

500 + 1000m - 1-7-2019, 1-7-2020, Category: DPF, DPE, DPD, DPC, DPB, DPA,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|----------------------|----------|-----|------------|-------|---------|---------|
| 1 | Britt van der Linden | 10166362 | DPA | YC STOKVIS | 46.51 | 1:33.55 | 93.285 |
| 2 | Tes Leferink | 10157918 | DPA | DYC | 46.88 | 1:36.72 | 95.240 |
| 3 | Myrthe Kuiper | 10166052 | DPA | DNIJ | 46.80 | 1:37.87 | 95.735 |
| 4 | Amber Loonstra | 10212995 | DPA | DNIJ | 49.73 | 1:48.36 | 103.910 |
| 5 | Evy van Zoest | 10213281 | DPA | DNIJ | 50.74 | 1:50.48 | 105.980 |
| 6 | Kyara Pasman | 10166000 | DPA | YC STOKVIS | 52.33 | 1:53.71 | 109.185 |
| 7 | Luna Blumink | 10164298 | DPA | DYC | 52.29 | 2:00.78 | 112.680 |
| 8 | Imre ten Have | 10167297 | DPA | SPORTIEF | 56.33 | 2:00.03 | 116.345 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: DC1, DC2, Continent: EUR,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|------------------------|----------|-----|------------|---------|---------|---------|
| 1 | Birte Tellegen | 10162885 | DC2 | YC STOKVIS | 46.20 | 1:29.72 | 91.060 |
| 2 | Daphne Olla | 10188184 | DC2 | SPORTIEF | 45.94 | 1:33.46 | 92.670 |
| 3 | Elke ten Have | 10164279 | DC2 | SPORTIEF | 46.66 | 1:33.04 | 93.180 |
| 4 | Julia Vredenberg | 10164249 | DC1 | DYC | 46.19 | 1:35.76 | 94.070 |
| 5 | Maud Salomons | 10157500 | DC1 | DNIJ | 47.14 | 1:35.17 | 94.725 |
| 6 | Britt Bijker | 10157533 | DC2 | YC STOKVIS | 46.98 | 1:35.95 | 94.955 |
| 7 | Anna Jochemsen | 10159288 | DC1 | EIJV | 47.52 | 1:35.99 | 95.515 |
| 8 | Noëmi de Boer | 10162953 | DC1 | DYC | 47.03 | 1:38.49 | 96.275 |
| 9 | Ellis van Halteren | 10164464 | DC1 | DYC | 47.93 | 1:38.60 | 97.230 |
| 10 | Suze Egbring | 10163818 | DC2 | DYC | 48.03 | 1:39.91 | 97.985 |
| 11 | Pien Oude Hengel | 10164338 | DC2 | DYC | 50.19 | 1:43.82 | 102.100 |
| 12 | Lenneke Groot Koerkamp | 10158934 | DC1 | DYC | 50.17 | 1:45.16 | 102.750 |
| 13 | Anna van Meijeren | 10157804 | DC2 | EIJV | 58.04 | 1:41.85 | 108.965 |
| 14 | Denice Burgmeijer | 10165021 | DC1 | TG DSO | 54.51 | 1:57.89 | 113.455 |
| 15 | Marit Bouwman | 10218899 | DC2 | YC STOKVIS | 55.34 | 1:57.57 | 114.125 |
| 16 | Nadia Amsink | 10218658 | DC1 | YC STOKVIS | 1:16.65 | 2:38.93 | 156.115 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: DB1, DB2, Continent: EUR,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|---------------------|----------|-----|----------------|-------|---------|---------|
| 1 | Quinty Vos | 10161668 | DB2 | DNIJ | 42.56 | 1:24.34 | 84.730 |
| 2 | Yasmine Bouaziz | 10157505 | DB1 | DNIJ | 42.18 | 1:25.43 | 84.895 |
| 3 | Loes Busser | 10160459 | DB1 | YC IN BEWEGING | 42.97 | 1:25.49 | 85.715 |
| 4 | Lente Strijveen | 10160411 | DB2 | DYC | 45.27 | 1:32.21 | 91.375 |
| 5 | Noor Hettinga | 10158557 | DB1 | DYC | 48.00 | 1:38.93 | 97.465 |
| 6 | Bo Meijer | 10162793 | DB1 | YC STOKVIS | 48.17 | 1:39.44 | 97.890 |
| 7 | Marit van Andel | 10162691 | DB2 | EIJV | 48.56 | 1:39.51 | 98.315 |
