |
| 1000m | 1:45.94 | (45.74) |

|     | Naam | Cat                    | PR  | Tijd    | Info              |
|-----|------|------------------------|-----|---------|-------------------|
| 167 | wt   | 112 <b>Ziva Samson</b> | DC2 | 1:36.58 | <b>1:34.05</b> PR |
|     | rd   | 84 <b>Hiba Pals</b>    | DC1 | 1:36.42 | <b>1:41.13</b>    |

### Ziva Samson

|       |         |         |
|-------|---------|---------|
| 200m  | 21.74   | (21.74) |
| 600m  | 56.85   | (35.11) |
| 1000m | 1:34.05 | (37.20) |

### Hiba Pals

|       |         |         |
|-------|---------|---------|
| 200m  | 23.55   | (23.55) |
| 600m  | 1:00.98 | (37.43) |
| 1000m | 1:41.13 | (40.15) |

|     | Naam | Cat                            | PR  | Tijd    | Info              |
|-----|------|--------------------------------|-----|---------|-------------------|
| 168 | gl   | 76 <b>Carlijn te Poele</b>     | DC1 | 1:32.62 | <b>1:31.06</b> PR |
|     | bl   | 82 <b>Martha Trude Brehmer</b> | DC2 | 1:27.66 | <b>1:28.54</b>    |

### Carlijn te Poele

|       |         |         |
|-------|---------|---------|
| 200m  | 20.49   | (20.49) |
| 600m  | 54.44   | (33.95) |
| 1000m | 1:31.06 | (36.62) |

### Martha Trude Brehmer

|       |         |         |
|-------|---------|---------|
| 200m  | 21.26   | (21.26) |
| 600m  | 53.85   | (32.59) |
| 1000m | 1:28.54 | (34.69) |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 43. Uitslag HC 1000 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 104 Ramzi Coenraad   | HC2 | 175  | I    | 1:20.99 |      |        |
| 2   | 66 Sep de Kraker     | HC1 | 174  | I    | 1:22.10 | PR   |        |
| 3   | 25 Ryan Brina        | HC2 | 175  | O    | 1:24.57 | PR   |        |
| 4   | 18 Lars Peute        | HC1 | 174  | O    | 1:25.85 | PR   |        |
| 5   | 53 Yanick Stegeman   | HC2 | 173  | I    | 1:30.45 | PR   |        |
| 6   | 93 Sem Berden        | HC2 | 172  | O    | 1:30.87 | PR   |        |
| 7   | 75 Jake Knapen       | HC1 | 173  | O    | 1:31.02 | PR   |        |
| 8   | 1 Boaz Damminga      | HC1 | 170  | O    | 1:33.90 | PR   |        |
| 9   | 19 Rens van Horen    | HC1 | 171  | I    | 1:34.47 |      |        |
| 10  | 68 Ralph Mostert     | HC1 | 172  | I    | 1:35.34 | PR   |        |
| 11  | 11 Jouke den Hartog  | HC1 | 170  | I    | 1:35.63 | PR   |        |
| 12  | 109 Ingmar Verhoeven | HC2 | 169  | O    | 1:46.10 |      |        |
|     | 41 Pieter Lankhaar   | HC1 | 171  | O    | DNS     |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 43. Rituitslag HC 1000 meter

|     | Naam     | Cat                         | PR  | Tijd    | Info           |
|-----|----------|-----------------------------|-----|---------|----------------|
| 169 | wt<br>rd | 109 <b>Ingmar Verhoeven</b> | HC2 | 1:43.74 | <b>1:46.10</b> |

### Ingmar Verhoeven

|   |       |         |         |
|---|-------|---------|---------|
| m | 200m  | 23.91   | (23.91) |
|   | 600m  | 1:03.44 | (39.53) |
|   | 1000m | 1:46.10 | (42.66) |

|     | Naam | Cat                        | PR  | Tijd    | Info              |
|-----|------|----------------------------|-----|---------|-------------------|
| 170 | gl   | 11 <b>Jouke den Hartog</b> | HC1 | 1:39.50 | <b>1:35.63</b> PR |
|     | bl   | 1 <b>Boaz Damminga</b>     | HC1 | 1:37.10 | <b>1:33.90</b> PR |

### Jouke den Hartog

|       |         |         |
|-------|---------|---------|
| 200m  | 21.48   | (21.48) |
| 600m  | 56.94   | (35.46) |
| 1000m | 1:35.63 | (38.69) |

### Boaz Damminga

|       |         |         |
|-------|---------|---------|
| 200m  | 21.20   | (21.20) |
| 600m  | 56.78   | (35.58) |
| 1000m | 1:33.90 | (37.12) |

|     | Naam | Cat                       | PR  | Tijd    | Info           |
|-----|------|---------------------------|-----|---------|----------------|
| 171 | wt   | 19 <b>Rens van Horen</b>  | HC1 | 1:32.85 | <b>1:34.47</b> |
|     | rd   | 41 <b>Pieter Lankhaar</b> | HC1 | 1:38.01 | <b>DNS</b>     |

