

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: DC1, DC2, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Birte Tellegen	10162885	DC2	YC STOKVIS	46.20	2:26.52	95.040
2	Julia Vredenberg	10164249	DC1	DYC	46.19	2:27.92	95.496
3	Elke ten Have	10164279	DC2	SPORTIEF	46.66	2:30.06	96.680
4	Britt Bijker	10157533	DC2	YC STOKVIS	46.98	2:32.60	97.846
5	Noëmi de Boer	10162953	DC1	DYC	47.03	2:35.22	98.770
6	Suze Egbring	10163818	DC2	DYC	48.03	2:37.39	100.493
7	Maud Salomons	10157500	DC1	DNIJ	47.14	2:40.87	100.763

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: DB1, DB2, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Quinty Vos	10161668	DB2	DNIJ	42.56	2:08.73	85.470
2	Loes Busser	10160459	DB1	YC IN BEWEGING	42.97	2:12.93	87.280
3	Lente Strijveen	10160411	DB2	DYC	45.27	2:27.39	94.400
4	Bo Meijer	10162793	DB1	YC STOKVIS	48.17	2:33.66	99.390
5	Sanne Loozeman	10161501	DB2	SPORTIEF	49.18	2:33.49	100.343
6	Noor Hettinga	10158557	DB1	DYC	48.00	2:37.60	100.533
7	Cheryl Buitenhuis	10161644	DB1	DYC	49.24	2:48.87	105.530
8	Fleur Krimp	10184351	DB1	DNIJ	52.96	2:50.54	109.806
9	Nynke Kreuwel	10163875	DB2	DNIJ	53.16	2:53.18	110.886
10	Senna Burgers	10217304	DB1	SPORTIEF	1:00.40	3:15.59	125.596

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: DA1, DA2, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Famke Minnee	10163921	DA1	YC STOKVIS	41.86	2:04.39	83.323
2	Eline Jansen	10161500	DA1	SPORTIEF	42.77	2:05.30	84.536
3	Zoë Tiemens	10162592	DA1	DNIJ	41.44	2:12.77	85.696
4	Zefina de Bruin	10157787	DA1	THLF ARNHEM	46.59	2:22.92	94.230
5	Minke Schipper	10161621	DA2	DYC	48.02	2:25.68	96.580
6	Charlene Schreuder	10163879	DA1	DNIJ	48.51	2:26.90	97.476
7	Demi Bartelds	10160322	DA1	DNIJ	48.98	2:43.16	103.366
8	Ilse Hofstee	10161442	DA1	YC STOKVIS	54.05	2:49.05	110.400

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: DN1, DN2, DN3, DN4, Continent:

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Elisa Dul	10161830	DN2	SKOV	39.18	1:57.40	78.313
2	Sanne in 't Hof	10161831	DN3	DNIJ	40.87	1:59.67	80.760
3	Muriël Meijer	10160449	DN2	SKEUVEL	40.62	2:02.05	81.303
4	Jitte Gjaltema	10155064	DN3	DYC	42.09	2:10.41	85.560
5	Anke Breunis	10154928	DN2	YC STOKVIS	47.06	2:27.89	96.356
6	Danique Dellink	10160237	DN1	DYC	47.21	2:29.30	96.976
7	Jasmijn Egers	10158188	DN1	DYC	49.35	2:30.01	99.353
8	Floor Hoevers	10166626	DN2	TJAS	50.87	2:43.33	105.313
9	Marieke Geverinck	10163874	DN1	DNIJ	53.86	2:54.11	111.896

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: DSA, DSB, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Carlijn Achtereekte	10154965	DSA	DYC	39.99	1:57.04	79.003
2	Lotte van Beek	10155057	DSA	DYC	39.66	2:00.69	79.890
3	Marloes Westerhof	10155046	DSB	DYC	43.46	2:20.46	90.280
4	Stephanie Bunte	10155135	DSA	TG DSO	45.29	2:19.47	91.780
5	Antoinet van Essen-Prins	10155138	DSA	TG DSO	44.34	2:23.32	92.113
6	Rianne Gemmink	10155049	DSB	DYC	47.67	2:31.23	98.080
7	Linda van Oosterom - Garritsen	10157428	DSB	DYC	49.66	2:26.90	98.626
8	Marianna Schurink-ter Schure	10161541	DSB	TG DSO	52.27	2:49.02	108.610
9	Joanne Splethof	10217297	DSA	DYC	1:00.98	2:28.66	110.533
10	Myrthe Reen	10227017	DSB	TG DSO	1:01.15	3:22.56	128.670