| 8 | Lotte van den Noort | 10171660 | DB1 | DYC | 48.34 | 1:40.01 | 98.345 |
| 9 | Cheryl Buitenhuis | 10161644 | DB1 | DYC | 49.24 | 1:46.73 | 102.605 |
| 10 | Fleur Krimp | 10184351 | DB1 | DNIJ | 52.96 | 1:49.30 | 107.610 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: DA1, DA2, Continent: EUR,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|---------------------|----------|-----|-------------|-------|---------|--------|
| 1 | Famke Minnee | 10163921 | DA1 | YC STOKVIS | 41.86 | 1:21.17 | 82.445 |
| 2 | Zoë Tiemens | 10162592 | DA1 | DNIJ | 41.44 | 1:23.24 | 83.060 |
| 3 | Eline Jansen | 10161500 | DA1 | SPORTIEF | 42.77 | 1:23.20 | 84.370 |
| 4 | Nadine Schipper | 10164471 | DA2 | IJCL | 44.53 | 1:30.72 | 89.890 |
| 5 | Zefina de Bruin | 10157787 | DA1 | THLF ARNHEM | 46.59 | 1:32.29 | 92.735 |
| 6 | Fleur Koopman | 10161608 | DA1 | EIJV | 45.88 | 1:40.05 | 95.905 |
| 7 | Ellen van Kernebeek | 10160278 | DA1 | DYC | 47.43 | 1:37.32 | 96.090 |
| 8 | Demi Bartelds | 10160322 | DA1 | DNIJ | 48.98 | 1:38.63 | 98.295 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: DN1, DN2, DN3, DN4, Continent:

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|-----------------|----------|-----|------------|-------|---------|---------|
| 1 | Elisa Dul | 10161830 | DN2 | SKOV | 39.18 | 1:15.64 | 77.000 |
| 2 | Muriël Meijer | 10160449 | DN2 | SKEUVEL | 40.62 | 1:18.94 | 80.090 |
| 3 | Jitte Gjaltema | 10155064 | DN3 | DYC | 42.09 | 1:23.95 | 84.065 |
| 4 | Danique Dellink | 10160237 | DN1 | DYC | 47.21 | 1:39.06 | 96.740 |
| 5 | Floor Hoevers | 10166626 | DN2 | TJAS | 50.87 | 1:41.38 | 101.560 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: DSA, DSB, Continent: EUR,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|--------------------------|----------|-----|------------|-------|---------|---------|
| 1 | Lotte van Beek | 10155057 | DSA | DYC | 39.66 | 1:17.65 | 78.485 |
| 2 | Carlijn Achtereekte | 10154965 | DSA | DYC | 39.99 | 1:18.66 | 79.320 |
| 3 | Marloes Westerhof | 10155046 | DSB | DYC | 43.46 | 1:29.11 | 88.015 |
| 4 | Antoinet van Essen-Prins | 10155138 | DSA | TG DSO | 44.34 | 1:30.20 | 89.440 |
| 5 | Rianne Gemmink | 10155049 | DSB | DYC | 47.67 | 1:36.27 | 95.805 |
| 6 | Leonie Pol | 10221415 | DSB | LWSC | 51.25 | 1:40.86 | 101.680 |
| 7 | Anouk Dannenberg | 10217243 | DSA | DYC | 51.48 | 1:47.78 | 105.370 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: D40, D45, Continent: EUR,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|-----------------------|----------|-----|------------|-------|---------|--------|
| 1 | Renske Winters | 10163814 | D40 | YVD96 | 44.41 | 1:28.48 | 88.650 |
| 2 | Jeanette ten Hag | 10161505 | D40 | DYC | 45.12 | 1:31.94 | 91.090 |
| 3 | Chantal Rietman-Herms | 10171804 | D45 | DYC | 47.97 | 1:37.45 | 96.695 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: HPF, HPE, HPD, HPC, HPB, HPA,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|------------------|----------|-----|--------------|---------|---------|---------|