### Rens van Horen

|       |         |         |
|-------|---------|---------|
| 200m  | 20.97   | (20.97) |
| 600m  | 56.03   | (35.06) |
| 1000m | 1:34.47 | (38.44) |

### Pieter Lankhaar

|     | Naam | Cat                     | PR  | Tijd    | Info              |
|-----|------|-------------------------|-----|---------|-------------------|
| 172 | gl   | 68 <b>Ralph Mostert</b> | HC1 | 1:35.88 | <b>1:35.34</b> PR |
|     | bl   | 93 <b>Sem Berden</b>    | HC2 | 1:31.66 | <b>1:30.87</b> PR |

### Ralph Mostert

|       |         |         |
|-------|---------|---------|
| 200m  | 20.92   | (20.92) |
| 600m  | 56.55   | (35.63) |
| 1000m | 1:35.34 | (38.79) |

### Sem Berden

|       |         |         |
|-------|---------|---------|
| 200m  | 20.36   | (20.36) |
| 600m  | 54.27   | (33.91) |
| 1000m | 1:30.87 | (36.60) |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|     |    | Naam                   |                        | Cat     |                    | PR      |         | Tijd    | Info              |
|-----|----|------------------------|------------------------|---------|--------------------|---------|---------|---------|-------------------|
| 173 | wt | 53                     | <b>Yanick Stegeman</b> |         | HC2                |         |         | 1:33.41 | <b>1:30.45</b> PR |
|     | rd | 75                     | <b>Jake Knapen</b>     |         | HC1                |         |         | 1:31.61 | <b>1:31.02</b> PR |
|     |    | <b>Yanick Stegeman</b> |                        |         | <b>Jake Knapen</b> |         |         |         |                   |
|     |    | 200m                   | 20.02                  | (20.02) | 200m               | 20.16   | (20.16) |         |                   |
|     |    | 600m                   | 53.38                  | (33.36) | 600m               | 53.90   | (33.74) |         |                   |
|     |    | 1000m                  | 1:30.45                | (37.07) | 1000m              | 1:31.02 | (37.12) |         |                   |

|     |    | Naam                 |                      | Cat     |                   | PR      |         | Tijd    | Info              |
|-----|----|----------------------|----------------------|---------|-------------------|---------|---------|---------|-------------------|
| 174 | gl | 66                   | <b>Sep de Kraker</b> |         | HC1               |         |         | 1:23.49 | <b>1:22.10</b> PR |
|     | bl | 18                   | <b>Lars Peute</b>    |         | HC1               |         |         | 1:25.98 | <b>1:25.85</b> PR |
|     |    | <b>Sep de Kraker</b> |                      |         | <b>Lars Peute</b> |         |         |         |                   |
|     |    | 200m                 | 19.28                | (19.28) | 200m              | 19.87   | (19.87) |         |                   |
|     |    | 600m                 | 49.28                | (30.00) | 600m              | 51.42   | (31.55) |         |                   |
|     |    | 1000m                | 1:22.10              | (32.82) | 1000m             | 1:25.85 | (34.43) |         |                   |

|     |    | Naam                  |                       | Cat     |                   | PR      |         | Tijd    | Info              |
|-----|----|-----------------------|-----------------------|---------|-------------------|---------|---------|---------|-------------------|
| 175 | wt | 104                   | <b>Ramzi Coenraad</b> |         | HC2               |         |         | 1:19.34 | <b>1:20.99</b>    |
|     | rd | 25                    | <b>Ryan Brina</b>     |         | HC2               |         |         | 1:24.81 | <b>1:24.57</b> PR |
|     |    | <b>Ramzi Coenraad</b> |                       |         | <b>Ryan Brina</b> |         |         |         |                   |
|     |    | 200m                  | 18.63                 | (18.63) | 200m              | 19.87   | (19.87) |         |                   |
|     |    | 600m                  | 48.52                 | (29.89) | 600m              | 50.92   | (31.05) |         |                   |
|     |    | 1000m                 | 1:20.99               | (32.47) | 1000m             | 1:24.57 | (33.65) |         |                   |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 44. Uitslag DB 1000 meter

| Pos | Naam              | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------|-----|------|------|---------|------|--------|
| 1   | 95 Maud Groenen   | DB1 | 180  | O    | 1:29.22 |      |        |
| 2   | 57 Amina Dillmann | DB1 | 180  | I    | 1:29.38 |      |        |
| 3   | 83 Youssra Pals   | DB1 | 179  | O    | 1:31.19 |      |        |
| 4   | 60 Naomi Wessels  | DB1 | 176  | O    | 1:33.27 | PR   |        |
| 5   | 7 Roos de Vrieze  | DB2 | 178  | O    | 1:34.62 |      |        |
| 6   | 58 Isa Boer       | DB2 | 179  | I    | 1:36.57 | PR   |        |
| 7   | 85 Yasmine Pals   | DB1 | 177  | O    | 1:37.58 |      |        |
| 8   | 2 Manoa Damminga  | DB1 | 178  | I    | 1:57.21 | PR   |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 44. Rituitslag DB 1000 meter

|     | Naam                             | Cat | PR      | Tijd           | Info |
|-----|----------------------------------|-----|---------|----------------|------|
| 176 | wt<br>rd 60 <b>Naomi Wessels</b> | DB1 | 1:34.11 | <b>1:33.27</b> | PR   |