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: D40, D45, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Renske Winters	10163814	D40	YVD96	44.41	2:16.76	89.996
2	Chantal Rietman-Herms	10171804	D45	DYC	47.97	2:32.64	98.850
3	Anita Schreuder	10203699	D45	DNIJ	1:13.24	3:30.65	143.456

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: HC1, HC2, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Jelle Wagenaar	10164098	HC2	YC STOKVIS	41.34	2:09.89	84.636
2	Olaf Vunderink	10157723	HC1	YC STOKVIS	42.21	2:08.49	85.040
3	Corné van Dooren	10158242	HC2	EIJV	41.89	2:12.58	86.083
4	Floris van Velsen	10162855	HC1	DYC	43.09	2:15.65	88.306
5	Wiebe de Rijk	10184346	HC2	TG DSO	43.16	2:17.39	88.956
6	Koen Verhoeff	10163360	HC2	EIJV	45.59	2:24.98	93.916
7	Lesley Bartelds	10157686	HC2	DNIJ	47.12	2:33.60	98.320
8	Foma Komarov	10157987	HC2	DYC	45.93	2:45.94	101.243

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: HB1, HB2, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Ruben Ligtenberg	10162888	HB2	DYC	37.81	1:52.28	75.236
2	Chris Fredriks	10160239	HB2	DYC	37.64	1:52.98	75.300
3	Joep Wennemars	10160123	HB2	YC STOKVIS	37.74	1:54.88	76.033
4	Jorian ten Cate	10157503	HB2	DNIJ	38.16	1:56.42	76.966
5	Mees Hulst	10161118	HB2	YC STOKVIS	38.01	1:59.03	77.686
6	Ruben Ribbink	10162796	HB1	SPORTIEF	38.98	2:03.50	80.146
7	Loek van Vilsteren	10158004	HB1	YC STOKVIS	39.94	2:01.05	80.290
8	Joep Hofstede	10157584	HB2	DNIJ	40.02	2:02.05	80.703
9	Wester Landman	10166544	HB2	TG SV ZWOLLE	40.32	2:02.89	81.283
10	Stan Kleinlugtenbeld	10163636	HB2	YC STOKVIS	41.12	2:01.61	81.656
11	Niels Meijer	10161443	HB2	YC STOKVIS	41.04	2:02.05	81.723
12	Mats ten Cate	10159146	HB1	YC STOKVIS	40.90	2:05.91	82.870
13	Donald Stappenbelt	10165979	HB1	YC STOKVIS	41.26	2:05.50	83.093
14	Daan van de Pol	10162573	HB2	YC STOKVIS	40.59	2:11.38	84.383
15	Jelle Langevoort	10166079	HB1	YC STOKVIS	42.46	2:09.13	85.503
16	Daniël van Velsen	10161645	HB1	DYC	43.20	2:11.54	87.046
17	Rens Hiddink	10162442	HB2	DYC	42.41	2:17.68	88.303
18	Niek Burgmeijer	10167046	HB2	TG DSO	43.16	2:20.60	90.026
19	Arne ter Beek	10158938	HB1	DYC	43.85	2:18.75	90.100
20	Koen Bos	10165530	HB1	DYC	44.39	2:23.10	92.090
21	Tijn Bergenhenegouwen	10162601	HB1	DNIJ	45.93	2:24.65	94.146
22	Guido Loonstra	10222651	HB1	DNIJ	47.49	2:41.89	101.453

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: HA1, HA2, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Lasse Hiddink	10158216	HA2	DYC	38.40	1:53.74	76.313
2	Mervin Maatman	10165996	HA1	SPORTIEF	37.86	1:56.61	76.730
3	Luca Heesen	10161059	HA1	DYC	38.68	1:59.25	78.430
4	Lars Woelders	10181890	HA1	CSV VRIEZENVEEN	39.40	1:59.08	79.093
5	Joost Dekkers	10159910	HA1	TG SV ZWOLLE	40.47	2:00.69	80.700
6	Sybren Kemper	10163887	HA2	YC STOKVIS	43.38	2:07.57	85.903
7	Stijn Verhoeff	10163357	HA2	EIJV	41.85	2:14.22	86.590
8	Quinten Meerveld	10164065	HA1	YC STOKVIS	44.58	2:12.62	88.786
9	Daniël ten Cate	10157504	HA2	DNIJ	43.59	2:15.79	88.853
10	Rens Gietema	10161618	HA1	DYC	44.72	2:20.15	91.436
11	Siemen Visser	10163880	HA1	DNIJ	45.33	2:18.86	91.616
12	Willem Jan Keppels	10162732	HA1	YC STOKVIS	46.05	2:20.85	93.000
13	Paul Saakes	10160497	HA2	SKEUVEL	45.91	2:29.11	95.613
14	Koen Flokstra	10158759	HA1	DYC	46.94	2:30.88	97.233
15	Sjoerd Riezebos	10188258	HA2	YC STOKVIS	57.21	2:27.55	106.393