| 1 | Luuk van de Pol | 10165668 | HPA | YC STOKVIS | 44.46 | 1:30.72 | 89.820 |
| 2 | Ruben de Rijk | 10191316 | HPA | TG DSO | 46.69 | 1:36.10 | 94.740 |
| 3 | Bodhi Smeele | 10205956 | HPA | YC STOKVIS | 48.23 | 1:34.85 | 95.655 |
| 4 | Jonas Bakker | 10198057 | HPA | TG SV ZWOLLE | 48.29 | 1:38.58 | 97.580 |
| 5 | Joris Mulder | 10179514 | HPB | DNIJ | 49.92 | 1:42.78 | 101.310 |
| 6 | Niels Teunissen | 10206660 | HPA | EIJV | 50.43 | 1:46.48 | 103.670 |
| 7 | Etienne Tournier | 10197891 | HPA | DYC | 52.38 | 1:56.66 | 110.710 |
| 8 | Beau Kappers | 10190337 | HPA | SPORTIEF | 51.53 | 2:00.00 | 111.530 |
| 9 | Huub Smeets | 10213294 | HPA | SPORTIEF | 56.69 | 2:10.40 | 121.890 |
| 10 | Wouter Reinders | 10219952 | HPA | DNIJ | 1:02.74 | 2:14.39 | 129.935 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: HC1, HC2, Continent: EUR,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|---------------------|----------|-----|--------------|-------|---------|---------|
| 1 | Jelle Wagenaar | 10164098 | HC2 | YC STOKVIS | 41.34 | 1:25.94 | 84.310 |
| 2 | Olaf Vunderink | 10157723 | HC1 | YC STOKVIS | 42.21 | 1:25.25 | 84.835 |
| 3 | Floris van Velsen | 10162855 | HC1 | DYC | 43.09 | 1:24.06 | 85.120 |
| 4 | Wiebe de Rijk | 10184346 | HC2 | TG DSO | 43.16 | 1:27.81 | 87.065 |
| 5 | Corné van Dooren | 10158242 | HC2 | EIJV | 41.89 | 1:31.66 | 87.720 |
| 6 | Koen Verhoeff | 10163360 | HC2 | EIJV | 45.59 | 1:31.89 | 91.535 |
| 7 | Renier van Roekel | 10164044 | HC2 | EIJV | 46.05 | 1:31.96 | 92.030 |
| 8 | Lesley Bartelds | 10157686 | HC2 | DNIJ | 47.12 | 1:35.36 | 94.800 |
| 9 | Bram Kloosterman | 10158437 | HC2 | TG SV ZWOLLE | 46.67 | 1:36.76 | 95.050 |
| 10 | Just Venema | 10165926 | HC1 | TG SV ZWOLLE | 47.82 | 1:37.04 | 96.340 |
| 11 | Foma Komarov | 10157987 | HC2 | DYC | 45.93 | 1:41.29 | 96.575 |
| 12 | Marick Tonnaer | 10162311 | HC2 | DYC | 48.34 | 1:44.68 | 100.680 |
| 13 | Jonah van de Koppel | 10166711 | HC2 | DYC | 49.30 | 1:43.16 | 100.880 |
| 14 | Joris Jansen | 10213296 | HC2 | YC STOKVIS | 51.44 | 1:43.84 | 103.360 |
| 15 | Jeroen Stiekema | 10220794 | HC1 | DNIJ | 52.53 | 1:49.24 | 107.150 |
| 16 | Mathieu Tournier | 10166623 | HC2 | DYC | 54.23 | 1:57.35 | 112.905 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: HB1, HB2, Continent: EUR,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|------------------------|----------|-----|--------------|-------|---------|---------|
| 1 | Ruben Ligtenberg | 10162888 | HB2 | DYC | 37.81 | 1:13.28 | 74.450 |
| 2 | Chris Fredriks | 10160239 | HB2 | DYC | 37.64 | 1:14.05 | 74.665 |
| 3 | Joep Wennemars | 10160123 | HB2 | YC STOKVIS | 37.74 | 1:15.14 | 75.310 |
| 4 | Jorian ten Cate | 10157503 | HB2 | DNIJ | 38.16 | 1:15.20 | 75.760 |
| 5 | Mees Hulst | 10161118 | HB2 | YC STOKVIS | 38.01 | 1:16.02 | 76.020 |
| 6 | Ruben Ribbink | 10162796 | HB1 | SPORTIEF | 38.98 | 1:20.09 | 79.025 |
| 7 | Joep Hofstede | 10157584 | HB2 | DNIJ | 40.02 | 1:19.52 | 79.780 |