### Naomi Wessels

|   |       |         |         |
|---|-------|---------|---------|
| m | 200m  | 21.60   | (21.60) |
|   | 600m  | 55.55   | (33.95) |
|   | 1000m | 1:33.27 | (37.72) |

|     | Naam                            | Cat | PR      | Tijd           | Info |
|-----|---------------------------------|-----|---------|----------------|------|
| 177 | gl<br>bl 85 <b>Yasmine Pals</b> | DB1 | 1:37.31 | <b>1:37.58</b> |      |

### Yasmine Pals

|   |       |         |         |
|---|-------|---------|---------|
| m | 200m  | 23.05   | (23.05) |
|   | 600m  | 59.03   | (35.98) |
|   | 1000m | 1:37.58 | (38.55) |

|     | Naam                       | Cat | PR      | Tijd           | Info |
|-----|----------------------------|-----|---------|----------------|------|
| 178 | wt 2 <b>Manoa Damminga</b> | DB1 | 1:58.45 | <b>1:57.21</b> | PR   |
|     | rd 7 <b>Roos de Vrieze</b> | DB2 | 1:31.89 | <b>1:34.62</b> |      |

### Manoa Damminga

|       |         |         |
|-------|---------|---------|
| 200m  | 24.50   | (24.50) |
| 600m  | 1:08.46 | (43.96) |
| 1000m | 1:57.21 | (48.75) |

### Roos de Vrieze

|       |         |         |
|-------|---------|---------|
| 200m  | 22.25   | (22.25) |
| 600m  | 56.74   | (34.49) |
| 1000m | 1:34.62 | (37.88) |

|     | Naam                      | Cat | PR      | Tijd           | Info |
|-----|---------------------------|-----|---------|----------------|------|
| 179 | gl 58 <b>Isa Boer</b>     | DB2 | 1:38.52 | <b>1:36.57</b> | PR   |
|     | bl 83 <b>Youssra Pals</b> | DB1 | 1:30.66 | <b>1:31.19</b> |      |

### Isa Boer

|       |         |         |
|-------|---------|---------|
| 200m  | 22.26   | (22.26) |
| 600m  | 58.02   | (35.76) |
| 1000m | 1:36.57 | (38.55) |

### Youssra Pals

|       |         |         |
|-------|---------|---------|
| 200m  | 21.09   | (21.09) |
| 600m  | 54.20   | (33.11) |
| 1000m | 1:31.19 | (36.99) |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|     |    | Naam                  |                       | Cat     |     | PR                  |         | Tijd           | Info |
|-----|----|-----------------------|-----------------------|---------|-----|---------------------|---------|----------------|------|
| 180 | wt | 57                    | <b>Amina Dillmann</b> |         | DB1 |                     | 1:29.16 | <b>1:29.38</b> |      |
|     | rd | 95                    | <b>Maud Groenen</b>   |         | DB1 |                     | 1:28.89 | <b>1:29.22</b> |      |
|     |    | <b>Amina Dillmann</b> |                       |         |     | <b>Maud Groenen</b> |         |                |      |
|     |    | 200m                  | 20.62                 | (20.62) |     | 200m                | 20.62   | (20.62)        |      |
|     |    | 600m                  | 54.00                 | (33.38) |     | 600m                | 53.85   | (33.23)        |      |
|     |    | 1000m                 | 1:29.38               | (35.38) |     | 1000m               | 1:29.22 | (35.37)        |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 45. Uitslag HB 1000 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 42 Laurens de Putter | HB1 | 184  | I    | 1:19.92 |      |        |
| 2   | 69 Daan Segers       | HB2 | 184  | O    | 1:20.85 |      |        |
| 3   | 46 Leander Korevaar  | HB1 | 182  | I    | 1:24.55 | PR   |        |
| 4   | 9 Senne van de Rest  | HB1 | 183  | O    | 1:25.36 | PR   |        |
| 5   | 105 Marick Morsheim  | HB2 | 182  | O    | 1:30.54 | PR   |        |
| 6   | 91 Mees Eppinga      | HB2 | 181  | O    | 1:36.06 | PR   |        |
| 7   | 108 Boris Pieneman   | HB1 | 183  | I    | 1:37.25 | PR   |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 45. Rituitslag HB 1000 meter