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: HN1, HN2, HN3, HN4, Continent:

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Jan Hein Verhoeff	10163359	HN2	SKEUVEL	37.40	1:55.68	75.960
2	Bas Elst	10161802	HN4	YC STOKVIS	39.56	1:57.74	78.806
3	Stijn Hulst	10161117	HN2	YC STOKVIS	38.84	2:07.12	81.213
4	Bart Hulst	10161736	HN4	ELS DELFT	39.49	2:10.31	82.926
5	Hermen Velthuis	10163914	HN2	YC STOKVIS	43.32	2:06.21	85.390
6	Tijmen Kruiper	10206823	HN4	DYC	44.12	2:14.57	88.976

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: HSA, HSB, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Thomas Krol	10155093	HSA	SPORTIEF	35.67	1:44.50	70.503
2	Lex de Boom	10165802	HSB	DYC	47.24	2:29.64	97.120
3	Guus van Imhoff	10220091	HSA	DNIJ	48.50	2:31.98	99.160

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: H40, H45, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Harry Pardijs	10155152	H40	DNIJ	39.22	2:04.83	80.830
2	Roberto van Goor	10155132	H45	TG DSO	42.70	2:08.95	85.683
3	Gerbert Krukerink	10155148	H40	DNIJ	43.96	2:13.45	88.443
4	Gerwin Boschloo	10165737	H45	DYC	43.84	2:15.08	88.866
5	Dirk van Zoest	10155172	H45	DNIJ	45.48	2:15.30	90.580
6	Frank Jan Mennink	10155163	H45	DNIJ	45.72	2:15.67	90.943
7	Marc den Besten	10155169	H45	DNIJ	45.48	2:18.06	91.500
8	Jan-Willem van Velsen	10198584	H45	DYC	45.93	2:19.57	92.453
9	Ronald van Leussen	10222370	H45	YC STOKVIS	48.66	2:24.13	96.703
10	Alex van Gelderen	10165531	H45	DYC	47.10	2:29.58	96.960
11	Jenne de Haan	10221820	H45	YC STOKVIS	50.85	2:28.26	100.270
12	Jan Peter Loonstra	10219427	H45	DNIJ	59.73	2:55.65	118.280

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: H50, H55, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Evert Hof	10180601	H50	YC STOKVIS	41.46	2:10.01	84.796
2	Gerben Hettinga	10166704	H50	DYC	43.98	2:07.37	86.436
3	Gert Jan Braas	10165918	H55	DYC	43.69	2:14.68	88.583
4	Dirk Gjaltema	10160224	H50	DYC	43.34	2:17.48	89.166
5	Rudie Assink	10165711	H50	DYC	44.38	2:20.16	91.100
6	Klaas Jan van der Veen	10161657	H50	DYC	44.64	2:23.14	92.353
7	Frank Dekkers	10158737	H50	TG SV ZWOLLE	47.17	2:22.10	94.536
8	Arno Luisman	10161611	H50	DYC	45.62	2:29.81	95.556
9	Tijnis Verhoeff	10163358	H55	EIJV	48.40	2:29.57	98.256
10	Arjen Esselink	10198420	H50	DYC	49.01	2:28.51	98.513
11	Marcel Bloemenkamp	10165998	H50	SPORTIEF	48.43	2:32.64	99.310
12	Martin Strijtveen	10198565	H55	DYC	52.97	2:39.32	106.076
13	Fred van Bussel	10180347	H55	TG DSO	53.72	2:40.09	107.083
14	Anton Scholten	10157515	H55	DNIJ	52.76	2:44.47	107.583

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: H60, H65, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Bert Keizer	10155129	H65	TG DSO	45.49	2:22.18	92.883
2	Henk Veneman	10155168	H65	DNIJ	49.41	2:42.71	103.646
3	Frits Kwak	10155165	H65	DNIJ	51.56	2:42.75	105.810
4	Sikko Kranenborg	10155060	H65	DYC	54.13	2:41.20	107.863

## 500 + 1500m - 1-7-2019, 1-7-2020, Category: H70, H75, Continent: EUR,

Pos	Naam		Cat	Vereniging	500	1500	Punten
1	Hans ten Hag	10157917	H70	DYC	47.37	2:32.73	98.280
2	Gerard van Bussel	10162689	H70	TG DSO	56.31	2:58.29	115.740