

500 + 1500 + 5000m - 1-7-2019, 1-7-2020, Category: DSA, DSB, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	5000	Punten
1	Carlijn Achtereekte	10154965	DSA	DYC	39.99	1:57.04	6:59.25	120.928

500 + 1500 + 5000m - 1-7-2019, 1-7-2020, Category: D40, D45, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	5000	Punten
1	Chantal Rietman-Herms	10171804	D45	DYC	47.97	2:32.64	9:20.37	154.887

500 + 1500 + 5000m - 1-7-2019, 1-7-2020, Category: HA1, HA2, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	5000	Punten
1	Lasse Hiddink	10158216	HA2	DYC	38.40	1:53.74	6:52.49	117.562
2	Lars Woelders	10181890	HA1	CSV VRIEZENVEEN	39.40	1:59.08	7:09.30	122.023
3	Koen Flokstra	10158759	HA1	DYC	46.94	2:30.88	8:35.04	148.737

500 + 1500 + 5000m - 1-7-2019, 1-7-2020, Category: H40, H45, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	5000	Punten
1	Gerwin Boschloo	10165737	H45	DYC	43.84	2:15.08	8:45.01	141.367
2	Jan-Willem van Velsen	10198584	H45	DYC	45.93	2:19.57	8:42.98	144.751

500 + 1500 + 5000m - 1-7-2019, 1-7-2020, Category: H50, H55, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	5000	Punten
1	Gerben Hettinga	10166704	H50	DYC	43.98	2:07.37	8:11.64	135.600
2	Rudie Assink	10165711	H50	DYC	44.38	2:20.16	8:55.26	144.626
3	Arjen Esselink	10198420	H50	DYC	49.01	2:28.51	8:52.09	151.722