|       |    | Naam                        | Cat     | PR                       | Tijd           | Info            |
|-------|----|-----------------------------|---------|--------------------------|----------------|-----------------|
| 181   | wt | 91 <b>Mees Eppinga</b>      | HB2     | 1:36.79                  | <b>1:36.06</b> | PR              |
|       | rd |                             |         |                          |                |                 |
|       |    | <b>Mees Eppinga</b>         |         |                          |                |                 |
|       |    | m                           | 200m    | 22.03                    | (22.03)        |                 |
|       |    |                             | 600m    | 57.91                    | (35.88)        |                 |
|       |    |                             | 1000m   | 1:36.06                  | (38.15)        |                 |
| <hr/> |    |                             |         |                          |                |                 |
|       |    | Naam                        | Cat     | PR                       | Tijd           | Info            |
| 182   | gl | 46 <b>Leander Korevaar</b>  | HB1     | 1:25.12                  | <b>1:24.55</b> | PR              |
|       | bl | 105 <b>Marick Morsheim</b>  | HB2     | 1:32.88                  | <b>1:30.54</b> | PR              |
|       |    | <b>Leander Korevaar</b>     |         | <b>Marick Morsheim</b>   |                |                 |
|       |    | 200m                        | 19.88   | (19.88)                  | 200m           | 20.80 (20.80)   |
|       |    | 600m                        | 51.12   | (31.24)                  | 600m           | 54.35 (33.55)   |
|       |    | 1000m                       | 1:24.55 | (33.43)                  | 1000m          | 1:30.54 (36.19) |
| <hr/> |    |                             |         |                          |                |                 |
|       |    | Naam                        | Cat     | PR                       | Tijd           | Info            |
| 183   | wt | 108 <b>Boris Pieneman</b>   | HB1     | 1:38.22                  | <b>1:37.25</b> | PR              |
|       | rd | 9 <b>Senne van de Rest</b>  | HB1     | 1:27.02                  | <b>1:25.36</b> | PR              |
|       |    | <b>Boris Pieneman</b>       |         | <b>Senne van de Rest</b> |                |                 |
|       |    | 200m                        | 21.74   | (21.74)                  | 200m           | 20.13 (20.13)   |
|       |    | 600m                        | 58.41   | (36.67)                  | 600m           | 52.16 (32.03)   |
|       |    | 1000m                       | 1:37.25 | (38.84)                  | 1000m          | 1:25.36 (33.20) |
| <hr/> |    |                             |         |                          |                |                 |
|       |    | Naam                        | Cat     | PR                       | Tijd           | Info            |
| 184   | gl | 42 <b>Laurens de Putter</b> | HB1     | 1:19.73                  | <b>1:19.92</b> |                 |
|       | bl | 69 <b>Daan Segers</b>       | HB2     | 1:19.26                  | <b>1:20.85</b> |                 |
|       |    | <b>Laurens de Putter</b>    |         | <b>Daan Segers</b>       |                |                 |
|       |    | 200m                        | 18.60   | (18.60)                  | 200m           | 19.18 (19.18)   |
|       |    | 600m                        | 47.88   | (29.28)                  | 600m           | 48.87 (29.69)   |
|       |    | 1000m                       | 1:19.92 | (32.04)                  | 1000m          | 1:20.85 (31.98) |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 46. Uitslag DA 1000 meter

| Pos | Naam                      | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1   | 59 Elise Kortleve         | DA1 | 186  | I    | 1:36.32 |      |        |
| 2   | 103 Carlijn Oude Vrielink | DN2 | 185  | I    | 1:38.65 |      |        |
| 3   | 97 Nynke van Rijs         | DA1 | 186  | O    | 1:42.59 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 46. Rituitslag DA 1000 meter

|     |          | Naam |                              | Cat     |         | PR |         | Tijd           | Info |
|-----|----------|------|------------------------------|---------|---------|----|---------|----------------|------|
| 185 | wt<br>rd | 103  | <b>Carlijn Oude Vrielink</b> |         | DN2     |    | 1:38.57 | <b>1:38.65</b> |      |
|     |          |      | <b>Carlijn Oude Vrielink</b> |         |         |    |         |                |      |
|     |          |      | 200m                         | 21.84   | (21.84) |    |         |                | m    |
|     |          |      | 600m                         | 58.52   | (36.68) |    |         |                |      |
|     |          |      | 1000m                        | 1:38.65 | (40.13) |    |         |                |      |
|     |          | Naam |                              | Cat     |         | PR |         | Tijd           | Info |
| 186 | gl       | 59   | <b>Elise Kortleve</b>        |         | DA1     |    | 1:34.62 | <b>1:36.32</b> |      |
|     | bl       | 97   | <b>Nynke van Rijs</b>        |         | DA1     |    | 1:39.82 | <b>1:42.59</b> |      |
|     |          |      | <b>Elise Kortleve</b>        |         |         |    |         |                |      |
|     |          |      | 200m                         | 22.48   | (22.48) |    |         |                |      |
|     |          |      | 600m                         | 58.29   | (35.81) |    |         |                |      |
|     |          |      | 1000m                        | 1:36.32 | (38.03) |    |         |                |      |
|     |          |      | <b>Nynke van Rijs</b>        |         |         |    |         |                |      |
|     |          |      | 200m                         | 23.22   | (23.22) |    |         |                |      |
|     |          |      | 600m                         | 1:01.51 | (38.29) |    |         |                |      |
|     |          |      | 1000m                        | 1:42.59 | (41.08) |    |         |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 47. Uitslag HA 1000 meter