| 8 | Loek van Vilsteren | 10158004 | HB1 | YC STOKVIS | 39.94 | 1:19.96 | 79.920 |
| 9 | Mats ten Cate | 10159146 | HB1 | YC STOKVIS | 40.90 | 1:20.47 | 81.135 |
| 10 | Niels Meijer | 10161443 | HB2 | YC STOKVIS | 41.04 | 1:20.56 | 81.320 |
| 11 | Wester Landman | 10166544 | HB2 | TG SV ZWOLLE | 40.32 | 1:22.47 | 81.555 |
| 12 | Daan van de Pol | 10162573 | HB2 | YC STOKVIS | 40.59 | 1:22.20 | 81.690 |
| 13 | Donald Stappenbelt | 10165979 | HB1 | YC STOKVIS | 41.26 | 1:21.28 | 81.900 |
| 14 | Stan Kleinlugtenbeld | 10163636 | HB2 | YC STOKVIS | 41.12 | 1:23.67 | 82.955 |
| 15 | Mart Weuljtes | 10171774 | HB2 | DYC | 41.54 | 1:25.89 | 84.485 |
| 16 | Jelle Langevoort | 10166079 | HB1 | YC STOKVIS | 42.46 | 1:24.25 | 84.585 |
| 17 | Niek Burgmeijer | 10167046 | HB2 | TG DSO | 43.16 | 1:26.94 | 86.630 |
| 18 | Daniël van Velsen | 10161645 | HB1 | DYC | 43.20 | 1:26.99 | 86.695 |
| 19 | Rens Hiddink | 10162442 | HB2 | DYC | 42.41 | 1:29.49 | 87.155 |
| 20 | Arne ter Beek | 10158938 | HB1 | DYC | 43.85 | 1:26.76 | 87.230 |
| 21 | Koen Bos | 10165530 | HB1 | DYC | 44.39 | 1:32.09 | 90.435 |
| 22 | Thom van de Pol | 10163672 | HB1 | STG LELYSTAD | 45.95 | 1:33.15 | 92.525 |
| 23 | Tijn Berghenhenegouwen | 10162601 | HB1 | DNIJ | 45.93 | 1:33.61 | 92.735 |
| 24 | Guido Loonstra | 10222651 | HB1 | DNIJ | 47.49 | 1:41.20 | 98.090 |
| 25 | Alex Braas | 10166108 | HB1 | DYC | 53.25 | 1:53.76 | 110.130 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: HA1, HA2, Continent: EUR,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|-----------------|----------|-----|-----------------|-------|---------|--------|
| 1 | Mervin Maatman | 10165996 | HA1 | SPORTIEF | 37.86 | 1:14.79 | 75.255 |
| 2 | Lasse Hiddink | 10158216 | HA2 | DYC | 38.40 | 1:15.67 | 76.235 |
| 3 | Luca Heesen | 10161059 | HA1 | DYC | 38.68 | 1:18.38 | 77.870 |
| 4 | Lars Woelders | 10181890 | HA1 | CSV VRIEZENVEEN | 39.40 | 1:19.02 | 78.910 |
| 5 | Chaim Boer | 10161726 | HA2 | EIJV | 39.65 | 1:18.67 | 78.985 |
| 6 | Joost Dekkers | 10159910 | HA1 | TG SV ZWOLLE | 40.47 | 1:20.46 | 80.700 |
| 7 | Jurre Eldering | 10179939 | HA2 | DYC | 40.71 | 1:22.45 | 81.935 |
| 8 | Sybren Kemper | 10163887 | HA2 | YC STOKVIS | 43.38 | 1:23.68 | 85.220 |
| 9 | Daniël ten Cate | 10157504 | HA2 | DNIJ | 43.59 | 1:25.87 | 86.525 |
| 10 | Jesse Lemstra | 10161005 | HA2 | TG SV ZWOLLE | 43.79 | 1:29.50 | 88.540 |
| 11 | Rens Gietema | 10161618 | HA1 | DYC | 44.72 | 1:30.94 | 90.190 |
| 12 | Paul Saakes | 10160497 | HA2 | SKEUVEL | 45.91 | 1:32.68 | 92.250 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: HN1, HN2, HN3, HN4, Continent:

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|-------------------|----------|-----|------------|-------|---------|--------|
| 1 | Mika van Essen | 10163873 | HN1 | DNIJ | 35.85 | 1:10.68 | 71.190 |
| 2 | Thijs Govers | 10158179 | HN3 | HCH | 36.02 | 1:10.68 | 71.360 |
| 3 | Jan Hein Verhoeff | 10163359 | HN2 | SKEUVEL | 37.40 | 1:13.63 | 74.215 |
| 4 | Tim Hoogkamer | 10163831 | HN3 | DYC | 37.55 | 1:14.84 | 74.970 |