| Pos | Naam             | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------|-----|------|------|---------|------|--------|
| 1   | 34 Boaz Buter    | HA2 | 188  | O    | 1:21.22 | PR   |        |
| 2   | 90 Max Eppinga   | HA2 | 189  | O    | 1:21.67 |      |        |
| 3   | 73 Tom van Dijck | HA2 | 188  | I    | 1:24.21 |      |        |
| 4   | 92 Daan Brokking | HA1 | 189  | I    | 1:24.36 | PR   |        |
| 5   | 98 Tobi Raams    | HA1 | 187  | O    | 1:27.56 | PR   |        |
| 6   | 51 Wessel Schut  | HA1 | 187  | I    | 1:33.51 | PR   |        |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 47. Rituitslag HA 1000 meter

|     |    | Naam                |                     | Cat     |                   | PR      |         | Tijd           | Info |
|-----|----|---------------------|---------------------|---------|-------------------|---------|---------|----------------|------|
| 187 | wt | 51                  | <b>Wessel Schut</b> |         | HA1               |         | 1:37.31 | <b>1:33.51</b> | PR   |
|     | rd | 98                  | <b>Tobi Raams</b>   |         | HA1               |         | 1:28.72 | <b>1:27.56</b> | PR   |
|     |    | <b>Wessel Schut</b> |                     |         | <b>Tobi Raams</b> |         |         |                |      |
|     |    | 200m                | 20.46               | (20.46) | 200m              | 20.09   | (20.09) |                |      |
|     |    | 600m                | 54.78               | (34.32) | 600m              | 52.09   | (32.00) |                |      |
|     |    | 1000m               | 1:33.51             | (38.73) | 1000m             | 1:27.56 | (35.47) |                |      |

|     |    | Naam                 |                      | Cat     |                   | PR      |         | Tijd           | Info |
|-----|----|----------------------|----------------------|---------|-------------------|---------|---------|----------------|------|
| 188 | gl | 73                   | <b>Tom van Dijck</b> |         | HA2               |         | 1:23.18 | <b>1:24.21</b> |      |
|     | bl | 34                   | <b>Boaz Buter</b>    |         | HA2               |         | 1:21.89 | <b>1:21.22</b> | PR   |
|     |    | <b>Tom van Dijck</b> |                      |         | <b>Boaz Buter</b> |         |         |                |      |
|     |    | 200m                 | 20.36                | (20.36) | 200m              | 19.63   | (19.63) |                |      |
|     |    | 600m                 | 51.51                | (31.15) | 600m              | 49.64   | (30.01) |                |      |
|     |    | 1000m                | 1:24.21              | (32.70) | 1000m             | 1:21.22 | (31.58) |                |      |

|     |    | Naam                 |                      | Cat     |                    | PR      |         | Tijd           | Info |
|-----|----|----------------------|----------------------|---------|--------------------|---------|---------|----------------|------|
| 189 | wt | 92                   | <b>Daan Brokking</b> |         | HA1                |         | 1:24.49 | <b>1:24.36</b> | PR   |
|     | rd | 90                   | <b>Max Eppinga</b>   |         | HA2                |         | 1:21.60 | <b>1:21.67</b> |      |
|     |    | <b>Daan Brokking</b> |                      |         | <b>Max Eppinga</b> |         |         |                |      |
|     |    | 200m                 | 19.02                | (19.02) | 200m               | 19.62   | (19.62) |                |      |
|     |    | 600m                 | 50.45                | (31.43) | 600m               | 49.95   | (30.33) |                |      |
|     |    | 1000m                | 1:24.36              | (33.91) | 1000m              | 1:21.67 | (31.72) |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 49. Uitslag HN 1000 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|--------------------------|-----|------|------|----------------|------|--------|
| 1   | 13 <b>Nomdo de Heer</b>  | HN4 | 191  | O    | <b>1:17.06</b> |      |        |
| 2   | 15 <b>Jeroen de Heer</b> | HN2 | 191  | I    | <b>1:20.65</b> |      |        |
| 3   | 39 <b>Thomas Ros</b>     | HN4 | 190  | O    | <b>1:27.07</b> |      |        |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 50. Uitslag DS 1000 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 44 Katja Franzen     | DSB | 193  | I    | 1:23.29 |      |        |
| 2   | 8 Nicky de Looze     | DSB | 193  | O    | 1:34.36 |      |        |
| 3   | 3 Monique Visser     | DSB | 192  | O    | 1:39.94 |      |        |
| 4   | 29 Daniëlle Frijters | DSB | 192  | I    | 1:48.76 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 50. Rituitslag DS 1000 meter

|     |    | Naam                     |                          | Cat     |                       | PR      |         | Tijd           | Info |
|-----|----|--------------------------|--------------------------|---------|-----------------------|---------|---------|----------------|------|
| 192 | wt | 29                       | <b>Daniëlle Frijters</b> |         | DSB                   |         | 1:46.02 | <b>1:48.76</b> |      |
|     | rd | 3                        | <b>Monique Visser</b>    |         | DSB                   |         | 1:33.93 | <b>1:39.94</b> |      |
|     |    | <b>Daniëlle Frijters</b> |                          |         | <b>Monique Visser</b> |         |         |                |      |
|     |    | 200m                     | 25.09                    | (25.09) | 200m                  | 22.87   | (22.87) |                |      |
|     |    | 600m                     | 1:05.95                  | (40.86) | 600m                  | 59.44   | (36.57) |                |      |
|     |    | 1000m                    | 1:48.76                  | (42.81) | 1000m                 | 1:39.94 | (40.50) |                |      |

|     |    | Naam                 |                       | Cat     |                       | PR      |         | Tijd           | Info |
|-----|----|----------------------|-----------------------|---------|-----------------------|---------|---------|----------------|------|
| 193 | gl | 44                   | <b>Katja Franzen</b>  |         | DSB                   |         | 1:17.30 | <b>1:23.29</b> |      |
|     | bl | 8                    | <b>Nicky de Looze</b> |         | DSB                   |         | 1:34.17 | <b>1:34.36</b> |      |
|     |    | <b>Katja Franzen</b> |                       |         | <b>Nicky de Looze</b> |         |         |                |      |
|     |    | 200m                 | 19.52                 | (19.52) | 200m                  | 22.14   | (22.14) |                |      |
|     |    | 600m                 | 49.89                 | (30.37) | 600m                  | 57.16   | (35.02) |                |      |
|     |    | 1000m                | 1:23.29               | (33.40) | 1000m                 | 1:34.36 | (37.20) |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 51. Uitslag HS 1000 meter

| Pos | Naam                      | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1   | 6 Elmar Visser            | HSA | 198  | O    | 1:17.16 |      |        |
| 2   | 102 Tim Broere            | HSB | 198  | I    | 1:17.65 |      |        |
| 3   | 64 Jeffrey Doornbusch     | HSB | 197  | O    | 1:18.38 |      |        |
| 4   | 78 Rutger Snoek           | HSA | 197  | I    | 1:19.91 | PR   |        |
| 5   | 16 Pieter de Munck        | HSB | 196  | O    | 1:22.18 |      |        |
| 6   | 22 Ruud Broere            | HSB | 195  | O    | 1:22.78 |      |        |
| 7   | 28 Bastiaan Geurts        | HSB | 196  | I    | 1:25.81 |      |        |
| 8   | 37 Willem Leeuwenburgh    | HSB | 195  | I    | 1:26.79 |      |        |
| 9   | 81 Erwin van den Boogaert | HSB | 194  | O    | 1:27.67 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 51. Rituitslag HS 1000 meter

|     |          | Naam                             | Cat     | PR                            | Tijd           | Info            |
|-----|----------|----------------------------------|---------|-------------------------------|----------------|-----------------|
| 194 | wt<br>rd | 81 <b>Erwin van den Boogaert</b> | HSB     | 1:27.64                       | <b>1:27.67</b> |                 |
|     |          |                                  |         | <b>Erwin van den Boogaert</b> |                |                 |
|     |          | m                                |         | 200m                          | 20.55          | (20.55)         |
|     |          |                                  |         | 600m                          | 52.82          | (32.27)         |
|     |          |                                  |         | 1000m                         | 1:27.67        | (34.85)         |
|     |          |                                  |         |                               |                |                 |
|     |          | Naam                             | Cat     | PR                            | Tijd           | Info            |
| 195 | gl       | 37 <b>Willem Leeuwenburgh</b>    | HSB     | 1:23.71                       | <b>1:26.79</b> |                 |
|     | bl       | 22 <b>Ruud Broere</b>            | HSB     | 1:20.07                       | <b>1:22.78</b> |                 |
|     |          | <b>Willem Leeuwenburgh</b>       |         | <b>Ruud Broere</b>            |                |                 |
|     |          | 200m                             | 20.36   | (20.36)                       | 200m           | 18.64 (18.64)   |
|     |          | 600m                             | 52.16   | (31.80)                       | 600m           | 49.05 (30.41)   |
|     |          | 1000m                            | 1:26.79 | (34.63)                       | 1000m          | 1:22.78 (33.73) |
|     |          |                                  |         |                               |                |                 |
|     |          | Naam                             | Cat     | PR                            | Tijd           | Info            |
| 196 | wt       | 28 <b>Bastiaan Geurts</b>        | HSB     | 1:21.74                       | <b>1:25.81</b> |                 |
|     | rd       | 16 <b>Pieter de Munck</b>        | HSB     | 1:15.79                       | <b>1:22.18</b> |                 |
|     |          | <b>Bastiaan Geurts</b>           |         | <b>Pieter de Munck</b>        |                |                 |
|     |          | 200m                             | 19.73   | (19.73)                       | 200m           | 19.71 (19.71)   |
|     |          | 600m                             | 51.09   | (31.36)                       | 600m           | 49.71 (30.00)   |
|     |          | 1000m                            | 1:25.81 | (34.72)                       | 1000m          | 1:22.18 (32.47) |
|     |          |                                  |         |                               |                |                 |
|     |          | Naam                             | Cat     | PR                            | Tijd           | Info            |
| 197 | gl       | 78 <b>Rutger Snoek</b>           | HSA     | 1:20.58                       | <b>1:19.91</b> | PR              |
|     | bl       | 64 <b>Jeffrey Doornbusch</b>     | HSB     | 1:15.23                       | <b>1:18.38</b> |                 |
|     |          | <b>Rutger Snoek</b>              |         | <b>Jeffrey Doornbusch</b>     |                |                 |
|     |          | 200m                             | 18.73   | (18.73)                       | 200m           | 19.02 (19.02)   |
|     |          | 600m                             | 47.90   | (29.17)                       | 600m           | 48.05 (29.03)   |
|     |          | 1000m                            | 1:19.91 | (32.01)                       | 1000m          | 1:18.38 (30.33) |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|     |    | Naam |                     | Cat     |         | PR |  | Tijd    | Info            |
|-----|----|------|---------------------|---------|---------|----|--|---------|-----------------|
| 198 | wt | 102  | <b>Tim Broere</b>   |         | HSB     |    |  | 1:15.92 | <b>1:17.65</b>  |
|     | rd | 6    | <b>Elmar Visser</b> |         | HSA     |    |  | 1:15.34 | <b>1:17.16</b>  |
|     |    |      | <b>Tim Broere</b>   |         |         |    |  |         |                 |
|     |    |      | 200m                | 17.57   | (17.57) |    |  | 200m    | 18.14 (18.14)   |
|     |    |      | 600m                | 46.08   | (28.51) |    |  | 600m    | 46.34 (28.20)   |
|     |    |      | 1000m               | 1:17.65 | (31.57) |    |  | 1000m   | 1:17.16 (30.82) |
|     |    |      |                     |         |         |    |  |         |                 |
|     |    |      | <b>Elmar Visser</b> |         |         |    |  |         |                 |
|     |    |      | 200m                | 18.14   | (18.14) |    |  |         |                 |
|     |    |      | 600m                | 46.34   | (28.20) |    |  |         |                 |
|     |    |      | 1000m               | 1:17.16 | (30.82) |    |  |         |                 |



# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 52. Uitslag DM 1000 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 12 Anja Bollaart     | D55 | 200  | I    | 1:40.51 |      |        |
| 2   | 35 Lian van Dongen   | D60 | 200  | O    | 1:44.38 |      |        |
| 3   | 17 Patty van Hoorn   | D50 | 199  | I    | 1:47.13 |      |        |
| 4   | 36 Gerita Smallegoor | D55 | 199  | O    | 1:48.41 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 52. Rituitslag DM 1000 meter

|     |    | Naam                   |                          | Cat     |                          | PR      |         | Tijd           | Info |
|-----|----|------------------------|--------------------------|---------|--------------------------|---------|---------|----------------|------|
| 199 | wt | 17                     | <b>Patty van Hoorn</b>   |         | D50                      |         | 1:42.38 | <b>1:47.13</b> |      |
|     | rd | 36                     | <b>Gerita Smallegoor</b> |         | D55                      |         | 1:43.04 | <b>1:48.41</b> |      |
|     |    | <b>Patty van Hoorn</b> |                          |         | <b>Gerita Smallegoor</b> |         |         |                |      |
|     |    | 200m                   | 25.87                    | (25.87) | 200m                     | 25.38   | (25.38) |                |      |
|     |    | 600m                   | 1:05.83                  | (39.96) | 600m                     | 1:05.65 | (40.27) |                |      |
|     |    | 1000m                  | 1:47.13                  | (41.30) | 1000m                    | 1:48.41 | (42.76) |                |      |

|     |    | Naam                 |                        | Cat     |                        | PR      |         | Tijd           | Info |
|-----|----|----------------------|------------------------|---------|------------------------|---------|---------|----------------|------|
| 200 | gl | 12                   | <b>Anja Bollaart</b>   |         | D55                    |         | 1:21.38 | <b>1:40.51</b> |      |
|     | bl | 35                   | <b>Lian van Dongen</b> |         | D60                    |         | 1:28.16 | <b>1:44.38</b> |      |
|     |    | <b>Anja Bollaart</b> |                        |         | <b>Lian van Dongen</b> |         |         |                |      |
|     |    | 200m                 | 23.30                  | (23.30) | 200m                   | 24.84   | (24.84) |                |      |
|     |    | 600m                 | 1:00.09                | (36.79) | 600m                   | 1:03.80 | (38.96) |                |      |
|     |    | 1000m                | 1:40.51                | (40.42) | 1000m                  | 1:44.38 | (40.58) |                |      |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 53. Uitslag HM 1000 meter

| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1   | 50 Marc Nieuwenhuijse  | H40 | 205  | I    | 1:25.63 | PR   |        |
| 2   | 54 Marc de Vrieze      | H45 | 206  | O    | 1:26.99 |      |        |
| 3   | 32 Jonathan van Vianen | H45 | 204  | I    | 1:27.17 | PR   |        |
| 4   | 77 Erik van Hooft      | H45 | 206  | I    | 1:27.81 |      |        |
| 5   | 5 Herbert Boender      | H45 | 205  | O    | 1:29.35 |      |        |
| 6   | 71 Johan Luttk         | H60 | 203  | O    | 1:39.28 |      |        |
| 7   | 14 Kees Bollaart       | H60 | 204  | O    | 1:40.11 |      |        |
| 8   | 55 Johan van Buuren    | H65 | 202  | O    | 1:42.12 |      |        |
| 9   | 20 Twan den Braber     | H70 | 203  | I    | 1:47.00 |      |        |
| 10  | 30 Pieter den Dunnen   | H75 | 201  | O    | 1:50.89 |      |        |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