| 5 | Stijn Hulst | 10161117 | HN2 | YC STOKVIS | 38.84 | 1:16.82 | 77.250 |
| 6 | Bas Elst | 10161802 | HN4 | YC STOKVIS | 39.56 | 1:17.93 | 78.525 |
| 7 | Bart Hulst | 10161736 | HN4 | ELS DELFT | 39.49 | 1:20.23 | 79.605 |
| 8 | Tijmen Kruiper | 10206823 | HN4 | DYC | 44.12 | 1:26.64 | 87.440 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: HSA, HSB, Continent: EUR,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|--------------------|----------|-----|--------------|-------|---------|--------|
| 1 | Thomas Krol | 10155093 | HSA | SPORTIEF | 35.67 | 1:07.88 | 69.610 |
| 2 | Ronald Mulder | 10160080 | HSB | TG SV ZWOLLE | 34.94 | 1:10.00 | 69.940 |
| 3 | Michel Mulder | 10160079 | HSB | TG SV ZWOLLE | 35.14 | 1:10.34 | 70.310 |
| 4 | Jan Smeekens | 10155048 | HSB | DYC | 35.15 | 1:11.20 | 70.750 |
| 5 | Teunis Westerbroek | 10159591 | HSA | LWSC | 42.08 | 1:22.67 | 83.415 |
| 6 | Lex de Boom | 10165802 | HSB | DYC | 47.24 | 1:36.69 | 95.585 |
| 7 | Jurjen van Dijk | 10222937 | HSB | SPORTIEF | 48.23 | 1:40.92 | 98.690 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: H40, H45, Continent: EUR,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|-----------------------|----------|-----|------------|-------|---------|--------|
| 1 | Harry Pardijs | 10155152 | H40 | DNIJ | 39.22 | 1:20.49 | 79.465 |
| 2 | Roberto van Goor | 10155132 | H45 | TG DSO | 42.70 | 1:26.00 | 85.700 |
| 3 | Jan-Willem van Velsen | 10198584 | H45 | DYC | 45.93 | 1:30.97 | 91.415 |
| 4 | Alex van Gelderen | 10165531 | H45 | DYC | 47.10 | 1:34.89 | 94.545 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: H50, H55, Continent: EUR,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|------------------------|----------|-----|--------------|-------|---------|--------|
| 1 | Evert Hof | 10180601 | H50 | YC STOKVIS | 41.46 | 1:25.24 | 84.080 |
| 2 | Gerben Hettinga | 10166704 | H50 | DYC | 43.98 | 1:25.69 | 86.825 |
| 3 | Gert Jan Braas | 10165918 | H55 | DYC | 43.69 | 1:26.56 | 86.970 |
| 4 | Dirk Gjaltema | 10160224 | H50 | DYC | 43.34 | 1:27.83 | 87.255 |
| 5 | Klaas Jan van der Veen | 10161657 | H50 | DYC | 44.64 | 1:31.02 | 90.150 |
| 6 | Rudie Assink | 10165711 | H50 | DYC | 44.38 | 1:33.24 | 91.000 |
| 7 | Arno Luisman | 10161611 | H50 | DYC | 45.62 | 1:35.28 | 93.260 |
| 8 | Frank Dekkers | 10158737 | H50 | TG SV ZWOLLE | 47.17 | 1:35.41 | 94.875 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: H60, H65, Continent: EUR,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|--------------|----------|-----|------------|-------|---------|---------|
| 1 | Bert Keizer | 10155129 | H65 | TG DSO | 45.49 | 1:33.52 | 92.250 |
| 2 | Henk Veneman | 10155168 | H65 | DNIJ | 49.41 | 1:46.11 | 102.465 |

500 + 1000m - 1-7-2019, 1-7-2020, Category: H70, H75, Continent: EUR,

| Pos | Naam | | Cat | Vereniging | 500 | 1000 | Punten |
|-----|--------------|----------|-----|------------|-------|---------|--------|
| 1 | Hans ten Hag | 10157917 | H70 | DYC | 47.37 | 1:37.63 | 96.185 |