## 53. Rituitslag HM 1000 meter

|     | Naam     | Cat                  | PR  | Tijd    | Info           |
|-----|----------|----------------------|-----|---------|----------------|
| 201 | wt<br>rd | 30 Pieter den Dunnen | H75 | 1:25.69 | <b>1:50.89</b> |

### Pieter den Dunnen

|   |       |         |         |
|---|-------|---------|---------|
| m | 200m  | 27.46   | (27.46) |
|   | 600m  | 1:08.76 | (41.30) |
|   | 1000m | 1:50.89 | (42.13) |

|     | Naam     | Cat                 | PR  | Tijd    | Info           |
|-----|----------|---------------------|-----|---------|----------------|
| 202 | gl<br>bl | 55 Johan van Buuren | H65 | 1:31.87 | <b>1:42.12</b> |

### Johan van Buuren

|   |       |         |         |
|---|-------|---------|---------|
| m | 200m  | 24.88   | (24.88) |
|   | 600m  | 1:03.33 | (38.45) |
|   | 1000m | 1:42.12 | (38.79) |

|     | Naam | Cat                | PR  | Tijd    | Info           |
|-----|------|--------------------|-----|---------|----------------|
| 203 | wt   | 20 Twan den Braber | H70 | 1:24.53 | <b>1:47.00</b> |
|     | rd   | 71 Johan Luttk     | H60 | 1:38.49 | <b>1:39.28</b> |

### Twan den Braber

|       |         |         |
|-------|---------|---------|
| 200m  | 25.53   | (25.53) |
| 600m  | 1:05.35 | (39.82) |
| 1000m | 1:47.00 | (41.65) |

### Johan Luttk

|       |         |         |
|-------|---------|---------|
| 200m  | 24.42   | (24.42) |
| 600m  | 1:00.95 | (36.53) |
| 1000m | 1:39.28 | (38.33) |

|     | Naam | Cat                    | PR  | Tijd    | Info              |
|-----|------|------------------------|-----|---------|-------------------|
| 204 | gl   | 32 Jonathan van Vianen | H45 | 1:30.68 | <b>1:27.17</b> PR |
|     | bl   | 14 Kees Bollaart       | H60 | 1:26.89 | <b>1:40.11</b>    |

### Jonathan van Vianen

|       |         |         |
|-------|---------|---------|
| 200m  | 20.65   | (20.65) |
| 600m  | 52.81   | (32.16) |
| 1000m | 1:27.17 | (34.36) |

### Kees Bollaart

|       |         |         |
|-------|---------|---------|
| 200m  | 23.53   | (23.53) |
| 600m  | 1:00.03 | (36.50) |
| 1000m | 1:40.11 | (40.08) |

# GK Sprint+GAK500&1000m

Kunstijsbaan Breda - Breda

23 en 24 november 2024

|     |    | Naam                      |                           |         | Cat                    |         |         | PR      | Tijd           | Info |
|-----|----|---------------------------|---------------------------|---------|------------------------|---------|---------|---------|----------------|------|
| 205 | wt | 50                        | <b>Marc Nieuwenhuijse</b> |         | H40                    |         |         | 1:27.25 | <b>1:25.63</b> | PR   |
|     | rd | 5                         | <b>Herbert Boender</b>    |         | H45                    |         |         | 1:28.17 | <b>1:29.35</b> |      |
|     |    | <b>Marc Nieuwenhuijse</b> |                           |         | <b>Herbert Boender</b> |         |         |         |                |      |
|     |    | 200m                      | 21.11                     | (21.11) | 200m                   | 21.15   | (21.15) |         |                |      |
|     |    | 600m                      | 53.19                     | (32.08) | 600m                   | 54.45   | (33.30) |         |                |      |
|     |    | 1000m                     | 1:25.63                   | (32.44) | 1000m                  | 1:29.35 | (34.90) |         |                |      |

|     |    | Naam                  |                       |         | Cat                   |         |         | PR      | Tijd           | Info |
|-----|----|-----------------------|-----------------------|---------|-----------------------|---------|---------|---------|----------------|------|
| 206 | gl | 77                    | <b>Erik van Hooft</b> |         | H45                   |         |         | 1:17.93 | <b>1:27.81</b> |      |
|     | bl | 54                    | <b>Marc de Vrieze</b> |         | H45                   |         |         | 1:21.26 | <b>1:26.99</b> |      |
|     |    | <b>Erik van Hooft</b> |                       |         | <b>Marc de Vrieze</b> |         |         |         |                |      |
|     |    | 200m                  | 19.82                 | (19.82) | 200m                  | 20.74   | (20.74) |         |                |      |
|     |    | 600m                  | 51.99                 | (32.17) | 600m                  | 52.89   | (32.15) |         |                |      |
|     |    | 1000m                 | 1:27.81               | (35.82) | 1000m                 | 1:26.99 | (34.10) |         |                |      |